(NorCal Prep Rankings, X-Country...continued) - (7) Tom Foran /Mira Loma-Sac'to, (8) Kevin O'Connor/Carlmont-Belmont (9) Mike Vail/Mira Loma-Sac'to, (10) *Jesse Torres/Independence San Jose...(others): Jim Kasperi/St. Francis, Pedro Reyes/Jesuit,*Angel Vasquez/Watsonville,*Mike McCollum/Palo Alto,*Dave Shea/Castro Valley, Dennis Macdonald/Mt. Eden, Greg Long/Calaveras, John Carey/MSJ, Bob Biando/Piner, Dave Perlman/Las Lomas, John Hoch/Menlo-Atherton, Felix Soto/Mt. Pleasant.

Boys' Teams: (1) Jesuit/Carmichael, (2) Mission San Jose/Fremont, (3) Leigh/San Jose, (4) Watsonville, (5) El Dorado/Placerville, (6) San Ramon/Danville, (7) Mira Loma/Sac'to, (8) Castro Valley, (9) Skyline/Oakland, (10) St. Francis/Mtn.View.

(L-R) John Frank, Jay Marden & Fernando Balderas. */K. Conning/*

GIRLS

RUNNER OF THE YEAR: Kerry Brogan (Los Altos)
OUTSTANDING SENIOR: Liz Strangio (Mission San Jose, Fremont)
OUTSTANDING JUNIOR: Kerry Brogan (Los Altos)
OUTSTANDING SOPH: Robyn MacSwain (Terra Linda, San Rafael)
OUTSTANDING FROSH: Jessica Van Leeuwen (Carlmont, Belmont)

Rankings: - (1) *Kerry Brogan/Los Altos, (2) Shelly Nieto/Merced, (3) Liz Strangio/MSJ, (4) **Robyn MacSwain/Terra Linda, (5) *Mary Gaffield/El Cerrito, (6) Diane Gong/Lowell, S.F., (7) Amy Harper (Prospect, Saratoga), (8) **Lori Shanoff/Petaluma, (9) **Suzy Martinez/San Juan, Citrus Hgts, (10) **Ruth Day/Willow Glen, San Jose...(others): Lisa Dailey/Petaluma, *Judy Smith/Lassen-Susanville, **Joyce Richardson/Concord, **Esther Berndt/Gunn-Palo Alto, *Marcia White/Miramonte, **Marilyn Davis/Miramonte, Lisa Sandel/Campolindo-Moraga, ***Jessica Van Leeuwen/Carlmont-Belmont, **Jeannie Fuller/Mira Loma-Sac'to, **Sabrina Stevenson/Castro Valley, *Karin Lambden/Castro Valley, Linda Jungsten/Carlmont.

Girls' Teams: (1) Drake/San Anselmo, (2) Carlmont/Belmont, (3) Mira Loma/Sac'to, (4) Castro Valley, (5) Shasta/Redding, (6) Miramonte/Orinda, (7) Lassen/Susanville, (8) South Lake Tahoe, (9) Gunn/Palo Alto, (10) Carondelet/Concord.

(Top) Mission San Jose and (bottom) Castro Valley went 1-2 in NCS and ranked 2nd & 8th in NorCal. */Conning/*

(L-R) Kerry Brogan; Joyce Richardson, Liz Strangio, and Mary Gaffield...all ranked high among NorCal preps. */Don Gosney/*

- X-C Results -

NATIONAL 2-MILE POSTAL (Nov. 4, Los Gatos): /BOYS/ 1-Balderas/SJ 9:23.3, 2-O'Connor/Carl 9:24.8, 3-Torres/Ind 9:26.4, 4-Kurr/Gunn 9:32.1, 5-Hoch/MA 9:32.7, 6-Vasquez/Wat 9:35.9, 7-Samario/Leigh 9:43.4, 8-Cox/LG 9:43.7, 9-Gomez/Carl 9:45.7, 10-Ingram/Westmont 9:46.8...Teams: 1-Watsonville 49:26, 2-Carlmont 50:16, 3-Independence 51:08, 4-Lick 51:20, 5-Gunn 51:50. /GIRLS/ 1-Harper/Prospect 10:52, 2-Brogan/LA 11:09.6, 3-Van Housen/Wdsde 11:20.2, 4-Jungsten/Carl 11:33.9, 5-Huston/Gunn 11:46.2...Teams: Carlmont 60:45, Soquel 62:28, Leigh 62:52.

