 **Stanford**
Cross Country
1980

General Information, Rosters

Media Needs

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Women

Name	Hgt.	Wt.	Class	Exp.
Andrea Dewey	5-8	125	Sr.	Spokane, WA (Mt. Holyoke)
Cynthia Douglas	5-9	130	So.	San Francisco, CA (University)
Helene Duhamel	6-0	145	Fr.	Rapid City, SD (St. Martin's Academy)
Amy Friedman	5-1	94	So.	Stanford, CA (Gunn, Northwestern)
Susan Funkhouser	5-2	90	Jr.	Olympia, WA (Capitol)
Diane Gong	5-5	110	Fr.	San Francisco, CA (Lowell)
Purea Knight	5-5	106	Fr.	Kamuela, HI (Hawaii Prep Academy)
Mary Lillo	5-5	110	So.	Hillsborough, CA
Ellen Lyons	5-6	120	Fr.	Boise, ID (Bishop Kelly)
Vivian Metzger	5-9	118	Fr.	Oxnard, CA (Rio Mesa)
Denise Monza	5-2	110	Fr.	Pebble Beach, CA (Monterey)
Annette Mungai	5-8	140	Sr.	Santa Cruz, CA (Santa Cruz)
Patricia Plumer	5-3	115	Fr.	Montrose, CO (Montrose)
Dana Price	5-4	105	Fr.	Denver, CO (East)
Casey Rafferty	5-7	118	Fr.	Riverside, CA (Polytechnic)
Sherry Rice	5-9	135	So.	Portland, OR (Grant, U. of Oregon)
Kori Schake	5-4	110	Fr.	Sonoma Valley, CA (Sonoma)
Kim Schnurpfeil	5-5	105	So.	San Mateo, CA (San Mateo)
Kathy Woehrlle	5-2	108	Fr.	Oakland, CA (Head-Royce)

Manager—Kris Baxter

Men

Name	Hgt.	Wt.	Class	Hometown (High School)
Mark Anderson	5-9	135	Fr.	Arlington, VA (Washington-Lee HS)
Dennis Arriola	5-5	125	So.	Artesia, CA (Gahr)
Rod Berry	5-9½	126	Jr.	Kentfield, CA (Redwood)
Bob Brennand	5-9	145	So.	Artesia, CA (San Marcos)
Ed Callaway	5-10	128	Fr.	Goleta, CA (Dos Pueblos)
David Campa	5-7	120	Fr.	Van Nuys, CA (Bishop Alemany)
David Frank	5-9	137	Fr.	Gladstone, OR (Gladstone)
Bill Graham	5-11	135	So.	Grafton, VA (Tabb)
Pat Jennings	5-4	140	Fr.	Huntington, NY (Whitman HS)
Jeff Knowlton	5-10½	145	Fr.	Federal Way, WA (Bellarmine)
Greg Lambert	5-9½	135	Fr.	Crown Point, IN (Crown Point)
Mark Lederer	5-8	130	Fr.	Lockport, NY (Lockport)
Tom Lobsinger	5-10	148	Sr.	Waterloo, Ontario (St. Jerome's)
Mike Melendez	5-6	125	So.	Norco, CA (Norco)
Tom O'Neil	5-11	134	Jr.	Rocklin, CA (Jesuit)
Eric Sappenfield	5-11	135	Fr.	Santa Barbara, CA (Santa Barbara)
John Schaer	5-9	140	Jr.	Corvallis, OR (Crescent Valley)
James Smith	5-7	120	Fr.	Haddonfield, NJ (Haddonfield)
Michael Sokolewicz	6-0	145	Fr.	Dolton, IL (Thornton Township HS)

Women's Outlook

National AIAW finisher Kim Schnurpfeil will lead a group of young runners on the Stanford cross country trail in what third year coach Laurel Treon calls the best recruiting year in Cardinal cross country history.

Sophomore Schnurpfeil is the top returnee, assuming team captain duties, but will have some excellent company from 10 freshmen runners joining the Stanford ranks this season.

Schnurpfeil was the first place finisher for the Stanford team in every competition last year, setting a school record for 5000-meter cross country at 17:14.0. Her major running partner this season will probably be three-year Idaho state cross country champion Ellen Lyons.

"Ellen is thought of by most coaches as the top high school distance prospect in the nation after literally running away with the Kenny Prep National High School Championship title in San Diego last year (17:28.8 for 5000 meters)," Treon said. "One of our goals in '80 is to make the AIAW Nationals as a team; with the caliber of runners we'll have competing, we have an excellent chance."

