

# Boys Championships (cont.) 1978 (continued)

## 1976 (continued)

### "AA" DIVISION

1. Steve Ortiz, Barstow Kennedy	10:12
2. Brad Kester, Artesia (jr)	10:18
3. Richard Benavidez, Bassett	10:19
4. Charles Rednick, Sherman In(jr)	10:20
5. Todd Frame, La Cañada	10:22
6. Congdon, So Pasadena	10:24
7. Mark Fricker, Hemet	10:27
8. Madrigal, Salesian	10:28
9. Joel Hope, Alta Loma	10:29
10. Brown, Alta Loma	10:33

### "A" DIVISION (SMALL SCHOOLS)

1. Steve Peters, Bishop (jr)	10:26
2. Ivan Huff, Paso Robles	10:39
3. Kevin Lundgren, St. Joseph	10:40
4. Mark Gray, Bishop	10:42
5. Tim Fitzgerald, Chaminade	10:47

## 1977 (3.0mi @ Mt. San Antonio CC)

### "AAAA" DIVISION (LARGE SCHOOLS)

1. Frank Assuma, Eisenhower (jr)	15:16
2. Chuck Assuma, Eisenhower (jr)	15:24
3. Kirk Buhler, Fountain Valley	15:41
4. John Spilman, Simi Valley (so)	15:41
5. Brian Appell, Fountain Valley	15:45
6. McManus, Palos Verdes	15:50
7. John Gerhardt, Costa Mesa	15:59
8. Joe Young, Costa Mesa	15:59
9. Daley, Foothill	16:01
10. DeHares, Marina	16:03
11. Way, Foothill	16:04

### "AAA" DIVISION

1. Rick Cisneros, Valencia	15:48
2. Richard Diaz, Redondo (jr)	15:53
3. Ken Ernst, El Dorado (jr)	15:55
4. Gary Borbon, Upland	15:58
5. Joey Gomez, Valencia	15:59
6. Rick Nieswonger, Buena Park	16:01

### "AA" DIVISION

1. Jon Stormo, Agoura	15:20.9
2. Charles Rednick, Sherman In	15:35
3. Brad Kester, Artesia	15:46
4. Randy Brown, Alta Loma	15:47
5. Ivan Bradley, Rio Mesa (so)	15:48
6. T. Martin, San Marino	15:51
7. Paola, Sherman Inst	15:53
8. Bios, Lennox	16:01
9. Lemon, Salesian	16:03
10. Madrigal, Salesian	16:12

### "A" DIVISION (SMALL SCHOOLS)

1. Steve Peters, Bishop	16:02.3
2. Horatio Martinez, Bishop	16:15
3. Francisco Robles, Fillmore	16:19
4. Mark Ruelas, LaSalle (so)	16:22
5. Greg Baxter, Atascadero (so)	16:28

## 1978 (3.0mi @ Mt. SAC, rain course)

### "AAAA" DIVISION (LARGE SCHOOLS)

1. Chuck Assuma, Eisenhower	15:18
2. Mike Lassdon, Edison	15:43
3. Gordon Duff, Huntington Beach	15:45
4. Dave Cangelosi, Villa Park	15:49
5. Richard Perez, Sn Gorgonio(jr)	15:50

### "AAA" DIVISION

1. Jeff Nelson, Burb Burroughs	15:01.4
2. Richard Diaz, Redondo	15:22
3. Jeff Vandoreens, Mia Viejo (jr)	30
4. Mike Melendez, Norco	15:32
5. Glenn Lee, Barstow	15:34

### "AA" DIVISION

1. Dennis Arriola, Gahr	15:52
2. John Cloud, Arlington	15:57
3. Martin Navarro, Rio Mesa	16:05
4. Ernie Cadena, Montebello	16:06
5. John Moreno, Rosemead	16:08

### "A" DIVISION (SMALL SCHOOLS)

1. Mark Ruelas, LaSalle (jr)	15:44
2. Greg Baxter, Atascadero (jr)	16:00
3. Luis Torres, Alenany (jr)	16:17
4. Mark Brunach, Atascadero	16:32
5. Marco Zubiate, Alenany	16:37

## 1979 (3.0mi @ Lake Castaic; hi winds)

### "AAAA" DIVISION (LARGE SCHOOLS)

1. Barasa Thomas, S Barbara (jr)	14:49
2. Ed Callaway, Dos Pueblos	15:06
3. Jon Butler, Edison (jr)	15:07
4. Richard Perez, San Gorgonio	15:08
5. Chris Bowlus, Rolling Hls (jr)	15:15
6. Scott LaCrosse, Costa Mesa(jr)	15:23
7. Jim Dunlap, 1000 Oaks	15:23
8. Harold, El Modena	15:27
9. Adams, Foothill	15:29
10. Steve Valen, El Modena	15:31
11. Mike Fisher, Villa Park	15:35
12. Corzan, Mira Costa	15:36
13. John Spilman, Simi Valley	15:38
14. Kelley, Agoura	15:39
15. Forkier, 1000 Oaks	15:45

### "AAA" DIVISION

1. Don Orr, Upland	15:26
2. Vernon Morris, Barstow (jr)	15:29
3. Mike Carlton, Northview (jr)	15:32
4. M. Canacho, Walnut	15:32
5. M. Tomas, El Dorado	15:33
6. Lalo Terriquez, Buena Park	15:35
7. Martinez, Quartz Hill	15:47
8. McDonell, Bur Burroughs	15:48
9. Phil Orr, Upland	15:49
10. Adams, Valencia	15:54

