

# UNITED STATES TRACK AND FIELD FEDERATION

## Executive Offices

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Compiled by Don Steffens

The 1975 USTFF-Track and Field News Postal can be summed up quite easily-high quality despite a smaller field in every division.

Here are the records which were established in 1975:

high school frosh 2 mile individual 9:31.2 Carlos Carrasco (Mt. Pleas,)  
high school frosh 2 mile team 52:10.4 Westminister, CA  
high school varsity 2 mile individual \*;51.8 Ron Craker (York Elmhurst)  
high school varsity 3 mile team 73:17.6 York of Elmhurst, Ill.

The freshman division was again dominated by California schools. In the 2 mile race 11 of 21 were from Cal. Last year only 7 of the 56 entries were non-Cal schools. The frosh 3M winner Greg McDonald (Camden, San Jose,) moved into the No. 9 spot on the all-time list. Carlmont's 83:24.2 is No. 2 all-time.

The varsity 2M division was quality personified. Only 59 squads entered (Vs. 104 in 1975) but the marks turned in were outstanding. York (46:52.0) Cretin (47:03.4) and Redwood (47:34.8) now rank No. 2, 3 and 9 respectively all time. The following is a comparison of how many teams dipped under various limits:

	1974	1975
48:00	4	5
49:00	12	17
50:00	29	29

In addition, 30 runners bettered 9:30 vs only 25 last year. Record setter Craker was 7th last year, 3rd placer Tim Holmes was 5th, Warre 12th. Second place Hoffman is now 9th all-time, 4th fastest junior ever. Love and Berry, who placed 13th and 14th, are the 4th and 5th fastest sophs ever. Prep three mile winner George Aguirre was 2nd in 74 (14:11.0).

In the University division, the first four spots became Nos. 7-10 all-time. Braun defended the title he won in 1974. Only Oregon's 1970 (68:26.8) and 1967 (68:55.7) times are faster by a collegian team than Washington's 1975 winning accumulation of 69:14.4. Mike Flint moved into the No. 4 spot on the all-time J.C. list.

The 18th annual nation-wide postal competition was co-sponsored by Track and Field News and the United States Track and Field Federation. Any additions or corrections or questions regarding the 1976 Postal Competition should be mailed to Carl Cooper, Executive Director, USTFF, 1225 N. 10th Avenue., Tucson, Arizona 85705. (Phone 602/624-7475)

HIGH SCHOOL FROSH TWO MILE INDIVIDUAL RACE (Record 9:31.2 by Carlos Carrasco, Mt. Pleasant, San Jose, Ca 1975; former record 9:39.6 by Mitch Kingery, San Carlos, Ca 1971)

- 9:31.2 Carlos Carrasco (Mt. Pleasant, San Jose, Ca)
- 9:52.0 Kevin Blake (Sierra, San Mateo, Ca)
- 10:08.0 Tay Dulaney (Palos Verdes, Ca)
- 10:10.2 Henry Burkhardt (Palos Verdes, Ca)
- 10:11.2 Chris Bueker (Westminster, Ca)
- 10:11.4 Sergio Olivas (Half Moon Bay, Ca)
- 10:12.4 Don Garcia (Centennial, Pueblo, Co)
- 10:12.6 Jim DeLaunay (Suffern, NY)
- 10:12.8 Martin Vavuris (Cubberley, Palo Alto, CA)
- 10:13.8 Ron June (Westminster, Ca)
- 10:14.2 Larry Martinez (Centennial, Pueblo, Co)
- 10:15.2 Troy Ribota (Westminster, CA)
- 10:18.6 Greg McDonald (Camden, San Jose, CA)
- 10:22.8 Rich Pryor (Carlmont, Belmont, CA)
- 10:26.0 Tom Swanson (Webb, Tampa, Fl)
- 10:27.0 Eric Sappenfield 8th (LaCumbre, Santa Barbara, CA)
- 10:30.4 Jim Herryyears (Webb, Tampa, Fl)
- 10:32.6 Chris Little (Jesuit, Carmichael, CA)
- 10:33.4 Dan Withers (Suffern, NY)
- 10:33.8 Fred Castillo (Western, Tulare, CA)
- 10:35.6 Tom Junker (Suffern, NY)
- 10:36.0 Mike Boitano (St. Ignatius, San Francisco, CA)
- 10:37.0 Tony Martinez (Cubberly, Palo Alto, CA)
- 10:37.2 Dave West (Palos Verdes, CA)
- 10:37.4 Bruch Ochoa (Merced, CA)
- 10:38.0 Tim O'Malley (Carlmont, Belmont, CA)
- 10:38.2 Steve Fussel 8th (Pryor, Walton Beach, FL)
- 10:39.2 Ken Mellquist (Carlmont, Belmont, CA)
- 10:41.4 Jim Vargas (Mt. Pleasant, San Jose, CA)
- 10:42.0 Brian Pierce (Westminster, CA)
- 10:42.6 Kevin Delaney (Suffern, NY)
- 10:43.0 Pat McCarty (York, Elmhurst, IL)
- 10:44.0 Eric Partin (Pryor, Ft. Walton Beach, FL)
- 10:44.2 Larry Vinocur (Suffern, NY)
- 10:45.0 Mike Hobbs 8th (LaCumbre, Santa Barbara, CA)
- 10:46.2 Pete Artusio (Palos Verdes, CA)
- 10:48.0 Gary Ochoa (Merced, CA)
- 10:48.2 Alfred Brackett (Westminster, CA)
- 10:49.0 Sal Garcia (Mt Pleasant, San Jose, CA)

