

1996
NCS ARCO *am/pm*
CROSS COUNTRY
CHAMPIONS RESULTS

NEWHALL PARK
WALNUT CREEK
NOVEMBER 23, 1996

**1996 NCS ARCO am/pm Cross Country Championships
Division I Boys Results**

3.00 Miles
4.84 Kilometers

November 23, 1996
Newhall Park, Walnut Creek

Course
League
Conference

2:28 PM

Key: Overall Place, Place within group, Team Place Name (Sex/Age or Grade), Time, (Mile Pace)

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<p>2 2 2 Kevin Funk (12) 16:25 (5:28) 7 7 7 Jerry Finlay (12) 16:42 (5:34) 8 8 8 Jason DeSelle (11) 16:44 (5:34) 10 10 10 John Staroba (12) 16:51 (5:37) 14 14 14 Greg Funk (10) 17:03 (5:41) 17 17 17 Jake Currie (11) 17:11 (5:43) 22 22 22 Jeremy Jackman (12) 17:23 (5:47) Total time for scoring runners: 1:23:45 Average time for scoring runners: 16:45</p> <p align="center">Montgomery 1 Points: 41</p>	<p>5 5 5 Chris Hernandez ADVANCES (10) 16:39 (5:33) 29 29 29 Louis Koberstein (12) 17:45 (5:55) 35 35 35 Craig Avis (10) 17:59 (5:59) 39 39 39 Kody Jenson (12) 18:14 (6:04) 45 45 45 Aaron Burch (12) 18:42 (6:14) 52 52 52 David Maynard (9) 18:51 (6:17) 64 64 64 David Cupp (12) 19:18 (6:26) Total time for scoring runners: 1:29:19 Average time for scoring runners: 17:51</p> <p align="center">Antioch 5 Points: 153</p>
<p>1 1 1 Chad Foster (12) 16:01 (5:20) 3 3 3 Scott MacDonald (11) 16:37 (5:32) 15 15 15 Ashera Pirar (10) 17:09 (5:43) 20 20 20 Mansoor Alizai (11) 17:21 (5:47) 26 26 26 Hieu Luu (12) 17:37 (5:52) 34 34 34 Garrett Fogel (12) 17:59 (5:59) 54 54 54 Eyobe Embeye (12) 18:57 (6:19) Total time for scoring runners: 1:24:45 Average time for scoring runners: 16:57</p> <p align="center">James Logan 2 Points: 65</p>	<p>12 12 12 Andrew Shogan (12) 16:53 (5:37) 40 40 40 Max Rodriquez (12) 18:14 (6:04) 41 41 41 Mike Smith (12) 18:23 (6:07) 43 43 43 Andy Fitzgerrell (11) 18:40 (6:13) 44 44 44 Matt Huy (12) 18:40 (6:13) 59 59 59 Nick Merrell (12) 19:10 (6:23) 67 67 67 Brett Taylor () 19:25 (6:28) Total time for scoring runners: 1:30:50 Average time for scoring runners: 18:10</p> <p align="center">Acalanes 6 Points: 180</p>
<p>11 11 11 Tom Cathey ADVANCES (12) 16:51 (5:37) 13 13 13 Shane Dulaney (12) 17:02 (5:40) 19 19 19 Seth Mellon (12) 17:19 (5:46) 23 23 23 Peter Baria (12) 17:23 (5:47) 25 25 25 Brad Dickson (11) 17:27 (5:49) 30 30 30 Mike Boruta (12) 17:49 (5:56) 57 57 57 Damien Dulaney (11) 19:05 (6:21) Total time for scoring runners: 1:26:02 Average time for scoring runners: 17:12</p> <p align="center">Castro Valley 3 Points: 91</p>	<p>27 27 27 Jason Fletcher (10) 17:39 (5:53) 32 32 32 Chris Fletcher (10) 17:52 (5:57) 33 33 33 Alex Morales (12) 17:58 (5:59) 36 36 36 Mark Johnson (12) 18:03 (6:01) 53 53 53 Josh Jones (10) 18:52 (6:17) 73 73 72 Jeremy Glaholt (12) 19:53 (6:37) 77 77 76 Chris Foster (11) 20:29 (6:49) Total time for scoring runners: 1:30:24 Average time for scoring runners: 18:04</p> <p align="center">Liberty 7 Points: 181</p>
<p>9 9 9 Ulises Teutle ADVANCES (12) 16:51 (5:37) 16 16 16 Alex Barrios (10) 17:10 (5:43) 21 21 21 Tino Pulido (10) 17:21 (5:47) 49 49 49 Kris Rushing (12) 18:47 (6:15) 56 56 56 Ben Vasquez (11) 19:01 (6:20) 62 62 62 Joe Njoroge (12) 19:14 (6:24) 65 65 65 Nathan Azhwerian (9) 19:19 (6:26) Total time for scoring runners: 1:29:10 Average time for scoring runners: 17:50</p> <p align="center">Santa Rosa 4 Points: 151</p>	<p>4 4 4 Mike Wilson ADVANCES (11) 16:39 (5:33) 24 24 24 Jason Mendes (12) 17:25 (5:48) 28 28 28 Kevin Todd (10) 17:43 (5:54) 61 61 61 Tait Miller (11) 19:14 (6:24) 74 74 73 Remy Martin () 19:55 (6:38) 75 75 74 Kirk Miller (9) 20:15 (6:45) 76 76 75 Garth Schultz (11) 20:18 (6:46) Total time for scoring runners: 1:30:56 Average time for scoring runners: 18:11</p> <p align="center">Healdsburg 8 Points: 190</p>

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6	6	6 John Dubois ADVANCES (11) 16:42 (5:34)	
38	38	38 Esseyas Gebray (12) 18:13 (6:04)	
47	47	47 Ian Jackson (10) 18:46 (6:15)	
50	50	50 Matt Savage (12) 18:48 (6:16)	
58	58	58 Joe Hon (12) 19:10 (6:23)	
60	60	60 Sean King (9) 19:13 (6:24)	
69	69	69 Doug Fullerton (12) 19:35 (6:31)	
Total time for scoring runners: 1:31:39			
Average time for scoring runners: 18:19			
Alameda		9	Points: 199
18	18	18 Rick Riley (12) 17:14 (5:44)	
31	31	31 David Miller (12) 17:50 (5:56)	
42	42	42 Brian Ching (10) 18:25 (6:08)	
48	48	48 Bryan Smthe (11) 18:46 (6:15)	
63	63	63 Bryan Godwin (10) 19:17 (6:25)	
70	70	70 Scott Fukomoto () 19:41 (6:33)	
71	71	71 Alex James (12) 19:46 (6:35)	
Total time for scoring runners: 1:31:32			
Average time for scoring runners: 18:18			
Alhambra		10	Points: 202
37	37	37 Richard Mendez (10) 18:11 (6:03)	
46	46	46 Sam Petty (11) 18:44 (6:14)	
51	51	51 Andy Almenderarez (12) 18:50 (6:16)	
55	55	55 Andy Ostarello (12) 18:58 (6:19)	
66	66	66 Mike Wolf (11) 19:21 (6:27)	
68	68	68 Daniel Waller () 19:31 (6:30)	
Total time for scoring runners: 1:34:04			
Average time for scoring runners: 18:48			
Hayward		11	Points: 255
72	72	0 Tom Hitchner (10) 19:49 (6:36)	
78	78	0 Marcus Graly (9) 20:50 (6:56)	
Berkeley			Points: 0

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1 Chad Foster (12) James Logan 16:01 (5:20)	63 Bryan Godwin (10) Alhambra 19:17 (6:25)
2 Kevin Funk (12) Montgomery 16:25 (5:28)	64 David Cupp (12) Antioch 19:18 (6:26)
3 Scott MacDonald (11) James Logan 16:37 (5:32)	65 Nathan Azhwerian (9) Santa Rosa 19:19 (6:26)
4 Mike Wilson ADVANCES (11) Healdsburg 16:39 (5:33)	66 Mike Wolf (11) Hayward 19:21 (6:27)
5 Chris Hernandez ADVANCES (10) Antioch 16:39 (5:33)	67 Brett Taylor Acalanes 19:25 (6:28)
6 John Dubois ADVANCES (11) Alameda 16:42 (5:34)	68 Daniel Waller Hayward 19:31 (6:30)
7 Jerry Finlay (12) Montgomery 16:42 (5:34)	69 Doug Fullerton (12) Alameda 19:35 (6:31)
8 Jason DeSelle (11) Montgomery 16:44 (5:34)	70 Scott Fukomoto Alhambra 19:41 (6:33)
9 Ulises Teutle ADVANCES (12) Santa Rosa 16:51 (5:37)	71 Alex James (12) Alhambra 19:46 (6:35)
10 John Staroba (12) Montgomery 16:51 (5:37)	72 Tom Hitchner (10) Berkeley 19:49 (6:36)
11 Tom Cathey ADVANCES (12) Castro Valley 16:51 (5:37)	73 Jeremy Glaholt (12) Liberty 19:53 (6:37)
12 Andrew Shogan (12) Acalanes 16:53 (5:37)	74 Remy Martin Healdsburg 19:55 (6:38)
13 Shane Dulaney (12) Castro Valley 17:02 (5:40)	75 Kirk Miller (9) Healdsburg 20:15 (6:45)
14 Greg Funk (10) Montgomery 17:03 (5:41)	76 Garth Schultz (11) Healdsburg 20:18 (6:46)
15 Ashera Pirar (10) James Logan 17:09 (5:43)	77 Chris Foster (11) Liberty 20:29 (6:49)
16 Alex Barrios (10) Santa Rosa 17:10 (5:43)	78 Marcus Graly (9) Berkeley 20:50 (6:56)
17 Jake Currie (11) Montgomery 17:11 (5:43)	
18 Rick Riley (12) Alhambra 17:14 (5:44)	
19 Seth Mellon (12) Castro Valley 17:19 (5:46)	
20 Mansoor Alizai (11) James Logan 17:21 (5:47)	
21 Tino Pulido (10) Santa Rosa 17:21 (5:47)	
22 Jeremy Jackman (12) Montgomery 17:23 (5:47)	
23 Peter Baria (12) Castro Valley 17:23 (5:47)	
24 Jason Mendes (12) Healdsburg 17:25 (5:48)	
25 Brad Dickson (11) Castro Valley 17:27 (5:49)	
26 Hieu Luu (12) James Logan 17:37 (5:52)	
27 Jason Fletcher (10) Liberty 17:39 (5:53)	
28 Kevin Todd (10) Healdsburg 17:43 (5:54)	
29 Louis Koberstein (12) Antioch 17:45 (5:55)	
30 Mike Boruta (12) Castro Valley 17:49 (5:56)	
31 David Miller (12) Alhambra 17:50 (5:56)	
32 Chris Fletcher (10) Liberty 17:52 (5:57)	
33 Alex Morales (12) Liberty 17:58 (5:59)	
34 Garrett Fogel (12) James Logan 17:59 (5:59)	
35 Craig Avis (10) Antioch 17:59 (5:59)	
36 Mark Johnson (12) Liberty 18:03 (6:01)	
37 Richard Mendez (10) Hayward 18:11 (6:03)	
38 Essevas Gebray (12) Alameda 18:13 (6:04)	
39 Kody Jenson (12) Antioch 18:14 (6:04)	
40 Max Rodriguez (12) Acalanes 18:14 (6:04)	
41 Mike Smith (12) Acalanes 18:23 (6:07)	
42 Brian Ching (10) Alhambra 18:25 (6:08)	
43 Andy Fitzgerrell (11) Acalanes 18:40 (6:13)	
44 Matt Huy (12) Acalanes 18:40 (6:13)	
45 Aaron Burch (12) Antioch 18:42 (6:14)	
46 Sam Petty (11) Hayward 18:44 (6:14)	
47 Ian Jackson (10) Alameda 18:46 (6:15)	
48 Bryan Smthe (11) Alhambra 18:46 (6:15)	
49 Kris Rushing (12) Santa Rosa 18:47 (6:15)	
50 Matt Savage (12) Alameda 18:48 (6:16)	
51 Andy Almenderarez (12) Hayward 18:50 (6:16)	
52 David Maynard (9) Antioch 18:51 (6:17)	
53 Josh Jones (10) Liberty 18:52 (6:17)	
54 Eyobe Embeve (12) James Logan 18:57 (6:19)	
55 Andy Ostarello (12) Hayward 18:58 (6:19)	
56 Ben Vasquez (11) Santa Rosa 19:01 (6:20)	
57 Damien Dulaney (11) Castro Valley 19:05 (6:21)	
58 Joe Hon (12) Alameda 19:10 (6:23)	
59 Nick Merrell (12) Acalanes 19:10 (6:23)	
Sean King (9) Alameda 19:13 (6:24)	
Tait Miller (11) Healdsburg 19:14 (6:24)	
ve Njoroqe (12) Santa Rosa 19:14 (6:24)	

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<p>1 1 1 Julia Stamps (12) 16:46 (5:35) 2 2 2 Trina Cox (10) 18:05 (6:01) 3 3 3 Lindsay Johnson (9) 19:20 (6:26) 6 6 6 Katie Stafford (10) 19:48 (6:36) 21 21 20 Anathea Meade (9) 21:23 (7:07) 38 38 37 Julia Stoyanova (12) 22:41 (7:33) 39 39 38 Bryanna Harris (11) 22:43 (7:34)</p> <p>Total time for scoring runners: 1:35:22 Average time for scoring runners: 19:04</p> <p align="center">Santa Rosa 1 Points: 32</p>	<p>9 9 9 Amanda Roberts ADVANCES (9) 20:22 (6:47) 16 16 16 Sofia VanLeeuwen (10) 21:09 (7:03) 26 26 25 Janet Morrison (10) 21:41 (7:13) 40 40 39 Brittany Matthews (10) 22:43 (7:34) 53 53 51 Anna Lee (11) 24:33 (8:11) 63 63 61 Jasmine Churchill (11) 26:58 (8:59)</p> <p>Total time for scoring runners: 1:50:28 Average time for scoring runners: 22:05</p> <p align="center">Alameda 5 Points: 140</p>
<p>13 13 13 Katie Powers (11) 20:51 (6:57) 15 15 15 Erin Gillen (11) 20:56 (6:58) 19 19 19 Amy Judy (10) 21:18 (7:06) 22 22 21 Petra Kohler (10) 21:25 (7:08) 23 23 22 Sabrina Lee (10) 21:27 (7:09) 29 29 28 Lisa Bostijanick (11) 22:07 (7:22) 32 32 31 Babs Lake (11) 22:17 (7:25)</p> <p>Total time for scoring runners: 1:45:57 Average time for scoring runners: 21:11</p> <p align="center">Acalanes 2 Points: 90</p>	<p>4 4 4 Linsey Henthorn ADVANCES (11) 19:25 (6:28) 25 25 24 Erin Ongman (10) 21:30 (7:10) 41 41 40 Lise Smith (12) 22:44 (7:34) 49 49 47 Annie Jack (10) 23:53 (7:57) 50 50 48 Austin Douglas (11) 24:03 (8:01)</p> <p>Total time for scoring runners: 1:51:35 Average time for scoring runners: 22:19</p> <p align="center">Liberty 6 Points: 163</p>
<p>7 7 7 Jennifer Bridgeman ADVANCES (12) 19:57 (6:39) 14 14 14 Sky Baumbach (11) 20:55 (6:58) 17 17 17 Senhit Pirar (12) 21:14 (7:04) 28 28 27 Karen Wetzell (12) 21:59 (7:19) 33 33 32 Sara Paige (11) 22:18 (7:26) 36 36 35 Daniell Price (11) 22:29 (7:29) 43 43 42 Amanda Gurbe (12) 22:49 (7:36)</p> <p>Total time for scoring runners: 1:46:23 Average time for scoring runners: 21:16</p> <p align="center">James Logan 3 Points: 97</p>	<p>5 5 5 Amy Loper-Riley ADVANCES (9) 19:29 (6:29) 27 27 26 Sky Gliatto (11) 21:42 (7:14) 34 34 33 Laura Johnson (10) 22:19 (7:26) 47 47 45 Sara DeLeon (12) 23:15 (7:45) 58 58 56 Amy Hughes (12) 25:33 (8:31) 62 62 60 Heather Stephans (9) 26:50 (8:56)</p> <p>Total time for scoring runners: 1:52:18 Average time for scoring runners: 22:27</p> <p align="center">Alhambra 7 Points: 165</p>
<p>8 8 8 Ashlee Nulty ADVANCES (9) 20:02 (6:40) 12 12 12 Kim Busby (11) 20:45 (6:55) 30 30 29 Katy Lowenkoph (10) 22:10 (7:23) 35 35 34 Liz Abbott (11) 22:24 (7:28) 37 37 36 Courtney Lee (9) 22:37 (7:32) 42 42 41 Jenny Sawdey (9) 22:47 (7:35) 44 44 43 Julia Shebby (9) 22:58 (7:39)</p> <p>Total time for scoring runners: 1:47:58 Average time for scoring runners: 21:35</p> <p align="center">San Ramon 4 Points: 119</p>	<p>10 10 10 Oralia Coon (10) 20:41 (6:53) 31 31 30 Jessica Marr (10) 22:12 (7:24) 45 45 44 Charlotte Tracey (11) 23:11 (7:43) 51 51 49 Karen Wong (9) 24:05 (8:01) 52 52 50 Kristin Dunn (10) 24:18 (8:06) 61 61 59 Maida Cardenas (11) 26:38 (8:52)</p> <p>Total time for scoring runners: 1:54:27 Average time for scoring runners: 22:53</p> <p align="center">Hayward 8 Points: 183</p>