### "AA" DIVISION

1. Mike Parkinson, So Pasadena	14:49
2. Andy DiConti, La Cañada	14:50
3. Luis Torres, Alenany	15:10
4. T. Collins, Yucaipa	15:17
5. Danny Martinez, Salesian	15:17
6. R. Padilla, Indio	15:27
7. DeAnda, Salesian	15:32
8. Jesus Contreras, Indio (so)	15:34
9. Alahuzos, St. Francis	15:38
10. Velasquez, El Monte	15:59

### "A" DIVISION (SMALL SCHOOLS)

1. Greg Baxter, Atascadero	15:03
2. Mark Ruelas, LaSalle	15:09
3. James Selina, Sherman Inst	15:28
4. T. Roach, LaSalle	15:33
5. M. Armbruster, Paso Robles	15:33

## 1980 (3.0mi @ Saddleback CC)

### "AAAA" DIVISION (LARGE SCHOOLS)

1. Jon Butler, Edison	14:56
2. Barasa Thomas, Santa Barbara	15:06
3. Scott LaCrosse, Costa Mesa	15:18
4. Steve Valen, El Modena	15:20
5. Chris Bowlus, Bolling Hills	15:24
6. Jim Hartford, Corona Del Mar	15:27
7. Shawn Gallaher, Corona Del Mar	15:28
8. Mike Parker, Tustin (jr)	15:33
9. Grande, Villa Park	15:34
10. Gary Daily, Villa Park (jr)	15:39
11. Ned Mosher, Fountain Vly (jr)	15:41
12. Brad Meyer, University	15:41
13. Bob Erickson, Fountain Vly(jr)	15:42
14. Herrera, Costa Mesa	15:42
15. Wilson, Don Pueblos	15:45

### "AAA" DIVISION

1. Mike Carlton, Northview	15:09
2. Ernie Cadena, Montebello	15:15
3. Jeff Atkinson, Mira Costa	15:29
4. Tim Cannack, Sunny Hills (so)	15:31
5. Bruce McCormack, Norco (jr)	15:31
6. Jeff Olson, Hawthorne	15:37
7. Souza, Mac Mt Wilson	15:44
8. Lalo Terriquez, Buena Park	15:47
9. Dave Howard, Dana Hills (jr)	15:54
10. Steve Perez, Rowland	15:54

## 1980 (continued)

### "AA" DIVISION

1. Steve Schuekart, Barstow	15:28
2. Vernon Morris, Barstow	15:32
3. Jim Kelley, Agoura	15:49
4. Jesus Contreras, Indio (jr)	15:15
5. Fernando Vasquez, El Monte	16:05

### "A" DIVISION (SMALL SCHOOLS)

1. Tom Grawe, Carpinteria (jr)	15:43
2. James Selina, Sherman Inst	15:49
3. Jim Ortiz, Barstow Kennedy JHS (fr)	15:49
4. Chris Monroe, LA Baptist	16:03
5. George Yuster, Brentwood (so)	16:10

## 1981 (3.0mi @ Mt. San Antonio CC)

### "AAAA" DIVISION (LARGE SCHOOLS)

1. Jeff Holyfield, Crescenta Vly	15:00
2. Mike Parker, Tustin	15:22
3. Gilbert Delgado, Santa Barbara	15:23
4. Ron Harris, Eisenhower (jr)	15:27
5. Mark Howard, Costa Mesa	15:28
6. Bob Erickson, Fountain Valley	15:29
7. Eric Reynolds, Camarillo (jr)	15:32
8. Mark Junkerman, Los Alamitos (jr)	15:37
9. Ken Fetters, Upland (so)	15:38
10. Jesus Gutierrez, Pasadena(so)	15:38
11. Gus Quinonez, Hun'ton Bch(jr)	15:39
12. Chris Rice, Newbury Pk (so)	15:42
13. Hesselvik, University	15:44
14. Ned Mosher, Fountain Valley	15:45
15. Parien, El Toro	15:48

### "AAA" DIVISION

1. Sean Nugent, Culver City	15:25
2. Tim Cannack, Sunny Hills (jr)	15:30
3. Rick Dotson, Aviation	15:31
4. Steve Strehlow, Norco	15:36
5. Bruce McCormack, Norco	15:36
6. Nelson, Mater Dei	15:43
7. Kenny Arriola, Gahr	15:46
8. Larry Cahill, Saugus	15:48
9. Robert Planta, Mater Dei	15:50
10. Eddy	15:50

### "AA" DIVISION

1. Jim Ortiz, Barstow (so)	15:24
2. Mark Smith, Ferris	15:36
3. Jesus Contreras, Indio	15:41
4. David Loud, Charter Oak	15:43
5. Kevin Kelly, Victor Valley	15:52
6. Swangler, Nordhoff	15:55
7. Mike Madrigal, Montclair	15:57
8. Eddie Toro, Barstow (so)	16:00

### "A" DIVISION (SMALL SCHOOLS)

1. Tom Grawe, Carpinteria	15:39
2. George Yuster, Brentwood (jr)	16:02
3. J.P. Hall, LaSalle (so)	16:10
4. Brian Green, LaSalle	16:13
5. Romney Hawthorter, LaV Luth (so)	16:16

## 1982 (3.0mi @ Mt. San Antonio CC)

### "AAAA" DIVISION (LARGE SCHOOLS)

1. Eric Reynolds, Camarillo	14:39
2. Jesus Gutierrez, Pasadena (jr)	14:48
3. Mark Junkerman, Los Alamitos	14:58
4. Dan Palma, Glendale (jr)	15:13
5. Ron Harris, Eisenhower	15:14
6. Pat Watson, Palos Verdes (jr)	15:18
7. Kevin Green, Villa Park (jr)	15:28
8. Baugh, Huntington Beach	15:35
9. Martinez, Mater Dei	15:36
10. McGaha, El Modena	15:36
11. Ken Fetters, Upland (jr)	15:40
12. Arsenalut, Mater Dei	15:41
13. Ruben Esparza, El Modena	15:44
14. David, Palos Verdes	15:45
15. Allen, El Dorado	15:45

Note: fr = freshman class; so = sophomore class; jr = junior class; Others probably seniors.

courses. The winds made direct comparisons between different race times not entirely justifiable -- it depended upon which particular wind-storm you ran in.

