

**LOWELL CROSS COUNTRY INVITATIONAL 1996**  
**LINDLEY MEADOW, GOLDEN GATE PARK, SAN FRANCISCO, CA.**  
**BOYS' FRESHMAN RESULTS**  
**2.0 MILES**

<u>PLACE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>	<u>PLACE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1	Neil McDonagh	St. Ignatius	11:00	51	Richard Hemby	South City	14:20
2	Dan Golindo	Bellarmino	11:22	52	Delfin Lazaro	St. Ignatius	14:23
3	* Chris Lei	Beyer	11:44	53	Edward Green	McAteer	14:24
4	* Chris White	Half Moon Bay	11:49	54	Joshua Lau	S.H.Cathedral	14:26
5	Paul Roge	Bellarmino	11:49	55	Anthony Holder	S.H.Cathedral	14:28
6	* Dru Torvend	Beyer	11:57	56	Andrew Yee	Lowell	14:28
7	* Ken Chang	Cupertino	12:25	57	Sean Giese	St. Ignatius	14:31
8	* Kyle Yonan	Beyer	12:29	58	Rickey Crown	Half Moon Bay	14:32
9	* Jacob Kruczynski	Terra Nova	12:34	59	Dan Law	Bellarmino	14:34
10	* Mike Combs	Half Moon Bay	12:40	60	Greg Gonzalez	Riordan	14:37
11	* Hani Ganji	Lick-Wilmerding	12:41	61	Ben Hansell	Riordan	14:39
12	Mario Andreozzi	Bellarmino	12:49	62	Glenn Carley	Bellarmino	14:42
13	Zack DiSalva	Bellarmino	12:55	63	Josh Borlasa	St. Ignatius	14:42
14	Chris Flynn	St. Ignatius	13:00	64	Joaquin Babcock	Riordan	14:46
15	* David Cook	Aragon	13:05	65	Peter Chan	Westmoor	14:51
16	* Richie Buenviaje	Westmoor	13:06	66	Mike Uy	Lowell	14:52
17	Scott Reis	Riordan	13:07	67	Thuan Truong	Yerba Buena	14:55
18	Tyler Wolfklain	San Mateo	13:09	68	Pierce Holstrom	Bellarmino	14:58
19	Raphael De La Soujeole	Bellarmino	13:10	69	Julis Sta Maria	Westmoor	14:59
20	Andrew Aiello	San Mateo	13:14	70	Jonathon Roman	St. Ignatius	15:00
21	Joseph Graly	Berkeley	13:15	71	Khalil Abusharkh	S.H.Cathedral	15:01
22	Steve Mulry	S.H.Cathedral	13:15	72	Kevin Allen	St. Ignatius	15:13
23	Jonathon Jung	S.H.Cathedral	13:15	73	Robert Gonzalez	Riordan	15:15
24	Devon Rackle	Bellarmino	13:18	74	Donny Lam	Yerba Buena	15:15
25	Jonathan Gee	Lowell	13:24	75	Jeff McMurtry	Terra Nova	15:15
26	Jason Boyce	St. Ignatius	13:25	76	Peter Chu	St. Ignatius	15:19
27	Billy Rusteen	Bellarmino	13:27	77	Dixon Wong	Riordan	15:19
28	Michael Vueste	Bellarmino	13:34	78	Scott Blumbing	Aragon	15:30
29	Ryan Shah	Bellarmino	13:34	79	Leo Wu	Lowell	15:33
30	Jason Piamonte	Fremont	13:35	80	Ernest Melendez	Riordan	15:33
31	Roth Ea	St. Ignatius	13:35	81	Mark Tegland	Riordan	15:33
32	Justin Polger	Fremont	13:37	82	Kris Shinbori	St. Ignatius	15:34
33	Paul Taylor	Bellarmino	13:44	83	Daniel Tom-Yunger	Lowell	15:34
34	Lester Sing	Westmoor	13:46	84	Neven Tomasich	St. Ignatius	15:34
35	Herbert Hapin	Westmoor	13:46	85	James Wade	Bellarmino	15:45
36	Victor Reynolds	St. Ignatius	13:52	86	Arthur Choy	Riordan	15:47
37	Justin Goldberg	Riordan	13:53	87	Ricardo Lizarraga	S.H.Cathedral	15:48
38	Derek Dullin	St. Ignatius	13:53	88	Rory Berger	Bellarmino	15:52
39	Jason Notario	St. Ignatius	13:54	89	Azarias Castro	St. Ignatius	15:53
40	Patrick Moley	S.H.Cathedral	13:56	90	Justin Hussey	Bellarmino	15:54
41	Brian Lim	St. Ignatius	13:56	91	Ryan Scherbart	Bellarmino	15:58
42	Tommy Mastrangelo	Riordan	13:57	92	Joseph Chui	S.H.Cathedral	16:13
43	Vincent Miers	Riordan	14:01	93	Gary Yee	Terra Nova	16:14
44	Dan Rothbach	Bellarmino	14:03	94	Huynh Phu	Yerba Buena	16:15
45	Logan Miller	Bellarmino	14:04	95	Robert Kumagai	South City	16:24
46	John Robinson	St. Ignatius	14:04	96	Bach Huu	Yerba Buena	16:26
47	Dan Nvelle	St. Ignatius	14:05	97	Chris Bracken	San Mateo	16:27
48	Matt Liviam	Aragon	14:11	98	Eric Leong	San Mateo	16:32
49	Ellis Au	Washington-S.F.	14:15	99	Hoang Pham	Yerba Buena	16:34
50	Jason Khan	Westmoor	14:17	100	Asitha Desilva	St. Ignatius	16:46

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**BOYS' FRESHMAN RESULTS**  
**2.0 MILES**

<u>PLACE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
101	Truong An	Yerba Buena	16:46
102	David Hogan	St. Ignatius	17:03
103	Jack Krouse	Bellarmino	17:20
104	Marc Chan	Westmoor	17:25
105	Greg Chin	Riordan	17:32
106	Chris Yeung	San Mateo	17:35
107	Adrian Matias	Riordan	17:38
108	William Lien	S.H.Cathedral	18:01
109	Zack Mabel	San Mateo	18:20
110	Dermot Brennan	S.H.Cathedral	18:22

\* = Individual Medal Winner

**TEAM RESULTS**

1	Bellarmino	51
2	St. Ignatius	110
3	Sacred Heart Cathedral	194
4	Riordan	199
5	Westmoor	200
6	Lowell	309
7	San Mateo	339
8	Yerba Buena	430

**LOWELL CROSS COUNTRY INVITATIONAL 1996**  
**LINDLEY MEADOW, GOLDEN GATE PARK, SAN FRANCISCO, CA.**  
**BOYS' SOPHOMORE RESULTS**  
**2.0 MILES**

