

1977 COLLEGE OF SAN MATEO



CROSS

COUNTRY

COLLEGE OF SAN MATEO

Athletic Department

CROSS COUNTRY SCHEDULE - 1978

<u>DAY</u>	<u>DATE</u>	<u>TIME</u>	<u>OPPONENT</u>	<u>LOCATION</u>
Sat.	Sept. 16	TBA	10th Annual CSM Beach Run	Half Moon Bay
Fri. Sat. to	Sept. 22 Sept. 23	4:30	Yosemite Cross Country Seminar	Yosemite Park
Sat.	Sept. 30	10:00	Golden Gate Conference Invitational	Golden Gate Park
Thurs.	Oct. 5	3:15	*De Anza - Canada	Hellyer Park, San Jose
Sat.	Oct. 7	11:00	CSM Crystal Springs Invitational	Crystal Springs
Thurs.	Oct. 12	2:45	*DVC - CCSF - Laney	Crystal Springs
Wed.	Oct. 18	3:45	*Chabot - Foothill	Stevens Creek Park
Fri.	Oct. 20	10:30	Mt. SAC Invitational	Walnut, CA
Fri.	Oct. 27	3:45	*West Valley - San Jose	Coyote Point Park
Fri.	Nov. 3	3:00	Golden Gate Conference Finals	TBA
Sat.	Nov. 11	10:30	Northern California Championships	Crystal Springs
Sat.	Nov. 18	10:30	California State Championships	San Diego

*Denotes Golden Gate Conference Meet

COACH: Bob Rush (574-6257)
 COLORS: Royal Blue and White
 MASCOT: Bulldogs
 ATHLETIC TRAINER: Jack Dawson

PRESIDENT OF THE COLLEGE: Dr. David Mertes
 DEAN OF STUDENTS: Dr. Allan R. Brown
 DEAN OF INSTRUCTION: Dr. Lois Callahan
 ATHLETIC DIRECTOR: Cliff Giffin

BOARD OF TRUSTEES: Eleanore Nettle, President; Dr. James G. Rudolph, Clerk;
 Robert A. Tarver; James R. Tormey, Carl E. Ward;
 Glenn P. Smith, Chancellor-Superintendent

BR:rw

11/22/77

COLLEGE OF SAN MATEO
1977 CROSS COUNTRY ROSTER

<u>NAME</u>	<u>PHONE NO.</u>	<u>ADDRESS</u>	<u>HIGH SCHOOL</u>	<u>YR</u>
BALDOCCHI, RICK	756-7435	464 Higate Dr, Daly City	94015 Westmoor	Fr
DEARAGON, RANDY	347-4152	112 Newton Dr, Burlingame	94010 Burlingame	So
FAREY, KEVIN	854-1733	2060 Monterey, Menlo Park	94025 Menlo-Athlerton	So
GREEN, JOE	344-0344	401 Aragon Blvd., San Mateo	94402 Aragon	Fr
HAIGHT, WALTER	344-0297	314 Castillian Way, San Mateo	94402 Aragon	Fr
ILD, PETER	345-2627	15 White Plain, Ct, San Mateo	94402 Aragon	Fr
MCBRIDE, KEN	728-3723	110 Derecho, Moss Beach	94038 H. Moon Bay	So
MELLO, PAUL	726-6500	2004 Bordeaux, H. Moon Bay	94019 Crestmoor	So
PETIT, CHRISTOPHER	349-7981	1005 Van Buren, San Mateo	94403	Fr
PINCOMBE, RICK	368-0351	58 Hillview Ave, Redwood City	94062 Serra	So
SHERRIN, RON	344-4951	734 Prospect Row, San Mateo	94401 Burlingame	So
TSCHARNER, JON	574-3333	1111 Shoal Dr., San Mateo	94404 Serra	Fr
WEIKEL, DAVID	341-7523	3525 Martin Dr., San Mateo	94403 Hillsdale	Fr
WERNICK, KEN	593-0149	235 Exeter, San Carlos	94070 Carlmont	So
ED REBARCHIK (MANAGER)	348-1339	509 Crescent, San Mateo	94402 Serra	Fr
BOB RUSH (COACH)	591-6257 574-6257	116 Wycombe Ave., San Carlos 1700 W. Hillsdale Blvd, S.M.	94070 94402	

COACH: Bob Rush (574-6257)
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11/22/77

COLLEGE OF SAN MATEO
1977 WOMEN'S CROSS COUNTRY ROSTER

<u>NAME</u>	<u>ADDRESS</u>	<u>PHONE</u>
BRUCKER, MERCEDES	2211 Lake Rd, #101, Belmont	94002 593-6252
EDWINSON, STELLA	109 St. Francis Blvd, Daly City	94015 994-0506
MAHONEY, CAROLYN	1147 Crespi Dr, Pacifica	94044 359-4791
NEWLON, MOLLY	746 Nevada Ave, San Mateo	94402 344-8804
SCOTT, JOYE	1968 Ticonderoga, San Mateo	94402 345-5471
SMITHSON, GAIL	1631 Fillmore Ave, San Mateo	94402 341-8666
PETER MICHON (HEAD COACH)	174 Crestview Dr, San Carlos	94070 591-5451

COACH: Pete Michon (574-6257)
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PM:rw

11/22/77

COLLEGE OF SAN MATEO

CROSS COUNTRY

SPECIAL AWARDS

MOST VALUABLE RUNNER AWARD

1962---Jim Huff
1963---Jim Huff
 Larry Peterson
1964---Ralph Likens
1965---Jeff Mountain
1966---Ted Lydon
1967---Mike Dailey
1968---Mike Dailey
1969---Dave Robertson
1970---Dave Robertson
1971---Jose Cortez
1972---Jim VanDine
1973---Ed Barney
1974---Damon Wood
1975---Mitch Kingery
 Steve Palladino
1976---Mitch Kingery
1977---Paul Mello

MOST IMPROVED RUNNER AWARD

1972---Ed Barney
1973---Ed Rios
1974---Bruce Sayre
1975---Bob Barnett
1976---Rick Pincombe
1977---Rick Pincombe

MOST INSPIRATIONAL RUNNER AWARD

1975---Dave Shrock
1976---Dave Shrock
1977---Joe Green

COLLEGE OF SAN MATEO

1977 SEASONAL TIME COMPARISONS

Name	CSM Annual Beach Run	GGC Invitational	CSM - Foothill - Chabot	CSM Invitational	CSM - Laney - De Anza - Canada	DVC - C.C.S.F. - CSM	Mt. SAC Invitational	CSM - West Valley - San Jose	GGC Championships	NorCal Championships	State Championships
<u>MEN</u>											
Paul Mello	21:40.3	21:10	20:56	21:37	21:04	21:34	20:07	19:54	19:58	19:52	20:06
Rick Pincombe	22:26	22:18	21:56	21:32	21:28	22:04	20:46	20:05	20:10	20:13	19:44
Rick Baldocchi	22:09	22:08		22:31	22:26	22:37		20:38	21:40	21:03	20:30
Kevin Farey	22:32	23:03	22:10	23:08			22:36	22:21	22:01	21:37	21:29
Ken McBride	22:46	22:27	22:05	22:20	22:36	22:47	21:30	21:30	22:18		
Joe Green	23:12	22:57	22:12	21:42	21:57	22:08	20:37	20:22	20:39	20:29	20:27
Pete Ild	23:42	23:29	23:00	22:43	22:31	23:48	22:30	21:37	21:43	21:33	22:04
Chris Petit	24:22	22:42	24:26	22:44	22:15	23:22	21:24	21:23	22:58	22:08	21:06
Walt Haight	24:39	24:03	23:36	24:00	23:13	24:05			24:16		
Randy DeAragon		30:19	25:29	29:39	29:23	27:46			25:54		
Jon Tscharner	26:42	25:57		25:43	27:21	27:03		24:06	23:53		
Ron Sherrin		23:40	23:09	22:33	22:42	23:36	21:57	21:40			
Ken Wernick	25:13	24:20			25:21	26:14		22:47	22:32		
Dave Weikel	25:28	24:40	23:53	23:36	23:17	24:10		22:17	22:24		
<u>WOMEN</u>											
Mercedes Brucker		30:31	21:19	20:51	21:35	21:01		19:07	20:05	19:29	19:32
Molly Newlon		28:59	21:11	21:16		22:03		20:08	20:25	20:14	20:14
Gail Smithson		30:25	22:02	22:16	23:35	22:35		21:54	23:07		
Joye Scott		33:50	23:59	24:14	25:55			23:41	23:17		
Carolyn Mahoney		35:52	24:26	25:05	25:55	23:47		22:12	25:44		
Liz O'Conner		36:51	25:53								
Stella Edwinton					26:47	24:40					

COLLEGE OF SAN MATEO

1977 CROSS COUNTRY TEAM RANKINGS

Name	CSM Annual Beach Run	GGC Invitational	Foothill - Chabot	CSM Invitational	Laney - Canada - De Anza	Diablo Valley - CCSF	Mt. SAC Invitational	San Jose - West Valley	GGC Meet	NorCal Championships	State Championships	TOTAL	Team Average for Season
Baldocchi, Rick	2	2	2	5	5	4	--	4	4	4	4	36	3.6
De Aragon, Randy	--	14	12	--	12	13	--	--	12	--	--	63	12.6
Farey, Kevin	4	7	5	7	--	--	--	10	6	6	6	51	6.37
Green, Joe	6	6	6	3	3	3	2	3	3	3	3	44	4.0
Haight, Walter	8	10	8	--	8	9	--	--	--	--	--	43	8.6
Ild, Peter	7	8	7	6	--	8	--	7	5	5	7	60	6.6
McBride, Ken	5	4	4	4	6	5	6	6	7	--	--	47	5.2
Mello, Paul	1	1	1	2	1	1	1	1	1	1	2	13	1.18
Petit, Chris	--	5	10	--	4	6	5	5	10	7	5	57	6.3
Pincombe, Rick	3	3	3	1	2	2	3	2	2	2	1	24	2.18
Sherrin, Ron	--	9	--	--	7	7	--	8	8	--	--	39	7.8
Tscharner, Jon	11	13	11	--	11	12	--	12	11	--	--	81	11.57
Weikel, David	10	12	9	--	9	10	--	9	9	--	--	68	9.7
Wernick, Ken	9	11	--	--	10	11	--	11	--	--	--	52	10.4

COLLEGE OF SAN MATEO

GOLDEN GATE CONFERENCE

1977 MEN'S CROSS COUNTRY RESULTS

San Mateo 8-1

22	De Anza	37
17	Chabot	42
16	Foothill	45
21	Diablo Valley	34
15	C.C.S.F.	50
29	West Valley	28
23	San Jose	32
15	Laney	50
18	Canada	45

Foothill 2-6-1

43	San Jose	18
45	Diablo Valley	16
45	San Mateo	16
34	Chabot	23
42	West Valley	19
38	De Anza	21
16	Laney	46
19	C.C.S.F.	39
28	Canada	28

West Valley 9-0

15	Chabot	48
15	C.C.S.F.	50
20	De Anza	39
19	Foothill	42
21	Diablo Valley	34
16	Laney	50
28	San Mateo	29
23	San Jose	32
16	Canada	47

Chabot 4-5

48	West Valley	15
15	C.C.S.F.	50
42	San Mateo	17
23	Foothill	34
33	San Jose	23
30	Diablo Valley	25
15	Laney	50
30	De Anza	25
19	Canada	39

San Jose 7-2

18	Foothill	43
24	Diablo Valley	33
18	De Anza	41
15	C.C.S.F.	49
23	Chabot	33
15	Laney	50
23	San Mateo	32
23	West Valley	32
17	Canada	44

San Francisco 1-8

50	West Valley	15
50	Chabot	15
45	De Anza	17
49	San Jose	15
50	Diablo Valley	15
50	San Mateo	15
39	Foothill	19
15	Laney	Incomplete
39	Canada	17

De Anza 5-4

37	San Mateo	22
15	Laney	50
41	San Jose	18
17	C.C.S.F.	45
39	West Valley	20
21	Foothill	38
31	Diablo Valley	26
25	Chabot	30
22	Canada	39

Laney 0-9

50	San Mateo	15
50	De Anza	15
50	San Jose	15
49	Diablo Valley	15
50	West Valley	16
46	Foothill	16
Incomplete	C.C.S.F.	15
50	Chabot	15
41	Canada	18

Diablo Valley 6-3

16	Foothill	45
33	San Jose	24
34	San Mateo	21
15	C.C.S.F.	50
15	Laney	49
34	West Valley	21
26	De Anza	31
25	Chabot	30
16	Canada	43

Canada 2-6-1

45	San Mateo	18
47	West Valley	16
39	De Anza	22
28	Foothill	28
43	Diablo Valley	16
39	Chabot	19
17	C.C.S.F.	39
44	San Jose	17
18	Laney	41

1977 - DUAL MEET STANDINGS

1.	West Valley College	9-0
2.	COLLEGE OF SAN MATEO	8-1
3.	San Jose City College	7-2
4.	Diablo Valley College	6-3
5.	De Anza College	5-4
6.	Chabot College	4-5
7.	Canada College	2-6-1
8.	Foothill College	2-6-1
9.	City College of San Francisco	1-8
10.	Laney College	0-9

COLLEGE OF SAN MATEO

Golden Gate Conference

1977 WOMEN'S CROSS COUNTRY RESULTS

San Mateo 4-4

34	De Anza	21
W	Chabot	Incomplete
33	Foothill	22
W	Diablo Valley	F
W	C.C.S.F.	F
45	West Valley	17
15	San Jose	F
33	Canada	22

Foothill 6-2

W	San Jose	F
--	Diablo Valley	--
22	San Mateo	33
W	Chabot	F
33	West Valley	22
--	De Anza	--
W	C.C.S.F.	F
35	Canada	31

West Valley 8-0

W	Chabot	F
W	C.C.S.F.	F
W	De Anza	F
22	Foothill	33
17	San Mateo	45
15	San Jose	F
23	Canada	34
W	Diablo Valley	F

Chabot 3-4

F	West Valley	W
--	C.C.S.F.	--
Incomplete	San Mateo	33
F	Foothill	W
--	San Jose	--
--	Diablo Valley	--
F	De Anza	W
F	Canada	W

San Jose 0-5

F	Foothill	W
--	Diablo Valley	--
--	De Anza	--
--	C.C.S.F.	--
--	Chabot	--
F	San Mateo	15
F	West Valley	15
F	Canada	W

San Francisco 0-5

F	West Valley	W
--	Chabot	--
--	De Anza	--
--	San Jose	--
W	Diablo Valley	F
F	San Mateo	W
F	Foothill	W
W	Canada	F

De Anza 2-2

21	San Mateo	34
--	San Jose	--
--	C.C.S.F.	--
F	West Valley	W
--	Foothill	--
--	Diablo Valley	--
W	Chabot	F
--	Canada	--

Diablo Valley 0-5

--	Foothill	--
--	San Jose	--
F	San Mateo	W
F	C.C.S.F.	W
F	West Valley	W
--	De Anza	--
--	Chabot	--
L	Canada	W

F - Forfeit

Canada 6-2

34	West Valley	23
31	Foothill	35
22	San Mateo	33
W	Chabot	F
--	De Anza	--
W	Diablo Valley	L
W	C.C.S.F.	F
W	San Jose	F

1977 - DUAL MEET STANDINGS

1.	WEST VALLEY COLLEGE	8-0
2.	Canada College	6-2
3.	Foothill College	6-2
4.	COLLEGE OF SAN MATEO	4-4
5.	Chabot College	3-4
6.	De Anza College	2-2
7.	Diablo Valley College	0-5
8.	San Jose City College	0-5
9.	City College of San Francisco	0-5

NORTHERN CALIFORNIA CHAMPIONSHIP WINNERS

(Since 1965)

Fresno City College	1965	36 points (all time low)
Sacramento City College	1966	75 points
American River College	1967	46 points
COLLEGE OF SAN MATEO	1968	82 points
City College of San Francisco	1969	81 points
Fresno City College	1970	96 points (all time high)
Fresno City College	1971	55 points
American River College	1972	64 points
San Joaquin Delta College	1973	84 points
San Joaquin Delta College	1974	53 points
San Joaquin Delta College	1975	38 points
American River College	1976	39 points
American River College	1977	37 points

CALIFORNIA STATE MEET CHAMPIONS

(Since 1964)

San Diego Mesa College	1964	57 points
Grossmont College	1965	63 points
Pierce College	1966	76 points
Pasadena College	1967	47 points
Los Angeles Valley College	1968	50 points
Los Angeles Valley College	1969	39 points (all time low)
Los Angeles Valley College	1970	39 points
El Camino College	1971	54 points
Grossmont College	1972	46 points
Grossmont College	1973	89 points
Grossmont College	1974	54 points
Grossmont College	1975	43 points
Grossmont College	1976	44 points
Grossmont College	1977	68 points

COLLEGE OF SAN MATEO

1977 MEN'S CROSS COUNTRY

Course: Crystal Springs, Belmont California

Distance: 4.19 Miles

Top Times - 21:00 Minutes or Better (Started 1972)