There was torrid competition on all levels, with enough upsets and reversals of form to make the day interesting.

#### Women's 2A:

Vickie Cook of Alemany blasted away to the fastest women's time of the day in winning the race in 12:10.5 (she set a course record 11:52 in last week's prelims). She was followed in second by her teammate Dee Dee Deegan in 12:38, as the duo paced Alemany to a second place effort as a team. Westlake, under coach Terry Manning, with six underclass girls in his top seven, nipped Alemany for the team title 77-90. Team favorite, defending champion San Marino, lost two of its top four lately and slipped to fifth.

**Individuals:** 1. Cook (Alemany) 12:15.5; 2. Deegan (Alemany) 12:38; 3. Kiernan (Los Amigos) 12:48; 4. Metzger (Rio Mesa) 12:54; 5. Van Steenberg (San Marino) 12:57; 6. Lopez (Sacred Heart) 13:04; 7. McClelland (San Marino) 13:08; 8. Torres (Bassett) 13:09; 9. Bonilla (Los Amigos) 13:11; 10. Ford (Westlake) 13:18.

photo by Leon Usaney

**Teams:** 1. Westlake 77; 2. Alemany 90; 3. La Canada 122; 4. South Pasadena; 5. San Marino 128; 6. Marymount 156; 7. Rosemead 183; 8. Calabassas 199; 9. Paso Robles 205; 10. Moreno Valley 215; 11. Couchella Valley 241; 12. Paraclete 260.

#### Women's 3A

The day's surest bet as a team, Saugus, came through with the day's widest margin of victory (63-105 over Bishop Amat). The Centurions of coach Steve Spraker also supplied the individual winner, as junior Shelly Hazlett churned to a 12:27.6 win. The Ebner clan of Bishop Amat is into its female phase, as Therese (3rd) and Kathleen (6th) led the Lancers to second as a team.

**Individuals:** 1. Hazlett (Saugus) 12:27; 2. White (Lowell) 12:42; 3. T. Ebner (Bishop Amat) 12:46; 4. Karanitsos (Righetti) 12:53; 5. Jensen (Dana Hills) 13:04; 6. K. Ebner (Bishop Amat) 13:11; 7. Steele (Saugus) 13:26; 8. Spotts (Redondo) 13:29; 9. Lopat (Laguna Beach) 13:30; 10. Romo (North Torrance) 13:32; 11. Burza (Arroyo Grande) 13:33; 12. Riel (Mater Dei) 13:33; 13. Baker (Capistrano Valley) 13:33; 14. Durrand (Laguna Beach) 13:34; 15. K. Dube (Mater Dei) 13:34.

photo by Keith Connors

**Teams:** 1. Saugus 68; 2. Bishop Amat 105; 3. Mater Dei 129; 4. Lugans Beach 147; 5. Arroyo Grande 152; 6. North Torrance 159; 7. Dana Hills 164; 8. Quartz Hill 177; 9. Capistrano Valley 180; 10. San Luis Obispo 181; 11. Brea Olinda 182; 12. Bishop Montgomery 215.

**Women's 4A**

Edison (Huntington Beach), ranked number one all season long, was upset by Palos Verdes 88-99. Seemingly unbeatable in Southern California cross country circles in recent years, Edison fell to Bob Latham's girls who went out hard and hung on while a couple of the Charger stars faded in the last 1920. Anabelle Villanueva and teammate Beth McGlinchey from Fountain Valley moved to a surprising 1-2 sweep at 12:31 and 12:32 Evelyn Acuna of San Gabriel was a surprising third at 12:44.

**Individuals:** 1. Villanueva (Fountain Valley) 12:31; 2. McGlinchey (Fountain Valley) 12:32; 3. Acuna (San Gabriel) 12:44; 4. Plummer (University) 12:51; 5. Carpenter (Santa Barbara) 12:52; 6. Kneeshaw (Foothill) 12:53; 7. Bergsohn (Dos Pueblos) 13:02; 8. Scott (Corona Del Mar) 13:04; 9. Ludovise (Corona Del Mar) 13:05; 10. Bensch (Palos Verdes) 13:06; 11. Andrea Kirkorn (Edison) 13:07; 12. Lantry (Edison) 13:07; 13. D. Vogt (Palos Verdes) 13:08; 14. Scuduto (Santa Monica) 13:09; 15. Holquin (University) 13:15.

**Teams:** 1. Palos Verdes 88; 2. Edison 99; 3. Corona Del Mar 114; 4. University 138; 5. Dos Pueblos 140; 6. Newbury Park 143; 7. Foothill 146; 8. Costa Mesa 171; 9. Fountain Valley 176; 10. Arcadia 180; 11. West Torrance 276; 12. Santa Barbara 292.

**Men's 1A**

Coach Don Blair Finally had his LaSalle (Pasadena) team healthy and they ran a fine team race to soundly defeat Sherman Indian Institute (Riverside) 59-94. Sherman had scored a perfect 15 points the previous week in the prelim heat. Atascadero's Greg Baxter (15:08) defeated LaSalle's 9-13 two miler Mark Rucius (15:09) for the individual title ... reversing their finish in

**Men's 3A**

A wide open team battle was set up after favored Mission Viejo lost Jeff Vandereens (a 9:02.5 two miler last spring) with an injury in the Prelims last week. The Golden Hawks of El Dorado (Placenta) emerged as the narrow team victors over Barstow 92-94. Don Orr (Upland) bucked the wind best in the final 880 to emerge as the individual winner at 15:26.

