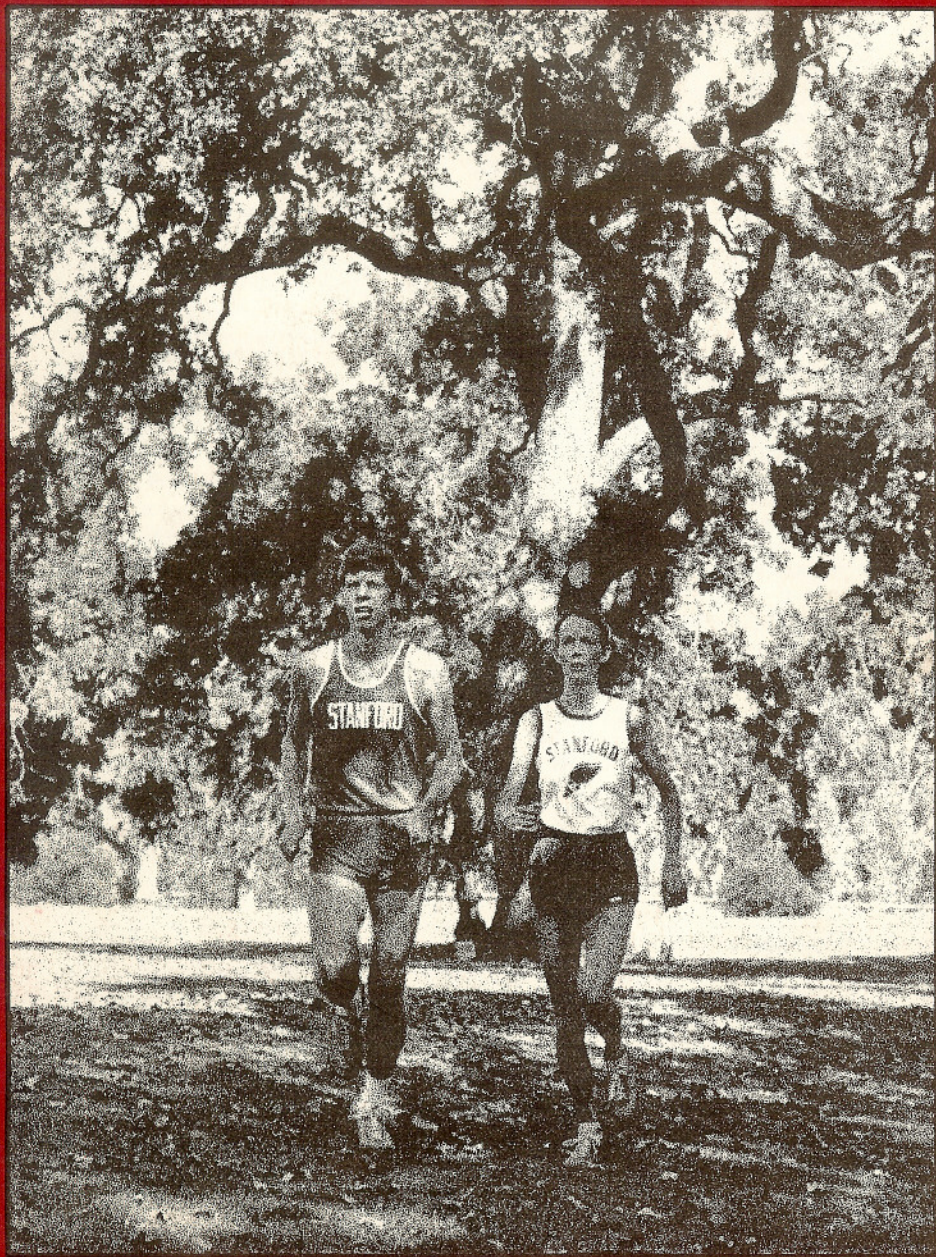


# Stanford Cross Country 1979



## 1979 Women's Outlook

Headed by All-America senior Ann Thrupp, Stanford fields a women's cross country team blending talent, youth and experience.

A solid nucleus returns for coach Laurel Treon, who welcomes back three-time letterwinner Thrupp, along with double letterwinners Annette Mungai and Joanne Ernst. In addition, both Beth Harrison and Carolyn Layzer are back after having earned varsity letters as freshmen.

Yet Treon is equally enthusiastic about her incoming class, including junior transfer Anne Wotherspoon, and freshmen Kim Schnurpfeil and Janeal Cabbage.

"Our new class will provide a strong complement for the returnees this fall," says Treon, a '73 Stanford graduate. "We have individuals who are experienced, and familiar with collegiate competition, as well as having young, talented runners who show tremendous promise for the future."

