

RESULTS 1985

California Community College Cross-Country Championship



Crossmont College 41 points men



Los Angeles Valley College 40 points Women



Taft College 2nd Place



Pasadena 3rd Place



Mira Costa 2nd Place



Foothill College 3rd Place

RACE SUMMARY

The Woodward Park course was blessed with a rain early in the week which packed the sandy places and cooled down the temperatures to the 50's. The 100 women dashed across the 150 yards of grass to the black-top road and then on to the dirt paths with Kim Stewart and Sylvia Mosqueda forcing the pace. The 5:15 pace gave the two Southern California stars a 30 yard lead over Gretchen Lohr and 60 yards over Jackie Braisted, the first Nor-Cal runner. Kim opened up about 35 yards at the 2 mile mark hitting 10:45. Sylvia really came back with a 5:38 third mile, coming by the 3 mile in 16:30, with a 30 yard lead and then sprinting the last 188 yards with a great time and a new course record of 17:06. Kim Stewart broke the course record by 21 seconds and the course record was also broken by Kathy Kiernan of Orange Coast and Jackie Braisted of Foothill.

L.A. Valley with three runners in the top nine edged out Mira Costa by four points to win the Women's team title. Foothill won the 3rd place trophy, lead by Jackie Braisted's 4th place finish. Congratulations to L.A. Valley's fine team. Mt. Sac squeezed in front of American River for the 4th place spot.

In the Men's race there was electricity in the air, not from the approaching rain, but from the four teams that felt they should have the first place trophy for the team title. Taft, Sequoias, and Pasadena felt they could rise up to the challenge that Grossmont presented with their impressive victory in their Southern California victory. The individual title was clouded up when Santa Monica's third placed qualifier backed out to allow the 16th man (Alphonse Swai of Santa Monica) to run. (This procedure will be looked into next year). As in the past races, there was a tight pack of about 20 runners up front at a 4:38 first mile with Dan McGreal, Dave Richards, Dave Ottaway, Martin Sandoval and others forcing the pace. I have never seen such a big pack of runners coming up the tough hill at 1.75 miles. A picture at the 2 mile (9:31) shows a mass of ten runners in a 5 yd space with Greg Houlgate, Sandoval, James Green, Swai, Ottaway, McGreal and Jody Fisher among the leaders. The narrow bridge could not spread them out. Jody (the Southern Champ) took the lead after 2 1/4 miles with the two Africans, Swai and Thwala, on his heels. Three tough runners, Swai, Fisher and Sandoval, were together at the 3 mile (14:30) with Thwala trying to hang on but 25 yards back. Alphonse Swai blazed the last mile in 4:38 to win and set a course record. Martin Sandoval who was second, set the U.S. athlete course record by breaking a former Grossmont runner's record (Rich Brownsberger) by two seconds finishing at 19:15. Jody Fisher ran very hard but last week's victory might have taken too much out of him, but third place isn't bad with a great time of 19:18.

Taft had a great team effort but Grossmont put two good races back to back to win by 14 points over Taft. The dual meet score would have been Grossmont 25 - Taft 31. Congratulations to L.A. Valley, Grossmont, and to all the athletes that made the tremendous effort to run in this great championship cross-country meet.

From all of the coaches I would like to thank CONVERSE RUNNING COMPANY, Ted Banks and Jim Howell for their great support. Also, I would like to thank the Fresno Recreation Department for their wonderful co-operation at Woodward Park and to our fantastic crew including Ken Dose, Donna & Chuck Skow, Bob Womack, Boaches Estes & Fraley (Fresno State) Betty Weed and Tom and Helen Fries.

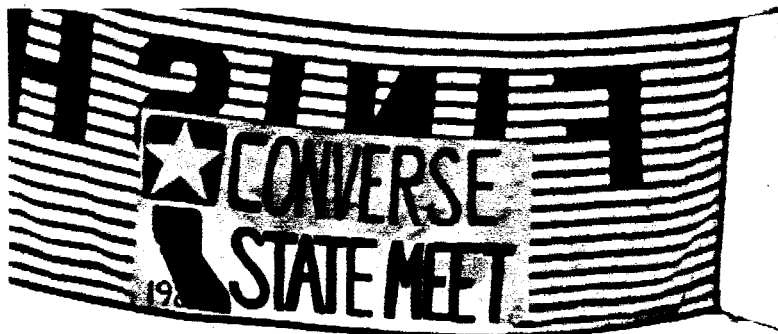
Bob Fries
BOB FRIES
MEET DIRECTOR



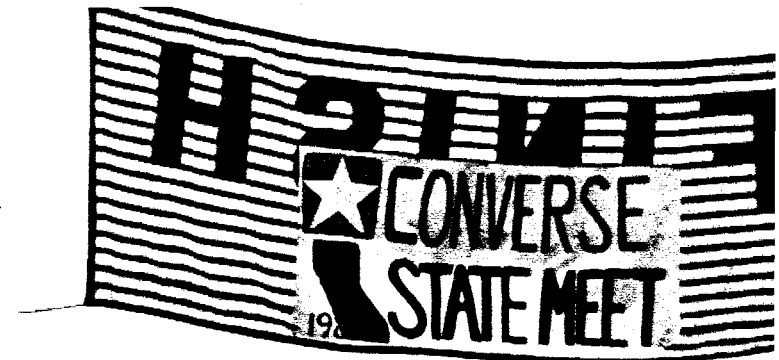
SYLVIA MOSQUEDA & KIM STEWART
STRIDE FOR STRIDE AT THE MILE



STEWART WITH A 30YARD LEAD AT THE 2-mile



KATHY KIERNAN WINS 3RD PLACE
JACKIE BRAISTED CLOSE BEHIND AT 4TH



STACEY MCAFEE 4TH & YOSHIE SHIMIZU 5TH



CALIFORNIA COMMUNITY COLLEGE CROSS COUNTRY CHAMPIONSHIPS
 Woodward Park, Fresno, CA. Overcast, Mid 50. NOVEMBER 16, 1985, 5,000 METERS

