

1988 SCHEDULE

Date	Event	Location
Sept. 24	Ohio St., Kansas St., Drake	Columbus, OH
OCT. 1	STANFORD/HOLIDAY INN INVITATIONAL	STANFORD, CA
OCT. 17	CALIFORNIA	STANFORD, CA
OCT. 31	PACIFIC-10 CONFERENCE CHAMPIONSHIPS	STANFORD, CA
Nov. 12	NCAA District-8 Championships	Fresno, CA
Nov. 21	NCAA Championships	Ames, IA

RESULTS

1987 Results

Men

- 9-19 1st at Meeting of the Minds
- 10-3 6th at Stanford Invitational
- 10-17 7th at Cal Poly SLO Invitational
- 11-2 8th at Pac-10 Championships
- 11-4 7th at District-8 Championships

Women

- 9-19 1st at Meeting of the Minds
- 10-3 3rd at Stanford Invitational
- 10-17 5th at Cal Poly SLO Invitational
- 11-2 4th (tie) at Pac-10 Championships
- 11-14 8th at District-8 Championships

RECORDS

Stanford Course Records

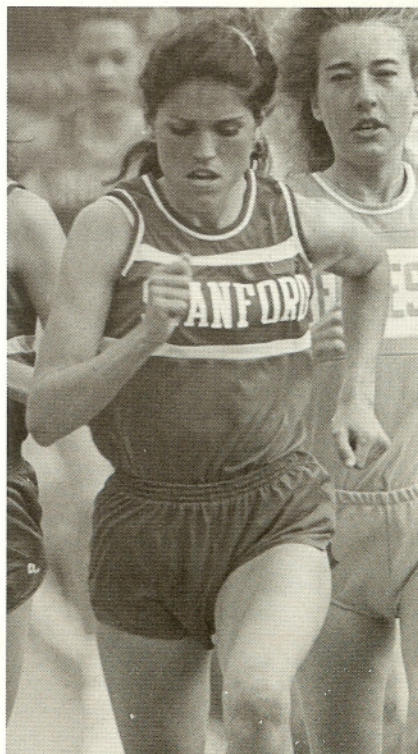
The Stanford men's course record is currently held by Henry Rono of Washington State, who ran 29:07.6 for the 10,000 meter course in 1979. The record for the 5,000 meter women's course belongs to Regina Jacobs of Stanford, who ran a 16:15.6 at the 1984 Stanford Invitational.

Men

1. 29:07.6, Henry Rono, Washington St, 1979.
2. 29:14.4, Alberto Salazar, Oregon, 1979.
3. 29:34.8, Joel Cheruyiot, Washington St, 1977
4. 30:02.9, Adrian Royle, unn., 1981.
5. 30:09.6, Dave Daniels, UCLA, 1981.
6. 30:09.6, Jim Hill, Oregon, 1983
7. 30:10.3, Thom Hunt, Arizona, 1979
8. 30:13.6, Ed Eyestone, BYU, 1983
9. 30:20.5, Matt Blaty, CP Pomona, 1984
10. 30:21.1, Peter Brett, Fresno State, 1984

Women

1. 16:15.6, Regina Jacobs, Stanford, 1984.
2. 16:17.8, Alison Wiley, Stanford, 1983.
3. 16:23.2, PattiSue Plumer, Stanford, 1983.
4. 16:28.9, Monica Joyce, San Diego St, 1981
5. 16:31.0, Joan Hansen, Arizona, 1981.
6. 16:33.0, Ceci Hopp, Stanford, 1983
7. 16:37.3, Amy Harper, CPSLO, 1983
8. 16:39.6, Patsy Sharples, Idaho, 1983
9. 16:41.4, Kirsten O'Hara, California, 1985
10. 16:42.1, Leann Warren, Oregon, 1981



1988 U.S. Olympian PattiSue Plumer

1988 STANFORD



CROSS COUNTRY

Cross Country Heritage

Cross country has been a varsity sport at Stanford since 1916 for men and 1977 for women. Over the years, the men's program has produced some of the nation's finest distance runners, including All-Americans Harry McCalla '65, Greg Brock '70, Brook Thomas '70, Don Kardong '71 and recently graduated Marc Olesen '86.