<u>Rank</u>	<u>Time</u>	<u>Name</u>	<u>College</u>
1.	20:13.6	Ted Quintana - 1974	Chabot College
2.	20:13.8	Mitch Kingery - 1976	College of San Mateo
3.	20:15.2	Bob Paulin - 1976	West Valley College
4.	20:20	Phillip Hornig - 1976	Chabot College
5.	20:21	Ben De La Garza - 1973	Cabrillo College
6.	20:26	Matt Sommer - 1974	West Valley College
7.	20:28	Charlie Hernandez - 1976	Santa Rosa Junior College
8.	20:32	Roy Hogle - 1975	San Jose City College
9.	20:33	Arthur Baudendistel - 1976	American River College
	20:33	Jim Mebust - 1976	American River College
	20:33	Eric Huff - 1976	Cuesta College
10.	20:35	Wally Montenegro - 1976	San Jose City College
	20:35	Paul Fredrickson - 1974	De Anza College
11.	20:36	Dan Aldridge - 1976	Santa Rosa Junior College
12.	20:37	Bob Barnett - 1976	College of San Mateo
13.	20:38	Mike Emry - 1975	Diablo Valley College
14.	20:39	Steve Brooks - 1973	San Jose City College
	20:39	Juan Garcia - 1975	College of Sequoias
15.	20:40	Tim Chain - 1976	De Anza College
16.	20:42	Gary Sutherland - 1976	American River College
17.	20:45	Tim Farrell - 1976	American River College
18.	20:48	Jim VanDine - 1972	College of San Mateo
	20:48	Kevin Searls - 1976	Diablo Valley College
19.	20:50	Henry Perez - 1974	San Joaquin Delta College
	20:50	Artie Rios - 1974	West Valley College
	20:50	Greg Eger - 1975	De Anza College
20.	20:51	Shawn James - 1975	San Jose City College
	20:51	Earl Lagomarcino - 1976	American River College
21.	20:53	Roger Cassilas - 1974	San Joaquin Delta College
22.	20:55	Marty Krenn - 1975	San Jose City College
	20:55	Alex. Aquilar - 1975	San Jose City College
23.	20:56	Brad Brown - 1976	San Joaquin Delta College
	20:56	Paul Mello - 1977	College of San Mateo
	20:56	Tim Holmes - 1977	Modesto Junior College
24.	20:57	Doug Padilla - 1974	Chabot College
25.	21:00	Craig Sullivan - 1974	West Valley College
	21:00	Jose Renteria - 1976	Fresno City College
	21:00	Tim Farrell - 1977	American River College

79.	A. Guitierrez	Cabrillo	24:09	94.	Unknown		25:33
80.	A. Feliz	Delta	24:12	95.	Unknown		25:36
81.	B. Cowell	De Anza	24:17	96.	M. Driscall	Cabrillo	25:45
82.	JON TSCHARNER	CSM	24:19	97.	Unknown		25:51
83.	T. Johnson	Chabot	24:19	98.	S. Peterson	Chabot	26:00
84.	D. Place	Yuba	24:31	99.	B. Hoffland	Cabrillo	26:06
85.	B. Kennedy	Marin	24:37	100.	Unknown		26:51
86.	K. Stovall	Cabrillo	24:38	101.	B. Johnson	De Anza	26:55
87.	J. Hoffer	Chabot	24:39	102.	V. Reyes	Cuesta	27:02
88.	D. Crandall	Cabrillo	24:53	103.	KELLY WESTON	CSM	27:03
89.	E. Ferrari	SF	24:56	104.	R. Fenton	Cabrillo	27:10
90.	J. Leong	SF	25:01	105.	M. Cannan	Cuesta	27:35
91.	L. Thiel	De Anza	25:22	106.	Coach Orognan	Yuba	28:58
92.	T. Everett	SF	25:31	107.	Unknown	29	29:48
93.	COACH BOB RUSH	CSM	25:31				

Ken McBride



Kevin Farey

GOLDEN GATE CONFERENCE INVITATIONAL

Team Scoring (Based on times of first 5 men)

1. <u>WEST VALLEY Total Time-1:50.23</u>	8. <u>COLLEGE OF SEQUOIAS Total Time-1:55.19</u>
Doug Aurit 21:23	Swift Katepa 21:39
Bob Paulin 21:34	Phil Wright 23:05
Vance Eberly 22:11	Al Villarreal 23:07
Leroy Blumbaca 22:27	Eric McDonald 23:14
Gregg Szanto 22:48	Travis Rhoden 23:14
2. <u>SAN JOSE CC Total Time-1:50.25</u>	9. <u>MARIN COLLEGE Total Time-1:55.43</u>
Paul Sechrist 21:48	Mike Timmerman 21:40
Greg Miller 21:56	Greg Zentner 22:35
Joe Fabris 22:08	Rich Matthews 23:13
Bill Joseph 22:14	Tom McCarthy 24:01
Joe Salazar 22:19	Brooke Chesnut 24:14
3. <u>FRESNO Total Time-1:50.38</u>	10. <u>DE ANZA Total Time-1:55.45</u>
Jose Renteria 21:25	Danny Grimes 22:21
Valentine Ramos 21:58	Mike McQueeney 22:38
Tim Elming 22:00	Steve Nelson 22:46
Efren Balderos 22:37	Rick O'Dell 23:47
Steve Hulce 22:38	Tim Olson 24:13
4. <u>COLLEGE OF SAN MATEO Total Time-1:50.45</u>	11. <u>SANTA ROSA JC Total Time-1:57.20</u>
PAUL MELLO 21:10	Jerry Drew 22:17
RICK BALDOCCHI 22:08	Jim Reichle 23:06
RICK PINCOMBE 22:18	Eric Peterson 23:24
KEN MCBRIDE 22:27	Jamie Fantozzi 23:59
CHRIS PETIT 22:42	Dave Hoagland 24:34
5. <u>DIABLO VALLEY Total Time-1:52.55</u>	12. <u>FOOTHILL Total Time-1:58.09</u>
Kevin Searls 21:58	John Cassare 22:05
Ron Criner 22:07	Luis Hidalgo 23:18
Greg Cross 22:32	Kevin O'Halloran 23:42
Bryan March 22:44	Fred Knab 24:04
Greg Balbierz 23:34	Conner Taylor 25:00
6. <u>DELTA Total Time-1:53.09</u>	13. <u>AMERICAN RIVER Total Time-1:59.40</u>
Brad Brown 21:46	Brent Cushenberry 23:02
Kris Koris 22:19	Juan Torres 23:17
Rick Baker 22:39	Terry Hodgkins 24:16
Gonzalo Aguilar 23:01	Mark Lonczak 24:24
Craig Wells 23:24	Ken Pinnegar 24:41
7. <u>CHABOT Total Time-1:55.01</u>	14. <u>C.C.S.F. Total Time-2:04.12</u>
Mike Plummer 22:30	Hashim Bashrudin 23:31
Jeff Cowling 22:50	Pete Nowicki 25:03
Richard Arital 22:56	Mike Eshia 25:08
Jeff Farmer 23:12	Joe Lee 25:13
Malcom 23:33	Carl Machafes 25:17

GOLDEN GATE INVITATIONAL

MEN'S RACE

Course: Golden Gate Park, San Francisco
 Weather: Clear and Sunny

Date: October 1, 1977
 Distance: 4.0 Miles

INDIVIDUAL RESULTS

1. PAUL MELLO	CSM	21:10	31. Steve Hulce	Fresno	22:38.2
2. Doug Avrit	WVC	21:23	32. Mike McQueeney	De Anza	22:38.9
3. Jose Penteria	Fresno	21:25	33. Ricky Baker	Delta	22:39
4. Bob Paulin	WVC	21:34	34. Scott Lind	SJCC	22:41
5. Swift Katepa	Sequoias	21:39	35. CHRIS PETIT	CSM	22:42
6. Mike Timmerman	Marin	21:40	36. Bryan March	DVC	22:44
7. Brad Brown	Delta	21:46	37. Steve Nelson	De Anza	22:46
8. Paul Sechrist	SJCC	21:48	38. Gregg Szanto	WVC	22:48
9. Greg Miller	SJCC	21:56	39. Jeff Cowling	Chabot	22:50
10. Valentine Ramos	Frsno	21:58.2	40. Richard Arital	Chabot	22:56
11. Kevin Searls	DVC	21:58.8	41. JOE GREEN	CSM	22:57
12. Tim Elming	Fresno	22:00	42. Larry Bergkamp	WVC	23:00
13. John Cassara	Foothill	22:05	43. Gonzalo Aguilar	Delta	23:01
14. Ron Criner	DVC	22:07	44. Brent Cushenberry	ARC	23:02
15. RICK BALDOCCHI	CSM	22:08.1	45. Ray Russell	WVC	23:03.1
16. Joe Fabris	SJCC	22:08.9	46. KEVIN FAREY	CSM	23:03.4
17. Vance Eberly	WVC	22:11	47. Phil Wright	Sequoias	23:05
18. Bill Joseph	SJCC	22:14	48. Jim Reichle	SRJC	23:06
19. Jerry Drew	SRJC	22:17	49. Al Villarreal	Sequoias	23:07
20. RICK PINCOMBE	CSM	22:18	50. Terry Stellma	SJCC	23:08
21. Joe Salazar	SJCC	22:19.4			
22. Chris Koris	Delta	22:19.9			
23. Danny Grimes	De Anza	22:21			
24. Dave Parish	SJCC	22:24	59. PETER ILD	CSM	23:29
25. KEN MCBRIDE	CSM	22:27.3	68. RON SHERRIN	CSM	23:40
26. Leroy Bumbaca	WVC	22:27.9	77. WALT HAIGHT	CSM	24:03
27. Mike Plummer	Chabot	22:30	87. KEN WERNICK	CSM	24:26.8
28. Greg Cross	DVC	22:32	92. DAVE WEIKEL	CSM	24:40.3
29. Greg Zentner	Marin	22:35	101. JON TSCHARNER	CSM	24:57
30. Efren Balderos	Fresno	22:37	147. RANDY DE ARAGON	CSM	30:19

GOLDEN GATE CONFERENCE INVITATIONAL

Team Scoring (Based on times of first 5 men)

1. COLLEGE OF SAN MATEO Total Time - 2:39.37

MOLLY NEWLON	28:59
GAIL SMITHSON	30:25
MERCY BRUCKER	30:31
JOYE SCOTT	33:50
CAROLYN MAHONEY	35:52

2. COLLEGE OF SEQUOIAS Total Time - 2:46.30

Pat Cervantes	31:37
Diane Nail	32:10
Diane Sisson	33:29
Gabriella Nunez	34:37
Joslyn Baca	34:37

3. CHABOT COLLEGE Total Time - 3:07.16

Diane Stohr	33:09
Cathy Honour	35:46
Dana Mills	38:22
Debbie Santa Maria	39:06
Margaret Gonsalves	40:53

GOLDEN GATE INVITATIONAL

WOMEN'S RACE

Course: Golden Gate Park, San Francisco
 Weather: Clear and Sunny

Date: October 1, 1977
 Distance: 4.0 Miles

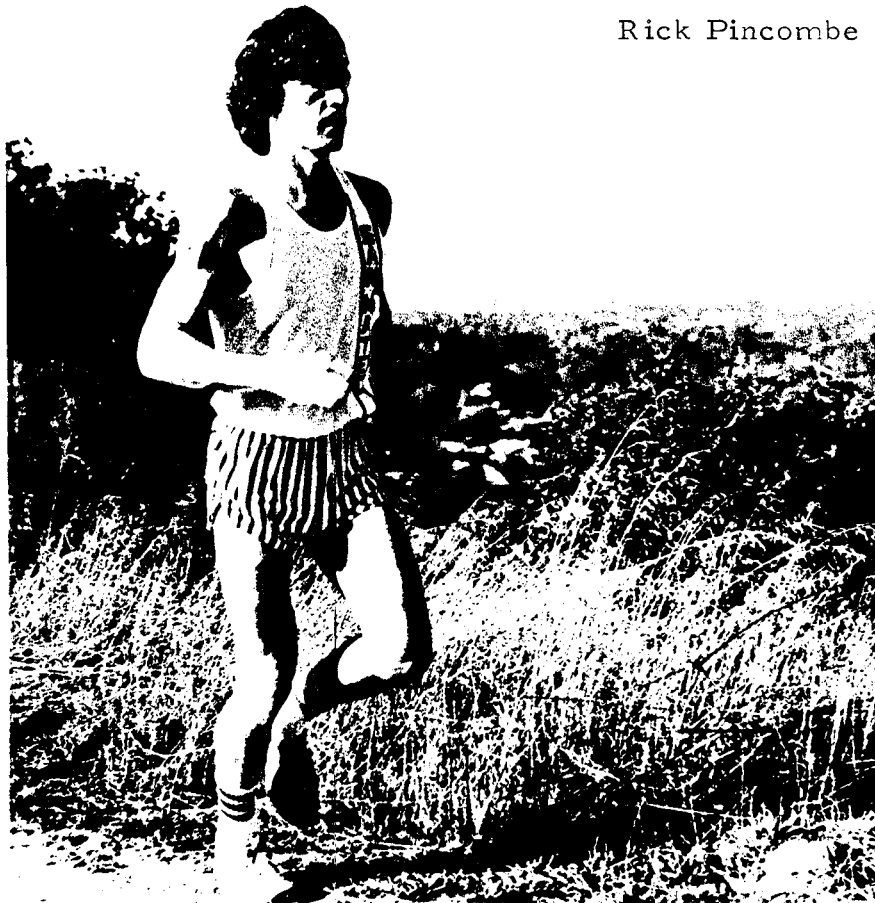
INDIVIDUAL RESULTS

<u>PLACE</u>	<u>NAME</u>	<u>TIME</u>	<u>SCHOOL</u>
1	Sue Munday	26:19	San Jose
2	Marily Taylor	26:36	De Anza
3	Sharon Hehner	26:59	De Anza
4	Connie Hester	28:07	Fresno
5	Veronica Venezia	28:22	Marin
6	Grace Robles	28:24	Fresno
7	April Powers	28:35	De Anza
8	Nora Vargas	28:37	Fresno
9	MOLLY NEWLON	28:59	SAN MATEO
10	Nancy Timmerman	29:27	Marin
11	GAIL SMITHSON	30:25	SAN MATEO
12	MERCY BRUCKER	30:31	SAN MATEO
13	Julie McCarthy	30:38	Marin
14	Mary Risboldt	30:45	Diablo Valley
15	Diana Sun	30:47	Foothill
16	Norma Naylor	31:22	De Anza
17	Pat Cervantes	31:37	College of Sequoias
18	Dianne Nail	32:10	College of Sequoias
19	Connie Froehlich	32:26	Diablo Valley
20	Not Reported	32:31	
21	Julie Fahl	32:53	Marin
22	Anna Noel	33:00	Delta
23	Diane Stohr	33:09	Chabot
24	Jocelyn Sisson	33:29	College of Sequoias
25	JOYE SCOTT	33:50	SAN MATEO
34	CAROLYN MAHONEY	35:52	SAN MATEO
35	LIZ O'CONNER	36:51	SAN MATEO
41	DENISE BANGRET	42:36	SAN MATEO

Paul Mello



Rick Pincombe



COLLEGE OF SAN MATEO

NINTH ANNUAL BEACH RUN

1977

Course: Half Moon Bay
 Weather: Windy and Misty
 Distance: About 4 miles

Date: September 17, 1977
 Time: 9:02 a.m.