NORTHERN SECTION (Nov. 3, Chico): /BOYS/ 1-Frank/CV 13:43, 2-Dippel/Par 14:18, 3-Tedford/LP 14:20, 4-Richardson/Las 14:26, 5-McKendrick/LP 14:35...Teams: Paradise 52, Shasta 92, Enterprise 108, Lassen 112, Central Valley 122. /GIRLS/ 1-Hughes/RB 12:50, 2-Smith/Las 12:56, 3-Sweeney/Sh 13:02, 4-Moore/Ent 13:06, 5-David/Y 13:12...Teams: Shasta 43, Lassen 56, Chico 101, Enterprise 102, Pleasant Valley 111.

SAC-JOAQUIN SECTION (Nov. 12, Rocklin): /BOYS/ 1-Foran/ML 15:21, 2-Scott/EC 15:23, 3-Vail/ML 15:30, 4-Torres/Johnson 15:41, 5-Long/Calav 15:42, 6-Franse/Lodi 15:45, 7-Reyes/Jesuit 15:47, 8-Knowles/Vaca 15:48, 9-Warr/Vaca 15:48, 10-Hoefer/SLT 15:49...Teams: Jesuit 65, Elk Grove 86, El Dorado 91, Bella Vista 129, Mira Loma 135. /GIRLS/ 1-Nieto/Mer 12:43, 2-Martinez/SJuan 13:04, 3-Haase/SLT 13:23, 4-K. Haase/LT 13:25, 5-Santa Cruz/ML 13:29, 6-Baker/ED 13:32, 7-Chituras/Dow 13:33, 8-Frommelt/JS 13:36, 9-Keeton/Wdlnd 13:38, 10-Perrin/ML 13:41...Teams: SLT 75, Cordova 87, Mira Loma 90, Merced 118, Placer 157.

OAKLAND SECTION (Nov. 14, Oakland): /BOYS/ 1-Pluth/Sky 13:55, 2-Young/Okld 14:27, 3-Wilkens/Okld nt, 4-Weber/Sky nt, 5-Rateaver/Sky nt...Teams: Skyline 23, Oakland 49, McClymonds 92, Castlemont 102. /GIRLS/ 1-Ray/Okld 12:19, 2-McLeod/Sky 12:28...Teams: Skyline 22, McClymonds 68.

NORTH COAST SECTION (Nov. 17, Santa Rosa): /BOYS/ 1-Marden/MSJ 14:14.5, 2-Read/MSJ 14:26, 3-Baffert/SR 14:34, 4-McDonald/ME 14:37, 5-Shea/CV 14:52, 6-Grabowsky/SR 14:55, 7-Perlman/LL 14:57, 8-Berry/PH 14:57, 9-Williams/Liv 14:59, 10-Hoyt/Pin 15:01...Teams: MSJ 78, Castro Vly 90, San Ramon 112, Las Lomas 121, Pleasant Hill 145. /GIRLS/ 1-Strangio/MSJ 12:39.6, 2-MacSwain/TL 12:41, 3-Dailey/Pet 12:42, 4-Shanoff/Pet 12:47, 5-White/Mir 12:52...*more...*

Shelly Nieto */Gosney/*

(NCS Championships, cont'd...) 6-Davis/Mir 12:55, 7-Sandel/Camp 12:55, 8-Morse/Car 13:03, 9-Lambden/CV 13:06, 10-Stevenson/CV 13:07...Teams: Miramonte 90, Castro Valley 97, Carondelet 105, Petaluma 105, Drake 138, Redwood 143.