-----TEAM SCORING-----

SPLITS

1. LA VALLEY 2-6-8-27-40	83 pts.	6. E. LA. 1-15-19-33-48	116 pts.	5:15
2. MIRA COSTA 10-11-12-20-34	87	7. SHASTA 5-21-28-42-60	156	10:45
3. FOOTHILL 3-18-24-25-32	102	8. S.MON. 13-26-29-39-55	162	
4. MT. SAC. 9-16-23-30-31	109	9. WEST V. 17-37-44-45-50	193	
5. AM. RIV. 7-14-22-35-36	114	10. SIERRA 4-43-49-51-62	209	

PLC.	NAME	SCHOOL	TIME	PLC.	NAME	SCHOOL	TIME
1.	SYLVIA MOSQUEDA	E. LA	**17:06	51.	SHERRILL MILLER	FOOT.	19:28
2.	KIM STEWART	LA VALL.	*17:13	**52.	LAURA LAZO	O.COAST	19:29**
3.	KATHY KIERNAM	O.COAST	*17:32	53.	LUPE RODRIGUEZ	E. LA	19:29
4.	JACKIE BRAISTED	FOOT.	17:33	54.	MAURIE POTTS	FRESNO	19:30
5.	STACEY McAFEE	SIERRA	17:39	55.	TIFFANY SHAW	FRESNO	19:31
6.	YOSHIE SHIMIZU	SHASTA	17:40	56.	JESSIE HARTMANN	MIRA C.	19:31
7.	GRETCHEN LOHR	LA VALL.	17:46	57.	ROZLYN JUFIAR	AMER. R.	19:32
8.	BRENDA PAYTON	AM. RIVER	17:51	58.	BARBARA KEEHNER	SAN. J.	19:33
9.	SANDRA MARTINEZ	LA VALL.	17:56	59.	PAM BEEDIE	AMER. R.	19:33
10.	CARMEN MALDONADO	MT. SAC	18:03	60.	MAUREEN WILLIAMSON	WEST V.	19:35
11.	KIM OJEDA	PASADENA	18:09	61.	KELLIE MILLER	SA. ANA	19:36
12.	PAULINE STEALY	MIRA C.	18:10	62.	VIVIAN LEOS	MT. SAC	19:37
13.	BECKY SOTA	BAKERSF.	18:10	63.	MAZZIE FITZPATRICK	S.MONICA	19:39
14.	TINA CHENEY	MIRA C.	18:16	64.	DONNA JACKSON	LA VALL	19:41
15.	STEPHANIE FEDORCHAK	MIRA C.	18:18	65.	LORI BUSHLING	YUBA	19:44
16.	PADDY ALMENDARIZ	SAN. MON.	18:19	66.	TANDI JARVIS	EL CAM.	19:45
17.	PEGGY MACKE	AM. RIVER	18:24	67.	LAURIE COSIO	GROSS.	19:47
18.	LISA ASH	MOORPARK	18:25	68.	BARBARA FRANK	GAVILAN	19:47
19.	SHELLEY DUNLAP	SACTO.	18:27	69.	COLEEN SWEENEY	MIRA CO.	19:49
20.	CHERI OPP	SAN JOSE	18:30	70.	JANET DONAHUE	SHASTA	19:53
21.	TORI PLEASANT	E. LA	18:31	71.	ANEE KING	SIERRA	19:54
22.	JULIE VAN HORN	SACTO.	18:37	72.	JACKIE WALKER	YUBA	19:55
23.	EILEEN EBINER	MT. SAC	18:38	73.	SUSIE HANSEN	W.VALL.	19:57
24.	ROXANNE BIER	WEST V.	18:39	74.	MICHELLE FOSTER	W.VALL.	19:59
25.	SUSAN CORNELY	DEANZA	18:43	75.	DEANNE THOMMASON	CHABOT	20:00
26.	BECKY VAN-ZANT	FOOT.	18:44	76.	MAUREEN DODERLEIN	L.VALL.	20:01
27.	TRACY ROSS	CUESTA	18:44	77.	SUSAN VAUGHN	MIRA C.	20:03
28.	MISTY ALLEN	SAN.BARB.	18:44	78.	ROSA ACEVES	E. LA	20:05
29.	DEBBIE ETCHEVERRY	MODESTO	18:47	79.	BONNIE WAY	SIERRA	20:12
30.	ALMA BERNAL	E. LA	18:48	80.	CHRIS DARST	W.VALL.	20:16
31.	ANNA TOWSE	MIRA C.	18:52	81.	KARI SCRIVNER	SIERRA	20:17
32.	DONNA MARTIN	SHASTA	18:54	82.	TRACY JOHANSEN	AMER.RIV	20:18
33.	RHONDA RIBAR	MOORPARK	18:54	83.	KATHY SMITH	LA VALL	20:41
34.	MANDE WOOD	AMER. RIV.	18:56	84.	TESSA WESTBROOK	FOOTH.	20:46
35.	CINDY JUNGWIRTH	COS	19:02	85.	DEBBIE BARROW	S.MONICA	20:57
36.	IRMA HARO	SAN, BARB.	19:07	86.	LIZ MOSIER	S. ROSA	21:07
37.	JOANNE MALDONADO	MT. SAC	19:09	87.	CAROL ZUFELT	A.RIVER	21:16
38.	DEIDRE VAUGHAN	SADDLEBACK	19:13	88.	CAROL BAKER	S.MONICA	21:22
39.	TONI DELGADO	PASADENA	19:15	89.	ADELLA GRIGO LA	MT. SAC	21:28
40.	KELLY BUNGO	FOOTH.	19:16	90.	PATTI SERRANO	E. LA	21:29
41.	ALICE DEISINGER	FOOTH.	19:16	91.	RENA JOHNSON	SHASTA	21:33
42.	MITCH ARTEGA	SANTA MON.	19:17	92.	SABRA LONEY	FOOTH.	21:39
43.	DONNA DIMAGGIO	LA VALL.	19:17	93.	MARLYS ELLSWORTH	SIERRA	21:45
44.	TERRY WOODSIDE	CHAFFEY	19:19	94.	LIVIA PERAS	W.VALL.	21:53
45.	LISA COBB	SHASTA	19:21	95.	LAURIE VAN STEE	W.VALL.	21:57
46.	TRISHA ARBOGAST	DIABLO VALL.	19:22	96.	BONNIE COLLINS	SHASTA	23:41
47.	MIMI BARANOWSKI	VENTURA	19:25	97.	CATHY SHORT	SIERRA	23:54
48.	JOYCE CHERUIYUT	SANTA MON.	19:26	98.	ANGIE SIMS	S.MONICA	26:11
49.	CLAUDIA RASCON	MT. SAC.	19:27		MICHELLE CHAVEZ	SIERRA D.N.F.	
50.	DARLA COSTA	MT. SAC.	19:28	**	16th Individual entry from Southern Calif.		

