



JOHN OROGNET NORCAL INVITATIONAL CROSS COUNTRY CHAMPIONSHIPS  
 November 5, 1994 Host: Sierra College - Rocklin CA Weather: Fair  
 \*\*\*\*\*Race Results by Robert Rush-Sports Consultant (415) 595-3619\*\*\*\*\*

PLACE	FIRST	LAST	YR	COLLEGE	WOMEN	PACE	PLACE	FIRST	LAST	YR	COLLEGE	WOMEN	PACE
1	Rachael	Hawtin	SO	CC OF SAN FRANCISCO	19:15	6:25	51	Maureen	Sweda	FR	DEANZA COLLEGE	23:01	7:40
2	Joan	Ottaway	SO	CC OF SAN FRANCISCO	19:51	6:37	52	Nicole	Williams	FR	MODESTO JR. COLLEGE	23:03	7:41
3	Keana	Collins	SO	WEST VALLEY COLLEGE	20:14	6:45	53	Allison	Gurley	FR	CC OF SAN FRANCISCO	23:05	7:42
4	Jessica	Leal	SO	FRESNO CITY COLLEGE	20:28	6:49	54	Julie	Huy	SO	DIABLO VALLEY COLLEGE	23:05	7:42
5	Traci	Ballard	SO	AMERICAN RIVER COLLEGE	20:32	6:51	55	Maureen	Jones	FR	SHASTA COLLEGE	23:08	7:43
6	Gretchen	Horstman	FR	SANTA ROSA JR. COLLEGE	20:33	6:51	56	Erica	Rodarte	FR	SAN JOSE CITY COLLEGE	23:09	7:43
7	Kim	Wilkes	FR	CHABOT COLLEGE	20:38	6:53	57	Susan	Stanbrough	SO	SHASTA COLLEGE	23:21	7:47
8	Wendy	Schmitt	FR	AMERICAN RIVER COLLEGE	20:44	6:55	58	Virginia	Sandino	FR	CC OF SAN FRANCISCO	23:30	7:50
9	Andrea	Cogbill	SO	AMERICAN RIVER COLLEGE	20:51	6:57	59	Amy	Loftin	FR	SACRAMENTO CITY COLLEGE	23:32	7:51
10	Darcy	Gibson	FR	SIERRA COLLEGE	20:54	6:58	60	Sandra	Pinal	FR	SAN JOSE CITY COLLEGE	23:35	7:52
11	Sarah	Iley	SO	AMERICAN RIVER COLLEGE	20:58	6:59	61	Jennifer	Cravens	FR	SAN JOAQUIN DELTA COLLEGE	23:43	7:54
12	Tiffany	Trudeau	SO	AMERICAN RIVER COLLEGE	20:59	7:00	62	Karla	Ovando	FR	COLLEGE OF SEQUIAS	23:44	7:55
13	Erika	Botha	SO	AMERICAN RIVER COLLEGE	21:04	7:01	63	Lisa	Ramos	SO	COLLEGE OF SEQUIAS	23:53	7:58
14	Logan	Hiroshima	FR	CC OF SAN FRANCISCO	21:04	7:01	64	Kendra	McCarthy	FR	HARTNELL COLLEGE	23:56	7:59
15	Girlie	Alcantara	FR	SAN JOAQUIN DELTA COLLEGE	21:05	7:02	65	Valerie	Walsh	FR	HARTNELL COLLEGE	24:05	8:02
16	Carolyn	Benson	FR	WEST VALLEY COLLEGE	21:07	7:02	66	Patrice	Cardott	FR	WEST VALLEY COLLEGE	24:08	8:03
17	Brenda	Cooks	SO	COLLEGE OF SAN MATEO	21:13	7:04	67	Kemi	Solwazi	FR	FRESNO CITY COLLEGE	24:12	8:04
18	Stephannie	Thornley	FR	CABRILLO COLLEGE	21:17	7:06	68	Kami	Johnson	FR	WEST VALLEY COLLEGE	24:19	8:06
19	Karen	Blades	FR	AMERICAN RIVER COLLEGE	21:20	7:07	69	Maren	Rasmussen	FR	SIERRA COLLEGE	24:21	8:07
20	Jennifer	Loeffler	SO	CABRILLO COLLEGE	21:24	7:08	70	DaFona	McClain	FR	SACRAMENTO CITY COLLEGE	24:28	8:09
21	Erin	Brightwell	FR	CC OF SAN FRANCISCO	21:30	7:10	71	June	Bando	FR	DEANZA COLLEGE	24:28	8:09
22	Celeste	Ferris	SO	CABRILLO COLLEGE	21:32	7:11	72	Alisa	Oman	FR	COLLEGE OF THE REDWOODS	24:35	8:12
23	Heather	Newcom	FR	SHASTA COLLEGE	21:35	7:12	73	Dexter	Dobberpuhl	FR	DIABLO VALLEY COLLEGE	24:37	8:12