CENTRAL COAST SECTION (Nov. 19, Belmont): /BOYS/ 1-Balderas/SJ 14:45.8, 2-O'Conner/Carl 14:46.6, 3-Torres/Ind 14:59, 4-Kaspari/SFr 15:01, 5-Hoch/MA 15:02, 6-Soto/MP 15:04, 7-Gonzales/MV 15:07, 8-Bernal/Wstmt 15:10, 9-McCollum/PA 15:11, 10-Colvin/LYN 15:12...Teams: Leigh 72, Watsonville 132, St. Francis 136, Los Gatos 137, Hollister 163. /GIRLS/ 1-Brogan/LA 17:43, 2-Harper/Pro 18:00, 3-Day/WG 18:31, 4-Berndt/Gunn 18:34, 5-Choy/Sal 18:40, 6-Foanini/Carl 18:47, 7-Wilson/Wat 18:48, 8-Van Leeuwen/Carl 19:01, 9-Pelzsynski/LA 19:03, 10-Glockner/SH 19:11...Teams: Carlmont 84, Gunn 111, Los Gatos 116, Leigh 138, St. Francis 154, Soquel 167.

NORCAL CHAMPIONSHIPS (Nov. 24, Belmont): /BOYS/ 1-Frank/CenVly 14:51.6, 2-Marden/MSJ 15:06, 3-Baffert/SR 15:07, 4-Read/MSJ 15:12, 5-Balderas/SJ 15:17, 6-Kaspari/SFr 15:22, 7-Scott/EC 15:27, 8-Vasquez/Wat 15:32, 9-Reyes/Jes 15:32, 10-McCollum/PA 15:34, 11-Torres/Ind 15:39, 12-Foran/ML 15:40, 13-Shea/CV 15:45, 14-O'Connor/Carl 15:46, 15-Biondo/Piner 15:49, 16-Carey/MSJ 15:52, 17-Long/Calv 15:54, 18-Hoefer/SLF 15:56, 19-Redmond/ED 15:57, 20-McDonald/ME 15:57...Teams: Watsonville 80, Jesuit 100, El Dorado 108, Leigh 114, MSJ 120, Elk Grove 148, San Ramon 173, Skyline 182, Castro Valley 200, St. Francis 215. /GIRLS/ 1-Brogan/LA 12:35, 2-Nieto/Merc 12:45, 3-MacSwain/TL 12:53, 4-Gong/Lo 12:56, 5-Harper/Pr 13:01, 6-Shanoff/Pet 13:05, 7-Dailey/Pet 13:10, 8-Van Leeuwen/Carl 13:18, 9-Jungsten/Carl 13:19, 10-Sandel/Camp 13:19, 11-Davis/Mir 13:21, 12-Keeton/Wdld 13:22, 13-Stevenson/CV 13:23, 14-Perrin/ML 13:23, 15-Miller/Las 13:27, 16-Lambden/CV 13:29, 17-White/Mir 13:29, 18-Berndt/Gunn 13:32, 19-Frommfelt/JS 13:33, 20-Wilson/Wat 13:33...Teams: Castro Vly 101, Carlmont 108, Mira Loma 112, Miramonte 115, Lassen 134, S. Lake Tahoe 142, Gunn 192, Skyline & Carondelet 197, Cordova 210.

