

CALIFORNIA COMMUNITY COLLEGE  
CROSS COUNTRY CHAMPIONSHIP MEET

1983

(Woodward Park) - Nov 19

Combined Men's Results - Division I and Division II

<u>TIME</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>	<u>NAME</u>	<u>SCHOOL</u>
19:24	Mandla Kunene	Porterville	20:37	Steve Pappa	American River
19:27	Gary Lewis	San Jose	20:44	Randy Marrs	Glendale
19:41	Gonzo Huggins	Long Beach	20:51	Bill Lybeer	Monterey
19:46	Charles Davis	El Camino	20:52	Chris Bowe	Monterey
19:49	Peter Brett	Allan Hancock	20:55	Dan Stephens	Glendale
19:53	Jerry Hernandez	El Camino	20:55	Tom Winter	Shasta
19:56	Eugenio Cruz	LA Valley	20:59	Matt Finnigan	LA Valley
19:58	Roy Garcia	West Valley	21:02	Kevin Allison	LA Valley
20:00	Dan Oullette	Grossmont	21:03	Pete Nunez	COS
20:01	Aaron Rudd	Grossmont	21:05	Brent Allen	El Camino
20:02	Randy Anderson	American River	21:06	Don Young	LA Valley
20:02	Stephen Barlow	Allan Hancock	21:07	Dave Vanatta	Sierra
20:02	Pat Herbert	El Camino	21:08	Armando Gama	Shasta
20:03	Rene Perez	Grossmont	21:10	Reggie Brown	Sierra
20:04	Pete McGill	Glendale	21:13	John Ackerman	American River
20:08	Harry Staalberg	El Camino	21:18	Ed Quintana	LA Valley
20:08	Jeff Harbell	El Camino	21:19	Jeff Hongo	West Valley
20:08	Chris Emmons	Allan Hancock	21:19	Tom Wilkinson	LA Valley
20:09	David Trissel	Allan Hancock	21:20	Ed Gallagher	Marin
20:11	John Galvin	Grossmont	21:21	Robert Ricker	COS
20:11	Hector Romero	Moorpark	21:22	Roberto Cazares	American River
20:12	John Oasten	Grossmont	21:28	Dominique Westlake	Sierra
20:13	Leroy Rivera	Fresno	21:29	Mark Hopkins	Allan Hancock
20:13	Bill Koenig	Grossmont	21:32	Frank Valasquez	West Valley
20:14	Scott Richardson	Grossmont	21:32	Tom Colburn	Monterey
20:16	Wayne Brotten	American River	21:35	Lou Freeman	LA Valley
20:16	Eric Walen	Glendale	21:38	Eric Schmidt	Shasta
20:17	Kevin Floyd	Glendale	21:39	Fred Pinto	COS
20:17	John Scott	American River	21:42	Aaron Stern	Allan Hancock
20:19	Tony Moudakis	Glendale	21:48	John O'Neill	Monterey
20:20	Joel Hope	Chaffey	21:58	Mike LaFontaine	Monterey
20:20	Jim Becker	LA Valley	22:00	Scott Rankin	Sierra
20:22	John Singhdeo	West Valley	22:03	Kurt Lawson	Sierra
20:23	Mike Livingston	West Valley	22:12	Glynn Wood	Monterey
20:24	Mike Dib	Glendale	22:14	David Barron	West Valley
20:26	Ray Gomez	COS	22:19	Ron Felter	Shasta
20:28	Todd Chambers	El Camino	22:27	Mark Weiss	Sierra
20:28	Don Mervin	Shasta	22:42	Steve Whitehead	Shasta
20:29	Gus Quinonez	Orange Coast	22:43	Greg Blodgett	Sierra
20:30	Orlando Biggs	West Valley	23:08	Richard Trissel	Allan Hancock
20:34	Robert Taylor	COS	23:49	Rich Wallingford	COS
20:35	Chip Dodd	American River	24:26	Mike Bragg	COS

TEAM SCORES

1. El Camino	41 pts.	5. American River	124 pts.	9. Shasta	252 pts.
2. Grossmont	59 pts.	6. West Valley	145 pts.	10. Monterey	265 pts.
3. Allan Hancock	99 pts.	7. LA Valley	161 pts.	11. Sierra	285 pts.
4. Glendale	111 pts.	8. COS	224 pts.		

