

1978 AIAW NATIONAL CROSS COUNTRY CHAMPIONSHIP

November 18, 1978 - Denver, Colorado

September 25, 1978

TO: AIAW Member Institutions, for immediate distribution to Cross Country Coaches

FROM: The University of Colorado at Boulder

We are pleased to invite your athletes to the Fourth Annual AIAW National Cross Country Championships, to be held in Denver, Colorado, on Saturday, November 18, 1978. The course is a true cross country course and should be a true test for the best of our collegiate distance runners. The distance is 5000 meters (3 miles, 188 yards).

Again this year, qualifications will be through regional championships (see Page 7). The weather in our part of Colorado for mid-November is very dry in the Denver area. The approximate precipitation is .69 of an inch, mostly snow. There are 2 days during the month with an inch or more of snow and only 5 days with .001 precipitation. The average maximum temperature is 52 degrees and the average minimum temperature is 24 degrees. We have 26 days of sunshine during the month of a possible 30.

This mailing is the only one you will receive and it includes the following items (check each as you locate it):

___ Coaches information sheet (white)

___ Registration procedure (pink)

___ Qualifying procedure (pink)

___ Denver/Englewood area map (green)

___ Course map (green)

___ Restaurant guide (yellow)

___ Motel guide (yellow)

___ Official entry forms (2 blue, 1 gold)

___ Transportation sheet (light gold)

___ Special reminders (light gold)

You keep all these materials until November 7; all blue sheets and the affidavit of eligibility forms (follow the instructions on the forms carefully) must be mailed (postmarked before 5:00 P.M.) November 7, 1978. Use Special Delivery, Registered Mail only, and return to BILL CROWDER, AIAW MEET DIRECTOR, P.O. BOX 3292, BOULDER, COLORADO 80307. You will receive immediate confirmation of receipt of these materials.

WELCOME TO SKI COUNTRY, U.S.A.

Bill Crowder

Bill Crowder, Meet Director
Staff Assistant Athletic Director
University of Colorado

Jane Wahl

Jane Wahl, Women's Athletic Director
Women's Intercollegiate Athletics
University of Colorado at Boulder

1978 AIAW CROSS COUNTRY CHAMPIONSHIPS

COACHES INFORMATION SHEET

Please read over this entire list of instructions so that you are fully informed about all aspects of this upcoming cross country championship. If, after reading the instructions, you still have some unanswered questions, contact the meet director.

- _____ DATE: Saturday, November 18, 1978 at 10:00 A.M.
- _____ SITE: Denver Kent Country Day School, Englewood, Colorado
- _____ ELIGIBILITY: All AIAW member institutions, in good standing, are eligible to compete. Contestants must meet all eligibility requirements as stated in the AIAW HANDBOOK.
- _____ RULES: The NAGWS Track & Field Guide Rule Book will govern competition.
- _____ QUALIFYING: By Regions; see enclosed Qualifying Procedure (pink Page 7)
- _____ ENTRY FORMS: Three official entry forms (2 blue, 1 gold) are enclosed. Two (blue) must be returned to the meet director as specified in the Qualifying procedure; keep one (gold) copy for your records. For your entry to be accepted, it must be accompanied by your full entry fee. The entries listed must have qualified and must have been verified by your Regional Representative. (See Qualifying Procedures, page 7.)
- _____ ELIGIBILITY AFFIDAVIT: In case your athletic director has not received these forms from the AIAW National Office, please contact your regional representative. The AIAW Affidavit of Eligibility is completed by your athletic department at the beginning of the season and updated for participation in the majority of season just before qualifying begins. The affidavit would be in the hands of the regional championship director where there is a qualifying meet and mailed to the national championship director by that person. There is one copy of the affidavit which the coach "hand carries" to the national meet. Only where there is not a regional qualifying meet could the institution mail the proper affidavit form directly to the National Championship Director. (Refer to back of the AIAW Affidavit of Eligibility Form.)
- _____ ENTRY FEES: The entry fee is \$5.00 per individual entry (maximum is \$25.00 for a team of 5, 6 or 7 runners). There will be no returned entry fees for non-participating runners who have been entered. Make checks payable to The University of Colorado.