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11	11	11	Ana Lopes (12)	20:44	(6:54)
24	24	23	Amy Hilliard (11)	21:28	(7:09)
48	48	46	Fiona Flanagan (12)	23:28	(7:49)
55	55	53	Sonya Gonzalez (10)	24:55	(8:18)
56	56	54	Allison Iacopini (12)	25:02	(8:20)
57	57	55	Jessica Lindevald (11)	25:02	(8:20)
60	60	58	Yvette Romo (12)	26:27	(8:49)

Total time for scoring runners: 1:55:37
Average time for scoring runners: 23:07

Antioch **9** **Points: 187**

18	18	18	Sara Hernandez (11)	21:16	(7:05)
54	54	52	Rachel Holmes (12)	24:35	(8:11)
59	59	57	Amy Ma (11)	26:05	(8:41)
64	64	62	Cori Cablk ()	31:17	(10:25)
65	65	63	Sonja Hedren (12)	31:17	(10:25)

Total time for scoring runners: 2:14:30
Average time for scoring runners: 26:54

Healdsburg **10** **Points: 252**

20	20	0	Lauren Smith (12)	21:22	(7:07)
46	46	0	Hannah Sarvasy (10)	23:13	(7:44)

Berkeley **Points: 0**

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1 Julia Stamps (12) Santa Rosa 16:46 (5:35)	63 Jasmine Churchill (11) Alameda 26:58 (8:59)
2 Trina Cox (10) Santa Rosa 18:05 (6:01)	64 Cori Cablk Healdsburg 31:17 (10:25)
3 Lindsay Johnson (9) Santa Rosa 19:20 (6:26)	65 Sonja Hedren (12) Healdsburg 31:17 (10:25)
4 Linsey Henthorn ADVANCES (11) Liberty 19:25 (6:28)	
5 Amy Loper-Riley ADVANCES (9) Alhambra 19:29 (6:29)	
6 Katie Stafford (10) Santa Rosa 19:48 (6:36)	
7 Jennifer Bridgeman ADVANCES (12) James Logan 19:57 (6:39)	
8 Ashlee Nulty ADVANCES (9) San Ramon 20:02 (6:40)	
9 Amanda Roberts ADVANCES (9) Alameda 20:22 (6:47)	
10 Oralia Coon (10) Hayward 20:41 (6:53)	
11 Ana Lopes (12) Antioch 20:44 (6:54)	
12 Kim Busby (11) San Ramon 20:45 (6:55)	
13 Katie Powers (11) Acalanes 20:51 (6:57)	
14 Sky Baumbeck (11) James Logan 20:55 (6:58)	
15 Erin Gillen (11) Acalanes 20:56 (6:58)	
16 Sofia VanLeeuwen (10) Alameda 21:09 (7:03)	
17 Senhit Pirar (12) James Logan 21:14 (7:04)	
18 Sara Hernandez (11) Healdsburg 21:16 (7:05)	
19 Amy Judy (10) Acalanes 21:18 (7:06)	
20 Lauren Smith (12) Berkeley 21:22 (7:07)	
21 Anatheia Meade (9) Santa Rosa 21:23 (7:07)	
22 Petra Kohler (10) Acalanes 21:25 (7:08)	
23 Sabrina Lee (10) Acalanes 21:27 (7:09)	
24 Amy Hilliard (11) Antioch 21:28 (7:09)	
25 Erin Ongman (10) Liberty 21:30 (7:10)	
26 Janet Morrison (10) Alameda 21:41 (7:13)	
27 Sky Gliatto (11) Alhambra 21:42 (7:14)	
28 Karen Wetzell (12) James Logan 21:59 (7:19)	
29 Lisa Bostjanick (11) Acalanes 22:07 (7:22)	
30 Katy Lowenkoph (10) San Ramon 22:10 (7:23)	
31 Jessica Marr (10) Hayward 22:12 (7:24)	
32 Babs Lake (11) Acalanes 22:17 (7:25)	
33 Sara Paige (11) James Logan 22:18 (7:26)	
34 Laura Johnson (10) Alhambra 22:19 (7:26)	
35 Liz Abbott (11) San Ramon 22:24 (7:28)	
36 Daniell Price (11) James Logan 22:29 (7:29)	
37 Courtney Lee (9) San Ramon 22:37 (7:32)	
38 Julia Stoyanova (12) Santa Rosa 22:41 (7:33)	
39 Bryanna Harris (11) Santa Rosa 22:43 (7:34)	
40 Brittany Matthews (10) Alameda 22:43 (7:34)	
41 Lisa Smith (12) Liberty 22:44 (7:34)	
42 Jenny Sawdey (9) San Ramon 22:47 (7:35)	
43 Amanda Gurbe (12) James Logan 22:49 (7:36)	
44 Julia Shebby (9) San Ramon 22:58 (7:39)	
45 Charlotte Tracey (11) Hayward 23:11 (7:43)	
46 Hannah Sarvasy (10) Berkeley 23:13 (7:44)	
47 Sara Deleon (12) Alhambra 23:15 (7:45)	
48 Fiona Flanagan (12) Antioch 23:28 (7:49)	
49 Annie Jack (10) Liberty 23:53 (7:57)	
50 Austin Douglas (11) Liberty 24:03 (8:01)	
51 Karen Wong (9) Hayward 24:05 (8:01)	
52 Kristin Dunn (10) Hayward 24:18 (8:06)	
53 Anna Lee (11) Alameda 24:33 (8:11)	
54 Rachel Holmes (12) Healdsburg 24:35 (8:11)	
55 Sonya Gonzalez (10) Antioch 24:55 (8:18)	
56 Allison Iacopini (12) Antioch 25:02 (8:20)	
57 Jessica Lindevald (11) Antioch 25:02 (8:20)	
58 Amy Hughes (12) Alhambra 25:33 (8:31)	
59 Amy Ma (11) Healdsburg 26:05 (8:41)	
60 Yvette Romo (12) Antioch 26:27 (8:49)	
61 Maida Cardenas (11) Hayward 26:38 (8:52)	
62 Heather Stephans (9) Alhambra 26:50 (8:56)	

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<p>4 4 4 Tom Prindiville (12) 15:40 (5:13) 6 6 6 Jeff George (12) 16:10 (5:23) 8 8 8 Sean Kenady (12) 16:14 (5:24) 9 9 9 Ryan Stanton (11) 16:15 (5:25) 10 10 10 Tim Layden (11) 16:19 (5:26) 11 11 11 Alex Sanchez (12) 16:20 (5:26) 12 12 12 Matt Click (12) 16:42 (5:34)</p> <p>Total time for scoring runners: 1:20:38 Average time for scoring runners: 16:07</p> <p>De LaSalle 1 Points: 37</p>	<p>2 2 2 Enrique Henriquez ADVANCES (12) 15:35 (5:11) 17 17 17 Justin Griffin (11) 17:02 (5:40) 31 31 31 Zack Ardell-Smith (9) 17:53 (5:57) 36 36 36 Anthony Cataldo (12) 18:30 (6:10) 37 37 37 Shreyas Vijaykumar (10) 18:35 (6:11) 52 52 50 Eric Feng (10) 20:08 (6:42)</p> <p>Total time for scoring runners: 1:27:35 Average time for scoring runners: 17:31</p> <p>San Leandro 5 Points: 123</p>
<p>1 1 1 David Rodriguez (12) 15:30 (5:10) 3 3 3 Jon Stevens (11) 15:38 (5:12) 19 19 19 Drew Ostler (12) 17:08 (5:42) 23 23 23 Tom Chapman (11) 17:15 (5:45) 24 24 24 Micah Strom (9) 17:17 (5:45) 26 26 26 Jerry Stepan (11) 17:20 (5:46) 29 29 29 Ed West (12) 17:37 (5:52)</p> <p>Total time for scoring runners: 1:22:48 Average time for scoring runners: 16:33</p> <p>Mission San Jose 2 Points: 70</p>	<p>21 21 21 Rob Lechtenberg (11) 17:09 (5:43) 28 28 28 Anton Klemens (11) 17:34 (5:51) 32 32 32 Phil Wood (11) 17:59 (5:59) 34 34 34 Dan Carlin (12) 18:20 (6:06) 44 44 43 Ammon Rost (10) 19:22 (6:27) 46 46 45 Ferdinand Sutanto (10) 19:35 (6:31) 58 58 53 Brad Lechtenberg (10) 23:07 (7:42)</p> <p>Total time for scoring runners: 1:30:24 Average time for scoring runners: 18:04</p> <p>Northgate 6 Points: 158</p>
<p>7 7 7 Justin Carter ADVANCES (12) 16:12 (5:24) 13 13 13 Steve Nunez (10) 16:47 (5:35) 15 15 15 Adam Davis () 16:58 (5:39) 16 16 16 Andy Hall (12) 17:00 (5:40) 20 20 20 Darren Brown (12) 17:09 (5:43) 39 39 39 Philip Blankenship (10) 18:37 (6:12) 42 42 42 David Nielsen (11) 19:09 (6:23)</p> <p>Total time for scoring runners: 1:24:06 Average time for scoring runners: 16:49</p> <p>Clayton Valley 3 Points: 71</p>	<p>30 30 30 Bowa Roberts (10) 17:40 (5:53) 33 33 33 Derrick Craig (10) 18:11 (6:03) 41 41 41 Luis Martinez (12) 18:46 (6:15) 49 49 47 Tim Byrne (10) 19:47 (6:35) 57 57 52 Robert Ebreo (9) 22:16 (7:25)</p> <p>Total time for scoring runners: 1:36:40 Average time for scoring runners: 19:20</p> <p>Pittsburg 7 Points: 203</p>
<p>5 5 5 Brian Henstorf ADVANCES (12) 15:48 (5:16) 14 14 14 Ron Selvy (11) 16:49 (5:36) 18 18 18 Don Zimmerman (11) 17:02 (5:40) 22 22 22 Edgar Alas (10) 17:12 (5:44) 25 25 25 Ryan Stifter (11) 17:18 (5:46) 27 27 27 Austin Blake (9) 17:30 (5:50) 35 35 35 Andrew Smith (9) 18:25 (6:08)</p> <p>Total time for scoring runners: 1:24:09 Average time for scoring runners: 16:49</p> <p>Amador 4 Points: 84</p>	<p>38 38 38 Jonathan Shapas (10) 18:35 (6:11) 40 40 40 Jeff Abate (10) 18:44 (6:14) 45 45 44 Allen Victor (12) 19:26 (6:28) 47 47 46 J.R. Atwood (9) 19:39 (6:33) 50 50 48 Carl Gustafson (10) 19:58 (6:39) 51 51 49 Justin Tamblyn (9) 20:04 (6:41) 55 55 51 Mike Daly (9) 20:41 (6:53)</p> <p>Total time for scoring runners: 1:36:22 Average time for scoring runners: 19:16</p> <p>Monte Vista 8 Points: 216</p>
	<p>43 43 0 Niles Almarinez (9) 19:16 (6:25) 48 48 0 Wyatt Reese (9) 19:45 (6:35) 59 59 0 Dustin Schaeffer () 23:21 (7:47) 61 61 0 Jon Fish (10) 24:06 (8:02)</p> <p>Deer Valley Points: 0</p>

1996 NCS ARCO am/pm Cross Country Championships
Division II Boys Results

3.00 Miles
4.84 Kilometers

November 23, 1996
Newhall Park, Walnut Creek

Course
League
Conference

1:38 PM
Page: 2

Key: Overall Place, Place within group, Team Place Name (Sex/Age or Grade), Time, (Mile Pace)
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53	53	0 Jeff Huber (11)	20:09	(6:43)
54	54	0 Sean Leonard (10)	20:40	(6:53)
56	56	0 Mark Gallup (11)	21:16	(7:05)
60	60	0 Ricky Adams (10)	23:39	(7:53)

Piñer

Points: 0

**1996 NCS ARCO am/pm Cross Country Championships
Division II Boys Results**

3.00 Miles
4.84 Kilometers

November 23, 1996
Newhall Park, Walnut Creek

Course
League
Conference

1:37 PM
Page: 1

Key: Overall Place, Name (Grade), Team, Time, (Mile Pace)

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- | | |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------|
| <p>1 David Rodriguez (12) Mission San Jose 15:30
(5:10)</p> <p>2 Enrique Henriquez ADVANCES (12) San Leandro
15:35 (5:11)</p> <p>3 Jon Stevens (11) Mission San Jose 15:38 (5:12)</p> <p>4 Tom Prindiville (12) De LaSalle 15:40 (5:13)</p> <p>5 Brian Henstorf ADVANCES (12) Amador 15:48
(5:16)</p> <p>6 Jeff George (12) De LaSalle 16:10 (5:23)</p> <p>7 Justin Carter ADVANCES (12) Clayton Valley
16:12 (5:24)</p> <p>8 Sean Kenady (12) De LaSalle 16:14 (5:24)</p> <p>9 Ryan Stanton (11) De LaSalle 16:15 (5:25)</p> <p>10 Tim Layden (11) De LaSalle 16:19 (5:26)</p> <p>11 Alex Sanchez (12) De LaSalle 16:20 (5:26)</p> <p>12 Matt Click (12) De LaSalle 16:42 (5:34)</p> <p>13 Steve Nunez (10) Clayton Valley 16:47 (5:35)</p> <p>14 Ron Selvy (11) Amador 16:49 (5:36)</p> <p>15 Adam Davis Clayton Valley 16:58 (5:39)</p> <p>16 Andy Hall (12) Clayton Valley 17:00 (5:40)</p> <p>17 Justin Griffin (11) San Leandro 17:02 (5:40)</p> <p>18 Don Zimmerman (11) Amador 17:02 (5:40)</p> <p>19 Drew Ostler (12) Mission San Jose 17:08 (5:42)</p> <p>20 Darren Brown (12) Clayton Valley 17:09 (5:43)</p> <p>21 Rob Lechtenberg (11) Northgate 17:09 (5:43)</p> <p>22 Edgar Alas (10) Amador 17:12 (5:44)</p> <p>23 Tom Chapman (11) Mission San Jose 17:15
(5:45)</p> <p>24 Micah Strom (9) Mission San Jose 17:17 (5:45)</p> <p>25 Ryan Stifter (11) Amador 17:18 (5:46)</p> <p>26 Jerry Stepan (11) Mission San Jose 17:20 (5:46)</p> <p>27 Austin Blake (9) Amador 17:30 (5:50)</p> <p>28 Anton Klemens (11) Northgate 17:34 (5:51)</p> <p>29 Ed West (12) Mission San Jose 17:37 (5:52)</p> <p>30 Bowa Roberts (10) Pittsburg 17:40 (5:53)</p> <p>31 Zack Ardell-Smith (9) San Leandro 17:53 (5:57)</p> <p>32 Phil Wood (11) Northgate 17:59 (5:59)</p> <p>33 Derrick Craig (10) Pittsburg 18:11 (6:03)</p> <p>34 Dan Carlin (12) Northgate 18:20 (6:06)</p> <p>35 Andrew Smith (9) Amador 18:25 (6:08)</p> <p>36 Anthony Cataldo (12) San Leandro 18:30 (6:10)</p> <p>37 Shreyas Vijaykumar (10) San Leandro 18:35
(6:11)</p> <p>38 Jonathan Shapas (10) Monte Vista 18:35 (6:11)</p> <p>39 Philip Blankenship (10) Clayton Valley 18:37
(6:12)</p> <p>40 Jeff Abate (10) Monte Vista 18:44 (6:14)</p> <p>41 Luis Martinez (12) Pittsburg 18:46 (6:15)</p> <p>42 David Nielsen (11) Clayton Valley 19:09 (6:23)</p> <p>43 Niles Almarinez (9) Deer Valley 19:16 (6:25)</p> <p>44 Ammon Rost (10) Northgate 19:22 (6:27)</p> <p>45 Allen Victor (12) Monte Vista 19:26 (6:28)</p> <p>46 Ferdinand Sutanto (10) Northgate 19:35 (6:31)</p> <p>47 J.R. Atwood (9) Monte Vista 19:39 (6:33)</p> <p>48 Wyatt Reese (9) Deer Valley 19:45 (6:35)</p> <p>49 Tim Byrne (10) Pittsburg 19:47 (6:35)</p> <p>50 Carl Gustafson (10) Monte Vista 19:58 (6:39)</p> <p>51 Justin Tamblvn (9) Monte Vista 20:04 (6:41)</p> <p>52 Eric Feng (10) San Leandro 20:08 (6:42)</p> <p>53 Jeff Huber (11) Piner 20:09 (6:43)</p> <p>54 Sean Leonard (10) Piner 20:40 (6:53)</p> <p>55 Mike Dalv (9) Monte Vista 20:41 (6:53)</p> <p>56 Mark Gallup (11) Piner 21:16 (7:05)</p> <p>57 Robert Ebreo (9) Pittsburg 22:16 (7:25)</p> <p>58 Brad Lechtenberg (10) Northgate 23:07 (7:42)</p> <p>59 Dustin Schaeffer Deer Valley 23:21 (7:47)</p> <p>60 Ricky Adams (10) Piner 23:39 (7:53)</p> | <p>61 Jon Fish (10) Deer Valley 24:06 (8:02)</p> |
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1996
NCS ARCO *am/pm*
CROSS COUNTRY
CHAMPIONS RESULTS