24	Olivia	Lorge	FR	SIERRA COLLEGE	21:37	7:12	74	Catherine	Kelsey	FR	SANTA ROSA JR. COLLEGE	24:41	8:14
25	Stephanie	Rivera	FR	SAN JOAQUIN DELTA COLLEGE	21:40	7:13	75	Robin	Soderstrom	FR	MODESTO JR. COLLEGE	24:48	8:16
26	Shannon	Hess	FR	SAN JOAQUIN DELTA COLLEGE	21:41	7:14	76	Monica	Current	FR	SHASTA COLLEGE	24:50	8:17
27	Angie	Fernandez	SO	FRESNO CITY COLLEGE	21:46	7:15	77	Catherine	Wraa	FR	DIABLO VALLEY COLLEGE	25:00	8:20
28	Jennifer	Verhalen	SO	SIERRA COLLEGE	21:51	7:17	78	Julie	Hinman	FR	LASSEN COLLEGE	25:22	8:27
29	Sandra	Garcia	FR	SAN JOAQUIN DELTA COLLEGE	21:57	7:19	79	Deva	Lingeman	FR	COLLEGE OF THE REDWOODS	25:32	8:31
30	Courtney	Cannizzaro	SO	MODESTO JR. COLLEGE	22:00	7:20	80	Sherry	Lockner	FR	COLLEGE OF THE REDWOODS	25:46	8:35
31	Jennifer	Harnach	FR	AMERICAN RIVER COLLEGE	22:00	7:20	81	Maria	Rodriguez	FR	CABRILLO COLLEGE	26:01	8:40
32	Mona	Leon	FR	WEST VALLEY COLLEGE	22:04	7:21	82	Lisel	Egensperger	FR	DIABLO VALLEY COLLEGE	26:07	8:42
33	Sierra	Standish	FR	DEANZA COLLEGE	22:06	7:22	83	Sara	Singh	FR	MODESTO JR. COLLEGE	26:14	8:45
34	Tiffany	McDonald	SO	SIERRA COLLEGE	22:08	7:23	84	Sara	Lopez	FR	SIERRA COLLEGE	26:27	8:49
35	Wendy	Whitney	FR	SANTA ROSA JR. COLLEGE	22:10	7:23	85	Odyssey	Palacios	FR	HARTNELL COLLEGE	26:36	8:52
36	Deena	Crowe	FR	COLLEGE OF SEQUIAS	22:11	7:24	86	Erin	Smith	FR	BUTTE COLLEGE	26:49	8:56
37	Denise	Leo	SO	CC OF SAN FRANCISCO	22:16	7:25	87	Claudia	Godoy	FR	SAN JOSE CITY COLLEGE	26:51	8:57
38	Julie	Gledhill	FR	LASSEN COLLEGE	22:19	7:26	88	Eileen	Gonzalez	SO	SAN JOSE CITY COLLEGE	26:58	8:59
39	Misa	Arasaki	FR	DEANZA COLLEGE	22:20	7:27	89	Tamar	Shavtt	FR	COLLEGE OF THE REDWOODS	27:09	9:03
40	Amy	Berwind	SO	SHASTA COLLEGE	22:22	7:27	90	Charlotte	DuVal	FR	DEANZA COLLEGE	27:18	9:06
41	Denise	Ellis	FR	FRESNO CITY COLLEGE	22:24	7:28	91	Sarah	Lander	FR	BUTTE COLLEGE	27:25	9:08
42	Stephanie	Duntsch	FR	SHASTA COLLEGE	22:24	7:28	92	Amanda	Finch	FR	CHABOT COLLEGE	27:27	9:09
43	Michelle	Rogers	FR	CABRILLO COLLEGE	22:27	7:29	93	LaVona	Walters	FR	COLLEGE OF SEQUIAS	27:33	9:11
44	Rosanna	Saffaie	FR	WEST VALLEY COLLEGE	22:30	7:30	94	Heather	Johnson	FR	SAN JOSE CITY COLLEGE	27:44	9:15
45	Nadia	Ayala	FR	MODESTO JR. COLLEGE	22:31	7:30	95	Jennifer	Pentrack	FR	BUTTE COLLEGE	27:50	9:17
46	Michelle	Scott	FR	CC OF SAN FRANCISCO	22:33	7:31	96	Maureen	Donlon	FR	MODESTO JR. COLLEGE	27:55	9:18
47	Salome	Murray	SO	FRESNO CITY COLLEGE	22:34	7:31	97	Michelle	Tally	FR	DIABLO VALLEY COLLEGE	28:41	9:34
48	Shaina	Smith	SO	COLLEGE OF SEQUIAS	22:38	7:33	98	Ilana	Wolsten	FR	CHABOT COLLEGE	33:29	11:10
49	Carlotta	Ray	FR	COLLEGE OF SAN MATEO	22:54	7:38	99	Val	Castillo	FR	COLLEGE OF SEQUIAS	33:34	11:11
50	Angela	Reyes	FR	HARTNELL COLLEGE	22:58	7:39							