TEAM RESULTS

1. West Valley College	(2,3,4,8,15)	32	1:50.46
2. College of San Mateo	(1,6,10,12,16)	45	1:51.23
3. Monterey Peninsula College	(7,9,14,17,18)	65	1:52.48
4. Allan Hancock College	(5,20,22,23,27)	97	1:55.01
5. College of Marin	(11,13,30,32,33)	119	2:00.10
Foothill College (Incomplete)			
Cabrillo College (Incomplete)			

INDIVIDUAL RESULTS

1. PAUL MELLO	CSM	21:40.3	37. Paul Hamilton	MPC	24:39
2. Bob Paulin	WVC	21:48	38. WALT HAIGHT	CSM	24:39
3. Doug Aurit	WVC	21:49	39. Tom McCarthy	MARIN	24:49
4. Gregg Szanto	WVC	21:58	40. Howard Wallace	AHC	24:56
5. Eero Kerano	AHC	22:07	41. Gregg Chavez	MARIN	25:00
6. RICK BALDOCCHI	CSM	22:09	42. KEN WERNICK	CSM	25:13
7. Steve Watkins	MPC	22:11	43. Bob Trumbull	MARIN	25:20
8. Vance Ederly	WVC	22:20	44. DAVE WEIKEL	CSM	25:28
9. Tim Minor	MPC	22:24	45. CHUCK ARNOLD	CSM	25:37
10. RICH PINCOMBE	CSM	22:26	46. George Thorp	AHC	25:41
11. Mike Timmermann	MARIN	22:27	47. Phil Adams	MPC	25:45
12. KEVIN FAREY	CSM	22:32	48. Bob Kennedy	MARIN	26:00
13. Rick Matthews	MARIN	22:34	49. Gene Antone	WVC	26:11
14. Rick Guilfooy	MPC	22:34	50. JOHN TSCHARNER	CSM	26:42
15. Jim Gradone	CAB	22:40	51. Steve Brisby	MPC	26:46
16. Larry Beracamp	WVC	22:44	52. Bob Hoffland	CAB	26:55
17. KEN MCBRIDE	CSM	22:46	53. George McAfee	MPC	27:03
18. Bob Wellick	MPC	22:48	54. Jeff Tolhurst	MPC	28:01
19. Mike Kennada	MPC	22:49	55. KELLY WESTON	CSM	29:22
20. Leroy Blumbach	WVC	22:50	56. *Susie Locke	MARIN	29:34
21. Koy Kendrick	AHC	22:53	57. Rich Fenton	CAB	29:53
22. Ray Russel	WVC	22:59	58. *Voronica Menezia	MARIN	30:01
23. Bob Tapia	AHC	23:00	59. *Sue Miller	CAB	30:08
24. Ivan Huff	AHC	23:07	60. *Nancy Timmermann	MARIN	30:34
25. ERIC BENSON	CSM	23:10	61. *Julie McCarthy	MARIN	31:26
26. JOE GREEN	CSM	23:12	62. *Karen Hardy	CAB	31:55
27. Luis Hadalgo	FOOT	23:37	63. Charles Wigle	?	33:08
28. PETER ILD	CSM	23:42	64. *Val Roberts	CAB	34:26
29. Mark Jensen	MPC	23:45	65. *Julie Toso	MARIN	35:06
30. Rick Schuerman	AHC	23:48	66. *Suzanne Hudak	MARIN	37:48
31. Steve Tamagni	MPC	23:56	67. *Katie Ingack	MPC	38:57
32. Craig Hendricks	CAB	24:12	68. *Toni Bascv	MARIN	38:58
33. CHRIS PETIT	CSM	24:22	69. *Nettie Forcier	CAB	40:05
34. Steve Bruns	WVC	24:25	70. *Uahi Englert	MPC	43:10
35. Dan Edwards	MPC	24:32	71. *Phillis Brown	MPC	51:13
36. Mike Lange	AHC	24:38			

*Women's Division

1. Susie Locke	Marin	29:34
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Joe Green



Rick Baldocchi

YOSEMITE INVITATIONALSeptember 23, 1977Course: Mirror Lake
Distance: 4.0 MilesWeather: Cool and Windy
Record Holder: Alfred Lara
1976 - 20:08TEAM SCORES

1. FCC	50 pts.	7. Chabot	216 pts.
2. Delta	84 pts.	8. Cuesta	248 pts.
3. COLLEGE OF SAN MATEO	91 pts.	9T. Yuba	286 pts.
4. Marin	144 pts.	9T. Cabrillo	286 pts.
5. De Anza	167 pts.	11. SF	388 pts.
6. SR	180 pts.		

INDIVIDUAL SCORES

1. PAUL MELLO	CSM	20:16	40. R. Welch	Cuesta	22:32
2. M. Galligan	Yuba	20:22	41. PETER ILD	CSM	22:33
3. J. Renteria	FCC	20:33	42. C. Hendricks	Cabrillo	22:35
4. M. Timmerman	Marin	20:34	43. M. Pincotti	FCC	22:37
5. S. Hulce	FCC	20:37	44. G. Dunklau	FCC	22:38
6. J. Drew	SR	20:40	45. J. Farmer	Chabot	22:38
7. B. Brown	Delta	20:47	46. B. Trumbull	Marin	22:40
8. RICK BALDOCCHI	CSM	20:47	47. G. Carnes	Cuesta	22:43
9. V. Ramos	FCC	20:58	48. R. O'Dell	De Anza	22:44
10. G. Zenter	Marin	20:59	49. D. Malcolm	Chabot	22:45
11. T. Elming	FCC	20:59	50. I. Suarez	CSUF	22:48
12. G. Aguilar	Delta	21:08	51. P. Shaughnessy	Chabot	22:48
13. B. Betancourt	FCC	21:15	52. KEVIN FAREY	CSM	22:53
14. C. Koris	Delta	21:18	53. R. Ripplinger	De Anza	22:55
15. J. Gradone	Cabrillo	21:18	54. D. Hoagland	SR	22:56
16. D. Grimes	De Anza	21:19	55. J. Logan	Delta	22:57
17. Unknown		21:30	56. E. Landis	Yuba	22:57
18. R. Baker	Delta	21:32	57. T. Carualho	Delta	22:59
19. J. Riechle	SR	21:33	58. WALT HAIGHT	CSM	23:00
20. J. Mitchell	Cuesta	21:35	59. CHRIS PETIT	CSM	23:05
21. R. Matthews	Marin	21:37	60. H. Bashrudden	SF	23:11
22. J. Merrow	FCC	21:39	61. T. Chan	Delta	23:11
23. KEN MCBRIDE	CSM	21:42	62. D. Selzer	SR	23:20
24. M. McQueeney	De Anza	21:43	63. T. McCarthy	Marin	23:25
25. JOE GREEN	CSM	21:45	64. J. Garcia	Cabrillo	23:25
26. S. Nelson	De Anza	21:47	65. T. Martuscelli	De Anza	23:27
27. R. Ortiz	CSUF	21:50	66. P. Rice	Marin	23:31
28. M. Alfaro	CSUF	21:54	67. L. Webster	De Anza	23:32
29. J. Stopper	Yuba	21:57	68. E. Balderas	FCC	23:39
30. R. Antal	Chabot	21:58	69. ERIC BENSON	CSM	23:40
31. M. Plummer	Chabot	22:01	70. E. Holcomb	FCC	23:50
32. S. Peterson	FCC	22:03	71. DAVE WEIKEL	CSM	23:51
33. C. Wells	Delta	22:13	72. J. Magdaleno	Delta	23:52
34. RICK PINCOMBE	CSM	22:14	73. M. Eshia	SF	23:52
35. T. Cornell	CSUF	22:22	74. P. Nowicki	SF	23:52
36. B. Mills	CSUF	22:23	75. D. Bennett	Delta	23:56
37. S. Onaga	Cuesta	22:24	76. T. Olson	De Anza	23:57
38. Unknown		22:28	77. A. Remington	Delta	24:00
39. E. Peterson	SRJC	22:31	78. R. Maathuis	De Anza	24:06



Chris Petit



Peter Hd

COLLEGE OF SAN MATEO

Golden Gate Conference

CSM-Host - 3:00 pm
 Crystal Springs Course, 4.2 miles
 Course Record: 20:13.6
 Ted Quintana-Chabot

Thursday, October 6, 1977
 Conditions: Mild-Warm

TEAM RESULTS - Men

College of San Mateo 1,2,3,4,6 = 16
 Foothill College 5,8,9,10,12 = 45

College of San Mateo 1,2,3,5,6 = 17
 Chabot College 4,7,9,10,12 = 42

Chabot College 1,3,5,6,7 = 23
 Foothill College 2,4,8,10,12 = 34

TEAM RESULTS - Women

33
 22

win
 incomplete

incomplete
 win

MEN - 4.2 mile course
 Individual Results

1.	PAUL MELLO	CSM	20:56
2.	RICK BALDOCCHI	CSM	21:44
3.	RICK PINCOMBE	CSM	21:56
4.	Jeff Dowling	C	22:02
5.	KEN McBRIDE	CSM	22:05
6.	G. Cassara	F	22:05
7.	KEVIN FAREY	CSM	22:10
8.	Rich Antai	C	22:11
9.	JOE GREEN	CSM	22:12
10.	Luis Hildago	F	22:29
11.	Mike Plummer	C	22:44
12.	Jeff Farmer	C	22:47
13.	Kevin Ohallorahan	F	22:53
14.	PETER ILD	CSM	23:00
15.	RON SHERRIN	CSM	23:09
16.	Pat Shauhgnessy	C	23:20
17.	Fred Knab	F	23:22
18.	Don Malcolm	C	23:35
19.	WALT HAIGHT	CSM	23:36
20.	DAVE WEIKEL	CSM	23:53
21.	Steve Peterson	C	24:11
22.	James Hoffer	C	24:21
23.	CHRIS PETIT	CSM	24:35
24.	Conner Taylor	F	24:42
25.	Terry Johnson	C	24:59
26.	Dan Boulter	C	25:38
27.	JON TSHARNER	CSM	25:50
28.	Steve Logan	F	25:53
29.	Todd Barbaruch	F	27:10
30.	James Bolt	F	28:10
31.	Kevin Daghton	C	29:32
32.	RANDY DEARAGON	CSM	30:29
33.	Don Medley	F	NT

WOMEN - 3 mile course
 Individual Results

1.	Penny DeMoss	F	18:41.5
2.	Debbie Dobbs	F	19:24.9
3.	MOLLY NEWLON	CSM	21:11
4.	Diana Sun	F	21:17
5.	MERCEDES BRUCKER	CSM	21:19
6.	Diana Stohr	C	21:40
7.	Gail Smithson	C	22:02
8.	Debbie Zwick	F	23:27
9.	Kit Russell	F	23:34
10.	Kacy Midvedt	F	23:43
11.	Chris Callas	F	23:53
12.	Kathy Honour	C	23:56
13.	JOYE SCOTT	CSM	23:59
14.	CAROLYN MAHONEY	CSM	24:26
15.	Laurie Machado	F	25:05
16.	LIZ OCONNOR	CSM	26:11
17.	Karen Chapman	C	26:45
18.	Marg Gonsalvez	C	27:23
19.	DENISE BANGRET	CSM	31:27
20.	Chris Howe	F	31:33

COLLEGE OF SAN MATEO

CROSS COUNTRY

At: Crystal Springs Course
Weather: Warm and Clear

Date: October 8, 1977
Distance: 4.1 miles

SIXTH ANNUAL COLLEGE OF SAN MATEO-CRYSTAL SPRINGS INVITATIONAL

Small School ResultsTEAM RESULTS

1. Monterey Peninsula	75	11. Shasta	246
2. Porterville	137	12. Canada	265
3. Sierra	138	13. Marin	282
4. Solano	150	14. Siskiyou	333
5. Chabot	164	15. Cabrillo	352
6. Butte	190	16. Merritt	382
7. Skyline	195	17. Lassen	384
8. Sequoias	199	18. Redwood	436
9. Yuba	227	19. Columbia	523
10. Merced	243	20. Consumnes	Inc.

INDIVIDUAL RESULTS

1. Joaquin Leano	Port.	20:45.5	35. Fred Villegas	Merced	22:55
2. Swift Katepa	Sequoias	21:07.5	36. Mario Caldera	Port.	22:56
3. Tim Minor	Monterey	21:15	37. Frank Boone	Butte	22:57
4. Mike Timmerman	Marin	21:21	38. Phil Wright	Sequoias	22:59
5. Dan Navarro	Sierra	21:29	39. Mike Kennada	Monterey	23:03
6. Steve Watkins	Monterey	21:32	40. Phil Adams	Monterey	23:04
7. Edgar Leano	Port.	21:35	41. Dave Cortez	Canada	23:07
8. Mike Wright	Solano	21:37	42. Paul Mallory	Shasta	23:09
9. Jim Gradone	Cabrillo	21:39	43. Dave West	Merritt	23:09
10. Jim Sane	Sierra	21:42	44. Al Villarreal	Sequoias	23:11
11. Rick Guilfooy	Monterey	21:50	45. Dave Acosta	Merritt	23:13
12. Kurt Vineyard	Solano	21:56	46. Bill Gregg	Butte	23:14
13. Bill Galaviz	Yuba	21:58	47. Hagadorn	Shasta	23:15
14. Frank Dauncey	Lassen	22:01	48. Eric McDonald	Sequoias	23:19
15. Mike Galligan	Yuba	22:04	49. Jeff Farmer	Chabot	23:22
16. Mark Jensen	Monterey	22:08	50. Pete Wilamoski	Solano	23:22
17. Mike Plummer	Chabot	22:10	51. Pat Shaughnessy	Chabot	23:23
18. Jeff Cowling	Chabot	22:12	52. Roger Campos	Skyline	23:26
19. Dave Grennier	Merced	22:15	53. Bob Wellick	Monterey	23:28
20. Rick Sanders	Shasta	22:20	54. Wayne Arrison	Redwood	23:29
21. Dan Donoghue	Solano	22:21	55. Tom McCarthy	Marin	23:30
22. Andy Wheeler	Port.	22:24	56. Tim Wilhite	Siskiyou	23:31
23. Mike Gulli	Skyline	22:26	57. Mark Nygaard	Sierra	23:31
24. Steve Harvey	Butte	22:28	58. Dave Meyers	Butte	23:34
25. Clarence Leonard	Butte	22:36	59. Stan Suderow	Solano	23:37
26. Greg McKinstry	Merced	22:39	60. Evon Quatse	Siskiyou	23:39
27. Dave Dunbar	Skyline	22:40	61. Jose Garcia	Cabrillo	23:40
28. George Sherman	Siskiyou	22:43	62. Ray Wieland	Canada	23:45
29. Rich Antal	Chabot	22:45	63. Steve Cornejo	Skyline	23:46
30. Bill Amable	Skyline	22:48	64. Don Malcolm	Chabot	23:47
31. Jeff Stopper	Yuba	22:49	65. Stephen Peterson	Chabot	23:47
32. Terry Ogg	Sierra	22:49	66. Tim Meidlinger	Merritt	23:54
33. Rick Matthews	Marin	22:50	67. Travis Rhoden	Sequoias	24:00
34. Jeff Nixon	Sierra	22:51	68. Ken Riely	Shasta	24:03

INDIVIDUAL RESULTS

69. Bret Rohner	Shasta	24:08	90. Dave Siemens	Solano	25:16
70. Ed Teague	Yuba	24:10	91. Randy Lamb	Butte	25:17
71. Juan Gonzales	Port.	24:10	92. Mohammad Nowrouz	Merritt	25:17
72. Scott Fedrizzi	Butte	24:13	93. Mike Clancy	Shasta	25:23
73. Steve Honey	Canada	24:17	94. Raney Hall	Cabrillo	25:25
74. Mark Limeburger	Consumnes	24:19	95. Ron Bishop	Siskiyou	25:29
75. Mike Skiff	Skyline	24:22	96. Randy Church	Redwood	25:37
76. Steve Zeilch	Sequoias	24:22	97. Phil McKay	Columbia	25:48
77. Dan Gazzigli	Shasta	24:23	98. Robert Carey	Siskiyou	25:50
78. Noe Virgil	Canada	24:28	99. Tony Rosenberger	Merced	25:51
79. Jerry McCurtain	Redwood	24:29	100. Ed Landis	Yuba	25:53
80. Chuck Perkins	Lassen	24:32	101. Chris Warren	Merritt	26:03
81. Ken Stovall	Cabrillo	24:38	102. Ron Rusten	Lassen	26:07
82. Rob Trumbull	Marin	24:43	103. Tom Lucas	Canada	26:07
83. Glenn Mathis	Consumnes	24:49	104. George Barraza	Merced	26:16
84. Bill Parker	Lassen	24:49	105. Gordon Wlasachuk	Sequoias	26:19
85. Tracy Booth	Sierra	25:00	106. Clew	Merritt	26:20
86. Rafael Portillo	Skyline	25:00	107. Scott MacDonald	Consumnes	26:24
87. Pat Clark	Solano	25:03	108. Bob Kennedy	Marin	26:40
88. Rafael Sanchez	Redwood	25:09	109. Robin Robbins	Lassen	26:49
89. Vic Pantaleoni	Columbia	25:15	110. Mike Crevelt	Columbia	27:01



Ken Wernick



GOLDEN GATE CONFERENCE

1977 CROSS COUNTRY

Host: San Jose City College
 Course: Hellyer Park - Coyote
 Time: 3:30 p.m.

