
sponeored by
lanney Shoe Corporation
sonctioned by
The Ahbettes Congress

## Exccutive Boend

Cameron I. Anderson

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Kinney Shoe Corporation
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## Max Mayo

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(312) 530-1240

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AND RUNNING NEWS
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Mational Cocrolinator Max Mayo
Mational Moel Director
Dennis McClenahan Mit. Carmel High School 9550 Carmel Mt. Rd. San Diego, CA 92129 (619)484-7180

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Now Mork, NY 10022
(212) 503-6352/0391

WESTERN REGIONAI

December 3, 1983
GIRLS SEEDED RACE

> Woodward Park, Fresno, CA

Plc. Name (City, State)
Time
FIRST TEAM ALI-WESTERN (1st-8th places)*

1. Kirsten O'Hara (Palas Verdes, CA) 17:25.6
2. Sally Pinkner (Davis, CA) - 17:51.4
3. Sylvia Mosqueda (Rosemead, CA) 17:56.3
4. Christine Slentz (Spokane, WA) 17:59.4
5. Chantal Plante (Grover City, CA) $\quad$ 18:00.4
6. Shannon Clark (Mtn. View, CA) 18:01.1
7. Marnie Mason (Klamath Falls, OR) 18:02.1
8. Kathy Jarvis (Havre, MT) 18:07.7

## SECOND TEAM ALL-WESTERN ( 9 th-16th places)

9. Noreen deBettencourt (Lafayette, EA) 18:17.4
10. Janice Posey (Cameron, AZ) 18:23.9
11. Cathy Wall (Molalla, QR) 18:25.4
12. Cheryl Oslinker.(Covina, CA) . $18: 26.0$
13. Joni Mooney (Vacaville, EA) - 18:26.4
14. Laurie Chapmen (San Jose, CA). 18:26.7
15. Sally Wood (Piedmont, CA) 18:29.7
16. Jenni Scott (Tustin, [A) 18:30.8

## THIRD TEAM ALI-WESTERN (17th-24th places)

17. Julia Reisinger (Anchorage, AK). 18:31.6
18. Lisa Rizzo (Valencia, CA) . 18:33.8
19. Coleen Donovan (Merced, CA) 18:尹尹4.2
20. Heather Brookes (Bonita, CA) 18:34.9
21. Pauline Stehly (San Diego, [A) 18:35.2
22. Trina Leopold (Phoenix, AZ) ..... 1B:39.4
23. Nanette Garcia (San Jose, CA) 10:40.2
24. Rebecca Chamerlain (San Jose, CA) 18:40.6
*Qualify for Kinney Nationals, Dec. 10, 1983 in San Diego,


## Places 25-74:

PIC NAME (CITY, STATE)
TInE
25. Monica Daley (LOS GATos, CA)

18:42

29. Sabrina Han(Daly CITY,CA) i8:48
30.Jennifer Gillette (West Valley, UT18:49

31 Tammy Snyders (Edison, CA
32 Lorraine Wilson(Pacifica,CA 18:49

33Patty Almendariz (Santa Monica, CA)
34Donna Martin(Redding.CA)
35 Kristin Peterson(Corvallis, OR
36 Tammy McCartya(Ventura, CA)
37. Michelle Montoya(Tucuncari, NM)

38, Celia Seweingyawma(TubaCity, AZ)
Kelly Ilicke (Harbor HI,CA)
Patricia Monnie (Lake Oswego, OR)
41. Macy Moring (Newhall, CA)
42. Susan Taylor (Spokane, WA)
43. Mancy Benson (Piedmont, CA)
44. Alix Tubman(Modesto, CA)
45. Stacey $0^{\prime}$ Hara (Palos Verdes Est.
46. Beth Bates (Scottdale, AZ
47. Ann Beman(San Marino,CA
48. Jeanette DeMoss (SanJose, CA)

49Marie Gillingham (Beaverton, OR, )
50 Kathy Lewis (Morro Bay, CA)
51 Karen Berry (Tustin, CA)
52. Ashley Orton(Los 0sos)
3.Jana Jarosz (Oakland ,XA)
, + .Stacie Barker (Redmond, OR)
55. Chris Haslam (An, Hills, CA)
56. Silvia Aguirre (Burlingame, CA)
57.Alyc'e Reinhold (AM, Fork, UT)
58. Lisa Dilger(Tustin,CA)
59.Darcy Hatton (Montery, CA)
jo. Kathy Kolher (Salt Lake City)
51. Melynda Davis (Gresham, OR) 32.
$33 . J u d y$ Mazowieki (Tustin ,CA)
545 . Ebbie Will iams (Norcocía)

68. Sharon Lewis (San Diego, CA)
69. Beth McGrahn (Upland, CA)
70. Karen Donahue (Torrance, CA)
71. Betsy Berg (Tucson, AZ)
72. Molly Tritle (Spokane, WA)
73.Amy Cathcart (Pleasanton, CA)

74 .Julie Cłymens (Spokane,WA)

18:50 18:51 18:51.
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75. Carolyn Toranto(SaltLk,UT) 19:43.9
76. Valerie McVicar(CanyonCry, CA)19:45
77. Wendy Knox(Rocklin, CA)

19:45
78. Stephanie Fedorchak(FallBk, CA19:46
79. Dena Adams(SanJose,CA) 19:49
80. Tiffany Gorman(Bonita, Ca) 19:51
81. Suzanne Palmer(Tustin,CA) 19:53
82. Alice Vasquez(LosAngeles,CA) 19:55
83. Julie Castello(SanJose, CA) 19:58
84. Jenny Bessil(Tsnd.Oaks,CA) 20:01
85. Carrie Strand(Spokane,WA) 20:02
86. Lori Cook(Visalia,CA)
87. Donna Fleagle(TuEtiñ,CA)
88. Eilesn Ebiner(W.Covina, CA)
89. Teresa Ogle(MorroBay, CA)
90. Jifany Pratt (Spojane, WA
91.
92. Lisa Burgoyne (Tooele,UT)
93. Tracy Reixinger (Anchor a, Ak)

