

M-A girls win meet; Castilleja, Carlmont runners take honors

By Tom Jacobowsky
Special to the Times Tribune

The cold that prevented Mountain View High School's Shannon Clark from competing in the Stanford-Menlo-Atherton Fall Invitational meet Monday still bothered her Thursday.

As a result, she finished third behind winner Katie McCandless of Castilleja and Laurie Andeen of M-A in the first of three center meets at Belmont's Crystal Springs course.

Clark, the two-time defending Central Coast Section girls' titlist, ran 18:20 Thursday — well off her personal best of 17:26 on the three-mile Crystal Springs course.

"I missed Monday's meet due to a head cold," Clark said after Thursday's race. "I felt OK, but I guess my cold affected me."

However, Clark's subpar health did not take away from the excellence of McCandless and Andeen. McCandless led the entire race, with Clark and Andeen battling for second.

"I felt good in the race," said McCandless, who ran 17:31. "This is the first time I have run here in more than two years."

A's Andeen, Sandrine DeMarlarla Holmes, Susan Horster and Merideth Clazie all finished among the top 15 as the girls took the team title with 43 points. Half Moon Bay was second with 72, followed by Mitty (93) and

Prep cross country

Palo Alto (118).

With a little more than a half-mile remaining, Andeen broke away from Clark on the course's last major hill.

"I was with Shannon the entire way," said Andeen, who had a time of 18:04. "At the last hill I was able to leave her."

In the boys' race, Carlmont's Cort Armstrong picked up where he left off last Saturday.

After finishing second in the small-school race in the Artichoke Invitational, Armstrong came from behind in the last 200 yards to beat Homestead's Chris Richards.

Armstrong's time of 15:30 was 40 seconds faster than his previous best, set last year.

One mile after the start, it turned into a five-man race as Armstrong, Richards, Mountain View's Craig Blockhus, Woodside's Stan Carroll and Silver Creek's Russell Hill ran together for the next 1½ miles.

Once again the last hill separated the runners, as Armstrong and Richards broke away.

With 150 yards to go, Richards had a 10-yard lead on Armstrong and appeared to have the race in hand. But Armstrong began an inspired drive to the finish line.

Richards, who finished in 15:31,



Katie McCandless
...wins girls' race in 17:31.

didn't seem too disappointed.

Even with Armstrong's first-place finish, the Scots were able to finish only fourth in the team competition with 129 points.

North Monterey County of Castroville won the boys' title with 90 points, followed by Half Moon Bay (102). Woodside, paced by Carroll's fourth-place finish in 16:00, was third with 123 points.

Mountain View's Blockhus placed third in 15:53.

In a Bay Area Conference meet, Charles Ho finished second to lead Woodside Priory to a 23-32 victory over California School for the Deaf.

(Mountain View) 18:20; 4, Garcia (Silver Creek) 18:33; 5, Arnold (Palo Alto) 18:53; 6, Manolakis (Aragon) 19:18; 7, DeMarval (Menlo-Atherton) 19:30; 8, Faigle (Half Moon Bay) 19:34.
9, Stearns (Silver Creek) 19:45; 10, Holmes (Menlo-Atherton) 19:47; 11, King (Half Moon Bay) 20:03; 12, Kelley (Mitty) 20:12; 13, Sendino (Half Moon Bay) 20:24; 14, Forstmeier (Menlo-Atherton) 20:27; 15, Clazie (M.A.) 20:31.

Junior varsity boys
Team scores — 1, Aragon (96:55) 60; 2, Menlo-Atherton (96:01) 69; 3, Woodside (98:07) 91.

Winner — Montague (Menlo-Atherton) 18:05.

Sophomore boys
Team scores — 1, Aragon (91:44) 75; 2, Mills (91:47) 81; 3, Palo Alto (93:12) 102.

Winner — Pietrowicz (Lynbrook) 17:04.

Freshman boys
Team scores — 1, Half Moon Bay (91:15) 40; 2, Mills (94:01) 68; 3, North Monterey County (96:14) 107.

Winner — Branden (N. Monterey County) 17:34.

Cross country

BAY AREA CONFERENCE

At Coyote Hills Park (3.0 miles)
Woodside Priory 23, CSD 32
Individual leaders — 1, Booth (CSD) 20:27; 2, Ho (WP) 21:19; 3, Glasow (WP) 21:19; 4, Chow (WP) 21:43; 5, Sheridan (WP) 21:48.

CENTER MEET

At Crystal Springs, Belmont
(3.0 miles)
Varsity boys

Team scores — 1, North Monterey County (84:51) 90 points; 2, Half Moon Bay (85:15) 102; 3, Woodside (85:46) 123; 4, Carlmont (85:29) 129; 5, tie between Lynbrook (86:57) and Mountain View (86:50) at 162; 7, Bellarmine (87:41) 171; 8, Aragon (87:29) 177; 9, Palo Alto (88:22) 195; 10, Gunn (89:12) 208; 11, Mitty (89:39) 230; 12, Riordan (91:09) 277; 13, Burlingame (92:27) 297; 14, Mount Pleasant (93:55) 315.

Individual leaders — 1, Armstrong (Carlmont) 15:30; 2, Richards (Homestead) 15:31; 3, Blockhus (Mountain View) 15:53; 4, Carroll (Woodside) 16:00; 5, Hill (Silver Creek) 16:01; 6, Parra (N. Monterey County) 16:09; 7, Bullock (Menlo-Atherton) 16:12; 8, Connors (Aragon) 16:14; 9, Vopei (Half Moon Bay) 16:15; 10, Mansfield (Lynbrook) 16:26; 11, West (Lynbrook) 16:27; 12, Harper (Hillsdale) 16:36; 13, Hamilton (Half Moon Bay) 16:45; 14, Gabudao (N. Monterey County) 16:49; 15, Arnoff (Gunn) 16:52.

Varsity girls
Team scores — 1, Menlo-Atherton (98:16) 43 points; 2, Half Moon Bay (101:53) 72; 3, Mitty (103:45) 93; 4, Palo Alto (104:22) 118; 5, Mountain View (104:15) 123; 6, Aragon (105:16) 127; 7, Silver Creek (106:01) 160; 8, Carlmont (110:07) 193.

9, Lynbrook (112:06) 221; 10, Mills (112:26) 243; 11, North Monterey County (114:00) 257; 12, Hillsdale (119:57) 317; 13, Gunn (121:56) 341.

Individual leaders — 1, McCandless (Castilleja) 17:31; 2, Andeen (Menlo-Atherton) 18:04; 3, Sh. Clark