**Individuals:** 1. D. Orr (Upland) 15:26; 2. Morris (Barstow) 15:29; 3. Carlton (Northview) 15:32; 4. Camacho (Walnut) 15:32; 5. Tomas (El Dorado) 15:33; 6. Terriquez (Buena Park) 15:35; 7. Martinez (Quartz Hill) 15:47; 8. McDonnell (Burrheads, Burbank) 15:48; 9. P. Orr (Upland) 15:49; 10. Adams (Valencia) 15:54; 11. Dunn (Arroyo Grande) 16:01; 12. Valdez (Righetti) 16:01; 13. Vert (Mission Viejo) 16:02; 14. Saldana (Burbank) 16:02; 15. Royball (Saugus) 16:03.

**Teams:** 1. El Dorado 92; 2. Barstow 94; 3. Mission Viejo 116; 4. Burrheads-Burbank 131; 5. Upland 146; 5. Walnut 146; 7. Buena Park 164; 8. Saugus 171; 9. Burbank 190; 10. Arroyo Grande 209; 11. Norco 215; 12. Quartz Hill 247.

**Men's 4A**

Form fell by the wayside as the undefeated team, Thousand Oaks, and individual, Jon Butler (Edison), both met defeat for the first time this year. Foothill of Santa Ana, a finalist eight of the last nine years, finally won it for Coach Jerry Whitaker - using their depth to outscore T.O. 94-115. The individual battle marked the big-time emergence of Barasa Thomas, a Kenyan (yes!) foreign exchange student at Santa Barbara who won at 14:49. A junior, Thomas ran 9:15.2 for two miles last spring - today he moved away from Dos Pueblos' Ed Callaway in the last half mile. Butler never was able to pull up and get contact after the first mile and one-half.

**Individuals:** 1. Thomas (Santa Barbara) 14:49.4; 2. Callaway (Dos Pueblos) 15:06; 3. Butler (Edison) 15:07; 4. Perez (San Geronimo) 15:08; 5. Bowles (Rolling Hills) 15:15; 6. LaCrosse (Costa Mesa) 15:23; 7. Dunlap (Thousand Oaks) 15:23; 8. Harold



# Don't Drop The Baton!

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**RENEW EARLY**

**SAN DIEGO SECTION**

*from Jeff Rigdon*

November 28, Morley Field:

**Girls 1A**

San Pasqual High's Terrie Brown captured the 1A girls crown in 13:24 and then had to wait until the 3A race finished to determine hers was the fastest time of the day over the 2.3-mile course. Brown, who defended her title, was not pressed in winning by 35 seconds. Fallbrook took the team title in a tight race with Coronado 54-67.

**Individuals:** 1. Brown (San Pasqual) 13:24; 2. Truscott (Santa Fe Christian) 13:59; 3. Thompson (Ramona) 14:03; 4. Pergine (Uni) 14:21; 5. Yoder (El Cajon) 14:25; 6. Crosson (Fallbrook) 14:26; 7. Zyseda (Fallbrook) 14:31; 8. Mata (San Marcos) 14:48; 9. Tiznado (Mar Vista) 14:49; 10. Leavy (Coronado)

**Boys 1A**

Southwest High topped La Jolla Country Day for the team crown but individually, the Torres' Andy Morabe outran Southwest's Juan Pina for first place. Morabe's time was 16:30 to Pina's 16:31; however, Southwest had three other runners in the top ten to pace it to its first ever CIF title.

**Individuals:** 1. Marabe (Country Day) 16:20; 2. Pina (Southwest) 16:31; 3. Marsh (Country Day) 16:39; 4. Moreno (Southwest) 16:47; 5. Schmander (Santa Fe Christian) 16:52; 6. O'Neal (Ocean-side) 16:56; 7. Davies (University) 17:04; 8. Davis (El Camino) 17:08; 9. Leano (Southwest) 17:10; 10. Harrison (Southwest) 17:13.

**Teams:** 1. Southwest 41; 2. La Jolla Country Day 80; 3. University 88; 4. El Camino 96; 5. Mar Vista 142.

171; 9. Fountain Valley 176; 10. Arcadia 180; 11. West Torrance 276; 12. Santa Barbara 292.

**Men's 1A**

Coach Don Blair Finally had his LaSalle (Pasadena) team healthy and they ran a fine team race to soundly defeat Sherman Indian Institute (Riverside) 59-90. Sherman had scored a perfect 15 points the previous week in the prelim heat. Atascadero's Greg Baxter (15:08) defeated LaSalle's 9:13 two miler Mark Ruelas (15:09) for the individual title -- reversing their finish in last year's 1A final, where Ruelas won on the Mt. SAC rain course.

**Individuals:** 1. 1. Baxter (Atascadero) 15:03; 2. Ruelas (LaSalle) 15:09; 3. Selinas (Sherman Indian) 15:28; 4. Roach (LaSalle) 15:33; 5. Armbruster (Paso Robles) 15:35.

**Teams:** 1. LaSalle 59; 2. Sherman Indian 90; 3. Atascadero 93; 4. Rim of World 130; 5. Twentynine Palms 192; 6. Perris 155; 7. Bosco Tech 184; 8. Cathedral 192; 9. Carpinteria 212; 10. Notre Dame (Riverside) 215; 11. Whittier Christian 237; 12. Fillmore 258.