95: Longat rubulaba (Tracy, Ven, Ca )
96. Shelley aloveall (Lompoc, Ca)
97. Sally Rich (LOmpoc. Ca)
98. Brenda Payton( Placerville)
99. Angie Stevenson (Eugene, OR)
100. Patty Young ( Cars. Cty.NV)
101. Ginger Van Crman (Utah)
102. Katie Barnes (Wash.)
103. Steph .lones (Reno. Nv)
104. Barb Keehner (San Jose, ca)
105. Karen Wilhelms (BEav. OR)
106. Debbie Gilcrest (San JOse)
107. Wendy Lonsdon (Santa MOn)
108. Shelli Gray (Eugene,OR)

111: Kelly Cahapman (Mesa, AZ )

115. Sacmnan Tingey (Ut)
116. Karen Bushey (OR)
117. Giña Montie (Clovis CA
118. Lori Christopherson (UT)

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## KINNEY REGIONAL CROSS COUNTRY CHAMPIONSHIPS

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Joe Newton-Midwest - Bill Cockerham-West

National Coordinator Max Mayo
National Meet Director
Dennis McClanahan Mt. Carmel High School 9550 Carmel Mt Rd. San Diego, CA 92129 (619) 484-1180

## Coordinating Hoadquarters

 Jim Keller/Don Garber Ruder Finn \& Rotman 110 E. 59th StNew York, NY 10022
(212) 593-6352/6391

## REGIONAL QUALIFIERS

## At New York:

BOYS-1. Sirchis (Winchester, Mass) 15:17;2.Hudson (North Hunterdon,NJ) 15:18; 3.Scherer (Dayton MD)
4. Coogan (Attelboro, Mass), $15: 26$ 5. Jones (Elmira NY)
6. Berlew (Mt Herman, Mass) 15:27 7.Cole(Chapticon, MD) 15:37 8. Herdman (Flemington NJ) 15:48.

GIRLS-1. J.Smith (Stevens,Edison,NJ) 17:08. 2.Schiro (Dover, NH) 17:39. 3.Dushini (West Morris, Chester NJ) 18:11. 4.Bilotta (N.Hunterdon, NJ.) 18:17 5.Harbaugh (Upper Darby PA) 18:21 6.BOwers (StateLine PA) 18:24
7. Thompson (New Haven Conn) 18:30 8. Ryan(NY) 18:30.

At Hinsdale Ill:
BOYS-l.Zinn:(WestPlains Mo) l5:25 2. Halle (Rockford ILL) 15:27 3.Falcon (Belton Mo)-15:30 4.Taylor(Mich) 15:30 5. Korotonen (Mich) 15:31 6. Schoense (Mich). 15:33 7. Mundt (Mich) 15:40 8.Carter. (ILL) 15:41.

GIRLS-1.Straza (Bloomington)17:52 2.Weber(Ohio) 18:07
3.Favor. (Wis)l8:11 4. Brittin (Co) 18:12 5.Kalikan -(Ohio) 18:14-6.Keeney (Wis) 18:14 7.Driscoll (ILL) 18:22. 8.Bews (Mich)18:23.

## At Charlotte N.C:

BOYS-1. Green (F1A) 15:12 2.Hoofnagle (VA) 15:13 3. Slater (VA) 15:21 4.Martinez (Tex) 15:22 5.Erickson (NC) 15:22 6.:Holtz (VA) 15:23:7:Harmon ${ }^{-1}$ (Kentucky) 15:28 8.Stein (VA) 15:28.

GIRLS-1.Smith (TEX) 16:56 2. Robertson (VA) 17;28 3.
Moore (TEX) 17:32 4.Verinder (VA) 17:35 5.Palmquist (GA) 17:43 6.Zartler (TEX) 17:45 7.Combs (FLA)17:46 -8.Wilson (TEX) 17:56

At Fresno: WESTERN REGIONAL CHAMPIONSHIPS THE RACE WILI BE RUN ON DECEMBER 3rd AT WOODWARD PARK IN FRESNO.



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## National Coordinator

## Max Mayo

National Meet Director
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Coordinating Headquerters Jim Keller/Don Garber Ruder Finn \& Rotman 110 E. 59th St.
Now York, NY 10022
(2ł2) 593-6352/6391

1

WESTERN REGIONAL
December 3, 1983
Woodward Park, Fresno, CA
Plc. Name (City,State)
Time
FIRST TEAM ALI-WESTERN (1st-8th places)*

1. Tracy Garrison (Klamath Falls, OR)

14:54.0
2. Calvin Gaziano (Castro Valley, [A) 14:54.2
3. Matt Giusto (Foster City, CA)
4. Simon Gutierrez (Albuquerque, NM)
5. Glenn Morgan (Albuquerque, NM)
6. Patrick Watson (Palos Verdes, CA)
7. Jody Fischer (Gillette, WY)
8. Pete Vicencio (Augurn, CA)

15:01.9
15:02.7
15:10.0
15:12.9
15:15.1
15:16.0

SECOND TEAM ALL-WESTERN (9th-16th places).
9. Chris Morgan (Mesa, AZ) 15:16.3
10. Patrick Green (San Diego, CA) 15:19.1
11. Ted Goodlake (Fallbrook, CA) 15:20.2
12. Jeff Cannada (Phoenix, AZ)
13. Edward Anthony Toro (Barstow CA) (15:20.9
14. Edward Anthony Toxo (Barstow, CA) 15.23.6
14. Chris Rice (Newbury Park, CA) 15:28.2
15. Adalfo Garcia (Escondido, CA) 15:28.6
16. J. P. Hall (Pasadena, CA) 15:31.0