<u>PLACE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>	<u>PLACE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1	* Manuel Mendoza	Westmoor	11:19	51	Brandon Harker	Beyer	13:02
2	* Brian Greenough	San Mateo	11:23	52	Gregory Tse	Lowell	13:03
3	* Matt Benda	Half Moon Bay	11:25	53	John Vollmer	Half Moon Bay	13:06
4	Michie Sakurada	Aragon	11:39	54	Dunford Rodill	Westmoor	13:13
5	Wataru Sakurada	Aragon	11:42	55	Niall Kavanagh	St. Ignatius	13:16
6	Mark Baker	Aragon	11:42	56	Charles Marasigan	Fremont	13:19
7	Chris Janke	Bellarmine	11:45	57	Daniel Partido	Overfelt	13:20
8	Blaine Ashley	Aragon	11:46	58	Greg Tate	Bellarmine	13:21
9	* Tony Dines	Half Moon Bay	11:51	59	Erick Baldwin	Cupertino	13:22
10	* Manuel Oliveras	Rio Linda	11:53	60	Justin Nordin	Beyer	13:26
11	Daniel Villareal	Bellarmine	11:55	61	Jack Pham	Yerba Buena	13:26
12	* Miguel Castaneda	Yerba Buena	11:57	62	Tuan Bui	Lowell	13:28
13	* Edgar Arcenaux	Westmoor	12:00	63	Mark Hsia	Riordan	13:30
14	* Marlon Cordoba	McAteer	12:09	64	Dennis Mak	St. Ignatius	13:34
15	* Bentley Lim	Lowell	12:12	65	Joe Werner	Bellarmine	13:36
16	* Jason Topete	Overfelt	12:16	66	Justin Haroan	Bellarmine	13:37
17	Alex Zelenkovsky	Washington-S.F.	12:16	67	Matt Becker	St. Ignatius	13:42
18	Morgan Bennett	Bellarmine	12:18	68	Nhat Nguyen	Riordan	13:50
19	Ben Strong	Bellarmine	12:20	69	Daniel Lee	Lowell	13:51
20	Brian Song	Bellarmine	12:21	70	Leon Young	Bellarmine	13:52
21	Faisal Javed	Westmoor	12:22	71	Dennis Kim	Lowell	13:52
22	Ariel Tabuyong	Overfelt	12:22	72	Vito Tavlealo	Westmoor	13:52
23	Justin Fong	San Mateo	12:23	73	Johannes Hourula	Berkeley	13:55
24	Mario Tomasich	St. Ignatius	12:23	74	Danny Lowell	Bellarmine	13:57
25	Jaylin French	Beyer	12:24	75	Tom Bowmer	Bellarmine	14:02
26	Frank Meksavan	Westmoor	12:24	76	Dan Portman	St. Ignatius	14:06
27	Robert Casteneda	Beyer	12:24	77	Jim Bonner	St. Ignatius	14:08
28	Noah Keeney	Half Moon Bay	12:30	78	Jeremy Livianu	Aragon	14:09
29	Antonio Kirson	Half Moon Bay	12:31	79	Steven Chang	Washington-S.F.	14:09
30	Wilson Mui	Westmoor	12:32	80	Unknown		14:10
31	Edan Raviv	Cupertino	12:34	81	Tim Huey	Washington-S.F.	14:10
32	Matt Rivard	St. Ignatius	12:37	82	Derek Sun	Lowell	14:12
33	Brett Reed	Bellarmine	12:40	83	Charles Han	Skyline	14:12
34	Cory Palmer	Half Moon Bay	12:41	84	Patrick Kwok	Lowell	14:13
35	Nick Silver	St. Ignatius	12:42	85	Mike Andrade	Fremont	14:14
36	James Huddleston	St. Ignatius	12:42	86	David Voong	Lowell	14:20
37	Tim Tuff	Half Moon Bay	12:43	87	Kyle Hoffman	Lowell	14:22
38	Mike Ewing	Bellarmine	12:44	88	Richard Kong	Skyline	14:23
39	Shaun Jinkerson	Terra Nova	12:45	89	Jonathan Nardng	Aragon	14:24
40	David Chiesa	Aragon	12:46	90	Ryan Phillips	Berkeley	14:25
41	Dominic Comolli	St. Ignatius	12:46	91	Andrew Lee	Berkeley	14:31
42	Quay Hinh	Overfelt	12:47	92	Jason Park	Riordan	14:34
43	Eric Davis	Bellarmine	12:48	93	Bentley Ng	Lowell	14:35
44	Wilfredo Lim	Lowell	12:48	94	Martin Nguyen	Bellarmine	14:37
45	Andrew McMullin	San Mateo	12:52	95	Jonathan Lee	Lowell	14:39
46	Mike Nolan	Bellarmine	12:57	96	Chris Penafior	Riordan	14:42
47	Junior Louis	Skyline	12:57	97	Jontue Mullins	Westmoor	14:46
48	Gauge Magadia	Overfelt	12:58	98	Sean Moore	Bellarmine	14:49
49	Rond Chanaudech	Lowell	13:00	99	David Pokorny	Berkeley	14:50
50	Jeremy Jue	Skyline	13:01	100	Jeffrey Tran	Washington-S.F.	14:58

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**BOYS' SOPHOMORE RESULTS**  
**2.0 MILES**

<u>PLACE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
101	Jose Rumayor	Riordan	14:58
102	Carlos Pescador	Fremont	15:02
103	Alex Morales	Riordan	15:05
104	Patrick Roque	Fremont	15:09
105	Aaron Jones	Terra Nova	15:12
106	Truong, Long	Yerba Buena	15:15
107	Thane Rehn	Bellarmino	15:16
108	Eugene Canotal	Lowell	15:23
109	Anton Dela Fuente	Bellarmino	15:23
110	Aaron Hsieh	Skyline	15:29
111	Peter Fisher	Berkeley	15:33
112	Kevin Charchenko	Bellarmino	15:37
113	Bill Heil	Bellarmino	15:39
114	Sunny Chung	Washington-S.F.	15:55
115	Steve Silvestri	St. Ignatius	15:56
116	Jeff Quan	Lowell	16:07
117	Noel Ramirez	Bellarmino	16:09

\* = Individual Medal Winner

**TEAM RESULTS**

1	Aragon	63
2	Bellarmino	75
3	Westmoor	91
4	Half Moon Bay	103
5	St. Ignatius	168
6	Overfelt	185
7	Lowell	222
8	Skyline	378
9	Washington-S.F.	391
10	Riordan	419
11	Berkeley	464

**LOWELL CROSS COUNTRY INVITATIONAL 1996**  
**LINDLEY MEADOW, GOLDEN GATE PARK, SAN FRANCISCO, CA.**  
**BOYS' JUNIOR VARSITY RESULTS**  
**2.8 MILES**