Stanford has made the team nationals only once (1977) but graduated three-time All-America Ann Thrupp has finished as high as 10th in individual competition. Last season Schnurpfeil placed 16th and missed the All-America quota by just six-tenths of a second. Kim ran the 10th fastest collegiate time for 5000 meters last spring (16:23.06) and was seventh in the nation (16:26.5) at the Olympic Trials exhibition 5000 meters.

Freshmen Dana Price, a fourth place finisher in the Colorado state meet, and Diane Gong, fourth in Northern California cross country high school competition, will also be key performers in how well the Cards do this season.

Patricia Plumer, fourth in Colorado at one and two miles, and Pura Knight, first in Hawaii at the 3200 and 1600 meter distances, will also be strong freshman competitors.

Other returnees, three-time letter-winner Annette Mungai and senior Andrea Dewey, should provide some consistency to the young squad.

"Even though we have so many new faces this season, I wouldn't call it a rebuilding year," Treon said. "All are such fine athletes I would have to say that we are building on the foundation already laid."

1979 Results

5th in Fresno Invitational
4th in Cal Women's Invitational
4th in Stanford Invitational
2nd in NorCal Championships
5th in WIAAW Regionals



Freshman Ellen Lyons was the top high school distance runner in the nation last year.

Men's Outlook

New head coach Mike Tomasello will be looking for something special in his men's cross country team this year...a special blend of athletic, academic and social maturity.

"The key to a successful season depends upon whether we can achieve a high level of excellence in all areas of growth," the former track aide at the University of Tennessee said. "I'm confident each individual will make a contribution towards total team unity."

Although 10 freshmen make up the majority of the squad, there will be some experience in six returnees from last season; and out of that, three back from the top seven.

Captain Rod Berry looks to be the leader with two years of Stanford experience. The junior from Kentfield, Calif., was the No. 2 man last season, sparking the Cards to a surprise first-place finish in the 1979 Pac-10 Southern Division Championships with individual runner-up honors in 30:47.

Sophomore Bill Graham from Grafton, Va., also will be returning; he placed a strong 25th in the Pac-10 Cross Country Championships with a time of 31:50.6. "If he makes an adjustment into a leadership role, he could blossom into an outstanding runner," Tomasello added.

The only senior on the squad, Tom Lobsinger, is Stanford's top miler but also does well at the cross country 10,000-meter distance. Described as an individual with unlimited potential, Lobsinger finished directly behind Graham in the Pac-10 Championships. Another returnee, sophomore Mike Melendez of Norco, Calif., placed 42nd in the same competition and is well-adjusted to Pac-10 pressure.

"Mike did everything we asked him to do last spring between 3000 and 10,000 meters. He could be a candidate for the top seven," Tomasello added.

But the direction the team will take this year will have to depend upon the freshmen. With New Jersey state cross country champion James Smith and Illinois state champ Michael Sokolewicz, Tomasello has his hands full of raw potential.

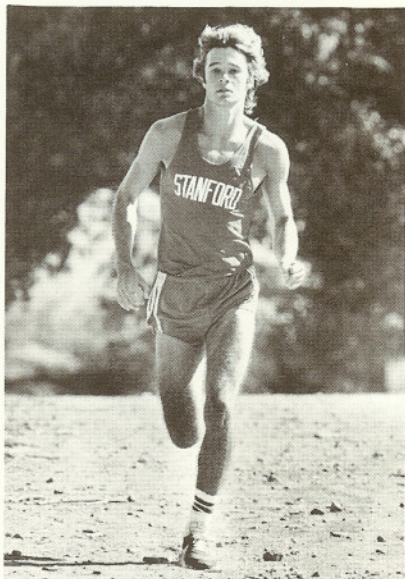
Two other freshmen, Eric Sappenfield, who made the U.S. Junior National Team, and David Frank, three-time Oregon state champ in cross country, 1500 and 3000 meters, should add plenty of depth to the Card lineup.

And they'll need it when facing strong Pac-10 opponents such as NCAA national finishers Washington State and Oregon. "The schedule gives us just enough meets to sharpen ourselves for the last three big ones—the Pac-10 Southern Division Championships, Pac-10 District 8 Championships and the NCAA."