** New Course record. Leslie Hawkins old Record 17:34 in 1984



1985 STATE MEET



MARTIN SANDOVAL Grossmont Breaks the U.S. Athlete Woodward Park Course Record. Rich Brownsberger old 19:17

CONVERSE

STATE MEET
CONVERSE
STATE MEET
1985



JODY FISCHER OF TAFT WINS THIRD PLACE HE IS THE Southern Cal Champion

STATE MEET
CONVERSE
STATE MEET
1985



TOM NOHILLY EDGES OUT RICH GRAVES For The tenth Place.

STATE MEET
CONVERSE
STATE MEET
1985



David Ottaway Out Sprints Rolan Weedon For 4th Pete Magill and Robert Thwala follow for 6th-7th

CALIFORNIA COMMUNITY COLLEGE CROSS COUNTRY CHAMPIONSHIP

Woodward Park, Fresno, CA. Overcast, Mid 50's. NOVEMBER 16, 1985. 4 MILES



-----TEAM SCORES-----

1. GROSSMONT 1-2-9-12-1641 pts.	6. MONTEREY 11-20-28-39-42 ...140 pts.	SPLITS
2. TAFT 2-5-8-17-2355	7. EL CAMINO 6-7-29-56-61159	4:38
3. PASADENA 4-14-19-35-40112	8. AMER. RIV. 26-30-36-41-46...179	9:31
4. SEQUOIA 10-18-22-34-49133	9. WEST VAL. 24-25-38-44-54...185	14:39
5. MIRA C. 13-21-32-33-37136	10. FOOTH, 15-47-48-50-64.....224	

PLC.	NAME	SCHOOL	TIME	PLC.	NAME	SCHOOL	TIME
1.	ALPHONCE SWAI	S. MON.	**19:11	51.	JOEY BUNCH	TAFT	20:20
2.	MARTIN SANDOVAL	GROSSMONT	*19:15	52.	MIKE BATIS	MIRA COS.	20:20
3.	JODY FISHER	TAFT	19:18	53.	BILL SHIPPER	MIRA COS.	20:21
4.	DAVID OTTAWAY	LASSEN	19:27	54.	RAY GOMEZ	COS	20:24
5.	ROLAN WEEDON	L. BEACH	19:27	55.	MAMERTO LECARA	PASADENA	20:25
6.	PETE MAGILL	GLENDALE	19:28	56.	JAMES PRICE	AMER. RIV.	20:26
7.	ROBERT THWALA	PORTERV.	19:28	57.	DAVID LARABEE	SHASTA	20:26
8.	MIKE WANGLER	GROSSMONT	19:33	58.	KEN BRACE	SAN FRAN.	20:27
9.	ADOLFO GARCIA	PASADENA	19:38	59.	MATT CONTRERAS	MIRA COS.	20:27
10.	TOM NOHILLY	TAFT	19:39	60.	MARK LAPLANT	ANT. VALL.	20:27
11.	RICH GRAVES	L. BEACH	19:40	61.	DWIGHT SMITH	MODESTO	20:28
12.	PAT WILSON	EL CAMINO	19:41	62.	ROBERT BROWN	SACTO.	20:29
13.	GREG HOULABATE	EL CAMINO	19:42	63.	ORLANDO BIGGS	WEST V.	20:30
14.	RAY GRIFFIN	TAFT	19:43	64.	JOHN NELSON	MONTEREY	20:30
15.	FRANCIS GRISEZ	GROSSMONT	19:46	65.	JOSE INIQUEZ	HANCOCK	20:31
16.	PETE NUNEZ	COS	19:47	66.	ANGEL LEON	PASADENA	20:31
17.	ANGEL SILVA	VENTURA	19:50	67.	KEN KUPHALT	AMER. RIV.	20:32
18.	DAN MCGREAL	MONTEREY	19:51	68.	BOB FRIESE	MONTEREY	20:35
19.	JUAN NARANJO	GROSSMONT	19:52	69.	CRAIG WILSON	SANTA R.	20:38
20.	KEN ZEPEDA	MIRA C.	19:54	70.	LUIS TORRE	MIRA COSTA	20:39
21.	JOSE GARCIA	PASADENA	19:54	71.	TODD STICKLAND	WEST VALL.	20:41
22.	MIKE KRIEGE	FOOTHILL	19:55	72.	PETE VINCENT	SANTA ROSA	20:44
23.	CURTIS AARON	SAN FRAN.	19:56	73.	RICHARD SANCHEZ	PASADENA	20:45
24.	JAMES GREEN	SAN JOSE	19:57	74.	WALT TERRY	AMER. RIV.	20:46
25.	JOSE VARRANZA	GROSSMONT	19:58	75.	ROB WICKSTROM	FOOTHILL	20:46
26.	JOE CARNEGIE	TAFT	19:59	76.	MIKE MATTHEWS	FOOTHILL	20:48
27.	HUGO CIBRIAN	COS	19:57	77.	BRETT LAZOTTE	COS	20:49
28.	MATT CLAYTON	SAN DIEGO	20:00	78.	THOMAS HINGSTON	DIABLO V.	20:50
29.	ENRIQUE APARICIO	PASADENA	20:00	79.	STEVE SCHOLZ	FOOTHILL	20:52
30.	TROY CURRAN	MONTEREY	20:01	80.	MIKE HARBERSON	GROSSMONT	20:53
31.	DAVID MILLER	FULLERTON	20:01	81.	BOB SCHMALENBERGER	AMER. RIV.	20:57
32.	JOHN GROULX	MIRA COSTA	20:02	82.	OZ KATZ	TAFT	21:00
33.	MANUEL SILVEIRA	DELTA	20:03	83.	BOB McLAUGHLIN	WEST VALL.	21:01
34.	DAVID PARSEL	ORANGE C.	20:03	84.	STEVE DONISH	MIRA COSTA	21:03
35.	CHRIS BAHR	COS	20:05	85.	DAN COTE	EL CAM.	21:04
36.	CARLOS NAVARRO	TRADE TECH	20:05	86.	JACK PATINO	COS	21:06
37.	WILBERT JAMES	TAFT	20:07	87.	BRIAN COSTANTINO	PASADENA	21:08
38.	GREG RIVERA	WEST V.	20:08	88.	MIKE WEST	WEST VALL.	21:12
39.	DARIN JAUREQUI	FRESNO	20:10	89.	BILL BAILEY	AMER. RIV.	21:16
40.	DALE RICHARD	WEST VALL.	20:11	90.	JAMES WILLIAMS	FRESNO	21:17
41.	RYAN GILLIAM	SANTA ROSA	20:11	91.	GREG HOFMAN	EL CAMINO	21:18
42.	CHRIS ALLEN	AMERC. RIV.	20:12	92.	MOSES RENTERIA	COS	21:19
43.	LEONARD ACEUS	OXNARD	20:12	93.	JAMES MEYERS	MONTEREY	21:25
44.	DALE WILSON	GROSSMONT	20:14	94.	JEFF ZANCYZK	FOOTHILL	21:39
45.	SERGIO CADIZ	SANTA ANA	20:15	95.	ED DAILY	EL CAMINO	21:47
46.	SAL VARGAS	O. COAST	20:15	96.	HECTOR BARRON	WEST VALL.	21:48
47.	TODD ACHESON	MONTEREY	20:16	97.	DAVID CATTANACH	MONTEREY	21:58
48.	JAIMIE LAGRAN	FULLERT.	20:18	98.	JOHNE MAEMURA	EL CAMINO	22:10
49.	ERIC QUINONES	EL CAMINO	20:18	99.	ERIC KIPP	FOOTHILL	23:56
50.	ERIC SMEDBERG	AMER. RIVER	20:19	100.	BOB BROBAN	FOOTHILL	25:29

