

CALIFORNIA TRACK & CROSS COUNTRY COACHES ALLIANCE HIGH SCHOOL CROSS COUNTRY PREVIEW

By Doug Speck & Ray Scofield

With assistance from Dennis McClanahan, Steve Ward, Willie Harmatz, Hal Daner, Keith Conning, Peter Brewer, Steve Fagundes, and Jim Eckman

California was the nation's most successful state in High School distance running last year.

In end-of-season national Cross Country team rankings by Harrier magazine, the state had four of the top ten teams on the Girls side—Agoura 2nd, San Pasqual (Escondido) 4th, Mt. Carmel (San Diego) 8th, and La Jolla 10th—and three of the top ten—Hart (Newhall) 4th, San Pasqual (Escondido) 7th, and Madeira 8th—on the Boys side.

In the 32-runner 1990 Kinney National Championship Finals, the Golden State had five Girls who competed as underclass athletes: Veronica Barajas (Channel Islands, Oxnard-5th), Milena Glusac (Fallbrook-7th), Carrie Garritson (Sunny Hills, Fullerton-11th), Shelley Taylor (Edison, Huntington Beach-12th), and Erica Sumi (Wilson, Long Beach-18th). On the Boys side, the state is led by the nation's three top returning milers from the spring track season: Todd Tressler (San Marcos, Santa Barbara), Daniel Das Neves (Helix, La Mesa), and T.J. Reyes (Lakewood), and the country's top two-miler from track, Angel Martinez (San Gabriel), who was 16th in the Kinney National Cross Country Finals.

The tradition of excellence should continue in 1991. While the State office can decide on its style of lettering to already fill in the name on the Team Championship trophies in a couple of divisions, there will be enough hot competition in the state in the sport this fall to keep everyone's attention. At least a couple of teams will challenge as the nation's best, with the State divided once again into four school-sized divisions for championship competition:

Div I	2026
Div II	1526-2025
Div III	901-152
Div IV	1-90

In the following preview Cross Country times quoted are from the State Champion-

ship course at Woodward Park in Fresno, with some times quoted from Mt. SAC, which runs timewise close to the Woodward course for most. Track times quoted are from the obvious 800, 1600, and 3200 meter distances, with 1500, 3000 meter, or mile race clockings so indicated.

GIRLS DIVISION I

Coach Dennis McClanahan's Mt. Carmel (San Diego) Girls group, the nation's deepest program that ended the season ranked #8 ranked nationally last Fall (and runner-ups State Div I to Agoura), has Susan Scott (10th St Div I-2:13.68 & 5:14.4), Jennifer Vergith (11:36.2), and Rita Hermiz (17th Div I 19:12) leading a team that is experienced, dedicated, and can challenge for the national championship. The Arroyo Grande Girls team was ranked 15th nationally at the end of 1990 (and were 3rd State Division I), and Coach Greg DeNike has a very solid five back, led by vets Angela Orefice (5th Div I 18:31 & 11:38.6) and Brandy Barr (9th Div I 18:47).

Some very big news in Division I is the combination of the three Palos Verdes School District Schools (Palos Verdes, Rolling Hills, and Mirafeste) into Peninsula High School on the Rolling Hills campus in Rolling Hills Estates. The Palos Verdes Girls squad (at under 1500 students total enrollment) has been the nation's strongest over the past half dozen years, with Coach Joe Kelly rubbing his hands together in anticipation at the over 200 students who have indicated interest in Cross Country from the over 3000 student joint campus. Despite having another great one move away (frosch Tammy Wilcox moved in 1990, this year it is 5:03.88 & 11:16.06 runner Nancy Heap who split, to New York), there is still talent in the cupboard for Coach Kelly. Melissa Fair, 5:12.59 and 11:13.0, Yoko Senga 11:23.32, and Maya Muneno (14th Div I 19:00) lead Peninsula returnees. Irvine deserved a top-25 na-