The Cardinals finished fourth in the District 8 Meet in 1979 with one runner, two-time All-America Roy Kissin advancing to the NCAAs. Kissin has graduated now, leaving Tomasello looking for that "high level of excellence" from seven new people.

1979 Results

2nd in Fresno Invitational
3rd in Stanford Invitational
2nd in Pac-10 Southern Division
4th in Pac-10 Championships



Rod Berry will be back for his third season, this year as captain.

Coaches



Cross country coaches Laurel Treon and Mike Tomasello.

LAUREL TREON **Women's Coach**

Laurel Treon, a 1973 graduate of Stanford, returned to her Alma Mater in 1978 as coach of the women's cross country and track teams. Now in her third season, Treon joined the Stanford staff after three seasons as track and cross country coach at UC Santa Barbara.

Upon earning her B.A. from Stanford, Treon entered Stanford's Secondary Teacher Education Program. While working toward her master's degree, she coached the track and field team at De Anza College in 1975, and later that year was named the first women's cross country and track and field coach at UCSB.

Under Treon, the Gauchos placed second in the Southern California Athletic Association in 1978 behind eventual national champion Cal State Northridge, and ahead of Cal State Los Angeles, which went on to place third in the AIAW Nationals.

While coaching Cardinal cross country, Treon led her harriers to a seventh place finish in Region 8 competition in 1978 and a fifth place spot in 1979. Region 8 is considered the toughest region in the nation with its four representatives to AIAW Nationals in 1979 placing among the top 11 teams. Individually, three-time All-America Ann Thrupp placed in the AIAW Nationals as did Kim Schnurpfeil in 1979.

Also, Treon was one of four coaches for the West women's track and field team that participated in the 1979 National Sports Festival.

MIKE TOMASELLO **Men's Coach**

Mike Tomasello, a former track aide at the University of Tennessee under Stan Huntsman, will be in his first year at the men's cross country helm, after already coaching the distance men last spring. Tomasello was hired in February and brings an impressive background to the Farm.

A 1967 graduate of Tennessee, he coached the 1972 Volunteer cross country team to an NCAA title. Two-time NCAA 800 meter champion Willie Thomas was one of his protégés and a member of Tomasello's strong middle distance program that won three Penn Relay titles. But, most recently, Tomasello served as head track and field coach and special education coordinator at T.C. Williams High School in Alexandria, Va.

At Williams, Tomasello's teams won 15 indoor and outdoor district championships, eight regional titles and one state championship, with seven of his athletes making All-America status and four participating on the Junior National team.

But, Tomasello is used to success. The squad he was on at Fort Lauderdale High School in Florida won the state championship in 1962. And, during his three-year letterman years at Tennessee, he was an all-conference 880 specialist in 1966 and a member of the USTFF National Championship Cross Country Team.

A top recruiter for Stanford, Tomasello has directed numerous track and field camps and clinics and holds a master's degree from Tennessee in special education.

Profiles



Gong



Lyons



Price



Schnurpfel



Berry



Frank



Sappenfield



Smith

DIANE GONG San Francisco, CA

One of the top 10 runners in Northern California...Was all-city champ at Lowell High...Placed fourth in NorCal Cross Country and 10th in California state 3200...Was the Western Regional Junior Olympic 3000 meter champion.

ELLEN LYONS Boise, ID

Idaho state cross country champion for three years while at Bishop Kelly HS in Boise...Named Outstanding Female Distance Runner in track and MVP of both cross country and track teams...Took first place at Kenny Prep National High School Championship in San Diego last year, winning rather handily in 17:28.8...Set a course record in that race for HS, college and open.

DANA PRICE Shelton, WA

Denver City Champ in cross country while at East High School...Finished fourth in the state meet and 28th in Junior National cross country...Holds city cross country record and three mile mark (17:55)...National Merit semifinalist and member of National Honor Society.

KIM SCHNURPFEL San Mateo, CA

Fastest runner in history of Stanford women's cross country...First place finisher for Stanford in every meet in 1979, setting a new school record at 17:14.0...In spring, ran 10th fastest collegiate time for the 5000 meters (16:23.06)...Seventh in nation (16:26.5) at Olympic Trials Exhibition 5000.

ROD BERRY Kentfield, CA

Top cross country returnee after sparking Cards to surprise first-place finish in 1979 Pac-10 Southern Division Championships..."Rod will be the nucleus of our team," Tomasello says..."He exemplifies what we expect in Stanford cross country"...At Redwood High, regarded as one of nation's top distance stars...Ranked first in state at two miles in senior year.