** Foreign Athlete Course Record

* U.S. Athlete Course Record. Old Record by Rich Brownsberger of Grossmont 19:17 1981



DALE RICHARD, DAVID OTTAWAY, DAN MCGREAL
AT THE FIRST MILE. TOO FAST FOR DAVID



GREG HOULGATE, MARTIN SANDOVAL, JAMES GREEN
ALPHONCE SWAI, DAVID OTTAWAY AT 2-Miles.



LASSES DAVID OTTAWAY LEADS GOING UP THE TOUGH HILL AT 1.75 MILE MARK FOLLOWED
BY DAN MCGREAL, GREG HOULGATE, JAMES GREEN, ROBERT THWALA AND MARTIN SANDOVAL

CONVERSE
STATE MEET
1985



100 WOMEN LINE UP FOR THE START

FOOTHILL'S JACKIE BRAISTED WINS 4th
A young 34 year old Nutritionist



STACEY MCAFEE OF SIERRA TAKES 5th
She is the Northern-Cal Champion

Fresno City's TIFFANY SHAW AND MAURIE POTTS
Run their best time of the Season

WOMEN

RESULTS OF 9 YEARS OF CALIFORNIA STATE CROSS COUNTRY MEETS

WOMEN

<u>1977 - at Sierra - 3.0 miles - (large)</u>		<u>Individuals</u>	
1. De Anza	38	1. A. Wotherspoon, W. Valley	17:28.5
2. West Valley	85	2. A. Powers, De Anza	17:45.4
3. Ventura	112	3. D. Love, Santa Barbara	17:58.5
4. Santa Barbara	114	4. K. Perkins, West Valley	18:03.3
5. Bakersfield	138	5. S. Heyner, De Anza	18:05.5
<u>1977 - at Sierra - 3.0 miles - (small)</u>		<u>Individuals</u>	
1. Glendale	66	1. R. Caldwell, Citrus	17:06.2
2. Citrus	78	2. S. Munday, San Jose	17:19.9
3. Canada	85	3. T. Moran, Glendale	17:59.0
4. Cuesta	96	4. F. Castro, Hancock	18:31.2
5. Sequoias	121	5. C. Gould, Citrus	18:37.1
3.0 miles			
<u>1978 - at Balboa, San Diego - (large)</u>		<u>Individuals</u>	
1. West Valley	29	1. Cathy Perkins, West Valley	17:30
2. Fresno	89	2. Irene Crowley, San Jose	17:44
3. Orange Coast	110	3. Connie Hester, Fresno	17:57
4. San Jose	113	4. Ann Wotherspoon, West Valley	18:09
5. Grossmont	131	5. Karen Robinson, Delta	18:13
3.0 miles			
<u>1978 - at Balboa, San Diego - (small)</u>		<u>Individuals</u>	
1. Yuba	68	1. Ruth Caldwell, Citrus	17:27
2. Citrus	69	2. Robin Tracey, AVC	18:05
3. Ventura	72	3. Frany Castro, Hancock	18:19
4. Glendale	78	4. Diana Papis, Yuba	18:26
5. MPC	98	5. Sabrena Peters, MPC	18:28
3.0 miles			
<u>1979 - at Crystal Springs, Belmont (lg)</u>		<u>Individuals</u>	
1. West Valley	57	1. Renee Ortiz-Wyckoff, COS	16:51
2. Orange Coast	65	2. Ann Regan, West Valley	17:10
3. Grossmont	90	3. Irene Crowley, San Jose	17:19
4. El Camino	146	4. Lita Whiteman, Grossmont	17:41
5. Fresno	154	5. Lucia Rodriguez, Grossmont	17:41
3.0 miles			
<u>1979 - at Crystal Springs, Belmont (sm)</u>		<u>Individuals</u>	
1. Glendale	45	1. Sabrina Peters, Monterey	17:23
2. Monterey Peninsula	78	2. Beth Milewski, Ventura	17:45
3. Ventura	103	3. Marcia Trujillo, Hartnell	17:52
4. Skyline	112	4. Pam Burkes, Hartnell	18:18
5. Hartnell	125	5. Carol Adams, Glendale	18:21
3.0 miles			
<u>1980 - at L.A. Valley, Griffith Park (lg)</u>		<u>Individuals</u>	
1. Orange Coast	41	1. S. Gelley, Grossmont	19:18
2. Grossmont	55	2. Lori Crisp, Modesto	19:30
3. American River	91	3. D. Ludovise, Orange Coast	19:41
4. Santa Rosa	109	4. M. Gibbs, Orange Coast	19:57
5. El Camino	124	5. D. Gonzales, Orange Coast	20:03
3.0 miles			
<u>1980 - at L.A. Valley, Griffith Park (sm)</u>		<u>Individuals</u>	
1. Glendale	32	1. Pam Burkes, Hartnell	19:44
2. Moorpark	90	2. Maria Trujillo, Hartnell	19:48
3. Mira Costa	92	3. Teresa Ramirez, San Diego	20:02
4. Ventura	120	4. Diana David, Butte	20:07
5. San Diego & Sierra	129	5. Shari Ewing, Glendale	20:10