<u>PLACE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>	<u>PLACE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1	Tamer Beckett	Bellermine	16:06	51	Don Pemberton	Half Moon Bay	19:56
2	Steve Fynn	St. Ignatius	16:42	52	Michael Dean	Riordan	20:01
3	Andrew Sun	Bellermine	16:45	53	Francis Tsang	Lowell	20:05
4	Alvia Cadman	Bellermine	16:46	54	Chris Puga	Half Moon Bay	20:05
5	Joe Ferng	Bellermine	17:16	55	Chris Redada	Westmoor	20:07
6	* Ben Reichardt	Lowell	17:20	56	Steven Walsh	Half Moon Bay	20:09
7	Pat Wald	Bellermine	17:23	57	Daxin Lin	Lowell	20:10
8	Jack McKenna	Bellermine	17:36	58	Jonathon Ho	Lowell	20:21
9	Clark Stephens	St. Ignatius	17:40	59	Jequane Ellis	Westmoor	20:24
10	Greg Chiarella	St. Ignatius	17:40	60	Greg Comolli	St. Ignatius	20:30
11	* Orlando Leon	Lowell	17:41	61	Geoffrey Gonzalez	Westmoor	20:35
12	* Maurice Davis	Skyline	17:52	62	Tommy Stark	S.H. Cathedral	20:36
13	Kurt Van Skiver	St. Ignatius	17:56	63	Josh Hyman	Grant	20:45
14	Jake Reichart	St. Ignatius	17:59	64	Arden Davies	Bellermine	20:47
15	* Daniel Low	Redwood Christian	18:02	65	Marcus Ayala	Westmoor	20:51
16	Leon Bonney	St. Ignatius	18:04	66	Danny Wan	Westmoor	20:51
17	* John Gieng	Lowell	18:09	67	Eddy Chou	Lowell	20:56
18	* Long Doan	Lowell	18:12	68	Paul O'Brien	Bellermine	20:58
19	Dave Hoa	Bellermine	18:18	68	Paul O'Brian	Bellermine	20:58
20	Nick Plette	Bellermine	18:23	69	Alejandro Becker	Skyline	21:06
21	Dan langley	St. Ignatius	18:30	70	Mike Mata	Lowell	21:16
22	* John Rodrigias	Redwood Christian	18:34	71	Chris Gomes	Redwood Christ.	21:32
23	Alvin Chan	St. Ignatius	18:34	72	Alex Gordon	Westmoor	21:38
24	Ryan Wanger	St. Ignatius	18:38	73	Brian Chin	South City	21:50
25	Mike Yee	Lowell	18:38	74	Angelo Diaz	Riordan	22:05
26	Roy Yu	Lowell	18:42	75	David Miller	Fremont	22:09
27	Adar Landriel	Bellermine	18:50	76	Joel Pincosy	Redwood Christ.	22:17
28	Dan Weslow	S.H. Cathedral	18:51	77	Chris Liu	St. Ignatius	22:22
29	Tommy Lee	S.H. Cathedral	18:57	78	Jeremy Pincosy	Redwood Christ.	22:22
30	Meng Lee	Lowell	19:02	79	Erwin Bitonio	Riordan	22:24
31	Daniel Goto	Lowell	19:10	80	Shaun Miller	Fremont	22:34
32	Sam O'Keefe	St. Ignatius	19:14	81	Michale Aziz	Riordan	22:40
33	Mario Giacomino	Half Moon Bay	19:18	82	Joe Ramirez	Fremont	22:47
34	Larry Tung	Lowell	19:20	83	Aram Glasband	Skyline	22:57
35	Bo Rhods	Bellermine	19:20	84	Ricardo Morales	S.H. Cathedral	23:00
36	Steve Martin	Riordan	19:22	85	Stephen Martin	San Mateo	23:09
37	Garrett Hall	S.H. Cathedral	19:25	86	Erwin Bonilla	Riordan	23:10
38	Jim Kling	Redwood Christian	19:25	87	Mike Gusta	Westmoor	23:10
39	Ben Stewart	S.H. Cathedral	19:35	88	Tom Morris	Westmoor	23:39
40	David Orap	Bellermine	19:40	89	Anup Radhadkristian	St. Ignatius	24:29
41	Ryan Wong	Westmoor	19:43	90	Michael Lew	South City	24:35
42	Henry Huie	Westmoor	19:44	91	Shane Flores	Westmoor	26:00
43	Steve Mendozo	Riordan	19:45	92	Sergio Crockett	Westmoor	26:08
44	Philip Chua	Riordan	19:46	93	Jacob Chhom	Skyline	26:11
45	Adrian Valvondo	Overfelt	19:47	94	Nick Li	Riordan	27:05
46	Eric Wong	Lowell	19:51				
47	Joe Novak	Skyline	19:54				
48	Will Cade	Riordan	19:55				
49	Keefe Reuther	St. Ignatius	19:56				
50	Terry Murphey	Half Moon Bay	19:56				

\* = Individual Medal Winner

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**BOYS' JUNIOR VARSITY RESULTS**  
**2.8 MILES**

**TEAM RESULTS**

1	Bellarmino	20
2	St. Ignatius	48
3	Lowell	77
4	Sacred Heart Cathedral	195
5	Redwood Christian	222
6	Riordan	223
7	Half Moon Bay	244
8	Westmoor	258
9	Skyline	304

**LOWELL CROSS COUNTRY INVITATIONAL 1996**  
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**BOYS' VARSITY RESULTS**  
**2.8 MILES**

