

ST. FRANCIS-FOOTHILL
INVITATIONAL
At Foothill College
3.0 miles

Senior boys

Team scores — 1, Prospect 42; 2, Lynbrook 47; 3, Leigh 58; 4, Gunn 70.

Individual leaders — 1, Santamaria (Willow Glen) 15:51; 2, Salazar (Saratoga) 16:12.5; 3, Ramirez (Watsonville) 16:22.3; 4, Bergkamp (Leigh) 16:34.3; 5, Mansfield (Lynbrook) 16:37.7; 6, Arnoff (Gunn) 16:40.8; 7, Esauibel (Del Mar) 16:43.8; 8, Mendoza (Willow Glen) 16:49.2; 9, West (Lynbrook) 16:53.9; 10, Richardson (Prospect) 16:57.5.

Junior boys

Team scores — 1, Leigh 24; 2, Mountain View 52; 3, St. Francis 56; 4, Milpitas 96.

Individual leaders — 1, Blockhus (Mountain View) 15:49.6; 2, Dominique (Leigh) 16:31.6; 3, Downs (Leigh) 16:36.8; 4, Lewis (St. Francis) 16:41.7; 5, Bergkamp (Leigh) 16:47.5; 6, Jones (Leigh) 17:03.6; 7, Miltani (Saratoga) 17:07.2; 8, Lessing (Mountain View) 17:08; 9, Garcia (Leigh) 17:08.6; 10, Pepper (Lynbrook) 17:09.

Sophomore boys

Team scores — 1, Lynbrook 32; 2, Palo Alto 44; 3, Mountain View 60; 4, Del Mar 69.

Individual leaders — 1, Petrowicz (Lynbrook) 17:02.5; 2, Perez (Watsonville) 17:19.2; 3, Dery (Saratoga) 17:24.7; 4, Polter (Leigh) 17:37.5; 5, Brodie (St. Francis) 17:49.9; 6, Miller (St. Francis) 17:49.9; 7, Armstrong (Santa Clara) 17:58.0; 8, Howell (Palo Alto) 17:58.9; 9, Gunby (Lynbrook) 18:00; 10, Hunt (Prospect) 18:05.0.

Freshman boys

Team scores — 1, Palo Alto 57; 2, Leigh 67; 3, Del Mar 71; 4, St. Francis 74; 5, Lynbrook 85.

Individual leaders — 1, Barragan (Watsonville) 16:49; 2, Moore (Los Altos) 16:49.7; 3, Lowe (Los Altos) 17:02.7; 4, Kinney (Pinewood) 17:22.6; 5, McGowin (Menlo) 17:58.8; 6, Pierce (Los Altos) 18:00; 7, Hartman (Gunn) 18:11.9; 8, Corranita (Watsonville) 18:18.5; 9, Smallwood (Leigh) 18:20.9; 10, Salcido (Leigh) 18:26.

Junior-senior girls

Team scores — 1, Leigh 33; 2, Mountain View 41; 3, St. Francis 46.

Individual leaders — 1, Chamberlain (Leigh) 17:23; 2, Clark (Mountain View) 18:19.5; 3, Kaur (Leigh) 19:26.8; 4, Montesi (Leigh) 20:26.6; 5, Aflague (Fremont) 20:41.8; 6, Vanzylred (St. Francis) 20:55.3; 7, Bratton (St. Francis) 21:07.1; 8, Jones (Mountain View) 21:10.6; 9, Eubank (Wilcox) 21:23.9; 10, Chao (Mountain View) 21:34.5.

Frosh-soph girls

Team scores — 1, Palo Alto 48; 2, Mountain View 50; 3, St. Francis 52; 4, Milpitas 102.

Individual leaders — 1, McCandless (Castilleja) 18:42; 2, Mendoza (Presentation) 18:57.3; 3, Arnold (Palo Alto) 19:10.3; 4, Brown (Milpitas) 20:05; 5, Yacub (Lynbrook) 20:23.4; 6, Flynn (Santa Clara) 20:25.7; 7, Clark (St. Francis) 20:36.5; 8, Montgomery (Palo Alto) 21:03.4; 9, Farnsworth (Milpitas) 21:10.1; 10, Zulman (Palo Alto) 21:12.8.

Saratoga's Salazar improves 30 seconds on Foothill course

By Rick Eymers
Special to the Times Tribune

Saratoga High School's Rich Salazar feels comfortable with his progress this cross country season.

Salazar finished second to Willow Glen's Vic Santamaria in the senior boys' race Saturday in the St. Francis-Foothill Invitational, completing Foothill College's three-mile course in 16:12.5 — the third-best boys' time of the day.

Santamaria won the senior boys' race in 15:51, and Mountain View's Craig Blockhus won the junior boys' race in 15:49.6.

"I'm satisfied with the race," Salazar said. "I've had a good season so far, and it's finally coming together. It's been a lot of hard work."

Salazar improved his personal best on the course by 30 seconds.

"I'm mostly a hill runner," Salazar said. "I try to put people away on the hills. That's where it counts. Running is mental, and when you start to pass people on hills, it tends to psyche them out."

Salazar finished fourth in the De Anza Athletic League finals last season.

"I feel I have a good shot at winning the league," Salazar said. "It's something to shoot for."

Lynbrook's Kirk Mansfield was fifth in the senior boys' race, followed by Gunn's Bill Arnoff. Lynbrook's Mike West placed ninth.

Prospect beat Lynbrook, 42-47, for the senior boys' team title. Leigh (58) finished third, followed by Gunn (70).

In the junior-senior girls' race, Leigh's Rebecca Chamberlain finished nearly a full minute ahead of Mountain View's Shannon Clark, the girls' two-time defending Cen-

Prep cross country

tral Coast Section champion.

Chamberlain completed the course in 17:23, while Clark finished in 18:19.5. Fremont's Sheila Aflague was fifth, followed by St. Francis' Jill Vanzylred and Kerry Bratton, Mountain View's Bronwyn Jones, Wilcox's Tricia Eubank and Mountain View's Ruthie Chao.

Leigh won the girls' title with 33 points, followed by Mountain View (41) and St. Francis (46).

Blockhus won the junior boys' race by 42 seconds.

St. Francis' Ralph Lewis placed fourth. Also among the top 10 were Saratoga's Seichi Mitani (seventh), Mountain View's Scott Lessing (eighth) and Lynbrook's Eddie Pepper (10th).

Mountain View finished second to Leigh in the team scoring with 52 points to Leigh's 24. St. Francis (56 points) was third, followed by Milpitas (96).

Castilleja's Katie McCandless won the frosh-soph girls' race in 18:41, the third-best girls' time overall. Palo Alto's Jo Ann Arnold ran the fifth-best girls' time at 19:10.3, finishing third in the frosh-soph race.

Palo Alto won the frosh-soph girls' title with 48 points, followed by Mountain View (50) and St. Francis (52).