The name Ann Thrupp is synonymous with women's cross country at Stanford. A fifth-year senior, Thrupp placed 10th in the AIAW Nationals in Denver last fall after having finished 11th in '77 and 13th in '76.

"Ann became the first three-time All-America in women's cross country history last year," says Treon, "and that says something for her talent. She could be even

better this year. In the nationals, she was the top finisher among runners from the Western region. Her potential is unlimited."

Wotherspoon, from San Jose, was a two-time Northern California Junior College champion at West Valley College. She finished 21st in the 1978 AAU Nationals after winning the California State Championships in '77.

Schnurpfeil was the Northern California Runner of the Year at the San Mateo High School last fall, and already has made a strong impression on the Stanford coaches with her abundance of ability.

Treon expects Stanford and California to be the top two teams in the Northern California Athletic Conference (NCAC) this fall. Five schools are fielding teams, with Fresno State, Santa Clara and the University of San Francisco joining the Cardinals and the Bears in the race. Stanford will play host to the first NCAC Championships Oct. 26 at the University Golf Course.

### 1978 Results

5th in Fresno Invitational  
8th in Cal Women's Invitational  
7th in Stanford Invitational  
2nd in Hayward Invitational  
7th in WAIW Regionals

## 1979 Women's Roster

Name	Ht.	Wt.	Yr.	Hometown (High School)
Susan Bragdon	5-8	115	So.	Portland, Ore. (Gabel)
Janeal Cabbage	5-10	135	Fr.	Hutchinson, Kan. (Same)
Joanne Ernst	5-5	120	Jr.	Boulder, Colo. (Fairview)
Cecilia Franco	5-4	113	Fr.	Huntington Park (Same)
Beth Harrison	5-2	106	So.	Los Altos (Same)
Elaine Holliman	5-4	125	Fr.	Sacramento (Rio Americano)
Carol Janetta	5-5	125	So.	Pittsburgh, Pa. (Allerdice)
Devi Kamdar	5-7	125	So.	Seoul, Korea (Seoul School)
Kim Koepke	5-7	130	Fr.	Watsonville, (Same)
Carolyn Layzer	5-4	125	So.	Belmont, Mass. (Same)
Beth Metzger	5-4	120	So.	Strongsville, Ohio (Same)
Annette Mungai	5-8	135	Jr.	Santa Cruz (Same)
Grace Oseki	5-2	110	So.	Los Angeles (Phillips)
Shelly Poerio	5-8	135	Fr.	Brentwood (Liberty Union)
Kim Schnurpfeil	5-5	107	Fr.	San Mateo (Same)
Ann Thrupp	5-7	105	Sr.	Santa Ana (Foothill)
Carol Toliver	5-5	110	Jr.	Niles, Mich. (Same)
Ann Wotherspoon	5-6	115	Jr.	San Jose (Los Altos)

## 1979 Men's Outlook

Stanford's men's cross country coach Dean Clark has just about everything he'd want in a distance corps this year—experience, ability, leadership and attitude. All four qualities abound on the '79 Cardinal team.

But the one factor that could set this year's team apart from others, and serve as a major key to success, is depth.

"Up and down our lineup we have runners who have been through the season before and know how to adjust themselves to varying situations," Clark says.

"And our talent, I don't believe, can be much better. We have an All-America (senior Roy Kissin), some young veteran talent (sophomores Rod Berry and John Schaer) and some outstanding freshmen (Bill Graham of Virginia, Dennis Arriola of Artesia and Bob Brennan of Santa Barbara).

"Tom Lobsinger, though, might turn out to be the key to our squad. He has started to really come through this year and could surprise a lot of opponents."

Lobsinger, a junior from Waterloo, Ontario, had several strong outings prior to the season and will be counted upon for leadership in the future by Clark.

Kissin was Stanford's highest placer in the Pac-10 Conference Championships at Woodward Park in Fresno last year. He ran

31:07.6 for 18th place with Berry—then only a freshman—finishing 20th in 31:33.3.

Kissin's time was only 1:38 behind that of winner and world record holder Henry Rono of Washington State, demonstrating the overall strength of the Pac-10.

"It usually comes down to Washington State and Oregon for the conference title," Clark says, "and those two teams will again be strong this year.

"But it's our idea to try and break into the top two or three of the conference. That would be our team goal, and I think it's possible."

Stanford's runners flew to a seventh place in a field of 15 teams in the NCAA District 8 meet last season. Clark thinks the squad has the ability to advance a few notches this season.