WOMEN

(cont')

Results of years of California State WOMENS cross country meets

1981 - at Fresno Woodward Park Lar. Sch

1. Orange Coast	57 pts
2. Grossmont	85 pts
3. El Camino	92 pts
4. American River	112 pts
5. San Mateo	135 pts

Individuals 130 yds short of 3-miles

1. Rene Wykoff	Sequoias	16:20
2. Laurie Crisp	Modestp	16:28
3. Barbie Ludovise	Orange C.	16:44
4. Linda Jungsten	Canada	16:45
5. Rene Hicks	San Fran.	16:49

1981 - at Fresno Woodward Park Sm. Sch.

1. Butte	68 pts
2. Santa Barbara	77 pts
3. Sierra	86 pts
4. Glendale	87 pts
5. Desert	93 pts

Individuals 130 yds short of 3-miles

1. Diana David	Butte	16:43
2. Rosa Tibaduiza	Lassen	17:03
3. Veronica James	S. Western	17:05
4. Carol Werner	San Barbra	17:08
5. Kelly Dolan	Shasta	17:16

1982 - at Fresno Woodward Large Sch.

1. Orange Coast	53 pts
2. American River	63 pts
3. El Camino	81 pts
4. Grossmont	89 pts
5. East L.A.	131 pts

Individuals 130 yds Short 3-miles

1. Kim Devetis	Orange	16:51
2. Mara Lazdans	Mira Cos	16:58
3. Perry Smythe	San. Rosa	17:05
4. Terri Elliott	Pasadena	17:07
5. Sharon Powers	San. Rosa	17:10

1982 - at Fresno Woodward Large Sch.

1. Yuba	33 pts
2. Butte	39 pts
3. Cabrillo	52 pts

Individuals 130 yds Short 3-miles

1. Kathy Dolan	Shasta	17:41
2. Susan Radford	Monterey	17:41
3. Teresa Berry	Butte	18:23
4. Karen Bray	Yuba	18:27
5. Gabriele Ziesch	Menlo	18:53

Only Three Schools Participated

1983 - at Fresno Woodward Large Schools

1. Mira Costa	55 pts.
2. Foothill	63 pts.
3. East L.A.	69 pts.
4. Santa Rosa	97 pts.
5. Golden West	101 pts.

Individuals 5,000 Meter 3-miles 188 yds.

1. * MARA LAZDANS	Mira Costa	17:55 rec.
2. Bernadette Torrez	Mt. SAC	17:56
3. Lori Shanoff	S. Rosa	17:58
4. Alexandria Aguirre	E. LA	18:19
5. Julie Rasmussen	Delta	18:22

1983 - at Fresno Woodward Small Schools

1. Ventura college	37 pts
2. Menlo College	71 pts
3. Monterey penn. College	71 pts
4. Marin College	83 pts.
5. Moorpark College	87 pts.

Individuals 5,000 Meters 3-miles 188 yds.

1. Susan Radford	Monterey	17:58
2. Elaine Triplett	S. Barbara	18:15
3. Kelly Buzza	Cuesta	19:01
4. Ali Owen	S. Barbara	19:01
5. Nancy Panico	Ventura	19:08

1984 - Fresno Woodward ONE RACE

1. Mira Costa college	27 pts.
2. Foothill College	69 pts.
3. East Las Angeles	106 pts.
4. Mt. San Antonio College	123 pts.
5. West Valley College	134 pts.

Individuals 5,000 meters same course

1. LESLIE HAWKINS	Monterey	*17:34 rec
2. Anne Kendrick	Foothill	17:43*
3. Sandy Blakeslee	MiraCosta	17:49*
4. Jill Harrington	Orange Cst.	17:54*
5. Tina Cheny	MiraCosta	17:56

1985 - Fresno - Woodward Park one Race

1. L. A. Valley	83 pts.
2. Mira Costa	87 pts.
3. Foothill College	102 pts.
4. Mt. SAC	109 pts.
5. American River	114 pts.

Individuals -5,000 meters 3-miles 182 yds

1. *Sylvia Mosqueda	East LA	*17:06.6
2. *Kim Stewart	LA Valley	*17:13
3. *Kathy Kiernan	Orange C.	*17:32
4. *Jackie Braisted	Foothill	*17:33
5. Stacey McAfee	Sierra	17:39

MENRESULTS OF 22 YEARS OF CALIFORNIA STATE CROSS COUNTRY MEETS1964 - at MSAC - (5000 M)

1. S. D. Mesa	57
2. American River	66
3. Fullerton	95
4. San Mateo	114
5. Foothill	131

Individuals

1. B. Trujillo, Mesa	16:19
2. B. Branch, Pierce	16:22
3. M. Hetu, San Mateo	16:24
4. B. Lamorandier, Grossmont	16:25
5. R. Likens, San Mateo	16:27

1965 - at Sacramento (3.4 miles)