In 1972, the Cardinal finished second as a team in the NCAA Cross Country Championships and in 1979, the team won the Pacific-10 Southern Division Conference title. In 1985, the Stanford men won the Pac-10 Championship and went on to place 17th in the nation with Marc Olesen placing fourth nationally.

Despite its relative youth, the Stanford women's cross country program has become one of the nation's finest. Stanford has recruited some of the finest prep distance runners in the nation, including Ellen Lyons of Boise, Idaho, Ceci Hopp of Cos Cob, Conn., Alison Wiley of Toronto, Canada, Cory Schubert of San Jose, Calif., and current team member Carol Gray of New Carlisle, Indiana. Each athlete was considered among the best in the nation during her senior year in high school.

Cardinal women placed third in the nation in 1981 and second in 1982, '83 and '84.

Facilities — Stanford Golf Course

The beautiful Stanford University Golf Course is home to the Cardinal men's and women's cross country teams. A shady site covered with more than 300 oak trees, the course is both picturesque and challenging.

Just as rich as the scenery is the tradition of top flight cross country competition. Home of the NCAA District-8 Championships for six seasons and the Pac-10 Championships on numerous occasions, the course has challenged some of the finest distance runners in the world.

Among the well-known harriers to race along its fairways have been Oregonians Steve Prefontaine, Alberto Salazar and Rudy Chapa; Washington Staters Julius Korir (Olympic Gold Medalist), Henry Rono, Peter Koech, Joel Cheruyiot and Richard Tewei; Cal Poly SLO's Maggie Keyes; Berkeley's Jan Oehn; and Stanford's own Tony Sandoval (the 1980 U.S. Olympic Trials marathon champion), Don Kardong,

Duncan Macdonald, Marc Olesen, Kim Schnurpfeil, Ceci Hopp, Alison Wiley and 1988 U.S. Olympians PattieSue Plumer and Regina Jacobs.

Stanford/Holiday Inn Invitational

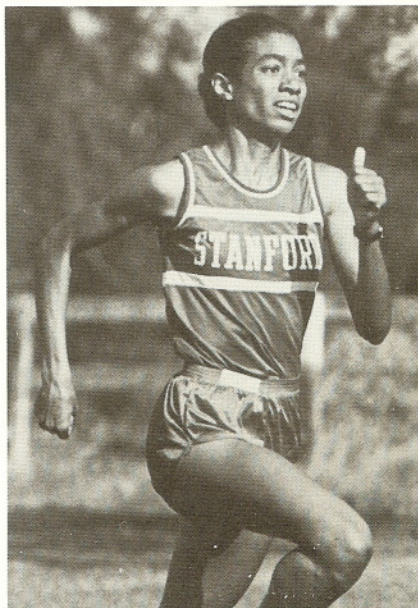
The Stanford Invitational Cross Country meet will be held for the 15th time in 1988 and will once again feature some of the nation's strongest men's and women's cross country teams. Some 60 squads with athletes numbering over 400 will be at the start on October 1 at the Stanford Golf Course.

Media Requests

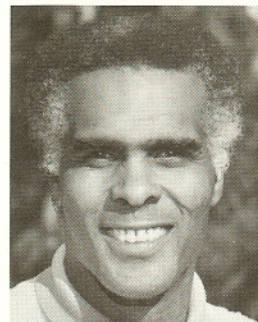
Media requests pertaining to the Stanford cross country teams should be addressed to Gary Migdol, Assistant Sports Information Director, Department of Athletics, Stanford University, Stanford, CA 94305.

Phone Numbers

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Women's Head Coach . . . (415) 723-1051
Scott Chisam,
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1988 U.S. Olympian Regina Jacobs



BROOKS JOHNSON Director of Track

One of the most respected and renowned coaches in the world, Brooks Johnson begins his 10th season as Director of Track and Field at Stanford. Along with being the head coach of Stanford's Track and Field program, Johnson is also the head women's cross country coach. His list of credentials is indeed impressive.

Johnson, the first black head coach in Stanford athletic history, was the U.S. women's track coach for the 1984 Olympic Games in Los Angeles.