CALIFORNIA COMMUNITY COLLEGE  
CROSS COUNTRY CHAMPIONSHIP MEET  
1983

Combined Women's Results - Division I and Division II

<u>TIME</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>	<u>NAME</u>	<u>SCHOOL</u>
17:55	Mara Lazdans	Mira Costa	19:59	Kim Sterton	Mira Costa
17:56	Bernadette Torrez	Mt. SAC	20:02	Mary Barnes	Ventura
17:58	Lori Shanoff	Santa Rosa	20:03	Terry Sanders	Golden West
17:58	Susan Radford	Monterey	20:08	Kim Greenwell	Menlo
18:15	Elaine Triplett	Santa Barbara	20:11	Theresa Knapp	Golden West
18:19	Alexandria Aguirre	E. LA	20:14	DeeDee Dewey	Santa Rosa
18:22	Julie Rasmussen	Delta	20:15	Maua Lovelace	Foothill
18:29	Sandy Balkeslee	Mira Costa	20:17	Linda Fareman	Moorpark
18:35	Glynn Watt	Mira Costa	20:18	Lee Gilbert	Mira Costa
18:49	Jackie Lewis	Foothill	20:18	Kerri Draper	Golden West
18:51	Jenny Green	E. LA	20:19	Maria Zamudio	E. LA
18:51	Lisa Van Buskirk	Chabot	20:19	Tammy Zaurstin	Menlo
18:52	Lisa Bohl	Golden West	20:20	Theresa Weir	Moorpark
18:58	Barbara Hasson	Foothill	20:21	Chris Stevens	Menlo
18:59	Mandy Whistler	Golden West	20:28	Omega Lane	E. LA
19:00	Cathy Dubay	Santa Rosa	20:36	Veronica Storvich	Marin
19:01	Kelly Buzza	Cuesta	20:41	Gina DeLaCruz	E. LA
19:01	Ali Owen	Santa Barbara	20:45	Donna Summers	Santa Rosa
19:05	Carla Halford	West Valley	20:45	Donna Fleming	Ventura
19:08	Heather Rezowalli	Foothill	20:46	Cynthia Jeong	Chabot
19:08	Nancy Panico	Ventura	20:50	Sue Nussear	Moorpark
19:09	Carol Mills	Ventura	21:02	Mary Salyer	Ventura
19:13	Christi Lofranco	West Valley	21:07	Eileen Cuningham	Chabot
19:13	Gabri Zieschang	Menlo	21:14	Francie Barrett	Ventura
19:16	Ana Kendrick	Foothill	21:16	Heidi Rued	Santa Rosa
19:18	Leslie Hawkins	Monterey	21:17	Heidi Ullmann	Moorpark
19:19	Laura Saavedra	E. LA	21:28	Deanna Thomasson	Chabot
19:21	Annette Batley	Chabot	21:29	Maureen Jakl	Marin
19:23	Linda Mantynen	Foothill	21:35	Liz Sinna	Marin
19:23	Angela Bushling	Yuba	21:58	Teri Brunet	Moorpark
19:25	Theresa Martin	Martin	22:03	Trisha Barnes	Santa Rosa
19:28	Jill Canales	COS	22:12	Michelle Shumard	Moorpark
19:29	Lori Ketchum	Foothill	22:12	Teri Ingram	Moorpark
19:35	Becky Nieto	Santa Rosa	22:23	Cindy Martin	Marin
19:44	Sabrina Stevenson	Chabot	22:29	Barbara Sixton	Monterey
19:45	Nancy Brown	Taft	23:06	Diana Draga	Monterey
19:50	Briget Cuningham	Chabot	23:25	Debra Ware	Marin
19:54	Carol Cambica	Ventura	24:05	Kelly McGrath	Menlo
19:58	Nanse Schlexer	Monterey	24:54	Maeve Donnelly	Menlo

TEAM SCORES

1. Foothill	72 pts.	5. Golden West	127 pts.	9. Menlo	202 pts.
2. Mira Costa	80 pts.	6. Chabot	132 pts.	10. Moorpark	243 pts.
3. East LA	116 pts.	7. Ventura	138 pts.	11. Marin	246 pts.
4. Santa Rosa	122 pts.	8. Monterey	180 pts.		