tional ranking in 1990 off their 4th State Division I performance, with Kelly Roda (6th 18:34 & 10:58.8) and Jennifer Gellis (11th 18:49 & 2:14.45) leading another good team this year. Agoura, established a new team time record in averaging 18:41 at Woodward Park last Fall, with the Chargers returning Kristie Camp (15th Div I 19:10, 2:13.21 & 5:05.65 (mile) and Laura Hayward (16th Div I 19:11 & 11:08.81) as it enters the post-Drossin era. Santa Rosa is led by a superstar in Nika Horn (5:02.62), Rhonda Mazza (5:08.3), and Megan Reader (11:15.55), with the potential to be the first team from the North to break into the Southern dominated first half dozen team spots in the State Large School title race. Channel Islands (Oxnard), led by one of the nation's best, Veronica Barajas fifth in last year's Kinney Nationals (and 10:51.47 in track), will be solid, with young, Belmont (L.A.) squad having Alma Herrera, Petra Moreno (11:33.42), Patty T (5:20.89), and Yolanda Gomez (5:25.50) a solid nucleus. Clovis West (Fresno), 7th in last year Division I, has Sarah Grogg (5:15.70) and Jessica Leal capably leading, with Dar Hills Rajai Espinoza (5:10.76) on top of a good group. James Logan (Union City) has a strong duo in Mei-Ling McNamara (5:00.25) and Kim Wilkes (11:07.6).

Individually, it is assumed that Fallbrook will move to this level in enrollment, with Milena Glusac, the nation's fastest returning 3200m runner in track at 10:24.61, and 7th in the Kinney Nationals and Erica Sumi (Wilson, Long Beach) 4:51.17 1600m in spring and 10th in the Kinney Nationals, among the very top handful of runners in the entire nation. Erica Greene (Turlock-8th Div I 18:47 & 11:22.64) returns for her senior year, with Stacey Auer (1000 Oaks) at 10:38.63 for 3200 meters (#3 returnee nationally) greatly improved in the Spring. Gabriela Rodriguez (Oxnard) was 12th as a frosh in 1990 Div I at 18:55 with an 11:05.52 in the track, with Ashley Armstrong (San Dieguito, Encinitas) 11:24.2 there.

continued next page

PREVIEW

California State Track & Cross Country Coaches Alliance Pre-Season Top Ten - Girls Division I

1. Mt. Carmel (San Diego)
2. Arroyo Grande
3. Irvine
4. Peninsula (Rolling Hills Estates)
5. Agoura
6. Santa Rosa
7. Channel Islands (Oxnard)
8. Belmont (L.A.)
9. Clovis West (Fresno)
10. Dana Hills

BOYS DIVISION I

Boys Division I should feature another great contest between the top two groups from 1990. Madera, capable of a #1 ranking nationally, should be on a mission of revenge after a below par effort in the 1990 State Meet that had them beaten by Hart (Newhall). Madera has five back, led by Frank Madrigal (9th Div I 15:51), with all scorers having run better than 4:32 for 1600m or 9:47 for 3200m in track. Hart is returning junior Keith Grossman (13th Div I 15:55) and Paul DeLaCorda (4:24.97), with Mike Dukas and soph Gavin Klingler also among the top 45 in last year's State Championship race. The Indians are very capable of winning once again in 1991. Peninsula (Palos Verdes Estates) should be an instant factor here, with Dan Minami (9:19.74), Goss Lindsey (23rd Div III 4:23.11), Brian Stelp (4:23.67), and Kevin Fay (8:52.3 3000m). A group of five Southern Section schools will be solid behind the above trio. Saddleback (Santa Ana) has developed a deep and very successful program, with the 1990 third place Div I group featuring underclassers Joe Heredia, Mario Vela, and Johnny Ochoa. Orange County rival Santa Ana Valley will have Juan Aruizo (15:54 at Mt. SAC) leading four returnees from a Section third place group. Channel Islands (Oxnard) lost Stewart Ellington (14th Div I 9:22.58) on a move to Milpitas HS in the CCS, but has Fernando Mendoza (24th Div I 9:28.5) leading a strong group. Esperanza (Anaheim) had Junior Shawn Frack (9:29.42) run well in track, with Long Beach having Wilson Komaly Thongdy (16:06 at Mt. SAC) and four back from a good 1990 team.

In the San Diego Section, long-time power Poway will battle with 1990 Division I 9th placers San Diego, led by soph Mebrahtom Keflezghi (25th Div I 16:11, 4:26.4 & 9:30.9). Wat-

sonville will challenge Bellarmine Prep (San Jose) in the Central Coast Section

Angel Martinez (San Gabriel), the nation's leading returning 3200m runner from track at 9:01.36 and 16th in the Kinney Nationals, should be very tough. TJ Reyes (Lakewood) was 4:12.26 for 1600m in Track. Juniors Brian Wilkinson (Merced) (1:53.54 and 4:19.30) and Margarito Casillas (Hoover, Glendale) (9:18.78) had super soph track seasons.