The 54-year old Johnson has already logged time as the 1976 U.S. Olympic sprint coach, so the international circuit is nothing out of the ordinary for him.

Early in 1983, Johnson was named 1982's Coach of the Year by *Runner's World Magazine*. He led the Stanford women's cross country team to four consecutive conference championships (1982-85) and was named the conference's Coach of the Year each season. Johnson also guided his men's cross country team to its first-ever Pac-10 Championship in 1985 and was accorded Pac-10 Coach of the Year honors as well.

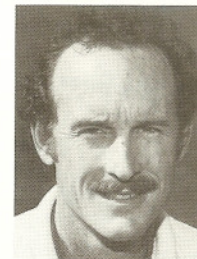
Formerly the track and field coach at Santa Fe Community College in Gainesville, Florida, Johnson has been highly regarded for his national and international coaching background. Besides his assistantship at the Montreal Olympic Games, he served as head coach of the U.S. National Teams on several occasions.

Johnson's expertise in coaching women has been demonstrated for the past seven years at Stanford. In that time span, the women's cross country team has placed third in the nation in 1981 and second in 1982, '83 and '84 while winning four straight conference titles. In 1983, the Cardinal missed winning the national cham-

ampionship by a scant three points.

Under his tutelage, numerous All-Americans and several NCAA champions have been produced. Twenty-one of his athletes have become Olympic team members, including 1988 U.S. Olympians Regina Jacobs (1500), PattiSue Plummer (3000) and Jeff Atkinson (1500).

Johnson twice coached the U.S. National Indoor team which toured Germany and Russia in 1969 and hosted the U.S.S.R. in 1973. He was named head coach of the U.S. Pan American team in 1971 and directed the Americans when they visited Europe and Africa in 1973. He also piloted the U.S. Women's National team in both 1969 and 1973.



SCOTT CHISAM Head Men's Coach

Scott Chisam begins his third season in the Cardinal Track and Field and cross country programs. This year, Chisam, 39, will be the head coach for the men's cross country team as well as assistant coach for Stanford's men's and women's track and field programs.

Chisam came to Stanford from UCLA, where he served as the head women's track and field coach for eight years. His 1982 and 1983 teams won the first two NCAA Track and Field Championships for women. During his tenure at UCLA, his track teams won three national titles (two NCAA, one AIAW), placed second three times and fifth once. He coached 36 collegiate All-Americans in his eight years at UCLA.

Chisam earned his BS degree in Kinesiology from UCLA in 1970. He is married with two sons, Matt (six) and Chris (four) and his wife, Roberta, teaches and coaches at St. Francis High School in Mountain View.

1988 OUTLOOK

1988 could be the year the Stanford cross country program returns to the national spotlight.

The Cardinal, which saw its women's team place third in the nation in 1981 and second from 1982-84, returns the nucleus of both the men's and women's programs and is expected to be one of the most improved squads in the nation.

"Given decent health, I think this year will mark the return to prominence of the Stanford cross country program," says Brooks Johnson, now in his 10th season as Stanford's Director of Track. "And that means both teams have the potential to qualify for the NCAA Championships while the women have the talent to place among the top 10."

Johnson, who is the head coach of the women's team, will rely on three-time All-

American Carol Gray to lead the way.

Along with Gray, Johnson is expecting his four freshmen from '87 — Melanie Bloch, Jamie Fallon, Mary Mendoza and Wendy Neely — to be much improved and help the Cardinal return to the NCAA's. Add to that freshmen Jodie Bilotta and Jeannie Heltzel, two of the top preps in the country last season, and Johnson feels he has one of the finest teams in the nation.

On the men's side, Scott Chisam, who takes over as the men's head coach after being an assistant the past two seasons, feels his squad is also capable of challenging for an NCAA berth.

Stanford returns all but one member of the '87 varsity, including senior James Alborough and juniors Eric and Mark Mastalir and Bill Crowley as well as sophomore Jason Martin.

