

THE 1978 ALL NORTHERN CALIFORNIA CROSS COUNTRY TEAM

FIRST TEAM (listed alphabetically)

Name	Grade	School	Section
1. Betker, Dan	Jr	Casa Roble	SJ
2. Downs, Peter *	Sr	Skyline	Oak
3. Downs, Tom *	Sr	Skyline	Oak
4. Frank, John	Jr	Central Valley	No
5. Gayton, Gabe	Jr	Hollister	CCS
6. Hernandez, Danny	Sr	Independence	CCS
7. Little, Chris	Sr	Jesuit	SJ
8. Marden, Jay	So	Mission SJ	NCS
9. Marden, John	Sr	Mission SJ	NCS
10. Marson, Dave	Jr	Mills	CCS
11. Read, Rich	Jr	Mission SJ	NCS
12. Ramirez, Danny	Sr	Yerba Buena	CCS
13. Royal, Dave	Sr	Petaluma	NCS
14. Saldana, Jesse	Sr	Riverbank	SJ
15. Scott, Jeff	So	El Camino(Sac)	SJ
16. Shoemaker, John	Sr	Mira Loma	SJ
17. Soto, Felix *	Jr	Mt.Pleasant	CCS
18. Strangio, Steve **	Sr	Mission SJ	NCS
19. Trujillo, Benny	Jr	Gilroy	CCS
20. Turner, Frank *	Sr	Colfax	SJ
21. Wentworth, Rob *	Sr	Livermore	NCS
22. Williams, Greg	Sr	Chico	No

<u>NORTHERN CALIFORNIA RUNNER OF THE YEAR:</u>	Steve Strangio	Mission San Jose
Outstanding Senior.....	Steve Strangio	Mission San Jose
Outstanding Junior.....	Felix Soto	Mt. Pleasant
Outstanding Sophomore.....	Jay Marden	Mission San Jose
Outstanding Freshman.....	Brian Carroll	Los Altos

The All Northern California Cross Country Team is sponsored annually by the Northern California Track & Field Association and by Citizens Savings. The first All Northern California Team was selected in 1962. Unofficial selections have been made retroactive back to 1953. Awards will be made to first team members by way of mailings to Section Commissioners.

The Selection Committee for this year's team was composed of Plato Yanicks (Menlo-Atherton), chairman; Jack Marden (Mission SJ); Keith Conning (No.Cal.Running Review); Dave Larson (Cross Country Sports expert); Matt Sommer (Independence). Coaches from all sections were invited to attend the selection meeting.

The area represented by the 1978 All Northern California Team included the six Northern sections of the CIF; North Coast, North, Central Coast, San Joaquin, Oakland, and San Francisco. The geographical boundaries of these sections went as far as the Oregon border to the North, and Merced to the South.

Selection criteria: Performance throughout the entire season was considered. Major emphasis was given to placings in the Northern Cal, Section, sub-section, and league meets. Places in the No. Cal and section meets were especially important. Injury and illness were taken into consideration when the facts were known.

Comments: * indicates repeaters from last year's All Northern Cal team. Steve Strangio made first team for three consecutive years. Mission San Jose set a record when they placed four men on the first team. Skyline had the former record of 3 men;made last season.

THE 1978 ALL NORTHERN CALIFORNIA GIRLS CROSS COUNTRY TEAM

FIRST TEAM (listed alphabetically)

Name	Grade	School	Section
1. Chamness, Sarah		La Sierra	SJ
2. Choy, Tiffany *	So	Salinas	CCS
3. Claiborne, Cindy	Sr	Pleasant Valley	No
4. Flint, Dana	So	Ukiah	NCS
5. Fraser, Mary	Jr	Los Lomas	NCS
6. Fuller, Jeanie	Fr	Mira Loma	SJ
7. Goldthrope, Penny	So	Half Moon Bay	CCS
8. Gong, Diane	Jr	Lowell	SF
9. Guelich, Gretchen	Sr	Soquel	CCS
10. Kenny, Dian **	Sr	Novato	NCS
11. Koudela, Kathy	Jr	Monta Vista	CCS
12. Hamilton, Ann	Sr	Capuchino	CCS
13. Manning, Carol	Jr	Carondelet	NCS
14. Manning, Chris	So	Carondelet	NCS
15. Martel, Melissa	Sr	Piedmont	NCS
16. Negri, Francie *		Foothill	SJ
17. Nieto, Shelly *	So	Merced	SJ
18. Roberts, Krista		Rio Americano	SJ
19. Schneider, Terry	Sr	Santa Cruz	CCS
20. Schnurpfeil, Kim **	Sr	San Mateo	CCS
21. Slingerland, Jeanette	So	Mira Loma	SJ
22. Strangio, Liz	Jr	Mission San Jose	NCS

<u>NORTHERN CALIFORNIA RUNNER OF THE YEAR:</u>	Kim Schnurpfeil	San Mateo
Outstanding Senior.....	Kim Schnurpfeil	San Mateo
Outstanding Junior.....	Kathy Koudela	Monta Vista
Outstanding Sophomore.....	Chris Manning	Carondelet
Outstanding Freshman.....	Jeanie Fuller	Mira Loma

HONORABLE MENTION FOR BOYS: Balderas (SJ) jr; Purrington (WG) so; Gonzales (Mt View) jr; O'Connor (Carl) jr; Wirdzek (Mills) jr; Lambeth (Westm) jr; Cooper (WG) sr; Gonzales (linc) so; Court (Home) jr.

NORTH COAST: Fogg (Rancho Cotate) Sr; Boffert (S.Ram.); Tilcock (Clay Val); Harb (Cast Val); Howard (Ukiah); Moraida (Irv) Sr; Guineo (CV) Jr; Leeds (Ala) Sr; Mc Donald (Mt.Eden) Jr.

SAN JOAQUIN: Vail (ML); Walentsschka (Sacto); Reyes (Jesuit); Little (Jesuit); Maldonado (Mc Clat); Swan (Linc); Aguilar (Mant); Frank (Cent Val); Foran (ML).

SAN FRANCISCO: Mc Naulty (Wils); Ibarra (Wils).

HONORABLE MENTION FOR GIRLS:

CENTRAL COAST SECTION: Fos (Home) Sr; Stearns (Sil Cr) So; Foianini (Carl) So; -Jacobson (Soq) So; Schmidt (HMB) Sr; Sanchez (Wat) Jr; Huston (Gunn) ; Van Housen (Wood) Fr; Kwong (Home) So; Powell (Del Mar) Sr; Wilmot (Leigh).

NORTH COAST: Mc Swain (Ter Lin) Fr; Felix (Antioch); Gofffield (El Cer); Murphy (Mar Cath); Larson (Miss SJ); Geoffrion (Drake); Coon Miss SJ; Bits (Irv) Sr; Stevenson (CV) Fr.

SAN JOAQUIN: Weaver (Pond); Keaton (Woodl); Klopsch (Bel Vis); Kuphold (Bel Vis); Betschart (Yuba); Dietler (Foot).

NORTH: Cirotto (Shasta); Moore (Nova) Fr.

SAN FRANCISCO: Chote (Lowell).

COMMENTS: Dian Kenny made first team All Northern California for three consecutive years.

* indicates repeaters from last year's team.