PUBLICITY:

Meet publicity is being managed by our Assistant Sports Information Director, Mike Bialas. Please send information immediately of outstanding cross country results, track times, photos, etc. of any runners you think will qualify. Mail all publicity materials to the meet director by October 9, 1978.

CONFIRMATION
AND SCRATCHES:

Coaches must confirm or scratch each entry IN PERSON or through a bonafide representative at the check-in desk at the Meet Headquarters on Friday, November 17, between 10:00 A.M. and 5:00 P.M. Note, mailed, telegraphed or or telephoned declarations will not be accepted (see registration procedure on pink sheet).

MEET
HEADQUARTERS:

The Marriott Hotel (6363 East Hampden Avenue) Denver, Colorado (see map, green sheet). The confirmation (check-in) desk is located at the Meet Headquarters.

COACHES
PACKET:

Will be given out when the coach declares his/her athletes on Friday, November 17. This packet will include all specific information about the race.

COACHES
MEETING AND
SOCIAL HOUR:

The coaches meeting is mandatory (school representative-coach preferred) at 7:00 P.M. on Friday, November 17th at Kent Denver Country Day School's main gymnasium. All questions will be answered and specific information concerning the championship race will be given at this meeting. A social hour will follow at the school's cafeteria. All coaches and athletes are cordially invited.

ATHLETES
MEETING:

There will be a meeting for athletes at 7:00 P.M. at Denver Kent Country Day School Cafeteria.

TRANSPORTATION:

Denver and Englewood are in North Central Colorado, 65 miles north of Colorado Springs, 120 miles north of Pueblo. Highway I-25 passes through all three cities. Stapleton International Airport is served by Continental, Braniff, Texas International, Western, TWA, United, Delta, Frontier, Ozark and North Central airlines.

Please submit your light gold transportation sheet with your official entry, regardless of your mode of travel. Check the map for distances so you can determine your local transportation needs. The University of Colorado will provide shuttle bus service from the meet headquarters and nearby motels to the course at Denver Kent Country Day School. Schedules will be available at the registration desk on Friday, November 17th. These busses will be available for course inspection Friday, the race on Saturday and after the awards ceremony. These busses will go back to nearby motels and meet headquarters.

If you want to rent a car, the following are available in Denver:

CAR RENTAL

Ajax Rent-A-Car
303-320-8361, 800-421-0896

Continental Rent-A-Car
303-399-6600

Avis
303-398-5340, 800-331-1212

Budget
303-399-0444, 800-228-9650

American International Rent-A-Car
303-399-5020, 800-527-6346

Econo-Car
303-388-6436, 800-228-1000

Ford Rent-A-Car
303-757-7651, 303-321-3673

Hertz
303-861-2128, 800-654-3131

National
303-388-1677, 800-328-4567

Sears
303-892-8755, 800-228-2800

Thrifty Rent-A-Car
303-388-4634, 800-331-4200

ACCOMMODATIONS:

Check the enclosed yellow (motel guide) and green (Denver area map) sheets. Please be advised that there is a home football game at the University of Colorado in Boulder on Saturday, November 18th and a Denver Bronco game on Sunday, November 19th. Local motels (those listed on the motel guide) have provided phone numbers and rates for Thursday, Friday and Saturday nights, November 16th, 17th and 18th, for cross country teams. Anyone wishing accommodations for Thursday or Saturday nights, November 16th and 18th, should make much earlier reservations and cancel if you don't qualify.

We urge all AIAW teams to stay at the meet headquarter's hotel, the Marriott. The meet headquarter's hotel is holding rooms for Thursday and Friday nights. Also, they have extended their check-out time until 2:00 P.M. the day of the race to accomodate your needs. When phoning in reservations, please indicate that you are associated with the AIAW Cross Country Nationals. **NO MATTER WHERE YOU STAY, PLEASE PHONE EARLY FOR RESERVATIONS!**

DRESSING SHOWER TOILET FACILITIES:

Excellent facilities available at the course (Denver Kent Country Day School - 150 yards from the finish of the race). The start is 500 yards from these facilities so budget your time accordingly. Towels will be provided.