1988 MEN'S ROSTER

Name	Ht.	Wt.	Class	Exp.	Hometown (High School)
James Alborough	5-11	140	Sr.	3V	Johannesburg, S. Africa (Sandouwne)
Alex Accetta	6-1	150	Fr.	HS	Durango, CO (Durango)
Marc Callon	6-2	155	So.	1V	San Jose (Bellermine)
Fred Carter	6-2	150	Fr.	HS	Littleton, CO (Mullen)
Bill Crowley	5-11	138	Jr.	2V	Seekonk, MA (Seekonk)
Jason Martin	6-2	140	So.	1V	Pauma Valley, CA (Fallbrook)
Eric Mastalir	5-11	155	Jr.	2V	Sacramento, CA (Jesuit)
Mark Mastalir	6-0	160	Jr.	2V	Sacramento, CA (Jesuit)
Steve Miller	5-10	150	Sr.	3V	Evanston, IL (Northwestern Univ.)
David Rees	6-0	155	Sr.	3V	San Diego, CA (Pt. Loma)
Mike Reilly	5-11	145	Fr.	HS	Plano, TX (Jesuit Prep)
Dave Scudamore	5-9	130	Fr.	HS	Palos Verdes, CA (Palos Verdes)
Derek Stordahl	5-7	125	Jr.	1V	Great Falls, MT (Great Falls)
Sam Williams	5-11	142	So.	1V	La Habra, CA (La Habra)

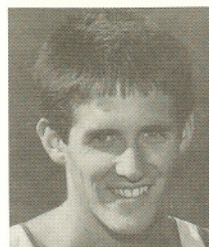
Head Coach: Scott Chisam (third season)

1988 WOMEN'S ROSTER

Name	Ht.	Wt.	Class	Exp.	Hometown (High School)
Jodie Bilotta	5-7	117	Fr.	HS	Stanton, NJ (N. Hunterdon)
Melanie Bloch	5-8	117	So.	1V	Elberta, AL (Pensacola)
Gia Canedo	5-3	101	Fr.	HS	Bonita, CA (Marion)
Janet Coffey	5-8	128	Fr.	HS	Clarksville, MD (Atholton)
Jaimie Fallon	5-6	114	So.	1V	Klamath Falls, OR (Klamath Union)
Holly Ginsberg	5-7	120	Fr.	HS	Owynedd Valley, PA (Wissahickon)
Carol Gray	5-3	100	Jr.	2V	New Carlisle, IN (New Prairie)
Jeannie Heltzel	5-9	123	Fr.	HS	Salem, OR (S. Salem)
Martina Lauchengco	5-4	107	Fr.	HS	Rancho Palos Verdes, CA (Miraleste)
Nancy Lindberg	5-2	105	Jr.	2V	St. Louis Park, MN (St. Louis Park)
Mary Mendoza	5-4	108	So.	1V	San Jose, CA (Presentation)
Wendy Neely	5-7	95	So.	1V	Fairfax Station, VA (Lake Braddock)
Kim Stevens	5-8	120	Sr.	3V	Lincoln, NE (Lincoln S.E.)

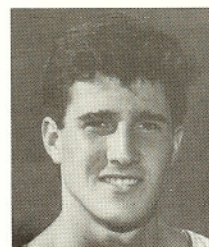
Head Coach: Brooks Johnson (10th season)

1988 MEN'S PROFILES



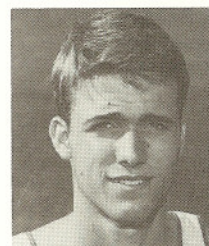
JAMES ALBOROUGH
Senior
Johannesburg, South Africa

Has been one of Stanford's top distance runners over the past two seasons ... Last year, he competed in three cross country races and was Stanford's top finisher in each race, placing first in the Meeting of the Minds, third in the Stanford Invitational and 14th at the Pac-10 Championships ... Recorded a personal best in the 10,000 meter run last spring in track with a team best 30:59.8 ... Competed in the 1985 NCAA Cross Country Championships ... Former South African Junior Champion.



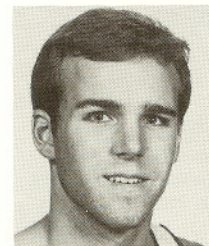
BILL CROWLEY
Junior
Seekonk, Massachusetts

Despite little experience as a cross country runner, he has shown tremendous improvement in the past year and should be a very solid performer in 1988 ... Possesses a great deal of ability in the 1500 meter run and has the potential to be one of the top distance runners at Stanford.



