

First row (l-r): June Untalan, Celina Bach, Adria Ibarra, Ayana McIntosh, Stephanie Linnen.
 Second row (l-r): Alicia Fantozzi, Lynn Hosek, Koren Clark, Tenaya Soderman.
 Third row (l-r): Karlyn Neel, Janet Bowie, Gina Westby, Suzie Ellison, Ginny Mommsen, head coach Tony Sandoval. Not pictured Courtney Clark, Carla Jackson, Lean Sweeney, Tracey Williams.

1991 CALIFORNIA CROSS COUNTRY

The University of California women's cross country team begins the 1991 year looking for a new leader. Sabrina Han, a 1990 All-American who paced the Bears in every race the last two seasons, graduated in the spring, and now the rush is on to find out who will take her place at the front of the pack. With a squad that numbers 13 strong ready to take to the course, the competition will be fierce to determine who the pace-setters will be.

Given the early nod to take over the lead are a pair of veteran runners who should to move to the front: junior Janet Bowie (Redwood City) and senior Carla Jackson (Phoenix, AZ). Bowie enters the season in the best shape of her career. Before redshirting last year, she was a solid member of Cal's top five in 1989, scoring in five of six meets. She placed 10th at the Cal Invitational and finished 40th overall at the NCAA District 8 meet.

Jackson was a consistent scorer for the Bears last season. She took 30th at the Wisconsin Cross Country Classic and 41st the Pac-10 championships. In 1989 while running for Phoenix Junior College, she captured the national junior college 1500-meter title.

"I think Janet and Carla will end up dueling to see who No. 1 is," said head coach Tony Sandoval, who is entering his 10th year at the helm. "I think Janet is ready to assume her role of being a very fine distance runner for us. She's run all summer long and is trimmed down and lean. Carla had a very good summer, and she's come in fit and healthy."

Sophomore Ginny Mommsen (Salt Lake City, UT), another runner who redshirted last year, was a scoring member in the Bears' lineup as a freshman. "She had a

very good summer training up at altitude," Sandoval said. "She looks hard and rock-solid and fit and ready to go."

The remainder of the lineup consists mostly of red-shirt freshmen and true freshman who will be looking to prove themselves. With at least two spots open in Cal's top five, several challengers are expected to make the traveling squad.

"It's an opportunity for the kids who were freshmen last year to step up," Sandoval said. "Instead of being bench warmers, now they're top flight kids. The exposure they're going to get may accelerate their development. From what I've seen, those people could make the step up. I feel that we've got five or six pretty solid people."

1991 Schedule

Date Day Opponent & Place

September

14 Sat at Fresno Invitational

28 Sat at Woody Wilson Invitational at UC Davis

October

5 Sat at Stanford Invitational

19 Sat at Cal Poly SLO Invitational

21 Mon at Pre-NCAA Invitational at Arizona

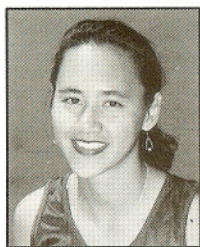
November

2 Sat at Pac-10 Championships at Stanford

16 Sat at NCAA District VIII Championships at Fresno

25 Mon at NCAA Championships at Arizona

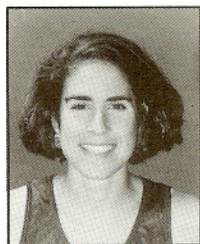
1991 Cross Country Profiles



Celina Bach ... freshman from Modesto ... named team MVP at Beyer HS ... helped her cross country squad to the Central California Conference championship ... selected to the conference all-academic team ... undeclared major ... born 4-27-74 in Boston, MA.



Stephanie Linnen ... freshman from Tempe, AZ ... was the Arizona state champion in the 1600m as a junior and senior ... also placed second in the 800m ... named Most Outstanding Athlete in track and swimming at Arcadia HS ... has been playing the piano for 10 years ... member of the National Honor Society ... would like to become a triathlete ... undeclared major ... born 8-26-73 in Santa Clara.



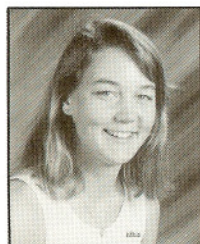
Janet Bowie ... junior from Redwood City ... returns to the cross country team after red-shirting last year ... as a sophomore, was a consistent scorer for the Bears ... placed 10th at the 1989 Cal Invitational ... was 40th overall and third for Cal at the NCAA District 8 meet ... as a freshman, improved to Cal's top seven by the end of the year ... finished sixth

for the Bears and 54th overall at the district meet ... was the 1987 Peninsula Athletic League 800m champion at Woodside HS ... political science major ... born 7-15-70 in Redwood City.



