

SERRA HIGH SCHOOL
451 WEST TWENTIETH AVENUE
SAN MATEO, CALIFORNIA 94403
345-8207

Welcome to the 1977 Crystal Springs Invitational. As most of you know, this is a low key meet. It is also pretty much a do-it-yourself meet. We ask your cooperation and hope you and your team have a fine morning here at Crystal Springs.

In your envelopes you will find a sheet with the schools entered in each race. There is one change as of this printing. Jesuit of Sacramento will not be with us because of flu.

There are small envelopes for each race you entered. In these envelopes are name tags. please print your athletes' first and last name on the tags. He will wear these on his jersey during the race. They will be put on a chart as he finishes along with his time so that you and he will be able to see how he did.

When the athletes go through the finish line they will be given a numbered tag. Please fill it out completely and put it in the appropriate envelope. Fill out the front of the envelope with your placers and return it to me as soon as possible after the race. This is the official scoring method.

Please, NO INCOMPLETE TEAMS in the team races. All incomplete teams and extra runners are to be in the reserve race. Girls may run either as part of teams or as individuals in the reserves. We will have a regular girls race next year.

There is a large business size envelope in your packet. Fill in your address and return it to me if you want results mailed to you.

T shirts will be handed out as the athletes go through the finish line. Team awards will be handed out after the meet.

There will be a Junior College meet following ours.

Line up on the starting line first come---first served. Put three runners on the line, the rest in back.