THIRD TEAM AL工-WESTERN (17th-24th places)

| 17. Leo Biah (Ganado, AZ) | $15: 32.3$ |
| :--- | :--- |
| 18. David Baca (San Marino, CA) | $15: 32.6$ |
| 19. Ari Schauder (LaMesa, CA) | $15: 33.9$ |
| 20. Jesus Gutierrez (Sierra Madre, CA) | $15: 36.7$ |
| 21. Jerred Gildehaus (Gold Hill, OR) | $15: 38.1$ |
| 22. Ken McChesney (Eugene, OR) | $15: 39.2$ |
| 23. John Groulx (Dceanside, CA) | $15: 40.6$ |
| 24. Chris Craig (Los Gatos, CA) | $15: 41.0$ |

*Qualify for Kinney Nationals, Dec, 10, 1983 in San Diego, CA
25. Robert Fithen(SanDiego,CA) 15:41
26. Daniel Holmes (SantaBarb, CA)15:42
T. Eric Peterson(Eugene,OR) 15:44
c8. John Pratt (Murray,UT) 15:44
29. Bill Pappas (LasVegas,NV) 15:45
30. Chris Bahr (Visaila,CA) 15:46
31. Jesus Sandaval(SpringVly, CA)15:47
32. Tom Sera (Beaverton,OR) 15:47
33. Manuel Silveira(Burson,CA 15:48
34. James Green (SanJose, CA) 15:49
35. Frank Rameriz (Lompoc, CA) 15:50
36. Darren Hardy(Provo,UT) 15:50
37. Brock Reagan(El Montie,CA) 15:51
38. Ryan Gilliam(Sebastopol, CA) 15:51

39: David Anderson (Nw.Port,CA) 15:52
40. Romney Mawhovter(LaVern, CA) 15:52
41. Lamberto Esparza(SanBarb, CA)15:53
42. Rod Grieve (Carmiohael,CA) 15:53
43. David Naranjo(Sanger;CA) 15:54
44. Jim Howard(walnut Creek, CA) 15:55
45. Ron Hoff (Los Osos, CA) 15:56
46. Scott Hill(Fremont, CA) 15:56
47. Mike Wall (Susanville,CA) 15:56
48. Paul Ghidossi (SanBruno,CA) 15:57
49. Joe Nitti (SantaMonica,CA) 15:57
50. - $15: 58$
51. Greg Rivera: (SanJose, CA) 15:58
2. Paul Burroughs(Agoura, CA) 15:58
3. Filis DelSol(Nat.City,CA) 16.00
4. Janes Ortez (Barstow,CA) 16.00
5. Chris Prieur(LasAngeles,CA) 16:01
6. Eric. Hrusschka(Bothhell, WA) $16: 02$
7. Lou Lauman (West Linn,OR) 16:02
8. Richard Clark(Mtn.View,CA) 16:02
59. Mike Garcia(El Cajon,CA) 16:03
60. Kurt Messersmith(Spokane,WA) 16:04
61. Mark Goolet(Santa Cruz,CA) 16:04
62.
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66. Tony Poirier(Helena, MT) 16:07
67. Greg Hoffnasi(Por.CA) 16:08
68. Martin Higginbotham(Berk, CA)16:09
69. Rick Rubip (Hawthorne,CA) 16:09
70. Will Feliciané (Cypress,CA) 16:10
71. Sean Crowley (SanJose, CA) 16:11
72. Mark Mastalir(El Dor Hill, CA16:12
73. Chris Shrum L(DiamondBar, CA)16:13
74. Eric Mastalir(El Dor Hill, CA16:13

| Troy Curran(Carmel, CA) | 16:14 |
| :---: | :---: |
| James Torres(Chandler, AZ) | 16:17 |
|  | 16:17 |
| 78. Victor Santamaria(SnJose, CA) |  |
| 79. Joao Brantuas(SnDiago, CA) | 16:18 |
| 80. Glen Har | $16: 18$ |
| 81. A.J.Zampardo(ChulaVista, CA | 16:18 |
| 2. Brad Coons(Mesa, AZ) | 16.19 |
| 3. Scott Pestka (Phoenix, AZ) | 16:19 |
| 84. Scott David (PalosVerdesE | 16:20 |
| 5. Chris Vasquez (Sandiego, CA) | 16:20 |
| . Eric Ree (Buena P | 16:21 |
| . Greg Houlgate(RedondoBch, CA) | 16:21 |
| . Ron Perez (Colton, CA) | 16:22 |
| . Alan Anzai(Pearl Cty, HI) | 16:22 |
| 90. James Williams (Fresno, CA) | 16:25 |
| 91. Frank Gonzalez(Anaheim, CA) | 16:25 |
| 92. David Howard(Orem, UT) | 16:25 |
| 3. Chris Tuma (Henderson, NV) | 16:26 |
| . Keith Bounds(Chandler, AZ) | 16:27 |
| 5. Dean Miller (Minden, NV) | 16:27 |
| Eric Smedburg(PollockPns, CA) | 16:28 |
| . Gary Nagel(Visalia, CA) | 16:30 |
| - Frank Acosta (ElMonte, CA) | 16:30 |
| . Daniel Valdez (Merced, CA) | 16:30 |
| 100. Scott Fest (Arcadia, CA) | 16:31 |
| 101. Andy Gonzalez(Montebello, CA) |  |
| 102. Richie Bryant (Clovis, CA) | 16:34 |
| 103. David Cantu (ChulaVista, CA) | 16:34 |
| 104. Noel Santoyo (ElMonte, CAO | 16:35 |
| 105. Bob Badgett (Saugus, CA) |  |
| 106. Andy Allan (SanMarion, CA) | 16:39 |
| 107: Joe Tamblyn (CrystalBay, NV) | 16:40 |
| 108. Kerry Langley(SpringVly, CA) | 16:41 |
| 109. Brian Vaughan(Berkeley, CA) | 16:41 |
| 110. Adolfo Gonzales(Sp.Vly,CA) | 16:42 |
| 111. John King (W.Linn;OR) | 16:42 |
| 112. Kevin Carter(Alhambra, CA) | $16: 42$ |
| 113. Marc Beauchemin(Campbell, CA) |  |
| 114. Craig Olson (Phoenix, AZ) | 16:43 |
| 115. Danny Palma(Glendale, CA) | 16:43 |
| 116. Peter Vincent(Sn.Rosa, CA) | 16:44 |
| 117. Ron Estrada(Sn.Diego, CA) | 16:44 |
| 118. John Eberhard(Sn.Maria, CA) | 16:44 |
| 119. $\mathrm{D}_{\text {a }}$ ve Jordan(Roseburg, OR) |  |
| 120. Ed Buenrostros(Colton, CA) | 16:46 |
| 121. Salvador Vargas(Sn.Maria, CA) | 16:49 |
| 122. Mike Wangler(LaMesa, CA) | 16:49 |
| 123. Bill Fields(Yreka, CA) | 16:50 |
| Tom Barton(NewberryPrk, CA) | 16:50 |