<u>PLACE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>	<u>PLACE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1	Andrew Wulf	Bellarmino	14:48	51	Pierre Chan	Westmoor	16:55
2	Omar Hart	Bellarmino	15:03	52	Brian Cooper	Fremont	16:56
3	* Peter Lunny	S.H. Cathedral	15:16	53	Nate Green	McAteer	16:59
4	* Cory Dixon	Skyline	15:21	54	Alvin Yim	Lowell	17:00
5	* Andy Chain	Half Moon Bay	15:25	55	Brandon Walters	Bellarmino	17:02
6	* J.J. Sclar	Cupertino	15:29	56	Sanders Li	Lowell	17:13
7	Paul Choi	Lowell	15:30	57	Matt White	Redwood Christ.	17:19
8	Brendan Wells	St. Ignatius	15:30	58	Isaac Medrano	Riordan	17:21
9	Matt Chen	St. Ignatius	15:34	59	Jamaal Dunn	Riordan	17:29
10	* Hasan McGee	Skyline	15:35	60	Frank Ow	Lick Wilmerding	17:33
11	* Joshua McMullin	Terra Nova	15:44	61	Jordan Richards	S.H. Cathedral	17:38
12	Ritchie Jong	Lowell	15:50	62	Archie Rocillo	Riordan	17:39
13	* Josh Greenough	San Mateo	15:50	63	Cuong Nguyen	Yerba Buena	17:40
14	Kevin Brown	Bellarmino	15:50	64	Eric Escarrama	S.H. Cathedral	17:44
15	* Efrain Carrasco	Overfelt	15:54	65	William Squire	S.H. Cathedral	17:48
16	Andreas Sangberg	Bellarmino	15:55	66	Jay Halmll	Westmoor	17:50
17	Mark Seigfried	Bellarmino	15:59	67	Dax Solorzano	Riordan	17:53
18	Eric Mc Allister	Bellarmino	16:00	68	Todd Yamello	Westmoor	17:54
19	* Jonathen Combes	Balboa	16:06	69	Luke Swartz	St. Ignatius	17:55
20	* Francisco Uribe	Riordan	16:06	70	James Gay	Riordan	18:00
21	* Matt Wilkinson	Half Moon Bay	16:07	71	Sam Mey	Yerba Buena	18:01
22	* David Dines	Half Moon Bay	16:08	72	Patrick Osthues	Beyer	18:07
23	* Michael Przybylski	Skyline	16:09	73	Ari Houser	Berkeley	18:11
24	John Rocha	Bellarmino	16:09	74	Andrew Torgerson	San Mateo	18:12
25	* Tony Arzave	Riordan	16:11	75	Major Jolian	Westmoor	18:13
26	* Russell Walke	Beyer	16:13	76	Josh Ebrahemyoon	Cupertino	18:16
27	Brian Mulry	St. Ignatius	16:13	77	T.J. Grebreamlak	McAteer	18:19
28	Chris Murphy	St. Ignatius	16:14	78	Marc Dyer	Washington	18:19
29	Joaquin Delgado	Skyline	16:17	79	Sarbjit Singh	Westmoor	18:30
30	Carlos Rosas	Overfelt	16:21	80	Chris Cantiga	Overfelt	18:34
31	Doug Wong	S.H. Cathedral	16:22	81	Ricardo Villa	Yerba Buena	18:34
32	Jeff Wilson	Bellarmino	16:23	82	Bashir Eghbali	Cupertino	18:34
33	Adrian Lee	Lowell	16:24	83	Amin Khairy	Fremont	18:35
34	Thang Ta	Lowell	16:24	84	Kent Nguyen	Washington	18:50
35	Raymi Dyskant	Lick Wilmerding	16:30	85	Charlz Laccay	Beyer	18:50
36	Billy Hall	Bellarmino	16:30	86	Jason Ng	Washington	18:56
37	Rodney Jeung	S.H. Cathedral	16:33	87	Renju Jacob	South City	18:58
38	Raymond Yu	Lowell	16:34	88	Josh Lewis	Beyer	19:10
39	Chuy Pineda	Yerba Buena	16:35	89	Marcus Renine	Cupertino	19:12
40	Willie Carter	Berkeley	16:36	90	Jesse Young	South City	19:18
41	Jason Nalvz	Westmoor	16:41	91	Philip Foster	Yerba Buena	19:18
42	Thomas Held	Westmoor	16:43	92	Emef Sosna	Washington	19:19
43	Herman Lau	Aragon	16:44	93	Ben Wong	San Mateo	19:27
44	Federico Murrillo	Overfelt	16:45	94	Brett Hathaway	Rio Linda	19:34
45	Paisco Morelos	Overfelt	16:46	95	Mickey Chan	Balboa	20:00
46	Mike Dvorak	Half Moon Bay	16:47	96	Greg Sherman	San Mateo	20:10
47	Guardado Annario	Overfelt	16:51	97	Pablo Pescador	Fremont	20:13
48	Elvis Lopez	Overfelt	16:51	98	Brett Esaki	San Mateo	20:15
49	Chris Velarde	South City	16:54	99	Paul Dowd	South City	20:22
50	Jacob White	Redwood Christian	16:54	100	Wilfred Martinez	Balboa	20:29

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**LINDLEY MEADOW, GOLDEN GATE PARK, SAN FRANCISCO, CA.**  
**BOYS' VARSITY RESULTS**  
**2.8 MILES**

<u>PLACE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
101	Lee Yanogacio	Fremont	20:29
102	Nick Louie	Washington	20:40
103	David Danielson	Cupertino	20:46
104	Juan Villa	Fremont	21:06
105	Omar Marroquin	Fremont	21:20
106	Mike Hatling	Cupertino	21:38
107	Charlie Von Hofen	South City	21:46
108	Ray Klinkefus	Beyer	21:58
109	Grant Stewart	Balboa	22:48
110	Brian Fackler	Rio Linda	22:55
111	Mario Guardado	South City	22:59

\* = Individual Medal Winner

**TEAM RESULTS**

1	Bellarmine	50
2	Lowell	124
3	St. Ignatius	141
4	Overfelt	181
5	Sacred Heart Cathedral	196
6	Riordan	224
7	Westmoor	268
8	Yerba Buena	345
9	Cupertino	356
10	San Mateo	374
11	Beyer	379
12	South San Francisco	432
13	Fremont - Sunnyvale	437
14	Washington - S.F.	442

**LOWELL CROSS COUNTRY INVITATIONAL 1996**  
**LINDLEY MEADOW, GOLDEN GATE PARK, SAN FRANCISCO, CA.**  
**GIRLS' FROSH-SOPH RESULTS**  
**2.0 MILES**