Date: October 13, 1977
 Distance: Men's 4.0 Miles
 Women's 3.1 Miles

MEN'S TEAM SCORES

COLLEGE OF SAN MATEO	15
Laney College	56
COLLEGE OF SAN MATEO	18
Canada College	45
Laney College	50
De Anza College	15
COLLEGE OF SAN MATEO	22
De Anza College	37
Canada College	39
De Anza College	22

WOMEN'S TEAM SCORES

COLLEGE OF SAN MATEO	WIN
Laney College	Forfeit
COLLEGE OF SAN MATEO	33
Canada College	22
Laney College	Forfeit
De Anza College	Win
COLLEGE OF SAN MATEO	34
De Anza College	21
Canada College	33
De Anza College	22

INDIVIDUAL SCORES

1. PAUL MELLO	CSM	21:04	24. N. Vigil	Canada	24:25
2. RICK PINCOMBE	CSM	21:28	25. T. Martescelli	De Anza	24:45
3. G. Goodstein	Canada	21:36	26. R. Mayhuis	De Anza	24:55
4. S. Nelson	De Anza	21:51	27. L. Webster	De Anza	24:58
5. JOE GREEN	CSM	21:57	28. T. Lucas	Canada	25:11
6. M. McQueeney	De Anza	22:02	29. KEN WERNICK	CSM	25:21
7. D. Grimes	De Anza	22:03	30. G. Gavrillis	Canada	25:50
8. CHRIS PETIT	CSM	22:15	31. Sterling	Laney	26:02
9. RICK BALDOCCHI	CSM	22:26	32. B. Lucas	De Anza	26:02
10. PETER ILD	CSM	22:31	33. JON TSCHARNER	CSM	27:21
11. KEN MCBRIDE	CSM	22:36	34. Littlefield	Laney	27:40
12. RON SHERRIN	CSM	22:42	35. Brown	De Anza	27:57
13. R. Wieande	Canada	22:53	36. B. Johnson	De Anza	28:09
14. R. Odell	De Anza	23:00	37. Roosevelt	Laney	28:41
15. R. Orsua	De Anza	23:03	38. J. Smith	Laney	28:48
16. WALT HAIGHT	CSM	23:13	39. RANDY DEARAGON	CSM	29:23
17. DAVE WEIKEL	CSM	23:17	40. Kent	Laney	30:28
18. R. Ripplinger	De Anza	23:18	41. Trotter	Laney	31:04
19. T. Olson	De Anza	23:20	42. Rollins	Laney	31:33
20. L. Loder	Canada	23:43	43. Walker	Laney	33:57
21. S. Honey	Canada	23:49	44. Smith	Laney	33:58
22. D. Cortez	Canada	24:01	45. Hicks	Laney	33:58
23. Owyang	Laney	24:21	46. Henderson	Laney	NT

COLLEGE OF SAN MATEO

Golden Gate Conference

Stevens Creek Park-Cupertino
4.2 Miles

Wednesday, October 19, 1977
Conditions: Cool & Windy

TEAM RESULTS - MEN (Meet 2)

Diablo Valley College	2,5,8,9,10 = 34
College of San Mateo	1,3,4,6,7 = 21
Diablo Valley College	1,2,3,4,5 = 15
City College of San Francisco	8,9,10,11,12 = 50
City College of San Francisco	8,9,10,11,12 = 50
College of San Mateo	1,2,3,4,5 = 15

INDIVIDUAL RESULTS

<u>PLACE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1	PAUL MELLO	CSM	21:34
2	K. Searles	DVC	22:01
3	RICK PINCOMBE	CSM	22:04
4	JOE GREEN	CSM	22:08
5	R. Criner	DVC	22:19
6	RICH BALDOCCHI	CSM	22:37
7	KEN MCBRIDE	CSM	22:47
8	M. Dowling	DVC	22:50
9	G. Balbierz	DVC	23:06
10	G. Cross	DVC	23:12
11	CHRIS PETIT	CSM	23:22
12	B. March	DVC	23:31
13	RON SHERRIN	CSM	23:36
14	PETE ILD	CSM	23:48
15	WALT HAIGHT	CSM	24:05
16	DAVE WEIKEL	CSM	24:10
17	M. Krajcir	DVC	24:45
18	M. Eshia	CCSF	25:06
19	R. Haynes	CCSF	25:12
20	P. Nowicki	CCSF	25:14
21	W. Hurlburt	DVC	25:24
22	K. Machechefds	CCSF	25:39
23	D. Harrell	DVC	25:43
24	KEN WERNICK	CSM	26:14
25	B. Stanley	DVC	26:22
26	J. Leong	CCSF	26:43
27	J. Rizza	DVC	26:54
28	T. Everret	CCSF	27:01
29	JON TSCHARNER	CSM	27:03
30	RANDY DEARAGON	CSM	27:46
31	E. Ferrari	CCSF	27:52
32	J. Narvaez	CCSF	28:16

29th ANNUAL MT. SAN ANTONIO CROSS COUNTRY INVITATIONAL

October 21, 1977

RESULTS

DIVISION: Two Year Colleges

DATE: Friday, October 21, 1977

LOCATION: Mt. San Antonio College

COURSE: 4 miles - Rolling hills, dirt roads

COURSE CONDITION: Excellent

WEATHER: Overcast - cloudy, temperature 68-74 degrees

RACE STRUCTURE: 41 colleges competing in 4 men's races and 1 women's race.

Also, 17 Paarlauf teams and 24 Fitnessbahn competitors.

(Approximately 700 Athletes)

1977 - TOP TWENTY MEN

1. Kevin Burkin	L.A.V.	19:46.1	11. Matt Thornsberry	Gross	20:17.8
2. Joaquin Leano	Port.	19:51.9	12. Greg Dean	Full.	20:20.4
3. Tom Becker	Full.	19:57.3	13. Raul Aguerro	S. Ana	20:20.6
4. Nick Brever	A.R.	19:58.7	14. Art Cendejas	Full.	20:22.2
5. Doug Avrit	WVC	20:04.8	15. Wally Buckingham	Gross	20:22.9
6. PAUL MELLO	CSM	20:07.5	16. Mike Brown	A.R.	20:23.5
7. Brian Blue	Gross	20:09.7	17. Mark Nelson	C.O.D.	20:24.6
8. Jim Austin	Gross	20:11.2	18. Ed Nicholson	A.R.	20:25.2
9. Scott Allison	Full.	20:11.3	19. Chris Hughes	Gross	20:26.7
10. Barry Boettcher	MSAC	20:16.1	20. Bob Coulson	A.R.	20:27.2

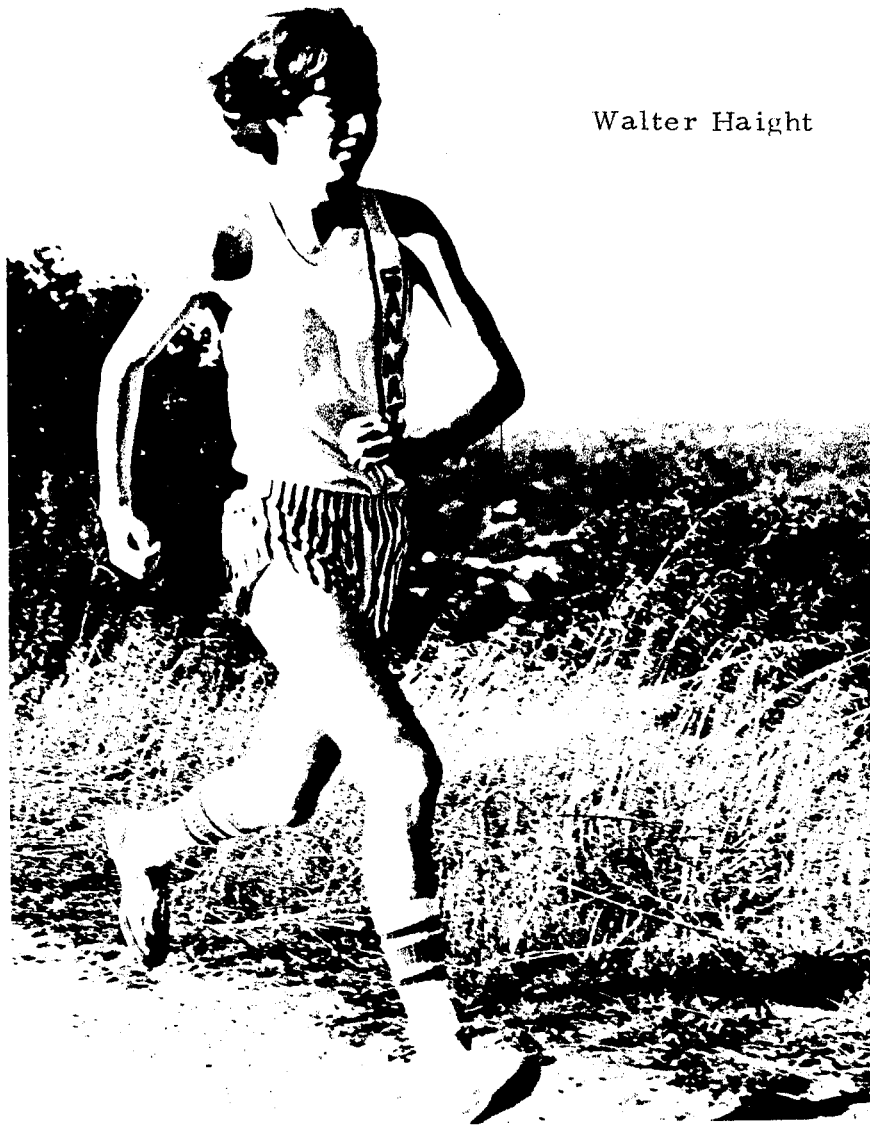
TOP TEN VARSITY TEAM TIMES - 1977

1. Fullerton	1:41:27.2	6. Santa Ana	1:44:49.1
2. Grossmont	1:41:28.3	7. West Valley	1:44:53.4
3. American River	1:41:47.1	8. El Camino	1:45:15.1
4. L. A. Valley	1:44:29.4	9. Orange Coast	1:45:17.7
5. SAN MATEO	1:44:29.4	10. MSAC	1:45:24.9

MEDIUM COLLEGE VARSITY - MEN

1. Gross. (2 Blue, 3 Austin, 4 Thorns, 6 Buck, 7 Hughes)	22 pts.
2. SAN MATEO (1 MELLO, 11 GREEN, 13 PINCOMBE, 26 PETIT, 28 MCBRIDE)	79 pts.
3. S. Ana (5 Aguerro, 14 O'Hara, 20 Cleary, 22 Alv., 24 Estrada)	85 pts.
4. R. Hondo (18 Sigala, 19 Medina, 29 Kuen., 31 Mend., 34 Lozano)	131 pts.
5. Harbor (16 Bailey, 21 Hurt., 32 Anderson, 35 Jepsen, 39 Gill)	143 pts.
6. Delta (17 Koris, 25 Baker, 30 Brown, 33 Logan, 41 Wells)	146 pts.
7. De Anza (10 Nel., 23 McQueeney, 47 O'Dell, 48 Orsua, 52 Ripp.)	180 pts.
7. Mesa (9 Williams, 27 Kenke, 44 Prunetti, 45 Morris, 55 Dimal.)	180 pts.
9. Cypress (12 Dahl, 38 Hernan., 40 Heinz, 58 Van., 66 Evans)	214 pts.
10. R.C.C. (37 Lopez, 43 Garcia, 56 Gonz., 61 Cress, 65 Gibson)	262 pts.
11. G.W.C. (36 Horn, 57 Easley, 63 Hend., 67 Farris, 68 Garcia)	291 pts.

Walter Haight



FINISH

NorCal Championships 1977

Men- 2nd

Women- 6th



COLLEGE OF SAN MATEO

1977 MEN'S CROSS COUNTRY

At: Coyote Hills
Weather: Fair and Mild

Date: October 28, 1977
Distance: 4 miles

TEAM SCORING

West Valley	23
San Jose	32
West Valley	28
College of San Mateo	29
San Jose	32
College of San Mateo	23

INDIVIDUAL PLACING

1. PAUL MELLO	CSM	19:54	19. S. Lind	SJCC	21:34
2. D. Avrit	WVC	20:01	20. PETER ILD	CSM	21:37
3. RICH PINCOMBE	CSM	20:05	21. E. Tico	WVC	21:38
4. R. Paulin	WVC	20:13	22. RON SHERRIN	CSM	21:40
5. P. Sachrist	SJCC	20:21	23. S. Bruns	WVC	21:40
6. JOE GREEN	CSM	20:22	24. D. Dewhitt	WVC	21:43
7. J. Fabris	SJCC	20:33	25. G. Miller	SJCC	21:47
8. G. Szanto	WVC	20:37	26. T. Stelms	SJCC	21:58
9. L. Rumbaca	WVC	20:38	27. T. Gill	SJCC	22:05
10. RICH BALDOCCHI	CSM	20:38	28. DAVE WEIKEL	CSM	22:17
11. J. Salazar	SJCC	20:43	29. KEVIN FAREY	CSM	22:21
12. D. Parish	SJCC	20:43	30. P. Hayes	WVC	22:32
13. V. Eherly	WVC	20:49	31. M. Holst	SJCC	22:40
14. R. Joseph	SJCC	21:13	32. KEN WERNICK	CSM	22:47
15. R. Russell	WVC	21:16	33. G. Wonderwarth	SJCC	22:49
16. L. Bergkamp	WVC	21:17	34. JON TSCHARNER	CSM	24:06
17. CHRIS PETIT	CSM	21:23	35. A. Brauo	SJCC	24:16
18. KEN MCBRIDE	CSM	21:30	36. D. Silva	WVC	27:27

COLLEGE OF SAN MATEO

1977 WOMEN'S CROSS COUNTRY

At: Coyote Hills
Weather: Fair and Mild

Date: October, 28, 1977
Distance: 3 miles

TEAM SCORING

West Valley College	15
San Jose City College	Forfeit
West Valley College	17
College of San Mateo	45
College of San Mateo	15
San Jose City College	Forfeit

INDIVIDUAL PLACING

1.	A. Otherspoon	WVC	16:28
2.	S. Munday	SJCC	17:21
3.	K. Perkins	WVC	17:41
4.	R. Powell	WVC	18:54
5.	MERCEDES BRUCKER	CSM	19:07
6.	A. Sliykoff	WVC	19:29
7.	R. Meelean	WVC	19:44
8.	C. McManus	WVC	19:45
9.	MOLLY NEWLON	CSM	20:08
10.	Z. Papargien	WVC	20:48
11.	GAIL SMITHSON	CSM	21:54
12.	CAROLYN MAHONEY	CSM	22:12
13.	JOYE SCOTT	CSM	23:41
14.	M. Reedy	WVC	26:18

COLLEGE OF SAN MATEO

1977 GOLDEN GATE CONFERENCE CROSS COUNTRY CHAMPIONSHIPS

At: Sierra College, Rocklin, California
 Weather: Mild, 60 degrees; cloudy, cool breeze

Date: November 4, 1977
 Distance: Men - 4 miles

COURSE RECORD: Ed Mendoza, Grossmont College: 20:07

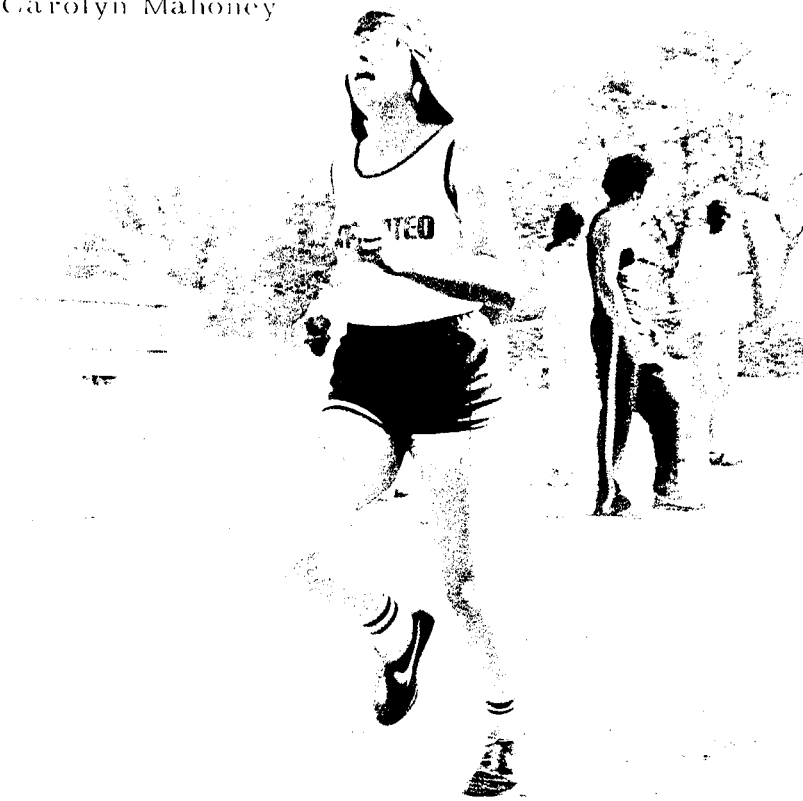
TEAM SCORING (MEN)

1. San Jose City College - 4,7,8,9,21 = 49
2. College of San Mateo - 1,2,6,28,29 = 66
3. West Valley College - 3,5,17,19,24 = 68
4. Diablo Valley College - 10,11,15,22,25 = 83
5. De Anza College - 13,14,16,36,45 = 124
6. Chabot College - 20,26,27,33,39 = 145
7. Foothill College - 12,31,42,50,51 = 186
8. Canada College - 18,45,48,54,57 = 222
9. City College of San Francisco - 43,53,54,55,61 = 266

INDIVIDUAL RESULTS (MEN)