WOMEN TEAM SCORES

- AMERICAN RIVER COLLEGE  
5 6 7 9 10 (11) (16) = 37  
Traci Ballard SO, Wendy Schmitt FR, Andrea Cogbill SO, Sarah Iley SO,  
Tiffany Trudeau SO, Erika Botha SO, Karen Blades FR
- CC OF SAN FRANCISCO  
1 2 12 18 32 (40) (45) = 65  
Rachael Hawtin SO, Joan Ottaway SO, Logan Hiroshima FR, Erin Brightwell FR,  
Denise Leo SO, Michelle Scott FR, Allison Gurley FR
- SAN JOAQUIN DELTA COLLEGE  
13 22 23 26 51 = 135  
Girlie Alcantara SO, Stephanie Rivera FR, Shannon Hess FR, Sandra Garcia FR,  
Jennifer Cravens FR
- WEST VALLEY COLLEGE  
3 14 28 38 54 (56) = 137  
Keana Collins SO, Carolyn Benson FR, Mona Leon FR, Rosanna Saffaie FR,  
Patrice Cardott FR, Kami Johnson FR
- SIERRA COLLEGE  
8 21 25 30 57 (66) = 141  
Darcy Gibson FR, Olivia Lorge FR, Jennifer Verhalen SO, Tiffany McDonald SO,  
Maren Rasmussen FR, Sara Lopez FR
- CABRILLO COLLEGE  
15 17 19 37 63 = 151  
Stephannie Thornley FR, Jennifer Loeffler SO, Celeste Ferris SO, Michelle Rogers FR,  
Maria Rodriguez FR
- FRESNO CITY COLLEGE  
4 24 35 41 55 = 159  
Jessica Leal SO, Angie Fernandez SO, Denise Ellis FR, Salome Murray SO,  
Kemi Solwazi FR
- SHASTA COLLEGE  
20 34 36 47 49 (61) = 186  
Heather Newcom FR, Amy Berwind SO, Stephanie Duntsch FR, Maureen Jones FR,  
Susan Stanbrough SO, Monica Current FR
- DEANZA COLLEGE  
29 33 43 58 69 = 232  
Sierra Standish FR, Misa Arasaki FR, Maureen Sweda FR, June Bando FR,  
Charlotte DuVal FR
- MODESTO JR. COLLEGE  
27 39 44 60 65 (72) = 235  
Courtney Cannizzaro SO, Nadia Ayala FR, Nicole Williams FR, Robin Soderstrom FR,  
Sara Singh FR, Maureen Donlon FR
- COLLEGE OF SEQUIAS  
31 42 52 53 70 (74) = 248  
Deena Crowe FR, Shaina Smith SO, Karla Ovando FR, Lisa Ramos SO,  
LaVona Walters FR, Val Castillo FR
- DIABLO VALLEY COLLEGE  
46 59 62 64 73 = 304  
Julie Huy SO, Dexter Dobberpuhl FR, Catherine Wraa FR, Lisel Egensperger FR,  
Michelle Tally FR
- SAN JOSE CITY COLLEGE  
48 50 67 68 71 = 304  
Erica Rodarte FR, Sandra Pinal FR, Claudia Godoy FR, Eileen Gonzalez SO,  
Heather Johnson FR

\* FINAL Revised Results \*

1:00pm