<u>PLACE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>	<u>PLACE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1	Vanessa Yonan	Beyer	12:46	51	Danielle Reed	Terra Nova	17:00
2	Nicole Loeffler	Beyer	13:26	52	Denise Lee	San Mateo	17:24
3	Katie Nejasnich	St. Ignatius	13:55	53	Mia Gutfreund	Lowell	17:24
4	Melissa Barrett	Beyer	14:02	54	Juliet Betro	St. Ignatius	17:26
5	* Celeste Dienlap	Cupertino	14:06	55	Andrea Elliot	Lowell	17:27
6	* Brittany Hall	S.H.Cathedral	14:08	56	Shilah Garrigan	Terra Nova	17:27
7	* Mitzy Valdes	Jefferson	14:24	57	Marissa McCarthy	St. Ignatius	17:28
8	* Melicia Wong	Lowell	14:28	58	Leigh Silver	St. Ignatius	17:30
9	Kate Abbene	St. Ignatius	14:31	59	Kristal Nazzal	St. Ignatius	17:31
10	Lauren Maravich	St. Ignatius	14:35	60	Elissa Christensen	Aragon	17:33
11	Lorraine Ricci	Beyer	14:37	61	Danielle Brode	Lowell	17:33
12	* Sueh-Han Liew	Fremont	15:01	62	Missy Stillman,	Rio Linda	17:36
13	Erin Duterte	St. Ignatius	15:07	63	Gina Collignon	S.H.Cathedral	17:38
14	Julie Yap	St. Ignatius	15:13	64	Sarah Batmale	Lowell	17:38
15	* Querivim Cruz	Jefferson	15:15	65	Amber Veroin	South City	17:46
16	Jennifer Strain	St. Ignatius	15:19	66	Kristine Ferree	St. Ignatius	17:48
17	Angela Fetzer	Beyer	15:25	67	Bambi Truong	Lowell	17:49
18	Donna Lee	St. Ignatius	15:29	68	Anne Cronin	St. Ignatius	17:51
19	Caroline Anderson	St. Ignatius	15:31	69	Mary Louie	Lowell	17:53
20	Dominique Revel	St. Ignatius	15:32	70	Katie O'Keeffe	St. Ignatius	17:56
21	Claire Beyer	St. Ignatius	15:34	71	Terra Sampson	Terra Nova	17:59
22	* Fatima Martinez	Jefferson	15:38	72	Laura Feeney	S.H.Cathedral	18:00
23	* Jacquelyn Wong	San Mateo	15:41	73	Emily Ruffo	St. Ignatius	18:04
24	* Carmen Bullard	S.H.Cathedral	15:43	74	Amanda Gardner	San Mateo	18:20
25	* Anita Hu	Lowell	15:46	75	Andrea Hermosillo	Jefferson	18:27
26	Seo Jin Son	Lowell	15:50	76	Vanessa Del Carlo	S.H.Cathedral	18:30
27	Paige Huetteman	San Mateo	15:51	77	Annie Bresnahan	S.H.Cathedral	18:32
28	Rachel Wilson	Lowell	16:00	78	Tracy LIng	S.H.Cathedral	18:33
29	Christine Wong	Lowell	16:02	79	Michelle Gray	St. Ignatius	18:48
30	Erin Hughes	St. Ignatius	16:03	80	Kathleen Michelson	St. Ignatius	18:41
31	Liz Rios	Jefferson	16:03	81	Kim Le	Lowell	18:44
32	PatsyMcGuire	St. Ignatius	16:07	82	Gloria Lai	Lowell	19:03
33	Kira Swain	Aragon	16:10	83	Sarah Senno	St. Ignatius	19:07
34	Jasmine Wong	St. Ignatius	16:10	84	Ashley Canonica	St. Ignatius	19:07
35	Caitlin Callaghan	St. Ignatius	16:13	85	Jessica Gonia	Fremont	19:08
36	Laura Kavanagh	Half Moon Bay	16:18	86	Julia Lam	San Mateo	19:40
37	Gloria Kam	Lowell	16:18	87	Stephanie Sampera	St. Ignatius	19:46
38	Kristen Kam	Fremont	16:23	88	Marianne Balch	St. Ignatius	19:46
39	Desiree Ojeda	Beyer	16:25	89	Kelly Nevin	St. Ignatius	19:46
40	Janet Jew	Lowell	16:28	90	Anne Nguyen	South City	19:53
41	Joannah Schindler	S.H.Cathedral	16:30	91	Jennifer Lee	St. Ignatius	19:58
42	Anne Marie Punzalan	Terra Nova	16:35	92	Jennifer Chin	South City	20:21
43	Annie Wright	St. Ignatius	16:38	93	Mariana Farias	South City	20:38
44	Karissa Patterson	Half Moon Bay	16:38	94	Nisha Gurbaxani	Mercy	21:05
45	Angela Won	Lowell	16:40	95	Laura Bautista	South City	21:26
46	Lily Rosenman	San Mateo	16:44	96	Christy Sander	St. Ignatius	22:31
47	Rebecca Louie	S.H.Cathedral	16:50	97	Sarah Bennett	S.H.Cathedral	22:46
48	Angela Bauman	St. Ignatius	16:56	98	April Banker	S.H.Cathedral	22:50
49	Marie Gilo	McAteer	16:58	99	Christina Cayahyab	Mercy	22:51
50	Jessica Long	Terra Nova	16:59	100	Halimeh Sweilem	Mercy	23:34

**LOWELL CROSS COUNTRY INVITATIONAL 1996**  
**LINDLEY MEADOW, GOLDEN GATE PARK, SAN FRANCISCO, CA.**  
**GIRLS' FROSH-SOPH RESULTS**  
**2.0 MILES**

<u>PLACE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
101	Kristen Minger	St. Ignatius	NT
102	Stephanie Ting	Mercy	27:10
103	Michelle Cusi	Mercy	27:12
104	Angela Barenì	Mercy	28:28
105	Juliana Garcia	Mercy	28:28

\* = Individual Medal Winner

**TEAM RESULTS**

1	Beyer	35
2	St. Ignatius	49
3	Lowell	116
4	Jefferson	150
5	Sacred Heart Cathedral	181
6	San Mateo	222
7	Terra Nova	270
8	South City	435
9	Mercy	498

**LOWELL CROSS COUNTRY INVITATIONAL 1996**  
**LINDLEY MEADOW, GOLDEN GATE PARK, SAN FRANCISCO, CA.**  
**GIRLS' JUNIOR VARSITY RESULTS**  
**2.8 MILES**