**Men's 2A**

Salesian (Los Angeles) ran a good team race to bring home its third championship over a period of years for Brother Tom Keegan. They return six of their top seven next year -- their 81 points brought them in ahead of the Rio Hondo League trio of La Canada (105), San Marino (108), and South Pasadena (123). Mike Parkinson of South Pasadena, a 4:14.4 miler last spring, was the narrow individual winner in 14:49.3 over Andy DiConti of La Canada (14:50).

**Individuals:** 1. Parkinson (South Pasadena) 14:49; 2. DiConti (La Canada) 14:50; 3. Torres (Alemany) 15:10; 4. Collins (Yucaipa) 15:15; 5. Martinez (Salesian) 15:17; 6. Padilla (Indio) 15:27; 7. DeAnda (Salesian) 15:32; 8. Contreras (Indio) 15:34; 9. Alabuzos (St. Francis) 15:38; 10. Velasquez (El Monte) 15:39.

**Teams:** 1. Salesian 81; 2. La Canada 105; 3. San Marino 108; 4. South Pasadena 123; 5. Indio 133; 6. Alemany 139; 7. Pioneer 151; 8. Central (El Centro) 162; 9. St. Francis 204; 10. Los Amigos 222; 11. Victor Valley 235; 12. Rio Mesa 277.

emergence of Barbara Thomas, a Kenyan (yes!!) foreign exchange student at Santa Barbara who won at 14:49. A junior, Thomas ran 9:15.2 for two miles last spring -- today he moved away from Dos Pueblos' Ed Callaway in the last half mile. Butler never was able to pull up and get contact after the first mile and one-half.

**Individuals:** 1. Thomas (Santa Barbara) 14:49.4; 2. Callaway (Dos Pueblos) 15:06; 3. Butler (Edison) 15:07; 4. Perez (San Geronimo) 15:08; 5. Bowlius (Rolling Hills) 15:15; 6. LaCrosse (Costa Mesa) 15:23; 7. Dunlap (Thousand Oaks) 15:23; 8. Harold (El Modena) 15:27; 9. Adams (Foothill) 15:29; 10. Valens (El Modena) 15:31; 11. Fisher (Villa Park) 15:35; 12. Corzan (Mira Costa) 15:36; 13. Spilman (Simi Valley) 15:38; 14. Kelley Agoura 15:39; 15. Forkler (Thousand Oaks) 15:45.

**Teams:** 1. Foothill 94; 2. Thousand Oaks 115; 3. Dos Pueblos 120; 4. University 135; 5. Agoura 155; 6. Costa Mesa 159; 7. El Modena 164; 8. Simi Valley 167; 9. Mira Costa 179; 10. Rolling Hills 186; 11. Villa Park 195; 12. Corona Del Mar 208.

**Southern Section Roadside Notes:**

An annoying point for spectators has become the proliferation of teams that run in jerseys with no school identification. All the new running gear on the market makes changeovers attractive, but it is tough enough to figure out what is happening in a race without any identification on a couple of the teams. Thomas (Santa Barbara 4A winner) appeared to dominate this field the way his countrymen have at the college ranks. He sure seems mature -- but then what does a 17-year old Kenyan look like anyway??

Palos Verdes' 4A girls win marks the fifth straight year that Coach Bob Latham has had a varsity team place either first or second in the section -- and his third straight winner (to go with the boys' wins the past two years). An amazing record in a very competitive area.

Now if we only had the state meet to look forward to -- about the second week in December at, say, Woodward Park in Fresno with the South's best against the North's stars....well....dream on!

captured the 1A girls crown in 1924 and then had to wait until the 8A race finished to determine hers was the fastest time of the day over the 2.3-mile course. Brown, who defended her title, was not pressed in winning by 35 seconds. Fallbrook took the team title in a tight race with Coronado 54-67.

**Individuals:** 1. Brown (San Pasqual) 13:24; 2. Truscott (Santa Fe Christian) 13:49; 3. Thompson (Ramona) 14:03; 4. Peragine (Uni) 14:21; 5. Yoder (El Cajon) 14:25; 6. Grouson (Fallbrook) 14:26; 7. Zyweda (Fallbrook) 14:31; 8. Mata (San Marcos) 14:46; 9. Tiznado (Mar Vista) 14:49; 10. Levy (Coronado) 14:51.

**Teams:** 1. Fallbrook 54; 2. Coronado 67; 3. Mar Vista 85; 4. San Pasqual 106; 5. University 129.

**Girls 2A**

Teresa Foskett of El Capitan held back the first mile before pulling away from La Jolla's Lynda Prentice and Santana's Tina Allen to win by ten seconds over Prentice 13:54 to 14:04. El Capitan ran away with the team title.

**Individuals:** 1. Foskett (El Capitan) 13:54; 2. Prentice (La Jolla) 14:04; 3. Allen (Santana) 14:20; 4. Rowlett (El Capitan) 14:26; 5. Hernandez (Serra) 14:32; 6. Rodriguez (Sweetwater) 14:36; 7. Ybarra (San Diego) 14:38; 8. Essel (Castle Park) 14:43; 9. Scott (Crawford) 14:49; 10. Phillips (Hilltop) 14:54.

**Teams:** 1. El Capitan 56; 2. Serra 93; 3. Crawford 96; 4. La Jolla 135; 5. Poway 139.

**Girls 3A**

Sue Geley of Monte Vista paced her Monte Vista team to a narrow victory over Helix for the team title. The team race may have been tight, but Geley had no trouble in winning the individual crown outrunning second place Betsy Chadwick 13:26 to 13:38.