# RESULTS NOR-CAL '83

## CONVERSE-SPONSORED CALIF. CC CROSS COUNTRY FINALS NOV. 19 IN FRESNO

FRESNO--Fresno's Woodward Park will again be the site of the Converse-California Association of Community Colleges Cross Country Championships, Saturday, Nov. 19. This is the third straight year the finals are being staged at Woodward, under the direction of Fresno CC coach Bob Fries.

Sectional meets were reinstated this year, so the state fields will be a bit smaller than last season--with six colleges in the Division I races and five in Division II.

There will be women's and men's races in both Divisions. Time schedule:

10:15 a.m.--Division II women; 11 a.m.--Division II men;  
11:45 a.m.--Division I women; 12:30 p.m.--Division I men.

Only returning individual champion is Don Merwin of Shasta in Division II men. He was just third in the NorCal race last week, won by Bill Lybeer of Monterey Peninsula.

Both of last year's women's runners-up return--Mara Lazdans of MiraCosta in Division I and Susan Radford of Monterey in Division II. Radford won the NorCal Division II finals last week, while Lazdans was second to Bernadette Torres of Mt. SAC in Division I (south).

Gonzalo Huggins of Long Beach, Southern Cal Division I champ this year, was seventh in the '82 state run.

The state cross country field includes several ('83) state community college track meet veterans: In the NorCal cross country finals, state 5000 meter track champ Mandla Kuene of Porterville (and Kenya) beat state 1500 meter runner-up Gary Lewis of San Jose CC. State 10,000 meter champ Joel Hope of Chaffey was third in the SouCal cross country finals. Mwinga Sote of Mt. SAC ran third in the state women's 1500 last spring, where Lazdans was seventh.

Of last year's teams champions, only Grossmont returns to defend its title--in Division I men. The Griffins have won 10 of the last 11 state crowns, including nine in a row until Orange Coast triumphed in 1982.

### SECTIONAL CHAMPIONSHIP RESULTS

#### NORTHERN CALIFORNIA - at Sierra College, Rocklin: DIVISION I (all Nov. 12, 1983)

MEN (4.0 miles)--1. West Valley 37; 2. American River 39; 3. Sequoias 80; 4. Fresno CC 109; 5. Chabot 131; 6. Santa Rosa 132.

Indiv.--1. Mandla Kunene (Porterville) 19:58.1; 2. Gary Lewis (San Jose) 20:21.9; 3. Leroy Rivera (FCC) 20:26; 4. Roy Garcia (WV) 20:27; 5. Randy Anderson (AR) 20:41; 6. Dwight Smith (Modesto) 20:44; 7. John Singhdeo (WV) 20:48.7; 8. John Scott (AR) 20:50; 9. Dave Livingston (WV) 20:54; 10. Orlando Biggs (WV) 20:58.

WOMEN (2.93 miles)--1. Foothill 29; 2. Santa Rosa 53; 3. Chabot 83; 4. Sequoias 89; 5. American River 96.

Indiv.--1. Lori Shanoff (SR) 17:10; 2. Jacqui Lewis (F) 17:20; 3. Julie Rasmussen (Delta) 17:37; 4. Christine Lafranco (WV) 17:48; 5. Jill Ganales (Seq) 17:53; 6. Cathy Dubay (SR) 17:56; 7. Linda Mantynen (F) 17:56; 8. Jenny Rey (Merritt) 18:00; 9. Ann Kendrick (F) 18:03; 10. Barbara Hasson (F) 18:03.

#### DIVISION II

MEN (4.0 miles)--1. Shasta 45; 2. Monterey Peninsula 46; 3. Sierra 73; 4. Butte 87; 5. Skyline 123; 6. Yuba 145.  
I Indiv.--1. Bill Lybeer (MP) 21:20; 2. Chris Bowe (MP) 21:26; 3. Don Merwin (SH) 21:32; 4. Reggie Brown (Si) 21:33; 5. Ed Gallagher (Marin) 21:33; 6. Kevin Allison (Sh) 21:35; 7. Jose Currola (Sk) 21:36; 8. Tom Davies (Bu) 21:41; 9. Dominic Westlake (Si) 21:45; 10. Tom Winter (Sh) 21:51.

WOMEN (2.93 miles)--1. Menlo 56; 2. Monterey Peninsula 58; 3. Marin 60; 4. Yuba 75; 5. Shasta 84.

