## 10/11/96 - Triangular Meet at Ed Levin Park - 2.4 Miles

| Boys | Pl | Time |  | Girls | Pl | Time |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| David Woodruff | 1 | 14:57 | PR | Patty Chin | 6 | 20:00 PR |
| Joseph Aubuchon | 2 | 15:33 | PR | Layli Jahanfard | 7 | 20:42 PR |
| Mohmud Osman | 7 | 16:31 |  | Michelle Browne | 9 | 21:19 |
| Nathan Edwards | 10 | 16:56 |  | Sabrina Barnhill | 11 | 22:21 |
| Tim Morgan | 12 | 17:13 | PR | Karen Strach | 12 | 22:22 |
| Kale Major | 14 | 17:31 |  | Kristina Olson | 14 | 22:53 |
| Khanh Ly | 15 | 18:01 | PR | Jessica Craig | 15 | 22:54 PR |
| Francisco Martinez | 17 | 18:16 |  | Laura Smallwood | 17 | 24:18 |
| Jared Lester | 18 | 18:27 | PR | Amy Pennstein | 20 | 25:10 |
| Jeff Friedman | 21 | 18:40 | PR | Julie Farias | 21 | 25:56 |
| Chris Shans | 22 | 18:56 | PR | Norane Mir | 22 | 27:29 |
| Robbie Runk | 24 | 20:19 | PR | Emma Nichols | 24 | 30:16 |
| Duc Uy Quang-Dang | 25 | 20:22 |  | Kim Bunker | 25 | 30:23 |

This is the most difficult course that you will rum all year and you did very well. This course is a little shorter than the course that we ran last year and it was much cooler. But, even taking that into consideration, all who ran PRs actually did run much better than last year.

The boys beat Milpitas 24-31 (Santa Clara had an incomplete team). David and Joseph ran outstanding races to easily take one-two. Mohmod was outstanding in his first race on a hilly course. Nathan seems to be recovered from his illness last week. Khanh pulled even in his seasonal battles with Jeff and Jared. Franciso had anther solid race. Chris improved on his PR by three minutes. Duc Uy came the closest that he ever has to beating Robbie.

The girls lost to Milpitas but you all ran very well. Milpitas is a very good team. Layli, Michelle, and Karen did a good job of staying close to each other for the first half of the race before Layli got away. Sabrina may have had her best race of the year as both she and Karen had a great sprint at the end. Kristina and Jessica also had a great battle over the last 100 yards. Laura ran well. Amy had her best race of the year. Julie did well but that last hill took its toll on her. Norane was super as she finished in front of five runners. Enma and Kim did a good job of getting by the two Milpitas runners during the second loop.

| Boys | \$1 12 | 141516 |
| :---: | :---: | :---: |
| David Moodruff | 10:27 $\frac{12}{13: 18}$ | 10:32 12:34 14:57 |
| Joseph Aubuchon | 11:11 13:48 14:1 | 11:00 13:15 15:33 |
| Collin Robinson | 11:55 |  |
| Paul albe | 11:30 |  |
| Joe Pueates | 11:35 14:20 |  |
| Mohwud Osman | 12:05 13:58 | 11:53 16:31 |
| Mathan Bdraxds | 11:56 14:22 14:59 | 14:40 16:56 |
| ¢im Horgan | 12:08 14:04 15:26 | 11:47 14:29 17:13 |
| Rale Major | 11:49 14:06 | 11:58 14:08 17:31 |
| Shanh LI | 13:16 15:34 16:15 | 12:59 15:05 18:01 |
| Francisco lartines | 13:47 14:46 16:07 | 12:16 15:23 18:1 |
| Jared Lester | 13:29 15:21 | 12:49 18:27 |
| Jeff Priedan | 13:36 15:09 16:12 | 12:45 15:20 18:40 |
| Chris Shans | 14:44 15:35 | 13:01 18:56 |
| Ticholas Pizano | 15:53 | 15:36 |
| Robbie Rumk | 15:13 17:11 | 14:25 20:19 |
| Duc DI Quang-Dang | 17:18 17:50 | 14:52 17:12 20:22 |
| dlan Lim | 15:45 17:48 18:31 | 15:39 17:38 |
| Isaac Mirfar | 18:11 | 15:46 |