1. Grossmont	63
2. MSAC	98
3. Fresno	103
4. Pasadena	109
5. Orange Coast	116

Individuals

1. B. Lamorandier, Grossmont	17:47.7
2. T. Caldena, Bakersfield	17:56
3. F. Ortega, L.A. Valley	17:56
4. S. Cruz, L.A. Valley	18:04
5. T. Troy, Orange Coast	18:09

1966 - at Pierce (3.75 miles)

1. Pierce	76
2. Grossmont	80
3. Pasadena	93
4. MSAC	109
5. Long Beach	122

Individuals

1. N. Duggin, Hancock	18:24.4
2. E. Caldena, Bakersfield	18:42
3. H. Alpizar, Long Beach	18:45
4. P. Brang, MSAC	18:51
5. P. Santos, Fresno	18:57

1967 - at Fresno (4.0 miles)

1. Pasadena	71
2. Fullerton	78
3. Bakersfield	92
4. Pierce	95
5. American River	109

Individuals

1. O. Olesen, Santa Monica	19:20.7
2. P. Brang, MSAC	19:23
3. R. Fister, Fullerton	19:24
4. H. Alpizar, Long Beach	19:25
5. J. Gomez, Pasadena	19:30

1968 - at Southwestern 4.0 miles)

1. L.A. Valley	50
2. MSAC	73
3. Bakersfield	74
4. Pasadena	91
5. El Camino	

Individuals

1. M. Covert, L.A. Valley	20:32
2. R. Carr, Santa Monica	20:49
3. R. Hitchcock, Bakersfield	20:56
4. J. Gomez, Pasadena -	21:00
5. A. Hinkle, MSAC	21:05

1969 - at Moorpark (4.0 miles)

1. L.A. Valley	39
2. Moorpark	66
3. MSAC	80
4. Pasadena	104
5. Bakersfield	120

Individuals

1. R. Hitchcock, Bakersfield	19:39.6
2. R. Chappins, Cerritos	19:43
3. M. Covert, L.A. Valley	19:50
4. M. Greer, Long Beach	19:55
5. P. Palazolla, L.A. Valley	20:05

1970 - at Moorpark (4.0 miles)

1. L.A. Valley	39
2. Santa Ana	84
3. MSAC	90
4. Bakersfield	115
5. El Camino	123

Individuals

1. B. Johnson, El Camino	19:53.6
2. D. Babirack, L.A. Valley	19:59
3. L. Apgar, S. D. City	20:02
4. R. Stephens, El Camino	20:07
5. S. Brown, L.A. Valley	20:11

MEN

Results (cont.)

1971 - at Sierra - 4.0 miles (large)

1. El Camino	54
2. MSAC	72
3. Grossmont	91
4. Long Beach	118
5. L.A. Valley	135

Individuals

1. E. Mendoza, Grossmont	20:07
2. D. Babirack, L.A. Valley	20:18
3. G. Hall, Fresno	20:29
4. B. Johnson, El Camino	20:33
5. L. Patterson, El Camino	20:34

1971 - at Sierra - 4.0 miles (small)

1. Santa Ana	48
2. Golden West	69
3. Palomar	85
4. Glendale	98
5. Antelope Valley	109

Individuals

1. M. Martinez, Canyons	20:26
2. W. Webster, Palomar	20:37
3. C. Horn, Antelope Valley	20:49
4. J. Bonnell, Canyons	20:52
5. R. Spotts, Santa Ana	20:53

1972 - at Coll. of Canyons - 4.0 miles (lg.)

1. Grossmont	46
2. MSAC	102
3. American River	105
4. San Mateo	106
5. Bakersfield	128

Individuals

1. E. Mendoza, Grossmont	19:25
2. T. Cotton, Grossmont	19:34
3. E. Granillo, Bakersfield	19:51
4. G. Hall, Fresno	19:53
5. J. Van Din-, San Mateo	20:06

1972 - at Coll. of Canyons - 4.0 miles (sm.)

1. Santa Ana	61
2. Citrus	63
3. Palomar	63
4. Santa Barbara	106
5. Monterey	116

Individuals

1. R. Henderson, Moorpark	20:06
2. R. Spotts, Santa Ana	20:13
3. E. Chaidez, Citrus	20:16
4. B. Large, Santa Ana	20:24
5. J. Bonnell, Canyons	20:34

1973 - at San Mateo-4.0 miles (large)

1. Grossmont	89
2. El Camino	91
3. San Jose	96
4. Fullerton	115
5. Delta	125

Individuals

1. T. Cotton, Grossmont	19:35
2. C. Morden, L.A. Valley	19:52
3. M. Sommer, West Valley	19:58
4. R. Lugan, Harbor	20:00
5. G. Close, Grossmont	20:01

1973 - at San Mateo - 4.0 miles (small)

1. Palomar	82
2. Citrus	85
3. Moorpark	95
4. Cabrillo	96
5. Skyline	145

Individuals

1. D. DeLaGarza, Cabrillo	19:48.5
2. T. Pelton, Monterey	20:01
3. L. Dick, Palomar	20:03
4. E. Chaidez, Citrus	20:17
5. N. Gomez, Imp. Valley	20:21

1974 - at Mt. SAC - 4.0 miles (large)

1. Grossmont	54
2. Fullerton	107
3. S. J. Delta	108
4. West Valley	119
5. Moorpark	120

Individuals

1. John Olswarg, Orange Cst.	19:37.5
2. Cliff Morden, L.A. Valley	19:45
3. Gil Esparza, Moorpark	19:48
4. Matt Sommer, West Valley	19:52
5. Ted Quintara, Chabot	20:01

1974 - at Mt. SAC - 4.0 miles (small)

1. Glendale	40
2. Citrus	86
3. De Anza	95
4. Allan Hancock	107
5. Imperial Valley	140

Individuals

1. Bob Thomas, Glendale	19:19.8
2. Paul Frederickson, DeAnza	20:18
3. Greg Croad, Glendale	20:21
4. Rick Hart, Foothill	20:35
5. Steve Galbraith, Hancock	20:37

MEN

Results (cont.)

