

photo by Don Gosney



4. Tammy Moore (Enterprise) 13:06; 5. David (Yreka) 13:12.

Girls Teams: 1. Shasta 43; 2. Lassen 56; 3. Chico 101; 4. Enterprise 102; 5. Pleasant Valley 111.

photo by Don Gosney



JOHN FRANK

NORTHERN SECTION

by Keith Conning

Hooker Oak Area, Chico, November 3:

John Frank (Central Valley) won the section title by 35 seconds over Bob Dippel (Paradise). George Tedford (Las Plumas) finished two seconds behind Dippel.

Paradise, coached by Mike Genga, won the boys' race with 52 points, over Shasta (Redding) 92, coached by Joe McFarland, and Enterprise 108, coached by Mike Moynahan.

Diane Hughes (Red Bluff), a recent transfer from Southern California, won the girls race by six seconds over Judy Smith (Lassen, Susanville). Kathy Sweeney (Shasta) was third another six seconds back.

Shasta defended its girls' title with 43 points, followed by Lassen 56, coached by Bob Wall, and Chico 101, coached by Chuck Sheley.

Chico, which did better in the past, has lost a lot of runners to their soccer program.

Boys Individuals: 1. John Frank (Central Valley) 13:43; 2. Bob Dippel (Paradise) 14:18; 3. George Tedford (Las Plumas) 14:20; 4. Richardson (Lassen) 14:26; 5. McKendrick (Las Plumas) 14:35.

Boys Teams: 1. Paradise 52; 2. Shasta 92; 3. Enterprise 108; 4. Lassen 112; 5. Central Valley 122.

Girls Individuals: 1. Diane Hughes (Red Bluff) 12:50; 2. Judy Smith (Lassen) 12:56; 3. Kathy Sweeney (Shasta) 13:02;

NORTH COAST SECTION

by Keith Conning

Spring Lake, Santa Rose, November 17:

Jay Marden and Rich Read led Mission San Jose of Fremont to victory in the boys' division. According to their coach Jack Marden, Read tried to upset Marden with a quick early pace, but he just couldn't shake Marden. Instead, Marden replied with his biggest margin (11 seconds) over Read this season. Bret Faffert of San Ramon in Danville, who was third in the NCS 4A qualifying meet behind Marden and Read, ran a strong third ahead of Dennis McDonald (Mt. Eden, Hayward) and Dave Shea (Castro Valley). Paul Grabowsky (San Ramon) finished 6th, with Dave Perlman (Las Lomas, Walnut Creek) 7th, and sophomore Tim Berry (Pleasant Hill) in 8th place. Bruce Williams (Livermore, the brother of Cheri Williams (Oregon), finished 9th.

Paradise Wins X-Country Title

As expected, Paradise won the boys' division and Shasta of Redding captured the girls' division at the North Section California Interscholastic Federation cross country championships Saturday at the Hooker Oak complex.

The top three teams and first four runners in each varsity division (boys and girls) will advance to the second annual Nor-Cal championships to be held Nov. 24 in Belmont.

Paradise's boys' team scored 52 points to beat second-place Shasta with 92 and third-place Enterprise of Redding with 108.

Lassen of Susanville was fourth with 112 points, Central Valley fifth (122), North Tahoe sixth (162), Chico seventh (164), Las Plumas of Oroville eighth (186), Anderson ninth (230), Red Bluff 10th (271), Pleasant Valley 11th (289) and Yreka 12 (290).

John Frank of Central Valley won the race in 13:43, followed by Bob Dipple of Paradise in 14:18, George Tedford of Las Plumas third in 14:20, Dennis Richardson of Lassen fourth in 14:26 and Dale McKendrick of Las Plumas fifth in 14:35 in the field of 112 runners.

Diane Hughes of Red Bluff won the girls' varsity race, covering the 2.16 miles in 12:50.

Shasta won the team title with 43 points. Lassen was second with 56, Chico captured third by one point with a score of 101, Enterprise was fourth with 102 points, Pleasant Valley had 111, Nova of Redding scored 118, Yreka was seventh with 152 points, and Central Valley scored 212.

Judy Smith of Lassen was second in 12:56, followed by Kathy Sweeney of Shasta in 13:02, Tammy Moore of Enterprise in 13:06, and Dianna David of Yreka in 13:12.

The closest team race of the meet occurred in the freshman boys' division. Chico Junior fell short by one point of capturing an unprecedented ninth straight NSCIF title. Nova won the team title with 39 points and coach Bob Noe's Cougars followed with 40 points.

Lassen was third with 51 points, Las Plumas fourth with 112, and Bidwell Junior fifth with 123.

Jim Frey of Yreka beat 56 runners to win the freshman boys' race, clocking 10:05 over the 1.85-mile course. Lassen's Phil Stedman was second (10:17), Red Bluff's Jim Manzano was third (10:19), Chico Junior's Mark Boggs was fourth (10:29) and Nova's Darren Phillips was fifth (10:34).

Where the Cougars fell short, the Cougars won their first NSCIF championship in the three years the

jayvee division has been held for girls. Alli Cushman paced CJHS with her first place, 11:30 performance over the 1.85 miles.

Lassen was second with 69 points, Bidwell Junior third with 77, Anderson had 90 points, Chico scored 106, Portola was sixth with 116, and Yreka posted 140.

Jennifer Korte finished second, a step behind Cushman, in 11:40. Kris Lahr of Portola was third (12:14), Cindy Hunt of CJHS was fourth (12:23) and Lynn McNames of Yreka was fifth (12:34). There were 48 finishers in the race, and Cougars' Maries Myera took eighth, Lori Richins 10th and Janet Roberts 28th.

In the junior varsity boys' race, Kevin Allison of Anderson captured the individual title in 9:51. Yreka's Jeff Franklin was second (9:57), Paradise's Scott Deadmond was third (10:02), Anderson's Mark Williamson was fourth (10:15) and Las Plumas' Kurt Salinas took fifth (10:15).

Sparked by Allison's and Williamson's finishes, Anderson won the team title with 43 points. Paradise was second with 75, followed by Las Plumas (87), Oroville (106), Yreka (120), Shasta (148), Enterprise (167), Lassen (168) and Central Valley (211).