KINNEY WESTERN REGIONAL (Dec. 1, Belmont): /BOYS/ 1-Thomas/SB 14:37, 2-DiConti/LC 14:41, 3-Marden/MSJ 14:41, 4-McGlade/Wash. 14:43, 5-Read/MSJ 14:45, 6-Butler/Edison-HB 14:47, 7-Pyeatt/Wash. 14:50, 8-Newman 14:58, 9-Begay/Ariz 14:59, 10-Spilman/SV 15:01, 11-Scott/EC 15:05, 12-Thorleifson/Ariz 15:07, 13-O'Conner/Carl 15:09, 14-Torres/Alemany 15:10, 15-Bowlus/RH 15:15, 16-Bobelet 15:26, 17-Dunn 15:27, 18-Ruelas 15:29, 19-Alonso/Alham 15:30, 20-Cammarano 15:30. /GIRLS/ 1-Lyons/Idaho 16:30.6, 2-Cook/Cham 16:50, 3-Carney/Ariz 17:11, 4-Kiernan/FV 17:28, 5-Brogan/LA 17:32, 6-Bier/Ind 17:37, 7-Demmelmaier/Sar 17:40, 8-Harrell 17:43, 9-Gaffield/EC 17:50, 11-Knowlton/Wash. 17:52, 12-Nieto/Merc 17:54, 13-Deegan 17:55, 14-Ley/Wash. 18:03, 15-Gong/Lowell 18:03, 16-Rogers 18:04, 17-MacSwain/TL 18:10, 18-Karamitsos/Righetti 18:17, 19-Scott 18:24, 20-Johnson 18:25.

KINNEY NATIONALS (Dec. 9, San Diego): /BOYS/ Brent Steiner/Kansas 15:05.7, 2-Thomas/SB 15:10, 3-Stephens/VA 15:19, 4-DiConti/LC 15:27, 5-Smith/NJ 15:28, 6-Marden/MSJ 15:29, 7-Magee/FLA 15:30, 8-Butler/HB 15:31, 9-Hacker/WI 15:33, 10-Hews/Maine nt. /GIRLS/ Lyons/Idaho 17:29, 2-Strauss/PA 17:45, 3-Gladue/NJ 17:51, 4-Bier/Ind 17:57, 5-Girard/NY 17:57, 6-Cook/MH 18:05, 7-Carney/Ariz 18:12, 8-Welch/Mass 18:21, 9-Sullivan/TN 18:28, 10-Rose/VA 18:31.

JR. OLYMPICS NATIONAL CHAMPIONSHIPS (Dec. 8, Hightstown, NJ): *(Note: Only NorCal finishers listed who placed in top 10).* /BOYS/ 10-11: 4-Wall/Susanville 8:16; 16-17: 1-Frank/CenVly 15:24.5; /GIRLS/ 10-11: 7-K. Himenes/WS 8:48.

Robyn MacSwain */Gosney/*

THANKS TO MY CONTRIBUTORS: - I'd like to thank the following contributors for their assistance this past fall season: Bill Taylor (Drake HS, San Anselmo), Duncan MacSwain (Terra Linda HS), Bill Mensing (Downey HS, Modesto), John Hoch (Menlo-Atherton HS), David Peterson (Skyline HS), Jack Marden (Mission San Jose HS), Howard Willman (San Jose Mercury), Bill Gaffield (El Cerrito), Chuck Sheley (Skyline), and unnamed librarians in the newspaper rooms of the Oakland, Berkeley, Hayward & S.F. libraries.

I am starting to burn out. I would appreciate if coaches & athletes and fans would send me results of major competitions (several schools competing in same meet). That way I wouldn't have to live in cold and forboding dungeons (newspaper rooms) of public libraries. The majority of my results come from newspapers, despite my long list of contributors.

- Track Results -

LOS ANGELES TIMES INDOOR (Feb. 1, Inglewood): - HS 2-Mile: 1-DiConti/LCHS 9:02.3, 2-Frank/CV 9:12.4, 3-Sappenfield/SB 9:12.7, 4-Marden/MSJ 9:14.0, 5-Butler/Edison 9:27.5, 6-Read/MSJ 9:29.9, 7-Smallwood/Corcoran 9:31.8. */Jack Marden/*