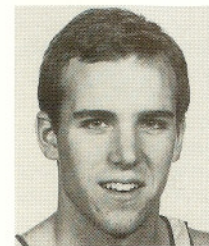
JASON MARTIN
Sophomore
Pauma Valley, California

Came on his freshman year to have an outstanding season in both cross country and track ... Member of the 1988 USA World Junior Track Championships Team, which competed in Canada last summer ... In that competition, he established a new Cardinal freshman record in the 3000 steeplechase with a time of 9:04.90.



ERIC MASTALIR
Junior
Sacramento, California

After two seasons on The Farm, he is now ready to take his place among the top distance runners in the country ... Placed fourth in the 5000 meter run in last year's Pac-10 Track Championships ... In cross country, he placed second among Cardinal runners in three of four competitions and took first in the other one ... Finished 32nd at the Pac-10's ... Came to Stanford as the number one prep distance runner in the country ... As a senior at Jesuit HS in Sacramento, he ran the second fastest prep 3,000 of all-time in the U.S. (8:07.60) ... He also won the California state 3,200 meter championship in 1986 ... Member of the U.S. Junior Cross Country team which competed at the 1987 World Cross Country Championships.



MARK MASTALIR
Junior
Sacramento, California

Completed an excellent track season in 1988 and is expected to be a much improved cross country runner ... In cross country last season, he placed third among Cardinal runners in two races and second once ... Has the potential to finish among the top 10 at the Pac-10's ... As a senior at Jesuit HS, he won the California state 1,600 meter championship in a time of 4:07.81 ... Member of the U.S. Junior Cross Country team which competed at the 1987 World Cross Country Championships.

WOMEN'S PROFILES



JODIE BILOTTA

Freshman

Stanton, New Jersey

Comes to The Farm as the top prep distance runner in New Jersey and one of the best in the country ... Member of the 1988 USA World Junior Championship Team which competed in Canada last summer ... Also a member of the '87 World Junior Championship team ... Won three straight New Jersey state high school cross country championships ... Placed first in the 800 meters, 1600 meter run and 3200 meter run at the '88 New Jersey state track championships.

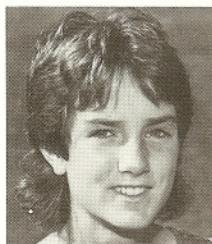


MELANIE BLOCH

Sophomore

Elberta, Alabama

Enjoyed an excellent freshman season last year in both cross country and track ... Placed 14th in the Pac-10 cross country meet last season, second among Cardinal runners ... In track, she held the team's third fastest times in both the 800 and 1500.



CAROL GRAY

Junior

New Carlisle, Indiana

One the nation's top distance runners ... Has earned All-America honors on three occasions: 1987 3,000 meter run, 1988 10,000 meter run and 1986 cross country ... In track, she placed sixth in the nation — first in the Pac-10 — in the 10,000 last year with a time of 33:13.8 ... In '87, she placed seventh in the country in the 3,000 (9:33.37) and in '86, she finished 25th in the nation in the NCAA Cross Country Championships to earn All-America status ... Recorded NCAA qualifying times in

the 3000 (9:20.90), 5000 (16:18.8) and 10,000 (33:13.8) last season ... In cross country last season, she was slowed by injuries early in the year, but came on in the last two meets to place fifth at the Cal Poly SLO Invitational and the Pac-10 Championships ... Placed third at the Pac-10's and at the NCAA District-8 Meet in 1986 ... As a senior in high school, she placed third in the Kinney Nationals and won the Indiana state mile championship.

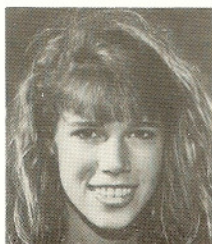


JEANNIE HELTZEL

Freshman

Salem, Oregon

Two-time Oregon state high school champion in 1988 and runner-up in the state cross country race a year ago ... Placed first in the 1500 and 3000 last season in the state track championships ... Two-time high school All-American.