"Again, our depth is everything," he says. "We have more than just one or two individuals who can run with the best of them. With five, six or seven excellent distance runners, our chances of moving up in the team standings are much, much better."

### 1978 Results

3rd at Fresno Invitational  
 Defeated Humboldt State 17-39  
 6th in Stanford Invitational  
 2nd in Pac-10 Southern Division  
 7th in Pac-10 Championships

## 1979 Men's Team Roster

Name	Ht.	Wt.	Class	Hometown (High School)
Dennis Arriola	5-6	120	Fr.	Artesia (Gahr)
Rod Berry	5-8	121	So.	Larkspur (Redwood)
Paul Brewer	5-11	150	So.	San Jose (Leigh)
Tim Bolton	6-3	160	So.	Marysville (Sigonella American)
Bob Brennan	5-10	140	Fr.	Santa Barbara (San Marcos)
Craig Corey	6-2	165	Sr.	Hillsborough (San Mateo)
Bill Gail	6-3	170	Sr.	Sudbury, Mass. (Lincoln-Sudbury)
William Graham	5-11	140	Fr.	Grafton, Va. (Tabb)
Bill Haldeman	5-10	125	Sr.	Malibu (Santa Monica)
Eli Khouri	6-0	148	Sr.	Gilbertsville, Ky. (Tilghman)
Roy Kissin	5-10	135	Sr.	Danville (San Ramon)
Tom Lobsinger	5-10	145	Jr.	Waterloo, Ont. (St. Jerome's)
Michael Melendez	5-5	130	Fr.	Norco, (Same)
Tom O'Neil	5-10	128	Jr.	Sacramento (Jesuit)
John Schaer	5-9	145	So.	Corvallis, Ore. (Crescent Valley)
Scott Slovic	5-11	140	So.	Eugene, Ore. (South Eugene)
Bob Saldivar	6-0	150	Fr.	Nipomo (Arroyo Grande)

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## Dean Clark Men's Coach

A former All-America distance star at Washington State, Dean Clark is in his second year as coach of the Stanford University men's cross country team.

Clark, 27, joined the Stanford staff in 1978 after a three-year stay at Oregon State as head cross country and assistant track coach.

A 1975 graduate of Washington State, Clark earned his All-America recognition with a third-place finish in the 1973 NCAA steeplechase championship. In that same year, Clark took second place in the Pacific-8 meet and sixth in the AAU nationals.

While an undergraduate at WSU, Clark won the Pac-8 Northern Division Mile title



and finished third in the conference three-mile the same year (1973). He was sixth in both the 1974 Pac-8 cross country championship and the '75 Pac-8 steeplechase. An eight-time letterman for the Cougars, Clark was a member of WSU's cross country teams which placed second in the NCAA in 1971 and fourth in 1972.

## Laurel Treon Women's Coach

Laurel Treon, a 1973 Stanford graduate, returned to her alma mater last year as coach of the Cardinal cross country and track teams. Now in her second season coaching the Card harriers, Treon joined the Stanford staff after three seasons as track and cross country coach at the University of California-Santa Barbara.

Upon earning her B.A. from Stanford, Treon entered Stanford's Secondary Teacher Education Program. While working toward her Master's degree, she coached the track and field team at De Anza College in 1975, and later that year was named the first women's cross country and track and field coach at UCSB.

Under Treon, the Gauchos placed second in the Southern California Athletic Association in 1978 behind eventual national champion Cal State Northridge, and ahead



of Cal State Los Angeles, which went on to place third in the AIAW Nationals. In UCSB cross country, Treon's squad placed fifth in the 1977 AIAW Region 8 Championships, considered one of the most competitive district meets in the nation.

Former AIAW distance champion Tena Anex is in her first season assisting Treon. The 1978 UC-Davis graduate won the AIAW 3,000-meter run in '77 after having placed second in the event the previous year.

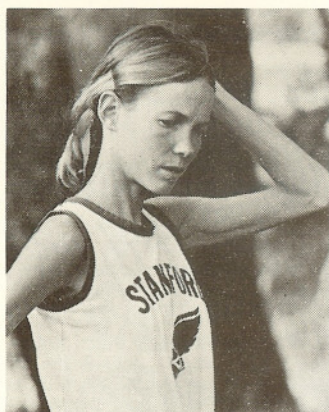
## Brooks Johnson Director of Track

As Stanford's new director of track and field and cross country, Brooks Johnson brings a wealth of national and international experience to the University.

A former holder of a world record in the indoor 60-yard dash, Johnson has represented the United States as a member of both the national and Pan American teams.