76. James Torres(Chandier, AZ) 16:17
77. Dan Mueller(Spokan,WA) 16:17
78. Victor Santamaria(SnJose, CA) $16: 17$
79. Joao Brantuas(SnDiago, CA) 16:18
80. Glen Hardin(Fallon,NV) $16: 18$
81. A.J.Zampardo(ChulaVista,CA) 16:18
82. Brad Coons(Mesa, AZ) $16: 19$
83. Scott Pestka (Phoenix, AZ) 16:19
84. Scott David (PalosVerdesEstCA16:20
85. Chris Vasquez (SanDiego,CA) 16:20
86. Eric Ree (Buena Pk,CA) 16:21
87. Greg Houlgate(RedondoBch, CA) 16:21
88. Ron Perez (Colton, CA) $16: 22$
89. Alan Anzai (Pearl Cty,HI) 16:22
90. James Williams (Fresno,CA) $16: 25$
91. Frank Gonzalez(Anaheim,CA) 16:25
92. David Howard(Orem,UT)
93. Chris Tuma (Henderson, NV)

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|  | NAME (CITY, STATE) |  |
| :---: | :---: | :---: |
|  | Paul Maclonald (Santa Ana, CA) | 16:51 |
|  | Jose Ortega (Montebello, CA) | 16:51 |
|  | Bob McLaughlin-(San Jose, [A) | 16:51 |
|  | Dean Schauer (Elk, WA) | 16:53 |
|  | Salvador Alcaraz (S.Ana, CA) | 16:54 |
|  | Dan Gonzalez (Nwbury Pk, CA) | 16:55 |
|  | David Rees (San Diego, CA) | 16:56 |
|  | Scott Machado (Fremont, [A) | 16:57 |
|  | Tom Walters (Costa Mesa, [A) | 16:59 |
|  | David Escobar (Shafter, CA) | 17:00 |
|  | Mark Green (Kailua, HI) | 17:00 |
|  | Greg Hales (Los Gatos, CA) | 17:01 |
|  | Larry Jackson (Ketchikan, AK) | 17:02 |
|  | John Valverde (Anaheim, [A) | 17:02 |
|  | Jose Garcia (Alhambra, CA) | 17:04. |
|  | Scott Belodeau (Tustin, CA) | 17:06 |
|  | Danny Frometa (Inglewood, [A) | 17:06 |
|  | Jose Alcaraz (Santa Ana, CA) | 17:07 |
|  | Ward Nordin (Las Vegas, NV) | 17:12 |
|  | Stuart Alexander (Molalla, OR | :13 |
|  | Todd Strickland (Saratoga, [A) | 17:14 |
|  | David Miller (Anaheim, [A) | 17:16 |
|  | Jeff Yaross (Saugus, [A) | 17:16 |
|  | Tim Graham (Rogue River, $Q$ ) | 17:24 |
|  | Doug McLead (Newhall, CA) | 17:27 |
|  | Brace McGillivary (Sweet Hm, QR) | 17:28 |
|  | Manny Carrillo (Mntblo, CA) | 17:33 |
|  | John Bertrand (Tústin, CA) | 17:33 |
|  | Allen Bradley (Merced, [A) | 17:39 |
|  | Dan Vega (Clovis, CA) | 17:46 |
|  | Greg King (G. Grove, CA) | 17:48 |
|  | Vincent Martinez (E.Mnte, CA ) | 17:48 |
|  | Donald Hogue (LaHabra, [A) | 17:50 |
| 158 | Robert Satchell (T.Daks, CA) | 17:51 |
| 159. | Sean Flynn (Kailua, HI) | 17:54 |
|  | Joe Trejo,jr. (El Monte, [A) | 16:08 |

## Sponsored by

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BOYS-1. Sirchis (Winchester, Mass) 15:17;2.Hudson
(North Hunterdon, NJ) 15:18; 3.Scherer (Dayton MD)
4. Coogan (Attelboro, Mass), 15:26 5. Jones (Elmira NY) 6. Berlew (Mt Herman, Mass) 15:27 7.Cole(Chapticon, MD) 15:37 8. Herdman (Flemington NJ) 15:48.

