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-Any questions, please feel free to call me at (415) 949-7358.

-Good luck with the early part of your schedule. We will see you at Foothill on Friday, October 22.

Take Care-

Joe Mangan  
Foothill College  
Cross Country

### COURSE RECORDS

FROSH	BALKMAN(LYNBROOK)	16:20	'91
SOPH	BALKMAN(LYNBROOK)	15:54	'92
JUNIOR	<del>DANDO(BELLARMINE)</del>	<del>16:23</del>	'93
SENIOR	<del>ELLINGTON(MILPITAS)</del>	<del>15:46</del>	'94
	Balkman (Lynbrook)	15:52	
	Balkman (Lynbrook)	15:26	
FROSH/SOPH	MIDDLECOFF(LOS GATOS)	19:43	
JUNIOR/SENIOR	TORRENS(ST. FRANCIS)	18:34	

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