4.0 miles

1979 - at Crystal Springs, Belmont - (lg.) Individuals

1. Grossmont	20	1. Rick Rose, Grossmont	20:07
2. Pasadena	110	2. Dennis Hamblin, Grossmont	20:12
3. San Jose	118	3. Alfredo Rosesa, El Camino	20:20
4. Long Beach	119	4. Camillo Rios, Long Beach	20:26
5. Marin	141	5. Steve McCormack, Grossmont	20:27

4.0 miles

1979 - at Crystal Spring, Belmont - (sm.) Individuals

1. Mira Costa	59	1. Jim Christensen, Monterey	20:07
2. Glendale	60	2. Mark Labonte, Saddleback	20:18
3. Butte	86	3. Steve Binns, Palomar	20:27
4. Palomar	121	4. Jon Jackson, Santa Barbara	20:28
5. Saddleback	138	5. William Wang, San Bern.	20:29

4.0 miles

1980 - at L.A. Valley, Griffith Park - (lg.) Individuals

1. Grossmont	43	1. Steve McCormack, Grossmont	24:47
2. Orange Coast	90	2. A. Ross, El Camino	24:55
3. El Camino	112	3. J. Gerhardt, Orange Coast	25:12
4. Fresno	124	4. M. Ebner, Mt. SAC	25:27
5. West Valley	154	5. G. Lee, Long Beach	25:46

4.0 miles

1980 - at L.A. Valley, Griffith Park - (sm.) Individuals

1. Glendale	68	1. J. Nelson, Glendale	24:24
2. Ventura	101	2. M. Ruelas, Citrus	25:38
3. San Bernardino	114	3. Jeff Magallanges, Monterey	25:51
4. Butte	119	4. R. Ysais, Ventura	25:53
5. Desert	120	5. W. Johnson, Ventura	25:04

1981 - at Fresno, Woodward Park Large Sch. Individuals 48 yds short 4-miles

1. Orange Coast	53 pts	1. Rodney Rivera	Grossmont	*19:13
2. Grossmont	68 pts	2. Jesse Torres	San Jose	19:16
3. West Valley	73 pts	3. Brian Harold	Orange /C.	19:24
4. El Camino	114 pts	4. Sean Evans	Grossmont	19:27
5. San Jose	127	5. Dan Martinez	Pasadena	19:28

1981 - at Fresno Woodward Park Small Sch. Individuals

1. Citrus	49 pts	1. Mike Carlton	Citrus	19:25
2. Moorpark	71 pts	2. Roger Soler	Hancock	19:33
3. Glendale	101 pts	3. Brad Jensen	Glendale	19:37
4. Hancock	106 pts	4. Sammy Barraza	Monterey	19:39
5. Cuesta	132 pts	5. Paul Smith	Moorepark	19:40

1982 - at Fresno Woodward Park Large Sch. Individuals 4 - Miles

1. Grossmont	62 pts	1. Rich Brownsberger	Gros	*19:17*
2. Orange Coast	66 pts	2. Jesse Torres	San Jose	19:21
3. Long Beach	83 pts	3. Mike Robbins	Grossmont	19:28
4. American River	96 pts	4. Casa Marquez	Long Beach	19:40
5. West Valley	98 pts	5. Steve Blakemore	Ft. Hill	19:40

1982 - at Fresno Woodward Small Sch. Individuals 4-miles

1. Butte	32 pts	1. Don Merwin	Shasta	20:14
2. Sierra	39 pts	2. Danial Clark	Butte	20:19
3. Hartnell	50 pts	3. Nash Guaracha	Hartnell	20:45
		4. Mark Hofer	Sierra	20:50
		5. Chris Cummings	Cabrillo	20:54

Only Three Schools

MEN

Results (cont.)

1975 - at Fresno - 4.0 miles - (large)

1. Grossmont	43
2. Fullerton	63
3. American River	112
4. Delta	121
5. Bakersfield	128

Individuals

1. Henry Perez, Delta	19:18.6
2. Kirk Steffer, Grossmont	19:19
3. Jose Saavedra, Fullerton	19:35
4. Armando Cendejos, Fullerton	19:38
5. Gerardo Canchola, Valley	19:41

1975 - at Fresno - 4.0 miles - (small)

1. Coll. of the Canyons	48
2. Citrus	79
3. Moorpark	89
4. Coll. of the Sequoias	109
5. College of Marin	129

Individuals

1. Juan Garcia, Sequoias	19:36
2. Greg Morrison, Citrus	19:46
3. Tom Cisick, Canyons	19:48
4. Scott Blackburn, Moorpark	19:48
5. Tim Hampton, Antelope Val.	19:51

1976 - at Coll. of Canyons - 4.0 miles (lg)

1. Grossmont	44
2. Fullerton	76
3. American River	88
4. San Mateo	109
5. Mt. San Antonio	132

Individuals

1. G. Paulin, West Valley	19:45
2. G. Hernandez, San Diego	19:50
3. K. Burkin, L.A. Valley	19:59
4. B. Mattstead, San Bern.	20:00
5. R. Russell, L.A. Pierce	20:04

1976 - at Coll. of Canyons - 4.0 miles (sm)

1. Glendale	90
2. San Diego City	103
3. Monterey	112
4. College of Canyons	115
5. Solano	122

Individuals

1. E. Ramirez, Oxnard	19:53.4
2. J. Rubino, Glendale	20:23
3. E. Huff, Cuesta	20:25
4. S. Blackburn, Moorpark	20:28
5. S. Burch, San Diego City	20:38

1977 - at Sierra - 4.0 miles - (large)

1. Grossmont	68
2. American River	78
3. Fullerton	85
4. Mt. San Antonio	88
5. L.A. Valley	120

Individuals

1. T. Holmes, Modesto	19:15.8
2. J. Ebner, MSAC	19:16.5
3. K. Burkin, L.A. Valley	19:26.3
4. S. Godinez, Pasadena	19:27.6
5. B. Boettcher, MSAC	19:30.8

1977 - at Sierra - 4.0 miles - (small)

1. San Jose	
2. Glendale	
3. Monterey	
4. Allan Hancock	
5. San Diego City	

Individuals

1. J. Leano, Porterville	19:38.4
2. D. Navarro, Sierra	19:44.7
3. J. Fabris, San Jose	19:45.6
4. E. Keranen, Hancock	19:51.9
5. P. Kendrick, San Diego	19:52.9

4.0 miles

1978 - at Balboa Park San Diego - (lg.)