TRAINERS MEDICAL PERSONNEL:

Will be at the course, specific information in coaches packets (received at check-in).

WEATHER:

The weather in the Denver area in mid-November is very dry. The approximate precipitation is .69 of an inch, mostly snow. There are 2 days during the month with an inch or more of snow and only 5 days with .001 precipitation. The average maximum temperature is 52 degrees and the average minimum temperature is 24 degrees. We have 26 days of sunshine during the month of a possible 30.

RUNNING
COURSE:
 (5000 M)

(See green map, page 9) The course is 5,000 meters in length and is comprised of several rolling hills and varying terrain and not always even footing. Do not expect a well trimmed golf course. This will be a true cross country course. The running surface is made up mostly of dirt, grass and closely mowed hayfields. We would recommend the use of a waffel bottom shoe for racing on this course. The course will be run between two solid white lines, approximately 10 meters apart. The course will be well marked and will follow the contour of the course. The course will not hold water well in certain areas; therefore, footing could be slow and muddy.

COURSE
INSPECTION
& WARM UP:

The course will be available from 12:00 noon until 5:00 P.M. on Friday, November 17th. Please do not alter any markings and please do not trespass on grounds of private homes surrounding the course. Follow the map of the course which you will get in the coaches packet at check-in (it may vary slightly from the enclosed map).

TEAM
SCORING:

To count in team scoring, a team must finish 5, 6 or 7 runners (top 5 score). No more than 7 starters per team. All members of any team. All members of any team which finishes fewer than 5 runners, and all individual entries, will not count in the team scoring. This is the displacement system.

MEET RESULTS:

"Unofficial" results should be available by 11:30 P.M.; "official" results (calculated after review of any protests and after review of the finish films/video) will probably be available for all coaches by 1:00 P.M. at a Marriott Hotel meeting room. All participating schools will be mailed a copy of official results within three days of the race.

PROTESTS:

A Protest Committee headed by the meet referee, Chris Murray (National Chairperson), will act on all official protests. Protest forms will be in the coaches packets.

AWARDS
CEREMONY:

The Awards Ceremony will be held at 11:30 A.M. at the Denver Kent Country Day School Gymnasium. All team and individual place winners must attend to be presented their awards and for publicity and photographs.

AWARDS:

Top 15 individuals receive AIAW championship plaques. Top 5 teams receive trophies; plaques to 5 members of top 5 teams.

NOTE:

There will be no pre-meet banquet. There is a social hour for coaches and athletes immediately following their Friday meeting at the Denver Kent Country Day School Cafeteria.

ADDITIONAL
INFORMATION:

Contact Bill Crowder, AIAW Meet Director, regarding the National Meet: 303-492-8860; home: 303-499-3944. For matters related to qualifying, contact your region's cross country representative.

THIS IS YOUR ONLY MAILING - KEEP MATERIALS HANDY!

IMPORTANT
DEADLINES:

Souvenirs Form - Send back immediately

7th November 5 P.M.: Postmarked special delivery, registered letter with 2 blue copies of entry forms, full entry fee and transportation sheet.

8th November: Call the meet headquarters hotel or other hotels for room reservations. Home football games at the University of Colorado and the Denver Broncos bring in about 130,000 fans. The meet headquarters hotel is holding reservations until November 8th for cross country teams.

13th November: Call for verification of receipt of entry if postal verification is not received.

17th November 5:00 P.M.: Declaration of entries.

8th NOVEMBER: DATE AFTER WHICH UNRESERVED MEET HEADQUARTERS HOTEL SPACES WILL BE RELEASED FOR THE PUBLIC!

SOUVENIRS FOR THE ATHLETES, COACHES AND FAMILY MEMBERS

A souvenir T-shirt, denim covered portfolio and a jogger's visor are being advanced ordered for a better estimate of sizes and quantities. Please return the order form at the bottom of this page immediately so that you will be assured that your team's souvenirs will be here on time and correct in sizes.