NEWHALL PARK
WALNUT CREEK
NOVEMBER 23, 1996

1996 NCS ARCO am/pm Cross Country Championships
Division II Girls Results

3.00 Miles
 4.84 Kilometers

November 23, 1996
 Newhall Park, Walnut Creek

Course
 League
 Conference

2:02 PM

Key: Overall Place, Place within group, Team Place Name (Sex/Age or Grade), Time, (Mile Pace)

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<p>2 2 2 Kelly Howisey (12) 18:53 (6:17) 4 4 4 Julie Leininger (11) 18:58 (6:19) 9 9 9 Marcela Villalobos (11) 19:22 (6:27) 10 10 10 Deborah Osteen (12) 19:28 (6:29) 15 15 14 Kristine Musante (10) 20:02 (6:40) 22 22 21 Emily Pitti () 20:15 (6:45) 49 49 48 Julianne Ghiglien (11) 22:10 (7:23)</p> <p>Total time for scoring runners: 1:36:43 Average time for scoring runners: 19:20</p> <p>Clayton Valley 1 Points: 39</p>	<p>16 16 15 Hilary Probst (12) 20:03 (6:41) 18 18 17 Stephanie Smith (11) 20:08 (6:42) 34 34 33 Jennifer Masamitsu (11) 21:22 (7:07) 39 39 38 Sara Hubbard (10) 21:30 (7:10) 40 40 39 Janice Boercker (10) 21:31 (7:10) 43 43 42 Stephanie Childers (10) 21:45 (7:15) 51 51 50 Lindsay Carter (11) 22:14 (7:24)</p> <p>Total time for scoring runners: 1:44:34 Average time for scoring runners: 20:54</p> <p>Livermore 5 Points: 142</p>
<p>3 3 3 Monica Van Wegen (12) 18:56 (6:18) 5 5 5 Jessica Felts (9) 18:59 (6:19) 6 6 6 Macie Silva (9) 19:00 (6:20) 14 14 13 Sarah Silva (9) 19:50 (6:36) 19 19 18 Kristen Bergeson (9) 20:10 (6:43) 28 28 27 Elizabeth Maier (10) 20:50 (6:56) 45 45 44 Candice MacDonald (9) 21:52 (7:17)</p> <p>Total time for scoring runners: 1:36:55 Average time for scoring runners: 19:23</p> <p>Amador 2 Points: 45</p>	<p>1 1 1 Jennie Ewing ADVANCES (12) 18:30 (6:10) 30 30 29 Val Lim (12) 21:05 (7:01) 35 35 34 Michelle Marques (12) 21:25 (7:08) 41 41 40 Jenni Forsman (11) 21:34 (7:11) 42 42 41 Stephanie Weisman (11) 21:36 (7:12) 44 44 43 Ashli Tingle (10) 21:48 (7:16) 47 47 46 Gaylynn Pettersen (10) 22:00 (7:20)</p> <p>Total time for scoring runners: 1:44:10 Average time for scoring runners: 20:50</p> <p>Castro Valley 6 Points: 145</p>
<p>13 13 12 Lizzy Bailey (10) 19:45 (6:35) 17 17 16 Katie Hotchkiss (10) 20:07 (6:42) 25 25 24 Hagu Solomon (9) 20:22 (6:47) 26 26 25 Alicia Rutledge (10) 20:42 (6:54) 27 27 26 Kirsten Tanaka (9) 20:43 (6:54) 36 36 35 Amanda Necochea (11) 21:28 (7:09) 61 61 59 Betsy Stevens (12) 23:07 (7:42)</p> <p>Total time for scoring runners: 1:41:39 Average time for scoring runners: 20:19</p> <p>Mission San Jose 3 Points: 103</p>	<p>8 8 8 Diana Rancourt ADVANCES (11) 19:20 (6:26) 12 12 11 Shewit Haile ADVANCES (11) 19:36 (6:32) 56 56 54 Michelle Finch (12) 22:41 (7:33) 58 58 56 Amy Bel (10) 22:45 (7:35) 59 59 57 Sonja Glidden (11) 23:00 (7:40) 60 60 58 April Malvino (10) 23:00 (7:40) 63 63 61 Lisa Mackie (11) 23:24 (7:48)</p> <p>Total time for scoring runners: 1:47:22 Average time for scoring runners: 21:28</p> <p>Montgomery 7 Points: 186</p>
<p>20 20 19 Katy Beggs (10) 20:11 (6:43) 23 23 22 Katie Pasquale (9) 20:17 (6:45) 24 24 23 Jackie Gavlin (9) 20:20 (6:46) 29 29 28 Ashley Teplin (12) 20:52 (6:57) 32 32 31 Allison Erbert (11) 21:20 (7:06) 50 50 49 Kim Spears (12) 22:13 (7:24) 54 54 52 Sara Amin (11) 22:36 (7:32)</p> <p>Total time for scoring runners: 1:43:00 Average time for scoring runners: 20:36</p> <p>Monte Vista 4 Points: 123</p>	<p>31 31 30 Iva-Jo Otto (9) 21:08 (7:02) 33 33 32 Kelley Mahaffey (11) 21:22 (7:07) 37 37 36 Heidi Cavender (11) 21:29 (7:09) 46 46 45 Becky Rowney (11) 21:56 (7:18) 57 57 55 Asia Warren (10) 22:42 (7:34) 65 65 63 Rose Maxey (12) 23:27 (7:49) 69 69 66 Kristina Carlson (11) 24:12 (8:04)</p> <p>Total time for scoring runners: 1:48:37 Average time for scoring runners: 21:43</p> <p>Ukiah 8 Points: 198</p>

1996 NCS ARCO am/pm Cross Country Championships
Division II Girls Results

3.00 Miles
4.84 Kilometers

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Key: Overall Place, Place within group, Team Place Name (Sex/Age or Grade), Time, (Mile Pace)
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7	7	7	Brooke Wheeland	ADVANCES (11)	19:19	(6:26)
38	38	37	Lisa Pierce	(12)	21:30	(7:10)
48	48	47	Ally Wolfe	(12)	22:09	(7:23)
53	53	51	Megan Lathrop	(12)	22:30	(7:30)
64	64	62	Cynthia Krieger	(12)	23:25	(7:48)
66	66	64	Hae Sun Nam	(11)	23:34	(7:51)
67	67	65	Katy Kvalvik	(9)	23:57	(7:59)
Total time for scoring runners: 1:48:53						
Average time for scoring runners: 21:48						
Northgate		9	Points:		204	
21	21	20	Dena Witthaus	(9)	20:15	(6:45)
55	55	53	Ruth Smith	(10)	22:38	(7:32)
62	62	60	Christina Griffin	(11)	23:20	(7:46)
71	71	67	Elise Myers	(9)	24:35	(8:11)
72	72	68	Lori Leonard	(12)	27:20	(9:06)
Total time for scoring runners: 28:50:48						
Average time for scoring runners: 5:46:09						
Piner		10	Points:		268	
11	11	0	Leti Arroyo	ADVANCES (12)	19:34	(6:31)
52	52	0	Jennifer Kesler	(9)	22:24	(7:28)
68	68	0	Tamara Earley	(12)	24:06	(8:02)
70	70	0	Nicole Rice	(10)	24:33	(8:11)
Pittsburg			Points:		0	

1996 NCS ARCO am/pm Cross Country Championships
Division II Girls Results

3.00 Miles
4.84 Kilometers

November 23, 1996
Newhall Park, Walnut Creek

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Key: Overall Place, Name (Grade), Team, Time, (Mile Pace)

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- | | |
|------------------------------------------------------------|--------------------------------------------------------|
| 1 Jennie Ewing ADVANCES (12) Castro Valley
18:30 (6:10) | 52 Jennifer Kesler (9) Pittsburg 22:24 (7:28) |
| 2 Kelly Howisey (12) Clayton Valley 18:53 (6:17) | 53 Megan Lathrop (12) Northgate 22:30 (7:30) |
| 3 Monica Van Wegen (12) Amador 18:56 (6:18) | 54 Sara Amin (11) Monte Vista 22:36 (7:32) |
| 4 Julie Leininger (11) Clayton Valley 18:58 (6:19) | 55 Ruth Smith (10) Piner 22:38 (7:32) |
| 5 Jessica Felts (9) Amador 18:59 (6:19) | 56 Michelle Finch (12) Montgomery 22:41 (7:33) |
| 6 Macie Silva (9) Amador 19:00 (6:20) | 57 Asia Warren (10) Ukiah 22:42 (7:34) |
| 7 Brooke Wheeland ADVANCES (11) Northgate
19:19 (6:26) | 58 Amy Bei (10) Montgomery 22:45 (7:35) |
| 8 Diana Rancourt ADVANCES (11) Montgomery
19:20 (6:26) | 59 Sonja Glidden (11) Montgomery 23:00 (7:40) |
| 9 Marcela Villalobos (11) Clayton Valley 19:22
(6:27) | 60 April Malvino (10) Montgomery 23:00 (7:40) |
| 10 Deborah Osteen (12) Clayton Valley 19:28 (6:29) | 61 Betsy Stevens (12) Mission San Jose 23:07
(7:42) |
| 11 Leti Arroyo ADVANCES (12) Pittsburg 19:34
(6:31) | 62 Christina Griffin (11) Piner 23:20 (7:46) |
| 12 Shewit Haile ADVANCES (11) Montgomery 19:36
(6:32) | 63 Lisa Mackie (11) Montgomery 23:24 (7:48) |
| 13 Lizzy Bailey (10) Mission San Jose 19:45 (6:35) | 64 Cynthia Krieger (12) Northgate 23:25 (7:48) |
| 14 Sarah Silva (9) Amador 19:50 (6:36) | 65 Rose Maxey (12) Ukiah 23:27 (7:49) |
| 15 Kristine Musante (10) Clayton Valley 20:02
(6:40) | 66 Hae Sun Nam (11) Northgate 23:34 (7:51) |
| 16 Hilary Probst (12) Livermore 20:03 (6:41) | 67 Katy Kvalvik (9) Northgate 23:57 (7:59) |
| 17 Katie Hotchkiss (10) Mission San Jose 20:07
(6:42) | 68 Tamara Earley (12) Pittsburg 24:06 (8:02) |
| 18 Stephanie Smith (11) Livermore 20:08 (6:42) | 69 Kristina Carlson (11) Ukiah 24:12 (8:04) |
| 19 Kristen Bergeson (9) Amador 20:10 (6:43) | 70 Nicole Rice (10) Pittsburg 24:33 (8:11) |
| 20 Katy Beqos (10) Monte Vista 20:11 (6:43) | 71 Elise Myers (9) Piner 24:35 (8:11) |
| 21 Dena Witthaus (9) Piner 20:15 (6:45) | 72 Lori Leonard (12) Piner 27:20 (9:06) |
| 22 Emily Pitti Clayton Valley 20:15 (6:45) | |
| 23 Katie Pasquale (9) Monte Vista 20:17 (6:45) | |
| 24 Jackie Gavlin (9) Monte Vista 20:20 (6:46) | |
| 25 Haqu Solomon (9) Mission San Jose 20:22 (6:47) | |
| 26 Alicia Rutledge (10) Mission San Jose 20:42
(6:54) | |
| 27 Kirsten Tanaka (9) Mission San Jose 20:43
(6:54) | |
| 28 Elizabeth Maier (10) Amador 20:50 (6:56) | |
| 29 Ashley Tepin (12) Monte Vista 20:52 (6:57) | |
| 30 Val Lim (12) Castro Valley 21:05 (7:01) | |
| 31 Iva-Jo Otto (9) Ukiah 21:08 (7:02) | |
| 32 Allison Erbert (11) Monte Vista 21:20 (7:06) | |
| 33 Kelley Mahaffey (11) Ukiah 21:22 (7:07) | |
| 34 Jennifer Masamitsu (11) Livermore 21:22 (7:07) | |
| 35 Michelle Marques (12) Castro Valley 21:25
(7:08) | |
| 36 Amanda Necochea (11) Mission San Jose 21:28
(7:09) | |
| 37 Heidi Cavender (11) Ukiah 21:29 (7:09) | |
| 38 Lisa Pierce (12) Northgate 21:30 (7:10) | |
| 39 Sara Hubbard (10) Livermore 21:30 (7:10) | |
| 40 Janice Boercker (10) Livermore 21:31 (7:10) | |
| 41 Jenni Forsman (11) Castro Valley 21:34 (7:11) | |
| 42 Stephanie Weisman (11) Castro Valley 21:36
(7:12) | |
| 43 Stephanie Childers (10) Livermore 21:45 (7:15) | |
| 44 Ashli Tingle (10) Castro Valley 21:48 (7:16) | |
| 45 Candice MacDonald (9) Amador 21:52 (7:17) | |
| 46 Becky Rowney (11) Ukiah 21:56 (7:18) | |
| 47 Gaylynn Pettersen (10) Castro Valley 22:00
(7:20) | |
| 48 Ally Wolfe (12) Northgate 22:09 (7:23) | |
| 49 Julianne Ghiglien (11) Clayton Valley 22:10
(7:23) | |
| 50 Kim Spears (12) Monte Vista 22:13 (7:24) | |
| 51 Lindsay Carter (11) Livermore 22:14 (7:24) | |

1996
NCS ARCO *am/pm*
CROSS COUNTRY
CHAMPIONS RESULTS

NEWHALL PARK
WALNUT CREEK
NOVEMBER 23, 1996

**1996 NCS ARCO am/pm Cross Country Championships
Division III Boys Results**

3.00 Miles
4.84 Kilometers

November 23, 1996
Newhall Park, Walnut Creek

Course
League
Conference

12:41 PM
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Key: Overall Place, Place within group, Team Place Name (Sex/Age or Grade), Time, (Mile Pace)