1. PAUL MELLO	CSM	19:58.7*	41. KEN MCBRIDE	CSM	22:18
2. RICK PINCOMBE	CSM	20:10	42. RON SHERRIN	CSM	22:19
3. B. Paulin	WVC	20:11	43. D. Malcom	CHABOT	22:20
4. J. Fabris	SJCC	20:15	44. T. Gill	SJCC	22:20
5. D. Avrit	WVC	20:27	45. F. Knab	FOOTHILL	22:23
6. JOE GREEN	CSM	20:39	46. DAVE WEIKEL	CSM	22:24
7. P. Sechrist	SJCC	20:43.1	47. H. Bashirudin	SFCC	22:25
8. D. Parish	SJCC	20:43.9	48. L. Loeder	CANADA	22:26
9. J. Salazar	SJCC	20:46	49. Odell	DE ANZA	22:28
10. K. Searls	DVC	20:48	50. Olson	DE ANZA	22:29
11. R. Criner	DVC	20:50	51. S. Peterson	CHABOT	22:32
12. G. Cassara	FOOTHILL	20:52	52. E. Tico	WVC	22:33
13. McQueen	DE ANZA	20:53	53. Maathuis	DE ANZA	22:44
14. Grimes	DE ANZA	20:54	54. R. Wieland	CANADA	22:47
15. M. Dowling	DVC	21:00	55. O'Halloran	FOOTHILL	22:50
16. Nelson	DE ANZA	21:06	56. Chepkwony	FOOTHILL	22:52
17. L. Bumbaca	WVC	21:07	57. Honey	CANADA	22:54
18. G. Goodstein	CANADA	21:11	58. CHRIS PETIT	CSM	22:58
19. G. Szanto	WVC	21:12	59. Machscheffes	SFCC	23:00
20. M. Plummer	CHABOT	21:16	60. Nowicki	SFCC	23:01
21. B. Joseph	SJCC	21:17	61. Johnson	CHABOT	23:04
22. C. Cross	DVC	21:19	62. Webster	DE ANZA	23:12
23. S. Lind	SJCC	21:20	63. Eshia	SFCC	23:13
24. V. Eberly	WVC	21:23	64. Ripplinger	DE ANZA	23:19
25. G. Balbierz	DVC	21:24	65. Taylor	FOOTHILL	23:28
26. P. Shaughnessy	CHABOT	21:30	66. Frajcir	DVC	23:31
27. R. Antal	CHABOT	21:38	67. Harrell	DVC	23:43
28. RICH BALDOCCHI	CSM	21:40	68. Hurlburt	DVC	23:44
29. PETE ILD	CSM	21:43	69. Logan	FOOTHILL	23:54
30. L. Bergkamp	WVC	21:44	70. Vigil	CANADA	24:12
31. L. Hidalgo	FOOTHILL	21:47	71. Vonderworth	SJCC	24:24
32. D. DeWhitt	WVC	21:49	72. Gavrilis	CANADA	24:32
33. J. Cowling	CHABOT	21:52	73. Leong	SFCC	24:34
34. S. Bruns	WVC	21:53	74. Haynes	SFCC	24:45
35. D. Cortez	CANADA	21:56	75. Ferrari	SFCC	25:09
36. B. March	DVC	21:58	76. Everett	SFCC	25:14
37. Orsua	DE ANZA	21:59	77. Daughton	CHABOT	26:07
38. T. Stellma	SJCC	22:00	78. Lucas	CANADA	27:23
39. KEVIN FARLEY	CSM	22:01			
40. J. Farmer	CHABOT	22:15			

Carolyn Mahoney



Joye Scott



COLLEGE OF SAN MATEO

1977 GOLDEN GATE CONFERENCE CROSS COUNTRY CHAMPIONSHIPS

At: Sierra College, Rocklin, California
 Weather: Mild, 60 degrees; cloudy, cool breeze

Date: November 4, 1977
 Distance: Men - 4 miles
 Women - 3 miles

TEAM SCORING (WOMEN)

1. Canada - 2,4,6,7,8 = 27
2. Foothill - 1,9,11,13,15 = 49
3. College of San Mateo - 3,5,16,18,23 = 65
4. Chabot - 10,20,21,12,16 = 79

INDIVIDUAL RESULTS (WOMEN)

1.	S. Munday	SJCC	18:08*
2.	A. Powers	DE ANZA	18:23
3.	D. Dobbs	FOOTHILL	18:45
4.	N. Naylor	DE ANZA	19:29
5.	M. Connoly	CANADA	19:37
6.	MERCEDES BRUCKER	CSM	20:05
7.	P. Stok	CANADA	20:21
8.	MOLLY NEWLON	CSM	20:25
9.	K. Stok	CANADA	20:30
10.	S. Knott	CANADA	20:41
11.	C. Sakelarios	CANADA	20:44
12.	D. Sunn	FOOTHILL	20:56
13.	D. Mills	CHABOT	21:15
14.	C. Honour	CHABOT	21:25
15.	K. Midtvedt	FOOTHILL	21:32
16.	K. Russell	FOOTHILL	21:32
17.	M. Landers	DVC	21:49
18.	C. Callas	FOOTHILL	21:49
19.	D. Zwick	FOOTHILL	23:02
20.	L. Brennan	DVC	23:03
21.	GAIL SMITHSON	CSM	23:07
22.	D. Stohr	CHABOT	23:14
23.	JOYE SCOTT	CSM	23:17
24.	D. Tinker	FOOTHILL	23:23
25.	M. Langer	CHABOT	24:22
26.	M. Gonsalves	CHABOT	25:13
27.	M. Bland	CANADA	25:21
28.	CAROL MAHONEY	CSM	25:44
29.	G. Harper	CHABOT	28:21
30.	B. Brown	CANADA	30:02

INDIVIDUAL RESULTS (MEN'S RESERVE RACE)

1.	P. Hayes	WVC	22:02
2.	KEN WERNICK	CSM	22:32
3.	M. Scelli	DE ANZA	23:34
4.	JON TSCHARNER	CSM	23:53
5.	WALT HAIGHT	CSM	24:16
6.	B. Lucas	DE ANZA	24:22
7.	J. Rizza	DE ANZA	25:10
8.	V. Ricevuto	DVC	25:14
9.	RANDY DEARAGON	CSM	25:54
10.	A. Bravo	SJCC	26:25

*Establishes New Course Record



Mercedes Bruck

Molly Newlon



CALIFORNIA STATE CROSS COUNTRY CHAMPIONSHIPS

(LARGE - Men's Division - 4.0 Miles)

At: Sierra College
Cool and Clear

Date: November 19, 1977

TEAM RESULTS

1. Grossmont	68	6. San Mateo	157
2. American River	78	7. Pasadena	161
3. Fullerton	85	8. Modesto	186
4. Mt San Antonio	88	9. West Valley	204
5. L A Valley	120	10. Diablo Valley	218

INDIVIDUAL RESULTS

1. Tim Holmes	Modesto	19:15.8	40. Chris Koris	Delta	20:30.3
2. Joe Ebner	Mt S'Antonio	19:16.5	41. Giobanni Cassara	Foothill	20:33.1
3. Kevin Burkin	LA Valley	19:26.3	42. Dave Kinsler	Ventura	20:33.9
4. Sal Godinez	Pasadena	19:27.6	43. Frank Diaz	Mt S'Antonio	20:37.4
5. Barry Boettcher	Mt S'Antonio	19:30.8	44. Frank Gonzalez	Pasadena	20:39.3
6. Chris Hughes	Grossmont	19:31.3	45. Bob Paulin	West Valley	20:40.2
7. Brian Blue	Grossmont	19:33.0	46. Stan Winkley	Modesto	20:41.1
8. Nick Breuer	ARC	19:36.6	47. Earl Lagomarsino	ARC	20:41.6
9. Tom Becker	Fullerton	19:37.7	48. Bob Costa	Modesto	20:42.1
10. Tim Farrell	ARC	19:40.9	49. Greg Cross	Diablo Valley	20:46.9
11. Louis Silva	LA Valley	19:44.4	50. Bert DeCosta	Modesto	20:49.6
12. Rick Pincombe	San Mateo	19:45.0	51. Art Cendejas	Fullerton	20:52.5
13. Bob Coulson	ARC	19:47.4	52. Duane Lacour	Pasadena	20:52.8
14. Greg Dean	Fullerton	19:48.8	53. Matt Dowling	Diablo Valley	20:55.6
15. Matt Thornsberry	Grossmont	19:52.1	54. Willie Foster	LA Valley	20:57.2
16. Scott Allison	Fullerton	19:55.6	55. Leroy Bumbaca	West Valley	21:00.4
17. Jim Austin	Grossmont	19:56.5	56. Juan Ociuares	Pasadena	21:03.7
18. Mike Brown	ARC	19:59.3	57. Jim Triplett	Long Beach	21:04.7
19. Billy Jones	Mt S'Antonio	20:01.6	58. Chris Petit	San Mateo	21:05.7
20. Jeff Day	Orange Coast	20:02.6	59. Greg Winter	Mt S'Antonio	21:07.2
21. Alfonzo Jimenez	Pasadena	20:04.0	60. Rick Ballistero	LA Valley	21:09.4
22. Brian Osmann	Fullerton	20:06.0	61. John Aranas	Mt S'Antonio	21:14.3
23. Paul Mello	San Mateo	20:06.3	62. John Swift	Modesto	21:16.0
24. Jose Rentria	Fresno City	20:07.4	63. Larry Bergkamp	West Valley	21:17.4
25. Wally Buckingham	Grossmont	20:09.5	64. Greg Balbierz	Diablo Valley	21:22.0
26. Neal Ward	Mt S'Antonio	20:09.8	65. Kevin Farey	San Mateo	21:29.3
27. Tim Becker	Fullerton	20:10.7	66. Dale Dewhitt	West Valley	21:35.4
28. Gregg Szanto	West Valley	20:12.2	67. Steve Boaz	Fullerton	21:36.8
29. Chris Schallert	LA Valley	20:12.7	68. Bryan March	Diablo Valley	21:45.6
30. Manuel Guaderrama	Grossmont	20:13.1	69. Vance Eberly	West Valley	21:50.8
31. Ed Nicholson	ARC	20:14.1	70. David Jones	Pasadena	21:59.6
32. Greg Parks	LA Valley	20:15.9	71. Peter Ilv	San Mateo	22:04.2
33. Doug Avrit	West Valley	20:21.4	72. Jesus Alberto	Modesto	22:31.9
34. Richard Alarcon	Grossmont	20:23.9	73. Steve Brumwell	LA Valley	23:07.1
35. Kevin Searls	Diablo Vall	20:26.9	74. Wes Hurlburt	Diablo Valley	23:21.4
36. Joe Green	San Mateo	20:27.3	75. Bo Vanoy	Modesto	23:40.4
37. Ron Criner	Diablo Vall	20:27.8			
38. Dirk Feenstra	ARC	20:29.6			
39. Rick Baldocchi	San Mateo	20:30.0			



Mercedes Brucker

tella E



Joe Green

Molly Newlon

Joye Scott

Mercedes Brucker

Gail Smithson

CALIFORNIA STATE CROSS COUNTRY CHAMPIONSHIPS

(LARGE - Women's Division - 3.0 Miles)

at: Sierra College
Cool and Clear

Date: November 19, 1977

TEAM RESULTS

1. DeAnza	38	6. Orange Coast	138
2. West Valley	85	7. Foothill	165
3. Ventura	112	8. Fresno	169
4. Santa Barbara	114	9. Cabrillo	169
5. Bakersfield	138	10. Southwestern	180

INDIVIDUAL RESULTS

1. Ann Wotherspoon	West Valley	17:28.5	40. Molly Newlon	San Mateo	20:14.1
2. April Powers	DeAnza	17:45.4	41. Carla Gonzalez	Bakersfield	20:26.7
3. Darlene Love	Santa Barbara	17:58.5	42. Siobhan O'Rielly	Santa Barbara	20:28.6
4. Kathy Perkins	West Valley	18:03.3	43. Susan O'Palka	Southwestern	20:30.9
5. Sharon Heyner	DeAnza	18:05.5	44. Ann Slivkoff	West Valley	20:33.7
5. Penny DeMoss	Foothill	18:13.7	45. Nancy Olson	Orange Coast	20:37.1
7. Marilyn Taylor	DeAnza	18:20.3	46. Esther Villanueva	Fresno City	20:38.7
3. Debbie Dobbs	Foothill	18:27.8	47. Lenora Bogart	Southwestern	20:43.5
9. Connie Hester	Fresno	18:38.1	48. Grace Robles	Fresno City	20:48.0
0. Nancy Ramirez	Ventura	18:42.3	49. Donna Bischoff	Orange Coast	20:49.7
1. Deborah Wooten	Chaffey	18:49.9	50. Nancy Escamilla	Santa Barbara	20:52.7
2. Norma Naylor	DeAnza	18:52.1	51. Ronell Powell	West Valley	21:00.9
3. Karen Hardy	Cabrillo	18:53.6	52. Kacy Midtuedt	Foothill	21:06.1
4. Amy Haberman	DeAnza	18:57.0	53. Kit Russell	Foothill	21:16.6
5. Joellen Shellar	Orange Coast	18:57.3	54. Signa Carlson	Orange Coast	21:19.2
5. Erin Gallagher	Orange Coast	18:57.7	55. Margie Cano	Fresno City	21:28.8
7. Kathy Langdoc	Southwestern	19:16.0	56. Jeanette Garcia	Cabrillo	21:46.0
3. Debbie Keagy	Palomar	19:19.1	57. Val Roberts	Cabrillo	21:56.3
9. Cindy Collins	Ventura	19:24.5	58. Lorraine Wright	Southwestern	22:08.6
0. Wendy Branch	Santa Barbara	19:26.0	59. Judy Duran	Ventura	22:16.5
1. Rosa Medina	Bakersfield	19:28.0	60. Cyndi Gehering	Southwestern	22:18.2
2. Martha Dias	Mt San Antonio	19:31.1	61. Debbie Zwick	Foothill	22:30.1
3. Mercy Brucker	San Mateo	19:32.6	62. Mary Johnson	Southwestern	22:43.0
4. Sue Miller	Cabrillo	19:33.5	63. Katie Currie	DeAnza	25:00.9
5. Wanda Morgan	Bakersfield	19:36.8	64.		
5. Ruth Vomund	Ventura	19:37.4	65.		
7. Laurie Wakefield	Santa Barbara	19:42.7	66.		
3. Colleen McManus	West Valley	19:45.6	67.		
9. Jan Rowell	Orange Coast	19:46.8	68.		
0. Nora Vargas	Fresno City	19:53.9	69.		
1. Rebecca McLean	West Valley	19:54.2	70.		
2. Judy Brookshire	Ventura	19:58.7	71.		
3. Zabelle Paparigian	West Valley	20:00.6	72.		
4. Trudy Jones	Bakersfield	20:02.0	73.		
5. Kathy Spencer	Southwestern	20:02.6	74.		
5. Teresa Gutierrez	Bakersfield	20:03.5	75.		
7. Teresa Jackson	Santa Barbara	20:07.9			
3. Loretta Stewart	Cabrillo	20:08.8			
9. Donna Lechman	Ventura	20:11.0			

Joe Green

Paul Meilo

Coach Rush

Rick Baldacchi



Distance runner Paul Mello from Azores to San Mateo

Paul Mello, a native of Derseda, an island in the Azores off the coast of Portugal, will be CSM's top distance runner this season.

Last year at the Northern California Championships he captured the 10,000 meter run and was constantly near the top, despite the fact he was plagued by a sore arch.

His coach says that he's a "hard worker, a demonstrative leader and a coach's delight."

But what makes this young man run? Where does he get his motivation? Basically it's pride. The only member from a family of seven to attend college, he constantly tries to improve his abilities as an athlete and, more important, as a person. "I have a chance to make good here in the States, a chance that many people take for granted. There's an opportunity for education here unlike Derseda and I'm just happy to have it," he says.

In Derseda, farming was the main way of life and the transition from

working on the land to studying hard at school has not been easy. However, through "real concentration" Paul is finding college a very "happy experience."

Running is his love and he claims that the physical discipline he puts his body through is good for his mental outlook. "Running releases a lot of the everyday tensions. It's very satisfying to go all out for five or six miles and feel good about it."

It appears that Paul Mello is on his way toward a meaningful life. "I feel confident that I can really do well."

Harriers ready for defense of conference championship

The defending Goden Gate Conference co-champion cross country team will be a strong favorite to keep the trophy at CSM this year, according to coach Bob Rush.

Despite the loss of last year's top three runners, Mitch Kingery, Dave Hull and Bob Barnett, CSM will still have a fast team led by Paul Mello, the defending Northern California 10,000 meter champion. Mello also placed third in the 10,000 meter run at last spring's Bakersfield State Championship.

Kevin Farey, who ran 1,200 miles this summer to get ready for the season, will be returning along with other sophomore lettermen Rick Pincombe, Ken Wernick, Eric Benson and Tom Weber. Paul Wiemer, fifth man for College of Marin last year, has transferred to CSM and will be contributing to the team.

Sophomores Ron Sherrin, Carleek Davis, Chris Petit and Peter Hl will also be running for the cross country squad for the first time this fall.

Coach Rush is also hoping for help from freshmen Joe Green, a 9:11 2-

miler from Aragon High, and Ken McBride, a 9:17 2-miler from Half Moon Bay High. Freshmen Lonnie Treu, Rich Boldocchi, Walter Haight and Jon Tscharnier will also be trying hard to make the team.

Bob Rush expects the toughest competition to come from American River College, West Valley College, San Jose City College, Santa Rosa College, Delta College and Fresno College. "One of these seven (the six listed above plus CSM) has taken the championship for the past nine years," said Rush.

The first race of the season will be the Ninth Annual CSM Beach Run to be held at Half Moon Bay's El Granada Beach tomorrow at 9 a.m.

The first of the dual meets that help determine the championship will be run Oct. 6 against Football College and Clatsop College. Two days later, on Oct. 8, CSM will host most of the major junior colleges in the state at the CSM Invitational. Both races will be held at the Crystal Springs course.

Harriers take fourth in meet in spite of Paul Mello's win

Despite a first place finish by CSM's Paul Mello, the cross country team ended up fourth at the Golden Gate Invitational last weekend.

Mello, barely showing the strain of covering four miles of Golden Gate Park in 21:10.6, crossed the finish line well over 100 yards ahead of his nearest competitor, Doug Aurit of West Valley College. "Paul ran a very outstanding race," said coach Bob Rush about Mello's performance.

West Valley took the team honors, since their top five runners finishing times totaled 1:50:23. San Jose was second with 1:50:25, Fresno third with 1:50:36. CSM had 1:50:43, and the rest of the teams in this Northern California race finished well behind them.

Since the race does not affect the Golden Gate Conference standings, the close loss left coach Rush unconcerned. Rush stated that the only significance of the race was that it showed that it will be "the same old gang" of traditional rivals fighting it out for the Golden Gate Conference title again this year. Coach Rush also commented on the "interesting tightness" of the top four teams who were only separated by 20 seconds.