Indiv.--1. Susan Radford (MP) 17:24; 2. Gabrielle Zieschang (Men) 18:32; 3. Theresa Martin (Mar) 18:33; 4. Leslie Hawkins (MP) 18:33; 5. Angela Bushling (Yuba) 19:03; 6. Nancy Schlexer (MP) 19:12; 7. Mona Lopez (Hartnell) 19:17; 8. Kim Greenwell (Men) 19:26; 9. Susan Hawthorne (Yuba) 19:42; 10. Erin Twoney (Redwoods) 19:43.

#### SOUTHERN CALIFORNIA DIVISION I - at Guajome Park, Oceanside (MiraCosta host), Nov. 12, 1983:

MEN (4.0 miles)--1. El Camino 48; 2. Grossmont 64; 3. Glendale 88; 4. Long Beach CC 89; 5. Orange Coast 99; 6. Mt. San Antonio 128; 7. MiraCosta 168; 8. Citrus 209.

Indiv.--1. Gonzalo Huggins (LB) 19:00.0; 2. Gus Quinonez (OC) 19:05; 3. Joel Hope (Chaffey) 19:07; 4. Aaron Rudd (Gros) 19:15; 5. Jerry Hernandez (EC) 19:19; 6. Scott Cox (LB) 19:21; 7. Charles Davis (EC) 19:22; 8. Harvey Staalberg (EC) 19:25; 9. Kevin Floyd (Glen) 19:28; 10. Gary Dailey (OC) 19:30.

WOMEN (3 miles)--1. East Los Angeles 55; 2. MiraCosta 57; 3. Golden West 76; (other placers unavailable).

Indiv.--1. Bernadette Torres (Mt.SAC) 16:42; 2. Mara Lazdans (MC) 16:43; 3. Glynn Watt (MC) 16:53; 4. Alexandra Aquirre (ELA) 16:59; 5. Sandy Blakelee (MC) 17:13; 6. Autumn Bateson (OC) 17:24; 7. Mawinga Sote (Mt.SAC) 17:25; 8. Julie Vogt (El Camino) 17:30; 9. Michelle McGinnis (Bakersfield) 17:42; 10. Lara Saavedka (ELA) 17:44.

#### SOUTHERN CALIFORNIA DIVISION II - at Moorpark College, Moorpark, Nov. 10, 1983:

MEN (3.9 miles)--1. Allan Hancock 30; 2. Los Angeles Valley 49; 3. Moorpark 57; 4. Santa Barbara CC 86.

Indiv.--1. Peter Brett (Han) 19:11.4; 2. Stephen Barlow (Han) 19:27; 3. Hector Romero (Moor) 19:48; 4. David Trissel (Han) 19:51; 5. Eugenio Cruz (LAV) 19:54; 6. Christian Emmons (Han) 19:57; 7. Jim Becker (LAV) 20:08; 8. Ted Stupak (SBCC) 20:19; 9. Fred Dost (SBCC) 20:32; 10. Donald Young (LAV) 20:37.

WOMEN ((2.9 miles)--1. Ventura 29; 2. Moorpark 58; 3. Santa Barbara CC 62; 4. Antelope Valley 80.

Indiv.--1. Elaine Triplett (SBCC) 17:20.7; 2. Ali Owen (SBCC) 18:16; 3. Nancy Bowman (Taft) 18:22; 4. Kelly Buzza (Cuesta) 18:56; 5. Nancy Panico (Ven) 18:53; 6. Carol Mills (Ven) 18:53; 7. Carol Cambianca (Ven) 19:14; 8. Mary Bacnes (Ven) 19:23; 9. Maureen Doderline (LAV) 19:36; 10. Robin Ferguson (AV) 19:42.

NOTE: TEAM QUALIFIERS TO STATE ARE UNDERLINED (top 3 in each race except top 2 in Div. II south). Top 5 individuals in each race qualified (whether or not their team qualified).

1982 RESULTS: DIVISION I: MEN--1. Grossmont; 2. Orange Coast; 3. Long Beach. WOMEN--1. Orange Coast; 2. American River; 3. El Camino. DIVISION II: MEN--1. Butte; 2. Sierra; 3. Hartnell; WOMEN--1. Yuba; 2. Butte; 3. Cabrillo.

(111483)

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