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<p>2 2 2 Nathen Martin (11) 15:50 (5:16) 3 3 3 Timothy Ricard (12) 15:57 (5:19) 16 16 16 Jason Bayon (11) 17:06 (5:42) 19 19 19 Kevin Boercker (12) 17:07 (5:42) 20 20 20 Keith Christian (11) 17:07 (5:42) 28 28 28 Ander Belaustegui (10) 17:26 (5:48) 43 43 43 Don Cornell (12) 17:55 (5:58)</p> <p>Total time for scoring runners: 1:23:07 Average time for scoring runners: 16:37</p> <p align="center">Livermore 1 Points: 60</p>	<p>9 9 9 David Vigil ADVANCES (10) 16:35 (5:31) 14 14 14 Craig Lee (11) 17:00 (5:40) 17 17 17 Chris Rust (11) 17:06 (5:42) 30 30 30 Sina Aboutalebi (10) 17:31 (5:50) 36 36 36 Justin Patute (9) 17:45 (5:55) 37 37 37 Roy Holtmann (11) 17:46 (5:55) 48 48 48 Jeff Wang (10) 18:28 (6:09)</p> <p>Total time for scoring runners: 1:25:57 Average time for scoring runners: 17:11</p> <p align="center">College Park 5 Points: 106</p>
<p>4 4 4 Brad Dietsch (12) 16:02 (5:20) 7 7 7 Dan Ambrose (12) 16:32 (5:30) 10 10 10 Jeff Stordahl (11) 16:46 (5:35) 13 13 13 Chris Perry (9) 16:56 (5:38) 31 31 31 Matt Johnson (10) 17:32 (5:50) 33 33 33 Pat Bruce (9) 17:36 (5:52) 35 35 35 Kevin Ryan (12) 17:44 (5:54)</p> <p>Total time for scoring runners: 1:23:48 Average time for scoring runners: 16:45</p> <p align="center">San Ramon 2 Points: 65</p>	<p>6 6 6 Tim Hess ADVANCES (12) 16:27 (5:29) 18 18 18 Matt Zindek (11) 17:06 (5:42) 42 42 42 Matt Hoyt (12) 17:53 (5:57) 49 49 49 Tom Macari (12) 18:35 (6:11) 54 54 53 Evan Einge (11) 18:58 (6:19) 60 60 59 Tim Trinh (10) 19:09 (6:23) 75 75 74 Jesus Quesada (9) 21:21 (7:07)</p> <p>Total time for scoring runners: 1:28:59 Average time for scoring runners: 17:47</p> <p align="center">Irvington 6 Points: 168</p>
<p>1 1 1 Ryan Mack ADVANCES (10) 15:44 (5:14) 11 11 11 Josh Otto (11) 16:48 (5:36) 22 22 22 John Poor (11) 17:13 (5:44) 23 23 23 Reitt Mathews (12) 17:16 (5:45) 32 32 32 Josh Leonard (12) 17:36 (5:52) 38 38 38 Joe Graham () 17:47 (5:55) 39 39 39 Yoshi Rahm (11) 17:50 (5:56)</p> <p>Total time for scoring runners: 1:24:37 Average time for scoring runners: 16:55</p> <p align="center">Ukiah 3 Points: 89</p>	<p>8 8 8 Cameron Sarmiento ADVANCES (11) 16:35 (5:31) 15 15 15 Anthony Lopez (9) 17:02 (5:40) 45 45 45 Brad Smith (11) 18:03 (6:01) 62 62 61 Zi Yan Zhang (10) 19:21 (6:27) 68 68 67 John Lapham (12) 20:01 (6:40) 70 70 69 Michael Croxton (9) 20:04 (6:41) 76 76 75 Tim Steigelman (11) 21:38 (7:12)</p> <p>Total time for scoring runners: 1:31:02 Average time for scoring runners: 18:12</p> <p align="center">Ygnacio Valley 7 Points: 196</p>
<p>5 5 5 Adam Hall ADVANCES (9) 16:15 (5:25) 12 12 12 Eric Frome () 16:52 (5:37) 24 24 24 Jeremy Tout () 17:21 (5:47) 25 25 25 Ryan Dexter () 17:22 (5:47) 27 27 27 Chris Phelps () 17:24 (5:48) 29 29 29 Marcus Moore-McQueen () 17:28 (5:49) 34 34 34 Max Saul () 17:40 (5:53)</p> <p>Total time for scoring runners: 1:25:14 Average time for scoring runners: 17:02</p> <p align="center">Eureka 4 Points: 93</p>	<p>26 26 26 Gustavo Mendez (10) 17:23 (5:47) 41 41 41 Brian Aicega (12) 17:52 (5:57) 46 46 46 Mike Lavender (12) 18:07 (6:02) 52 52 51 Steve Ott (11) 18:55 (6:18) 61 61 60 Adam Romero (11) 19:19 (6:26) 64 64 63 Javier Gonzales (12) 19:44 (6:34) 65 65 64 Nathan Laughran (11) 19:45 (6:35)</p> <p>Total time for scoring runners: 1:31:36 Average time for scoring runners: 18:19</p> <p align="center">Rancho Cotate 8 Points: 224</p>

**1996 NCS ARCO am/pm Cross Country Championships
Division III Boys Results**

3.00 Miles
4.84 Kilometers

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Newhall Park, Walnut Creek

Course
League
Conference

12:41 PM

Key: Overall Place, Place within group, Team Place Name (Sex/Age or Grade), Time, (Mile Pace)

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40 40 40 John Bruce (11) 17:50 (5:56)
47 47 47 Paul Gally (11) 18:13 (6:04)
55 55 54 Mark Mekar (11) 19:02 (6:20)
56 56 55 Johnny Bergloff (10) 19:03 (6:21)
71 71 70 Aaron Severson (11) 20:06 (6:42)
74 74 73 Jesse Jensen (9) 20:44 (6:54)

Total time for scoring runners: 1:34:14
Average time for scoring runners: 18:50

Washington **9** **Points: 266**

44 44 44 Troy Smith (11) 18:00 (6:00)
51 51 50 Brett Sinnott (10) 18:41 (6:13)
53 53 52 Chris Wong (11) 18:56 (6:18)
57 57 56 Paulo Younse (11) 19:06 (6:22)
77 77 76 Roger Lum (11) 21:41 (7:13)
78 78 77 Steve Kalafatis (11) 21:58 (7:19)

Total time for scoring runners: 1:36:24
Average time for scoring runners: 19:16

California **10** **Points: 278**

21 21 21 Chris Shyrack (12) 17:13 (5:44)
63 63 62 Andy Appelt (12) 19:38 (6:32)
66 66 65 Ryan Sutherland (11) 19:46 (6:35)
67 67 66 Nick Raya (10) 19:47 (6:35)
69 69 68 Matt Phillips (12) 20:01 (6:40)

Total time for scoring runners: 1:36:25
Average time for scoring runners: 19:17

Concord **11** **Points: 282**

58 58 57 Dylan Thomas (9) 19:07 (6:22)
59 59 58 Jon Changus (10) 19:07 (6:22)
72 72 71 Josh Matthews (10) 20:29 (6:49)
73 73 72 Mike Hoskins (9) 20:30 (6:50)
79 79 78 Mike Light (9) 22:21 (7:27)

Total time for scoring runners: 1:41:34
Average time for scoring runners: 20:18

Benicia **12** **Points: 336**

50 50 0 Camillo Ramirez (9) 18:38 (6:12)

El Cerrito **Points: 0**

1996 NCS ARCO am/pm Cross Country Championships
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3.00 Miles
4.84 Kilometers

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12:39 PM

Key: Overall Place, Name (Grade), Team, Time, (Mile Pace)

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1 Ryan Mack ADVANCES (10) Ukiah 15:44 (5:14)	67 Nick Raya (10) Concord 19:47 (6:35)
2 Nathen Martin (11) Livermore 15:50 (5:18)	68 John Lapham (12) Ygnacio Valley 20:01 (6:40)
3 Timothy Ricard (12) Livermore 15:57 (5:19)	69 Matt Philips (12) Concord 20:01 (6:40)
4 Brad Dietsch (12) San Ramon 16:02 (5:20)	70 Michael Croxton (9) Ygnacio Valley 20:04 (6:41)
5 Adam Hall ADVANCES (9) Eureka 16:15 (5:25)	71 Aaron Severson (11) Washington 20:06 (6:42)
6 Tim Hess ADVANCES (12) Irvington 16:27 (5:29)	72 Josh Mattews (10) Benicia 20:29 (6:49)
7 Dan Ambrose (12) San Ramon 16:32 (5:30)	73 Mike Hoskins (9) Benicia 20:30 (6:50)
8 Cameron Sarmiento ADVANCES (11) Ygnacio Valley 16:35 (5:31)	74 Jesse Jensen (9) Washington 20:44 (6:54)
9 David Vigil ADVANCES (10) College Park 16:35 (5:31)	75 Jesus Quesada (9) Irvington 21:21 (7:07)
10 Jeff Stordahl (11) San Ramon 16:46 (5:35)	76 Tim Steigelman (11) Ygnacio Valley 21:38 (7:12)
11 Josh Otto (11) Ukiah 16:48 (5:36)	77 Roger Lum (11) California 21:41 (7:13)
12 Eric Frome Eureka 16:52 (5:37)	78 Steve Kalafatis (11) California 21:58 (7:19)
13 Chris Perry (9) San Ramon 16:56 (5:38)	79 Mike Light (9) Benicia 22:21 (7:27)
14 Craig Lee (11) College Park 17:00 (5:40)	
15 Anthony Lopez (9) Ygnacio Valley 17:02 (5:40)	
16 Jason Bayon (11) Livermore 17:06 (5:42)	
17 Chris Rust (11) College Park 17:06 (5:42)	
18 Matt Zindek (11) Irvington 17:06 (5:42)	
19 Kevin Boercker (12) Livermore 17:07 (5:42)	
20 Keith Christian (11) Livermore 17:07 (5:42)	
21 Chris Shyrack (12) Concord 17:13 (5:44)	
22 John Poor (11) Ukiah 17:13 (5:44)	
23 Rett Mathews (12) Ukiah 17:16 (5:45)	
24 Jeremy Tout Eureka 17:21 (5:47)	
25 Ryan Dexter Eureka 17:22 (5:47)	
26 Gustavo Mendez (10) Rancho Cotate 17:23 (5:47)	
27 Chris Phelps Eureka 17:24 (5:48)	
28 Ander Belaustequi (10) Livermore 17:26 (5:48)	
29 Marcus Moore-Mcqueen Eureka 17:28 (5:49)	
30 Sina Aboutalebi (10) College Park 17:31 (5:50)	
31 Matt Johnson (10) San Ramon 17:32 (5:50)	
32 Josh Leonard (12) Ukiah 17:36 (5:52)	
33 Pat Bruce (9) San Ramon 17:36 (5:52)	
34 Max Saul Eureka 17:40 (5:53)	
35 Kevin Ryan (12) San Ramon 17:44 (5:54)	
36 Justin Patute (9) College Park 17:45 (5:55)	
37 Roy Holtmann (11) College Park 17:46 (5:55)	
38 Joe Graham Ukiah 17:47 (5:55)	
39 Yoshi Rahm (11) Ukiah 17:50 (5:56)	
40 John Bruce (11) Washington 17:50 (5:56)	
41 Brian Aicega (12) Rancho Cotate 17:52 (5:57)	
42 Matt Hoyt (12) Irvington 17:53 (5:57)	
43 Don Cornell (12) Livermore 17:55 (5:58)	
44 Troy Smith (11) California 18:00 (6:00)	
45 Brad Smith (11) Ygnacio Valley 18:03 (6:01)	
46 Mike Lavender (12) Rancho Cotate 18:07 (6:02)	
47 Paul Gally (11) Washington 18:13 (6:04)	
48 Jeff Wang (10) College Park 18:28 (6:09)	
49 Tom Macari (12) Irvington 18:35 (6:11)	
50 Camillo Ramirez (9) El Cerrito 18:38 (6:12)	
51 Brett Sinnott (10) California 18:41 (6:13)	
52 Steve Ott (11) Rancho Cotate 18:55 (6:18)	
53 Chris Wong (11) California 18:56 (6:18)	
54 Evan Einge (11) Irvington 18:58 (6:19)	
55 Mark Mekaru (11) Washington 19:02 (6:20)	
56 Johnny Bergloff (10) Washington 19:03 (6:21)	
57 Paulo Younse (11) California 19:06 (6:22)	
58 Dylan Thomas (9) Benicia 19:07 (6:22)	
59 Jon Changus (10) Benicia 19:07 (6:22)	
60 Tim Trinh (10) Irvington 19:09 (6:23)	
61 Adam Romero (11) Rancho Cotate 19:19 (6:26)	
62 Zi Yan Zhang (10) Ygnacio Valley 19:21 (6:27)	
63 Andy Appelt (12) Concord 19:38 (6:32)	
64 Javier Gonzales (12) Rancho Cotate 19:44 (6:34)	
65 Nathan Laughran (11) Rancho Cotate 19:45 (6:35)	
66 Ryan Sutherland (11) Concord 19:46 (6:35)	

1996
NCS ARCO *am/pm*
CROSS COUNTRY
CHAMPIONS RESULTS

NEWHALL PARK
WALNUT CREEK
NOVEMBER 23, 1996

1996 NCS ARCO am/pm Cross Country Championships
Division III Girls Results

3.00 Miles
 4.84 Kilometers

November 23, 1996
 Newhall Park, Walnut Creek

Course
 League
 Conference

1:12 PM

Key: Overall Place, Place within group, Team Place Name (Sex/Age or Grade), Time, (Mile Pace)

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<p>1 1 1 Kristen Gordon (12) 17:14 (5:44) 2 2 2 Kerri Bock-Willmes (12) 19:24 (6:28) 3 3 3 Cristyn Enea (10) 19:25 (6:28) 9 9 7 Kelly Piatanesi (11) 20:05 (6:41) 10 10 8 Gindea Carrillo (12) 20:05 (6:41) 11 11 9 Kristen Hart (11) 20:06 (6:42) 13 13 11 Meghan Andrade (10) 20:37 (6:52) Total time for scoring runners: 1:36:13 Average time for scoring runners: 19:14</p> <p align="center">Carondelet 1 Points: 21</p>	<p>20 20 17 Stephanie Rusmisl (12) 21:27 (7:09) 28 28 24 Jolene Santos (12) 22:29 (7:29) 36 36 31 Jami Hiller (11) 23:13 (7:44) 37 37 32 Jessica Bella (11) 23:14 (7:44) 39 39 34 Jordan Holte (11) 23:27 (7:49) 40 40 35 Francesca Cimino (12) 23:30 (7:50) 50 50 42 Madina Mojadedi (9) 25:01 (8:20) Total time for scoring runners: 1:53:50 Average time for scoring runners: 22:46</p> <p align="center">Washington 5 Points: 138</p>
<p>12 12 10 Ann Kelley-Day (10) 20:19 (6:46) 14 14 12 Andrea Woodrock (9) 20:40 (6:53) 17 17 14 Charane Wilson (11) 21:06 (7:02) 21 21 18 Erin Carter (11) 21:36 (7:12) 22 22 19 Jen Enaner (12) 21:46 (7:15) 25 25 21 Darci Vagle (10) 22:05 (7:21) 29 29 25 Crystal Johnson (12) 22:35 (7:31) Total time for scoring runners: 1:45:27 Average time for scoring runners: 21:05</p> <p align="center">Eureka 2 Points: 73</p>	<p>16 16 13 Heather Burton (12) 20:58 (6:59) 18 18 15 Angela Marvin (10) 21:12 (7:04) 41 41 36 Silvia Solera (12) 23:34 (7:51) 49 49 41 Kayla Freir (9) 24:49 (8:16) 62 62 52 Adreia Sierra () 28:12 (9:24) Total time for scoring runners: 1:58:45 Average time for scoring runners: 23:45</p> <p align="center">Concord 6 Points: 157</p>
<p>7 7 5 Monique Melara ADVANCES (10) 19:55 (6:38) 23 23 20 Susie Goetz (11) 21:48 (7:16) 26 26 22 Katie Vigil (12) 22:22 (7:27) 31 31 27 Ruth Dowling (11) 22:46 (7:35) 35 35 30 Laura Danner-Baird (11) 23:11 (7:43) 38 38 33 Amy Wheeler (12) 23:15 (7:45) 47 47 40 Elizabeth Berloye (12) 24:40 (8:13) Total time for scoring runners: 1:50:02 Average time for scoring runners: 22:00</p> <p align="center">College Park 3 Points: 104</p>	<p>19 19 16 Melissa Harvey (9) 21:12 (7:04) 27 27 23 Sarah Campbell (12) 22:24 (7:28) 30 30 26 Cadi Nelson (11) 22:38 (7:32) 55 55 47 Emily Hacksaw (10) 25:45 (8:35) 57 57 48 Katie Waldinger (...) 25:51 (8:37) 58 58 49 Francesca Hopkins (...) 26:19 (8:46) 61 61 51 Manisha Hall (9) 28:04 (9:21) Total time for scoring runners: 1:57:50 Average time for scoring runners: 23:34</p> <p align="center">Rancho Cotate 7 Points: 160</p>
<p>4 4 4 Katie Martin ADVANCES (10) 19:25 (6:28) 8 8 6 Chantel Shaw ADVANCES (9) 20:01 (6:40) 33 33 29 Jen Hall (12) 23:03 (7:41) 43 43 37 Elizabeth Phan (9) 23:38 (7:52) 51 51 43 Connie Chan (10) 25:08 (8:22) 53 53 45 Carmen Alvarado (11) 25:33 (8:31) Total time for scoring runners: 1:51:15 Average time for scoring runners: 22:15</p> <p align="center">Irvington 4 Points: 119</p>	<p>32 32 28 Sara Soroken (11) 22:57 (7:39) 45 45 38 Tatum Smith (10) 23:50 (7:56) 46 46 39 Janice Lee (11) 24:05 (8:01) 52 52 44 Elise Perez (11) 25:28 (8:29) 54 54 46 Michelle Friederich (11) 25:36 (8:32) 59 59 50 Stacy Magna (11) 26:35 (8:51) 63 63 53 Andrea Gunther (12) 28:55 (9:38) Total time for scoring runners: 2:01:56 Average time for scoring runners: 24:23</p> <p align="center">California 8 Points: 195</p>
	<p>5 5 0 Kirstin Odegaard ADVANCES (11) 19:37 (6:32) 34 34 0 Kristen Agostini (11) 23:03 (7:41) 44 44 0 Sarah Higgins (9) 23:39 (7:53)</p> <p align="center">Benicia Points: 0</p>

**1996 NCS ARCO am/pm Cross Country Championships
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3.00 Miles
4.84 Kilometers

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Newhall Park, Walnut Creek

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Key: Overall Place, Place within group, Team Place Name (Sex/Age or Grade), Time, (Mile Pace)
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60	60	0	Cache Bailey (11)	27:28	(9:09)
El Cerrito					
Points: 0					
6	6	0	Sue Pickens ADVANCES (12)	19:46	(6:35)
15	15	0	Sunny Ludtke (10)	20:46	(6:55)
Newark Memorial					
Points: 0					
24	24	0	Melissa Rodrigue (12)	21:53	(7:17)
42	42	0	Jeanne Dawson (11)	23:36	(7:52)
48	48	0	Jennie Waskey (9)	24:43	(8:14)
56	56	0	Teni Baroiant (11)	25:47	(8:35)
Ygnacio Valley					
Points: 0					