GIRLS-1. J.Smith (Stevens, Edison, NJt 17:08. 2.Schiro (Dover, NH) 17:39. 3.Dushini (West Morris, Chester NJ) 18:11. 4.Bilotta (N.Hunterdon, NJ.) 18:17 5.Harbaugh (Upper Darby PA) 18:21 6.BOwers (StateLine PA) 18:24 7. Thompson (New Haven Conn) 18:30 8. Ryan(NY)18:30.

At Hinsdale Ill:
BOYS-1.Zinn: (WestPlains Mo) 15:25 2. Halle (Rockford现) 15:27 3.Falcon (Belton Mo)-15:30 4.Taylor(Mich) 15:30 5. Korotonen (Mich) 15:31 6. Schoense (Mich) 15:33 7. Mundt (Mich) 15:40 8.Carter. (ILL) 15:41.

GIRLS-1.Straza (BIoomington) I7:52 2.Weber(Ohio) I8:07 3.Favor. (Wis) 18:11 4. Brittin (Co) 18:12 5. Kalikan (Ohio) 18:14 6. Keeney (Wis) 18:14 7.Driscoll (IL工) 18:22. 8. Bews (Mich) 18:23.

At Charlotte N.C:
BOYS-1. Green (FlA) 15:12 2.Hoofnagle (VA) 15:13 3. Slater (VA) 15:21 4.Martinez (Tex) 15:22 5.Erickson (NC) 15:22 6. Holtz (VA) 15:23.7:Harmon-(Kentucky) 15:28 8.Stein (VA) 15:28.

GIRLS-1.Smith(TEX) 16:56 2.Robertson (VA) 17:28 3. Moore (TEX) 17:32 4.Verinder (VA) 17:35 5.Palmquist (GA) 17:43 6.Zartler (TEX) 17:45 7.Combs (FLA):17:46 8.Wilson (TEX)17:56

At Fresno: WESTERN REGIONAL CHAMPIONSHIPS THE RACE WILI BE RUN ON DECEMBER 3rd AT WOODWARD PARK IN FRESNO.


## NEW JERSEY GROUP MEETS

November 12: Janet Smith (North Edison) left little doubt who was the class of the field as she absolutely demolished the Group IV field, winning by a minute and 24 seconds. In Group III, Toni Ann Angione (Bridgefield) defeated frosh Missy Duchini (Wine Valley) with North Hunterdon's Stacy Bilotta out with the flu.

RESULTS: Group IV, 1-Janet Smith (North Edison) 17:56, 2-Lori Watson (Cherry Hili) 19:18, 3-Suyong Jenrette (Pemberton frosh) 19:44, 4-Milton (NE) 19:49, 5-Engle (Marlboro) 19:55; Scores, 1-Shawnee 120, 2 . Kennedy 134.

Group III, 1-Toni Ann Angione (Bridgefield) $18: 46,2$-Missy Duchini (Wine Valley . frosh) 19:03, 3-Jeanne LaPlaca ( NH - frosh) 19:10, 4-O'Brien (South Brunswick) 19:27, 5 LeFrancis (West Morris) 19:28; Scores, 1North Hunterdon 36, 2-Raritan 92.

Group II, 1-Madeline Nagy s (Caldwell) 19:36,; Scores, 1-Holmdel 86, 2-Somerville 110.

Group 1, 1-Jenny Rahn (Bernards) 20:00; Scores, 1-Bernards 23, 2-Haddonfield 90.

Parochial 'A', Lesley Gale (St. John Vianney) 19:58; Scores, 1-SJV 58, 2-Paul VI 76.

Parochial ' $B$ ', Sue Ashmore (Mater Dei) 20:35; Team, Mater Dei.

## CALIFORNIA <br> SOUTHERN SECTION CHMPS

Walnut, Cal Nov. 19: Kirsten O'Hara (Palos Verdes) raced to a 75 second win at the California Interscholastic Federation Championships in the 4A Division, outpacing Tustin's Donna Scott over the hilly Mt. San Antonio College course. O'Hara's margin helped Palos Verdes to the fifth fastest team time ever at Mt . SAC (95:01), but Tustin's placings won the meet 54-81. Second best time of the day belonged to Sylvia Mosqueda (San Gabriel) running as an individual entry in the 3A race. Mosqueda's 17:53 was the only other sub-18 time. El Dorado claimed the 3 A title with a 4-5-6 blanket finish in 18:39.

RESULTS: 4A, 1-Kristen O'Hara (PV) 17:17, 2-Donna Scott (Tustin) 18:32, 3McCarty (Buena/Ventura) 18:38, 4-Morris (Newport Harbor) 18:47, 5-Donohue (Torrance) 18:47, 6-Cox (Foothill/Santa Ana) 18:59, 7-Fuess (Westlake) 19:00, 8-Snyders (Edison6Huntington Beach) 19:00. Scores, 1-Palos Verdes 54, 2-Tustin 81.

3A, 1-Sylvia Mosqueda (San Gabriel) 17:53, 2-Rizzo (Hart) 18:08, 3-Daly (Mission Viejo) 18:11, 4-Goode (Arlington/Riverside) 18:27, 5-Clair Fiet (Mater Dei/Santa Ana) 18:31, 6-Escobosa (El Dorado/Placentia) 7-Cooper (El Dorado) 18:39, 8-Rosapajla (E1 Dorado) 18:39, 9-Hutchinson (Mission Viejo) 18:55, 10-Hays (Rowland) 19:00, 11Maldonado (Bishop Amat/La Puente) 19:00. Scores, 1-El Dorado 67, 2-Mission Viejo 81.

2A, 1-Plante (Arroyo Grande) 18:32, 2DeSantiago (Ontario) 18:45, 3-Oslonker (South

Hills) 18:46, 4-Loveall (Lompoc) 18:46. Scores, 1-Lompoc 85.

1A, 1-Almendariz (St. Monica/Santa Monica) 19:02. Scores, 1-Moro Bay 62 .