$\frac{11}{14: 57} \frac{12}{16: 49} \frac{13}{17: 48} \frac{14}{14: 03} \frac{15}{16: 45} \frac{16}{20: 00}$
14:48 17:34 14:22 17:34 20:42
$\begin{array}{lll}14: 53 & 17: 20 & 14: 28 \\ 21: 19\end{array}$
15:01 17:39 18:11 14:35 17:41 22:22
16:18 18:45 $21: 19$ 15:09 18:34 22:21
15:44 18:57 19:16 15:37 18:42 22:53
17:08 19:55 20:35 16:12 19:33 22:54
16:13 19:59 20:59 16:38 19:09 24:18 20:29 21:26 17:19 25:56
19:03 21:08 22:43 18:57 22:04 25:10
20:24 23:33 25:27 19:59 23:36 27:29 24:09 21:26 DaF $30: 16$ 22:54 25:27 18:57 30:23
19:03 23:42

10/11/96 - Ed Levin Park Race - 2.4 Miles

## Varsity Boys

| 1 | David Woodruff | Wil | $14: 57$ |
| :--- | :--- | :--- | :--- |
| 2 | Joseph Aubuchon | Wil | $15: 33$ |
| 3 Seth Riojas | SC | $15: 57$ |  |
| 4 Ivan Stanojevic | Milp | $16: 01$ |  |
| 5 Matt Newbrough | Milp | $16: 21$ |  |
| 6 Eddie Favela | SC | $16: 27$ |  |
| 7 Mohmud Osman | Wil | $16: 31$ |  |
| 8 George Elias | Milp | $16: 44$ |  |
| 9 Edon Tibebe | SC | $16: 48$ |  |
| 10 | Nathan Edwards | Wil | $16: 56$ |
| 11 | Derek Untalan | Milp | $17: 03$ |
| 12 Tim Morgan | Wil | $17: 13$ |  |
| 13 | Matt Pennington | Milp | $17: 15$ |


| 14 |  |  |
| :--- | :--- | :--- |
| Kale Major | Wil | $17: 31$ |
| 15 | Khanh Ly | Wil |
| 16 | Richard Johnson | Wil |
| 17 | $18: 01$ |  |
| 18 Francis.Martinez | Wil | $18: 16$ |
| 19 Sted Lester | Wil | $18: 27$ |
| 20 Victor Tran | Milp | $18: 33$ |
| 21 Jeff Friedman | WC | $18: 35$ |
| 22 Chris Shans | Wil | $18: 40$ |
| 23 Kevin Sharma | Milp | $18: 56$ |
| 24 Robbie Runk | Wil | $20: 13$ |
| 25 Duc Uy Quang | Wil | $20: 22$ |
| 26 Phillip Boyden | Milp | $25: 50$ |


| 1-Wilcox | $1-2-5-7-9=24$ |
| :--- | :--- |
| 2-Milpitas | $3-4-6-8-10=31$ |
| 3-Santa Clara | Incomplete |

Varsity Girls

| Sabrina Ahmad | Milp | 19:07 | 15 Jessica Craig | Wil | 22:54 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 2 Christina Vanmeter | Milp | 19:14 | 16 Francis Palomar | Milp | 23:53 |
| 3 Kim Nebaker | Milp | 19:41 | 17 Laura Smallwood | Wil | 24:18 |
| 4 Lisa Christensen | SC | 19:47 | 18 Cheryl Thompson | Milp | 24:24 |
| 5 Whitney Kellogg | Milp | 19:55 | 19 Jaime Soria | Milp | 24:27 |
| 6 Patty Chin | Wil | 20:00 | 20 Amy Pennstein | Wil | 25:10 |
| 7 Layli Jahanfard | Wil | 20:42 | 21 Julie Farias | Wil | 25:56 |
| 8 Lindsay Sharpe | Milp | 21:13 | 22 Norane Mir | Wil | 27:29 |
| 9 Michelle Browne | Wil | 21:19 | 23 Anisha Patak | Milp | 28:28 |
| 10 Sonia Thind | Milp | 21:43 | 24 Emma Nichols | Wil | 30:16 |
| 11 Sabrina Barnhill | Wil | 22:21 | 25 Kim Bunker | Wil | 30:23 |
| 12 Karen Strach | Wil | 22:22 | 26 Amvit Bhandohal | Milp | 30:42 |
| 13 Colleen Acosta | SC | 22:42 | 27 Sonia Patak | Milp | 30:52 |


| 1-Milpitas | $1-2-3-4-7=17$ |
| :--- | :--- |
| 2-Wilcox | $5-6-8-10-11=40$ |
| 3-Santa Clara | Incomplete |