HIGH SCHOOL FROSH TWO MILE TEAM RACE (Record 52:10.4 by Westminster, CA 1975; former record 52:41.6 by Union City Jr., Union City, Pa 1964)

- |  |                                    |
|--|------------------------------------|
| 52:10.4 Westminster, CA                | 56:17.4 York, Elmhurst, IL         |
| 52:35.0 Palos Verdes, CA               | 56:41.2 Western, Tulare, CA        |
| 52:48.4 Suffern, NY                    | 56:53.2 Elder, Cincinnati, OH      |
| 52:55.2 Mt. Pleasant, San Jose, CA     | 56:47.4 Woodstock, IL              |
| 53:26.2 Carlmont, Belmont, CA          | 56:56.2 Kings Canyon, Fresno, CA   |
| 54:10.8 Merced, CA                     | 57:25.4 Pryor B, Ft. Walton, Fl    |
| 55:21.4 Webb, Tampa, Fl                | 57:53.6 Tempe, AZ                  |
| 55:29.0 Centennial, Pueblo, CO         | 58:47.6 Wilson Jr. Glendale, CA    |
| 55:40.4 LaCumbre Jr. Santa Barbara, CA | 59:14.0 St. Ignatius, San Jose, CA |
|  | 59:43.0 Elder B. Cincinnati, OH    |
|  | 62:26.0 Blackford, San Jose, CA    |

HIGH SCHOOL FROSH THREE MILE INDIVIDUAL RACE (REcord 15:10.0 by Mitch Kingery, San Carlos, CA 1971)

15:41.0 Greg McDonald (Camden, San Jose, CA)  
15:46.0 Martin Vavuris (Cubberly, Palo Alto, CA)  
16:03.0 Mike Boitano (St. Ignatius, San Francisco, CA)  
16:06.4 Ron Pickrell (Mt. Whitney, Visalia, CA)  
16:07.6 Jim Pryor (Carlmont, Belmont, CA)  
16:10.2 Bruce Ochoa, (Merced, CA)  
16:31.0 Tony Nush (Merced, CA)  
16:32.6 Tim O'Malley (Carlmont, Belmont, CA)  
16:35.0 Gary Ochoa (Merced, CA)  
16:37.0 Tony Martinez (Cubberly, Palo Alto, CA)  
16:41.0 Ken Milquist (Carlmont, Belmont, CA)  
16:53.0 Jess Nickell (Leigh, San Jose, CA)  
16:58.4 Don Garcia (Centennial, Pueblo, CO)  
16:58.8 Matt Galleazzi (Merced, CA)  
17:00.0 Doris Graham (Carlmont, Belmont, CA)

HIGH SCHOOL FROSH THREE MILE TEAM RACE (REcord 82:33.4 by Homestead, Sunnyvale, CA 1969)

83:24.2 Carlmont, Belmont, CA	91:51.0 Kings Canyon, Fresno, Ca
83:34.8 Merced, CA	92:23.0 Mt. Whitney, Visalia, CA
89:36.0 Leigh, San Jose, CA	93:40.8 Centennial, Pueblo, Co

HIGH SCHOOL TWO MILE INDIVIDUAL RACE (REcord 8:51.8 by Ron Craker, York, Elmhurst, Il 1975; former record 8:56.0 by Ralph Serna, Loara, Anaheim, CA 1974)