<u>PLACE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>	<u>PLACE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1	Allison Fong	Lowell	20:31	51	Pian Wong	Westmoor	25:43
2	* Sarah Burgess	Yerba Buena	20:50	52	Alanna Deely	St. Ignatius	25:44
3	Susie Berrin	St. Ignatius	21:05	53	Robin Goka	Fremont	25:47
4	Carly Gross	St. Ignatius	21:08	54	Lauren Carroll	Convent	25:55
5	Lisa Chan	Lowell	21:14	55	Katie McGoulin	S.H. Cathedral	26:00
6	* Monica Garcia	Overfelt	21:14	56	Remy Williamson	S.H. Cathedral	26:28
7	Monica Cardona	St. Ignatius	21:29	57	Donna Cho	Skyline	26:35
8	Monica Kwan	Lowell	21:40	58	Kristen Klein	S.H. Cathedral	26:37
9	Virginia Lew	Lowell	21:49	59	Errin Montgomery	Westmoor	26:38
10	Liz Cincotta	St. Ignatius	21:54	60	Jessica Nash	Convent	27:02
11	Michelle Devencenzi	St. Ignatius	21:55	61	Maria Farias	South City	27:14
12	* Rebecca Turner	San Mateo	21:57	62	Judy Tip	St. Ignatius	27:41
13	* Ramona Bernabo	Overfelt	21:58	63	Patty Wellman	St. Ignatius	27:54
14	* Rena Tesconi	Convent	22:02	64	Janine Stelling	Mercy	28:12
15	Noreen Chan	Lowell	22:03	65	Jackie Cao	Mercy	28:21
16	* Andrea Hightower	Overfelt	22:04	66	Nghi La	Yerba Buena	28:22
17	Lara Henry	Lowell	22:22	67	Kristen Jahson	Mercy	28:23
18	Sarah O'Rourke	St. Ignatius	22:29	68	Maggie Przybylski	Skyline	28:28
19	Rina Pineda	Lowell	22:30	69	Alica Thwin	Westmoor	28:29
20	* Diana Fong	Westmoor	23:03	70	Aileen Brady	Mercy	28:31
21	* Kathrine Hill	S.H. Cathedral	23:03	71	Joyce Cheuk	Cupertino	29:05
22	* Anne Debenedict	Convent	23:06	72	Tracee Chang	S.H. Cathedral	29:28
23	* Jessica Comaskey	Convent	23:09	73	Louise Chu	Mercy	30:11
24	Gemma Ramirez	Overfelt	23:11	74	Liz Conti	Mercy	30:29
25	Renee Morris	Terra Nova	23:12	75	Esther Jones	Skyline	30:56
26	Villavicencio	Jefferson	23:25	76	Bindha Varghese	S.H. Cathedral	31:18
27	Molly Denning	St. Ignatius	23:26	77	Monique Mitchell	Skyline	31:59
28	Skarlot Fernandez	Overfelt	23:28	78	Ana Martinez	Westmoor	32:23
29	Martinez	Jefferson	23:28	79	Denise Sid	S.H. Cathedral	33:05
30	Aby Castro	Convent	23:30	80	Molly Kirk	St. Ignatius	33:51
31	Alam Gobaleza	Yerba Buena	23:32	81	Carolyn Lee	St. Ignatius	33:52
32	Nicole Lionetti	Mercy	23:44	82	Julie Vidosh	St. Ignatius	33:52
33	Louisa Ng	Westmoor	23:45	83	Debbie Ribea	St. Ignatius	33:52
34	Lynda Name	S.H. Cathedral	23:52	84	Gina Tursi	St. Ignatius	33:52
35	Joanne Chew	Lowell	24:00	85	Justine Clisham	St. Ignatius	33:52
36	Stevie Howell	Convent	24:07	86	Erica Nurse	Skyline	33:52
37	Elane Mak	S.H. Cathedral	24:09				
38	Manalo	Jefferson	24:23				
39	Jennifer Sato	Lowell	24:28				
40	Maggie Bovey	Convent	24:35				
41	Angela Lew	Lowell	24:38				
42	Lesley Evangelista	Westmoor	24:38				
43	Cheryl Henry	San Mateo	24:38				
44	Valerie Barrios	St. Ignatius	24:55				
45	Akemi Fukuda	Lowell	24:55				
46	Ginny Yang	St. Ignatius	24:56				
47	Regina Sheridan	St. Ignatius	25:15				
48	Irina Wong	Westmoor	25:21				
49	Jenny Tam	Convent	25:29				
50	Angellica Lo	Skyline	25:41				

\* = Individual Medal Winner

**LOWELL CROSS COUNTRY INVITATIONAL 1996**  
**LINDLEY MEADOW, GOLDEN GATE PARK, SAN FRANCISCO, CA.**  
**GIRLS' JUNIOR VARSITY RESULTS**  
**2.8 MILES**

**TEAM RESULTS**

1	St. Ignatius	35
2	Lowell	38
3	Overfelt	87
4	Convent of the S. H.	125
5	Westmoor	194
6	Sacred Heart Cathedral	203
7	Mercy	298
8	Skyline	327

**LOWELL CROSS COUNTRY INVITATIONAL 1996**  
**LINDLEY MEADOW, GOLDEN GATE PARK, SAN FRANCISCO, CA.**  
**GIRLS' VARSITY RESULTS**  
**2.8 MILES**

<u>PLACE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>	<u>PLACE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1	Jennifer Akana	Lowell	16:43	51	Veronica Picos	Overfelt	22:49
2	* Nicole Portley	Aragon	16:56	52	Kristina Zipse	Redwood Christ.	22:57
3	Marielle Schlueter	St. Ignatius	17:37	53	Jennifer Houghtelling	Redwood Christ.	22:57
4	Susan Chou	Lowell	17:47	54	Mitzi Marter	Cupertino	23:00
5	* Emily Dixon	Skyline	17:55	55	Melissa Lue	S.H. Cathedral	23:00
6	Katie Appenrodt	St. Ignatius	18:10	56	Kathy Herman	S.H. Cathedral	23:01
7	Eileen Grove	St. Ignatius	18:19	57	Jamie Lofrano	S.H. Cathedral	23:06
8	* Stephanie Garcia	Skyline	18:48	58	Amy Lofrano	S.H. Cathedral	23:07
9	Stephanie Libien	St. Ignatius	18:50	59	Reena Krishnan	S.H. Cathedral	23:19
10	Nydia Rivera	Lowell	18:53	60	Tiombe Wiley	Terra Nova	23:33
11	Sopagna Eap	Lowell	19:03	61	Desiree Herran	Westmoor	23:36
12	* Jocelyn Wong	Westmoor	19:03	62	Serena Lopez	Terra Nova	23:44
13	* Pam Wong	Westmoor	19:04	63	Georgie Snell	Rio Linda	24:09
14	Emily Price	Lowell	19:17	64	Kim Rios	Rio Linda	24:15
15	Melinda Huang	Lowell	19:20	65	Anna Chu	S.H. Cathedral	24:26
16	Christina Duenas	Overfelt	19:23	66	Nancy Ko	Mercy	24:53
17	* Anna Schecter	Half Moon Bay	19:46	67	Adrian Sherrill	Rio Linda	25:08
18	Erin Lapping	St. Ignatius	19:47	68	Allioi Ramahi	Mercy	25:20
19	* Miriam Yonan	Beyer	19:51	69	Julielle Damer	Half Moon Bay	25:21
20	* Meli Lieras	Skyline	20:03	70	Antonella Tomasich	Mercy	25:46
21	Rebecca Paterson	Overfelt	20:06	71	Jennifer Molson	Rio Linda	25:50
22	Ying Hua	Lowell	20:20	72	Kristina Rojo	Redwood Christ.	27:31
23	* Courtney Davidson	Redwood Christ.	20:24				
24	Liz Melgoza	Overfelt	20:27				
25	Tara Rodgers	St. Ignatius	20:33				
26	* Claire Abe	Half Moon Bay	20:33				
27	* Kate Levitt	Lick Wilmerding	20:37				
28	Malissa Thomas	Lowell	20:42				
29	Thenga Guarchido	Overfelt	20:44				
30	* Jessica Yonan	Beyer	20:47				
31	Coutney Anderson	St. Ignatius	20:51				
32	* Leah Forquer	Cupertino	20:52				
33	* Melissa Boronda	Terra Nova	20:54				
34	* Clarissa Lynn	Half Moon Bay	21:05				
35	Natalie Gehrels	Half Moon Bay	21:11				
36	Maria Ayala	Overfelt	21:12				
37	Corrina Sherrill	Rio Linda	21:15				
38	Cathryn Guevarra	Westmoor	21:16				
39	Anna Ratnathicam	Aragon	21:16				
40	Jennifer Tuff	Half Moon Bay	21:30				
41	Shannon Nelson	Beyer	21:37				
42	Pooja Prasad	Westmoor	21:41				
43	Natalie Wong	Westmoor	21:51				
44	Julie Stefan	Half Moon Bay	22:01				
45	Alania Difuntorum	Westmoor	22:07				
46	Sarah Dyer	Redwood Christ.	22:17				
47	Antonella DeMartini	Mercy	22:20				
48	Sharon Black	Redwood Christ.	22:21				
49	Pollyanna Ma	Washington-S.F.	22:21				
50	Mia Paraiso	Mercy	22:33				

