

THE 1980 ALL NORTHERN CALIFORNIA CROSS COUNTRY TEAM

FIRST TEAM (listed alphabetically)

1. Abshire, Brian	Jr	De Anza	NCS
2. Bernal, Nelson	Sr	Westmont	CCS
3. Berry, Tim	Jr	Ygnacio Valley	NCS
4. Carroll, Dan	Sr	Mira Loma	SJS
5. Cox, Paul	Sr	Los Gatos	CCS
6. Dulin, Brian	Sr	Leigh	CCS
7. Gonzales, Gary	Sr	Clovis	CS
8. Guarracha, Nash	Sr	Hollister	CCS
9. Hooker, Sam	Sr	Los Lomas	NCS
10. Knowles, Rusty	Sr	Vacaville	SJS
11. Kuphaldt, Harold	Jr	Bella Vista	SJS
12. Mc Collum, Mike **	Sr	Palo Alto	CCS
13. Marden, Jay ***	Sr	Mission San Jose	NCS
14. Naughton, Joe	Sr	Fremont (Sunnyvale)	CCS
15. Rubio, Joe	Sr	Willow Glen	CCS
16. Shea, Dave **	Sr	Castro Valley	NCS
17. Smallwood, Shawn	Sr	Corcoran	CS
18. Torres, Jessie **	Sr	Independence	CCS
19. Torres, Tito	Sr	Hiram Johnson	SJS
20. Vanderbush, Dean	Sr	Lassen	NS
21. Vinton, Roy	Jr	Sanger	CS
22. Wilson, Aubrey	Sr	Berkeley	NCS

<u>NORTHERN CALIFORNIA RUNNER OF THE YEAR:</u>	Jay Marden (MSJ)
Outstanding Senior.....	Jay Marden (MSJ)
Outstanding Junior.....	Harold Kuphaldt (Bella Vista)
Outstanding Sophomore.....	Alison, Kevin (Anderson); Foster, Grant (Monta Vista) Sellard, Rodney (Bellarmine)
Outstanding Freshman.....	Shawn Ayers (Bellarmine)

The All Northern California Team has been sponsored by the Northern California Track & Field Association since 1962 and by Citizens Savings for the past decade. Unofficial selections have been made retroactive back to 1953.

The Selection Committee for this year's team was composed of Plato Yanicks of Menlo-Atherton H.S., (chairman); Jack Marden (Mission S.J.); Bob Wall (Lassen); Terry Ward (St Ignatius); Bruce Makinson (Nova); Marty Procaccio (Bellarmine); John Coombes (Hollister); Matt Sommer (Independence); Doug Johnson (Peteluma); Bud Hartel (Anderson); Keith Conning (Editor NCRB); Don Yosney (reporter). Combined coaches from each section had one vote per section. All coaches were invited to attend.

The area represented was the largest in the history of the selections. The Central Section was included for the first time in our selection area making it seven out of 10 sections that we picked from. The geographical boundaries went as far North as the Oregon border, and as far South as Bakersfield.

Selection Criteria: Performance throughout the entire season was considered. Major emphasis was given to placing in the No. Cal and Section meets. Results in Region, League, Postal, and Invitational meets were studied. Injury and illness were considered. The fact that the NCS had 3 major meets in 8 days was also a factor in the selections.

AWARDS: Certificates will be awarded to members of both the boys and girls teams from Citizens Savings.

* Indicates number of times selected to the All Northern California Team.

THE 1980 GIRLS ALL NORTHERN CALIFORNIA CROSS COUNTRY TEAM

FIRST TEAM (listed alphabetically)

1. Berndt, Ester	Jr	Gunn	CCS
2. Brodie, Susan	So	St Francis	CCS
3. Brogan, Kerry	Sr	Los Altos	CCS
4. Carter, Kim	Fr	Nova	NS
5. Davis, Marilyn	Jr	Miramonte	NCS
6. Dykstra, Katie	Jr	Drake	NCS
7. Gaffield, Mary	Sr	El Cerrito	NCS
8. Haase, Katin	So	So. Tahoe	SJS
9. Hollingworth, Laurie	Jr	Piner	NCS
10. Korte, Jennifer	So	Pleasant Valley	NS
11. Mac Swain, Robyn	Jr	Terra Linda	NCS
12. Mc Keen, Suzette	So	Cordova	SJS
13. Martin, Renee	Sr	Casa Roble	SJS
14. Rogers, Cynthia	Jr	Mt Whitney	CS
15. Shanoff, Lori	Jr	Peteluma	NCS
16. Sihner, Wendy	So	Miramonte	NCS
17. Slingerland, Jeanette	Sr	Mira Loma	SJS
18. Tully, Paige	So	Alhambra	NCS
19. Van Housen, Linda	Jr	Sacred Heart (Menlo Pk)	CCS
20. Van Wagenen	Sr	Clovis West	CS
21. White, Marcia	Sr	Miramonte	NCS
22. Wright, Meg	Sr	Homestead	CCS

NORTHERN CALIFORNIA RUNNER OF THE YEAR: Lori Shanoff (Peteluma)
 Outstanding Senior..... Kerry Brogan (Los Altos)
 Outstanding Junior..... Lori Shanoff (Peteluma)
 Outstanding Sophomore. Tully, Paige (Alhambra)
 Outstanding Freshman..... Kim Carter (Nova)