## CALIFORNIA SAN DIEGO SECTION CHMPS

Lakeside, Cal, Nov. 23: Mt. Carmel's section 400 meter champion Leslie Noll won the 3 A race in 12:00 over Santana's Laura Cook (12:01), but Orange Glen's (Escondido) Pauline Stehly claimed the fastest 3000 of the day $(11: 50)$ as crosstown rival Sharon Lewis (San Pasqual) ran a 12 flat second place. This season was Noll's first cross country experience and Stehly is the only athlete to defeat her.

RESULTS: 3A, 1-Leslie Noll (Mt. Carmel/ Poway) 12:00, 2-Laura Cook (Santana/Santee) 12:01, 3-Eager (Vista) 12:03, $4=$ Nichols - (Vista) 12:10, 5-Johnson (Helix/La Mesa) 12:21, 6-Moser (Helix) 12:22, 7-Fedorchak (Fallbrook) 12:23, 8-Sheflo (Poway) 12:26, 9-Bates (Mira Mesa) 12:27, 10 -Arreola (Grossmont) 12:27. Scores, 1-Vista 64, 2-Mira Mesa 107.

2A, 1-Pauline Stehly (Orange Glen/Escondido) 11:50, 2-Sharon Lewis (San Pasqual/ Escondido) 12:00, 3=Gorman (Bonita Vista) 12:04, 4-Riker (Escondido) 12:09, 5-Brooks (Bonita Vista) 12:11, 6-Nugent (Torrey Pines) 12:14, 7-Guevarra (Chula Vista) 12:21, 8-Eckstein (Valhalla) 12:23, 9-Krumweide (Val) 12:28. Scores, 1-Valhalla 72, 2-Bonita Vista 74, 3-San Pasqual 78, 4-Torrey Pines 83.

1A, 1-Katherine Riddle (Coronado) 12:21, 2 -Tara McElhaney (Clairemont) 12:23. Scores, 1-El Camino 66, 2-Coronado 77, 3-Ramona 77.

## JANET SMITH WINS REGION

Van Cortland Park, New York, Nov. 26: Janet Smith, three-time New Jersey all-group champion from J.P.Stvens in Edison, remained undefeated this season, clocking 17:08 over the 5000 m course to win the Kinney Northeat Regional Meet.

Second was Cathy Schiro, a junior at Dover HS in New Hampshire who set a US age-16 record for the half-marathon last September.

Smith, a 17-year old senior, ran in the last two national finals, placing fifth both times. She was runner-up in the regional meet the last two years.

RESULTS: 1-Janet Smith (NJ) 17:08, 2 Cathy Schiro (NH) 17:39, 3-Missy Duchini (NJ) 18:11, 4-Stacy Bilotta (NJ) 18:17, 5 Renee Harbaugh (Pa) 18:21, 6-Tracy Bowers (Pa) 18:24, 7-Vanessa Thompson (Ct) 18:30, 8-Kris Ryan (NY) 18:30, 9-Carol Parietti (NY) 18:31, 10-Michele Eitapence (Vt) 18:38. (From 'Metrack').

## KINNEY WESTERN REGIONAL

Fresno, California, Dec. 3: Kirsten O'Hara (Palos Verdes) proved her Southern Section CIF win no fluke as she demolished an excellent field over the scenic Woodward Park 5000m course. In the midst of a wet California weekend, the closest thing to a California State meet lived up to expectations. O'Hara ran 17:25 for a 26 second win.

RESULTS: 1-Kirsten O'Hara (Palos Verdes) 17:25, 2-Laura Finkner (Davis) 17:51, 3Sylvia Mosqueda (San Gabriel) 17:56, 4-Sientz (Lewis \& Clark, Spokane, Wa) 17:59, 5-Plante (Arroyo Grande) 18:00, 6-Clark (Mountain View) 18:01, 7-Mason (Klamath Falls, Ore) 18:02, 8-Jarvis (Havre, Mont) 18:07.

## MISSOURI TWOSOME (Continued)

The extra-vigorous training has certainly helped Fischer, but has contributed to injuries, too. She was red-shirted last fall because of running related problems, the biggest one being tendinitis in her lower right leg.

While her teammate was plagued with medical problems, Dornhoefer worried about the departure of Coach Dick Weis. She says she almost considered not returning to Missouri. The arrival of Lou Duesing, Weis' replacement, alleviated those fears. "I was glad when Coach Duesing told us how he operates. I was afraid of bad coaching - how some of them will have you peaking too soon and falling when the big meets come."

Barring any injuries, the two plan to attend the Olympic Trials this spring, but with realistic goals. Each says she would like to qualify for the final heat in the 3000 m run, (the longest distance race on the track for women), and possibly make the American team for the 1984 Games. Meanwhile they say their biggest goal is to secure a team win for Missouri at the District 5 Championships on November 12, enabling the the entire team to compete in the NCAA Nationals on November 21.
(Ed. note: Missouri did not qualify for the NCAA Championships finishing third at the District $V$ Meet in spite of the 1.2 finish of Dornhoefer and Fischer. At the NCAA Championships, Fischer finished 5th, Dornhoefer 6th. At the TAC Championships, Dornhoefer finished 4th, Fischer 5th, both runners making the US team for the forthcoming World Championships in March.)

## CADY IS BEST ALL-AROUND THROWER

Stanford's Carol Cady came up with three all-time personal best during the 1983 season to become this nation's best All-Around Thrower. Cady's performances were $56^{\prime} 63 / 4$ in the shot, $207^{\prime} 8$ in the disc and $159^{\prime} 11$ in the javelin for a total of 424 feet and 3013 points on the International Scoring Table. Only two other athletes had combined marks beyond 400 feet. Denise Wood, Knoxville TC, who placed second in the point scoring with 2923 points had a total of 403 feet and Houston's Dana Olson, tied for 5th with 2796 points, totaled 407 feet - but $195^{\prime} 0$ of that total came in the javelin where a foot means less than in the shot. Compiling these statistics has been done by Joan Stratton. If you or one of your athletes should be on this list, write to her at Department of Surgery, Dartmouth Hitchcock Medical Center, Hanover, NH 03755. Also send any additions or corrections to her.