- A - T-Shirt - An attractive white quality cotton t-shirt with contrasting neck and sleeve end trimmed in gold. A beautiful artist drawn picture of women running in a cross country race with the Rocky Mountains in the background. Complete with AIAW emblem and identification of this being the National Championships - \$5.00 each.
- B - Denim Portfolio - Bluejean denim covered. Ideal for the girls to carry school work in and coaches for important meet materials. AIAW emblem and identification of this being the National Championships - \$5.00 each.
- C - Jogger's Visor - An attractive gold vinyl visor with sponge sweat band and strong nylon adjustable white and gold stripped back band. Metallic light blue script lettering of AIAW emblem and identification of this being the National Championships - \$3.75 each.

SCHOOL _____ CITY _____ STATE _____

COACH _____

T-SHIRT QUANTITY: SM 34-36 M 38-40 L 42-44 XL 44-48 TOTAL _____

PORTFOLIO QUANTITY: _____ VISOR QUANTITY: _____

SEND CHECK PAYABLE TO THE UNIVERSITY OF COLORADO OR PAY UPON ARRIVAL.

MAIL TO: BILL CROWDER, AIAW MEET DIRECTOR
P.O. BOX 3292
BOULDER, COLORADO 80307

SEND BACK IMMEDIATELY!

QUALIFYING PROCEDURE

Qualifying for the National Championships is by regional selection and/or competition. Each Regional Representative will contact all institutions in his/her region by October 2, 1978, regarding that region's qualifying procedure. Contact your Regional Representative before October 1st if you have any questions or comments. Regardless of the procedure used, the following table lists the maximum team and individual entries allowed from the various regions.

<u>Region</u>	1	2	3	4	5	6	7	8	9
<u>Qualifying teams</u>	3	2	2	2	3	3	2	3	3
<u>Host Team</u>				1					
<u>Maximum Team Runners</u>	21	14	14	21	21	21	14	21	21
<u>Qualifying Individuals</u>	9	6	4	6	12	13	9	10	10
<u>Total Individuals</u>	30	20	18	27	33	34	23	31	31
Total Runners = 247									

<u>Region</u>	<u>Name</u>	<u>Address</u>	<u>Phone</u>
1	Ed Kusiak	Department of Women's Athletics University of Vermont Southwick Building Burlington, Vermont 05401	802-656-3070
2	Bruce LaBudde	Department of Women's Athletics Georgia State University University Plaza Atlanta, Georgia 30303	404-658-2772
3	Russell Combs	Department of Women's Athletics North Carolina State University Carmichael Hall Raleigh, North Carolina 27607	919-737-2488
4	Dave Miller	Department of Women's Athletics Western Illinois University Macomb, Illinois 61455	309-298-1716
5	J. D. Martin	Department of Women's Athletics University of Oklahoma 10080 West Brooks, Room 201 Norman, Oklahoma 73019	405-325-3851
6	Bill Nix	Department of Women's Athletics Iowa State University P.E. Dept. State Gym, Room 210 Ames, Iowa 50011	515-294-1013
7	Sara Preston	Department of Women's Athletics University of Wyoming Laramie, Wyoming 82071	307-766-6263
8	Les Berman	Department of Women's Athletics Long Beach State University Long Beach, California 90840	213-498-4049
9	Al Bonney	Department of Women's Athletics University of Washington - GC20 Seattle, Washington 98195	206-543-6710

REGISTRATION PROCEDURE

Report to the lobby of the Marriott Hotel between 9:00 A.M. and 5:00 P.M. on Friday, November 17th.

Window 1

- A- Pick up registration check list card.
- B- Declare where accommodations have been made.