1996 NCS ARCO am/pm Cross Country Championships
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Key: Overall Place, Name (Grade), Team, Time, (Mile Pace)

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1 Kristen Gordon (12) Carondelet 17:14 (5:44)	59 Stacy Magna (11) California 26:35 (8:51)
2 Kerri Bock-Willmes (12) Carondelet 19:24 (6:28)	60 Cache Bailey (11) El Cerrito 27:28 (9:09)
3 Cristyn Enea (10) Carondelet 19:25 (6:28)	61 Manisha Hall (9) Rancho Cotate 28:04 (9:21)
4 Katie Martin ADVANCES (10) Irvington 19:25 (6:28)	62 Adreia Sierra Concord 28:12 (9:24)
5 Kirstin Odegaard ADVANCES (11) Benicia 19:37 (6:32)	63 Andrea Gunther (12) California 28:55 (9:38)
6 Sue Pickens ADVANCES (12) Newark Memorial 19:46 (6:35)	
7 Monique Melara ADVANCES (10) College Park 19:55 (6:38)	
8 Chantel Shaw ADVANCES (9) Irvington 20:01 (6:40)	
9 Kelly Piatanesi (11) Carondelet 20:05 (6:41)	
10 Gindea Carrillo (12) Carondelet 20:05 (6:41)	
11 Kristen Hart (11) Carondelet 20:06 (6:42)	
12 Ann Kelley-Day (10) Eureka 20:19 (6:46)	
13 Meghan Andrade (10) Carondelet 20:37 (6:52)	
14 Andrea Woodrock (9) Eureka 20:40 (6:53)	
15 Sunny Ludtke (10) Newark Memorial 20:46 (6:55)	
16 Heather Burton (12) Concord 20:58 (6:59)	
17 Charane Wilson (11) Eureka 21:06 (7:02)	
18 Angela Marvin (10) Concord 21:12 (7:04)	
19 Melissa Harvey (9) Rancho Cotate 21:12 (7:04)	
20 Stephanie Rusmiser (12) Washington 21:27 (7:09)	
21 Erin Carter (11) Eureka 21:36 (7:12)	
22 Jen Enaner (12) Eureka 21:46 (7:15)	
23 Susie Goetz (11) College Park 21:48 (7:16)	
24 Melissa Rodrigue (12) Ygnacio Valley 21:53 (7:17)	
25 Darci Vaqle (10) Eureka 22:05 (7:21)	
26 Katie Vigil (12) College Park 22:22 (7:27)	
27 Sarah Campbell (12) Rancho Cotate 22:24 (7:28)	
28 Jolene Santos (12) Washington 22:29 (7:29)	
29 Crystal Johnson (12) Eureka 22:35 (7:31)	
30 Cadi Nelson (11) Rancho Cotate 22:38 (7:32)	
31 Ruth Dowling (11) College Park 22:46 (7:35)	
32 Sara Soroken (11) California 22:57 (7:39)	
33 Jen Hall (12) Irvington 23:03 (7:41)	
34 Kristen Agostini (11) Benicia 23:03 (7:41)	
35 Laura Danner-Baird (11) College Park 23:11 (7:43)	
36 Jami Hiller (11) Washington 23:13 (7:44)	
37 Jessica Bella (11) Washington 23:14 (7:44)	
38 Amy Wheeler (12) College Park 23:15 (7:45)	
39 Jordan Holte (11) Washington 23:27 (7:49)	
40 Francesca Cimino (12) Washington 23:30 (7:50)	
41 Silvia Solera (12) Concord 23:34 (7:51)	
42 Jeanne Dawson (11) Ygnacio Valley 23:36 (7:52)	
43 Elizabeth Phan (9) Irvington 23:38 (7:52)	
44 Sarah Higgins (9) Benicia 23:39 (7:53)	
45 Tatum Smith (10) California 23:50 (7:56)	
46 Janice Lee (11) California 24:05 (8:01)	
47 Elizabeth Berloye (12) College Park 24:40 (8:13)	
48 Jennie Waskey (9) Ygnacio Valley 24:43 (8:14)	
49 Kayla Frair (9) Concord 24:49 (8:16)	
50 Madina Mojadedi (9) Washington 25:01 (8:20)	
51 Connie Chan (10) Irvington 25:08 (8:22)	
52 Elise Perez (11) California 25:28 (8:29)	
53 Carmen Alvarado (11) Irvington 25:33 (8:31)	
54 Michelle Friederich (11) California 25:36 (8:32)	
55 Emily Hacksaw (10) Rancho Cotate 25:45 (8:35)	
56 Teni Baroiant (11) Ygnacio Valley 25:47 (8:35)	
57 Katie Waldinger (...) Rancho Cotate 25:51 (8:37)	
58 Francesca Hopkins (...) Rancho Cotate 26:19 (8:46)	

1996
NCS ARCO *am/pm*
CROSS COUNTRY
CHAMPIONS RESULTS

NEWHALL PARK
WALNUT CREEK
NOVEMBER 23, 1996

**1996 NCS ARCO am/pm Cross Country Championships
Division IV Boys Results**

3.00 Miles
4.84 Kilometers

November 23, 1996
Newhall Park, Walnut Creek

Course
League
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11:42 AM

Key: Overall Place, Place within group, Team Place Name (Sex/Age or Grade), Time, (Mile Pace)

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<p>4 4 3 Marty Kinsey (12) 16:18 (5:26) 5 5 4 Heinar Urrutia (12) 16:20 (5:26) 6 6 5 Adam Morrison (12) 16:23 (5:27) 18 18 17 Matt Leigh (10) 17:02 (5:40) 28 28 25 Rick Vlach (11) 17:22 (5:47) 48 48 44 Steve Smith (11) 17:50 (5:56) 74 74 69 Chris Eggers (9) 18:18 (6:06)</p> <p>Total time for scoring runners: 1:23:25 Average time for scoring runners: 16:41</p> <p align="center">Granada 1 Points: 54</p>	<p>10 10 9 Billy Maas ADVANCES (10) 16:32 (5:30) 24 24 21 Levi Mendes (10) 17:16 (5:45) 31 31 28 Mike Borrows (12) 17:24 (5:48) 35 35 32 Wes Atkinson (12) 17:35 (5:51) 68 68 63 Dan Davis (10) 18:12 (6:04) 84 84 79 Nick Guest (12) 18:31 (6:10) 96 96 90 Nick Meyer (12) 18:51 (6:17)</p> <p>Total time for scoring runners: 1:26:59 Average time for scoring runners: 17:23</p> <p align="center">Fortuna 5 Points: 153</p>
<p>1 1 1 Todd Hunt () 15:47 (5:15) 9 9 8 Geoff Garcia () 16:31 (5:30) 15 15 14 Rob Bancroft () 16:53 (5:37) 30 30 27 Neil Matthews () 17:24 (5:48) 45 45 41 Dennis Koehler () 17:48 (5:56) 62 62 57 Brian Ward () 18:07 (6:02) 87 87 81 Brendan Applegate () 18:33 (6:11)</p> <p>Total time for scoring runners: 1:24:23 Average time for scoring runners: 16:52</p> <p align="center">Novato 2 Points: 91</p>	<p>22 22 20 Adam Bessie () 17:10 (5:43) 26 26 23 Mike Tribolet () 17:17 (5:45) 34 34 31 Rob Freed () 17:30 (5:50) 44 44 40 Graham McDermott () 17:47 (5:55) 54 54 49 Darin Nee () 17:54 (5:58) 59 59 54 Adam Innes () 17:58 (5:59) 117 117 110 Sam Gleason () 19:21 (6:27)</p> <p>Total time for scoring runners: 1:27:38 Average time for scoring runners: 17:31</p> <p align="center">Redwood 6 Points: 163</p>
<p>8 8 7 Ryan Preston ADVANCES (11) 16:28 (5:29) 25 25 22 Reston Good (9) 17:16 (5:45) 27 27 24 John Gillis (9) 17:21 (5:47) 46 46 42 Drew Wells (11) 17:49 (5:56) 47 47 43 Chris Lanese (9) 17:50 (5:56) 73 73 68 Dave Respeoke (10) 18:16 (6:05) 121 121 114 Rob Butner (11) 19:31 (6:30)</p> <p>Total time for scoring runners: 1:26:44 Average time for scoring runners: 17:20</p> <p align="center">Moreau Catholic 3 Points: 138</p>	<p>12 12 11 Jason Bouey (12) 16:40 (5:33) 13 13 12 Kevin Gardiner (12) 16:42 (5:34) 58 58 53 Andrew Elliot (10) 17:57 (5:59) 81 81 76 Jon Pierre Loche (9) 18:27 (6:09) 92 92 86 Louis Sweeney (12) 18:39 (6:13) 110 110 103 Calvin Hubble (10) 19:06 (6:22)</p> <p>Total time for scoring runners: 1:28:25 Average time for scoring runners: 17:41</p> <p align="center">Bishop O'Dowd 7 Points: 238</p>
<p>14 14 13 Grant Cairns (11) 16:45 (5:35) 32 32 29 Tony Castillo (11) 17:27 (5:49) 33 33 30 Hari Vasu-Devan (11) 17:28 (5:49) 37 37 34 Jason Burge (11) 17:40 (5:53) 38 38 35 Greg Adams (11) 17:42 (5:54) 60 60 55 Matt Wise (11) 18:03 (6:01) 115 115 108 Dave Carlson (12) 19:13 (6:24)</p> <p>Total time for scoring runners: 1:27:02 Average time for scoring runners: 17:24</p> <p align="center">Campolindo 4 Points: 141</p>	<p>17 17 16 Brent Shaw (10) 17:01 (5:40) 21 21 19 Josh Nicol (11) 17:08 (5:42) 70 70 65 Jeff Tuhtan (11) 18:13 (6:04) 75 75 70 Nych Hansen (12) 18:18 (6:06) 78 78 73 Kellsey Johannes (11) 18:25 (6:08) 107 107 100 Dylan Creedon (12) 19:04 (6:21) 118 118 111 Scott Sellman (12) 19:23 (6:27)</p> <p>Total time for scoring runners: 1:29:05 Average time for scoring runners: 17:49</p> <p align="center">Cardinal Newman 8 Points: 243</p>

**1996 NCS ARCO am/pm Cross Country Championships
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4.84 Kilometers

November 23, 1996
Newhall Park, Walnut Creek

Course
League
Conference

11:42 AM

Key: Overall Place, Place within group, Team Place Name (Sex/Age or Grade), Time, (Mile Pace)
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<p>3 3 2 Fransico Guevara ADVANCES () 16:17 (5:25) 29 29 26 Justin Schwartz () 17:23 (5:47) 57 57 52 Oren Laeffler () 17:56 (5:58) 91 91 85 Kiernan Daly () 18:36 (6:12) 93 93 87 Ben Lawson () 18:39 (6:13) 102 102 95 Scott Searway () 19:00 (6:20) 111 111 104 Bret Touchstone () 19:10 (6:23) Total time for scoring runners: 1:28:51 Average time for scoring runners: 17:46</p> <p align="center">Terra Linda 9 Points: 252</p>	<p>7 7 6 Celedonio Rodriguez ADVANCES (10) 16:26 (5:28) 36 36 33 Juan Alvarez (12) 17:39 (5:53) 42 42 39 Jeff Hollis (11) 17:45 (5:55) 100 100 93 David Blanchini (11) 18:58 (6:19) 132 132 123 Gabe Sapien (12) 20:37 (6:52) 137 137 127 Chris Loranger (10) 20:51 (6:57) 143 143 133 Ramsey Rimkeit (12) 21:13 (7:04) Total time for scoring runners: 1:31:25 Average time for scoring runners: 18:17</p> <p align="center">Elsie Allen 13 Points: 294</p>
<p>20 20 18 Josh Baughman () 17:07 (5:42) 41 41 38 Brent Petersen () 17:45 (5:55) 66 66 61 Nicholas Schafer () 18:11 (6:03) 69 69 64 Troy Winfree () 18:12 (6:04) 83 83 78 Tobi Grayson () 18:31 (6:10) 125 125 117 Nathan Kabanuck () 19:51 (6:37) Total time for scoring runners: 1:29:46 Average time for scoring runners: 17:57</p> <p align="center">Casa Grande 10 Points: 259</p>	<p>39 39 36 Mario Escobedo () 17:44 (5:54) 50 50 46 Briann Hendershott () 17:52 (5:57) 64 64 59 Alex Ambrosi () 18:09 (6:03) 79 79 74 Noel Barajas () 18:26 (6:08) 89 89 83 Matt Cover () 18:35 (6:11) 101 101 94 Menfil Martinez () 18:58 (6:19) 153 153 141 Tim Cornwell () 22:07 (7:22) Total time for scoring runners: 1:30:46 Average time for scoring runners: 18:09</p> <p align="center">San Rafael 14 Points: 298</p>
<p>49 49 45 Hunter Mantell-Hecathorn () 17:52 (5:57) 55 55 50 Mike Herrin () 17:55 (5:58) 56 56 51 Peter Holst () 17:56 (5:58) 65 65 60 Matt Gale () 18:10 (6:03) 80 80 75 Mike Chase () 18:26 (6:08) 98 98 91 Adam Burch () 18:52 (6:17) 103 103 96 Scott Wilson () 19:01 (6:20) Total time for scoring runners: 1:30:19 Average time for scoring runners: 18:03</p> <p align="center">Miramonte 11 Points: 281</p>	<p>40 40 37 Johnathan Robins (10) 17:44 (5:54) 51 51 47 Bodhi Waller (11) 17:52 (5:57) 114 114 107 Gus Pierson (9) 19:13 (6:24) 136 136 126 Steve Papenoe (10) 20:50 (6:56) 144 144 134 Billy Brow (9) 21:13 (7:04) 145 145 135 - Paitoon (9) 21:14 (7:04) 151 151 140 Alex Robins (11) 21:51 (7:17) Total time for scoring runners: 1:36:52 Average time for scoring runners: 19:22</p> <p align="center">McKinleyville 15 Points: 451</p>
<p>16 16 15 Nick Gai () 16:56 (5:38) 53 53 48 Ben Barrett () 17:53 (5:57) 76 76 71 Ben Noon () 18:22 (6:07) 77 77 72 Clay Park-Jones () 18:23 (6:07) 90 90 84 Aaron Boysen () 18:35 (6:11) 104 104 97 Travis Schneider () 19:01 (6:20) 112 112 105 Brian Boardman () 19:11 (6:23) Total time for scoring runners: 1:30:09 Average time for scoring runners: 18:01</p> <p align="center">Arcata 12 Points: 290</p>	<p>11 11 10 Ivan Raya (12) 16:39 (5:33) 88 88 82 Danny Melo (10) 18:34 (6:11) 116 116 109 Brian Grech (10) 19:14 (6:24) 138 138 128 Shane Kirby (10) 20:55 (6:58) 139 139 129 Ethan Howlett (10) 20:56 (6:58) Total time for scoring runners: 1:36:18 Average time for scoring runners: 19:15</p> <p align="center">Analy 16 Points: 458</p>

