

CCS Preseason '88
CROSS COUNTRY MEETS

Div. I 1600 - up
Div. II 700-1599
Div. III 699 - under



Section 1.	MEET DATES	MBL		
	11- 1	LEAGUE (WCAL/GPSL)	Crystal Springs	WCAL/GPSL
	11- 2	LEAGUE (NPL/PAL)	Crystal Springs	NPL/PAL
	11- 2	LEAGUE (WVAL)	Hellyer Park	WVAL
	11- 3	LEAGUE (SCVAL)	Crystal Springs	SCVAL
	11- 3	LEAGUE (DAL)	Crystal Springs	DAL
	11- 3	LEAGUE (MHAL)	Alum Rock Park	MHAL
	11-10	LEAGUE (CPSAA)	Coyote Hills	CPSAA
	11- 3	LEAGUE (MTAL)	Toro Park (Mont.)	MTAL
	11- 3	LEAGUE (SCCAL)	Swan Lake	SCCAL
	11- 3	LEAGUE (STAL)	Hellyer Park	STAL
Sub Section	11- 9	DIVISION II	Crystal Springs	Thornberg, Daner
	11-11	DIVISION II (Rain-out Date)	" "	Johnson, Jones
	11-12	DIVISION II (Rain-out Date)	" "	
	11-10	DIVISION I	Crystal Springs	Montenegro and
	11-12	DIVISION I (Rain-out Date)	" "	help to be selected
	11-19	CCS SECTION Meet	Crystal Springs	Dooley, Alvarado Daskarolis, Rush
	11-26	State CIF Meet	Woodward Park	Central Section

- A. The 1988 CCS Sub-Section Division II Cross Country Meet is scheduled for Wednesday, November 9, 1988, at the Crystal Springs course. The rain-out date for this meet is Friday, November 11, 1988 or Saturday, November 12, 1988.
- B. The 1988 CCS Sub-Section Division I Cross Country Meet is scheduled for Thursday, November 10, 1988, at the Crystal Springs course. The scheduled rain-out date is Saturday, November 12, 1988.
- C. The 1988 CCS Section Division I, II and III Cross Country Meets are scheduled for Saturday, November 19, 1988, at Crystal Springs. This meet will be run on this date, rain or shine.

Section 2. QUALIFYING FROM LEAGUE TO NEXT LEVEL

- A. All schools who participate in their respective league meets shall qualify for the next level of competition scheduled for schools in their Division; i.e., Division III = Section Meet, Division I & II = Sub-Section Meet.
- B. Wednesday, October 19, 1988, is the deadline for submitting the Declaration of Intent To Participate and the league standing of each school. (See Appendix for Declaration Form - Participation.)

Section 3. QUALIFYING FROM SUB-SECTION TO SECTION

- A. When run at Crystal Springs, seven teams and six individuals qualify for CCS from each race.
- B. When run at CSM rain-out site, then number of qualifiers for
 - 1) Division I remains the same as above (as the number of heats remains the same).
 - 2) Division II becomes 5 teams and 6 individuals qualifying for CCS from each of three heats (for each sex). (In this circumstance, schools numbered 1,4,7...are assigned the first heat, schools 2,5,8...are assigned the second heat and schools numbered 3,6,9...are assigned the third heat.)

Section 4. QUALIFYING FROM SECTION TO STATE

- A. Each Division qualifies 2 teams provided that at least 20 teams participate in that division.
- B. Each Division qualifies 5 individuals.

Section 5. SUB-SECTION AND SECTION SEEDING, ROSTERS & INCOMPLETE TEAM PROCEDURES

Divisions I & II Sub-Section Meets

- A. Two or three equal heats (boys and girls) shall be run:
- B. Assignment of schools to heats:

- 1) No schools shall be removed from the league results. (For purposes of assignment to heats, the league standings will be used unaltered, even though some schools will not be competing against like Division schools in their league meet; i.e., a Division II school may be competing against Division I and/or Division III schools in the league meet and finish 4th. They will be treated as a 4th place team in the Division II seeding.
- 2) Schools sending complete teams to Sub-Section:
 - a) All first place schools are alphabetized in accordance with official list of schools (an easily verified randomizing procedure), then listed in a numbered list, starting with 1.
 - b) All second place schools are alphabetized in accordance with official list of schools and then listed in the numbered list after the first place schools. (Placing second place schools after first place schools is a balancing procedure.)
 - c) This procedure continues until all places have been included.
- 3) Steps 2a, 2b and 2c are repeated with schools not sending complete teams, placing the incomplete team schools below the completed team schools. (This is a balancing procedure to equalize the number of complete and incomplete teams in each heat.)
- 4) Odd numbered schools are assigned to the first heat, even numbered schools to the second heat. (This is a randomizing procedure.)
- C. There will be no heat realignments the day of the meet.
- D. Starting positions shall be randomly assigned by the Sub-Section Meet Director and Commissioner Fennelly working together.
- E. Any school allowing an ineligible athlete or more than seven (7) team members to compete in the CCS Sub-Section or Section meet is subject to disqualification from the meet in which this occurs and from any meets during the current season which are subsequent to the above infraction.

Section 6. AWARDS

- A. Trophies - Team trophies to 1st through 4th place girls and boys teams in all Divisions
- B. Medals - Individual medals will be awarded to 1st through 15th place girls and boys individual winners in all Divisions.
- C. Pins - All participants will receive a Participant Pin for each member of the team and the coaching staff.

Section 7. ELIGIBLE ATHLETES

- A. All athletes must be in good standing with their league, school and with the CCS in order to compete. No ineligible athletes will be allowed to compete.
- B. Any school allowing an ineligible athlete or more than seven (7) team members to compete in the CCS Sub-Section or Section Meet is subject to disqualification from the meet in which this occurs and from any meets during the current season which are subsequent to the above infraction.