Window 2

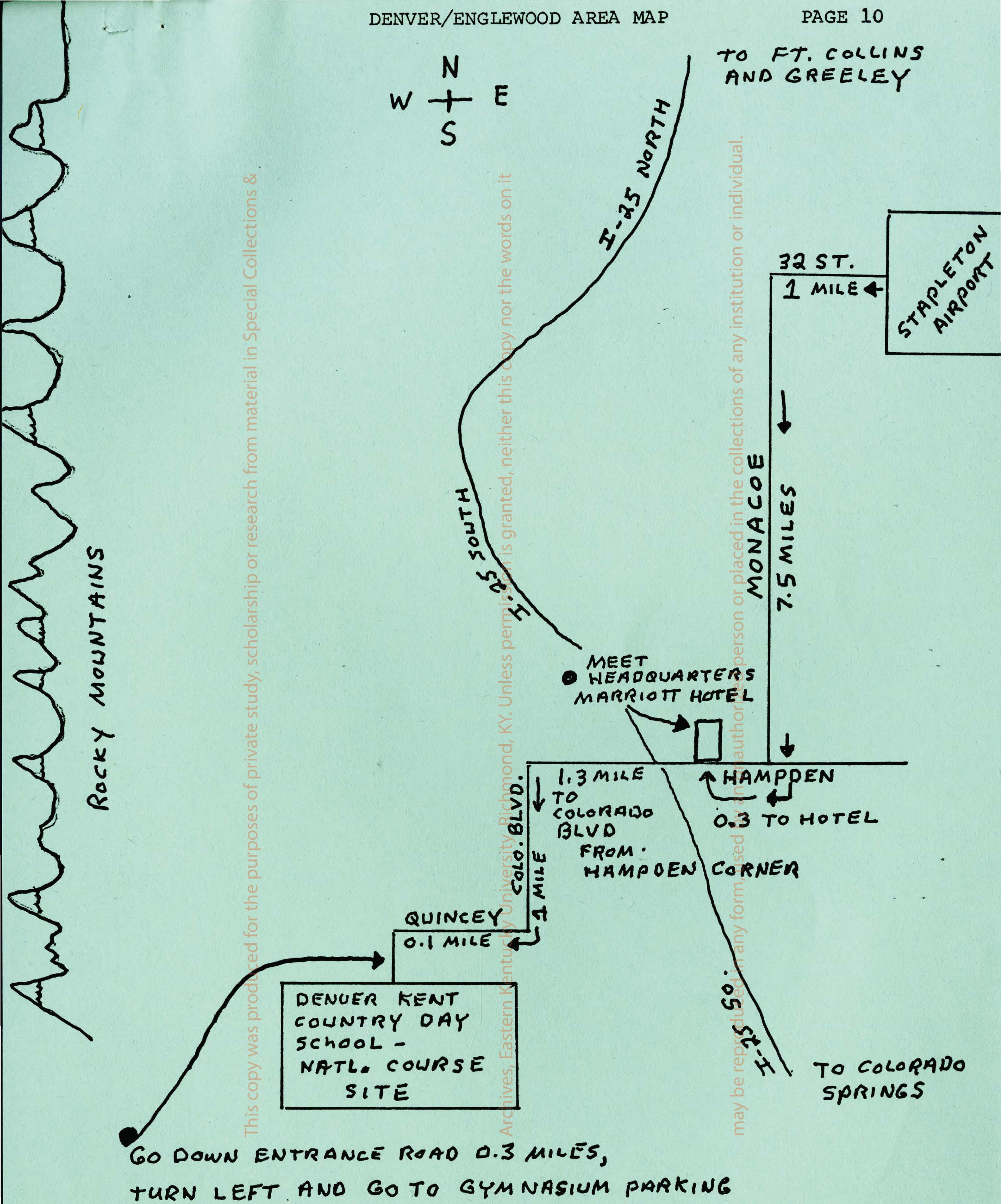
- A- Entry problems: If notation has been made on your registration check list card, you must clear up any problems before continuing.
- B- Final Declaration of 5-7 athletes for teams or any individual runners must be made before 5:00 P.M., otherwise your runners will be excluded from participation.

Window 3

- A- Declare transportation needs.
- B- Receive coach's (Registration) packet.