The big surprise of the day for the Bulldogs was Chris Petit, who finished 35th and was CSM's fifth man across the finish line. Petit, only a freshman, "has shown great improvement," according to Rush.

The other top finishers were Rick Baldacchi, who finished 15th with a 22:08 timing, Rich Pincombe was 20th with 22:19 and Ken McBride was 25th with 22:27.

Coach Rush felt that some of his men could not turn in their best performances because "we are right in the middle of the hardest part of our training program, and some of the men are suffering from 'training hangover.'"

The cross country team's next race is the CSM Crystal Springs Invitational, which begins tomorrow morning at 11 a.m. CSM will then travel to Coyote Park in San Jose to race De Anza, Cañada and Laney Colleges on Thursday, Oct. 13 at 3:30 p.m.

CSM's first-ever women's cross country team won its first race. That they were the only school to field a complete team helped considerably, but coach Pete Michon was happy that the program got started on the right foot."

Bulldog Wins Race

College of San Mateo star sophomore runner Paul Mello continues to dominate Northern California community college cross-country competition, easily winning the Golden Gate Conference four-mile team race Saturday in Golden Gate Park.

Golden Gate Invitational Four-Mile Team Race (At Golden Gate Park)

Teams: 1. West Valley 1:50:23; 2. San Jose CC 1:50:25; 3. Fresno CC 1:50:36; 4. College of San Mateo 1:50:43; 5. Diablo Valley 1:52:59; 6. Delta 1:54:04; 7. Sequoias 1:55:19; 8. Marin 1:55:43; 9. De Anza 1:55:45; 10. Santa Rosa JC 1:57:24; 11. Foothill 1:58:36.

Individuals: 1. Paul Mello (CSM) 21:12; 2. Aurit (WV) 21:25; 3. Renteria (FCC) 21:34; 4. Paulin (WV) 21:39; 5. Katapa (Seq.) 21:40; 6. Timmerman (Marin) 21:46; 7. Brown (Delta) 21:48; 8. Sechrist (SJ) 21:56; 9. Miller (SJ) 21:58; 10. Renos (FCC) 21:58.

Other CSM finishers: 15. Baldacchi 22:08; 20. Pincombe 22:19; 25. McBride 22:26; 35. Petit 22:44; 41. Green 23:00; 46. Farly 23:05.

CSM Hosts Invite

College of San Mateo's short home cross country season, which started Thursday with an easy double win over Foothill and Cabot on the Crystal Springs Course, ends abruptly Saturday with the annual CSM Invitational.

Bulldog coach Bob Rush expects nearly all of Northern California's top teams to appear for the four races on the popular course off Hallmark Drive in Belmont. CSM will compete in the large division at 11 a.m., Canada and Skyline in the small division at 1:30. A reserve race is slated for noon, followed by women's competition at 12:30.

Canada triumphed against one of three foes in its Golden Gate Conference running debut Thursday, topping Laney 18-41 but losing to West Valley and Diablo Valley.

The center meet also saw the first official GGC women's competition, although only four schools fielded full teams. Foothill defeated CSM, 22-33, and West Valley topped Canada, CSM gained a forfeit over Chabot's incomplete team and Canada similarly over both Laney and Diablo Valley.

CSM soph Paul Mello posted the best time of the three men's races, winning handily in 20:56, ahead of teammate Rick Baldocchi

(21:44) for the 4.2 mile course.

In the women's division, Chris Sakelarios of Canada finished second to Ann Wetherspoon of West Valley, who ran the best female clocking of the day for the 2.8 mile section.

CSM men, Canada women nab 2nds

College of San Mateo's men and Canada College's women each finished second in their divisions Saturday at the Crystal Springs Invitational, Northern California's largest regular-season event for junior college cross country runners.

CSM's Rick Pincombe, former Serra High performer from Redwood City, and Canada's Chris Sakelarios, a Sequoia graduate, paced their teams with sixth-place finishes.

Bulldog ace Paul Mello, one of the favorites for the NorCal title, took ill Friday. He

gave it a try, but finished 11th.

CSM and Canada next meet Thursday in the second Golden Gate Conference center meet at San Jose City's new Stevens Creek course.

LARGE COLLEGE MEN

SCORES: American River 37, San Mateo 85, Fresno 95, West Valley 102, Diablo Valley 103, Modesto 121, Delta 170, Santa Rosa 229.

Tim Holmes (Mod) 20:56.3, Farrell (AR) 21:00, Reentera (Fr) 21:06. CSM placers: 6. Pincombe 21:32, 11. Mello 21:37, 13. Green 21:42, 26. McBride 22:20, 29. Baldocchi 22:31, 33. Ild 22:43, 41. Farey 23:08 (4.2 miles, 67 runners).

SMALL COLLEGE MEN

SCORES: Monterey 78, Porterville 137, Sierra 138, Solano 150, Chabot 164, 12. Canada 265 (19 teams).

Joaquin Leano (Por) 20:45.5, Katera (Seq) 21:07, Minor (Mon) 21:15, Canada leaders: 41. Cortez 23:07, 62. Weiland 23:45 (11; runners).

MEN'S RESERVE

Parades (Gavilan) 22:28, 2. Sherrin (SM) 22:33. CSM won with 28 points.

WOMEN

SCORES: De Anza 60, Canada 76, Yuba 82, Marin 103, San Mateo 106, Monterey 112, Sequoias 124, Chabot 160.

Sharon Henner (DA) 18:04.5, Taylor (DA) 18:36, Munday (SJ) 18:56, 6. Sakelarios (Can) 19:40, 10. Cortez Connolly (Can) 20:37, 13. Brucker (SM) 20:51, 15. K. Stok (Can) 21:01, 18. Newlon (SM) 21:16, 22. P. Stok (Can) 21:41, 26. Smithson (SM) 22:16, 46. Scott (SM) 24:14. (3.0 miles, 68 runners).

CSM Runners Take Second

College of San Mateo ran second to powerhouse American River in the CSM Cross Country Invitational Saturday at Crystal Springs while Canada placed second to De Anza in the women's division.

CSM star runner Paul Mello suffered his first setback, almost being held out of the race by Coach Bob Rush because of an upset stomach but still finishing 11th. Rick Pincombe, in sixth place, was the top Bulldog finisher over the rough 4.2 mile course.

In the small college division, won by Monterey Peninsula, Skyline placed seventh and Canada 12th. The meet attracted 28 colleges.

Large Division — Men (4.2 miles)

1. American River 37; 2. CSM 85; 3. Fresno CC 95; 4. West Valley 102; 5. Diablo Valley 103; 6. Modesto JC 121; 7. Delta 170; 8. Santa Rosa 229. Individuals: 1. Tim Holmes (Mod) 20:56.3; 2. Tim Farrell (AR) 21:00; 3. Jose Reentera (FCC) 21:06; 4. Nick Brewer (AR) 21:12; 5. Doug Avrit (WV) 21:22; 6. Rick Pincombe (CSM) 21:32. Other CSM placers: 11. Paul Mello 21:37; 13. Joe Greene 21:42; 26. Ken McBride 22:20; 29. Rick Baldocchi 22:31.

CSM Wins

X-Country

College of San Mateo remained unbeaten in men's Golden Gate Conference cross country with a triple victory Thursday afternoon at Hellyer Park in San Jose. And the Bulldogs ran against district foe Canada for the first time, defeating the new GGC member, 18-45, in addition to Laney and De Anza.

CSM soph Paul Mello once again had the best time in any of the three races of the center meet, clocking 21:04 for four miles, while teammate Rick Pincombe placed second in 21:28.

Canada, however, edged CSM in the women's race, 22-33 — but both County schools lost to De Anza.

CSM is now 5-0 in men's competition, sharing the lead with West Valley, while San Jose CC is 4-0. West Valley leads the women at 4-0, with De Anza 2-0, Canada 2-2, and CSM 1-3.

Golden Gate Conference Center Meet
(At Hellyer Park, San Jose)

Men—4 Miles

College of San Mateo 18, Canada 45
CSM 15, Laney 50
CSM 22, De Anza 37
De Anza 22, Canada 39
Canada 15, Laney 48
De Anza 15, Laney 50
1. Paul Mello (CSM) 21:04; 2. Rick Pincombe (CSM) 21:28; 3. Gary Goodstein (Can.) 21:36; 4. S. Nelson (DA) 21:51; 5. Joe Green (CSM) 21:57; 6. M. McQueeney (DA) 22:02; 7. D. Grimes (DA) 22:03; 8. Chris Petit (CSM) 22:15; 9. Rick Baldocchi (CSM) 22:26; 10. Pete Ild (CSM) 22:31; 11. Ken McBride (CSM) 22:36; 12. Ron Sherrin (CSM) 22:42; 13. Ray Wieland (Can) 22:53.

Diablo Valley 25, Chabot 20
San Jose CC 23, Chabot 33
San Jose CC 24, Diablo Valley 33
1. Dave Parrish (SJCC) 21:12.

West Valley 15, CCSF 50
West Valley 19, Foothill 42
Foothill 19, CCSF 39
1. Doug Avrit (WV) and Bob Paulin (WV) 21:28 (tie).

Women—3 1/2 Miles

Canada 22, College of San Mateo 23
De Anza 21, CSM 34
De Anza 22, Canada 33
1. Sharon Hebner (DA) 19:17; 2. April Powers (DA) 19:46; 3. Arlene Mears (Da) 20:36; 4. Chris Sakelarios (Can) 20:43; 5. Mary Connolly (Can) 21:16; 6. Mercedes Brucker (CSM) 21:35; 7. Karen Stok (Can) 21:36; 8. Norma Naylor (DA) 21:40; 9. Peggy Stok (Can) 22:52; 10. Gail Smithson (CSM) 23:33; 11. Joy Scott (CSM) 25:55; 12. M. Mahoney (CSM) 25:55.

West Valley 22, Foothill 33
West Valley and Foothill by forfeit over CCSF
1. Penny DeMoss (F) 19:35.

Chabot by forfeit over Diablo Valley and San Jose CC.
1. Sue Munday (SJCC) 20:40.

Bulldog harriers now 5-0

College of San Mateo raised its cross country record to 5-0, tied for first with West Valley, as Bulldog sophomore Paul Mello turned in another impressive victory yesterday in the second of four Golden Gate Conference meets.

Mello had the top time in the day's three races, 21:04 over the 4.0-mile course at San Jose's Hellyer Park. Teammate Rick Pincombe was second and Canada's Gary Goodstein third. Joe Green, rapidly improved CSM freshman, was fifth.

While CSM whipped Laney, Canada and De Anza, Canada also lost to De Anza and beat Laney. Canada's women's team, squaring its record at 2-2, beat CSM, 22-33, but lost to De Anza, 22-33. Chris Sakelarios' fourth paced the Colt women, followed by Mary Cortez Connolly's fifth.

SECOND GGC MEET

Race Two: Men — San Mateo 15, Laney 50; San Mateo 18, Canada 45; San Mateo 22, De Anza 37; De Anza 22, Canada 39; Canada 15, Laney 48; De Anza 15, Laney 50. Women — Canada 22, San Mateo 33; De Anza 21, San Mateo 34; De Anza 22, Canada 33, Laney no team. Men 4.0 miles, women 3.1 miles at Hellyer Park in San Jose.

Winners and local placers: Men — Paul Mello (SM) 21:04, 2. Pincombe (SM) 21:28, 3. Goodstein (C) 21:36, 5. Green (SM) 21:57, 8. Petit (SM) 22:15, 9. Baldocchi (SM) 22:26, 10. Ild (SM) 22:31, 11. McBride (SM) 22:31, 12. Sherrin (SM) 22:42, 13. Wieland (C) 22:53, 16. Haight (SM) 23:13, 17. Weikel (SM) 23:17, 20. Loeder (C) 23:43.

Women — Sharon Hebner (DA) 19:17, 4. Sakelarios (C) 20:43, 5. Cortez Connolly 21:16, 6. Brucker (SM) 21:35, 7. K. Stok (C) 21:36, 9. P. Stok (C) 22:53, 10. Smithson (SM) 23:33.

Race One: Men — San Jose 23, Chabot 33; SJ 24, Diablo Valley 33; DV 25, Chabot 30. Women — Chabot by default over SJ, DV.

Men's winner — Dave Parrish (SJ) 21:12.
Women's winner — Sue Munday (SJ) 20:40.

Race Three: Men — West Valley 15, CCSF 50; WV 19, Foothill 42; Foothill 19, CCSF 39. Women — WV 22, Foothill 33, others inc.

Men's winner — Doug Avrit (WV) 21:38.
Women's winner — Penny DeMoss (Foot) 19:35.

GGC STANDINGS: Men — San Mateo 5-0, West Valley 5-0, San Jose 4-0, Diablo Valley 3-2, De Anza 3-2, Canada 2-4, Chabot 1-3, Foothill 1-3, CCSF 0-4, Laney 0-6. Women — West Valley 4-0, Foothill 3-1, De Anza 2-0, Canada 2-2, Chabot 2-2, San Mateo 1-3, Diablo 0-3, CCSF 0-2, SJ 0-1.

Mello leads CSM harriers to second spot

WALNUT — Paul Mello of College of San Mateo won the medium-sized school heat yesterday at the Mt. San Antonio College cross country invitational here as the Bulldogs finished second among 13 schools.

Mello ran 20:07.5 over the four-mile hilly course, sixth overall while not enjoying the benefit of running against the better competition offered in the large school division. Freshman Joe Green ran a creditable 11th in 20:37 and veteran Rick Pincombe was 13th in 20:46.

"I'm extremely pleased," said Bulldog coach Bob Rush. "Looking at the team times, we were fourth out of 27 colleges with 1 hour, 44 minutes, 30 seconds. We trailed Fullerton (1:41:27.2), Grossmont (1:41:28.3) and American River (1:41:47.1), in one of the tightest races ever."

"Also, for the first time, two Northern California schools (CSM and ARC) made it into the top five," added Rush.

MT. SAN ANTONIO INVITATIONAL
Medium Division — Grossmont 22, CSM 78, Santa Ana 85 (13 teams). Paul Mello (SM) 20:07.5 over 4-mile hilly course, 11. Green 20:37.13, Pincombe 20:46, 26. Petit 21:24, 28. McBride 21:34. Fullerton won large division, Monterey Peninsula won small division.

Cross-Country

Mello Win Race; CSM Takes 2nd

Paul Mello took individual honors and College of San Mateo finished second to five-time state champion Grossmont Friday in the Mt. San Antonio cross country invitational in Walnut.

Mello ran 20:07.5 over the tough four-mile campus course in southeastern Los Angeles County. But Grossmont took second, third, fourth, sixth and seventh behind him to sew up the team victory in Division II for medium-sized community colleges.

San Mateo competed without Rich Baldocchi, one of the team's usual top five, who broke out with poison oak rash following Wednesday's Golden Gate Conference meet in Cupertino. Joe Green, a frosh from Aragon, ran his best race and was CSM's second finisher, in 11th place.

In the overall sweepstakes, combining the 27 teams in the three divisions, Fullerton edged Grossmont by one second, 1:41:27.2 to 1:41:28.3, followed by Northern California leaders American River (1:41:47.1) and CSM (1:44:30).

Division II — Medium Community Colleges

1. Grossmont 22; 2. College of San Mateo 78; 3. Santa Ana 85; 4. Rio Honda 131; 5. L.A. Harbor 143; 6. Delta 146; 7. De Anza and S.D. Mesa 186. (13 teams in division).

1. Paul Mello (CSM) 20:07.5; 2. Brian Blue (Gr) 20:09.7; 3. Jim Austin (Gr) 20:11.2; 4. Matt Thernsbury (Gr) 20:17.8; 5. Raul Agule (SA) 20:20.4. Other CSM placers: 11. Joe Green 20:37.9; 13. Rick Pincombe 20:46.5; 26. Chris Pettit 21:24.2; 28. Ken McBride 21:34.1.

Sweepstakes

(Based on overall team times of all three divisions, 27 teams):

1. Fullerton 1:41:27.2; 2. Grossmont 1:41:28.3; 3. American River 1:41:47.1; 4. College of San Mateo 1:44:30; 5. El Camino 1:44:35; 6. Santa Ana 1:44:49.1; 7. West Valley 1:44:51.5.

Harrier squad in top shape, to face statewide competition

Coming off an impressive win, the Bulldog harriers will take on some of California's top cross country squads in the Mt. SAC relays tomorrow.

Paul Mello is CSM's biggest hope in the state-wide competition. Mello will receive the stiffest competition he has faced this season from Tim Holmes of Modesto and Tim Farrell of American River, whom he has never faced before. "I'll try and stay with the leaders and then make a surge with about a mile to go," explained Mello about his race strategy.

Rapidly improving Rick Pincombe also has a chance to do well at Mt. SAC, but he must, "get a good start, not get stuck in the pack and maintain a strong pace," according to

Pincombe followed this plan to take second in CSM's rout of De Anza, Laney and Canada in a quadrangler meet last week. Mello was the winner in that race, covering the four mile course in 21:04, while freshman Joe Green finished fifth in 21:57.

Chris Pettit and Rick Baldocchi, also just freshmen, rounded out CSM's top five, finishing eighth and ninth, respectively. Sophomore Ron Sherrin continued to improve his status on the team, finishing 12th in 22:42 and moving up to be San Mateo's seventh man. Just a few weeks ago Sherrin was the Bulldog's tenth man.

