

SEPTEMBER 25, 1990
FOR IMMEDIATE RELEASE

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ASS'T. COMMISSIONER

RUDY MONTENEGRO, OF GUNDERSON HIGH SCHOOL,
SELECTED AS 1990-91 CCS CROSS COUNTRY HONOR COACH

RUDY MONTENEGRO, CROSS COUNTRY COACH AT GUNDERSON HIGH SCHOOL, HAS BEEN SELECTED BY HIS CENTRAL COAST SECTION COLLEAGUES AS THE 1990-91 CROSS COUNTRY HONOR COACH.

RUDY HAS COACHED AT GUNDERSON HIGH SCHOOL IN SAN JOSE FOR THE LAST TEN YEARS. OVER THIS DECADE, RUDY'S TEAMS HAVE CAPTURED SIX BOYS AND THREE GIRLS VARSITY LEAGUE CHAMPIONSHIPS, WITH AN OVERALL 83 - 22 RECORD. DURING HIS TENURE AT GUNDERSON, RUDY HAS ALSO SUCCESSFULLY COACHED AT THE FROSH/SOPH LEVEL AND HAS WON A TOTAL OF TWELVE LEAGUE CHAMPIONSHIPS. HE HAS BEEN FORTUNATE ENOUGH TO COACH TWO HIGH SCHOOL ALL-AMERICANS AND HAS QUALIFIED AT LEAST ONE RUNNER TO THE NORCAL AND/OR STATE MEET IN ALL BUT ONE OF HIS TEN YEARS OF COACHING AT GUNDERSON.

RUDY EARNED HIS BACHELOR'S DEGREE AT SAN JOSE STATE, AFTER ATTENDING CAL POLY, SAN LUIS OBISPO. HE HAS BEEN INSTRUMENTAL IN DEVELOPING THE SPARTAN TRACK CLUB, AN ALTERNATIVE PROGRAM FOR THE SAN JOSE STATE UNIVERSITY TRACK PROGRAM WHICH WAS DROPPED A FEW YEARS AGO, AND HAS SERVED AS THE SANTA TERESA ATHLETIC LEAGUE REPRESENTATIVE ON THE CCS CROSS COUNTRY COMMITTEE SINCE 1982. RUDY HAS ALSO HELPED ORGANIZE CCS CROSS COUNTRY SUB-SECTION AND SECTION MEETS FOR THE LAST FEW YEARS.

FORMER GUNDERSON PRINCIPAL BOB MCPEEK STATES, "I KNOW AND UNDERSTAND THAT (RUDY) WOULD NOT HAVE HAD THIS SUCCESS WITHOUT THE 'RIGHT' ATHLETES," (BUT) "I ALSO KNOW AND UNDERSTAND THAT THESE ATHLETES WOULD NOT HAVE HAD THIS SUCCESS WITHOUT THE 'RIGHT' COACH."

THE CENTRAL COAST SECTION HONOR COACH AWARD IS PRESENTED TO THOSE COACHES WHO THEIR COLLEAGUES BELIEVE HAVE MADE OUTSTANDING CONTRIBUTIONS TO THAT SPORT AT THEIR SCHOOL, WITHIN THEIR LEAGUE, IN THE COMMUNITY, AND TO THE CCS. THEY MUST BE ACTIVELY COACHING AND HAVE BEEN COACHING THEIR RESPECTIVE SPORT FOR A MINIMUM OF FIVE YEARS AT THE VARSITY LEVEL. ATTRIBUTES CONSIDERED ARE MAINTENANCE OF PROFESSIONAL STANDARDS OF CONDUCT, GENERAL SERVICE TO THE RESPECTIVE SPORT, OUTSTANDING COACHING ACCOMPLISHMENTS, ADDITIONAL CONTRIBUTIONS TO SCHOOL AND COMMUNITY, AND BEING A ROLE MODEL AND INSPIRATION TO ATHLETES, COACHES, TEACHERS, ADMINISTRATORS, PARENTS, AND PUBLIC.

RUDY MONTENEGRO WAS NOMINATED BY THE SANTA TERESA ATHLETIC LEAGUE AS AN EMBODIMENT OF THOSE QUALITIES. FALL SPORTS HONOR COACH AWARDS RECIPIENTS WILL BE RECOGNIZED AT THE CCS BOARD OF MANAGERS LUNCHEON AT THE SAN JOSE HYATT HOTEL ON OCTOBER 11, 1990.