8:51.8 Ron Craker Sr. (York, Elmhurst, IL)  
9:01.8 Brett Hoffman Jr. (St. Petersburg, FL)  
9:10.6 Tim Holmes, Jr. (Downey, Modesto, CA)  
9:11.0 Mike Warre Sr. (Largo, FL)  
9:12.2 Hal Schulz Sr. (Redwood, Larkspur, CA)  
9:14.4 Kevin Byrne Jr. (Boys, Paramas, NJ)  
9:14.8 Mark Tomask Sr. (Maine E. Park Ridge IL)  
9:16.8 Tim Farrell Sr. (La Sierra, Carmichael, CA)  
9:17.8 Kevin Roth Sr. (Cretin, St. Paul, MN)  
9:18.6 Rod Read Sr. (Jesuit, Carmichael, CA)  
9:19.2 Greg Miller Sr. (Mt. Pleasant, San Jose, CA)  
9:20.2 Robert Love Soph, (Carlmont, Belmont, CA)  
9:20.8 Rod Berry Soph (Redwood, Larkspur, CA)  
9:21.4 Joe Metzger Sr. (Cretin, St. Paul, MN)  
9:21.8 Earl Lagomarsino Sr. (Jesuit, Carmichael, CA)  
9:22.6 Kurt Roth Sr. (Cretin, St. Paul MN)  
9:22.8 Bob Paulin Sr. (Camden, San Jose, CA)  
9:23.6 Jim Driscoll Sr. (York, Elmhurst, IL)  
9:24.6 Tom Gusloff Sr. (York, Elmhurst, IL)  
9:24.8 Don Cottler Sr. (Arch Molloy, Jamaica, NY)  
9:25.0 Earl Lagomarsino Sr. (Jesuit, Carmichael, CA)  
9:25.2 Dave Mihailoff Sr. (Redwood, Larkspur, CA)

9:26.4 Scott Clark Sr. (Osseo, MN)  
9:27.6 Don Hurley Soph (Cretin, St. Paul MN)  
9:27.6 Rod Berry Soph (Redwood, Larkspur, CA)  
9:27.8 Eric Becker Sr. (Lindbergh, St. Louis, MO)  
9:29.0 Dave Saethre Sr. (Maine E. Park Ridge, IL)  
9:29.0 Mike Clay Jr. (Choctawhatchee, Ft. Walton, FL)  
9:30.2 Derek Hanks Jr. (Choctawhatchee, Ft. Walton Bch, FL)  
9:30.8 Dave Chatelaine Sr. (Osseo, MN)  
9:30.8 Todd Peterson, Jr. (York, Elmhurst, IL)  
9:31.2 Dave Klemann Sr. (York, Elmhurst, IL)  
9:31.2 Carlos Carrasco Fr. (Mt. Pleasant, San Jose, CA)  
9:31.2 Mike Garcia Jr. (York, Elmhurst, IL)  
9:32.2 Mark Wenneker (Quincy, IL)  
9:32.2 Cliff Jury, SR (Palos Verdes, CA)  
9:32.4 Mike Carper, Jr. (Quincy, IL)  
9:32.6 Clancy Devery Soph (South Salem, Or)  
9:32.8 Todd McCallister Soph (Deerfield, IL)  
9:33.0 Rob Fiarley Sr. (La Sierra, Carmichael, CA)  
9:33.0 Mark McCallister Soph (Deerfield, IL)  
9:33.0 Jose Bautista Sr. (Arch Molloy, Jamaica, NY)  
9:34.0 Bill Merth Jr. (Cretin, St. Paul, MN)  
9:34.6 Jeff Hildebrandt (South Salem, OR)  
9:35.0 Dave Boyer, Soph (St. Petersburg, FL)  
9:35.2 Kurt Staufenbiel Sr. (Lindbergh, St. Louis, MO)  
9:35.2 Mark Wyman Sr. (Palos Verdes, CA)  
9:35.2 Tom O'Neil Jr. (Jesuit, Carmichael, CA)  
9:35.8 Chris Fasanello Sr (St. Petersburg, FL)  
9:36.2 Dick Besseguie Sr (Deerfield, IL)  
9:36.4 Chuck McMillan Sr. (Redwood, Larkspur, CA)  
9:36.6 Don Hickman Sr. (York, Elmhurst, IL)  
9:37.0 Robert Anex, Jr. (La Sierra, Carmichael, CA)  
9:37.6 Kevin Bauer, Sr. (Lindbergh, St. Louis, MO)  
9:38.0 Greg Mandanis Jr. (CCarlmont, Belmont, CA)  
9:38.6 Terry Barton, Sr. (Jesuit, Carmichael, CA)  
9:39.0 Gary Thurston Jr. (Menlo-Atherton, Atherton, CA)  
9:39.6 Marc Novak Sr. (Deerfield, IL)  
9:39.6 J. Hinterhauser (Maine E, Park Ridge, IL)  
9:40.8 Lloyd Kulisek Sr. (Woodstock, IL)  
9:40.8 Al Strunk Soph (York, Elmhurst, IL)  
9:41.0 John Axtell Sr (San Clemente, CA)  
9:41.2 Rod Rodriguez Sr. (Merced, CA)  
9:41.4 Bill Winters Jr. (Largo, FL)  
9:42.0 Frank Averill Sr. (Arch Molloy, Jamaica, NY)  
9:42.2 Bob Fahey Sr (Cretin, ST. Paul MN.)  
9:42.4 Jack Wiggins Jr. (Palos Verdes, CA)  
9:43.0 Rick Pincombe Sr. (Serra, San Mateo, CA)  
9:43.2 Mike Sandrock Sr (Maine S, Park Ridge, IL)  
9:43.4 Mike Shuell Sr (Boys, Paramas, NJ)  
9:44.2 Mike Thurston Soph (Largo, FL)  
9:44.2 Jamie Hutcheson Jr. (Marshalltown, IA)  
9:44.6 Steve Senf Jr. (Maine S. Park Ridge, IL)  
9:44.6 Kurt Staufenbiel Sr. (Lindbergh, St. Louis, IL)  
9:44.8 Chris Hanson Jr. (Largo, FL)  
9:44.8 Bob Bradshaw Jr. (York, Elmhurst, IL)  
9:45.0 John Swift, Sr. (Downey, Modesto, CA)  
9:45.0 Tim Dunham Jr. (York, Elmhurst, IL)

