

CROSS COUNTRY

CENTER MEET I
at Crystal Springs, 2.9 miles

BOYS

Varsity

Team scores — 1, Westmont 68; 2, Mt. Pleasant 69; 3, Serra 91; 4, Lowell 150; 5, Los Altos 162; 6, Carlmont 181; 7, Woodside 207; 8, Del Mar 209; 9, Mills 214; 10, Salinas 225; 11, Hillsdale 233; 12, Willow Glen 250; 13, Capuchino 294.

Individual leaders — 1, Boehle (Serra) 15:54; 2, Elmi (MP) 16:06; 3, Jackson (West) 16:22; 4, Lilot (Lowell) 16:31; 5, Washington (Serra) 16:35; 6, Doyle (West) 16:37; 7, Frezghi (MP) 16:51; 8, Fernandez (Sal) 16:57; 9, Backs (LA) 17:01; 10, Sorenson (Wood) 17:06; 11, Flores (MP) 17:10; 12, Atkins (West) 17:10; 13, Greneros (Carl) 17:24; 14, Musgrave (Carl) 17:26; 15, Ramirez (Cap) 17:30; 16, Deng (Lowell) 17:32; 17, Kniskern (West) 17:33; 18, Peltz (WG) 17:35; 19, Barnes (Hills) 17:36; 20, Hill (Hills) 17:39.

Junior varsity

Team scores — 1, Menlo-Atherton 48; 2, Mt. Pleasant 56; 3, Carlmont 111; 4, Redwood Christian 113; 5, Mills 125; 6, Sacred Heart Prep 141; 7, Burlingame 171.

Individual leaders — 1, Stanton (RC) 18:16; 2, Tercero (Carl) 16:31; 3, Johnson (LA) 18:53.

Sophomores

Team leaders — 1, Menlo-Atherton 38; 2, Los Altos 57; 3, Carlmont 102; 4, Mt. Pleasant 115; 5, Hillsdale 135; 6, Mills 143; 7, Capuchino 160; 8, Westmont 161.

Individual leaders — 1, Nolan (MA) 17:36; 2, Madrid (Cap) 18:12; 3, Kitchen (MA) 18:22.

Freshmen

Team scores — 1, Mt. Pleasant 42; 2, Serra 58; 3, Salinas 69; 4, Mills 103; 5, Burlingame 137; 6, Menlo-Atherton 138; 7, Westmont 144; 8, Woodside 188.

Individual leaders — 1, Larber (Serra) 18:10; 2, Beals (Sal) 18:28; Leong (Mills) 18:31.

GIRLS

Varsity

Team scores — 1, Lowell 87; 2, Capuchino 121; 3, Mt. Pleasant 139; 4, Del Mar 143; 5, Woodside 145; 6, Willow Glen 160; 7, Los Altos 163; 8, Salinas 164; 9, Westmont 207; 10, Carlmont 220; 11, Mills 223; 12, Sacred Heart Prep 249; 13, Hillsdale 314.

Individual leaders — 1, Shoemaker (LA) 19:46; 2, Pieslak (MA) 21:13; 3, Levy (DM) 21:22; 4, Shurger (DM) 21:25; 5, Sandoval (MP) 21:33; 6, Rodick (Lowell) 21:38; 7, name unavailable (WG) 21:41; 8, Ellison (MP) 21:47; 9, Bupp (Wood) 21:51; 10, Daves (Sal) 22:00; 11, Hoffman (Sequoia) 22:07; 12, Nevarez (MP) 22:26; 13, Powell (Wood) 22:30; 14, Loperena (LA) 22:32; 15, Kalcis (Cap) 22:33; 16, Goodrich (Wood) 22:33; 17, Butte (SHP) 22:34; 18, Faith (WG) 22:36; 19, Quan (Lowell) 22:50; 20, Ross (Sal) 22:57.

Junior varsity

Team scores — 1, Burlingame 28; 2, Redwood Christian 28.

Individual leaders — 1, Monk (RC) 22:23; 2, Lanterman (Burl) 22:59; 3, Sugimura (RC) 26:06.

