

Northern Calif. Championships

by Keith Conning

November 22, 1980. Crystal Springs, Belmont.

Jay Marden (Mission San Jose, Fremont) led from the start. He came through the first mile in 4:29 and the two-mile in 9:28. His time of 14:28.4 tied the course record set by Mitch Kingery in 1973. Unfortunately Gary Gonzales (Clovis), the Central Section champion, who placed second at Mt. SAC to Jon Butler, decided to pass up this race, in order to concentrate on the Kinney Western Regional in Fresno the following week. Sam Hooker (Las Lomas, Walnut Creek) was a surprise second in the fine time of 14:46. Sam is a transfer student from Chicago, who placed high in the Illinois State Meet. Jesse Torres (Independence, San Jose) did not run, because he was declared scholastically ineligible before his section meet.

Los Gatos won the boys team title despite a foul-up in the chute.

Linda Van Housen (Sacred Heart) won the girls race in 17:45.5. But the big story was what happened to pre-meet favorites Lori Shanoff (Petaluma) and Robyn MacSwain (Terra Linda, San Rafael). Robyn set her normal blistering pace of 5:23 for the first mile and 11:11 for the second mile. However, she collapsed with about 3/4 of a mile to go and did not finish. Lori finished well back in the tenth spot. Robyn and Lori had simply run too many hard races in a short period, in order to recover properly. They can blame their mishap on a scheduling error made by the North Coast Section Commissioner Paul Gaddini, who inadvertently scheduled the North Coast Section Meet of Champions

on November 22nd, the same time as the Northern California Championships. When this reporter notified some NCS coaches of this problem, they had Gaddini change the date to a Tuesday, but he left the other qualifying meets along. Thus Robyn, Lori and the fine girls team from Drake of San Anselmo had to run three races in eight days and travel some long distances to do it. Drake, which had taken third at the highly competitive NCS Meet of Champions, couldn't even finish a complete team at the Nor Cal. The first meet in the "Marathon Series" was Saturday November 15th in Arcata, which is north of Eureka, a very long drive from the Bay Area. Robyn and Lori were undefeated going into this 3A NCS race. Robyn had won the Artichoke and Crystal Spring Invitationals. Her time at Crystal Springs was 17:14, which is the 5th fastest every run there. For comparison purposes, Linda Van Housen's best time was 17:37 on Crystal Springs. Robyn defeated both Van Housen and Kerry Brogan at Artichoke by huge margins. Lori for her part had defeated Brogan at Stanford by 29 seconds. Thus, the stage was set for a great matchup of undefeated competitors. Lori defeated Robyn by 3 seconds at 3A and again on the following Tuesday at the Meet of Champions in Berkeley by 14 seconds. Yet, the three meets in eight days finally caught up with them. I should also point out that Petaluma had come down on Monday to Berkeley to jog the MOC course, which further fatigued them. Hopefully this scheduling mishap won't happen again. Needless to say both Doug Johnson of Petaluma and Duncan MacSwain of Terra Linda were upset to put it mildly.

Miramonte of Orinda dominated the girls team battle with 58 points. They were paced by junior Marilyn Davis, the State 800 meter champion, who finished fourth. Senior Marcia White was fifth and sophomore sensation Wendy Sihner was ninth.

NORTHERN CALIFORNIA CROSS COUNTRY CHAMPIONSHIPS, Crystal Springs, Belmont, Saturday, 11-22-80.

Boys Teams - 1. Los Gatos 99; 2. Bella Vista 113; 3. Monta Vista 122; 4. Mission San Jose 144; 5. Castro Valley 145; 6. Riverbank 159; 7. Willow Glen 176; 8. Lassen 183; 9. Berkeley 184; 10. Vacaville 188; 11. Skyline 196; 12. Anderson 212; 13. Hoover 285; 14. Washington 396.

Boys Individuals - 1. Jay Marden (Mission San Jose) 14:28.4; 2. Sam Hooker (Las Lomas) 14:46.0; 3. Mike McCollum (Palo Alto) 14:46.5; 4. Harold Kuphardt (Bella Vista) 14:49.2; 5. Dean Vanderbush (Lassen) 14:58.7; 6. Aubrey Wilson (Berkeley) 15:00.0; 7. Nash Guaracha (Hollister) 15:01.3; 8. Nelson Bernal (Westmont) 15:03.9; 9. Rusty Knowles (Vacaville) 15:04.5; 10. Brian Dulin (Leigh) 15:06.3; 11. Joe Rubio (Willow Glen) 15:07.4; 12. Shawn Smallwood (Corcoran) 15:08.9; 13. Tito

14. Brian Abshire (Del Norte) 15:10.2; 15. Roy Vinton (Sanger) 15:15.2; 16. Paul Cox (Los Gatos) 15:18.0; 17. Dan Carroll (Mira Loma) 15:18.6; 18. Joe Naughten (Fremont) 15:19.7; 19. David Pluth (Skyline) 15:20.8; 20. Steve Ernst (Monta Vista) 15:22; 21. Robert Lohse (Hanford) 15:22; 22. Dave Shea (Castro Valley) 15:22; 23. Wayne Bratten (Vacaville) 15:23; 24. Bill Ternes (Jesuit) 15:23; 25. Steve Wogsland (Mission San Jose) 15:27; 26. David Hamer (San Juan) 15:27; 27. Gary Whaler (Placer) 15:28; 28. Kevin Allison (Anderson, soph) 15:29; 29. Mike Lee (Bella Vista) 15:30; 30. Jeff Purrington (Willow Glen) 15:31.

Girls Teams - 1. Miramonte 58; 2. Carondelet 74; 3. Cordova 98; 4. St. Francis 120; 5. Mira Loma 151; 6. Nova 157; 7. Los Gatos 182; 8. Gunn 193; 9. West 213; 10. Skyline 215; 11. Chico 258; 12. El Dorado 268; 13. Lowell 365; Drake inc.

Girls Individuals - 1. Linda Van Housen (Sacred Heart) 17:43.5; 2. Kerry Brogan (Los Altos) 17:51; 3. Mary Gaffield (El Cerrito) 17:52; 4. Marilyn Davis (Miramonte) 17:57; 5. Marcia White (Miramonte) 17:58; 6. Ester Berndt (Gunn) 17:58; 7. Laurie Hollingworth (Piner) 18:02; 8. Paige Tully (Alhambra) 18:08; 9. Wendy Sihner (Miramonte) 18:14; 10. Lori Shanoff (Petaluma) 18:17; 11. Jeanette Slingerland (Mira Loma) 18:20; 12. Karin Haase (South Tahoe) 18:23; 13. Katie Dykstra (Drake) 18:26; 14. Kim Carter (Nova, freshman) 18:28; 15. Cynthia Rogers (Mt. Whitney) 18:28; 16. Susan Brodie (St. Francis) 18:30; 17. Suzette McKeed (Cordova) 18:33; 18. Renee Martini (Casa Roble) 18:34; 19. Karen Wolfe (Sequoia) 18:38; 20. Valerie Knafelc (Carondelet) 18:39; 21. Karen Van Wagenen (Clovis West) 18:40; 22. Susie Ames (California) 18:40; 23. Meg Wright (Homestead) 18:43; 24. Stacey McAfee (Del Oro) 18:47; 25. Laurie Bushling (Yuba City) 18:47; 26. Mary Banales (South) 18:56; 27. Racquel Santa Cruz (Mira Loma) 18:57; 28. Debbie Morris (Los Gatos) 18:57; 29. Michele Soto (Casa Roble) 18:59; 30. Chris Manning (Carondelet) 19:01.

photo by Don Gosney