SAN FRANCISCO EXAMINER GAMES TRIALS (Feb. 2, Berkeley): /BOYS/ 2 Mi: Reyes/Jes 9:17.6, Long/Calaveras 9:18.4, Shea/CasV 9:18.7, Yeager/Frmt-Snyvle 9:22.6, Dunn/AG 9:23.3, McCollum/PA 9:24.6, Lohse/Hanford 9:26.0, Baffert/SRam 9:26.0, Guinee/CasV 9:26.3, Torres/Johnson 9:27.3, Ball/Drake 9:32.2; LJ: Frazier/Mission 22-7 3/4, Abston/Hogan 22-6, Wright/Armijo 22-2 3/4, Lunactod 22-1 3/4, Smith/MA 21-11½, Bonner/Vallejo 21-10 3/4; 50m: Miller/MA 5.8, Parnell/Hogan 5.9, Robinson/Brk 5.9, Williams/NDR 5.9, Daumas/Gal 5.9; 1600mR: Berkeley 3:21.1, Oakland 3:23.0, Highlands 3:24.4, Palo Alto 3:24.6, Gilroy 3:27.2; /GIRLS/ Mile: King/Ayer 5:02.2, Brogan/LA 5:07.1, Ray/Okld 5:11.9, Keeton/Wdld 5:12.4, Van Housen/Wdsde 5:13.6, White/Mir 5:13.6, Negri/Fthl 5:13.9, Nieton/Merc 5:14.0, Yaninek/Pres 5:14.5, Shanoff/Pet 5:14.5, MacSwain/TL 5:15.2, Dailey/Pet 5:16.1; 1600mR: Berkeley 3:58.9, Drake 4:07.3, Saratoga 4:10.4, Carlmont 4:12.3, Casa Roble 4:13.8. */Fred Baer/*

SUNKIST INVIT. (Feb. 15, Los Angeles): /BOYS/ HJ: 3-Morris/Johnson-Sac 6-4; PV: 3-Bahl/Awalt 14-0, 4(tie)-Jacques/DM and Crumpler/MA 14-0; 880: 3-Richardson/Berk 1:56.9; TJ: 4-Criddle/EC 48-2; 2 Mi: 4-Baffert/SRam 9:27.8, 5-O'Connor/Carlmont 9:42.2, 6-Soto/MP 9:55.0; Mile: 2-Guinee/CV 4:12.5, 4-Reyes/Jes 4:18.0. /GIRLS/ Mi:(Rated) (1) 1-Gong/Lowell 5:04.5; (Seeded) 4-MacSwain/TL 5:12.4, 5-Weber/Lyn 5:13.8, 8-Nieto/Merced 5:17.6, 9-Bier/Ind 5:18.7; 500y: (I) 3-Webster/Berk 1:09.7; 880y: 1-King/Ayer 2:17.4, 4-Keeton/Wdld 2:18.5. */Al Franken/*

SAN FRANCISCO EXAMINER GAMES (Feb. 23, Daly City): /BOYS/ MileR: Highlands 3:29.6, Oakland 3:30.0, Berkeley 3:30.0; LJ: Frazier/Mission 23-6½, Abston/Hogan 22-5 3/4, Wright/Armijo 22-0½, Luncatod/Buchser 21-5½; 50m: Robinson/Berk 5.89, Williams/NDR 5.95, Daumas/Gal 6.04, Brenner/Gund 6.09, Ward/SM 6.12; 2 Mi: Guinee/CV 9:24.3, Reyes/Jes 9:24.3, Marden/MSJ 9:24.3, Long/Calav 9:27.6, Baffert/SR 9:28.6; /GIRLS/ MileR: Berkeley 4:10.0, Saratoga 4:13.9, Casa Roble 4:14.4, Drake 4:16.3, Carlmont 4:18.0; Mile: Bier/Ind 5:05.1, Brogan/LA 5:08.5, King/Ayer 5:09.1, MacSwain/TL 5:12.5, Keeton/Wdld 5:13.5, Nieto/Mer 5:14.1, White/Mir 5:14.4. */Fred Baer/*

(Left) Start of Boys Regional Kinney High School Meet at Crystal Springs, Belmont; (Ctr.) Castro Valley High's NorCal team champs; (Right) Hurdler Sherifa Sanders. */Don Gosney/*