

# NOR-CAL HIGH SCHOOL CROSS COUNTRY CHAMPIONSHIPS

by KEITH CONNING



photo by Keith Conning

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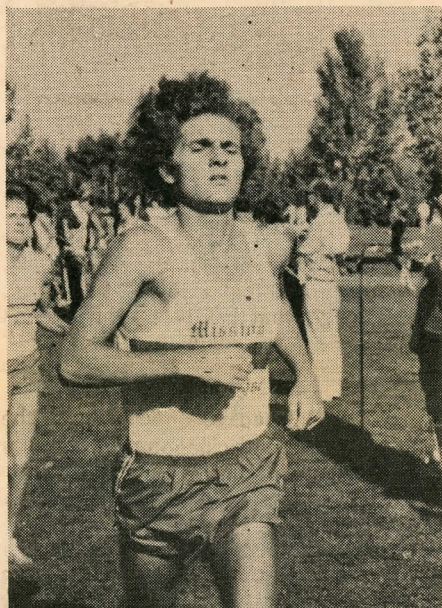


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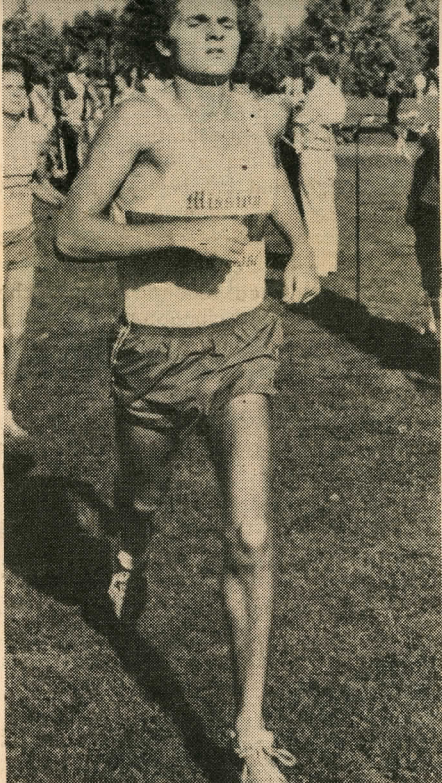
"I knew that the first mile shouldn't be run really fast," said Schnurpfeil. "But then I knew I had to start going faster, because there were a lot of girls in front of me. Kathy (Koulda) passed me at about the halfway point. As the race went on, I was feeling pretty strong, and I started pushing harder - I thought I should try to stay with her."

BOYS: (1) Tom Downs(Skyline) 14:43; (2) Strangio(MSJ) 14:57; (3) Soto (Mt. Pleasant) 15:01; (4) Royal(Petaluma) 15:03; (5) John Marden(MSJ) 15:04; (6) Read(MSJ) 15:05; (7) Hernandez(Independence) 15:08; (8) Williams(Chico) 15:10; (9) Gayton(Hollister) 15:11; (10) Little(Jesuit) 15:13; (11) Jay Marden(MSJ) 15:15; (12) Marson (Mills) 15:16; (13) Jeff Scott(EC) 15:17; (14) Ramirez(Yerba Buena) 15:19; (15) Saldana(Riverbank) 15:20; (16) Lambeth (West) 15:20; (17) Cooper(WG) 15:21; (18) Gonzales(Mountain View) 15:23; (19) Fogg(Rancho Cotate) 15:24; (20) T...

nyvale) 117; Mills(Millbrae) 131; Skyline(Oakland) 151; El Camino(Sacramento) 170; Westmont(Campbell) 195; Castro Valley 212; Shasta(Redding) 221; Pleasant Hill 244; McAtteer(San Francisco) incomplete.

GIRLS: (1) Schnurpfeil(San Mateo) 12:23; (2) Koudela(Monta Vista) 12:24; (3) Fuller(ML) 12:27; (4) Strangio (MSJ) 12:33; (5) Claiborne(Pleasant Valley) 12:34; (6) Slingerland(ML) 12:35; (7) Goldthorpe(HMB) 12:39; (8) Hamilton(Capuchino) 12:42; (9) Choy(Salinas) 12:49; (10) Negri(Foothill) 12:56; (11) Gong(Lowell) 13:00; (12) Fraser(Las Lomas) 13:03; (13) MacSwain(Terra Linda) 13:04; (14) Schneider(Santa Cruz) 13:05; (15) Guelich(Soquel) 13:07; (16) Felix(Antioch) 13:08; (17) Chamness(La Sierra) 13:09; (18) Flint(Ukiah) 13:10; (19) Gaffield(El Cerrito) 13:13; (20) Van Housen(Woodside) 13:14; (21) Murphy(Marin Catholic) 13:16; (22) Schmidt(HMB) 13:17; (23) Larson(MSJ) 13:18; (24) ...





JACK MARDEN



KATHY KOUDELA

Crystal Springs, Belmont. Saturday, November 25, 1979.

Tom Downs (Skyline, Oakland) and Kim Schnurpfeil (San Mateo) won their respective races in the first ever Northern California Championship Meet. The primary purpose of this meet was to show the feasibility of having a California State Cross Country Meet. Runners from the following six sections competed North Coast, Central Coast, Sac-Joaquin, San Francisco, Oakland, and Northern.

Mission San Jose (MSJ) of Fremont won both the boys' and girls' titles. The MSJ boys' team set a new course record of 76:16, breaking the old record of 76:57 set by Leigh in 1973. Mira Loma of Sacramento edged Jesuit of Sacramento by one point for second place in the boys' team competition. MSJ edged Shasta of Redding by two points in girls' team competition.

"I don't think we're gonna top this," said MSJ Coach Jack Marden. "The kids just did a super job after the pressure of North Coast last week. The season was extended a week and the section meet was really our peak. But the kids really came back. It's phenomenal. We're the best team in Northern California. That's unbelievable."

Down defeated Steve Strangio (MSJ) by 13.8 seconds. Schnurpfeil edged Kathy Doudela (Monta Vista, Cupertino) by 1.1 second.

"I was dizzy and he just took off," said Strangio. "He ran smart and I took off too fast up that first hill."

"Downs looked tremendous," said Coach Marden, "but Steve showed a lot of guts. It wasn't one of his better races but he didn't quit."

Schnurpfeil started out slowly, then picked up the pace after the first mile.

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BOYS TEAMS: Mission San Jose(Fremont) 40; Mira Loma(Sacramento) 82; Jesuit(Sacramento) 83; Homestead(Sun-

incomplete.  
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GIRLS TEAMS: Mission San Jose 79; Shasta(Redding) 81; Half Moon Bay 102; Mira Loma 108; Homestead 115; Bella Vista(Fair Oaks) 128; Marin Cathloic (Kentfield) 162; Acalanes(Lafayette) 180 Soquel 183; Lowell(San Francisco) 220.



photo by Keith Conning

TOM DOWNS leads  
STEVE STRANGIO



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JEANIE FULLER followed  
by KIM SCHNURPFEIL