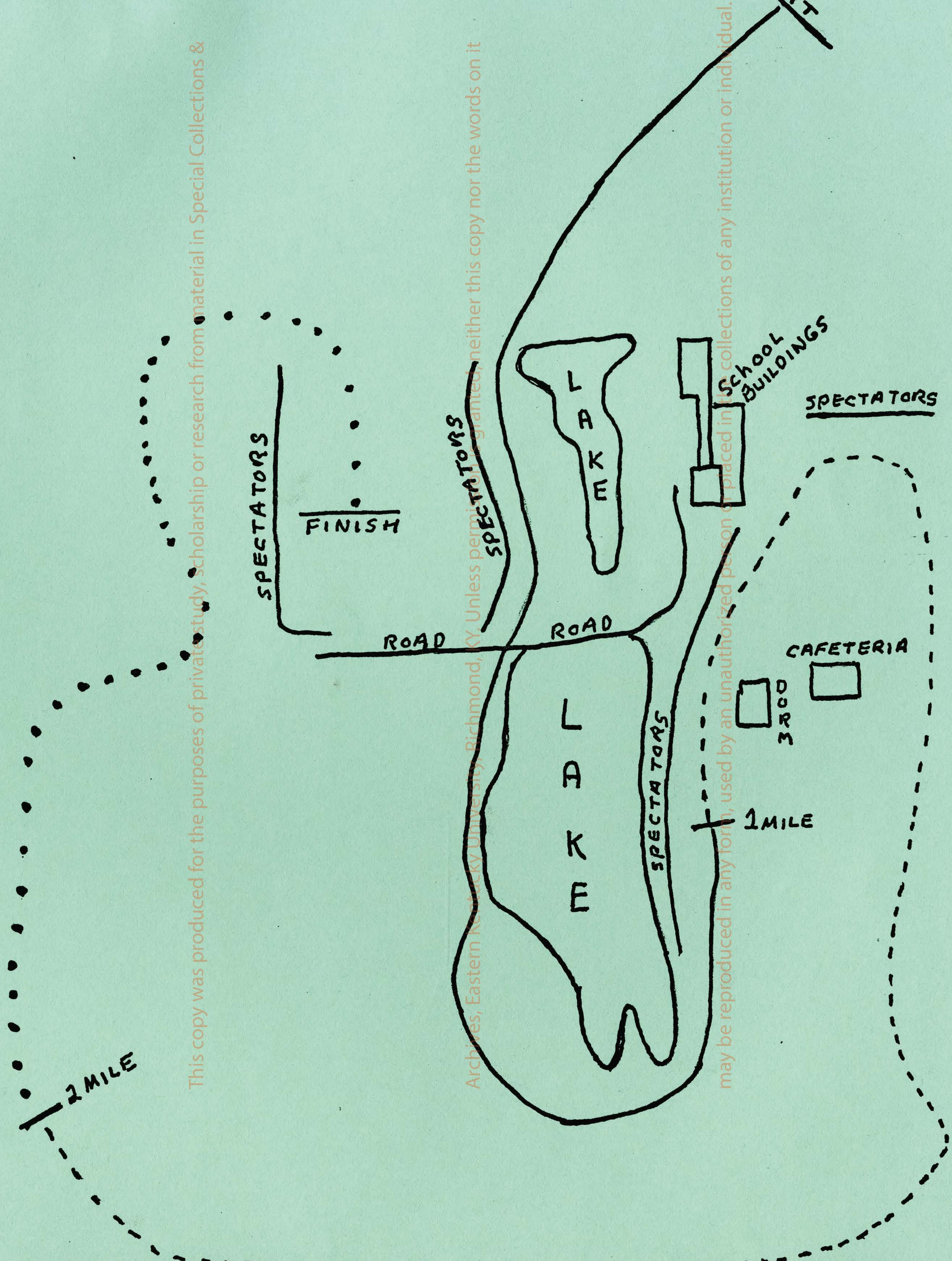
Sign your registration check list card and return it to the person at Window 3, Section B. This acknowledges you have received your material. Be sure to check your packet immediately. If any discrepancy exists, alert Window 3, Section B.