Mello Leads Field

CSM Harriers Win

College of San Mateo remained on a collision course for next week's Golden Gate Conference cross country showdown with West Valley and San Jose by taking an easy double victory Wednesday in Cupertino.

Today the Bulldogs are en route to Southern California to participate in Friday's statewide Mt. San Antonio Invitational. CSM's Paul Mello is one of the individual favorites.

Wednesday Mello again posted the best time of the day, running 21:34 over a 4.2 mile course at Stevens Creek Park, as San Mateo topped Diablo Valley, 21-34 and CCSF, 15-50.

Meanwhile Canada lost to San Jose, 17-48, and tied Foothill, 28-28. The Colts

thought they had beaten Foothill under the old collegiate tie-breaker rule — which, however, is no longer utilized.

**Golden Gate Conference Center Meet
(At Stevens Creek Park, Cupertino)
Men—4.2 Miles**

College of San Mateo 21, Diablo Valley 34; CSM 15, CCSF 50; Diablo Valley 15, CCSF 50

1. Paul Mello (CSM) 21:34; 2. Kevin Seartes (DV) 22:01; 3. Rick Pincombe (CSA) 22:04; 4. Joe Green (CSM) 22:08; 5. Ron Criner (DV) 22:19; 6. Rich Baldocchi (CSM) 22:37; 7. Ken McBride (CSM) 22:47; 8. Matt Dowling (DV) 22:50; 9. G. Balbierz (DV) 23:06; 10. G. Cross (DV) 23:12; 11. Chris Poffit (CSM) 23:22.

West Valley 15, Chabot 48; West Valley 20, De Anza 43; De Anza 25, Chabot 38.

1. Bob Paulin (WV) 21:51.
San Jose CC 18, Foothill 47; San Jose CC 17, Canada 48; Canada 28, Foothill 28 (tie); Foothill 16, Laney 49; San Jose 15, Laney 50.

1. Joe Fabris (SJCC) 22:23; 5. Goodstein (Can) 22:53; 9. Wellend (Can) 23:20.

Standings: CSM, West Valley, San Jose 7-0; Diablo Valley and De Anza 4-3; Foothill 2-4-1; Canada 1-5-1; Chabot 1-5; CCSF 0-6; Laney 0-7.

CSM Women Win, Too

By SIMI LEE
Times Correspondent

CSM's first-year women's cross-country team produced three personal best times in yesterday's tri-meet against Diablo Valley and City College of San Francisco at San Jose.

Because DVC and CCSF were unable to field complete teams, CSM was declared the winner before the race began over the 2.9 mile Stevens Creek Park Course.

But this didn't dampen the Bulldog's enthusiasm as CSM freshman Mercedes Brucker, Carolyn

Mahoney and Gail Smithson all sped to season individual records.

Brucker, 5-9 runner from Notre Dame High in Belmont who had never run in a track program prior to this fall, won the meet in a personal best time of 21:01 despite taking a couple of wrong turns on the unfamiliar, winding course.

Carolyn Mahoney, a Terra Nova grad, knocked a minute off of her year's best time, and Gail Smithson from Aragon, running on a tender, heavily taped ankle, clipped two minutes

off of her previous season best.

CSM is currently in fourth place in the eight-team conference with a 3-3 record.

CSM by default over Diablo Valley and CCSF.

1. Mercedes Brucker (CSM) 21:01; 2. E. Menanquill (CCSF) 21:37; 3. Molly Newton (CSM) 22:03; 4. C. Froelich (DV) 22:20; 5. G. Smithson (CSM) 22:35; 6. M. Landers (DV) 22:41; 7. C. Mahoney (CSM) 23:47; 8. Stella Edwinton (CSM) 24:40.

Canada 31, Foothill 35, Canada and Foothill by default over San Jose CC.

1. Sue Munday (SJCC) 18:57; 2. Penny DeMoss (F) 19:11; 3. M. Connolly (Can) 20:35; 4. T. Stok (Can) 20:57; 5. K. Stok (Can) 21:23; 7. S. Knott (Can) 21:43.

Standings: West Valley 6-0; Foothill and Canada 4-2; CSM 3-3; De Anza 2-1; Chabot 2-3; CCSF and San Jose 0-3; Diablo Valley 0-4.

WOMEN'S CROSS-COUNTRY TEAM

A women's cross-country program has just been started at the college. The team will compete in a regular schedule of meets in the Golden Gate Conference. Two semester units are given for the class which meets down on the track on Tues. & Thurs. at 1:00 pm and on Mon.-Wed-Fri. at 2:00 pm. Contact the P.E. Dept. for more information or see coach Michon.

CSM women's cross country squad runs for fun, health

by Jack Hanel

It improves the figure, gives you energy and confidence, clears the mind and is a lot of fun.

What is it?

Running.

Or so claim the nine women who have joined CSM's first ever women's cross country team this fall.

Team member Gail Smithson likes running "because it's healthy, I feel better and I sleep better."

"I like running. It's good exercise," explains Mercedes Brucker. She joined the team because she likes competition, and running builds her self-confidence. "I enjoy completing something that's hard to do.

Molly Newlon likes to start the day by jogging a few miles. "Then I have already accomplished something, and it influences my whole day."

The push to start a women's running program began two years ago with the passage of Title IX, legislation that entitled women the equal opportunity to compete in sports.



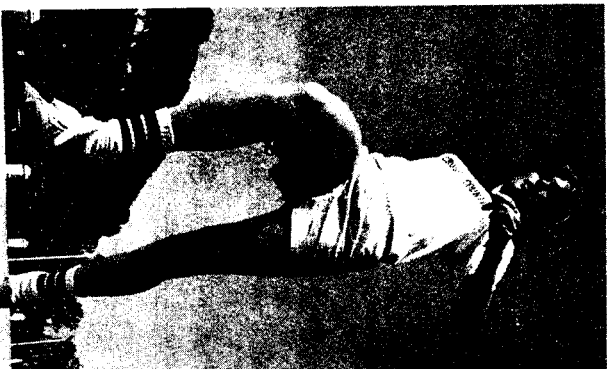
Molly Newlon

This is the first year, however, that the school got around to starting the team, prompted by phone calls from girls inquiring about cross country competition.

Even then, the decision to start the team did not come until "two or three days before school began," explained coach Pete Michon. "So I had no chance to try to recruit girls from the local high schools. But we put notices around school and in the bulletin, and people just started showing up."

So far this year, the team has beaten Chabot College, won the Golden Gate Invitational and lost a close match to Foothill. Pete Michon was impressed enough by his team's performance to predict, "We will be one of the five teams in the NorCal final."

Those who have joined the team to date are Deborah and Denise Barrett, Mercedes Brucker, Stella Edwinton, Carolyn Mahoney, Molly Newlon, Elizabeth O'Conner, Joye



Mercedes Brucker

Scott and Gail Smithson.

Members of the team run about 8-9 miles a day, usually from 2:30 to 4 p.m. They jog at the Crystal Springs Cross Country Course, Golden Gate Park and other scenic areas on the Peninsula.

All the girls seem to enjoy practice. "We have a lot of fun," claims Stella Edwinton. Molly Newlon sums up the team's attitude toward their coach. "Pete's done a really good job. Some of the girls had no running experience and he built us up to 8-9 miles a day in only three weeks."

Newlon also feels that running improves her studying. She is taking chemistry at CSM, after receiving her M.A. in movement therapy at UCLA. "I study all the time and running is the perfect escape. It clears my mind and improves my concentration. I outlined my whole master's thesis while running."

It's a bit late to join the team—there are only five weeks left in the season—unless you've been doing some running.

Unbeaten CSM eyes x-country showdown

College of San Mateo is set for a classic men's cross country showdown with San Jose and West Valley, while Canada's women's team continues to make progress.

All three Golden Gate Conference male powers are 7-0 following yesterday's third circuit meet, won by CSM's Paul Mello in 21:34 over the 4.2-mile Stevens Creek course.

The three unbeaten will meet Oct. 28 at Coyote Hills in Newark "in competition so close, it scares me," according to CSM coach Bob Rush. "Whoever wants it the most will win it, so close are all three teams."

Coach Mike Ipsen's Colt women, now 4-2, beat Foothill, 26-30, as Mary Cortez Connolly continued her improvement with a strong 20:35 for second and twins Peggy and Karin Stok were right behind.

CSM's Rick Pincombe (third) and Joe Green (fourth) and Canada's Gary Goodstein (fifth)

also turned in good efforts in their races. CSM's Mercedes Brucker won her women's race.

THIRD GGC MEET

Race One: Men — West Valley 15, Chabot 48; WV 20, De Anza 49; De Anza 23, Chabot 26. Women — WV by forfeit over De Anza and Chabot.

Winners: Men — Bob Paulin (WV) 21:51 over 4.2-mile Stevens Creek course. Women — Ann Wotherspoon (WV) 16:26 over 3-mile course.

Race Two: Men — CSM 21, Diablo Valley 34; CSM 15, CCSF 50; DVC 15, CCSF 50. Women — CSM 15, DV and CCSF inc.

Winners and CSM placers: Paul Mello (SM) 21:34, 3. Pincombe 22:04, 4. Green 22:08, 5. Baldocchi 22:37, 7. McBride 22:47, 11. Pettit 22:22, 12. Sherrin 23:26, 14. Ild 23:48, 15. Haight 24:05, 18. Wielke 24:19 (32 runners). Women — Mercedes Brucker (SM) 21:01, 3. Newton 22:03, 5. Smithson 22:35, 7. Mahoney 23:47, 8. Edwinton 24:40.

Race Three: Men — Canada 28, Foothill 28 (tie; new scoring rule fails to allow for first total team in; Canada would have won under former rule); San Jose 17, Canada 48; SJ 18, Foothill 47; Foothill 16, Laney 50; SJ 15, Laney 50. Women — Canada 28, Foothill 30; Canada by forfeit over SJ; Foothill by forfeit over SJ.

Winners and Canada placers: Men — Joe Fabris (SJ) 22:22, 5. Goodstein 22:53, 9. Wisand 23:20, 12. Cortez 23:26, 17. Honey 24:30, 18. Loader 25:13, 19. Vigil 25:17, 22. Lucas 26:45, 29. Gavrilis 27:57 (33 runners). Women — Munday (SJ) 19:57, 3. Cortez Connolly 20:35, 4. P. Stok 20:58, 5. K. Stok 21:23, 7. Knott 21:43, 12. Bland 27:24.

STANDINGS (revised by JC Athletic Bureau): Men — CSM 7-0, WV 7-0, SJ 7-0, DVC 4-3, DA 4-3, Foothill 2-4-1, Canada 1-5-1, Chabot 1-5, CCSF 0-6, Laney 0-7. Women — WV 4-0, Canada 4-2, Foothill 4-2, CSM 3-3, DA 2-1, Chabot 2-3, CCSF 0-3, SJ 0-3, DVC 0-4.

Bulldog Harriers Nipped

College of San Mateo lost the final Golden Gate Conference duel and the league title to West Valley, 28-29, Friday. Both teams beat San Jose CC easily in the triple match-up of unbeaten (7-0) teams.

CSM soph Paul Mello, the Northern California 10,000-meter champ, won the four-mile race at Coyote Hills Park in Newark in 19:54, a course record. Teammate Rick Pincombe was third.

At Coyote Hills Park, Newark Men (4 Miles)

West Valley 28 (1:52.18), San Mateo 29 (1:52.22)

CSM 23, San Jose CC 32, West Valley 23, San Jose 32

1. Paul Mello (CSM) 19:54 (course record); 2. D. Avritt (WV) 20:01; 3. Rich Pincombe (CSM) 20:05; 4. Bob Paulin (WV) 20:13; 5. P. Secrist (SJ) 20:21; 6. Joe Green (CSM) 20:22; 7. Joe Fabris (SJ) 20:33; 8. G. Szanto (WV) 20:37; 9. L. Baumbeca (WV) 20:38; 10. Rick Baldocchi (CSM) 20:38; 11. Joe Selezar (SJ) 20:43; 12. D. Parrish (SJ) 20:43; 13. V. Eberly (WV) 20:49; 14. Joseph (SJ) 21:13; 15. R. Russell (WV) 21:16; 16. L. Bergkamp (WV) 21:17; 17. Chris Pettif (CSM) 21:23; 18. Ken McBride (CSM) 21:30.

Chabot 15, CCSF 50, Canada 17, CCSF 39, Chabot and CCSF by default over Laney, Chabot 19, Canada 39

1. Mike Plummer (Ch) 20:54; 2. Goodstein (Can) 21:03, additional Canada placers: 7. Weand 22:03; 9. Cortez 22:16; 12. Loeder 22:42; 13. Honey 22:47.

Diablo Valley 16, Foothill 45

De Anza 21, Foothill 38

Diablo Valley 26, De Anza 37

1. Ron Criner (DV) 20:28.

Final Standings: West Valley 9-0, CSM 8-1, San Jose CC 7-0, Diablo Valley 6-3, De Anza 5-4, Chabot 4-5, Canada and Foothill 2-6-1, CCSF 1-6, Laney 0-9.

Women (3 Miles)

West Valley 17, CSM 43, CSM and West Valley by default over San Jose CC

1. Ann Weatherspoon (WV) 16:26; 2. Sue Munday (SJ) 17:21; 3. K. Perkins (WV) 17:41; 4. R. Powell (WV) 18:54; 5. Mercedes Brucker (CSM) 19:07, additional CSM placers: 9. Molly Newlon 20:09; 11. Gail Smithson 21:54; 12. C. Mahoney 22:12; 13. Joyce Scott 23:41.

Canada 15, Chabot 41, Canada and Chabot by default over CCSF

1. Chris Sakelarios (Can) 18:50; 2. M. Connolly (Can) 18:51; 3. K. Stok (Can) 19:32; 4. S. Knott (Can) 19:58; 5. P. Stok (Can) 20:07.

Foothill by default over De Anza and Diablo Valley

1. Penny DeMoss (F) 17:52.

Final Standings: West Valley 8-0, Canada and Foothill 6-2, CSM 4-4, Chabot 3-4, De Anza 2-2, CCSF and Diablo Valley and San Jose 0-5. (De Anza-GCSF-San Jose meet not run. Only first four schools had complete teams in all meets.)

GGC title to be decided today at triangular meet

The Golden Gate Conference cross-country title will be at stake today when CSM faces West Valley and San Jose in a triangular meet at Coyote Hills at 4 p.m.

"If all our runners perform up to their best times, San Jose and West Valley shouldn't be able to touch us," said coach Bob Rush, "but we haven't been able to get that kind of performance as of yet."

Paul Mello is once again the favorite to take the race, but could be pushed by West Valley's defending state champion Bob Paulin. Paulin has been battling illness all year, but will probably be ready to make a run at Mello, according to Rush.

West Valley's Doug Aurit should take third, as the Vikings, in Rush's opinion "rely heavily upon their top

two men, while San Jose relies on its overall depth."

"The pressure's really going to be on our second through fifth men," said second man Rich Pincombe. "We have to get two men ahead of West Valley's third man and then break up San Jose's depth."

Rush will be looking for Pincombe, freshmen Joe Green, Chris Petit, Rick Baldocchi, sophomores Ron Sherrin and Ken McBride to be competitive for the top five spots.

Joe Green is coming off his best race of the year as he took 11th at the prestigious Mt. SAC relays, covering the four mile course in 20:37. Pincombe, Petit and McBride rounded out CSM's top five as the Bulldogs took fourth overall.

'Heartbreaker' for CSM runners

NEWARK — "Even though we lost a heart-breaker, I think this shows those who think otherwise that cross country is a true team sport," said College of San Mateo coach Bob Rush yesterday.

"This" was the Bulldogs' heart-breaking experience in the fourth and final Golden Gate Conference meet. San Mateo beat San Jose but lost to West Valley by one point (that is, one place) in a classic meeting between three previously unbeaten teams.

CSM's sophomore ace, Paul Mello, won an extremely competitive four-mile race in 19:54. But the Bulldogs finished 8-1 with their 28-29 loss to West Valley, CSM downed San Jose 23-32.

"I can't be that unhappy — we competed pretty well," said Rush. "We still feel we're one of the finest TEAMS in Bulldog history and in the state." Rush has been angered by administrative state proposals which would do away with the state team finals and make the meet an individual event only.

Redwood City's Rick Pincombe

finished third, freshman Joe Green sixth and Rick Baldocchi 10th, one stride behind a West Valley runner — "and I can't complain because Rick made a great finish to pass five guys in the stretch," Rush noted.

Canada's women, led by heat winner Chris Sakelarios, swept the first five places against Chabot to finish second in the GGC at 6-3 in their maiden season. Canada's men, who beat San Francisco but lost to Chabot, got a strong second by Gary Goodstein. CSM's women finished 4-4 led by season-long standout Mercedes Brucker.

The GGC finals are next on tap Friday at Sierra College in Rocklin, also the site of the Northern California and state finals.

Race One: Men — Chabot 16, CCSF 20; Chabot 15, Laney 20; Chabot 18, Canada 20; Canada 17, CCSF 39. Women — Canada 18, Chabot 41.