**Individuals:** 1. Geley (Monte Vista) 13:26; 2. Chadwick (Mira Mesa) 13:38; 3. Tanner (Vista) 13:51; 4. James (Bonita Vista) 13:52; 5. Muecus (Vista) 13:53; 6. Cannizzaro (Helix) 13:54; 7. Dewey (Monte Vista) 14:00; 8. Fassbender (Mt. Carmel) 14:10; 9. Rose (Helix) 14:12; 10. Trask (Mt. Carmel) 14:14.

**Teams:** 1. Monte Vista 61; 2. Helix 65; 3. Vista 85; 4. Mt. Carmel 119; 5. Valhalla 126.

other runners in the top ten to pace it to its first ever CIF title.

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**Boys 2A**

Point Loma's Rollie Wingo sprinted out to the lead after 100 yards and never slowed down, clocking a 15:45 to win the division by 21 seconds over Hilltop's Frank McNally. Serra's Scott Rivera, who sped to a 15:41 in the prelims was third at 16:19. Wingo said, "Last week I'd put in so much mileage my legs were heavy. But today I felt light and strong. I felt fresh throughout." He also mentioned he logged over 1,400 miles this summer and continued the overdistance training until the past week.

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**Teams:** 1. Serra 66; 2. Fallbrook 84; 3. Hilltop 96; 4. Crawford 114; 5. San Dieguito 114.

**Boys 3A**

Patrick Henry's Sean Evans raced around the 5,000 meter course in 15:32 to win the championship with the fastest time of the day. The Henry senior was a 25 yard victor over Monte Vista's Javier Sandoval. Grossmont League champ Helix defended its team crown, scoring 44 points to Monte Vista's 78. "He was tough, real mean," said Evans of Sandoval. "I kept listening to the crowd and they'd tell me if he was moving up. Two times he made a run at me but each



courses. The winds made direct comparisons between different race times not entirely justifiable -- it depended upon which particular wind-storm you ran in.

There was torrid competition on all levels, with enough upsets and reversals of form to make the day interesting.

#### Women's 2A:

Vickie Cook of Alemany blasted away to the fastest women's time of the day in winning the race in 12:10.5 (she set a course record 11:52 in last week's prelims). She was followed in second by her teammate Dee Dee Deegan in 12:38, as the duo paced Alemany to a second place effort as a team. Westlake, under coach Terry Manning, with six underclass girls in his top seven, nipped Alemany for the team title 77-90. Team favorite, defending champion San Marino, lost two of its top four lately and slipped to fifth.

**Individuals:** 1. Cook (Alemany) 12:15.5; 2. Deegan (Alemany) 12:38; 3. Kiernan (Los Amigos) 12:48; 4. Metzger (Rio Mesa) 12:54; 5. Van Steenberg (San Marino) 12:57; 6. Lopez (Sacred Heart) 13:04; 7. McClelland (San Marino) 13:08; 8. Torres (Bassett) 13:09; 9. Bonilla (Los Amigos) 13:11; 10. Ford (Westlake) 13:18.

photo by Len Ganser

**Teams:** 1. Westlake 77; 2. Alemany 90; 3. La Canada 122; 4. South Pasadena; 5. San Marino 128; 6. Marymount 156; 7. Rosemead 183; 8. Calabassas 199; 9. Paso Robles 205; 10. Moreno Valley 215; 11. Coachella Valley 241; 12. Paraclete 260.

#### Women's 3A

The day's surest bet as a team, Saugus, came through with the day's widest margin of victory (63-105 over Bishop Amat). The Centurions of coach Steve Spraker also supplied the individual winner, as junior Shelly Hazlett churned to a 12:27.6 win. The Ebner clan of Bishop Amat is into its female phase, as Therese (3rd) and Kathleen (6th) led the Lancers to second as a team.

**Individuals:** 1. Hazlett (Saugus) 12:27; 2. White (Lowell) 12:42; 3. T. Ebner (Bishop Amat) 12:46; 4. Karamitsos (Righetti) 12:53; 5. Jessen (Dana Hills) 13:04; 6. K. Ebner (Bishop Amat) 13:11; 7. Steele (Saugus) 13:26; 8. Spotts (Redondo) 13:29; 9. Lopat (Laguna Beach) 13:30; 10. Romo (North Torrance) 13:32; 11. Buzza (Arroyo Grande) 13:33; 12. Riel (Mater Dei) 13:33; 13. Baker (Capistrano Valley) 13:33; 14. Durrand (Laguna Beach) 13:34; 15. K. Dube (Mater Dei) 13:34.

photo by Keith Conzino

**Teams:** 1. Saugus 68; 2. Bishop Amat 105; 3. Mater Dei 129; 4. Laguna Beach 147; 5. Arroyo Grande 152; 6. North Torrance 159; 7. Dana Hills 164; 8. Quartz Hill 177; 9. Capistrano Valley 180; 10. San Luis Obispo 181; 11. Brea Olinda 182; 12. Bishop Montgomery 215.

#### Women's 4A

Edison (Huntington Beach), ranked number one all season long, was upset by Palos Verdes 88-99. Seemingly unbeatable in Southern California cross country circles in recent years, Edison fell to Bob Latham's girls who went out hard and hung on while a couple of the Charger stars faded in the last 1920. Anabelle Villanueva and teammate Beth McGlinchey from Fountain Valley moved to a surprising 1-2 sweep at 12:31 and 12:32. Evelyn Acuna of San Gabriel was a surprising third at 12:44.