Ayana McIntosh ... freshman from Silver Spring, MD ... redshirted last year ... was the Montgomery County and regional champion in the 800m in 1989 and 1990 ... was third in the Maryland state championship ... named honorable mention all-metropolitan area in indoor and outdoor track in 1990 ... was also a member of the all-county team ...

mass communications major ... born 5-9-72 in Detroit, MI.



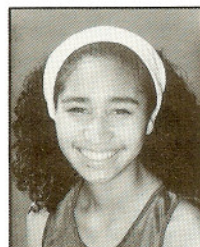
Courtney Clark ... senior from Walnut Creek ... will redshirt during the 1991 season to recover from knee surgery last June ... expected to be back next season ... was a member of Cal's top seven last year ... finished 13th at the 1989 Cal Invitational ... also runs on the track and field team and had Cal's second best time (2:11.80) in the 800m in

1989 ... had the fastest 800m time in the CIF (2:11.62) as a senior at Las Lomas HS ... English major ... selected honorable mention Academic All-Pac-10 ... born 10-12-70 in Walnut Creek.



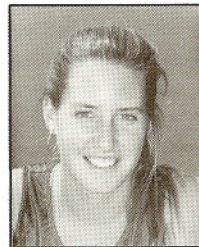
Ginny Mommsen ... junior from Salt Lake City, UT ... after not competing last year, will look to return to her 1989 form when she consistently finished in Cal's top five ... placed ninth at the Cal Invitational and 48th at the Pac-10 championships ... helped her Judge Memorial HS team to the 1987 Utah state title and a runner-up finish in 1988 ... was a

three-time cross country team MVP ... molecular cell biology major ... worked in insulin research at the University of Utah last summer ... born 7-27-71 in Salt Lake City, UT.



Adria Ibarra ... freshman from Oakland ... redshirted last season ... was a four-time All-East Shore Athletic League performer in both cross country and track and field at Bishop O'Dowd HS ... helped her team to four North Coast titles in cross country and three championships in track and field ... voted her school's Scholar-Athlete in 1990 ...

undeclared major ... plans on being a physical therapist ... born 10-30-72 in Oakland.



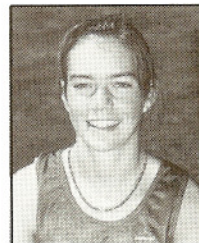
Tenaya Soderman ... freshman from Palo Alto ... finished 16th at last year's California state cross country meet for Gunn HS ... was the 1991 Santa Clara Valley Athletic League and regional two-mile champion ... helped her team to a third-place finish at sectionals in 1990 ... speaks fluent French and has traveled to France twice ... undeclared

major ... born 7-20-73 in Redwood City.



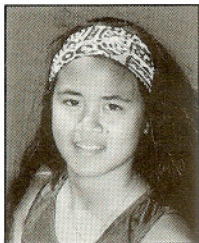
Carla Jackson ... senior from Scottsdale, AZ ... was a regular scorer for the Bears last year ... placed 30th at the Wisconsin Classic and 41st at the Pac-10 meet ... redshirted in 1989 after transferring from Phoenix JC ... was the 1989 NJCAA 1500-meter champion ... named Phoenix College Athlete of the Year ... expected to be a top runner for the Bears

this season ... was a three-time MVP of her Coronado HS team ... sociology major ... earned honorable mention Academic All-Pac-10 last year ... born 5-19-69 in Mesa, AZ.

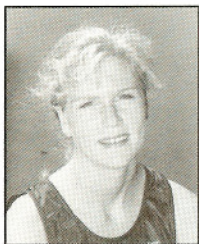


Lean Sweeney ... sophomore from Cambridge, MA ... was Cal's No. 2 runner in every race last season ... placed seventh at the Wisconsin Invitational and 15th at the Pac-10 Championships ... may redshirt this year because of a back injury ... was a four-time Athlete of the Term at Phillips Academy Andover ... named team MVP as a senior ... helped

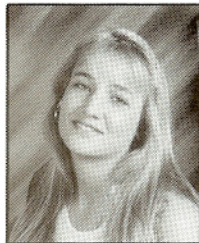
her team to the interscholastic championship in 1986 ... also participated in swimming, squash, cross country skiing and lacrosse ... undeclared major ... born 5-27-72 in Cambridge, MA.



June Untalan ... sophomore from Sacramento ... competed at the Fresno Invitational last year ... was a three-time cross country MVP at Rio Linda HS ... helped her team to four consecutive county championships ... is a member of the Cal marching band ... psychology major ... born 6-5-71 in Novato.