He twice coached the U.S. Indoor Team and was head coach of the Pan American team in 1971 and in addition, was head coach of the U.S. Women's National team in both 1969 and 1973.

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Three-Time All-America Ann Thrupp



All-America Senior Roy Kissin

## STANFORD RECORDS

### Men's 10,000

1. Roy Kissin	1977	31:15.1
2. Frank Boutin	1976	31:35
3. Jerry Emory	1976	31:37
4. Tom Lobsinger	1977	31:56
5. Bill Gail	1977	32:11

### Women's 5,000

1. Ann Thrupp	1978	18:41
2. Audrey Kemp	1979	18:56
3. Ann Thrupp	1977	18:58
4. V. Soderholm-Difatte	1977	19:13
5. Susan Bragdon	1978	19:26

## COURSE RECORDS

### Men's 10,000

1. Henry Rono	WSU	1976	29:18.6
2. Joel Cheuiyot	WSU	1977	29:34.8
3. Henry Rono	WSU	1977	29:35.2
4. Alberto Salazar	Oregon	1977	29:46.8
5. Terry Williams	Oregon	1977	29:54.2

### Women's 5,000

1. Maggie Keyes	Cal Poly-SLO	1978	17:34.9
2. Suzanne Richter	Cal	1978	17:36.8
3. Debbie Pearson	UTEP	1977	17:40.0
4. Judy Graham	West Valley TC	1977	17:47.2
5. Jan Oehm	Cal	1978	17:49.8

## Cardinal Quick Facts

Location	Stanford, California
Enrollment	6,559 Undergraduates, 5,168 Graduate Students
President	Dr. Richard Lyman
Athletic Director	Andy Geiger (415) 497-4595
School Colors	Cardinal & White
Nickname	Cardinals
Men's Conference	Pacific-10
Women's Conference	Northern California Intercollegiate Athletic Conference
Cross Country Course	Stanford Golf Course
Director of Track & Cross Country	Brooks Johnson
Men's Cross Country Coach	Dean Clark (415) 497-4527
Women's Cross Country Coach	Laurel Treon (415) 497-2736
Sports Information Director	Bob Rose (415) 497-4418
Assistant Sports Information Director	Chris Preimesberger
Director of Publications	Nancy Peterson (415) 497-9565

Mailing Address for Athletic Department Personnel:  
Athletic Department, Stanford University, Stanford, CA 94305

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# The University

Since its founding by Leland and Jane Stanford as a memorial to their only child, Stanford University has emerged as one of the foremost academic institutions in the world.

Organized in 1891, the University covers some 8,200 acres from the plain of California's Santa Clara Valley into the foothills of the Santa Cruz Mountains, beyond which lies the Pacific Ocean. The acres of fields, rolling hills, wooded retreats, streams and lakes comprise one of the finest settings of any American university. Beyond the Stanford land, within a short distance are not only the ocean and numerous beaches, but the city of San Francisco with all its cultural, entertainment and recreational activity.

Annually Stanford enrolls approximately 11,700 students, of whom 6,500 are undergraduates and 5,200 are graduate students. About 48 percent of the students are from California, and the rest from the other 49 states and some 80 countries. Black, Chicano and native American students comprise about 13 percent of the enrollment. Stanford University admits students of either sex and any race, color, national and ethnic origin to all the rights, privileges, programs and activities generally accorded or made available to students at the University. It does not discriminate against students on the basis of race, color, national and ethnic origin in the administration of its educational policies, admission policies,

scholarships and loan programs, and athletic and other University-administered programs.

The University is organized into seven Schools: Earth Sciences, Education, Engineering, Graduate School of Business, Humanities and Sciences, Medicine and Law. Among the approximately 1100 faculty members who make up the Stanford Academic Council, there are eight Nobel laureates and four Pulitzer Prize winners. Dr. Richard W. Lyman became the seventh President of Stanford in 1970.

A measure of undergraduate distinction is found in the increase in applicants, now running at about eight applicants for each place in the freshman class. Forty-four Stanford students have been elected Rhodes Scholars since World War II. Nearly ninety percent of graduating seniors attend graduate or professional schools.

About 46 percent of Stanford's undergraduates receive scholarship aid totalling \$10.5 million a year, while almost all of the graduates receive fellowship support valued at \$26 million a year.

A special feature of the Stanford undergraduate education is the opportunity to attend a Stanford overseas study center. These centers, located in England, France, Germany, Austria and Italy, enable the students to study abroad while continuing normal progress toward an undergraduate degree.