California State Track & Cross Country Coaches Alliance Pre-Season Top Ten - Boys Division I

1. Madera
2. Hart (Newhall)
3. Peninsula (Rolling Hills Estates)
4. Saddleback (Santa Ana)
5. Santa Ana Valley
6. Channel Islands (Oxnard)
7. Wilson (Long Beach)
8. Esperanza (Anaheim)
9. Pt. Loma (San Diego)
10. Watsonville

GIRLS DIVISION II

In Girls Division II action San Pasqual (Escondido), #4 nationally in 1990, will be improved, with the toughest leading trio in America in Deanna Hadley (8th Div I 18:43, 4:45.2 (1500m) & 11:07.21), Melissa Keim (9th Div II 18:43 & 11:07.49), and Tamarra Tyrell (11:26.2) heading five between 18:43 and 19:42 (including Erin Blunt, one of the nation's top hurdlers in track who was 18th Div II 19:16 on the Woodward Park State course last Fall). A trio of good Southern Section teams will wait should the Golden Eagles falter. Woodbridge (Irvine) was a pleasant surprise in a fine peak that had them finish second to San Pasqual in the 90 Div II State run. Westlake (Westlake Village) has Jessica Graham (7th Div II 18:27, 2:15.50 & 5:16.6 mile) leading six back from the third place Div II Warrior team. Canyon (Anaheim), very improved over the length of the season, was 4th here last year, with sophs Kim Nelson (14th Div II 19:09 & 11:30.2) and Laura Flatauer (17th Div II 19:15) leading four others who return from that team. Edison (Huntington Beach) has Shelley Taylor, the country's #5 1600m runner (4:52.38) and 12th in last year's Kinney Finals, leading a group that had a fine spring track season. Santa Margarita (Rancho Santa Margarita), a growing Orange County parochial power was 6th Division III in

1990 with a top six made up of underclass athletes. El Capitan (Lakeside) was 5th here in 1990, with five back, and 6th place Tustin, with Liza Alexander (31st Div II 19:39) leading six of its Varsity back. Del Campo (Fair Oaks) has six returning from a 1990 7th place team. Monte Vista (Danville) has a good scoring five back off its 8th place 1990 team, with the Southern Section's Claremont led by Laura Monson (10th Div II 18:57). Casa Roble (Orangevale) was 9th in 1990, with El Modena (Orange) led by Kristina Dahlberg (2:18.38 & 4:42.97 1500m).

Tough individually here will be defending State Divisional III Champion, Carrie Garritson, should she remain at Sunny Hills, Fullerton, after a 1990 winter move from Rim of the World in Lake Arrowhead. Carrie was 11th in the Kinney Finals and ran 10:39.17 for 3200m in Track as a frosh during 1990-91. Kay Nekota (Woodbridge, Irvine) was 4th Div II 1990 at 18:07, 5:15.75 & 11:06.60, with Krissy Look (Shasta, Redding) 5th at 18:20 & 11:15.5. Tanya Brix (University, Irvine) was 12th at 19:05 & 10:53.15 with Maribel Salinas (Arvin) 13th at 19:09 & 11:07.20 in the spring.

California State Track & Cross Country Coaches Alliance Pre-Season Top Ten - Girls Division II

1. San Pasqual (Escondido)
2. Woodbridge (Irvine)
3. Westlake (Westlake Village)
4. Canyon (Anaheim)
5. Edison (Huntington Beach)
6. Santa Margarita (Rancho Santa Margarita)
7. El Capitan (Lakeside)
8. Tustin
9. Del Campo (Fair Oaks)
10. Monte Vista (Danville)

BOYS DIVISION II

San Pasqual (#7 ranked nationally 1990) will attempt another "double-double" (they took both the Division II Girls and Boys titles in 1990), with Nazario Romero (9:25.11 3200m in spring track as soph) not a part of last Fall's top five. Kevin O'Neill (16th Div II) and Brian Keim (17th Div II, 4:19.41 & 9:33.3) will assist the Golden Eagle Boys who could challenge for the national title by the end of the season. Helix (La Mesa), led by State 1600m champion Daniel das Neves (4:12.23 4th Div II 15:38) and Geoff Pfau (26th Div II 16:17) will attempt to keep section-mate San

continued next page...