HIGH SCHOOL TWO MILE TEAM RACE (Record 46:21.0 by Lompoc, CA 1972)

46:42.0 York, Elmhurst, IL	49:55.8 Cretin B. St. Paul MN
47:03.4 Cretin, St. Paul Mn	50:03.0 Serra, San Mateo Ca
47:34.8 Redwood (Lakespur, Ca)	50:06.8 Leigh, San Jose, CA
47:48.0 St. Petersburg, Fl	50:21.8 York C. Elmhurst, IL
47:51.2 Jesuit, Carmichael, CA	50:32.2 Merced, CA
48:04.6 Maine East, Park Ridge, Il	50:33.0 Marshalltown, IA
48:07.8 Deerfield, IL	50:44.8 Camden, San Jose, CA
48:08.3 Largo, Fl	50:48.4 Edmonds, WA
48:14.6 La Sierra, Carmichael, Ca	51:03.2 Half Moon Bay, CA
48:16.2 Archbishop Molloy, Jamaica NY	51:20.0 St. Ignatius, San Fran.
48:18.4 York B. Elmhurst, Il	51:20.0 C. Valley, Verada le, WA
48:26.2 Boys Paramus, NJ	51:38.6 York D. Elmhurst, Il
48:34.0 Palos Verdes, CA	51:53.4 York Sophs, Elmhurst, IL
48:45.0 Mt. Pleasant, San Jose, CA	52:02.4 Menlo-Atherton, Atherton
48:46.2 Lindbergh, St. Louis, MO	52:21.2 Palos Verdes sophs, Ca
48:46.4 South Salem, OR	52:49.2 South Albany, Or
48:59.0 Carlmont, Belmont, CA 49:03.0 HMB	52:54.2 Centennial B., Pueblo Co
49:05.0 Lindbergh B. St. Louis, MO	52:56.8 Hellgate, Missoula, MT
49:09.0 San Clemente, Ca	53:21.8 Jesuit Sophs, Carmichael,
49:10.6 Osseo, MN	53:24.0 Palos Verdes, CA
49:17.6 Choctawhatchee, Ft. Walton, B, Fl	53:36.0 Merced B, CA
49:26.2 Woodstock, IL	53:49.8 Woodstock Sophs, Il
49:29.4 Quincy, IL	53:59.4 Santa Barbara, CA
49:32.2 Thornridge, Dolton, Il	54:00.2 Edmonds B, WA
49:38.2 Lindbergh C, St. Louis, Mo	54:10.8 Cubberley Sophs, Palo Alto
49:42.6 Bergen Catholic, Oradell, NJ	54:34.4 Providence, Clarksville,
49:45.4 Maine South, Park Ridge, IL	54:53.4 Blackford, San Jose, CA
49:53.8 Centennial, Pueblo, Co	57:09.0 Mansfield, MA
	58:44.4 Santa Barbara, B CA

