

Northern California CIF X-C Championships

November 28. Sierra College, Rocklin.
Distance: 120 feet short of 3 miles, road course.

Men's Teams:

1	Leigh (San Jose)	68
2	Saratoga	93
3	Los Gatos	116
4	Bella Vista (Fair Oaks)	148
5	Castro Valley	154
6	Clovis	155
7	Madera	156
8	San Ramon (Danville)	163
9	Anderson	212
10	Livermore	231
11	South Tahoe	252
12	Jesuit (Carmichael)	264
13	Skyline (Oakland)	296
14	Washington (San Francisco)	401

Men's Individuals:

1	Harold Kuphaldt(Bella Vista, FO)	14:12
2	Gary Lewis(Gunderson, San Jose)	14:23
3	Don Merwin(Hayfork)	14:28
4	Jim Frey(Yreka)	14:31
5	Tim Berry(Ygnacio Valley, Concord)	14:33
6	Jason Flamm(La Sierra, Carmichael)	14:40
7	Wayne Bratten(Vacaville)	14:42
8	Jeff Franklin(Yreka)	14:47
9	Brian Abshire(DeAnza, Richmond)	14:49
10	Grant Foster(Monta Vista, Cuper)	14:49
11	Roy Vinton(Sanger)	14:49
12	Steve Johnson(Leigh, San Jose)	14:52
13	Kyle Kessler(CastroValley)	14:53
14	Tom Cole(San Ramon, Danville)	14:53
15	Robert Anderson(Santa Teresa, SJ)	14:53
16	Scott Marconda(Menlo, Menlo Park)	14:55
17	John Hansen(El Dorado, Placrvl)	14:56
18	Dave Bell (Leigh, San Jose)	14:57
19	Jim Pettis(Porterville)	14:58
20	Rod Curry(Christian Bro, Sac)	15:02
21	Mike Larsen(Del Campo, FairOaks)	15:02
22	Frank Munoz(Lick, SanJose)	15:03
23	Charlie Cypher(Skyline, Oakland)	15:03
24	Fady Malik(Lowell, San Fran)	15:05
25	Kevin Allison(Anderson)	15:06
26	Brian Bergstrom(LosGatos)	15:06
27	David Escobar(Shafter)	15:08
28	Steve Mayberry(CastroValley)	15:09

29	Mike Weidlein(Anderson)	15:10
30	Darryl Grimm(LosGatos)	15:11

Women's Teams:

1	Terra Linda (San Rafael)	76
2	St. Francis(MountainView)	92
3	Redwood(Larkspur)	119
4	Del Oro (Loomis)	120
5	El Dorado (Placerville)	121
6	Clovis	156
7	Carondelet(Concord)	166
8	Del Campo(Fair Oaks)	185
9	Gunn (Palo Alto)	204
10	Enterprise(Redding)	247
11	Lowell(San Francisco)	285
12	Willow Glen(San Jose)	286
13	Skyline(Oakland)	328
14	Chico	329

Women's Individuals:

1	Lori Shanoff(Petaluma)	16:59
2	Wendy Sihner(Miramonte,Orinda)	17:12
3	Joni Mooney(Vacaville)	17:21
4	Liz McDowell(DelOro)	17:27
5	Stacey McAfee(DelOro)	17:32
6	Jill Ellingson(Hayward)	17:34
7	Gretchen Nelson(SanMateo)	17:34
8	Esther Berndt(Gunn)	17:34
9	Darlene Davis(Cordova,RanchoCord)	17:35
10	Stacy Chavez(West,Bakersfield)	17:37
11	Cynthia Rogers(Mt.Whitney,Visalia)	17:45
12	Paige Tully(Alhambra, Martinez)	17:45
13	Susan Brodie(St. Francis)	17:46
14	Laura Starrett(Redwood)	17:47
15	Terrie Martin(Redwood)	17:53
16	Linda Van Housen(SacredHeart,MP)	17:54
17	Tammy Foster(EIDorado)	17:54
18	Helen Muth(Soquel)	17:55
19	Susan Radford(Seaside)	17:56
20	Julie Van Horn(Kennedy,Sacto)	17:58
21	Robyn MacSwain(Terra Linda)	17:59
22	Sally Pinkner(Davis)	18:03
23	Barbara Gaenslen(Mills,Millbrae)	18:05
24	Heather Watkins(Berkeley)	18:06
25	Jessica Van Leeuwen(ElkGrove)	18:08
26	Kim Himenes(St.Francis)	18:09
27	Beth Tirapelli(Encina,Sacto)	18:14
28	Marcy Holzgang(TerraLinda)	18:22
29	Connie Buckler(Saratoga)	18:24
30	Nancy Reese(TerraLinda)	18:25

NOTE: All Northern California Cross Country Team—The Golden West Track Association will sponsor the All Northern California Cross Country Team. The selection of 22 male and 22 female runners will be based on the Northern California meet results. Each runner selected will receive a handsome certificate in recognition of their achievement. The certificates will be mailed to the runner's school.