Be sure your team is at the staging area on time (10 minutes before race time). Schools will be placed alphabetically from the street side on the starting line.

All Boys Races - 2.75 miles Girls Race - 1.7 miles

The Clerk of the Course, Plato Yanicks, will call races 10 minutes before starting time. The starting line is narrow and teams will be on the line in a single file. Time will be called at the mile in each race.

Race #1 Boys JV 3:20 pm	Race #2 Boys JV 3:40pm	Race #3 Boys Var. 4:00 pm
12 Teams Approx. 102 Runners	11 Teams Approx. 92 Runners	12 Teams App. 84 Hunners
Camden Mills Carlmont Monta Vista Cupertino Mt. Pleasant	Aragon Menlo Bellarmine Mountain View Branham Palo Alto	Camden Lynbrook Carlmont Mills
Homestead Piedmont Hills Leigh San Carlos Los Altos Lynbrook	Cubberly Serra Del Mar Westmoor Hill	Cupertino Monta Vista Romestead Mt. Pleasant Leigh Piedmt Hills Los Altos San Carlos
Race #4 Boys Var. 4:20 pm 14 Teams Apprx. 92 Runners	Race #5 Boys Soph 4:40 pm 12 Teams Apprx. 116 Runners	Race #6 Boys Soph 5:00 pm
Aragon Menlo Awalt Menlo-Atherton Bellarmine Mitty Brankem Mountain View Cubberly Palo Alto Del Mar Serra Hill Westmoor	Camden Lynbrook Carlmont Mills Cupertino Monta Vista Homestead Mt. Pleasant Leigh Piedmont Hills Los Altos San Carlos	Aragon Menlo-Alherton Awalt Mitty Bellarmine Mountain View Branham Palo Alto Del Mar Serra Hill Westmoor Menlo
Race #7 Girls 5:20 pm	Race #8 Boys Frosh 5:40 pm	Race #9 Boys Frosh 6:00 pm 12 Teams Approx. 94 Run
Branham Menlo Cubberly Mitty Cupertino Monta Vista	Camden Lynbrook Carlmont Mills Cupertino Monta Vista	Aragon Mountain View Awalt Palo Alto Bellarmine St. Francis
Del Mar Palo Alto Homestead St. Francis Leigh Lynbrook	Homestead Mt. Pleasant Leigh Piedmont Hills Los Altos	Branham Serra Del Mar Westmoor Menlo Menlo-Atherton

Note: A team must run a 7 man varsity if the school is entering even 1 JV runner.

COACHES, PLEASE KEEP YOUR TEAMS OFF THE GRASS FIELD IN FRONT OF THE STARTING LINE. DURING SCHOOL HOURS THE FIELDS ARE STILL IN USE BY PHYSICAL EDUCATION CLASSES.

PICK UP ENVELOPES AT SCORING TABLE WHEN YOU ARRIVE.

Final Meet Information

Schedule of Races - See the attached sheet. We will make every effort to follow this time schedule. The schools have been placed in races on the basis of enrollment information we received. Approx. 1500 (10-11-12) was the dividing line.

Awards

- Trophy to 1st place team in all races except for JV. Trophy will be awarded as soon as the scoring for each race has been concluded.

Medals will be awarded as runners leave the scoring table at the end of the chute. Top ten individuals in all races will receive a medal.

Scoring

- The coaches and athletes did a great job in this area last year. The procedure will be the same in '75. The chute will 100 yards or longer. We will take each runner's name and school as the runner leaves the chute (this means a short wait in the chute). The result sheet and time sheet will be on ditto masters and the results should be available in approximately 10 minutes after the conclusion of the race. Runners must stay in the chute until that individual has his/her name and school recorded. Runners will receive a place card to take to their coach for quick scoring. Coaches should return the cards (enclosed in an envelope) with the places and the total of the top five runners on front of the envelope. There will be no ettempt to displace individuals from incomplete teams.

Judging & Timing - AAU Timers & Judges will be used at the finish line. Head Judge of Finish - George Newlon

Problems

- In the event of a serious injury to a runner, notify the Meet Director so that on campus emergency procedures can be followed. Minor first aid problems are the coaches responsibilities. If a coach has a legitimate complaint bring it to the scoring table or to the Meet Director. This is not a championship, please try to avoid arguments on petty matters.

The vote on the Cirls race was 8 to 1 in favor of keeping the distance at 1.7 miles.

Good luck on Thursday.

Sincerely,

Plato Yanicks Meet Director

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