WENDY NEELY

Sophomore

Fairfax Station, Virginia

One of the top young runners in the conference ... Enjoyed an excellent season in both cross country and track last year and is expected to be one of the team's best in '88 ... In track, she recorded the team's second fastest time in the 5000 and the team's third fastest mark in the 3000 ... Placed third at the 1987 Kinney Nationals ... Competed in 1986 World Junior Track and Field Championships in Athens, Greece ... Captured second place in the 3,000 meter run at the 1986 TAC Junior Nationals.

STANFORD HERITAGE

Academics

Since its founding by Leland and Jane Stanford as a memorial to their only child, Stanford University has emerged as one of the foremost academic institutions in the world.

Organized in 1891, the University covers some 8,200 acres from the plain of California's Santa Clara Valley into the foothills of the Santa Cruz Mountains, beyond which lies the Pacific Ocean. The acres of fields, rolling hills, wooded retreats, streams and lakes comprise one of the finest settings of any American university. Beyond Stanford land, within a short distance, are not only the ocean and numerous beaches, but the city of San Francisco some 30 miles away with all its cultural entertainment and recreational activity.

Annually, Stanford enrolls approximately 13,200 students — of whom 6,554 are undergraduates. About 48 percent are from California and the rest are from the other 49 states and some 80 countries.

In a recent survey that appeared in the U.S. News and World Report, 1,308 college presidents rated Stanford University as the top undergraduate school in the country.

The University is organized into seven schools: Earth Sciences, Education, Engineering, Graduate School of Business, Humanities and Sciences, and Medicine and Law. Among the approximately 1,100 faculty members who make up the Stanford Academic Council, there are nine Nobel laureates and four Pulitzer Prize winners.

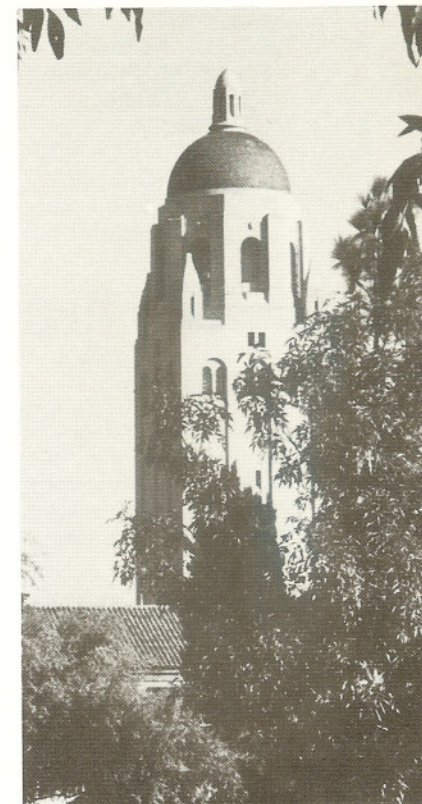
Athletics

Along with a reputation nearly unmatched in education, Stanford holds a similarly high distinction in the realm of athletics.

Continually striving for excellence, Stanford provides student-athletes with the finest in coaching, facilities, and competitive opportunities. Success is realized not only in the form of NCAA titles (Stanford has won 11 NCAA titles in the last three years), All-America honors, league championships, and bowl game victories, but also in the development of each athlete's potential to the fullest.

In recent years, the Cardinal women's athletic program has earned the National All-Around Excellence Award, symbolic of the nation's top women's intercollegiate athletic program.

"Stanford is proud of a program that ap-



peals to every aspect of the University," says Athletic Director Andy Geiger.

"Whether a student possesses extraordinary skills or is learning a lifetime activity at the beginner level, we are able to provide proper staff and facilities for optimum development and enjoyment."

Annually some 600 students compete in intercollegiate athletics, while participation in intramurals has reached 13,000 with many individuals active in more than one intramural sport. Physical education class enrollment generally averages 9,000 per year, again with considerable overlap. In addition, 25 club sport teams compete at Stanford.

Today, the Stanford intercollegiate sports realm includes 29 varsity sports with excellence represented in accomplishments on the national level of competition. The University has claimed 43 national team championships and 198 national individual championships. Stanford men and women of the Pacific-10 Conference.