PREVIEW

Pasqual honest. Ventura County rivals Camarillo and Agoura have great potential once again, with Camarillo the 1989 National Champion. The 1991 Scorpion group will have Bodie Minster (24th Div II 16:13) leading four under 16:43 at Woodward Park. Agoura, another with a fair tradition, has Ryan Wilson (9th Div II 15:49, 4:22.61 & 9:32.01) and Justin Koppel (28th Div II 16:20) leading five who return from the 1990 Varsity. DeLaSalle (Concord) is a solid part of the group chasing San Pasqual, with Jim Zachary (8th Div II 15:48) joined by Mike Prindiville (9:37.19) and Ty Walker, who had fine spring track seasons.

La Habra never runs out of Mahons, with James (30th Div II 16:22), Brendon (62nd Div II 16:47 as frosh), and Robert leading this year's Highlander group. Jesuit (Sacramento) could be the division's surprise, with Coach Walt Lange returning six off a very young 1990 10th place squad. Jesuit's Sac Joaquin Section rival, Del Campo (Fair Oaks), is one of the state's deeper programs, with three State Meet participants back from a 1990 5th place group. Amador Valley (Pleasanton) will keep DeLaSalle honest in the North Coast Section, with St. John Bosco (Bellflower) returning a fine leading trio in Hector Lemus, Sean Sellers, and Joaquin Gurrola.

Mission Viejo is also returning a strong group, led by Jeff Lynn (4:25.8 in the spring), with Orange County rival Villa Park having Ron Fisher lead six back from a good 1990 team. The Southern Section's Claremont, 9th in 1990 in Div II, is led by Walter Christensen (9:42.9). Delano was 14th in 1990 Div II, with George Rivera (9:32.98) leading six state meet veterans back for the Central Section power. Bishop Amat (La Puente) has junior Anthony Alvarez (16:43 Mt. SAC) leading everyone back from 1990's Varsity.

Todd Tressler (San Marcos, Santa Barbara) is the nation's leading returning 1600m runner (4:10.12), and was 3rd Div II 1990 (15:34). Mike Love (Katella, Anaheim) was 7th Div II in 15:42 & 9:44.20 as a soph, with the Pt. Loma duo of Matt Dilligan (11th Div II 15:57) and Gil Serrano 4:25.4/9:32.0 very tough. Jayson Kayne (Grossmont, La Mesa) was 11th Div II 16:09 with 9:33.37 from Track.

California State Track & Cross

Country Coaches Alliance

Pre-Season Top Ten - Boys

Division II

1. San Pasqual (Escondido)
2. Agoura

3. Camarillo
4. DeLaSalle (Concord)
5. Helix (La Mesa)
6. La Habra
7. Jesuit (Sacramento)
8. Del Campo (Fair Oaks)
9. Amador Valley (Pleasanton)
10. St. John Bosco (Bellflower)

GIRLS DIVISION III

In Girls Division III defending champions La Jolla (#10 ranked 1990 nationally), should complete the set that gives the San Diego Section three (La Jolla, San Pasqual, and Mt. Carmel) of the top ten teams in the nation on the Girls side. The Vikings of Coach Bill Stock return Mailee Ferguson (4th Div III 18:42 & 5:08.02), Julie Schoene (7th Div III 18:58), Elizabeth Comejo (14th Div III 19:26), Stephanie Bache (20th Div III 19:46), and Lauren Andrade (21st Div III 19:46), with only physical disaster standing between La Jolla and another State title. Foothill (Santa Ana), San Marino and Mills (Millbrae) will once again be strong. Foothill was 2nd in 1990, with Allyson Myers (9th Div III 18:59 & 11:25.94) and soph Alicia Allison (26th Div III 20:00) leading five of the team's top six who return. San Marino (3rd Div III 1990) was another underclass dominated squad in 1990, with Marjorie Hsu (10th Div III 19:01, 2:13.71 & 5:03.70 (mile) the team leader, and a healthy Jacquie Frutero (11:23.66) dangerous. Mills (Millbrae) has Diana Harlick (13th Div III 19:24 & 11:05.29), sister Jeanene (20:11), Kathy Morse (5:21.0), and Yadira Taylor (5:22.7) leading everyone back from its 1990 4th place group. Back a bit from the above listed is St. Francis (Sacramento), with Cybelle McFadden (15th Div III 19:32 5:10.4) leading a strong trio of returnees. Corona del Mar (Newport Beach), 7th in 1990, has Kirsten McFarland (23rd Div III 19:48) leading five of its top seven back for 1991. University (San Diego) was 8th here last Fall, with a team that had its top six all tenth graders. St. Francis (Mountain View) has a good group back, with Costa Mesa featuring fine runners Denisha Benz (19:01 Mt. SAC), Katy Eklof (22nd Div III 19:47 & 11:10.05), and Julie Maher (11:30.64) on top of what could be the surprise of the division.

