

Prep Notes

4	Davis (Vacaville)	1553
5	Thurmond (Vacaville)	1610
6	Keller (Oakmont)	1624
7	Luna (Vacaville)	1626
8	Zimmerling (Oakmont)	1635
9	Carrico (Woodland)	1644
10	Rosebrook (Vacaville)	1657
Girls Teams		
1	Vacaville	20
2	Fairfield	49
3	Davis	64
Girls Individuals		
1	Diemoz (Napa)	1902
2	Rodda (Vacaville)	1909
3	Bailey (Fairfield)	1922
4	Prichard (Vacaville)	1936
5	Dambley (Vacaville)	1950
6	Connaughton (Vacaville)	2004
7	Farrar (Fairfield)	2016
8	Silachi (Vacaville)	2038
9	Tracy (Davis)	2042
10	Le Clair (Vacaville)	2056

9	Cornwall (Cordova)	1611
10	Flanders (Casa Roble)	1614
Girls Teams		
1	Bella Vista (Fair Oaks)	32
2	Casa Roble (Orangevale)	36
3	Kennedy (Sacramento)	54
Girls Individuals		
1	Kuphaldt (Bella Vista)	1821
2	Viall (Casa Roble)	1840
3	Smith (Del Campo)	1929
4	Showers (Bella Vista)	1959
5	Dushku (Del Campo)	2006
6	Moza (Bella Vista)	2016
7	Williams (Kennedy)	2032
8	Rozumowicz (Casa Roble)	2036
9	Sava (Kennedy)	2041
10	Necker (Casa Roble)	2045

Sac-Joaquin Section Overall and Division I Championships Nov. 13, Sierra College, Rocklin.

With two weeks of qualifications at league and subsection meets behind them, the Sac-Joaquin Sections top hurriers gathered at Sierra College to determine the Division I State Meet qualifiers and overall section champions for both teams and individuals. A rain soaked course failed to dampen the spirit of the competitors. Out of competition from late September to late October with a viral infection, two-time defending champion Ann Kuphaldt (Bella Vista, Fair Oaks) put out a valiant effort, but had to settle for second place behind St. Francis (Sacramento) freshman Kolleen Kassis. The talented underclassman ran a super race moving past the Bella Vista senior in the last half mile to register an 18:29 to 18:37 victory. An awesome Vacaville Bulldog squad ran away with the girls' team title scoring a scant 39 points. The team was composed of Michelle Rodda (4th), Brooke Prichard (8th), Jennifer Dambley (14th), Sharon Connaughton (18th), and Joy Silachi (23rd). Junior Amy Viall's fifth place led Casa Roble (Orangevale) to second place edging Bella Vista (Fair Oaks) by 7 points, 120 points to 127 points.

For the boy's individual championship, seniors and training partners Ben Ayers (Christian Brothers, Sacramento) and Reggie Williams (River City, West Sacramento) cruised as a twosome for the entire race with Williams getting the nod at the finish line in 15:01 to 15:02. In the team competition, Vacaville raced to an impressive victory with 42 points to runner-up Del Campo's 111 points with third place finisher Bell Vista (Fair Oaks) totaling 136 points. The Bulldog's championship team consisted of Scott Smoot (3rd), Kevin Holbrook (4th), Cory Davis (9th), James Thurmond (11th) and Andy Rosebrook (37th). Combined with their victory in the girls' competition, the Vacaville Bulldogs became the first school in Sac-Joaquin section history to win both titles in the same year. Congratulations to Mike Larsen, Vacaville's head boys and girls cross country coach.