Gina Westby ... sophomore from San Diego ... ran the 800m on the Cal track team last spring, posting a best time of 2:21.16 ... helped her Torrey Pines HS team to a third-place finish in 1988 in the Palomar League ... also competed in basketball for four years ... has an older brother, Cory ... undeclared major ... born 3-24-72 in Newport Beach.



Tracey Williams ... senior from El Monte ... may have to redshirt this year due to an Achilles tendon injury ... was Cal's No. 3 runner in every race last year after being No. 2 in 1989 ... was 14th at both the Fresno and Wisconsin meet ... in 1989, placed third at the Cal Invitational and 18th at the NCAA District 8 meet ... was a prep All-American in both cross country and track and field at Mountain View HS ... was a three-time 3200m and two-time 1600m CIF champion ... environmental law major ... born 6-25-71 in Arcadia.

1990 California Cross Country Results

Date Meet & Place

9/15 at Fresno Invitational 3rd of 14 teams

Team scores: 1. UC Irvine 75, 2. Weber State 95, 3. Cal 109, 4. Fresno State 120, 5. Cal Poly SLO "A" 128, 6. San Diego State 160, 7. Boise State 172, 8. Nevada-Reno 174, 9. Cal State Northridge 197, 10. Cal State Fullerton 217, 11. Cal State Hayward 217, 12. Occidental 281, 13. Cal Poly SLO "B" 301, 14. UNLV 432.

Cal scorers: 3. Sabrina Han, 17:33.4; 8. Lean Sweeney, 18:12.5; 14. Tracey Williams, 18:24.6; 39. Johanna Wallin, 19:06.1; 45. Carla Jackson, 19:13.0

Other Cal finishers: 63. Courtney Clark, 19:36.6; 78. Nina Liahjell, 20:15.4; 90. June Untalan, 20:43.7.

10/6 at Stanford Invitational 10th of 14 teams

Team scores: 1. BYU 74, 2. UC Irvine 87, 3. Wisconsin 112, 4. Arkansas 117, 5. Washington State 123, 6. Arizona 170, 7. Air Force 209, 8. UCLA 219, 9. Cal Poly SLO 229, 10. Cal 238, 11. Fresno State 258, 12. Stanford 267, 13. Wake Forest 331, 14. Cal State Northridge 338.

Cal scorers: 12. Sabrina Han, 17:17; 35. Lean Sweeney, 17:56; 53. Tracey Williams, 18:16; 66. Carla Jackson, 18:25; 76. Johanna Wallin, 18:38.

Other Cal finishers: 84. Nina Liahjell, 19:14; 96. Courtney Clark, 19:52.

10/13 at Wisconsin Classic 4th of 5 teams

Team scores: 1. Wisconsin 44, 2. Nebraska 53, 3. Wisconsin-Oshkosh 61, 4. Cal 84, 5. Eastern Kentucky 118.

Cal scorers: 4. Sabrina Han, 17:45.2; 7. Lean Sweeney, 18:01.5; 14. Tracey Williams, 18:35.2; 29. Kara Olsen, 19:00.2; 30. Carla Jackson, 19:00.9.

Other Cal finishers: 33. Nina Liahjell, 19:39.6.

Date Meet & Place

10/28 at Pac-10 Championships 6th of 9 teams
at Stanford

Team scores: 1. Oregon 56, 2. Washington 61, 3. Arizona 87, 4. Washington State 110, 5. UCLA 119, 6. Cal 131, 7. Stanford 160, 8. Arizona State 182, 9. USC 283.

Cal scorers: 3. Sabrina Han, 17:12; 15. Lean Sweeney, 17:38; 32. Tracey Williams, 18:13; 40. Johanna Wallin, 18:37; 41. Carla Jackson, 18:43.

Other Cal finishers: 44. Kara Olsen, 18:47; 50. Courtney Clark, 19:27.

11/10 at NCAA District 8 Championships 7th of 17 teams
at Fresno State

Team scores: 1. Oregon 49, 2. UC Irvine 50, 3. UCLA 109, 4. Washington 110, 5. Arizona 130, 6. Washington State 131, 7. Cal 163, 8. Stanford 238, 9. Fresno State 255, 10. CS Northridge 261, 11. CS Fullerton 277, 12. UC Santa Barbara 341, 13. St. Mary's 345, 14. USC 436, 15. Pepperdine 443, 16. USIU 469, 17. Pacific 517.

Cal scorers: 5. Sabrina Han, 17:02.1; 26. Lean Sweeney, 17:54.9; 42. Tracey Williams, 18:14.5; 44. Johanna Wallin, 18:17.0; 46. Kara Olsen, 18:23.5.