HONORABLE MENTION FOR GIRLS: Ames, Suzie (Home.); Moore, Tammy (Enterprise); Morse, Mary Ann (Carondelet); Wright, Lori (Pleas Val.); Silva, Laurie (San Carlos); Wolfe, Karen (Sequoia); Knafelc, Valarie (Carandolet); Mc Afee, Stacey (Del Oro); Bushling, Laurie (Yuba City); Banales, Mary (South); Santa Cruz, Racquel (Mira Loma); Soto, Michelle (Casa Roble); Manning, Chris (Carondelet); Buckler, Connie (Saratoga); Smith, Judy (Lassen); Kwong, Karen (Homestead); Sterns , Aida (Sck); Choy, Tiffany (Salinas); Morris, Debbie (Los Gatos) Grassi, Lynne (St Francis)

HONORABLE MENTION FOR BOYS: Pluth, D. (Skyline); Moretti, (No Tahoe); Wogsland, S (Mission SJ); Bladorn, Herb (Chico); Lohse, Robert (Hanford); Scattini, Jim (Palma); Ernst, Steve (M.Vista) Bratten, Wayne (Vacaville); Ternes, Bill (Jesuit); Whaler , Gary (Placer) Purrington, Jeff (Willow Glen); Foster, Grant (M. Vista); Hammer, David (San Juan); Ingehart, Kent (Gunn); Salazar, Jeff (Saratoga); Grabowsky, Paul (San Ramon); Dan Stepanisko (Santa Teresa); Brad Zamczyk (Homestead); Vasquez, Angel (Watsonville); Skinner, Sam (Redwood); Lee, Mike (Bel. Vist

THE 1980 GIRLS ALL NORTHERN CALIFORNIA CROSS COUNTRY TEAM

FIRST TEAM (listed alphabetically)

1. Berndt, Ester	Jr	Gunn	CCS
2. Brodie, Susan	So	St Francis	CCS
3. Brogan, Kerry	Sr	Los Altos	CCS
4. Carter, Kim	Fr	Nova	NS
5. Davis, Marilyn	Jr	Miramonte	NCS
6. Dykstra, Katie	Jr	Drake	NCS
7. Gaffield, Mary	Sr	El Cerrito	NCS
8. Haase, Katin	So	So. Tahoe	SJS
9. Hollingworth, Laurie	Jr	Piner	NCS
10. Korte, Jennifer	So	Pleasant Valley	NS
11. Mac Swain, Robyn	Jr	Terra Linda	NCS
12. Mc Keen, Suzette	So	Cordova	SJS
13. Martin, Renee	Sr	Casa Roble	SJS
14. Rogers, Cynthia	Jr	Mt Whitney	CS
15. Shanoff, Lori	Jr	Peteluma	NCS
16. Sihner, Wendy	So	Miramonte	NCS
17. Slingerland, Jeanette	Sr	Mira Loma	SJS
18. Tully, Paige	So	Alhambra	NCS
19. Van Housen, Linda	Jr	Sacred Heart (Menlo Pk)	CCS
20. Van Wagenen	Sr	Clovis West	CS
21. White, Marcia	Sr	Miramonte	NCS
22. Wright, Meg	Sr	Homestead	CCS

NORTHERN CALIFORNIA RUNNER OF THE YEAR: Lori Shanoff (Peteluma)
 Outstanding Senior..... Kerry Brogan (Los Altos)
 Outstanding Junior..... Lori Shanoff (Peteluma)
 Outstanding Sophomore. Tully, Paige (Alhambra)
 Outstanding Freshman..... Kim Carter (Nova)

HONORABLE MENTION FOR GIRLS: Ames, Suzie (Home.); Moore, Tammy (Enterprise); Morse, Mary Ann (Carondelet); Wright, Lori (Pleas Val.); Silva, Laurie (San Carlos); Wolfe, Karen (Sequoia); Knafelc, Valarie (Carandolet); Mc Afee, Stacey (Del Oro); Bushling, Laurie (Yuba City); Banales, Mary (South); Santa Cruz, Racquel (Mira Loma); Soto, Michelle (Casa Roble); Manning, Chris (Carondelet); Buckler, Connie (Saratoga); Smith, Judy (Lassen); Kwong, Karen (Homestead); Sterns , Aida (Sck); Choy, Tiffany (Salinas); Morris, Debbie (Los Gatos) Grassi, Lynne (St Francis)

HONORABLE MENTION FOR BOYS: Pluth,D.(Skyline); Moretti, (No Tahoe); Wogsland,S(Mission SJ); Bladorn, Herb (Chico); Lohse, Robert (Hanford); Scattini, Jim (Palma); Ernst, Steve (M.Vista) Bratten, Wayne (Vacaville); Ternes, Bill (Jesuit); Whaler , Gary (Placer) Purrington, Jeff (Willow Glen); Foster, Grant (M. Vista); Hammer, David (San Juan); Ingehart, Kent (Gunn); Salazar, Jeff (Saratoga); Grabowsky, Paul (San Ramon); Dan Stepanisko (Santa Teresa); Brad Zamczyk (Homestead); Vasquez, Angel (Watsonville); Skinner, Sam (Redwood); Lee, Mike (Bel.Vist