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<p>71 71 66 Richard Wise (12) 18:14 (6:04) 85 85 80 Preet Kalirai (12) 18:32 (6:10) 106 106 99 Dan Brodigan (12) 19:03 (6:21) 119 119 112 Bryan Vann (12) 19:27 (6:29) 123 123 116 Jean-Pierre Lacrampe (10) 19:35 (6:31) 126 126 118 Denny Wood (11) 19:52 (6:37) 131 131 122 Matt Bechtal (12) 20:25 (6:48) Total time for scoring runners: 1:34:51 Average time for scoring runners: 18:58</p> <p align="center">Dublin 17 Points: 473</p>	<p>63 63 58 James Hosler (11) 18:08 (6:02) 105 105 98 Frank Dutton (11) 19:02 (6:20) 109 109 102 Justin Stevick (10) 19:06 (6:22) 141 141 131 Guillermo Magana (12) 21:10 (7:03) 142 142 132 David Filippini (11) 21:11 (7:03) 146 146 136 Sam Curren (11) 21:25 (7:08) 154 154 142 Chris Dupin (11) 22:28 (7:29) Total time for scoring runners: 1:38:37 Average time for scoring runners: 19:43</p> <p align="center">Petaluma 21 Points: 521</p>
<p>72 72 67 David Gautier () 18:15 (6:05) 95 95 89 Sam Qui () 18:48 (6:16) 108 108 101 Wesley Spown () 19:05 (6:21) 113 113 106 Eruc Brewer () 19:12 (6:24) 120 120 113 Bongo Gottstein () 19:29 (6:29) 122 122 115 Jeff Messana () 19:32 (6:30) 130 130 121 Drew Kain () 20:17 (6:45) Total time for scoring runners: 1:34:49 Average time for scoring runners: 18:57</p> <p align="center">Las Lomas 18 Points: 476</p>	<p>86 86 0 Colin Krusor () 18:32 (6:10) 128 128 0 Masood Sattari () 20:05 (6:41)</p> <p align="center">American Points: 0</p>
<p>61 61 56 Robbie George (10) 18:05 (6:01) 67 67 62 Brett Foreman (10) 18:11 (6:03) 127 127 119 Bryan Peck (10) 20:02 (6:40) 133 133 124 Nathan Walters (12) 20:40 (6:53) 147 147 137 Ryan Fitzpatrick (10) 21:34 (7:11) 150 150 139 Eric Skogland (11) 21:49 (7:16) Total time for scoring runners: 1:38:32 Average time for scoring runners: 19:42</p> <p align="center">Foothill 19 Points: 498</p>	<p>43 43 0 Robin Backer (12) 17:46 (5:55) 149 149 0 Lars Walton (10) 21:47 (7:15)</p> <p align="center">El Molino Points: 0</p>
<p>82 82 77 Chad Freitas (11) 18:30 (6:10) 94 94 88 Casey Jackson (10) 18:46 (6:15) 99 99 92 Dylan Ricards (11) 18:54 (6:18) 129 129 120 Scott Sanchez (11) 20:12 (6:44) 135 135 125 Nick Ayent (11) 20:46 (6:55) 140 140 130 David Riffer (12) 20:59 (6:59) 148 148 138 Matt Gillette (10) 21:35 (7:11) Total time for scoring runners: 1:37:08 Average time for scoring runners: 19:25</p> <p align="center">Albany 20 Points: 502</p>	<p>97 97 0 Romesh Bhiri (12) 18:52 (6:17) 124 124 0 Edi Birsan (11) 19:49 (6:36) 134 134 0 Dave Huenerbein (10) 20:42 (6:54) 152 152 0 Mike Romero (12) 21:59 (7:19)</p> <p align="center">Mt Diablo Points: 0</p>
	<p>23 23 0 Martin Privat (12) 17:11 (5:43)</p> <p align="center">San Lorenzo Points: 0</p>
	<p>2 2 0 James Nielsen ADVANCES () 16:08 (5:22) 19 19 0 Alex Piel () 17:05 (5:41)</p> <p align="center">San Marin Points: 0</p>
	<p>52 52 0 Mike Cervantez () 17:53 (5:57)</p> <p align="center">Sonoma Valley Points: 0</p>

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1 Todd Hunt Novato 15:47 (5:15)	62 Brian Ward Novato 18:07 (6:02)
2 James Nielsen ADVANCES San Marin 16:08 (5:22)	63 James Hosler (11) Petaluma 18:08 (6:02)
3 Franciso Guevara ADVANCES Terra Linda 16:17 (5:25)	64 Alex Ambrosi San Rafael 18:09 (6:03)
4 Marty Kinsey (12) Granada 16:18 (5:26)	65 Matt Gale Miramonte 18:10 (6:03)
5 Heinar Urrutia (12) Granada 16:20 (5:26)	66 Nicholas Schafer Casa Grande 18:11 (6:03)
6 Adam Morrison (12) Granada 16:23 (5:27)	67 Brett Foreman (10) Foothill 18:11 (6:03)
7 Celedonio Rodriguez ADVANCES (10) Elsie Allen 16:26 (5:28)	68 Dan Davis (10) Fortuna 18:12 (6:04)
8 Ryan Preston ADVANCES (11) Moreau Catholic 16:28 (5:29)	69 Troy Winfree Casa Grande 18:12 (6:04)
9 Geoff Garcia Novato 16:31 (5:30)	70 Jeff Tuhtan (11) Cardinal Newman 18:13 (6:04)
10 Billy Maas ADVANCES (10) Fortuna 16:32 (5:30)	71 Richard Wise (12) Dublin 18:14 (6:04)
11 Ivan Rava (12) Analay 16:39 (5:33)	72 David Gautier Las Lomas 18:15 (6:05)
12 Jason Bouey (12) Bishop O'Dowd 16:40 (5:33)	73 Dave Respeoke (10) Moreau Catholic 18:16 (6:05)
13 Kevin Gardiner (12) Bishop O'Dowd 16:42 (5:34)	74 Chris Eggers (9) Granada 18:18 (6:06)
14 Grant Cairns (11) Campolindo 16:45 (5:35)	75 Nych Hansen (12) Cardinal Newman 18:18 (6:06)
15 Rob Bancroft Novato 16:53 (5:37)	76 Ben Noon Arcata 18:22 (6:07)
16 Nick Gai Arcata 16:56 (5:38)	77 Clay Park-Jones Arcata 18:23 (6:07)
17 Brent Shaw (10) Cardinal Newman 17:01 (5:40)	78 Kelsey Johannes (11) Cardinal Newman 18:25 (6:08)
18 Matt Leigh (10) Granada 17:02 (5:40)	79 Noel Barajas San Rafael 18:26 (6:08)
19 Alex Piel San Marin 17:05 (5:41)	80 Mike Chase Miramonte 18:26 (6:08)
20 Josh Baughman Casa Grande 17:07 (5:42)	81 Jon Pierre Loche (9) Bishop O'Dowd 18:27 (6:09)
21 Josh Nicol (11) Cardinal Newman 17:08 (5:42)	82 Chad Freitas (11) Albany 18:30 (6:10)
22 Adam Bessie Redwood 17:10 (5:43)	83 Tobi Grayson Casa Grande 18:31 (6:10)
23 Martin Privat (12) San Lorenzo 17:11 (5:43)	84 Nick Guest (12) Fortuna 18:31 (6:10)
24 Levi Mendes (10) Fortuna 17:16 (5:45)	85 Preet Kalirai (12) Dublin 18:32 (6:10)
25 Reston Good (9) Moreau Catholic 17:16 (5:45)	86 Colin Krusor American 18:32 (6:10)
26 Mike Tribolet Redwood 17:17 (5:45)	87 Brendan Applegate Novato 18:33 (6:11)
27 John Gillis (9) Moreau Catholic 17:21 (5:47)	88 Danny Melo (10) Analay 18:34 (6:11)
28 Rick Vlach (11) Granada 17:22 (5:47)	89 Matt Cover San Rafael 18:35 (6:11)
29 Justin Schwartz Terra Linda 17:23 (5:47)	90 Aaron Boysen Arcata 18:35 (6:11)
30 Neil Matthews Novato 17:24 (5:48)	91 Kiernan Daly Terra Linda 18:36 (6:12)
31 Mike Borrows (12) Fortuna 17:24 (5:48)	92 Louis Sweeney (12) Bishop O'Dowd 18:39 (6:13)
32 Tony Castillo (11) Campolindo 17:27 (5:49)	93 Ben Lawson Terra Linda 18:39 (6:13)
33 Hari Vasu-Devan (11) Campolindo 17:28 (5:49)	94 Casey Jackson (10) Albany 18:46 (6:15)
34 Rob Freed Redwood 17:30 (5:50)	95 Sam Qui Las Lomas 18:48 (6:16)
35 Wes Atkinson (12) Fortuna 17:35 (5:51)	96 Nick Meyer (12) Fortuna 18:51 (6:17)
36 Juan Alvarez (12) Elsie Allen 17:39 (5:53)	97 Romesh Bhuro (12) Mt Diablo 18:52 (6:17)
37 Jason Burge (11) Campolindo 17:40 (5:53)	98 Adam Burch Miramonte 18:52 (6:17)
38 Greg Adams (11) Campolindo 17:42 (5:54)	99 Dylan Ricards (11) Albany 18:54 (6:18)
39 Mario Escobedo San Rafael 17:44 (5:54)	100 David Bianchini (11) Elsie Allen 18:58 (6:19)
40 Johnathan Robins (10) McKinleyville 17:44 (5:54)	101 Menfil Martinez San Rafael 18:58 (6:19)
41 Brent Petersen Casa Grande 17:45 (5:55)	102 Scott Searway Terra Linda 19:00 (6:20)
42 Jeff Hollis (11) Elsie Allen 17:45 (5:55)	103 Scott Wilson Miramonte 19:01 (6:20)
43 Robin Backer (12) El Molino 17:46 (5:55)	104 Travis Schneider Arcata 19:01 (6:20)
44 Graham McDermott Redwood 17:47 (5:55)	105 Frank Dutton (11) Petaluma 19:02 (6:20)
45 Dennis Koehler Novato 17:48 (5:56)	106 Dan Brodigan (12) Dublin 19:03 (6:21)
46 Drew Wells (11) Moreau Catholic 17:49 (5:56)	107 Dylan Creedon (12) Cardinal Newman 19:04 (6:21)
47 Chris Lanese (9) Moreau Catholic 17:50 (5:56)	108 Wesley Spown Las Lomas 19:05 (6:21)
48 Steve Smith (11) Granada 17:50 (5:56)	109 Justin Stevick (10) Petaluma 19:06 (6:22)
49 Hunter Mantell-Hecathorn Miramonte 17:52 (5:57)	110 Calvin Hubble (10) Bishop O'Dowd 19:06 (6:22)
50 Briaen Hendershott San Rafael 17:52 (5:57)	111 Bret Touchstone Terra Linda 19:10 (6:23)
51 Bodhi Waller (11) McKinleyville 17:52 (5:57)	112 Brian Boardman Arcata 19:11 (6:23)
52 Mike Cervantez Sonoma Valley 17:53 (5:57)	113 Eric Brewer Las Lomas 19:12 (6:24)
53 Ben Barrett Arcata 17:53 (5:57)	114 Gus Pierson (9) McKinleyville 19:13 (6:24)
54 Darin Nee Redwood 17:54 (5:58)	115 Dave Carlson (12) Campolindo 19:13 (6:24)
55 Mike Herrin Miramonte 17:55 (5:58)	116 Brian Grech (10) Analay 19:14 (6:24)
56 Peter Holst Miramonte 17:56 (5:58)	117 Sam Gleason Redwood 19:21 (6:27)
57 Oren Laeffer Terra Linda 17:56 (5:58)	118 Scott Sellman (12) Cardinal Newman 19:23 (6:27)
58 Andrew Elliot (10) Bishop O'Dowd 17:57 (5:59)	119 Bryan Vann (12) Dublin 19:27 (6:29)
59 Adam Innes Redwood 17:58 (5:59)	120 Bongo Gottstein Las Lomas 19:29 (6:29)
60 Matt Wise (11) Campolindo 18:03 (6:01)	121 Rob Butner (11) Moreau Catholic 19:31 (6:30)
61 Robbie George (10) Foothill 18:05 (6:01)	122 Jeff Messana Las Lomas 19:32 (6:30)
	123 Jean-Pierre Lacrampe (10) Dublin 19:35 (6:31)

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124 Edi Birsan (11) Mt Diablo 19:49 (6:36)
125 Nathan Kabanuck Casa Grande 19:51 (6:37)
126 Denny Wood (11) Dublin 19:52 (6:37)
127 Bryan Peck (10) Foothill 20:02 (6:40)
128 Masood Sattari American 20:05 (6:41)
129 Scott Sanchez (11) Albany 20:12 (6:44)
130 Drew Kain Las Lomas 20:17 (6:45)
131 Matt Bechtai (12) Dublin 20:25 (6:48)
132 Gabe Sapien (12) Elsie Allen 20:37 (6:52)
133 Nathan Walters (12) Foothill 20:40 (6:53)
134 Dave Huenerbein (10) Mt Diablo 20:42 (6:54)
135 Nick Ayent (11) Albany 20:46 (6:55)
136 Steve Papenoe (10) McKinleyville 20:50 (6:56)
137 Chris Loranqer (10) Elsie Allen 20:51 (6:57)
138 Shane Kirby (10) Analy 20:55 (6:58)
139 Ethan Howlett (10) Analy 20:56 (6:58)
140 David Riffer (12) Albany 20:59 (6:59)
141 Guillermo Mañana (12) Petaluma 21:10 (7:03)
142 David Filippini (11) Petaluma 21:11 (7:03)
143 Ramsey Rimkelt (12) Elsie Allen 21:13 (7:04)
144 Billy Brow (9) McKinleyville 21:13 (7:04)
145 - Paitoon (9) McKinleyville 21:14 (7:04)
146 Sam Curren (11) Petaluma 21:25 (7:08)
147 Ryan Fitzpatrick (10) Foothill 21:34 (7:11)
148 Matt Gillette (10) Albany 21:35 (7:11)
149 Lars Walton (10) El Molino 21:47 (7:15)
150 Eric Skogland (11) Foothill 21:49 (7:16)
151 Alex Robins (11) McKinleyville 21:51 (7:17)
152 Mike Romero (12) Mt Diablo 21:59 (7:19)
153 Tim Cornwell San Rafael 22:07 (7:22)
154 Chris Dupin (11) Petaluma 22:28 (7:29)

1996
NCS ARCO *am/pm*
CROSS COUNTRY
CHAMPIONS RESULTS

NEWHALL PARK
WALNUT CREEK
NOVEMBER 23, 1996

1996 NCS ARCO am/pm Cross Country Championships
Division IV Girls Results

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<p>3 3 3 Katy Berkes (11) 19:14 (6:24) 5 5 5 Edlyn Smith (11) 19:29 (6:29) 8 8 8 Michelle Martin (12) 19:36 (6:32) 18 18 18 Megan Wherritt (11) 20:30 (6:50) 23 23 21 Laura Cherdack (10) 20:43 (6:54) 24 24 22 Anya Gutman (10) 20:44 (6:54) 59 59 50 Evie McCosker (12) 21:51 (7:17)</p> <p>Total time for scoring runners: 1:39:32 Average time for scoring runners: 19:54</p> <p align="center">Campolindo 1 Points: 55</p>	<p>10 10 10 Julia Fischer (9) 19:42 (6:34) 34 34 32 Wendy Freeland (10) 21:08 (7:02) 39 39 36 Lisa Tingle (10) 21:18 (7:06) 49 49 44 Sarah R (9) 21:36 (7:12) 52 52 46 Jill Tarver (10) 21:42 (7:14) 64 64 54 Elizabeth Lewis (10) 22:02 (7:20) 80 80 69 Jennifer Summers (10) 22:24 (7:28)</p> <p>Total time for scoring runners: 1:45:26 Average time for scoring runners: 21:05</p> <p align="center">Granada 5 Points: 168</p>
<p>2 2 2 Sara Hallas (11) 19:04 (6:21) 16 16 16 Tiffany Espinosa (12) 20:27 (6:49) 21 21 19 Danelle Christani (9) 20:40 (6:53) 25 25 23 Alexia Delwiche (11) 20:45 (6:55) 45 45 41 Mikaela Blasser (12) 21:29 (7:09) 50 50 45 Emily Brown (9) 21:38 (7:12) 65 65 55 Kristen Ripple (10) 22:06 (7:22)</p> <p>Total time for scoring runners: 1:42:25 Average time for scoring runners: 20:29</p> <p align="center">Ursuline 2 Points: 101</p>	<p>12 12 12 Lisa Gillis (11) 19:55 (6:38) 14 14 14 Luana Espana (12) 20:14 (6:44) 15 15 15 Terri O'Brien (11) 20:23 (6:47) 67 67 57 Courtney Burmann (9) 22:08 (7:22) 98 98 84 Heather Kranitz (11) 23:48 (7:56) 99 99 85 Nyssa Thomas (10) 23:48 (7:56) 111 111 95 Dawn Leppert (11) 25:25 (8:28)</p> <p>Total time for scoring runners: 1:46:28 Average time for scoring runners: 21:17</p> <p align="center">Moreau Catholic 6 Points: 182</p>
<p>7 7 7 Kersti Miller ADVANCES () 19:36 (6:32) 9 9 9 Lindsey Bergren ADVANCES () 19:38 (6:32) 27 27 25 Amy Rice () 20:54 (6:58) 33 33 31 Erin Hattersley () 21:07 (7:02) 42 42 39 Morgan Thompson () 21:21 (7:07) 47 47 43 Lalira Engle () 21:32 (7:10) 91 91 78 Ashely Warpack () 23:19 (7:46)</p> <p>Total time for scoring runners: 1:42:36 Average time for scoring runners: 20:31</p> <p align="center">Miramonte 3 Points: 111</p>	<p>31 31 29 Bonnie Hanks () 21:02 (7:00) 35 35 33 Jody Konigsberg () 21:09 (7:03) 41 41 38 Danielle Connolly () 21:20 (7:06) 56 56 48 Erin Jones () 21:46 (7:15) 61 61 51 Kristen Krieger () 21:55 (7:18) 77 77 67 Shaunna Anderson () 22:19 (7:26) 81 81 70 Sara Buckley () 22:25 (7:28)</p> <p>Total time for scoring runners: 1:47:12 Average time for scoring runners: 21:26</p> <p align="center">Novato 7 Points: 199</p>
<p>4 4 4 Melissa Green ADVANCES () 19:26 (6:28) 26 26 24 Noia Scholder () 20:46 (6:55) 37 37 35 Alethea Courtouriotis () 21:10 (7:03) 53 53 47 Emily Buskirk () 21:43 (7:14) 62 62 52 Katrina Powers () 21:57 (7:19) 71 71 61 Alison Corway () 22:14 (7:24) 92 92 79 Betsy Conway () 23:20 (7:46)</p> <p>Total time for scoring runners: 1:45:02 Average time for scoring runners: 21:00</p> <p align="center">Terra Linda 4 Points: 162</p>	<p>17 17 17 Genevieve Casey () 20:29 (6:49) 32 32 30 Natalie Freeman () 21:02 (7:00) 57 57 49 Emily Dolim () 21:47 (7:15) 63 63 53 Cindy Weller () 21:59 (7:19) 73 73 63 Melissa Yost () 22:17 (7:25) 102 102 87 Yvonne Wang () 23:58 (7:59) 105 105 89 Darshani Dharmawardena () 24:29 (8:09)</p> <p>Total time for scoring runners: 1:47:34 Average time for scoring runners: 21:30</p> <p align="center">Las Lomas 8 Points: 212</p>

