NORTHERN CALIFORNIA REGION CIF CROSS COUNTRY CHAMPIONSHIPS
11/24/79

Girls Race 12:00 2.0 miles
Boys Race 12:30 3.0 miles

Host: Central Coast Section. Meet Directors: Verne Thornburg & Plato Yanicks Technical Advisors: Bob Rush of the College of San Mateo & Doug Boyd of the Central Coast Section. Starter: Dick Connors. Head finish Judge: Dick Barbour. Crowd Control: Don Dooley, Mike Ipsen. Awards: Brad Duffy of U.C. Berkeley & Laurel Treon of Stanford University.

Meet Record: (Boys 3.0 course:) 14:43.6 Tom Downs Skyline of Oakland Sr 1978
Meet Record: (Girls 2.0 course) 12:23.8 Kim Schnurpfeil San Mateo Sr 1978

Top 3 teams last year, boys:

1.	Mission San Jose	40
2.	Mira Loma	80
3.	Jesuit	83

Top 3 teams last year, girls:

1.	Mission San Jose	79
2.	Shasta	81
3.	Half Moon Bay	102

ENTRIES: (boys)

CCS: (Teams) Leigh, Watsonville, St Francis. (Individuals) Fernando Balderas, (SJ); Kevin O'Connor, (Carl); Jesse Torres, (Ind); John Hoch (M-A); Felix Soto, (Mt Pl); Dan Gonzalves, (Mt View); Nelson Bernal, (West); Mike Mc Collum, (PA); Jesse Colvin, (Lyn); Jack Kurr, (Gunn); Ben Trujillo, (Gilroy) Alt.; Isaac Miller, (Fre) alt.

ACS: (Teams) Mission San Jose, Castro Valley, San Ramon. (Individuals) Dennis Mc Donald, (Mt Eden); Dave Perlman, (L.Lom); Jim Berry (Pl Hill); Bruce Williams (Liver); Brian Hoyt, (Piner); Rob Biondo, (Piner); Brad Tardy, (Red); Karl Jolly, (Arcata); Steve Vargas, (Amador).

SJ: (Teams) Jesuit, Elk Grove, El Dorado. (Individuals) Tom Foran, (M.Loma); Jeff Scott, (El Cam); Mike Vail, (M.Loma); Tito Torres, (Johnson); Greg Long, (Calaveras); Ted Franse, (Lodi); Rusty Knowles, (Vac); Mike Warr, (Vac); Mark Hoefer, (So.Tahoe); Gene Day, (So.Tahoe) alt; Harold Kuphaldt, (B.Vista) alt; Beto Salcido, (Merced) alt.

No: (Teams) Paradise, Shasta, Enterprise. (Individuals) John Frank, (Cent.Val); George Tedford, (Las Plumas); Dennis Richardson (Lassen); Dale Mc Kendrick, Las Plumas); Lee Young, (Cent Val); Jeff Tupper, (Lassen); Buckley Halsman, (Red Bluff); Dean Vanderbush, (Lassen); Jeff Tolbert, (No Tahoe).

Oak: (Team) Skyline. (Individuals) John Young, (Oak); Vince Wilkins, (Oak).

S.F. (Team) Washington (Individuals) Byron Spicer, (Mission); Ibarra, Marco, (Wilson) Django Rampley, (Lowell).

ENTRIES: (Girls)

CCS (Teams) Carlmont, Gunn, Los Gatos. (Individuals) Kerry Brogan, (L.Altos); Amy Harper, (Pros); Ruth Day, (WG); Tiffany Choy, (Sal); Betty Wilson (Watson); Lisa Pelzynski, (L.Altos); Jennie Glockner (S.Heart); Kristi Jacobson, (Soq); Audre Bettencourt, (HMB) Meg Wright, (Home); Leslie Walker, (S.Catalina); Kristin Felix, (Mills) alt.

ENTRIES: (Girls) Cont.

NCS: (Teams) Miramonte, Castro Valley, Carondelet. (Individuals) Liz Strangio, (MSJ); Robin Macswain, (TL); Lisa Dailey, (Pet); Lori Shanoff, (Pet); Lisa Sandel, (Campo); Julie Hayes, (Dublin); Charlene Schalk, (S.Ram); Ann Bertucci, (Pet); Mari Carisetti, (Marin Acad.)

SJ: (Teams) South Tahoe, Cordova, Mira Loma. (Individuals) Shelly Nieto, (Merced); Suzy Martinez, (S.Juan); Heidi Baker, (El Dor); Charleen Chituras, (Dow); Mary Parmelt, (Just-Siena); Kim Keeton, (Wood); Joni Weaver, (Pond); Juli Johnson, (E.Union); Deannd Myers, (Pone); Robin Nath, (Sonora) alt; Diana Lasafer, (Placer) alt; Francine Negri, (Foot) alt.

No: (Teams) Shasta, Lassen, Chico. (Individuals) Diane Hughes, (Red Bluff); Tammy Moore, (Enter); Dianne David, (Yreka); Elona Schreder, (Nova); Lori Wright, (Pl.Val); Brigette Bass, (Paradise); Jill Silva, (Pl.Val); Rhonda Robinson, (Enter); Leslie Wingate, (Nova).

Oak: (Team) Skyline. (Individuals) Jennifer Ray, (Oak); Kathy Ray, (Oak).