South Hills (West Covina) has Bonnie Oglesby (27th Div III 20:02) and the entire varsity back this Fall, with San Luis Obispo, and Laguna Hills, led by Mayna Medina (20:16 at Mt. SAC) strong from the South. Caronde-

let (Concord), Encinal (Alameda) O'Dowd, led by Angela Dalke (6th 18:58 & 11:12.56), will be strong. Central Section, Golden West (Vi have a trio the equal of anyone, w Vigil (11:25.95), Judy Petty (11:2 Teresa Bivado (11:44.91). Sectix North (Bakersfield) is led by Lori V (5:04.03- 11:16.4).

Kate Sweeney (Leigh, San Jose Div III at 18:30 & 11:04.9, with CC: Becky Kaiser (Seaside, Monterey) 18:59 & 11:08.37 2 mile, and Ann Ignatius, San Francisco) 11th at 18:5:08.4. Carlene Pengra (12th 19:2 11:37.87) and Sarah Dien (19th 19:5:13.66) return for La Canada. With H.S. in Vacaville adding another gra Fall, Magi Martinez, 6th Div IV 18:4 an excellent spring track season 5: 10:52.18, will be a big individual thr

California State Track & Cross

Country Coaches Alliance Pre-Season Top Ten --

Division III

1. La Jolla
2. Foothill (Santa Ana)
3. Mills (Millbrae)
4. San Marino
5. St. Francis (Sacramento)
6. Corona del Mar (Newport Beach)
7. University (San Diego)
8. St. Francis (Mountain View)
9. Costa Mesa
10. South Hills (West Covina)

BOYS DIVISION III

The Boys Division III favorite's roll s fall to St. Ignatius (San Francisco), wh should be biting at the bit for revenge finishing third in the 1990 State Meet a magnificent Section Finals run. Mark nus (9th Div III 15:57, 4:20.34 & 9:27. Brad Glosser (12th Div III 16:05), and of the team's top five scorers return. squads are very close behind St. Ignatius Laguna Hills has everyone back from a Varsity team, with Chris Lynch (Mt. SAC 16:09 & 4:25.55), Hiroki Kawanishi (Mt. SAC 16:28), and David Burnette (Mt. SAC 16:28) on top. San Marino, defending S III Champions, has Joe Welton (16:31) Ben Nichols (16:34) leading three back that team. La Jolla, State runner-ups last November, has Francisco Alcaraz (16:08 Div III 16:08) leading four returnees. more, led by Ahmik Jones (6th Div III 1

continued next

PREVIEW

is much better than the 10th place they were here last year. St. Francis (Mountain View) will be another good squad out of the Central Coast Section.

Mission Bay was 12th in 1990, with soph Devin Elizando improving to 9:38.5 in track. Corona del Mar was young while placing 7th place last year, with Coach Bill Sumner's team capable of some very good things this Fall. San Luis Obispo has Adam Divergilio (15:52 Mt. SAC, 4:19.76 & 9:31.36) leading a team that was 8th in 1990. South Hills (West Covina) has six back from a good 1990 Varsity team, led by Gary Mitchell (9:25.61).

Defending Division III State Champion Jeff Wilson (Newbury Park 15:15 & 4:20.39) showed real brilliance at the start of the spring track season before some back problems. If healthy Jeff will be among the best in the nation. Jed Saueressig (Yosemite, Oakhurst) was 10th Div III at 15:58. Mark Hamer (Covina) was 9:33.24 in the spring.

California State Track & Cross Country Coaches Alliance

Pre-Season Top Ten - Boys

Division III

1. St. Ignatius (San Francisco)
2. Laguna Hills
3. La Jolla
4. San Marino
5. Livermore
6. St. Francis (Mountain View)
7. Mission Bay
8. Corona del Mar (Newport Beach)
9. San Luis Obispo
10. South Hills (West Covina)