**Individuals:** 1. Villanueva (Fountain Valley) 12:31; 2. McGlinchey (Fountain Valley) 12:32; 3. Acuna (San Gabriel) 12:44; 4. Plummer (University) 12:51; 5. Carpenter (Santa Barbara) 12:52; 6. Kneeshaw (Foothill) 12:53; 7. Bergsohn (Dos Pueblos) 13:02; 8. Scott (Corona Del Mar) 13:04; 9. Ludovise (Corona Del Mar) 13:05; 10. Bensch (Palos Verdes) 13:06; 11. Andrea Kirkorn (Edison) 13:07; 12. Lantry (Edison) 13:07; 13. D. Vogt (Palos Verdes) 13:08; 14. Scaduto (Santa Monica) 13:09; 15. Holquin (University) 13:15.

**Teams:** 1. Palos Verdes 88; 2. Edison 99; 3. Corona Del Mar 114; 4. University 138; 5. Dos Pueblos 140; 6. Newbury Park 143; 7. Foothill 146; 8. Costa Mesa 171; 9. Fountain Valley 176; 10. Arcadia 180; 11. West Torrance 276; 12. Santa Barbara 292.

#### Men's 1A

Coach Don Blair Finally had his LaSalle (Pasadena) team healthy and they ran a fine team race to soundly defeat Sherman Indian Institute (Riverside) 59-90. Sherman had scored a perfect 15 points the previous week in the prelim heat. Atascadero's Greg Baxter (15:08) defeated LaSalle's 9-13 two miler Mark Ruebias (15:09) for the individual title -- reversing their finish in

#### Men's 3A

A wide open team battle was set up after favored Mission Viejo lost Jeff Vandereens (a 9:02.5 two miler last spring) with an injury in the Prelims last week. The Golden Hawks of El Dorado (Placencia) emerged as the narrow team victors over Barstow 92-94. Don Orr (Upland) bucked the wind best in the final 880 to emerge as the individual winner at 15:26.

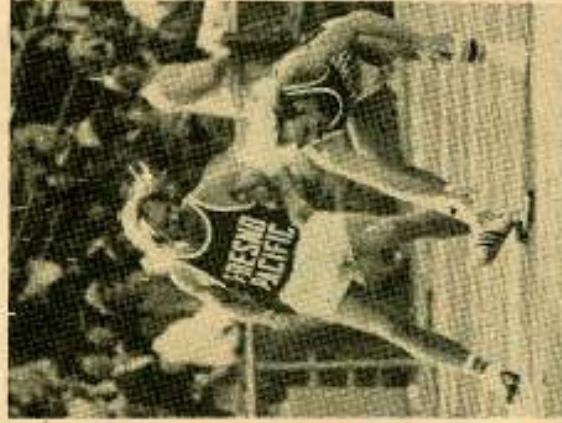
**Individuals:** 1. D. Orr (Upland) 15:26; 2. Morris (Barstow) 15:29; 3. Carlton (Northview) 15:32; 4. Camacho (Walnut) 15:32; 5. Tomas (El Dorado) 15:33; 6. Terriquez (Buena Park) 15:35; 7. Martinez (Quartz Hill) 15:47; 8. McDonnell (Burrroughs, Burbank) 15:48; 9. P. Orr (Upland) 15:49; 10. Adams (Valencia) 15:54; 11. Dunn (Arroyo Grande) 16:01; 12. Valdez (Righetti) 16:01; 13. Vert (Mission Viejo) 16:02; 14. Saldana (Burbank) 16:02; 15. Royball (Saugus) 16:03.

**Teams:** 1. El Dorado 92; 2. Barstow 94; 3. Mission Viejo 116; 4. Burrroughs-Burbank 131; 5. Upland 146; 5. Walnut 146; 7. Buena Park 164; 8. Saugus 171; 9. Burbank 190; 10. Arroyo Grande 209; 11. Norco 215; 12. Quartz Hill 227.

#### Men's 4A

Form fell by the wayside as the undefeated team, Thousand Oaks, and individual, Jon Butler (Edison), both met defeat for the first time this year. Foothill of Santa Ana, a finalist eight of the last nine years, finally won it for Coach Jerry Whitaker -- using their depth to outscore T.O. 94-115. The individual battle marked the big-time emergence of Barasa Thomas, a Kenyan (yes!!) foreign exchange student at Santa Barbara who won at 14:49. A junior, Thomas ran 9:15.2 for two miles last spring -- today he moved away from Dos Pueblos' Ed Callaway in the last half mile. Butler never was able to pull up and get contact after the first mile and one-half.

**Individuals:** 1. Thomas (Santa Barbara) 14:49.4; 2. Callaway (Dos Pueblos) 15:06; 3. Butler (Edison) 15:07; 4. Perez (San Geronimo) 15:08; 5. Bowler (Rolling Hills) 15:15; 6. LaCrosse (Costa Mesa) 15:23; 7. Dunlap (Thousand Oaks) 15:23; 8. Harold



#### RENEW EARLY

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#### SAN DIEGO SECTION

from Jeff Rigdon

November 28, Morley Field:

#### Girls 1A

San Pasqual High's Terrie Brown captured the 1A girls crown in 13:24 and then had to wait until the 3A race finished to determine hers was the fastest time of the day over the 2.3-mile course. Brown, who defended her title, was not pressed in winning by 35 seconds. Fallbrook took the team title in a tight race with Coronado 54-67.

**Individuals:** 1. Brown (San Pasqual) 13:24; 2. Truscott (Santa Fe Christian) 13:59; 3. Thompson (Ramona) 14:03; 4. Peragine (Uai) 14:21; 5. Yoder (El Cajon) 14:25; 6. Crosson (Fallbrook) 14:26; 7. Zyseda (Fallbrook) 14:31; 8. Mata (San Marcos) 14:48; 9. Tiznado (Mar Vista) 14:49; 10. Levy (Coronado)

#### Boys 1A

Southwest High topped La Jolla Country Day for the team crown but individually, the Torres' Andy Morabe outran Southwest's Juan Pina for first place. Morabe's time was 16:20 to Pina's 16:31; however, Southwest had three other runners in the top ten to pace it to its first ever CIF title.