DEADLINE: 5:00 P.M. NOVEMBER 17th IS REGISTRATION (DECLARATION) DEADLINE



1st mile
2nd mile
3rd milde

1st mile
2nd mile
3rd milde



MOTEL INFORMATION

<u>ROOMS HELD</u>	<u>MOTEL</u>	<u>RATES</u>				<u>DEADLINE</u>	<u>COMMENTS</u>
		1	2	3	4	(beyond which rooms will <u>not</u> be held)	
50	A. <u>HOWARD JOHNSONS</u> 6300 East Hampden Denver, CO 80222 303-758-2211	\$22	\$31	\$33	\$35	Nov. 8	Restaurant open 24 hours
50	B. <u>RAMADA INN</u> 4760 East Evans Denver, CO 80222 303-757-7601	\$28	\$32	\$38	\$42	Nov. 8	Restaurant open 6:00 AM-10:00 PM
85	C. <u>MARRIOTT, AIAW</u> <u>MEET HEADQUARTERS</u> 6363 East Hampden Denver, CO 80222 303-758-7000	(See enclosed rate card)				Nov. 8	Restaurant open 6:30 AM-11:00 PM Airport limo ser- vice available, \$2.30 per person

WHEN MAKING RESERVATIONS AT MOTELS A AND B ON THIS PAGE, PLEASE INDICATE YOU ARE COMING FOR THE AIAW CROSS COUNTRY NATIONAL CHAMPIONSHIPS.

IMPORTANT, if staying at AIAW Meet Headquarters, the Marriott Hotel, you simply have to fill out the enclosed registration card (postage paid) and mail back as soon as possible. Don't forget, the deadline for room reservations being held for the AIAW National Cross Country Championships is Wednesday, November 8th! Do not double book reservations. If you do not qualify, please call the hotel and cancel your reservations.

RESTAURANT GUIDE

These restaurants are near the motels listed in the motel guide; many other choices are also available in the Denver area.

Turn of the Century	7300 E. Hampden Avenue	758-7300
Raffels at the Wheel	9755 E. Hampden Avenue	750-8587
The Dove	2797 South Parker Road	750-7171
Kentucky Fried Chicken	7115 E. Hampden Avenue	756-4640
Marie Callender's	3535 South Yosemite	779-0216
McDonalds	7075 E. Hampden Avenue	756-4833
Arby's	8850 E. Hampden Avenue	770-7900
Berels	10005 E. Hampden Avenue	750-3500
Ichabods	7095 E. Evans Avenue	759-1121
Houlihan's Old Place	3355 S. Tamarac Drive	750-0100
Hungry Dutchman	S. Valley Highway & E. Arapahoe Road	771-0285
Denny's	2095 S. Colorado Blvd.	757-8033
El Torito - La Fiesta	7293 E. Hampden Avenue	755-9915
Azar's Big Boy	7105 E. Hampden Avenue	756-9436
The Broker	1444 S. Havana	750-4060

TRANSPORTATION SHEET

(Make a copy for your files)

It is imperative that we know your transportation plans and local (Englewood-Denver) needs. Please provide the following information:

IF BY AUTOMOBILE: arrival time: day _____ date _____ time _____

departure time: day _____ date _____ time _____

IF BY AIR: arrival time (in Denver) day _____ date _____ time _____

carrier and flight no.: _____

departure time (from Denver) day _____ date _____ time _____

carrier and flight no.: _____

IF OTHER MODE OF TRAVEL, HOW? _____

arrival: day _____ date _____ time _____

departure: day _____ date _____ time _____

The University of Colorado will provide shuttle bus transportation from the meet headquarters and listed nearby motels to the running course on Friday and Saturday (November 17 and 18, 1978). The distance (1 way) is 2-3/10 miles.

Please indicate here if you would use the shuttle bus service on Friday and Saturday to and from Denver Kent Country Day School _____ yes _____ no. (A no answer would indicate you will have your own car available.)

Transportation will not be provided from the airport to the nearby motels. Taxi fare is approximately \$6.80 for up to 4 people.

See motel guide for motels which provide free limousine service.

Institution _____

Coach _____ Office phone _____ Home Phone _____

REMINDERS

REGIONAL REPRESENTATIVES

It is the responsibility of each Regional Representative to notify the National Meet Director (Bill Crowder) of the names and institution (be very specific, please) of each qualifier from his/her region. This is done by special delivery, registered mail only (postmarked by 5:00 P.M. on Monday, November 6, 1978).

COACHES OF QUALIFYING ATHLETES

It is the responsibility of each coach who has 1 or more qualifying individuals or a qualifying team to send their full entry fee, 2 blue copies of the official entry form and transportation sheet to the National Meet Director, Bill Crowder, P.O. Box 3292, Boulder, Colorado 80307. This must be done by Special Delivery, Registered Mail and must be postmarked prior to 5:00 P.M. Tuesday, November 7, 1978.