HIGH SCHOOL THREE MILE INDIVIDUAL RACE (Record 13:43 by Rich Kimball of DeLaSalle, Concord, CA 1973)

13:56.4 George Aguirre Sr (Santa Barbara, CA)
14:05.8 Ron Craker Sr. (York, Elmhurst, IL)
14:12.2 Tim Holmes Jr. (Downey, Modesto, CA)
14:21.0 Hal Schulz Sr. (Redwood, Larkspur, CA)
14:24.8 Bob Paulin Sr. (Camden, San Jose, CA)
14:35.0 Rod Berry Soph (Redwood, Larkspur, CA)
14:36.8 Rod Berry Soph (Redwood, Larkspur, CA)
14:45.2 Robert Love Soph (Carlmont, Belmont, CA)
14:47.2 Bill St. Johns (Materdei, Santa Ana, CA)
14:47.6 Tom Gusloff, Sr. (York, Elmhurst, IL)
14:48.0 Tom Driscoll Sr. (York, Elmhurst, IL)
14:48.0 Tod Peterson Sr. (York, Elmhurst, IL)
14:48.6 Dave Klemann Sr. (York, Elmhurst, IL)
14:49.0 Sal Godinez (Salesian, Los Angeles, CA)
14:51.0 Dave Mihailoff Sr. (Redwood, Larkspur, CA)
14:59.4 Alfred Soto, Sr (Downey, Modesto, CA)
15:01.4 Don Hickman Sr. (York, Elmhurst, IL)
15:04.8 Greg Mandanis (Carlmont, Belmont, CA)
15:05.0 Larry Bergkamp (Leigh, San Jose, CA)
15:05.6 Chuck McMillan Sr. (Redwood, Larkspur, CA)
15:05.6 Colin Chapman Jr. (Redwood, Larkspur, CA)
15:07.0 Al Strunk Soph (York, Elmhurst, IL)

15:07.0 Robert Hollister Sr. (San Marcos, CA)  
 15:07.2 Chuck McMillan Sr. (Redwood, Larkspur, CA)  
 15:09.0 Rodriguez Sr (Merced, CA)  
 15:10.2 Gary Thurston Jr. (Menlo - Atherton, Atherton, CA)  
 15:13.8 John Swift Sr. (Downey, Modesto, CA)  
 15:18.0 Alfonso Jiminez (Blair, Pasadena, CA)  
 15:19.6 Mike Lambert (Leigh, San Jose, CA)  
 15:20.0 Doug Obegawitch (Loara, CA)  
 15:20.6 Colin Chapman Jr. (Redwood, Larkspur, CA)  
 15:21.0 Darrel Casson (Hawthorne, CA)  
 15:21.0 Raul Gil Jr. (Santa Barbara, CA)  
 15:21.0 Tim Dunham Jr (York, Elmhurst, IL)  
 15:22.0 Fred Villegas Jr. (Merced, CA)  
 15:24.0 Art Candejas (Buena Park, CA)  
 15:25.0 Bill Ritt (Leigh, San Jose, CA)  
 15:27.0 Jose Casillas (Salesian, Los Angeles, CA)  
 15:27.0 Mike Garcia Jr (York, Elmhurst, IL)  
 15:27.0 Greg Galasfit Sr. (Leigh, San Jose, CA)  
 15:29.0 Stuart Calderwood (Laguna Beach, CA)  
 15:29.0 Rich Walker, Sr (Carlmont, Belmont, CA)  
 15:34.0 Gilbert Garcia Jr (Merced, CA)  
 15:34.0 John Morrissey Sr (St Ignatius, San Francisco, CA)  
 15:36.0 Phil Bennett Jr. (St. Ignatius, San Francisco, CA)  
 15:36.0 Bob Bradshaw Jr. (York, Elmhurst, IL)  
 15:37.0 Larry Gorman Jr. (York, Elmhurst, IL)  
 15:37.0 Jose Madrigan (Salesian, Los Angeles, CA)  
 15:40.0 Jeff Snow Jr. (York, Elmhurst, IL)  
 15:41.0 Greg McDonald Fr (Camden, San Jose, CA)  
 15:41.0 Ken Wernick Sr (Carlmont, Belmont, CA)  
 15:42.0 Tim O'Brien (Tempe, AZ)  
 15:42.0 Steve Smith (Newbury Park, CA)  
 15:43.2 Curt Hoffman Soph (York Elmhurst, IL)  
 15:43.8 Ed Rico Jr. (Camden, San Jose, CA)  
 15:44.0 Ray Murdock (Tempe, AZ)  
 15:44.2 Tom Cooper Jr. (Camden, San Jose, CA)  
 15:46.0 Martin Vavuris Fr. (Cubberly, Palo Alto, CA)  
 15:48.0 Stan Heinrichs Jr. (Santa Barbara, CA)  
 15:48.2 Paul Brewer Soph (Leigh, San Jose, CA)  
 15:51.0 Mark Rodriguez (El Monte, CA)  
 15:51.0 Gilbert Lemas (Salesian, Los Angeles, CA)  
 15:52.2 Kevin Farey (Menlo-Atherton, Atherton, CA)  
 15:55.6 Dave Billmaier Soph (Camden, San Jose, CA)  
 15:56.8 Ken Reiser Sr (Carlmont, Belmont, CA)  
 15:57.0 Pat Linehan Sr. (St. Ignatius, San Francisco, CA)  
 15:58.0 John Weber (Laguna Beach, CA)