1. Grossmont	29
2. Fullerton	79
3. Bakersfield	114
4. El Camino	123
5. Long Beach	124

Individuals

1. Bill Hurst, Modesto	19:21
2. Steve Ortiz, Grossmont	19:32
3. Angel Carrile, Bakersfield	19:41
4. Chris Schalleu, L.A. Valley	20:00
5. Rick Rose, Grossmont	20:02

4.0 miles

1978 - at Balboa Park San Diego - (sm.)

1. Allan Hancock	44
2. Glendale	46
3. Sierra	96
4. Moorpark	131
5. Southwestern	155

Individuals

1. Greg Hitchcock, Sierra	19:38
2. Terry Gibson, Glendale	19:43
3. Ero Keranan, Hancock	19:50
4. Mark Lewis, Glendale	20:29
5. Jon Sup	20:33

MEN

MEN RESULTS OF PAST YEARS CALIFORNIA CROSS COUNTRY STATE MEETS

1983 - at Fresno Woodward park Small Sch.

1.	Hancock	(Ray Kring)	.33 pts.
2.	L.A. Valley	(Mark Covert)	.49 pts.
3.	Shasta	(Gary Lewis)	.67 pts.
4.	Monterey	(Dave Stern)	.89 pts.
5.	Sierra	(Gary Judd)	1.04 pts.

1983 - at Fresno Woodward Large School

1.	El Camino	(Dave Shannon)	.31 pts.
2.	Grossmont	(Tom Lux)	.42 pts.
3.	Glendale	(Tom McMurry)	.87 pts.
4.	American River	(Al Baeta)	.98 pts.
5.	West Valley	(Bill Campbell)	1.07 pts.

1984 - Fresno Woodward Park ONE RACE

1.	El Camino	(Dave Shannon)	62 pts.
2.	Grossmont	(Mike Muirhead)	65 pts.
3.	Glendale	(Tom McMurry)	73 pts.
4.	Pasadena	(Skip Robinson)	77 pts.
5.	Taft	(Creg Johnson)	101 pts.

1985 - Fresno - Woodward Park one Race

1.	Grossmont	(Mike Muirhead)	41 pts.
2.	Taft	(Craig Johnson)	55 pts.
3.	Pasadena	(Skip Robinson)	112 pts.
4.	Sequoias	(Joe Barba)	133 pts.
5.	Mira Costa	(Doc Murrin)	136

Individuals 4.0 Miles Woodward Park

1.	Peter Brett	Hancock	19:49
2.	Eugenio Cruz	LA Valley	19:56
3.	Stephen Barlow	Hancock	20:02
4.	Chris Emmons	Hancock	20:08
5.	David Trissel	Hancock	20:09

Individuals 4.0 Miles Woodward Park

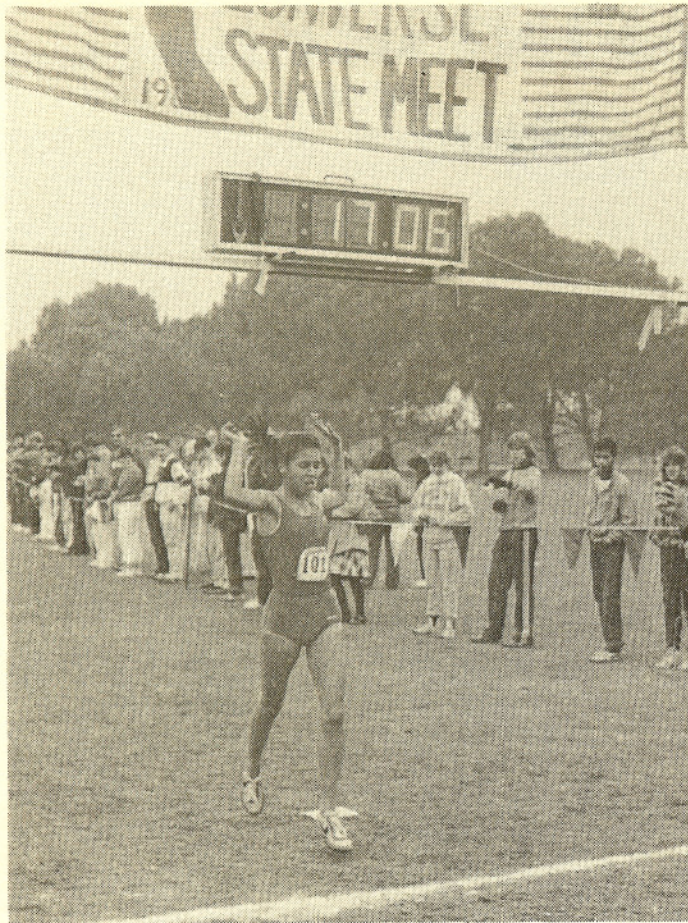
1.	Mandla Kunene	Porterville	19:24
2.	Gary Lewis	San Jose	19:27
3.	Gonzo Huggins	Long Beach	19:41
4.	Charles Davis	El Camino	19:46
5.	Jerry Hernandez	El Camino	19:53

Individuals 4.0 Miles Woodward Park

1.	Eugenio Cruz	LA Valley	19:27
2.	Pat Watson	El Camino	19:34
3.	Jose Gutierrez	Pasadena	19:39
4.	Aaron Rudd	Grossmont	19:42
5.	Jody Fischer	Taft	19:45

Individuals 4.0 Miles Woodward Park

1.	*Alphonse Swai	S.Monica	19:11.5
2.	Martin Sandoval	Grossmont	19:15
3.	Jody Fischer	Taft	19:18
4.	David Ottaway	Lassen	19:27
5.	Rolan Weedon	Long Beach	19:27



No. 1 Sylvia Mosqueda
East L.A. College



No. 2 Kim Stewart
L.A. Valley



No. 1 Alphonse Swai — Santa Monica

TOP TWENTY FINISHERS



1-7 Swai, Sandoval, Fischer, Ottaway, Weedon, Magill, Thwala



1-10 Mosqueda, Stewart, Kiernan, Braisted, McAfee, Shimizu, Lohr, Peyton, Martinez, Maldondo