It is also each coach's responsibility to verify qualifying runners with the regional representative to be certain the entries agree with those mailed in on Monday, November 6th, 1978.

Each coach will receive a verification of receipt of entry. Call the Meet Director if this has not arrived by November 13, 1978. His phone number is 303-492-8860.

It is suggested that AIAW meets be 5000 meters (3 miles, 188 yards).

The scoring system for all 1978 AIAW meets will be the displacement system (individuals and members of teams with fewer than 5 finishers will not count in team scoring).

It is suggested that all AIAW meets except the National Championship Meet allow up to 12 starters per team. The 7 potential scorers must be designated before the race begins (only the 7 designated runners count - top 5 score - in team results; the non-designated runners do not count in team scoring).

OFFICIAL ENTRY FORM

POSTMARK 2 BLUE COPIES BETWEEN NOVEMBER 4 and 5:00 P.M. NOVEMBER 7th

School _____ Coach _____
Address _____ Address _____
_____ Zip _____ Zip _____

Coach office phone () _____ Home Phone () _____

ATHLETES' NAMES

1.	Last	First	Initial	7.	Last	First	Initial
2.	_____	_____	_____	8.	_____	_____	_____
3.	_____	_____	_____	9.	_____	_____	_____
4.	_____	_____	_____	10.	_____	_____	_____
5.	_____	_____	_____	11.	_____	_____	_____
6.	_____	_____	_____	12.	_____	_____	_____

ENTRY FEES

(A) Number of individual athletes _____ X \$5.00 each = \$ _____

(B) Or team of 5, 6 or 7 athletes at \$25.00 per team = \$ _____

Total entry fee (\$25.00 or less) = \$ _____

Maximum possible entry fee must accompany the 2 blue copies of this form. Make checks payable to The University of Colorado. Send fee, 2 blue copies of this form and transportation sheet to Bill Crowder, AIAW Meet Director, P.O. Box 3292, Boulder, Colorado 80307.

SEND SPECIAL DELIVERY, CERTIFIED - POSTMARK DEADLINE IS 5:00 P.M. NOVEMBER 7th, 1978!



Association for Intercollegiate Athletics for Women

1201 16th Street, N.W., Washington, D.C. 20036, 202/833-5485

November 17, 1978

TO: Judith M. Brame, Director of Women's Athletics
Chuck Debus, Cross Country Coach
California State University at Northridge

FROM: Dr. Donna A. Lopiano *Donna A Lopiano*
AIAW Commissioner of National Championships

In accordance with the requirements of the preliminary order of the Superior Court of California, the Association for Intercollegiate Athletics for Women will permit Julie Brown, an ineligible contestant, to participate in the 1978 AIAW Cross Country Championship. Notwithstanding her participation pursuant to a court order, it is the determination of the AIAW Ethics and Eligibility Committee that Ms. Brown is in her fifth year of intercollegiate participation in the sport of cross country and is therefore ineligible for AIAW competition.

Pending final decision on the merits of the case and upon the advice of the Association's legal counsel, while Ms. Brown may participate, her scores will not be considered in the team or individual scoring. In addition, neither she nor her team shall be awarded any trophy which is dependent upon her performance. Should Ms. Brown ultimately prevail in her legal action, which in the opinion of our attorneys is highly unlikely, the records shall be revised to reflect her scores after appropriate requests by her institution.

In view of this action, while Ms. Brown will be permitted to run, we are returning the entry fees submitted by Cal State Northridge on behalf of Julie Brown. Should Ms. Brown's scores subsequently be found to be entitled to consideration, her institution will be required to again remit the appropriate entry fees for each event in which Ms. Brown participates.

AIAW regrets that Ms. Brown's resort to legal action requires her participation despite the Ethics and Eligibility Committee ruling that she is ineligible, a decision we are confident the court will uphold. However, since that matter is unresolved, the present action both preserves Ms. Brown's legal position and protects the rights of all eligible participants.

DAL:cl