

# DELMAR INVITATIONAL

NE

## 19<sup>th</sup> ANNUAL CROSS COUNTRY RUN

Place: Del Mar High School

Date: Saturday Oct. 15 beginning at 9:30 AM

Races: Separate races for Fresh, Sophs, J.V. and Girls

Fees: A fee of \$1.00 per contestant, or \$5.00/Team will be charged. Entry blank and fee should be sent to Jim Hamm, c/o Del Mar High School, 1224 Del Mar Ave., San Jose. Entries are due on or before Oct. 10. Make checks payable to Del Mar Invitational.

Varsity Awards: All medals are custom made for the Del Mar Invitational.

1. Medals will be awarded to all seven members of the winning and second place varsity teams.
2. Varsity runners in the top five but not on the first or second place team will receive medals.

SHOES: SHOES MUST BE WORN.

Special Note: No runners will be allowed to participate until fees for his school have been paid.

Misc.: Schools will be placed in races according to the number of men entered so as to even out the number of contestants. Varsity teams will be placed in one race.

Awards-Other Races:

1. Individual awards for the top 10 freshmen.
2. Individual awards for the top 10 sophomores.
3. Individual awards for top 10 girls.
4. Ribbons for top 10 J.V.

Course: Same as last year (2 miles; some dirt, some asphalt, several short hills, primarily grass).