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11	11	11	Alysia Gatchalian (11)	19:54 (6:38)
44	44	40	Wale Adeniji (10)	21:28 (7:09)
46	46	42	Mariasa Larson (11)	21:29 (7:09)
69	69	59	Jessica Brandin (10)	22:12 (7:24)
82	82	71	Erin Dangerfield (10)	22:25 (7:28)
83	83	72	Federica Mola (11)	22:32 (7:30)
94	94	81	Ashley Arkles (11)	23:35 (7:51)
Total time for scoring runners: 1:47:28				
Average time for scoring runners: 21:29				
Bishop O'Dowd			9	
			Points: 223	

30	30	28	Katie Bernaping ()	20:59 (6:59)
36	36	34	Ann Glenn ()	21:09 (7:03)
40	40	37	Amick Wilson ()	21:19 (7:06)
75	75	65	Jennie Allen ()	22:18 (7:26)
76	76	66	Amanda Bartel ()	22:18 (7:26)
90	90	77	Cathy Fong ()	23:18 (7:46)
101	101	86	Dory Weston ()	23:54 (7:58)
Total time for scoring runners: 1:48:03				
Average time for scoring runners: 21:36				
Sir Francis Drake			10	
			Points: 230	

13	13	13	Joey Mason ()	19:55 (6:38)
28	28	26	Maya Kessier ()	20:58 (6:59)
72	72	62	Kate Tranberge ()	22:15 (7:25)
74	74	64	Shasta Ferranto ()	22:18 (7:26)
88	88	75	Emily Drew ()	23:13 (7:44)
96	96	82	Alisa Reynolds ()	23:44 (7:54)
Total time for scoring runners: 1:48:39				
Average time for scoring runners: 21:43				
Arcata			11	
			Points: 240	

6	6	6	Dirkje Dunham ADVANCES (9)	19:34 (6:31)
22	22	20	Jennifer Franceschini (10)	20:43 (6:54)
89	89	76	Ariana Canova (9)	23:14 (7:44)
97	97	83	Meredith Rogers (12)	23:45 (7:55)
107	107	91	Michelle Baldus (12)	24:41 (8:13)
114	114	97	Kristen Weger (9)	25:46 (8:35)
124	124	102	Heather Edelheit (10)	28:48 (9:36)
Total time for scoring runners: 1:51:57				
Average time for scoring runners: 22:23				
Analy			12	
			Points: 276	

1	1	1	Tiffany Hansen ADVANCES ()	18:49 (6:16)
70	70	60	Lindsay Cook ()	22:12 (7:24)
78	78	68	Leigh Tanenberg ()	22:20 (7:26)
93	93	80	Gina Terkaly ()	23:30 (7:50)
106	106	90	Jacqueline Dresow ()	24:37 (8:12)
108	108	92	Laura Mossteller ()	24:58 (8:19)
109	109	93	Emily Grey ()	25:04 (8:21)
Total time for scoring runners: 1:51:28				
Average time for scoring runners: 22:17				
Redwood			13	
			Points: 299	

29	29	27	Terry Legg ()	20:59 (6:59)
66	66	56	Julianne Makeeven ()	22:06 (7:22)
110	110	94	Lani Clough ()	25:15 (8:25)
112	112	96	Avbin Secor ()	25:37 (8:32)
119	119	99	Cythia Soderblom ()	26:22 (8:47)
120	120	100	Courtney Adams ()	26:30 (8:50)
Total time for scoring runners: 2:00:19				
Average time for scoring runners: 24:03				
San Rafael			14	
			Points: 372	

68	68	58	Kim Illian ()	22:11 (7:23)
85	85	73	Dawanna Silsbury ()	22:39 (7:33)
87	87	74	Cori Conover ()	23:10 (7:43)
104	104	88	Kelly Hand ()	24:23 (8:07)
116	116	98	Ashley Wiren ()	26:16 (8:45)
123	123	101	Cristi Conover ()	28:46 (9:35)
125	125	103	Kristin Schafer ()	28:50 (9:36)
Total time for scoring runners: 1:58:39				
Average time for scoring runners: 23:43				
Casa Grande			15	
			Points: 391	

58	58	0	Susan Kong ()	21:50 (7:16)
84	84	0	Melissa Vivion ()	22:37 (7:32)
118	118	0	Christine Isborn ()	26:21 (8:47)
American			Points: 0	

113	113	0	Amy Lam ()	25:37 (8:32)
Dublin			Points: 0	

79	79	0	Kathryn Entricken (12)	22:22 (7:27)
121	121	0	Cindy Dry (12)	28:17 (9:25)
El Molino			Points: 0	

**1996 NCS ARCO am/pm Cross Country Championships
Division IV Girls Results**

3.00 Miles
4.84 Kilometers

November 23, 1996
Newhall Park, Walnut Creek

Course
League
Conference

12:18 PM
Page: 1

Key: Overall Place, Name (Grade), Team, Time, (Mile Pace)

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1 Tiffany Hansen ADVANCES Redwood 18:49 (6:16)	62 Katrina Powers Terra Linda 21:57 (7:19)
2 Sara Hallas (11) Ursuline 19:04 (6:21)	63 Cindy Weller Las Lomas 21:59 (7:19)
3 Katy Berkes (11) Campolindo 19:14 (6:24)	64 Elizabeth Lewis (10) Granada 22:02 (7:20)
4 Melissa Green ADVANCES Terra Linda 19:26 (6:28)	65 Kristen Ripple (10) Ursuline 22:06 (7:22)
5 Edlyn Smith (11) Campolindo 19:29 (6:29)	66 Julianne Makeeven San Rafael 22:06 (7:22)
6 Dirkje Dunham ADVANCES (9) Analy 19:34 (6:31)	67 Courtney Burmann (9) Moreau Catholic 22:08 (7:22)
7 Kersti Miller ADVANCES Miramonte 19:36 (6:32)	68 Kim Illian Casa Grande 22:11 (7:23)
8 Michelle Martin (12) Campolindo 19:36 (6:32)	69 Jessica Brandin (10) Bishop O'Dowd 22:12 (7:24)
9 Lindsey Bergren ADVANCES Miramonte 19:38 (6:32)	70 Lindsay Cook Redwood 22:12 (7:24)
10 Julia Fischer (9) Granada 19:42 (6:34)	71 Alison Conway Terra Linda 22:14 (7:24)
11 Alysia Gatchalian (11) Bishop O'Dowd 19:54 (6:38)	72 Kate Tranberge Arcata 22:15 (7:25)
12 Lisa Gillis (11) Moreau Catholic 19:55 (6:38)	73 Melissa Yost Las Lomas 22:17 (7:25)
13 Joey Mason Arcata 19:55 (6:38)	74 Shasta Ferranto Arcata 22:18 (7:26)
14 Luana Espana (12) Moreau Catholic 20:14 (6:44)	75 Jennie Allen Sir Francis Drake 22:18 (7:26)
15 Terri O'Brien (11) Moreau Catholic 20:23 (6:47)	76 Amanda Bartel Sir Francis Drake 22:18 (7:26)
16 Tiffany Espinosa (12) Ursuline 20:27 (6:49)	77 Shaunna Anderson Novato 22:19 (7:26)
17 Genevieve Casey Las Lomas 20:29 (6:49)	78 Leigh Tanenberg Redwood 22:20 (7:26)
18 Megan Wherritt (11) Campolindo 20:30 (6:50)	79 Kathryn Entricken (12) El Molino 22:22 (7:27)
19 Kristin Van Fleet (11) Sonoma Valley 20:31 (6:50)	80 Jennifer Summers (10) Granada 22:24 (7:28)
20 Sally Cheda (12) Petaluma 20:33 (6:51)	81 Sara Buckley Novato 22:25 (7:28)
21 Danelle Christani (9) Ursuline 20:40 (6:53)	82 Erin Dangerfield (10) Bishop O'Dowd 22:25 (7:28)
22 Jennifer Franceschine (10) Analy 20:43 (6:54)	83 Federica Mola (11) Bishop O'Dowd 22:32 (7:30)
23 Laura Cherdack (10) Campolindo 20:43 (6:54)	84 Melissa Vivion American 22:37 (7:32)
24 Anya Gutman (10) Campolindo 20:44 (6:54)	85 Dawnna Slisbury Casa Grande 22:39 (7:33)
25 Alexia Delwiche (11) Ursuline 20:45 (6:55)	86 Alicia Robertson (9) Foothill 22:51 (7:37)
26 Nola Scholder Terra Linda 20:46 (6:55)	87 Cori Conover Casa Grande 23:10 (7:43)
27 Amy Rice Miramonte 20:54 (6:58)	88 Emily Drew Arcata 23:13 (7:44)
28 Maya Kessier Arcata 20:58 (6:59)	89 Ariana Canova (9) Analy 23:14 (7:44)
29 Terry Legg San Rafael 20:59 (6:59)	90 Cathy Fong Sir Francis Drake 23:18 (7:46)
30 Katie Bernaping Sir Francis Drake 20:59 (6:59)	91 Ashely Warpack Miramonte 23:19 (7:46)
31 Bonnie Hanks Novato 21:02 (7:00)	92 Betsty Conway Terra Linda 23:20 (7:46)
32 Natalie Freeman Las Lomas 21:02 (7:00)	93 Gina Terkaly Redwood 23:30 (7:50)
33 Erin Hattersley Miramonte 21:07 (7:02)	94 Ashley Arkles (11) Bishop O'Dowd 23:35 (7:51)
34 Wendy Freeland (10) Granada 21:08 (7:02)	95 Lisa Gulseth (10) Foothill 23:41 (7:53)
35 Jody Konigsberg Novato 21:09 (7:03)	96 Alisa Reynolds Arcata 23:44 (7:54)
36 Ann Gienn Sir Francis Drake 21:09 (7:03)	97 Meredith Rogers (12) Analy 23:45 (7:55)
37 Alethea Courtouriotis Terra Linda 21:10 (7:03)	98 Heather Kranitz (11) Moreau Catholic 23:48 (7:56)
38 Maxine Bandner San Marin 21:12 (7:04)	99 Nyssa Thomas (10) Moreau Catholic 23:48 (7:56)
39 Lisa Tingle (10) Granada 21:18 (7:06)	100 Ashley Vaughn San Marin 23:54 (7:58)
40 Amick Wilson Sir Francis Drake 21:19 (7:06)	101 Dory Weston Sir Francis Drake 23:54 (7:58)
41 Danielle Connolly Novato 21:20 (7:06)	102 Yvonne Wang Las Lomas 23:58 (7:59)
42 Morgan Thompson Miramonte 21:21 (7:07)	103 Breana Vieira-Potter (11) Petaluma 24:09 (8:03)
43 Laurel Keilner San Marin 21:24 (7:08)	104 Kelly Hand Casa Grande 24:23 (8:07)
44 Wale Adeniji (10) Bishop O'Dowd 21:28 (7:09)	105 Darshani Dharmawardena Las Lomas 24:29 (8:09)
45 Mikaela Blasser (12) Ursuline 21:29 (7:09)	106 Jacqueline Dresow Redwood 24:37 (8:12)
46 Mariasa Larson (11) Bishop O'Dowd 21:29 (7:09)	107 Michelle Baldus (12) Analy 24:41 (8:13)
47 Lalira Engle Miramonte 21:32 (7:10)	108 Laura Mossteller Redwood 24:58 (8:19)
48 Tara Gregg Fortuna 21:35 (7:11)	109 Emily Grey Redwood 25:04 (8:21)
49 Sarah R (9) Granada 21:36 (7:12)	110 Lani Clough San Rafael 25:15 (8:25)
50 Emily Brown (9) Ursuline 21:38 (7:12)	111 Dawn Leppert (11) Moreau Catholic 25:25 (8:28)
51 Anna Sanders Fortuna 21:38 (7:12)	112 Avbin Secor San Rafael 25:37 (8:32)
52 Jill Tarver (10) Granada 21:42 (7:14)	113 Amy Lam Dublin 25:37 (8:32)
53 Emily Buskirk Terra Linda 21:43 (7:14)	114 Kristen Weger (9) Analy 25:46 (8:35)
54 Dana Gillespie Sonoma Valley 21:44 (7:14)	115 Kellie Norton Sonoma Valley 26:08 (8:42)
55 Jessica Standish San Marin 21:46 (7:15)	116 Ashley Wren Casa Grande 26:16 (8:45)
56 Erin Jones Novato 21:46 (7:15)	117 Erin Banik Sonoma Valley 26:18 (8:46)
57 Emily Dolim Las Lomas 21:47 (7:15)	118 Christine Isborn American 26:21 (8:47)
58 Susan Kong American 21:50 (7:16)	119 Cynthia Soderblom San Rafael 26:22 (8:47)
59 Evie McCosker (12) Campolindo 21:51 (7:17)	120 Courtney Adams San Rafael 26:30 (8:50)
60 Jeenny Christiansen (10) Foothill 21:51 (7:17)	121 Cindy Dry (12) El Molino 28:17 (9:25)
61 Kristen Krieger Novato 21:55 (7:18)	122 Sarah Corda (9) Petaluma 28:25 (9:28)
	123 Cristi Conover Casa Grande 28:46 (9:35)
	124 Heather Edelheit (10) Analy 28:48 (9:36)
	125 Kristin Schafer Casa Grande 28:50 (9:36)

1996 NCS ARCO am/pm Cross Country Championships
Division IV Girls Results

3.00 Miles
4.84 Kilometers

November 23, 1996
Newhall Park, Walnut Creek

Course

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Conference

Key: Overall Place, Name (Grade), Team, Time, (Mile Pace)

12:18 PM

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127 Kathryn Gray (11) Petaluma 29:57 (9:59) |

