

Very few coaches ever read the instruction sheet, so this is short and simple.

- 1) We will start on time. The varsity race is at 3:10. The Fresh/Soph race will start at 3:30 or 5 minutes after the varsity race finishes.
- 2) All members of a given team must wear the same uniform. If more than one runner on a given team wears a T-shirt under his uniform top, the color of the T-shirts must be the same.
- 3) All runners will wear a sticker in the middle of his uniform top. It will contain his last name first, first name and year in school.
- 4) Officials at finish line will score the meet. The tabs will be given to them. They will remove sticker from you after receiving tab.
- 5) There will be two runners on the front line. Box # 1 is located on the lake side, with Box # 21 on the finish line side.

Good luck

Varsity Race

Aragon (AR)	1
Camden (CAM)	7
Carlmont (CAR)	17
Cupertino (CUP)	15
Fremont (FRE)	12
Gilroy (GIL)	14
Leigh (LEI)	8
Monta Vista (MVS)	19
Piedmont Hills (PH)	4
Santa Cruz (SCR)	5
Saratoga (SAR)	16
Seaside (SEA)	13
Serra (SRA)	9
Silver Creek (SIL)	20
Sequel (SOQ)	2
St. Francis (SF)	21
Watsonville (WAT)	3
Westmoor (WES)	6
Willow Glen (WG)	10
Individuals I	11
Individuals II	18

Fresh/Soph Race

Aragon (AR)	15
Carlmont (CAR)	10
Half Moon Bay (HMB)	2
Hillsdale (HIL)	9
Homeshead (HOM)	14
Independence (IND)	12
Leigh (LEI)	13
James Lick (LIC)	20
Lincoln (LIN)	16
Lynbrook (LYN)	21
Monterey (MON)	5
North Salinas (NS)	17
Overfelt (OVE)	4
Peterson (PET)	11
Robert L. Stevenson (RLS)	8
San Lorenzo Valley (SLV)	7
San Mateo (SM)	3
Silver Creek (SIL)	1
Sunnyvale (SUN)	6
Individuals I	19
Individuals II	18

Group I

Carrasco of MP  
 Lua of LO  
 Sup of PAL  
 Thurston of MA  
 Solbach of APT  
 Barragon of CMP

Group II

all others

Group I

Alvergo of Cro  
 Marshall of MIL  
 Flory of EL  
 Solbach of APT  
 Sanchez of HOL  
 Yeh of Gan

Group II

all others