GIRLS DIVISION IV

Defending Girls Division IV Champions Nordhoff (Ojai) will be the favorites here, with four strong scorers (Maria Garcia 14th Div IV 19:34 & 11:48.16, Karen Debord 27th 20:06, Shonna Murphy 35th 20:30, and Emily Atkinson 36th 20:31) returning. A group of four teams is a minute or two back on the team time clock. Morro Bay, two points behind Nordhoff last year in the Championship race, has Deena Strohman (19th Div IV 19:56), soph Faye Roundy (26th 20:05), and two other State Meet competitors returning. Orange Lutheran (5th Div IV 1990) has the nation's most improved prep distance runner over the last year, with Amber Parkinson (10th Div IV 19:01) developing quickly in the spring to among the nation's best at 10:38.80 for 1200m, making her the #4 returnee in the entire country for the 1991-92 school year. Nik-

ki Shaw (nation's #2 miler at 4:49.01 1600m, 2:09.19, & 4th Div IV 18:43) and 1990 Division runner-up Maribella Aparicio (10:45.39 & 18:11) will be a solid front duo for 1990 7th placers Fillmore, with McFarland (8th 1990) led by soph Cindy Carter (12th Div IV 19:12) and Delia Diaz (22nd 20:01).

Anderson was a close third as a team here in 1990 with Stacey Hauptman leading another group. Traditional power Bret Harte (Altaville) hopes for the return of 5:00.72 1600m runner Amy Davidson to top condition, with the Bullfrogs (yes that's the school nickname) a big threat if that happens. Yreka will battle with Anderson and Lassen (Susanville) in the North Section, with soph Traci Anderson (25th Div IV 20:05) the team leader. A group of squads will battle for top ten ranking spots. Coronado was 12th in 1990 with a good scoring five back from that group. Maranatha (Sierra Madre) has Karen Wester (17th Div IV 19:53) leading a group that could develop. Piedmont has Aimee Arnaud (30th Div IV 20:15) and Jessica McCool (31st 20:16) back from a 1990 4th place squad, with Bear River (Grass Valley-6th in 1990) a very tough duo on top in Anikai Webb (7th Div IV 18:53) and Courtney Madigan (18th 19:54). Presentation (San Jose) was 13th in 1990, with their scoring five back. West Valley (Cottonwood) has great tradition in the North. Jamie Kendig (LaReina, 1000 Oaks) was 9th Div IV at 19:00.

California State Track & Cross Country Coaches Alliance

Pre-Season Top Ten -- Girls

Division IV

1. Nordhoff (Ojai)
2. Morro Bay
3. Orange Lutheran
4. Fillmore
5. McFarland
6. Anderson
7. Bret Harte (Altaville)
8. Yreka
9. Coronado
10. Maranatha (Sierra Madre)

BOYS DIVISION IV

Once again it is the smallest division that should feature the biggest free-for-all and most excitement in the effort to attain a state championship. No less than seven squads appear to be within a minute or two on the team time watch, with some real fireworks along the way and in the State title race in Fresno in late November. 1990 Champion

Fillmore will be very solid, with Joel Lopez (13th Div IV 16:23), Victor Hernandez (17th 16:35) and Raymond Gonzales (16:58). Central Section power Corcoran has a good group back, countering with Jose Ochoa (14th 16:22), Juan Garcia (16:52) and Cesar Zavala (16:57). Bret Harte (Altaville) returns a solid four scorers from its 1990 third place group, with Jason Brown (10th Div IV 16:00) the team leader. Yreka, 7th in 1990, has six back, led by junior Jeremy Ravenscroft (28th Div IV 16:45). Southern Section teams, Maranatha (Sierra Madre), with Anthony Fisher (8th Div IV 15:54 & 1:57.66), Nordhoff (Ojai), with Tim Johnston leading, and Bell-Jeff (Burbank), returning the top four from a good local team, are other realistic team champion possibilities.

Bear River (Grass Valley), 10th in 1990, has five good scorers back, with Salesian (L.A.), and Oak Park, led by J.J. Castner (6th Div IV 15:50 & 9:40.09) other strong groups. Cathedral (L.A.) and West Valley (Cottonwood) could develop into powerful squads.

Ken Rhodes (Colfax) was 5th 1990 here at 15:50 & 9:38.0.

California State Track & Cross Country Coaches Alliance

Pre-Season Top Ten - Boys

Division IV

1. Fillmore
2. Corcoran
3. Bret Harte (Altaville)
4. Yreka
5. Maranatha (Sierra Madre)
6. Nordhoff (Ojai)
7. Bell-Jeff (Burbank)
8. Bear River (Grass Valley)
9. Salesian (L.A.)
10. Oak Park

KINNEY

West Regional
December 7, 1991
Woodward Park
Fresno, CA