DAVID FRANK Gladstone, OR

Darkhorse freshman prospect...Two times state cross country champion in Oregon (Gladstone HS)...Four times all-league, three times first team all-state...In track, state champ in 3000 meters, second in 1500.

ERIC SAPPENFIELD Santa Barbara, CA

All-league in cross country and one- and two-mile distances at Santa Barbara High...Holds all school records in distance events...Represented U.S. in Junior National Cross Country Championships in Paris with 58th place...Tomasello says his greatest asset is mental toughness...Very tenacious competitor.

JAMES SMITH Haddonfield, NJ

All-state in cross country and track at Haddonfield Memorial HS...Comes off outstanding prep career with honors including silver medal at Penn Relays in 3000...Strength is longer distances, 5000 and 10,000..."His greatness is yet to come," says Tomasello.

Stanford Heritage

University

Since its founding by Leland and Jane Stanford as a memorial to their only child, Stanford University has emerged as one of the foremost academic institutions in the world.

Organized in 1891, the University covers some 8,200 acres from the plain of California's Santa Clara Valley into the foothills of the Santa Cruz Mountains, beyond which lies the Pacific Ocean. The acres of fields, rolling hills, wooded retreats, streams and lakes comprise one of the finest settings of any American university. Beyond the Stanford land, within a short distance, are not only the ocean and numerous beaches, but the city of San Francisco with all its cultural, entertainment and recreational activity.

Annually Stanford enrolls approximately 11,700 students, of whom 6,500 are undergraduates. About 48 percent are from California and the rest from the other 49 states and some 80 countries.

The University is organized into seven schools: Earth Sciences, Education, Engineering, Graduate School of Business, Humanities and Sciences, Medicine and Law. Among the approximately 1,100 faculty members who make up the Stanford Academic Council, there are eight Nobel laureates and four Pulitzer Prize winners.

Athletics

Along with a reputation nearly unmatched in education, Stanford

holds a similarly high distinction in the realm of athletics.

Continually striving for excellence, Stanford provides student-athletes with the finest in coaching, facilities, and competitive opportunities. Success is realized not only in the form of NCAA and AIAW titles, All-America honors, league championships and bowl game victories, but also in the development of each athlete's potential to the fullest.

"Stanford is proud of a program that appeals to every aspect of the University," says Athletic Director Andy Geiger. "Whether a student possesses extraordinary skills or is learning a life-time activity at the beginner level, we are able to provide proper staff and facilities for optimum development and enjoyment."

Annually some 400 students compete in intercollegiate athletics, while participation in intramurals has reached 13,000 with many individuals active in more than one intramural sport. Physical education class enrollment generally averages 9,000 per year, again with considerable overlap. In addition, nearly 20 club sport teams compete at Stanford.

Today, the Stanford intercollegiate sports realm includes 24 varsity sports with excellence represented in accomplishments on the national level of competition. The university has claimed 23 national team championships and 123 individual national titles. Cardinal Olympians are numerous with the likes of two-time decathlon gold medalist Bob Mathias and gold medal swimmer Kim Peyton among them.



Stanford cross country greats (l-r) Ann Thrupp, Roy Kissin, Kim Schnurpfeil.

Schedule

Women's Team

Sept. 27	at Fresno Invitational (Woodward Park)	10:30 a.m.
Oct. 4	at Cal Women's Invitational (Tilden Park)	11 a.m.
Oct. 11	Stanford Invitational (Stanford Golf Course)	9:30 a.m.
Oct. 18	at Washington Women's Invitational (Tyee Valley Golf Course)	10:45 a.m.
Oct. 24	NorCal Championships (Stanford Golf Course)	4 p.m.
Nov. 1	at AIAW Regionals (Long Beach)	TBA
Nov. 15	at AIAW Nationals (Seattle, WA)	TBA

Men's Team

Sept. 27	at Fresno Invitational (Woodward Park)	9:30 a.m.
Oct. 11	Stanford Invitational (Stanford Golf Course)	10 a.m.
Nov. 1	at Pac-10 Southern Division Championships (Tucson, AZ)	10 a.m.
Nov. 15	Pac-10/District 8 Championships (Stanford Golf Course)	9:30 a.m.
Nov. 24	at NCAA Championships (Wichita State)	10 a.m.