\* = Individual Medal Winner

**LOWELL CROSS COUNTRY INVITATIONAL 1996**  
**LINDLEY MEADOW, GOLDEN GATE PARK, SAN FRANCISCO, CA.**  
**GIRLS' VARSITY RESULTS**  
**2.8 MILES**

**TEAM RESULTS**

1	Lowell	40
2	St. Ignatius	43
3	Overfelt	126
4	Westmoor	148
5	Half Moon Bay	152
6	Redwood Christian	222
7	Sacred Heart Cathedral	285
8	Mercy	301
9	Rio Linda	302

LOWELL HIGH SCHOOL

*Cross  
Country*



1101 Eucalyptus Drive  
San Francisco, California 94132  
Phone: 415-759-2730  
September 28, 1996

Dear Cross Country Coaches:

Thank you for attending The 24th annual San Francisco/AAA Cross Country Invitational Meet. Enclosed are the results from the meet. This year's meet had 695 runners from 27 schools from around Northern California cross the finish line, our biggest turn out ever.

I would like to take this opportunity to also thank the many volunteers who helped at this year's meet. Without them, this meet would not have gone as smooth as it did.

We look forward to seeing you next year on September 20, 1997 (our tentative date) for the 25th Annual San Francisco/AAA Cross Country Meet.

Best of luck to you and your team this season!

Sincerely,

A handwritten signature in cursive script that reads 'Andy'.

Andy Leong  
Cross Country Coach

# LOWELL HIGH SCHOOL

# Cross Country



1101 Eucalyptus Drive  
San Francisco, California 94132  
Phone: 415-759-2730

July 25, 1996

Dear Cross Country Coaches:

The 24th annual San Francisco/AAA Cross Country Invitational Meet will be held on Saturday, September 21, 1996 in Lindley and Speedway Meadows, in Golden Gate Park. This will mark the 18th consecutive year Lowell High School has sponsored this meet.

There will be three races for girls (Frosh/Soph, J.V. and Varsity) and four races for boys (Freshmen, Sophomore, Jr. Varsity and Varsity). The distance is approximately 2.8 miles for Varsity & J.V. races and 2.0 miles for Frosh/Soph races. We will run the same courses as in the last three years (maps enclosed). The number of races and distances may change based on the number of teams attending and other circumstances beyond our control. This meet is traditionally a low-key meet and we welcome all teams regardless of their size or experience.

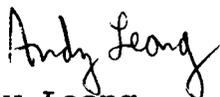
Team scores will be calculated by the number on the place stick received. A Varsity team must be entered first before a J.V. team can be entered. Teams will be subject to disqualification if they have faster runners on their J.V. teams. There are no dressing facilities so please come dressed to run. The following is a tentative time schedule and number of awards given in each race:

	TIME	# Team Awards	# Inv. Awards
Walk Course	9:00-9:45 AM	(maps provided)	
Frosh Boys	10:00 AM	2	10
F/S Girls	10:30 AM	2	10
Soph Boys	11:00 AM	2	10
J.V. Boys	11:30 AM	2	7
J.V. Girls	NOON	2	10
Var. Girls	12:30 PM	3	15
Var. Boys	1:00 PM	3	15
Awards Ceremony	1:30 PM		

There will be seven medals for each winning team. Individual awards are for members of non-winning teams. Because of growing numbers in the J.V. Girls race, a 2nd place team medal has been added as well as 3 additional individual awards. Also the J.V. Girls will be before the Varsity Girls race.

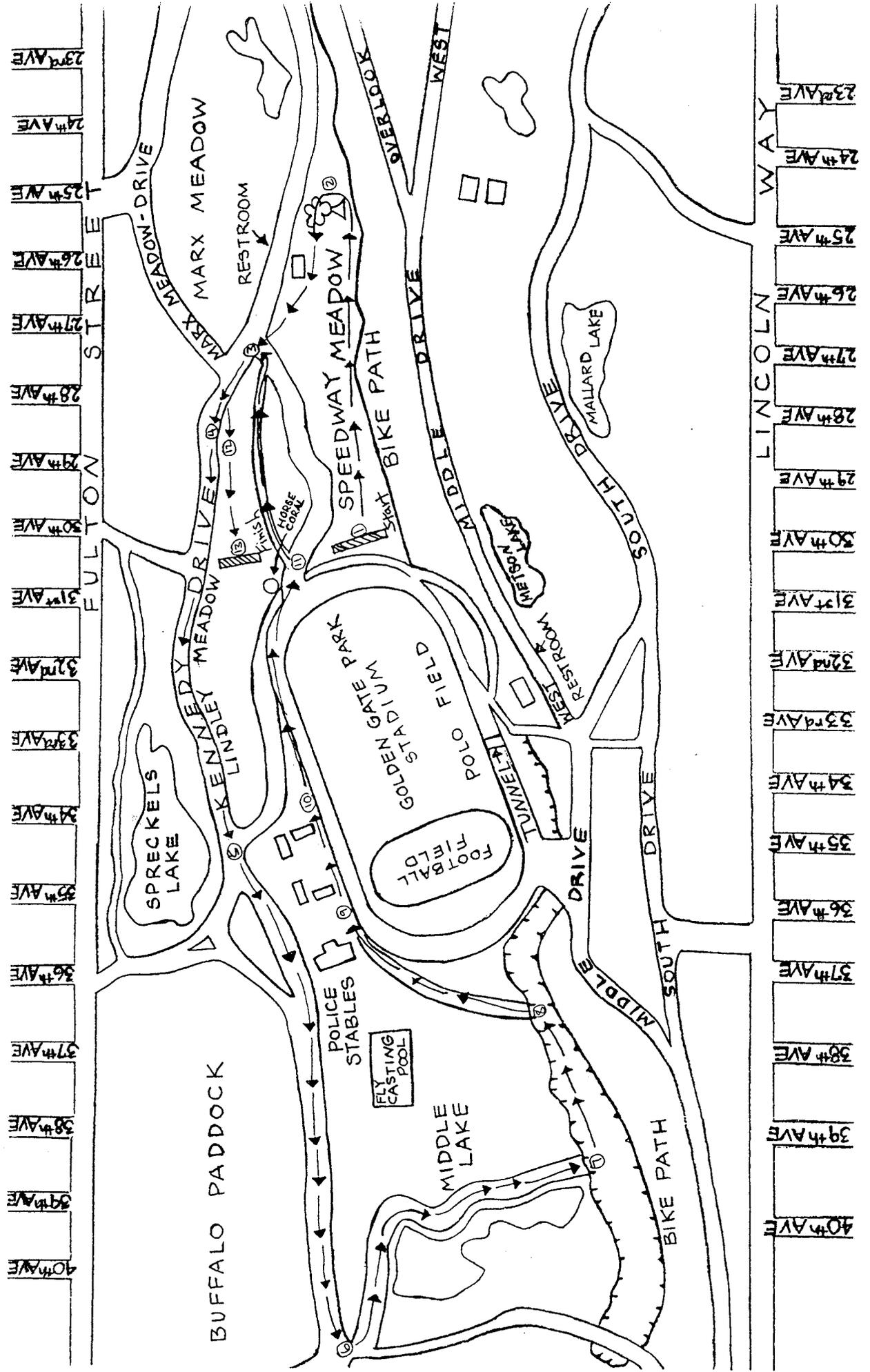
Entry fees will be \$5.00 per individual, \$20.00 per team with a \$75.00 maximum for each school (still one of the lowest fees in Northern California). Checks should be made out to "Lowell High School". Please return the reply form on the next page, leave a message at 415-759-2730 (you may also speak with Jim Thomas at this number) or phone me at 415-587-2472 in the evenings.

