SERRA HIGH SCHOOL

451 WEST TWENTIETH AVENUE
SAN MATEO, CALIFORNIA 94403
345-8207

CRYSTAL SPEINGS INVITATIONAL, SATURDAY, OCTOBER 13, 1984

We should be supported to the same of the sam

Dear Coach:

Serra High School would like to invite you and your team to participate in the tenth annual Crystal Springs Cross Country Invitational to be held on Saturday October 13, 1984 at the Crystal Springs Course in Belmont, California.

The meet is sanctioned by the CIF and West Catholic Athletic League for the Central Coast, North Coast, San Francisco/Oakland, and Sac-Joaquin Sections. It Will conform to all CIF rules and regulations.

The Crystal Springs Course is 2.9 miles of rolling hills. There will be some chemical toilets at the course along with drinking water and a pay telephone. There are no dressing room facilities. Come dressed to compete.

Please be sure that your athletes respect private property. They are not to be getting water, lounging on the lawns, trespassing, littering, or bothering the neighbors to use their phones. Coaches are aked to PLEASE KEEP THEIR ATHLETES AWAY FROM ALL PRIVATE PROPERTY.

NOTE: All races will begin promptly on time. TIME SCHEDULE:

9:00 AM Boys Junior Varsity

9:15 AM Boys Varsity 9:30 AM Boys Championship Varsity

9:45 AM Girls Varsity 10:00 AM Boys Sophomores

10:15 AM Girls Frosh/Soph

10:30 AM Boys Freshmen

A Plaque will be awarded to the first place team in each race. AWARDS:

"T" shirts will be awarded to the first fifteen (15) finishers in

each race.

ENTRY FEE: The entry fee is one dollar per individual. Fees must be sent with

the entries. NO REFUNDS WILL BE MADE FOR NO-SHOWS.

The entry form must be received, not postmarked, at Serra High ENTRIES:

> School, 451 W 20th Avenue, San Mateo, CA 94403 no later than Tuesday, October 9, 1984. Entries received after that date

> will be returned. Make checks payable to SERRA HIGH SCHOOL.

CONTROL: Coaches are expected to control their athletes. A School

official must accompany all athletes entered in the meet.

Please clean up your team areas. Garbage cans are available.

TELEPHONE #'s School Main office (415) 345-8207 (Leave MSG all day)

(415) 345-0991 (Between 2 and 3 PM) Athletic Dept

Home (415) 344-5819 between 7 and 10 PM week hights)

Rick Fambrini Meet Director