HIGH SCHOOL THREE MILE TEAM RACE (Record 73:17.6 by York, Elmhurst, IL  
 1975; former record 73:25.0 by Lompoc, CA 1972)

73:17.6 York, Elmhurst, IL  
 74:16.6 Redwood, Larkspur, CA  
 76:32.4 York B. Elmhurst, IL  
 76:56.8 Carlmont, Belmont, CA  
 77:04.8 Leigh, San Jose, CA  
 77:29.4 Camden, San Jose, CA  
 77:47.1 Salesian, Los Angeles, CA  
 78:06.4 Santa Barbara, CA  
 78:46.6 Merced, CA  
 79:12.4 York B, Elmhurst, IL

81:03.4 Mt. Whitney, Visalia, CA  
 81:15.6 York Sophs, Elmhurst, IL  
 81:25.6 Menlo Atherton, CA  
 82:53.2 Centennial, Pueblo, Co  
 82:53.9 Cubberley, Palo Alto, CA  
 83:25.6 York D, Elmhurst, IL  
 83:44.2 Merced B. CA  
 83:46.4 Euclid, OH  
 84:55.6 Anderson, Cincinnati, OH  
 86:43.4 Mt. Whitney B. Visalia CA

HIGH SCHOOL THREE MILE TEAM RACE (CONTINUED)

79:24.0 St. Ignatius, San Francisco, CA      87:09.4 Peninsula, Gig Harbor WA  
 79:36.4 Western, Tulare, CA                      90:19.0 Euclid, B. OH  
 79:46.4 Tempe, AZ                                  97:23.2 Peninsula B. Gig Harbor WA  
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NORTH AMERICAN THREE MILE INDIVIDUAL RACE (Open Record 13:14.0 by Jack Bachelier, Florida Track Club, 1969, College University Record 13:25.6 by Steve Prefontaine, Oregon, 1970; Junior College Record 13:47.8 by Dave Babiracki, Los Angeles, Valley, J.C. 1971)