Other Cal finishers: 52. Carla Jackson, 18:39.9.

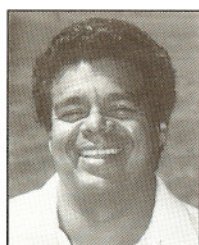
11/19 at NCAA Championships at Tennessee

Individual runner only: 21. Sabrina Han, 16:54.

1991 California Cross Country Roster

Name	Yr	Ht/Wt	Exp	Hometown/High School
Celina Bach	Fr	5-3/105	HS	Modesto/Beyer
Janet Bowie	Jr	5-9/134	2V	Redwood City/Woodside
Courtney Clark	Sr	5-7/135	2V	Walnut Creek/Las Lomas
Adria Ibarra	So	5-4/112	1V	Oakland/Bishop O'Dowd
Carla Jackson	Jr	5-6/107	1V	Phoenix, AZ/Coronado
Stephanie Linnen	Fr	5-5/110	HS	Tempe, AZ/Arcadia
Ayana McIntosh	So	5-6/125	1V	Silver Spring, MD/Springbrook
Ginny Mommsen	Jr	5-7/115	1V	Salt Lake City, UT/Judge Memorial
Tenaya Soderman	Fr	5-7/130	HS	Palo Alto/Redwood City
Lean Sweeney	So	5-5/95	1V	Cambridge, MA/Phillips Academy Andover
June Untalan	So	5-2/119	1V	Sacramento/Rio Linda
Gina Westby	So	5-8/130	RS	San Diego/Torrey Pines
Tracey Williams	Sr	5-10/138	3V	El Monte/Mountain View

Head Coach Tony Sandoval



In nine years as the head women's cross country coach at the University of California, Tony Sandoval has established a program that consistently produces All-American talent. Last year, Sabrina Han earned Cal's sixth All-American honor since 1985. As a team, Cal has twice advanced to the NCAA championships under Sandoval. In

1988, the Bears finished ninth after taking 15th in the 1984 meet.

Sandoval is also the head women's track and field coach at Cal, leading the team to a fourth-place finish at the 1990 NCAA indoor meet and an 11th-place spot at the NCAA outdoor championships. This past summer, he served as an assistant coach for the U.S. Pan American Games team in Cuba.

Sandoval began coaching more than 20 years ago, starting in 1969 with the Duke City Dashers in Albuquerque, N.M. Among the athletes he trained with the Dashers was Lynn Bjorklund, a three-time senior AAU cross country champion who still holds the national high school record in the 3000 meters (9:08.6) set in 1975.

A graduate of the University of New Mexico, Sandoval has a double Master's degree from UNM in exercise physiology and guidance and counseling. He got his collegiate coaching start with the women's team at his alma mater in 1975, serving first as an assistant coach and then taking over the head coaching duties.

Active in all areas of amateur track and field, Sandoval was a member of the NCAA Track and Field Committee for seven years. Formerly the long distance coordinator for women for The Athletics Congress, Sandoval has had five U.S. national team assignments.

Championship History

Year	Conference	NCAA District 8	NCAA Championships
1990	6th (Pac-10)	7th	Individuals only
1989	7th (Pac-10)	7th	Individuals only
1988	3rd (Pac-10)	2nd	9th
1987	6th (Pac-10)	5th	Individuals only
1986	3rd (Pac-10)	9th	Individuals only
1985	3rd (NorPac)	4th	Individuals only
1984	3rd (NorPac)	3rd	15th
1983	3rd (NorPac)	8th	Individuals only
1982	3rd (NorPac)	4th	Individuals only

All-Americans

1990	Sabrina Han
1988	Kirsten O'Hara, Sally Wood
1987	Kirsten O'Hara
1986	Marilyn Davis
1985	Kirsten O'Hara
1981	Lynne Hjelte, Margaret Spotts

Bear Facts

Name	University of California
Location	Berkeley, CA
Founded	1868
Enrollment	31,000
Nickname	Golden Bears
Colors	Blue & Gold
Conference	Pacific-10
Chancellor	Dr. Chang-Lin Tien
Director of Athletics	Bob Bockrath
Women's Athletic Director	Dr. Luella J. Lilly
Athletic Department Phone	510-642-2098
Associate Director	Joan Parker
Assistant Director	Chris Dawson
Sports Information Director	Herb Benenson
SID Phone	510-643-7244
Fax Phone	510-642-9410
Assistant SID	Beth Schueler
Head Cross Country Coach	Tony Sandoval
Cross Country Office Phone	510-642-9447