Name \& Affiliation
1-Carol Cady (Stanford) 2-Denise Wood (Knox TC) 3-Cindy Crapper (Ky/Can) 4-Julle Jones (BYU) 5-Dana Olson (Houston) Pat Walsh (Tn/lre)
7-Bonnie Dasse (Cal) 8-Susle Ray (UCLA) 9-Mary Hyden (MO) 10-Lorna Griffin (AW) 11-Jacque Nelson (UCLA) 12-Cecil Hansen (Ok/Nor) 13 -Robin Small (Nb) 14-Peggy Pollock (CSLB) 15-Kate Schmlat (PCC) 16-VIctorla Gay (Tx Sth) Marliyn Senz (Penn St) 18-Carla Garrett (NM HS ) 19-Ramona PageI (CSLB) 20-Sherry Calvert (Un) 21-Darlene Ourso (Hst) 22-Jodi Smith (W.Va) 23-Sue Doucette (Id.St) 24-Ninl Davis (PAL) 25-Pla lacovo (AI) 26-Rena Antanelis (Rand TC) 27-Bonnle Tamis (Kent St)


| Discus |  |  |
| :---: | :---: | :---: |
| 7' 8 (83) | ) |  |
| 89' 4 (83) | 157, 4 (83) | 403 |
| 1 (83) | 181'10 (8 | 398 |
| 77 ' 8 (83) | 169' 4 (83) |  |
| 66' 9 (82) | 195' 0 (82) | 407 |
| 87' 2 (82) | 147'11 (82) |  |
| 56' 0 (83) | 158' 7 (83) | 369 |
| 51' 8 (81) | 179' 8 (83) | 80 |
| 9' 5 (83) | 140'11 (82) |  |
| 07' 5 (80) | 89'10 (83) | 55 |
| 1' 2 (81) | 173'11 (80) |  |
| 52'11 (81) | 152' 8 (81) |  |
| 67' 7 (82) | 141'11 (80) | 9 |
| 43' 5 (83) | 141'10 (82) | 22 |
| 16 ' 8 (82) | 227' 5 (77) | 86 |
| 81' 8 (83) | 131' 1 (83) | 60 |
| 51' 5 (83) | 166' 2 (83) |  |
| 68' 2 (83) | 133' 5 (82) |  |
| 65' 9 (81) | 118'7 (82) |  |
| $35^{\prime} 0$ (?) | 207'11 (78) |  |
| 51' 9 (81) | 158' 0 (81) | 5 |
| 53 ' 5 (82) | 145' 3 (82) | 45 |
| $53 ' 7$ (83) | $140^{\prime} 0$ (80) |  |
| 47' 8 (83) | 127' 7 (?) | 28 |
| 92' 1 (83) | 95' 5 (?) |  |
| ' 6 (80) | 62' 2 (8 |  |
|  |  |  |

Points
3013
2923
2873
2843
2796
2796
2739
2717
2704
2697
2690
2684
2655
2639
2636
2630
2630
2610
2603
2590
2560
2542
2537
2530
2523
2521
2504

## GEORGE MASON ‘LID LIFTER'

Fairfax, Virginia, Dec. 4: 1984 is going to be a fantastic year for women's track and field if the results from the George Mason "Lid Lifter" Meet mean anything. Some outstanding early season marks were turned in including a 38.5300 meter by Morgan State's Janet Dodson, a 55.7 clocking for 400 meters by Michelle Collins of Delaware State, a 1:32.9 over 600 meters by Lorraine Dortch (Delaware State) and Jeannette Palmer (Hampton) and a swift 1500 led by Villanova's Mary Ellen McGowan in 4:26.5.
$55 \mathrm{~m}, 1$-Eldece Clark (Hampton) 6.9, 2Sherri Funn (Ms Int) 6.9, 3-Ramona Riley (Morgan St) 6.9, 4-Renita Dingle (Ms Int) 7.0; 55 mH , 1-Thomasina Busch (Hampton) 8.0, 2-Santa Williams (Hampton) 8.2 ( 8.1 h ), 3 Sharnet Rowlan (JM) 8.2; 300m, 1-Janet Dodson (MS) 38.5, 2-Sherri Funn (Ms) 39.0, $3-$ Terri Dandy (GM) 39.7, 4-Ramona Riley (MS) 40.1 .
$400 \mathrm{~m}, 1$-Michelle Collins (Del St) 55.7, 2 Zanderland Dlxon (MS) 56.6, 3-Veronica McIntosh (VII) 57.1; 600m, 1-Lorralne Dortch. (Del St) 1:32.9, 2-Jeannette Palmer (Hamp) 1:32.9, 3-Debbie Grant (VII) 1:33.3, 4-Joanne Kehs (VII) 1:33.6; 800, 1-Wanda Trent (Ms)

2:12.0, 2-Mary Ellen McGowan (Vil) 2:12.6, 3-Patty Bradley (Vil) 2:13.4, 4-Katy O'Hern (Penn) 2:14.4, 5-Beth Lyons (Vil) 2:14.6.