Sincerely,

A handwritten signature in cursive script that reads "Andy Leong".

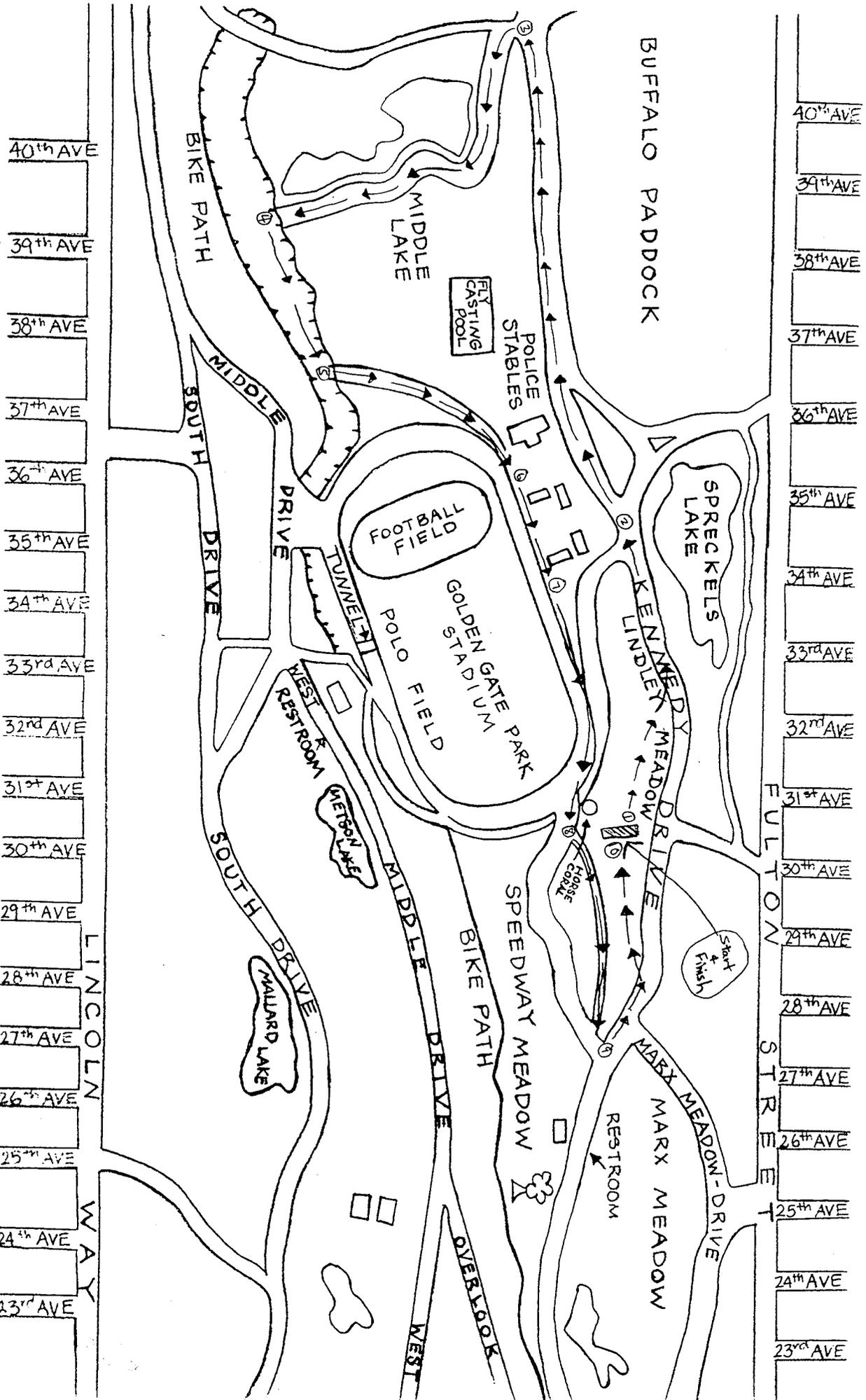
Andy Leong  
Cross Country Coach

# LOWELL INVITATIONAL VARSITY 2.8 MI. COURSE



SEQUENCE: 1-2-3-4-5-6-7-8-9-10-11-3-12-13

# LOWELL INVITATIONAL FROSH-SOPH 2.0 MI COURSE



SEQUENCE: 1-2-3-4-5-6-7-8-9-10

Mail to : Lowell High School  
Andy Leong, Cross Country Coach  
1101 Eucalyptus Drive  
San Francisco, Ca. 94132

\_\_\_\_\_ We will be attending your meet this year.

\_\_\_\_\_ Sorry, but we cannot attend your meet this year.

Number of runners to attend:

Varsity Boys \_\_\_\_\_ J.V. Boys \_\_\_\_\_ Soph Boys \_\_\_\_\_ Frosh Boys \_\_\_\_\_

Varsity Girls \_\_\_\_\_ J.V. Girls \_\_\_\_\_ Frosh/Soph Girls \_\_\_\_\_

\_\_\_\_\_ We are interested in attending your meet next year.

**SCHOOL:** \_\_\_\_\_

**COACH:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

\_\_\_\_\_

**DAY/NIGHT**

**PHONE:** \_\_\_\_\_