Girls Individuals		
1	Kolleen Kassis (St. Francis)	1829
2	Ann Kuphaldt (Bella Vista)	1837
3	Sittman (Placer)	1854
4	Rodda (Vacaville)	1855
5	Viall (Casa Roble)	1855
6	Smith (Del Campo)	1900
7	Loos (Sonora)	1923
8	Prichard (Vacaville)	1929
9	Nemanic (Del Oro)	1934
10	Bailey (Fairfield)	1935
11	Boyd (Turlock)	1940
12	Diemoz (Napa)	1942
13	Dooley (Bret Harte)	1946
14	Dambley (Vacaville)	1947
15	Patrick (Loretto)	1953
16	Eiler (Rio Americano)	1954
17	Eagle (Bear River)	1955
18	Connaughton (Vacaville)	1957
19	Farrar (Fairfield)	2010
20	Bell (El Dorado)	2012
21	Centro (Merced)	2012
22	Showers (Bella Vista)	2013

23	Silachi (Vacaville)	2014
24	Tracy (Davis)	2016
25	Brown (Bret Harte)	2021
Boy's Individuals		
1	Reggie Williams (River City)	1501
2	Ben Ayers (Christian Bros)	1502
3	Smoot (Vacaville)	1515
4	Holbrook (Vacaville)	1521
5	Kashuba (Casa Roble)	1530
6	Ron (Modesto)	1534
7	Ortiz (Orestimba)	1535
8	Oliveras (Sonora)	1536
9	Davis (Vacaville)	1539
10	Keller (Oakmont)	1547
11	Thurmond (Vacaville)	1548
12	Zeller (Merced)	1549
13	Sawelllow (Davis)	1554
14	Donnelly (Placer)	1556
15	Seric (El Camino)	1559
16	Hible (Beyer)	1559
17	Baca (Bear River)	1600
18	Fugler (Del Campo)	1600
19	Mumm (Nevada Union)	1600
20	Flanders (Casa Roble)	1604
21	Bunker (Del Campo)	1605
22	Woolsey (Bella Vista)	1610
23	Leder (Bella Vista)	1611
24	Delgado (Nevada Union)	1613
25	Whitney (El Dorado)	1614

Girls Teams		
1	Vacaville	39
2	Casa Roble (Orangevale)	120
3	Bella Vista (Fair Oaks)	127
4	Bret Harte (Angel's Camp)	131
5	Sonora	133
6	Fairfield	141
7	Tokay (Lodi)	171
8	El Dorado (Placerville)	195
9	Loretto (Sacramento)	200
10	Beyer (Modesto)	206
11	Kennedy (Sacramento)	224
12	Davis	220
Boy's Teams		
1	Vacaville	42
2	Del Campo (Fair Oaks)	111
3	Bella Vista (Fair Oaks)	136
4	Jesuit (Carmichael)	142
5	Nevada Union (Grass Valley)	149
6	Casa Roble (Orangevale)	160
7	Beyer (Modesto)	184
8	Modesto	189
9	Oakmont (Roseville)	191
10	Bear River	212
11	Manitaca	227
12	Davis	236
13	Calaveras	325

Central

Nov. 20, Mooney Grove Park, Visalia.

Overall Results - Boys		
Division I:		
1	Rodriguez (McLane)	1517
2	Vasquez (Hanford)	1519
3	Lui (Madera)	1530
4	Alvarez (Clovis West)	1537
5	Evans (Clovis West)	1538
6	Sanchez (Madera)	1539
7	Bekmanis (Clovis West)	1539
8	Thurston (Clovis)	1549
9	Hinojosa (Clovis West)	1554
10	Barbour (Hanford)	1603
Team Scores		
1.	Clovis West 44, 2. Madera 53, 3. McLane 104, 4. Hanford 129, 5. Clovis 142, 6. Foothill 153, 7. Bullard 197, 8. West 203, 9. Mt. Whitney 212, 10. North 241, 11. Bakersfield 243, 12. South 312.	
Division II:		
1	Romero (Arvin)	1506
2	Duran (Wasco)	1530
3	Nunez (Goldenwest)	1534
4	Cardenas (Sanger)	1543
5	Rodriguez (Arvin)	1607
6	Zepeda (Sanger)	1609
7	Juarez (Monache)	1610
8	Sanchez (Arvin)	1611
9	Falcon (Sanger)	1616
10	Jalofa (Lemoore)	1619