**Individuals:** 1. Marabe (Country Day) 16:20; 2. Pina (Southwest) 16:31; 3. Marsh Country Day) 16:39; 4. Moreno (Southwest) 16:47; 5. Schmander (Santa Fe Christian) 16:52; 6. O'Neal (Ocean-side) 16:56; 7. Davies (University) 17:04; 8. Davis (El Camino) 17:08; 9. Leano (Southwest) 17:10; 10. Harrison (Southwest) 17:13.

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**Individuals:** 1. 1. Baxter (Atascadero) 15:03; 2. Ruelas (LaSalle) 15:09; 3. Selinas (Sherman Indian) 15:28; 4. Roach (LaSalle) 15:33; 5. Armbruster (Paso Robles) 15:35.

**Teams:** 1. LaSalle 59; 2. Sherman Indian 90; 3. Atascadero 93; 4. Rim of World 130; 5. Twentynine Palms 132; 6. Perris 155; 7. Bosco Tech 184; 8. Cathedral 192; 9. Carpinteria 212; 10. Notre Dame (Riverside) 215; 11. Whittier Christian 237; 12. Fillmore 258.

**Men's 2A**

Salesian (Los Angeles) ran a good team race to bring home its third championship over a period of years for Brother Tom Keegan. They return six of their top seven next year -- their 81 points brought them in ahead of the Rio Hondo League trio of La Canada (105), San Marino (108), and South Pasadena (123). Mike Parkinson of South Pasadena, a 4:14.4 miler last spring, was the narrow individual winner in 14:49.3 over Andy DiConti of La Canada (14:50).

**Individuals:** 1. Parkinson (South Pasadena) 14:49; 2. DiConti (La Canada) 14:50; 3. Torres (Alemany) 15:10; 4. Collins (Yucaipa) 15:15; 5. Martinez (Salesian) 15:17; 6. Padilla (Indio) 15:27.; 7. DeAnda (Salesian) 15:32; 8. Contreras (Indio) 15:34; 9. Alabuzos (St. Francis) 15:38; 10. Velasquez (El Monte) 15:39.

**Teams:** 1. Salesian 81; 2. La Canada 105; 3. San Marino 106; 4. South Pasadena 123; 5. Indio 133; 6. Alemany 139; 7. Pioneer 151; 8. Central (El Centro) 152; 9. St. Francis 204; 10. Los Amigos 222; 11. Victor Valley 235; 12. Rio Mesa 277.

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**Teams:** 1. Foothill 94; 2. Thousand Oaks 115; 3. Dos Pueblos 120; 4. University 135; 5. Agoura 155; 6. Costa Mesa 159; 7. El Modena 164; 8. Simi Valley 167; 9. Mira Costa 179; 10. Rolling Hills 186; 11. Villa Park 195; 12. Corona Del Mar 208.

**Southern Section Roadside Notes:**

An annoying point for spectators has become the proliferation of teams that run in jerseys with no school identification. All the new running gear on the market makes changeovers attractive, but it is tough enough to figure out what is happening in a race without any identification on a couple of the teams. Thomas (Santa Barbara 4A winner) appeared to dominate this field the way his countrymen have at the college ranks. He sure seems mature -- but then what does a 17-year old Kenyan look like anyway??

Palos Verdes' 4A girls win marks the fifth straight year that Coach Bob Latham has had a varsity team place either first or second in the section -- and his third straight winner (to go with the boys' wins the past two years). An amazing record in a very competitive area.

Now if we only had the state meet to look forward to -- about the second week in December at, say, Woodward Park in Fresno with the South's best against the North's stars....well....dream on!

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**Teams:** 1. Fallbrook 54; 2. Coronado 67; 3. Mar Vista 85; 4. San Pasqual 106; 5. University 129.

**Girls 2A**

Teresa Foskett of El Capitan held back the first mile before pulling away from La Jolla's Lynda Prentice and Santana's Tina Allen to win by ten seconds over Prentice 13:54 to 14:04. El Capitan ran away with the team title.

**Individuals:** 1. Foskett (El Capitan) 13:54; 2. Prentice (La Jolla) 14:04; 3. Allen (Santana) 14:20; 4. Rowlett (El Capitan) 14:26; 5. Hernandez (Serra) 14:32; 6. Rodriguez (Sweetwater) 14:38; 7. Ybarra (San Diego) 14:38; 8. Essel (Castle Park) 14:43; 9. Scott (Crawford) 14:49; 10. Phillips (Hilltop) 14:54.

**Teams:** 1. El Capitan 56; 2. Serra 93; 3. Crawford 96; 4. La Jolla 135; 5. Poway 139.

**Girls 3A**

Sue Geiley of Monte Vista paced her Monte Vista team to a narrow victory over Helix for the team title. The team race may have been tight, but Geiley had no trouble in winning the individual crown outrunning second place Betsy Chadwick 13:26 to 13:38.

**Individuals:** 1. Geiley (Monte Vista) 13:26; 2. Chadwick (Mira Mesa) 13:38; 3. Tanner (Vista) 13:51; 4. James (Bonita Vista) 13:52; 5. Muecus (Vista) 13:53; 6. Cannizzaro (Helix) 13:54; 7. Dewey (Monte Vista) 14:00; 8. Fassbender (Mt. Carmel) 14:10; 9. Rose (Helix) 14:12; 10. Trask (Mt. Carmel) 14:14.

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