

Carlmont wins SPAL x-country

Led by winner Bob Love and runner-up Greg Mandanis, Carlmont High captured its 13th South Peninsula Athletic League cross-country title in 20 years Friday at Crystal Springs in Belmont.

Love clocked a lifetime best of 14:53 over the three-mile course, his second straight SPAL championship. Mandanis ran 15:26 while Gary Thurston of Menlo-Atherton was third in 15:38.

Carlmont also won the junior varsity, sophomore and freshmen team titles.

Varsity

Individual results—Bob Love (C) 14:53, Mandanis (C) 15:26, Thurston (MA) 15:38, Norris (C) 15:51, Goodstein (M) 16:01, Suda (C) 16:04, Waters (SC) 16:07, Luttrell (SC) 16:15, Davies (MA) 16:17, Herrera (C) 16:19, Jones (Men) 16:23, Wieand (C) 16:29, Foianini (C) 16:33, Jacobowsky (SC) 16:46, Sperandeo (MA) 16:52, Graycar (SC) 17:05, Shok (Men) 17:07, Maarleveld (SC) 17:09, Brakeman (SC) 17:12, Sharron (Men) 17:16 (31 runners).

Team scores—Carlmont 23 (78:33), San Carlos 63 (83:22), Menlo-Atherton 70 (83:36), Menlo 77 (84:31), Woodside 133 (91:56), Sequoia incomplete.

Junior varsity

Individual results—Allen (C) 16:37, Dabanian (C) 16:42, Camilleri (C) 16:46, Thompson (C) 16:53, Newton (C) 16:55.

Team scores—Carlmont 15 (83:53), Woodside 54 (89:23), San Carlos 84 (93:22), M-A 103 (96:91), Sequoia and Menlo incomplete.

Sophomore

Individual results—Pierce (C) 16:02, Pryor (C) 16:12, Mellquist (C) 16:25, Logothetis (C) 16:38, Kelly (SC) 16:54.

Team scores—Carlmont 16 (82:22), San Carlos 59 (89:31), Menlo 63 (89:47), M-A 103 (93:56), Woodside and Sequoia incomplete.

Freshmen

Individual results—Kevin O'Connor (C) 15:56, Hausler (MA) 17:23, Mac (C) 17:33, Campbell (C) 17:38, Dietrick (C) 17:48.

Team scores—Carlmont 19 (87:05), M-A 42 (91:51), San Carlos 62 (94:59), Sequoia incomplete.