Bobby Rodriguez

Team Scores		
1.	Sanger 54, 2. Golden West 59, 3. Arvin 71, 4. Lemoore 111, 5. Wasco 138, 6. Reedley 144, 7. Porterville 156, 8. Dos Palos 253, 9. Monache 257, 10. Highland 258, 11. Tranquility 260.	
Division II:		
1	Cole (Yosemite)	1506
2	Valles (McFarland)	1547
3	Puante (McFarland)	1612
4	Sanniego (McFarland)	1618
5	Prado (Fowler)	1625
6	Diaz (McFarland)	1627
7	Cardenas (McFarland)	1649
8	Wade (Yosemite)	1658
9	Serna (Firebaugh)	1703
10	Parida (McFarland)	1707
Team Results		
1.	McFarland 22, 2. Firebaugh 81, 3. Yosemite 83, 4. Fowler 94, 5. Sierra 119, 6. Partier 174, 7. Memorial 192, 8. Garces 207, 9. Corcoran 232.	
Overall Results - Girls		
Division I:		
1	Lopez (Madera)	1816
2	Trujillo (Madera)	1825
3	Roldan (Mt. Whitney)	1849
4	Calabrese (Clovis West)	1901
5	Barrientos (Madera)	1903
6	Wyatt (Hanford)	1908
7	Delgado (Delano)	1922
8	Caulfield (East)	1927
9	Cors (Clovis West)	1930
10	Martinez (Foothill)	1933
Team Scores		
1.	Madera 57, 2. Foothill 75, 3. Mt. Whitney 101, 4. Clovis West 103, 5. Bullard 121, 6. Clovis 161, 7. West 179, 8. North 180, 9. East 228, 10. Bakersfield 248, 11. Hanford 256, 12. Fresno 312.	
Division II:		
1	Petty (Goldenwest)	1931
2	Mabon (Porterville)	2001
3	Lugo (Sanger)	2004
4	Bonnelt (Highland)	2018
5	Neri (Sanger)	2033
6	Nisharra (Goldenwest)	2033
7	Ryder (Edison)	2051
8	Tracy (Goldenwest)	2101
9	Del Rio (Highland)	2102
10	Calvillo (Porterville)	2107
Team Scores		
1.	Golden West 45, 2. Sanger 64, 3. Porterville 76, 4. Highland 92, 5. Lemoore 113, 6. Edison 135, 7. Monache 167, 8. Exeter 189.	
Division II:		
1	Berens (Garces)	1946
2	Maynor (Garces)	1947
3	Lieder (Sierra)	2000
4	Neumeler (Memorial)	2012
5	Poole (Memorial)	2017
6	Herrera (McFarland)	2036
7	Ostrik (Memorial)	2040
8	Wykoff (McFarland)	2044
9	Fong (Memorial)	2047
10	Ruiz (Partier)	2102
Team Scores		
1.	Memorial 40, 2. McFarland 47, 3. Garces 56, 4. Sierra 90, 6. Corcoran 133.	

photo by Keith Conning



Tanya Dooley

Sac-Joaquin Section Div. I, No. 3 Nov. 6, Sierra College, Rocklin.		
Boys Teams		
1	Del Campo (Fair Oaks)	40
2	Nevada Union (Grass Valley)	58
3	Bella Vista (Fair Oaks)	72
4	Casa Roble (Orangevale)	79
Boys Individuals		
1	Kashuba (Casa Roble)	1526
2	Bunker (Del Campo)	1553
3	Chamberlain (Casa Roble)	1556
4	Mumm (Nevada Union)	1557
5	Woolsey (Bella Vista)	1603
6	Seric (El Camino, Sacto)	1604
7	Delgado (Nevada Union)	1606
8	Leder (Bella Vista)	1608