SF: (Team) Lowell (Individuals) Sis Boitano, (Mercy); Ann Lurat, (Mercy); Valerie Key, (Wash).

AWARDS: Team Trophies to winner of boys and girls divisions. Perpetual awards also awarded to winning teams.
"T" shirts to members of top 3 teams.
Medals to top 15 placers.

All Northern California Cross Country Team will be selected in the Conference Room of the Men's PE Dept. at the College of San Mateo at the conclusion of the meet. Coaches are invited to attend. The results of today's meet will play a major part in the selection of the team. 22 athletes will be selected. There will be a first team only.

1978 Results

RESULTS OF LAST YEAR'S RACE (BOY'S)

1.	Tom Downs	Sr	Skyline	14:43.6
2.	Steve Strangio	Sr	MSJ	14:57.5
3.	Felix Soto	Jr	Mt.Pleas.	15:01.5
4.	D ave Royal	Sr	Petaluma	15:03.2
5.	John Marden	Jr	MSJ	15:04.7
6.	Rich Read	Jr	MSJ	15:05.4
7.	Den Hernandez	Sr	Indep.	15:08.3
8.	Greg Williams	Sr	Chico	15:10.6
9.	Cabe Gayton	Jr	Hollister	15:11.4
10.	Chris Little		Jesuit	15:13.3

RESULTS OF LAST YEAR'S RACE (GIRLS)

1.	Kim Schnurpfeil	Sr	San Mateo	12:23.8
2.	Kathy Kaudelka	Jr	M.Vista	12:24.7
3.	Jeani Fuller	Fr	Mira Loma	12:27.9
4.	Liz Strangio	Jr	MSJ	12:33.6
5.	Cindy Cl aiborne		Pl.Valley	12:34.3
6.	Jeanette Slinger'	SO	Mira Loma	12:35.1
7.	Penny Goldthorpe	So	HMB	12:39.5
8.	Anne Hamilton	Sr	Capuchino	12:43.1
9.	Tiffany Choy	Jr	Salinas	12:49.3
10.	Francie Negri	Jr	Foothill	12:55.1

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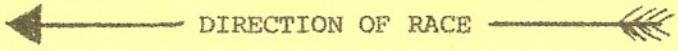
CENTRAL COAST SECTION, CIF

NORTHERN CALIFORNIA REGIONAL CIF CROSS COUNTRY CHAMPIONSHIP

STARTING LINE BOXES
Drawn by Lot - 10/31/79

WATER TOWER SIDE	BOYS VARSITY RACE	WATER TOWER SIDE	GIRLS VARSITY RACE
1. CCS 1-3	S-JS 4-6	1. NCS 1-3	S-JS 7-9
2. S-JS #1		2. CCS #3	
3. NCS #3		3. NCS #3	
4. NS #2		4. NCS 1-3	CCS 7-9
5. S-JS #2		5. S-JS #3	
6. NS 1-3	CCS 7-9	6. OS 1-3	S-JS 4-6
7. SFS #1		7. NS #1	
8. OS #1		8. NCS #1	
9. NS #1		9. S-JS #1	
10. NCS #1		10. OS #1	
11. NS #3		11. S-JS 1-3	CCS 4-6
12. NCS 4-6	S-JS 7-9	12. NS #3	
13. CCS #1		13. NCS 4-6	NS 7-9
14. OS 1-3	CCS 4-6	14. SFS #1	
15. NCS #2		15. NCS #2	
16. S-JS 1-3	NS 7-9	16. CCS #1	
17. CCS #2		17. NS #2	
18. NCS 1-3	NS 4-6	18. SFS 1-3	NCS 7-9
19. SFS 1-3	NCS 7-9	19. CCS #2	
20. CCS #3		20. S-JS #2	
21. S-JS #3		21. CCS 1-3	NS 4-6
FINISH LINE SIDE		FINISH LINE SIDE	



LEGEND

CCS -Central Coast Section
NS -Northern Section
NCS -North Coast Section
OS -Oakland Section
S-JS-Sac-Joaquin Section
SFS -San Francisco Section
T#1 -Section Champion Team
T#2 " 2nd place "
T#3 " 3rd place "

1-3 -1st, 2nd, 3rd place ind. runners from Section
4-6 -4th, 5th, 6th place ind. runners from Section
7-9 -7th, 8th, 9th place ind. runners from Section

TEAM LINE UP

Front Line: 3 Runners
Back Line: 4 Runners

INDIVIDUAL LINE UP

Front Line: 3 Runners
Back Line: 3 Runners

CENTRAL COAST SECTION
CALIFORNIA INTERSCHOLASTIC FEDERATION

408/374-5710

January 29, 1980

Mr. Plato Yanicks
Menlo Atherton High School
Ringwood & Middlefield Road
Atherton, California 94025

Dear Plato,

This letter is written to express appreciation for the time and effort you devoted to planning, organizing and conducting the Northern California Cross Country Championships. Anyone who has directed championship events is well aware of the hours of planning and organization necessary to conduct this level of competition. The CCS programs are successful only because people like you are willing to extend your professional commitments beyond your school and league. Thank you for your continuing dedication to the student/athletes in our schools.

Sincerely,

Doug Boyd

Doug Boyd, Events Coordinator
Central Coast Section, CIF

cc: Fred L. Mangini, Principal
Frank Bettencourt, Athletic Director

124 W. LATIMER AVENUE/CAMPBELL, CALIFORNIA 95008