Cross country

At the Center Meet I at Crystal Springs, Serra's Dan Boehle won the boys varsity competition with a 15:54 clocking on the 2.9-mile course.

Serra finished third with 91 points. Westmont (68) and Mt. Pleasant (69) were the top two finishers.

Carlmont (181) and Woodside (207) finished sixth and seventh.

At the Center Meet I at Crystal Springs, Los Altos' Tracy Shoemaker won the varsity girls competition with a time of 19:46 on the 2.9-mile course.

10-17

Jasons (Yingling and Balkman) win at Foothill meet

PREP ROUNDUP

However, Pitts time of 17:41 was nearly 1½ minutes slower than Balkman. Balkman's time would have been good enough for a second-place finish in the senior classification, which was won by Milpitas' Stuart Ellington.

Ellington finished in a course-record time of 15:46, winning by 43 seconds.

Bellarmine's Jon Pearman won the sophomore competition, finishing 11 seconds ahead of Gunn's Mark Tompkins (17:12). In the girls competition, Gunn breezed to the junior-senior team

Yingling covered the 2.9-mile course in 16:39, narrowly edging Milpitas' Eduardo Ayala (16:43). Ayala was the meet's sophomore champion last season.

St. Francis won the senior classification while Bellarmine won the junior and sophomore competition. Mountain View was the freshman team champion as Matt Pitts finished second and Colin Bailey was third.

PENINSULA TIMES TRIBUNE/STAFF

St. Francis High cross country standout Jason Yingling returned to winning form in the St. Francis-Foothill Invitational on Friday — but another Jason was very impressive.

Freshman Jason Balkman of Lynbrook, one of the most impressive newcomers in recent years, shattered Yingling's record for freshmen with a winning time of 16:20. Yingling set the previous record of 17:07 two years ago.

On Friday in the junior race,

oothill meet

title with a score of 81 points — easily outdistancing St. Francis (141). The Titans were sparked by senior Heather Douglas' third-place finish.

CROSS COUNTRY

ST. FRANCIS-FOOTHILL
INVITATIONAL
at Foothill College
2.9 miles

BOYS

Seniors

Team scores — 1, St. Francis 44; 2, Bellarmine 66; 3, Palo Alto 85.

Individuals — 1, Ellington (Milpitas) 15:46, new course record; 2, Sandu (Gunderson) 16:29; 3, Allen (Carmel) 16:35.

Juniors

Team scores — 1, Bellarmine 48; 2, (tie) Gunderson and Westmoor 38.

Individuals — 1, Yingling (St. Francis) 16:39; 2, Avila (Milpitas) 16:43; 3, Nash (San Mateo) 17:10.

Sophomores

Team scores — 1, Bellarmine 66; 2, Gunn 102; 3, Fremont 129.

Individuals — 1, Pearman (Bellarmine) 17:01; 2, Mark Tompkins (Gunn) 17:12; 3, Powers (Fremont) 17:17.

Freshmen

Team scores — 1, Mountain View 72; 2, Bellarmine 82; 3, St. Francis 154.

Individuals — 1, Balkman (Lynbrook) 16:20; 2, Pitts (Mountain View) 17:41; 3, Bailey (Mountain View) 17:53.

GIRLS

Juniors-Seniors

Team scores — 1, Gunn 81; 2, St. Francis 141; 3, Wilcox 180.

Individuals — 1, Muller (Aragon) 20:41; 2, Demmeimair (St. Francis) 21:16; 3, Douglas (Gunn) 21:20.

Fresh-Soph

Team scores — 1, Los Gatos 27; 2, St. Francis 45; 3, Palo Alto 123.

Individuals — 1, Middlecoff (Los Gatos) 19:43; 2, Malander (Los Gatos) 20:37; 3, Burman (Santa Teresa) 20:56.

Cross country

At the Center Meet I at Crystal Springs, Los Altos' Tracy Shoemaker won the varsity girls competition with a time of 19:46 on the 2.9-mile course.

10-17

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