

VARSIITY

SCORE: Canyon 40, St. Ignatius(SF) 57, Liberty 110, Clear Lake 126,
Foothill 128, Acalanes 129, Monte Vista 154

DATE: September 25, 1976

COURSE: 2.8 miles; rolling hills

CONDITIONS: breezy and pleasant

RESULTS:

1. Ken Romiguere(Canyon)	14:22	11. Horat(Clear Lake)	15:44
2. Rogers(Foothill)	14:47	12. Charlie Harb(Canyon)	15:54
3. Scott Flagg(Canyon)	14:56	13. Healy(SI)	15:59
4. Jason Lee(Canyon)	15:04	14. Handeman(SI)	16:10
5. Hannuwalt(St. Ignatius)	15:07	15. St. John(Liberty)	16:11
6. Griepenburg(Lincoln-SF)	15:17	16. Driskill(Foothill)	16:14
7. Tristant(SL)	15:30	17. Figueroa(St. Elizabeth)	16:17
8. Machschefes(Lincoln)	15:36	18. Low(SI)	16:28
9. Anderson(Acalanes)	15:39	19. Bassett(Clear Lake)	16:35
10. Nowak(Liberty)	15:41	20. Tom Jensen(Canyon)	16:37

(46 runners finished)

Canyon ended its first week of cross country competition in 1976 just as it started: winning. In just six days, the Cougars ran their dual meet record to 4-0 and won the small schools division of the Livermore Cross Country Invitational. Ken Romiguere led for all but the first half-mile of the race en route to an easy 25-second victory which completed a spectacular brother act, Ken running away with the varsity and twin brother Greg doing the same in the JV race. Scott Flagg and Jason Lee continued their leapfrog act, as they beat each other in alternate races throughout the week. Today it was Scptt's turn. The three juniors continued their record of placing in the top five in every meet, and keyed this win because of it. Charlie Harb and Tom Jensen both ran strongly to complete the easy team victory, accomplished with the bare minimum of five runners.

AWARDS

Best Performance: KEN ROMIGUIERE

Intestinal Fortitude: SCOTT FLAGG

Worst Job of Avoiding the Traffic Jam at the Start: JASON LEE

JUNIOR VARSITY

SCORE: St. Ignatius 26, Canyon 39, Lincoln no score
DATE: September 25, 1976
COURSE: 1.8 miles; rolling hills
CONDITIONS: pleasant and breezy

RESULTS:

1. Greg Romiguere (Canyon)	9:34	11. Greg Osborne (Canyon)	10:32
2. Linehers (SI)	9:55	12. Pierotti (SI)	10:37
3. Delamara (SI)	10:04	13. Hughes (SI)	10:38
4. Zuffo (SI)	10:06	14. Rivas (SI)	10:43
5. Rich Cameron (Canyon)	10:07	15. Steve Fazzini (Canyon)	10:47
6. Daniels (Lincoln)	10:08	16. Pat Todd (Canyon)	10:47
7. Mike Yepez (Canyon)	10:08	17. Kilmartin (SI)	11:23
8. Tallerico (SI)	10:12	18. Plagenar (SI)	11:40
9. Wlussowsky (SI)	10:13	19. Deleon (Lincoln)	12:03
10. McCarthy (SI)	10:15		

St. Ignatius' superior balance overcame Canyon's JV in the Livermore Cross Country Invitational, despite Greg Romiguere's individual victory. Greg ran off and hid from the opposition on the fast course at Del Valle Reservoir. Another junior dropping down from the varsity, Rich Cameron won out in a three-man battle for fifth at the finish. The loser in that race was sophomore Mike Yepez, who has improved tremendously in just 10 days of running. In a somewhat lighter moment for everyone except perhaps the participants, Steve Fazzini beat out Pat Todd in a mad dash for the finish in pursuit of a medal (they were awarded to only the top fifteen in each race). Now if they could just learn to throw elbows at their opponents the way they did against each other. . .

AWARDS

Best Performance: MIKE YEPEZ
Intestinal Fortitude: RICH CAMERON
Meanest Runner: STEVE FAZZINI and PAT TODD (tie)