The Stanford Campus—Hoover Tower with Lake Lagunita in the foreground

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## The Athletic Heritage

Along with a reputation nearly unmatched in education, Stanford holds a similarly high distinction in the realm of athletics.

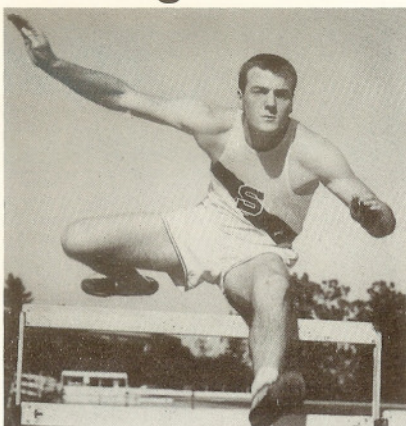
Continually striving for excellence, Stanford provides student-athletes with the finest in coaching, facilities and competitive opportunities. Success is realized not only in the form of NCAA and IAW titles, All-America honors, league championships and bowl game victories, but also in the development of each athlete's potential to the fullest.

"Stanford is proud of a program that appeals to every aspect of the University," says Athletic Director Andy Geiger. "Whether a student possesses extraordinary skills or is learning a life-time activity at the beginner level, we are able to provide proper staff and facilities for optimum development and enjoyment."

Annually, some 400 students compete in intercollegiate athletics, while participation in intramurals has reached 13,000, with many individuals active in more than one intramural sport. Physical education class enrollment generally averages 9,000 per year, again with considerable overlap. In addition nearly 20 club sport teams compete intercollegiately at Stanford. All athletic facilities are open to the entire student body for recreational purposes.

Today the Stanford intercollegiate sports realm includes 23 varsity teams—men's baseball, basketball, cross country, fencing, football, golf, gymnastics, soccer, swimming, tennis, track, volleyball and water polo, and women's basketball, cross country, fencing, field hockey, golf, gymnastics, swimming, tennis, track and volleyball. Recognized as a national model in sports equality, Stanford merged its men's and women's athletic, physical education and recreation departments in 1975.

Stanford's intercollegiate athletic excellence is represented in accomplishments on the national level of competition. The University has claimed 22 national team championships, including 17 NCAA titles—six in golf, four in tennis, three in track and field, two in water polo and one each in basketball and swimming—to rank seventh on a team basis. The first IAW team title in Stanford history was won in tennis in 1978. The past decade has seen the football team



**Bob Mathias**  
Olympic Gold Medal Decathlete

win back-to-back Rose Bowls in 1971 and 1972 as well as the Sun bowl in 1977 and the Bluebonnet Bowl in 1978.

Individually, 117 national titles have been won by Stanford athletes, ranging from Philip Neer's NCAA tennis singles victory in 1920 to Linda Jezek's triple championship in 1979 IAW swimming. Honors received by Stanford competitors have included the Heisman Trophy, won by quarterback Jim Plunkett in 1970, and the Helms Foundation Basketball Player of the Year Award, won by guard Hank Luisetti in both 1937 and '38. Cardinal Olympians are numerous, with the likes of two time decathlon gold medalist Bob Mathias and gold medal swimmer Kim Peyton among them.

Since 1975, 17 Stanford athletes have been named NCAA post-graduate scholars, while nine football players have received Academic All-America recognition since 1974.

For the academic year of 1979-80, 280 students are receiving financial aid from the Athletic Department to attend the University, with complete educational expenses valued at \$8100. The most successful fundraising effort in intercollegiate athletics is annually undertaken by Stanford. The Buck Club (men's scholarships) and Cardinal Club (women's scholarships) generated over \$1.3 million last year. Over 70 student-athletes receive scholarships through endowments each year.

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# 1979 Stanford Cross Country Schedule

## *Women's Team*

Sept. 29	at Fresno Invitational	11 a.m.
Oct. 6	at Cal Invitational	11 a.m.
Oct. 13	Stanford Invitational	10 a.m.
Oct. 20	at Cal Poly-SLO Invitational	10 a.m.
Oct. 26	Nor-Cal Championships at Stanford Golf Course	4 p.m.
Nov. 3	AIAW Regionals at Sierra College, Rocklin	12 noon
Nov. 17	AIAW National Championships at Florida State University	

## *Men's Team*

Sept. 29	at Fresno State	11 a.m.
Oct. 13	Stanford Invitational	10 a.m.
Oct. 27	Pac-10 Southern Division Championships at UCLA	11 a.m.
Nov. 10	Pac-10 and NCAA District-8 Championships at Stanford Golf Course	10 a.m.
Nov. 19	NCAA Championships at Lehigh University	11 a.m.