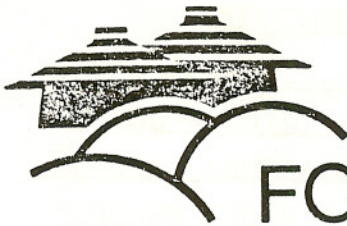


ENTRY DEADLINE

OCTOBER 11th

NO LATE ENTRIES



FOOTHILL COLLEGE

ST. FRANCIS HIGH SCHOOL
&
FOOTHILL COLLEGE
PRESENT

THE 13th ANNUAL ST. FRANCIS/FOOTHILL
CROSS COUNTRY CARNIVAL

Dear Coach;

On FRIDAY OCTOBER 17th, Foothill College will play host to the 13th Annual St. Francis/Foothill Cross Country Carnival. Because of the unique format of this meet runners will test their fitness & skills against other runners of their own grade.

ALL RACES

<u>3 MILES</u>	FRESHMAN BOYS RACE	2:30 pm
	FRESHMAN & SOPHMORE GIRLS	3:00 pm
	SOPHMORE BOYS RACE	3:30 pm
	JUNIOR BOYS RACE	4:00 pm
	JUNIOR & SENIOR GIRLS RACE	4:30 pm
	SENIOR BOYS RACE	5:00 pm
	AWARDS CEREMONY	5:30 pm

SCORING

BASED ON FINISH OF FIRST 5 FINISHERS, RUNNERS 6 & 7 WILL DISPLACE. ALL OTHER FINISHERS WILL BE DELETED FROM SCORING.

AWARDS

T-SHIRTS TO TOP 10 FINISHERS IN EACH RACE. TEAM WITH THE LOWEST FOINT TOTAL WILL RECEIVE A NICE TROPHY!

ENTRY FEES

\$12.00 per team per race. FOR SCHOOLS ENTERING LESS THAN 5 RUNNERS, FEE IS \$2.50 @. FEES MUST BE SUBMITTED WITH ENTRIES, NO REFUNDS. CHECKS MADE OUT TO: "CROSS COUNTRY INVITE" and mailed to address below.

SANCTION

C1F OFFICE OF CENTRAL COAST SECTION

12345 El Monte Road, Los Altos Hills, CA 94022 (415) 948-8590

Foothill-De Anza Community College District