Winners and Canada placers: Men — Plummer (Chabot) 20:04, 2. Goodstein 21:03, 7. Weiland 22:03, 8. Cortez 22:16, 12. Lauter 22:42, 13. Honey 22:47. Women — Chris Sakelarios (Van) 18:50, 2. Cortez Connolly 18:51, 3. K. Stok 19:32, 4. Knott 19:53, 5. P. Stok 20:07, 14. Bland 24:14.

Race Two: Men — Diablo Valley 16, Foothill 45; DVC 26, De Anza 31; BK 21, Foothill 38. Women — Foothill 15, others inc.

Winners: Men — Craier (DVC) 20:28. Women — Penny DeMoss (F) 17:53.

Race Three: Men — West Valley 28, San Mateo 29; San Mateo 23, San Jose 32; West Valley 23, San Jose 32. Women — West Valley 17, San Mateo 45; San Mateo over SK inc.

Winners and CSM placers: Men — Paul Mello (SM) 19:54, 3. Pincombe 20:05, 6. Green 20:22, 10. Baldocchi 20:34, 17. Felt 21:25 (30 Minnets). Women — Ann Wetherspoon (WV) 18:28, 5. Brucker 19:07, 8. Newlin 20:08, 11. Smithson 21:34, 12. Mahoney 22:12, 13. Scott 23:41.

FINAL STANDINGS: Men — West Valley 9-6, San Mateo 8-1, San Jose 7-2, Diablo Valley 6-3, De Anza, 5-4, Chabot 4-4, Canada and Foothill 2-6-1, CCSF 1-8, Laney 0-8. Women — West Valley 8-6, Canada 6-2, Foothill 6-3, San Mateo 4-4, Chabot 3-4, De Anza 2-2, Diablo Valley, CCSF and San Jose 0-5.

November 4, 1977

Mello sets record but harriers fail to win GGC crown

In a meet that has lost some of the significance it had a few weeks ago, the Bulldogs will travel to Rocklin for the Golden Gate Conference finals to be held today at noon.

The meet will decide which team in the conference will receive the winner's plaque, in addition to awards for runners who attain all-conference status.

Due to last week's narrow 28-27 loss to West Valley College in a meet that brought together the GGC's unbeaten squads, CSM will have to settle for second place in the dual meet standings.

In that four-mile contest held at Coyote Hills Park in Newark, the Bulldogs were considered to be favorites if they performed up to their potential. But due to cross country's reliance on the team aspect of running, the squad fell.

According to coach Bob Rush, "This is a team sport; anybody who doesn't think so doesn't know the sport. There are some that want to change cross country to becoming more individually-oriented, but I think they're all wet."

This team emphasis was particularly noticeable in the Newark defeat as the Bulldogs' top four runners did what they were expected to do to win the meet, but because West Valley's sixth and seventh men edged out CSM's fifth man, the Bulldogs lost.

According to coach Rush, the meet was a perfect example of why the sport of cross country is so team-oriented, in that if any one member of the team doesn't do his job, the rest of the squad's efforts could be for naught in the team totals.

Those who came through were sophomore Paul Mello, establishing a course record of 19:54; Rick Pincombe, continuing "his most consistent season ever" by finishing third with the time of 20:05; Joe Green finishing sixth and Rick Baldocchi coming through in tenth.

Mello wasn't sure he would win the race, though he's done it most of the season, feeling that West Valley's Doug Avrit or Bob Paulin might edge him out.

The meet was close in both the score and the time totals, as West Valley's top five runners totaled 1:42:18 and CSM was but a scant four seconds behind.

If there was a surprise in the meet it was the distant third that the San Jose City squad pulled in. Before the race, the Jaguars were expected to battle for the team title, but their runners were edged out from many of the top positions by the Bulldogs and Vikings, relegating them to a disappointing third.

As for Pincombe's third place finish, it was both gratifying and surprising. As he tells it, "When I passed the two-mile mark (with the same time he had run it in high school) I did the best I could, and the practice that I've done just came together."

Local Harriers in State Run

By FRED BAER

Times Correspondent
ROCKLIN — Both College of San Mateo's men's cross-country team and Canada's women's squad have qualified second in their sections for the California Community College championships Saturday at Sierra College.

Saturday's meet is the first official women's state championship for California Community Colleges. There will be four races, starting at 10:30 a.m., featuring men and women in large and small school divisions.

CSM and Canada face formidable opposition from the south. In addition to the same teams that beat them in the Northern California finals last Saturday on the same course.

Grossmont is favored to take a sixth straight men's state championship after running away with its seventh straight Southern California title last week. American River, NorCal with 37 points (to San Mateo's 85), could contend.

They'll face formidable opposition in the state meet, however, where perhaps the strongest teams and top individual in the south are in Division II — SouCal champ Glendale (38) and runnerup Citrus (44).

Ruth Caldwell of Citrus, a U. S. Olympic Trials finalist in the 800 meters in 1976, won the SouCal Division II finals in a course record 17:14. The next runner (Thina Moran of Glendale) clocked 18 minutes flat.

Canada placed all five of its runners only 1:03 apart in the NorCal finals, Mary Connolly's eighth place finish (19:23.7) leading the Calts.

CSM coach Bob Rush expects his Bulldogs can run with anyone else in the field. And San Mateo does have one of the individual favorites in Paul Mello — who was a strong third in the NorCal finals. Tim Holmes, the great Modesto JC freshman out of Downey High, won the NorCal race in 19:42.8, breaking Mello's course record of 19:58.7 set a week earlier.

San Mateo just missed one of the five spots in the Division I women's state finals, placing sixth with 130 points in a race dominated by Golden Gate Conference teams.

CSM qualified two individuals women runners (by placing in the top 15) Mercedes Brucker was 12th in her division in 19:29.3 and Molly Newton 14th in 19:43.4.

In the Division II men's NorCal finals, Skyline placed seventh with 224 points and Canada 294 in a race won by Monterey Peninsula (49) over San Jose CC (54).

CROSS-COUNTRY
 Northern California Community College championships at Sierra Col.

hope. Rocklin (Top five teams in each division race qualify for state finals on same course Saturday.)
Men (4 Miles)

Division I (Large Colleges): 1. American River 37; 2. San Mateo 85; 3. West Valley 93; 4. Diablo Valley 117; 5. Modesto 121. (13 teams scored.)
 Individual — 1. Tim Holmes (Mod) 19:42.8 (course record); 2. Tim Farrell (AR) 19:50.8; 3. Paul Mello (SM) 19:52.4; 4. Bob Paulin (WV) 19:59.0; 5. Nick Brewer (AR) 20:02.1; 6. Rick Pincombe (SM) 20:13.6. Additional CSM placers: 11. Joe Green 20:29.0; 12. Rick Baldock 21:03.8; 39. Peter Hill 21:2:39.9; 43. Kevin Farley 21:37.6; 57. Chris Pettit 22:08.9.

Division II (Small Colleges): 1. Monterey Peninsula 49; 2. San Jose CC 54; 3. Sierra 136; 4. Solano 155; 5. Porterville 169; 6. Merced 205; 7. Skyline 224; 8. Marin 235; 9. Shasta 238; 10. Cuesta 260; 11. Butte 280; 12. Canada 294. (16 teams scored.)
 Individual — 1. Joseph Leano (Por) 19:53.3; 2. Skyline and Canada placers: 9. Gary Goodstein (C) 20:57.4; 28. Mike Gull (S) 21:24.0; 36. Dave Dunder (S) 21:34.5; 45. Keith Larsen (S) 21:45.9; 61. Mike Skiff (S) 22:09.7; 63. David Cortez (C) 22:12.3; 71. Steve O'Brien (S) 22:29.6; 72. Bill Amable (S) 22:29.9.

77. Steve Honey (C) 22:35.4; 81. Roger Camdos (S) 22:43.5; 82. Les Loeder (C) 22:44.1; 83. Ray Weiland (C) 22:47.6; 96. Noe Vigil (C) 23:45.3; 106. Gus Gavrilis (C) 25:07.0.
Women (3 Miles)

Division I: 1. De Arza 28; 2. West Valley 54; 3. Fresno CC 96; 4. Foothill 99; 5. Cabrillo 100; 6. San Mateo 130; 7. Chabot 170.
 Division II — 1. Cuesta 57; 2. Carada 69; 3. Sierra 80; 4. Sequoias 96; 5. Monterey Peninsula 87; 6. Yuba 98.
 Individual (combined race) — 1. Ann Wotnerspoon (WV) 19:02.6; 2. Sue Munday (San Jose) 17:30.4; 3. April Powers (DA) 17:42.5; 4. Sharon Hayner (DA) 17:50.2; 5. Kathy Perkins (WV) 17:55.1. (Munday was small division leader.)
 Canada runners (with Division II placings): 8. Mary Connolly 19:23.7; 11. Chris Sakalaros 19:48.5; 17. Karin Stok 20:07.2; 21. Peggy Stok 20:18.7; 22. Sue Knot 20:26.6.
 CSM runners (with Division I placings): 12. Mercedes Brucker 18:39.3; 14. Molly Newton 19:53.4; 81. Joyce Scott 22:14.8; 85. Gail Smithson 23:05.2; 87. Stella Edwinton 23:20.2; 89. Carolyn Mahoney 26:24.5. (Brucker and Newton qualify individually for state meet for finishing in top 15.)

Mello and Holmes battled over the final mile, with Holmes finally pulling away in the last 600 yards and American River frosh Tim Farrell catching Mello over the final 10 yards for the second spot. "I don't think Mello knew Farrell was that close at the end," said Rush. Defending state champ Bob Paulin of West Valley was fourth and CSM's Rick Pincombe sixth.

CSM's Joe Green ran 11th and, according to Rush's calculations, was the third frosh finisher after Holmes and Farrell. Canada had the surprise women's entry in the NorCal finals, placing a strong second with 69 points behind Cuesta (57) in Division II. Cuesta has fielded teams in the past, while this is Canada's first women's squad.

'Elated' with state effort

Colt women run to third

ROCKLIN — Canada College's first-year women's cross country team turned out to be even more successful than coach Mike Ipsen had hoped.

The Colt women placed all five scorers within a 50-second period, from 15th to 28th, to take third in the small school division in the state finals Saturday at Sierra College.

Meanwhile, College of San Mateo's men didn't place quite as high as they had hoped, but still settled for a respectable sixth in the large college division.

"It was their best race of the year," said Ipsen of the scorers who brought back a Colt trophy — Mary Cortez Connolly, Chris Sakelarios, Sue Knott, Karin Stok and Peggy Stok. "Every runner improved and we beat Cuesta (which nipped Canada for NorCal honors). We were elated."

Canada's 85 points weren't far

behind Southern California powers Glendale (66) and Citrus (78). Knott was a key, cutting 50 seconds off her best.

Rick Pincombe ran his best race in his final competition for CSM. The sophomore from Redwood City finished 12th in 19:45 as 35 runners in the two men's divisions broke what had been the course record before this season.

CSM ace Paul Mello couldn't keep up with a blistering early pace and finished a disappointing 23rd. But the Bulldogs, who beat all their NorCal competition again except American River, were 37 points out of fifth anyway.

Several experienced runners had trouble; defending champ Bob Paulin of West Valley was only 45th as Modesto freshman Tim Holmes ran a sensational 19:15.8 on the four-mile course.

CSM's Mercedes Brucker was

22nd in the large school women's race.

MEN'S LARGE DIVISION

SCORES: Grossmont 68, American River 78, Fullerton 85, Mount San Antonio 88, Los Angeles Valley 120, San Mateo 157, Pasadena 161, Modesto 188, West Valley 204, Diablo Valley 218.

Tim Holmes (Mod) 19:15.8, Ebner (MSA) 19:16.5, Burken (LAV) 19:26.3, CSM runners: 12. Pincombe 19:45.0, 23. Mello 20:06.3, 36. Green 20:27.3, 38. Baldocchi 20:30.0, 58. Pettit 21:05.7, 65. Farey 21:29.3 (75 runners, 4 miles).

MEN'S SMALL DIVISION

SCORES: San Jose 74, Glendale 75, Monterey 76, Hancock 90, San Diego 138, Citrus 169, Solano 172, Saddleback 180, Sierra 197, Porterville 217.

Joaquin Leano (Por) 19:38.4, Navarro (Sierra) 19:44.7, Fabris (SJ) 19:45.6.

WOMEN'S LARGE DIVISION

SCORES: De Anza 38, West Valley 85, Ventura 112, Santa Barbara 114, Bakersfield 138, Orange Coast 138, Foothill 165, Fresno 169, Cabrillo 169, Southwestern LA 180.

Ann Wotherspoon (MV) 17:28.5, Powers (DA) 17:45, Love (Santa Barbara) 17:58, CSM runners: 23. Brucker 19:32.6, 40. Newlon 20:14.1 (3 miles, 63 runners).

WOMEN'S SMALL DIVISION

SCORES: Glendale 66, Citrus 78, Canada 85, Cuesta 96, Sequoias 121, Hancock 127, San Diego City 139, Monterey 156, Moorpark 198.

Ruth Caldwell (Cit) 17:06.2, Munday (SJ) 17:15, Moran (Glen) 17:59, Canada runners: 15. Cortez Connolly 19:19.4, 16. Sakelarios 19:25.6, 17. Knott 19:34.0, 28. K. Stok 20:01.2, 28. P. Stok 20:09.3, 54. Bland 23:24.5 (64 runners).

CSM Harriers Sixth in State

By FRED BAER

Times Correspondent

ROCKLIN — One of the fastest paces in state meet history claimed College of San Mateo's Paul Mello among its victims Saturday, but the Bulldogs still finished a creditable sixth (and as the No. 2 Northern California team). Canada, meanwhile, place third in the small division women's race — and as the top NorCal team.

Grossmont continued its dominance, scoring 68 points to claim its sixth straight large division men's crown.

with 66 points to 78 for Citrus and 85 for Canada.

The Colts relied upon their usual tight grouping, Mary Connolly in 15th place (19:19.4) leading Chris Sakelarios and Sue Knott across the line and the final two Canada scorers (Karin and Peggy Stok) coming in within 50 seconds of Connolly.

De Anza took the large division women's championship with 38 points, as GGC dual champ West Valley was second with 85. CSM's Mercy Brucker ran 23rd and Molly Newlon 40th.

Mello two weeks ago had broken the course record of 20:07 set by Ed Mendoza of Grossmont in the 1971 state meet here and become the first runner under 20 minutes at 19:58.7. Last week he chased Holmes to a 19:42.8 clocking over the four mile course and lowered his own time to 19:52.4.

But this time Holmes led the pack through the three mile mark in 14:30 and Mello faded from sixth at that point to 23rd in 20:06.3 — still under the winning time for the last state run here.

CSM's top finisher was Rick Pincombe, 12th in 19:45.0, while frosh Joe Green took 36th in 20:27.3 as the Bulldogs totaled 157 points.

The top women's runners were in the small division, with U.S. Olympic Trials middle distance finalist Ruth Caldwell of Citrus winning the three mile race in an impressive 17:06.2 over Sue Munday of San Jose (17:15.9). But Glendale took the team title

CROSS COUNTRY California Community College Championships at Sierra College, Rocklin: Men (4 Miles)

Division I (Large Colleges): 1. Grossmont 68; 2. American River 78; 3. Fullerton 85; 4. Mt. San Antonio 88; 5. L.A. Valley 120; 6. San Mateo 157; 7. Pasadena 161; 8. Modesto 188; 9. West Valley 204; 10. Diablo Valley 218.

Individual — 1. Tim Holmes (Mod) 19:15.8; 2. Joe Ebner (MSA) 19:16.5; 3. Kevin Burkin (LAV) 19:26.3. CSM placers: 12. Rick Pincombe 19:45.0; 23. Paul Mello 20:06.3; 36. Joe Green 20:27.3; 39. Rick Baldocchi 20:30.0; 58. Chris Pettit 21:05.7; 65. Kevin Farey 21:29.3; 71. Peter Iiv 22:04.2.

Division II (Small Colleges): 1. San Jose 74; Glendale 75; 3. Monterey Peninsula 76; 4. Allan Hancock 90; 5. San Diego CC 138; 6. Citrus 169; 7. Solano 172; 8. Saddleback 180; 9. Sierra 196; 10. Porterville 217.

Individual — 1. Joaquin Leano (Por) 19:38.4.

Women (3 Miles)

Division I: 1. De Anza 38; 2. West Valley 85; 3. Ventura 112; 4. Santa Barbara 114; 5. Bakersfield and Orange Coast 138; 7. Foothill 165; 8. Fresno and Cabrillo 169; 10. Southwestern 180.

Individual — 1. Ann Wotherspoon (WV) 17:28.5; 2. April Powers (DA) 17:45.4; 3. Darlene Love (SB) 17:58.5. CSM placers: 23. Mercy Brucker 19:32.6; 40. Molly Newlon 20:14.1.

Division II: 1. Glendale 66; 2. Citrus 78; 3. Canada 85; 4. Cuesta 96; 5. Sequoias 121; 6. Allan Hancock 127; 7. San Diego CC 139; 8. Monterey Peninsula 154; 9. Moorpark 198.

Individual — 1. Ruth Caldwell (Cit) 17:06.2; 2. Sue Munday (San Jose) 17:15.9; 3. Tina Moran (Glen) 17:59.0. Canada placers: 15. Mary Connolly 19:19.4; 16. Chris Sakelarios 19:25.6; 17. Sue Knott 19:34.0; 26. Karin Stok 20:01.2; 28. Peggy Stok 20:09.3; 54. Mary Bland 23:24.5.