13:42.0 Gordy Braun Jr. (Wash)	14:23.8 John Grabowski Jr. (Mich)
13:43.4 Terry Cotton Jr (Ariz)	14:24.6 Matt Hellerer Fr. (Syr)
13:43.4 Ed Mendoza Sr (Ariz)	14:25.0 Mark Foster Soph (Mich)
13:43.6 Scott Holmes Sr (Wash)	14:25.0 Devon Flynn Fr (Wash)
13:47.4 Bob Thomas (UCLA)	14:26.4 David Shoots Fr (Ariz)
13:48.0 Armando Cendejes Fullerton JC	14:26.8 Bruce Mason Sr (Colgate)
13:53.2 Gary Gustafson Fr. (Wash)	14:27.0 D. Ferrusquist (Mexico)
13:54.6 Mike McGuire Sp (Mich)	14:27.4 Bob Scheper (Mich)
13:57.0 Bill Glad Sr. (Wash)	14:28.6 Bob Renouard Fr. (Wash)
13:57.0 Mike Flint Soph (Moorpark JC)	14:28.6 Jeff Clark Jr. (Cal Davis)
14:00.2 Graham Barr Sr (Wash)	14:29.0 Rick Nance (LA Valley JC)
14:02.8 Pete Sweeney Jr (Cal-Davis)	14:29.0 Kim Downs (San Barb. CA)
14:03.0 Brian Hunsaker (UC Irvine)	14:29.8 Mike Garrett Soph (C JC)
14:04.8 Mat Yea Jr. (Cal-Davis)	14:30.0 Scott Blackburn (Moorpk JC)
14:05.0 Gary Nichi (UCLA)	14:32.4 Dave Heikkinen Soph (Mich)
14:08.0 Tim Murray Jr (Wash)	14:37.4 Bill Fisher Fr (Colgate)
14:08.2 Bill Donakowski Soph (Mich)	14:39.0 Mark Luexano (UCLA)
14:11.0 Bob Kryczko (Oxy)	14:39.0 Pete Marks Jr. (Cal-Davis)
14:12.0 Rick Fields (Santa Barbara AA)	14:39.0 Mike Breen Jr. (Ariz)
14:13.0 Ray Meyers Soph (Syracuse)	14:41.2 Art Henschaca Fr (Ariz)
14:13.0 David Haake Soph (Santa Barbara CC)	14:42.0 Steve McMahahan (S Barb CC)
14:12.8 Bill O'Brian Jr. (Syracuse)	14:42.6 Doug Sweahey (Fr. Mich)
14:13.4 Mike Borghard Jr. (Syracuse)	14:43.2 Jose Fernandez Fr (Ariz)
14:14.0 Dave Boyet (Santa Barbara AA)	14:43.6 Lon Berquist Jr. (Cal-Davis)
14:15.0 Ralph Serna (UC-Irvine)	14:45.0 Carl Swift (Az Pacific)
14:15.0 Jose Saavedra (Fullerton JC)	14:47.2 Joe Taxiera Sr (Cal Davis)
14:15.6 Angelo Martinez Jr. (Cal-Davis)	14:49.0 Camilo Sanchez (Mexico)
14:16.4 Gary Close Jr. (Ariz)	14:51.2 John Leeper Soph (C Davis)
14:18.0 Steve Elliott Fr (Mich)	14:53.0 Greg Castellaw (N. Idaho)
14:19.4 Greg Gibson Jr (Wash)	14:54.0 Harvy Woodard Fr (N. Idaho)
14:21.0 John Woodside Soph (Syracuse)	14:58.0 Terry Russell (N. Idaho JC)
14:22.0 Duane Waltmire (Az Pacific)	14:59.0 Joe Dowling (S Ana JC)
14:22.0 Jack Sinclair FR (Mich)	15:00.0 Gary Huff Soph (N. Idaho)
14:23.0 Jon Sisler (Oxy)	15:00.0 Mark Odon (Az Pacific)
14:23.2 Tom Charounas Jr. (Wash)	

NORTH AMERICAN THREE MILE TEAM RACE (Open Record 67:18.2 by Florida Track Club 1972; College-University Record 68:26.8 by Oregon 1970; Junior College Record 70:13.0 by Spokane CC 1974)

69:14.4 University of Washington	73:42.0 Fullerton JC
70:48.6 University of Arizona	74:37.8 Univ. of Calif. at Davis
71:06.6 University of Michigan	75:03.2 Colgate University
71:24.8 Syracuse University	75:10.0 Northern Idaho JC
71:30.8 University of Calif. at Davis	76:02.2 Lewis Clark College
71:44.2 University of Washington B	76:11.2 Consumnes JC (Sacramento)
72:30.0 Santa Barbara AA	78:10.6 Lewis and Clark Frosh
73:13.4 University of Michigan B	83:25.0 San Luis Obispo CA Dis Club

## HIGH SCHOOL TWO MAN TEN MILE RELAY

(Frosh Record 49:10.0 by Barry Pollard and Shane Roger of Mt. Pleasant, San Jose, CA 1970. Varsity Record 43:38.8 by Lloyd Apgar and Otis Martin of Lincoln, San Diego, CA 1966)