1500, 1-Mary Ellen McGowan (VII) 4: 26.5, 2-Debbi Roberson (Ms) 4:36.9, 3-Marya Small (Gtn) 4:39.6, 4-Sue Eckel (Penn) 4:40.2, 5 (Gtn) 4:39.6, 4-Sue Eckel (Penn) 4:40.2, 5 -
Patty McClusky (Penn) 4:40.5; 3000, 1-MelPatty McClusky (Penn) 4:40.5; 3000,
issa Grubb (VII) 10:02.3, 2-Lauren Searby (Vil) 10:02.4, 3-Colleen Gallagher (VII) 10:14.0.
$4 \times 400$, 1 -Morgan State $3: 47,0$, 2-Delaware State $3: 47.5$, 3 -Howard $3: 48.0,4$-Villanova 3:50.2; HJ, 1-Wanda Johnson (MS) 5'8, 2Michelle Payne (Penn) 5'6, 3-Lynn Henry (MS) 5'6; LJ, 1-Brenda Bailey (Howard) 19'83/4 2-Lisa Diggs (JM) 18'81/4, 3-Teresa Allen (Howard) $18^{\prime} 6^{1 / 2}$; SP, Sherry Green (MS) $42^{\prime} 5$; TJ, 1-Gibson (Howard) $34^{\prime} 6^{3 / 4}$.

## SETON HALL INDOOR

South Orange, New Jersey, Nov. 19: Seton Hall University staged its 12th Annual Indoor Invitational to kick off the 1983-4 season with Zonya Cross' 8.2 clocking for the 55 m hurdles the best mark of the competition.

RESULTS: 55 mH , 1 -Zonya Cross (South Jersey Tech) 8.2, 2-Beryl Roman (Un) 8.9; Mile, 1-Diedra Best (BOHAA) 5:33, 2-Doreen Best (BOHAA) 5:33; 440y, Doreen Best 60.8; 880, Dledra Best 2:25.9.

## FLASH! JANET SMITH WINS KINNEY NATIONALS

San Diego, California, Nov. 9: Janet Smith of Stevens High School in Edison, New Jersey, destroyed the field at the Kinney National High School Cross Country Championships winning the race in 16:43, 34 seconds in front of the runner-up Straza.

Teams scores found the Northeast winning and the West finishing last. Complete results in next month's issue.

RESULTS: 1-Janet Smith ( NJ ) 16:43, 2 Straza (III) 17:17, 3-Kathy Schiro (NH) 17:25, 4-Smith (Tx) 17:34, 5-Kristen O'Hara (Cal) 17:38, 6-Thompson (Ct) 17:45, 7-Robertson (Va) $17: 46,8$-Harbaugh (Pa) 17:46, 9-Moore (Tx) 17:47, 10-Driscoll (III-frosh) 17:48. Stacey Zartler (Tx) did not finish.

Scores, 1-Northeast 30, 2-Midwest 52, 3South 62, 4-West 74.

## ARAB RESULTS

Amman, Jordan, Aug. 20/22: In a rare gathering of Arab female athletes, Algeria and Tunisia each won six events to dominate the festivities. Seven nations took part including Iraq, Syria, Lebanon, Morroco and host Jordan. Morroco athletes captured all three weight events. There were three double winners. Algeria's Raschida Ferdjaoui won both sprints, Sara Touibi of Tunisia took the 400 and 800 and countrywoman Sabah Ben Nasr won the 1500 and 3000 as well as picking up a third in the 800.

RESULTS: 100 (+2.72), 1-Raschida Ferdjaoui (Alg) 12.16, 2-Fatima Meftl (Alg) 12.52, 3 -Intisar al Khafagi (Iraq) 12.65; 200, 1-Raschida Ferdajoui (Alg) 25.14, 2-Salma Anan (Tun) 25.74, 3-Souad Shouder (Alg) 25.79.

400, 1-Sara Touibl (Tun) 56.3, 2-Dalila Harek (Alg) 57.6, 3-Wisal Mahmoud (Iraq) 60.1; 800, 1-Sara Touibi (Tun) 2:09.05, 2 . Dalila Harek (Alg) $2: 11.41,3$-Sabah Ben Nasser (Tun) 2:12.24.
1500, 1-Sabah Ben Nasser (Tun) 4:34.92, 2 S. Jaloul (Alg) 4:40.37, 3-Hala Moughrab (Syr) 4:45.74; 3000, 1-Sabah Ben Nasser (Tun) 10:31.51, 2-Hala Moughrabi (Syr) 10:40.64, $3^{-}$ Amina Odeh (Jor) 10:46.19.
$400 \mathrm{H}, 1$-Basma Gharbi (Tun) 63.63, 2 Karima Henni (AIg) 66.84, 3-Rana Fada (Jor) 74.68.

HJ, 1-Kawther Akreml (Tun) $5^{\prime} 7^{1 / 4}, 2$, Nassere Aschir (A|g) 5'5, 3-Mobarka Hititou (Mor) 5'3; LJ, 1-Dalila Taibel (Alg) 19'5, 2 Kawther Akreml (Tun) 19'03/4, 3-Basma Gharbi (Tun) 18'51/4.

SP, 1-Souad Mallousi (Mor) 50'9, 2-Aicha Dahmous (Alg) 44.91/2, 3-Fatiha Larab (Alg) 43'41/2; DT, 1-Zubelda Layounl (Mor) 156'11, 2-Aicha Dahmous (Alg) 140'7, 3-Jamila Ait Dib (AIg) 135'0; JT, 1-Fatiha Belmagher (Mor) $151^{\prime} 0$, 2-S. Djemaa (Alg) 144'5, 3-Noura Kedideh (Alg) 138'5.

Heptathlon, 1-Nassera Aschir (Alg) 5075, 2Z. Mina (Leb) 4577, 3-Rana Fedah (Jor) 2787.
$4 \times 100$, 1-Algerla 47.65, 2-Tunisia 48.89, 3 Iraq 49.02; $4 \times 400$, 1-Algeria $3: 49.66,2$-Tun isia 3:49.76, 3-Iraq 4:04.32