45:29.0 Ron Craker Sr, Jim Driscoll Sr (York, Elmhurst, IL)  
45:34.2 Ken Bowles, Bill McGrath (Lakewood, OH)  
46:11.4 Tom Gusloff Sr, Tod Peterson Jr (York, Elmhurst, IL)  
46:57.2 Oscar Franco, Todd Wright (Sterling, Baytown Tx)  
46:38.0 Larry Watson, Paul Sullinger (Steele, Amherst, OH)  
47:50.0 Brian Bartler, Dave Klemann (York, Elmhurst, IL)  
48:18.0 Ron Nelson, Al Strunk (York, Elmhurst, IL)  
48:23.2 Gary Lund, John Piscitelli (Arcadia, CA)  
48:24.2 Jim Schoelz, Chris Boyer (Arcadia, CA)  
48:27.8 Bob Derby, Kelly Crider, (Arcadia, CA)  
48:49.0 Mike Murray, Bill Mathews (Lakewood, OH)  
49:07.0 Mike Garcia, Tim Dunham (York, Elmhurst, IL)  
49:09.8 Jeff Montoya, Albert Martinez (Centennial, Pueblo, CO)  
49:14.2 Jim Zickes, Tim Brady (Lakewood, OH)  
49:18.0 Bob Bradshaw, Brian Mayer (York, Elmhurst, IL)  
49:30.6 Jeff Lostak, Steve Duplantis Frosh (Sterling, Baytown, TX)  
49:52.8 Jack Malin, Jeff Wilhelm (Steele, Amherst, OH)  
49:54.6 Denis Schneider, Jim Welte (Steele, Amherst, OH)  
49:58.0 Gil Castellanos Sr, Larry Gorman, Jr. (York, Elmhurst, IL)  
50:00.0 Bret Terbush, Don Hickman (York, Elmhurst, IL)  
50:48.6 Paul Malone, Bryan Nelson (Eldorado, Albuquerque, NM)  
51:18.6 Bob Johnson, Brad Jenkins, (Arcadia, CA)  
51:51.2 Dan Cutler, Max Ryan (Arcadia, CA)  
53:46.2 Paul Halajian, Rick Hara (Kings Canyon, Fresno, CA)  
53:59.0 Angel Bidegain, James Wiens (Kings Canyon, Fresno, CA)  
56:09.6 Donna Machade, Barbara Sprague (Arcadia, CA)  
56:22.0 Ken Kester, Fr. Larry Martinez Fr. (Centennial, Pueblo, CO)

NORTH AMERICAN TWO MAN TEN MILE RELAY (Open Record 41:10.8 by Jim Ryun, John Lawson, Univ. of Kansas 1965; University-College Record 41:10.8 by Jim Ryun, John Lawson, Univ. of Kansas 1965; JC Record 43:11.4 by Marcel Hetu, Ralph Likens, College of San Mateo 1964; Frosh Record 43:03.6 by Brian Turner, Bill Cornell, Southern Illinois 1961)

43:21.0 David Boyet, Scott Schweitzer (UC Santa Barbara)  
43:52.4 Tom Edwards, Brock Thomas (UC Santa Barbara)  
45:33.4 Rick Kohrs, Dave Smith (Loras College)  
46:05.0 Bob Gold, Walt Wolski (Euclid OH TC)  
46:29.8 Fred Geswein, Joe Tinius (Bluegrass RC Wn Kentucky)  
46:41.0 Steve May, Randy Lane (Loras College)  
46:48.4 John Herrig, Dale Hackney (Loras College)  
48:08.0 Doug De Coursey, David Price (Alfred Univ.)  
48:48.0 Kevin Conlon, Mark Walsh (Loras College)  
49:05.0 John Steinhardt, Ed Phelps (Alfred Univ.)  
54:02.0 Lazaro Garcia, John Zamora (Albuquerque Road Runners)  
56:11.6 Len Borozinski, Dean Voge (Albuquerque Road Runners)  
56:42.0 Buck Schreyer, Pat Cox (DC Dashers, Albuquerque)  
57:15.2 Art Sherwood, Bob Weeks (Los Alamos Tc)  
57:30.4 Fred Bruner, Dick Harris (Albuquerque Road Runners)  
58:07.2 John Malone, Tom Malone (Albuquerque Road Runners)

**DISTANCE CARNIVAL**

**At Occidental**

**Three Miles**

**OPEN**—1. Thomas (UCLA), 13:47.2; 2. Cendelas (Fullerton JC),

13:48.6; 3. Hunsaker (UC Irvine), 14:03.6; 4. Nitti (UCLA), 14:07; 5. Kryczko (Occidental) 14:11; 6. Serna (UCI), 14:15; 7. Saavedra (Fullerton JC), 14:15.

**HIGH SCHOOL**—1. St. John (Mater Dei), 14:47.2; 2. Godinez (Salesian), 14:49.6; 3. Jaminez (Blair), 15:18.

## Bob Thomas wins 3-miler

Bob Thomas of UCLA won the Occidental distance carnival three-mile run in 13:47.2 Saturday with Cendejas of Fullerton JC second in 13:48.6, Hunsaker of UC Irvine third in 14:03.6, Nitti of UCLA fourth in 14:07 and Kryczko of Oxy fifth in 14:11.

The high school division was won by St. John of Mater Dei in 14:47.2 over Godinez of Salesian, 14:49.6, and Jamiez of Blair, 15:18.