1996
NCS ARCO *am/pm*
CROSS COUNTRY
CHAMPIONS RESULTS

NEWHALL PARK
WALNUT CREEK
NOVEMBER 23, 1996

**1996 NCS ARCO am/pm Cross Country Championships
Division V Boys Results**

3.00 Miles
4.84 Kilometers

November 23, 1996
Newhall Park, Walnut Creek

Course
League
Conference

10:46 AM
Page: 1

Key: Overall Place, Place within group, Team Place Name (Sex/Age or Grade), Time, (Mile Pace)
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<p>4 4 4 Michael Arp (11) 16:53 (5:37) 5 5 5 Justin Hite (11) 17:11 (5:43) 6 6 6 Ben Maniatis (11) 17:16 (5:45) 11 11 11 Ryan Torres (10) 17:32 (5:50) 14 14 14 Jonathan Tapp (11) 17:45 (5:55) 30 30 29 Darren Virassammy (11) 18:12 (6:04) 32 32 31 Miguel Diaz (10) 18:13 (6:04) Total time for scoring runners: 1:26:32 Average time for scoring runners: 17:18</p> <p align="center">St. Mary's 1 Points: 40</p>	<p>15 15 15 Peter Muñoz (11) 17:48 (5:55) 21 21 20 Jesse Skidmore (12) 17:57 (5:59) 38 38 37 Thomas Muñoz (10) 18:16 (6:05) 42 42 40 Stephen Bothurst (10) 18:21 (6:07) 68 68 65 Jacob Sheppard (10) 19:20 (6:26) 91 91 84 Justin Matis (11) 20:28 (6:49) 93 93 86 Condy Creek (11) 20:38 (6:52) Total time for scoring runners: 1:31:36 Average time for scoring runners: 18:19</p> <p align="center">Head Royce 5 Points: 177</p>
<p>7 7 7 Travis Johnson (10) 17:23 (5:47) 8 8 8 Chris Dunnick (12) 17:27 (5:49) 13 13 13 Steve Koneffklatt (12) 17:38 (5:52) 24 24 23 Jon Mangahas (12) 17:59 (5:59) 31 31 30 Brandon McClintock (9) 18:12 (6:04) 37 37 36 Chris Williams (11) 18:16 (6:05) 80 80 74 Brian Chavez (12) 19:46 (6:35) Total time for scoring runners: 1:28:34 Average time for scoring runners: 17:42</p> <p align="center">St. Joseph's N.D. 2 Points: 81</p>	<p>10 10 10 Raymi Dyskant ADVANCES (11) 17:29 (5:49) 26 26 25 Franklin Ow (12) 18:03 (6:01) 48 48 46 Martin White (11) 18:34 (6:11) 49 49 47 Ben Varl (10) 18:34 (6:11) 52 52 50 Hani Ganji (9) 18:40 (6:13) 55 55 53 Jesse Feldman (12) 18:43 (6:14) 89 89 82 Ben Avery (9) 20:25 (6:48) Total time for scoring runners: 1:31:15 Average time for scoring runners: 18:15</p> <p align="center">Lick Wilmerding 6 Points: 178</p>
<p>1 1 1 Carl Moren ADVANCES (11) 16:36 (5:32) 9 9 9 Jed Johnson ADVANCES (12) 17:28 (5:49) 22 22 21 Russ Griffith (10) 17:57 (5:59) 23 23 22 Joe Paulding (10) 17:57 (5:59) 41 41 39 Reed Criddle (10) 18:19 (6:06) 60 60 58 Drew Coffin (10) 19:01 (6:20) 62 62 59 Phil Sprincin (12) 19:07 (6:22) Total time for scoring runners: 1:28:14 Average time for scoring runners: 17:38</p> <p align="center">Piedmont 3 Points: 92</p>	<p>27 27 26 Jamal Haynes (12) 18:06 (6:02) 28 28 27 Matt Weisbrod (12) 18:07 (6:02) 43 43 41 Joel Pardini (9) 18:21 (6:07) 64 64 61 Mike Hillesheim (12) 19:10 (6:23) 66 66 63 James Jorgensen (10) 19:19 (6:26) 101 101 93 Robin Viray (10) 21:03 (7:01) 114 114 105 Thomas Floyd (9) 21:30 (7:10) Total time for scoring runners: 1:32:58 Average time for scoring runners: 18:35</p> <p align="center">Salesian 7 Points: 218</p>
<p>2 2 2 Max Hanlin ADVANCES (11) 16:44 (5:34) 20 20 19 Eric Fischer (10) 17:56 (5:58) 44 44 42 Brian Gilliss (12) 18:27 (6:09) 53 53 51 Robert Reffkin (12) 18:42 (6:14) 54 54 52 Tony Goodman (11) 18:42 (6:14) 69 69 66 Charles Thornton (10) 19:23 (6:27) 78 78 72 David Castle () 19:43 (6:34) Total time for scoring runners: 1:30:27 Average time for scoring runners: 18:05</p> <p align="center">University 4 Points: 166</p>	<p>3 3 3 Jose Gutierrez ADVANCES (12) 16:44 (5:34) 16 16 16 Bruce Cruyn (10) 17:49 (5:56) 36 36 35 Arturo Lopez (9) 18:15 (6:05) 76 76 71 Grant Grohmann (10) 19:40 (6:33) 106 106 97 Michael Bacarro (10) 21:15 (7:05) 108 108 99 Bounsong Saengthip (10) 21:21 (7:07) Total time for scoring runners: 1:33:39 Average time for scoring runners: 18:43</p> <p align="center">CA Schl For The Deaf 8 Points: 222</p>

**1996 NCS ARCO am/pm Cross Country Championships
Division V Boys Results**

3.00 Miles
4.84 Kilometers

November 23, 1996
Newhall Park, Walnut Creek

Course

League

Conference

10:46 AM

Key: Overall Place, Place within group, Team Place Name (Sex/Age or Grade), Time, (Mile Pace)

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73	73	0	Duston Offins ()	19:35	(6:31)
77	77	0	Jeremy Muhleck ()	19:42	(6:34)
99	99	0	Tim Bussell ()	20:56	(6:58)
104	104	0	Joey Maggio ()	21:11	(7:03)
Hoopa					
Points: 0					
75	75	0	Brian Leach (12)	19:39	(6:33)
81	81	0	John Wheeler (12)	19:54	(6:38)
Marin Academy					
Points: 0					
40	40	0	Chris Geyer (11)	18:18	(6:06)
Rincon Vly Chrtn					
Points: 0					
61	61	0	Olin Stoltz ()	19:04	(6:21)
Triple Junction					
Points: 0					

**1996 NCS ARCO am/pm Cross Country Championships
Division V Boys Results**

3.00 Miles
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November 23, 1996
Newhall Park, Walnut Creek

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Key: Overall Place, Name (Grade), Team, Time, (Mile Pace)

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1 Carl Moren ADVANCES (11) Piedmont 16:36 (5:32)	53 Robert Reffkin (12) University 18:42 (6:14)
2 Max Hanlin ADVANCES (11) University 16:44 (5:34)	54 Tony Goodman (11) University 18:42 (6:14)
3 Jose Gutierrez ADVANCES (12) CA Schl For The Deaf 16:44 (5:34)	55 Jesse Feldman (12) Lick Wilmerding 18:43 (6:14)
4 Michael Arp (11) St. Mary's 16:53 (5:37)	56 Danny Mackersy Middletown 18:44 (6:14)
5 Justin Hite (11) St. Mary's 17:11 (5:43)	57 Jaime Ricci (9) Maria Carillo 18:54 (6:18)
6 Ben Maniatis (11) St. Mary's 17:16 (5:45)	58 Elias Bruegmann (11) College Prep 18:54 (6:18)
7 Travis Johnson (10) St. Joseph's N.D. 17:23 (5:47)	59 Matt Paiva (12) Kelseyville 19:00 (6:20)
8 Chris Dunnick (12) St. Joseph's N.D. 17:27 (5:49)	60 Drew Coffin (10) Piedmont 19:01 (6:20)
9 Jed Johnson ADVANCES (12) Piedmont 17:28 (5:49)	61 Olin Stoltz Triple Junction 19:04 (6:21)
10 Raymi Dyskant ADVANCES (11) Lick Wilmerding 17:29 (5:49)	62 Phil Sprincin (12) Piedmont 19:07 (6:22)
11 Ryan Torres (10) St. Mary's 17:32 (5:50)	63 George Bauman (12) Clear Lake 19:08 (6:22)
12 Jesse Rogers (11) Middletown 17:36 (5:52)	64 Mike Hillesheim (12) Salesian 19:10 (6:23)
13 Steve Koneffklatt (12) St. Joseph's N.D. 17:38 (5:52)	65 Terry Waldron (12) Marin Catholic 19:16 (6:25)
14 Jonathan Tapp (11) St. Mary's 17:45 (5:55)	66 James Jorgensen (10) Salesian 19:19 (6:26)
15 Peter Muñoz (11) Head Royce 17:46 (5:55)	67 Kyle Guthrie (11) College Prep 19:20 (6:26)
16 Bruce Cruyn (10) CA Schl For The Deaf 17:49 (5:56)	68 Jacob Sheppard (10) Head Royce 19:20 (6:26)
17 Steve Laurie (10) Maria Carillo 17:52 (5:57)	69 Charles Thornton (10) University 19:23 (6:27)
18 Matt Martiniz (11) Clear Lake 17:53 (5:57)	70 Andy Grossman (12) Branson 19:24 (6:28)
19 Trevor Tileston (10) Crystal Springs Uplands 17:54 (5:58)	71 Adam Fuller (11) Clear Lake 19:32 (6:30)
20 Eric Fischer (10) University 17:56 (5:58)	72 Niels Bradshaw (12) College Prep 19:34 (6:31)
21 Jesse Skidmore (12) Head Royce 17:57 (5:59)	73 Duston Offins Hoopa 19:35 (6:31)
22 Russ Griffith (10) Piedmont 17:57 (5:59)	74 Alex Aldrech Willits 19:35 (6:31)
23 Joe Paulding (10) Piedmont 17:57 (5:59)	75 Brian Leach (12) Marin Academy 19:39 (6:33)
24 Jon Mangahas (12) St. Joseph's N.D. 17:59 (5:59)	76 Grant Grohmann (10) CA Schl For The Deaf 19:40 (6:33)
25 Kyle Corcoran (10) Branson 18:03 (6:01)	77 Jeremy Muhleck Hoopa 19:42 (6:34)
26 Franklin Ow (12) Lick Wilmerding 18:03 (6:01)	78 David Castle University 19:43 (6:34)
27 Jamal Haynes (12) Salesian 18:06 (6:02)	79 Ryan Waldron (12) Marin Catholic 19:44 (6:34)
28 Matt Weisbrod (12) Salesian 18:07 (6:02)	80 Brian Chavez (12) St. Joseph's N.D. 19:46 (6:35)
29 Wes Serkin Willits 18:10 (6:03)	81 John Wheeler (12) Marin Academy 19:54 (6:38)
30 Darren Virassammy (11) St. Mary's 18:12 (6:04)	82 Dan Glazier (9) Clear Lake 19:56 (6:38)
31 Brandon McClintock (9) St. Joseph's N.D. 18:12 (6:04)	83 Nick Yim (10) Branson 19:56 (6:38)
32 Miquel Diaz (10) St. Mary's 18:13 (6:04)	84 Ian Ivarson (9) Marin Catholic 20:02 (6:40)
33 Benji Perin (12) Branson 18:14 (6:04)	85 Marcus Sams Willits 20:13 (6:44)
34 Tom Simons (12) Kelseyville 18:14 (6:04)	86 Robert Bulik (12) Kelseyville 20:14 (6:44)
35 Seph Petta (11) College Prep 18:14 (6:04)	87 Naf Rutter (11) Branson 20:15 (6:45)
36 Arturo Lopez (9) CA Schl For The Deaf 18:15 (6:05)	88 Pat Furness (9) Maria Carillo 20:22 (6:47)
37 Chris Williams (11) St. Joseph's N.D. 18:16 (6:05)	89 Ben Avery (9) Lick Wilmerding 20:25 (6:48)
38 Thomas Muñoz (10) Head Royce 18:16 (6:05)	90 Daniel Long (9) Fort Bragg 20:26 (6:48)
39 Steve Chasev (10) College Prep 18:17 (6:05)	91 Justin Matis (11) Head Royce 20:28 (6:49)
40 Chris Geyer (11) Rincon Vly Chrtn 18:18 (6:06)	92 Andy Sipila (11) Fort Bragg 20:35 (6:51)
41 Reed Criddle (10) Piedmont 18:19 (6:06)	93 Condy Creek (11) Head Royce 20:38 (6:52)
42 Stephen Bothurst (10) Head Royce 18:21 (6:07)	94 Luke McDonald Willits 20:43 (6:54)
43 Joel Pardini (9) Salesian 18:21 (6:07)	95 Jonathon Pettingill (10) Marin Catholic 20:48 (6:56)
44 Brian Gilliss (12) University 18:27 (6:09)	96 Jimmie Harvard Willits 20:50 (6:56)
45 Todd Wulfsberg (12) College Prep 18:28 (6:09)	97 Matt Turrentine (10) Marin Catholic 20:53 (6:57)
46 Willie Leuzinger Middletown 18:30 (6:10)	98 Greg Wallace (12) Marin Catholic 20:56 (6:58)
47 Russ Fletcher (12) Clear Lake 18:32 (6:10)	99 Tim Busseff Hoopa 20:56 (6:58)
48 Martin White (11) Lick Wilmerding 18:34 (6:11)	100 Wes Serkin Willits 21:01 (7:00)
49 Ben Varl (10) Lick Wilmerding 18:34 (6:11)	101 Robin Viray (10) Salesian 21:03 (7:01)
50 Matt Wagner (9) Maria Carillo 18:35 (6:11)	102 Jason West (9) Kelseyville 21:06 (7:02)
51 Preston Stone (9) Clear Lake 18:37 (6:12)	103 Mike Padel (10) Clear Lake 21:11 (7:03)
52 Hani Gani (9) Lick Wilmerding 18:40 (6:13)	104 Joey Maggio Hoopa 21:11 (7:03)
	105 Chris Fellows (12) Branson 21:12 (7:04)
	106 Michael Bacarro (10) CA Schl For The Deaf 21:15 (7:05)
	107 Matt Jacobs (11) College Prep 21:17 (7:05)
	108 Bounsong Saengthip (10) CA Schl For The Deaf 21:21 (7:07)
	109 Gary Hoertkorn (10) Kelseyville 21:23 (7:07)
	110 David Hopkins Willits 21:26 (7:08)
	111 Francisco Arriaza Fort Bragg 21:28 (7:09)
	112 Jim Willig (10) Middletown 21:29 (7:09)
	113 Darryl Brown (9) Kelseyville 21:30 (7:10)
	114 Thomas Floyd (9) Salesian 21:30 (7:10)
	115 Clayton Whitt (9) Middletown 21:31 (7:10)
	116 Johannes Enke (9) Branson 21:34 (7:11)

1996 NCS ARCO am/pm Cross Country Championships
Division V Boys Results

3.00 Miles
4.84 Kilometers

November 23, 1996
Newhall Park, Walnut Creek

Course
League
Conference

10:47 AM
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Key: Overall Place, Name (Grade), Team, Time, (Mile Pace)

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117	John Chase	(9)	Middletown	21:36	(7:12)
118	Paul Lemke	(11)	Fort Bragg	22:00	(7:20)
119	Elden Rice	(9)	Marin Catholic	22:05	(7:21)
120	Mike Finneqan	(9)	Marin Catholic	22:37	(7:32)
121	Branden Driggers	(10)	Fort Bragg	22:56	(7:38)
122	Bobby Schoefer	(12)	Kelseville	23:13	(7:44)

1996
NCS ARCO *am/pm*
CROSS COUNTRY
CHAMPIONS RESULTS

NEWHALL PARK
WALNUT CREEK
NOVEMBER 23, 1996

1996 NCS ARCO am/pm Cross Country Championships
Division V Girls Results

3.00 Miles
 4.84 Kilometers

November 23, 1996
 Newhall Park, Walnut Creek

Course
 League
 Conference

11:16 AM

Key: Overall Place, Place within group, Team Place Name (Sex/Age or Grade), Time, (Mile Pace)

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©MacCross Country 1-800-PETE-MAC

<p>2 2 2 Linden Bader (10) 19:03 (6:21) 4 4 4 Diana Clock (9) 19:16 (6:25) 5 5 5 Kien Morser (10) 19:26 (6:28) 6 6 6 Mollie Allick (10) 19:26 (6:28) 8 8 8 Aliza Cohen (9) 20:08 (6:42) 11 11 -11 Kristin Ferrell (11) 20:28 (6:49) 32 32 28 Hope Lewis (12) 22:52 (7:37) Total time for scoring runners: 1:37:19 Average time for scoring runners: 19:27</p> <p>✓ University 1 Points: 25</p>	<p>23 23 20 Kristine Lemke (12) 22:08 (7:22) 27 27 24 Alicia Borcich (11) 22:27 (7:29) 47 47 40 Mary Lancaster (12) 23:45 (7:55) 49 49 42 Jessamyn Killion (10) 23:47 (7:55) 51 51 44 Sara Macy (10) 23:55 (7:58) Total time for scoring runners: 1:56:02 Average time for scoring runners: 23:12</p> <p>✓ Fort Bragg 5 Points: 170</p>
<p>1 1 1 Heather Gibson (11) 18:34 (6:11) 10 10 10 Ingrid Elias (10) 20:24 (6:48) 22 22 19 Melissa Mao (11) 22:07 (7:22) 26 26 23 Katie Mayo (11) 22:22 (7:27) 29 29 26 Nora Betz (10) 22:33 (7:31) 39 39 34 Kendall Nicholson (11) 23:10 (7:43) 48 48 41 Sarah Short (12) 23:47 (7:55) Total time for scoring runners: 1:46:00 Average time for scoring runners: 21:12</p> <p>✓ Piedmont 2 Points: 79</p>	<p>17 17 15 Vanessa Reynolds (12) 22:00 (7:20) 19 19 17 Katie Lambden (12) 22:02 (7:20) 35 35 31 Erinne Lambden (12) 22:57 (7:39) 64 64 55 Kelly Brandli (11) 24:56 (8:18) 68 68 59 Molly Jones (10) 25:06 (8:22) 74 74 65 Becca Haw (12) 25:49 (8:36) Total time for scoring runners: 1:57:01 Average time for scoring runners: 23:24</p> <p>✓ Head Royce 6 Points: 177</p>
<p>7 7 7 Tammy Hunt ADVANCES (11) 20:00 (6:40) 13 13 13 Carrie Hunt (11) 20:58 (6:59) 24 24 21 Laura Mitchell (10) 22:08 (7:22) 25 25 22 Megan Minudri (10) 22:11 (7:23) 28 28 25 Mary McDonald (11) 22:28 (7:29) 71 71 62 Jenner Whitt (12) 25:26 (8:28) Total time for scoring runners: 1:47:45 Average time for scoring runners: 21:33</p> <p>✓ Middletown 3 Points: 88</p>	<p>18 18 16 Louani Bascara (11) 22:01 (7:20) 37 37 33 Julie Reynolds (11) 23:07 (7:42) 40 40 35 Liz Jonckheer (11) 23:12 (7:44) 55 55 48 Katherine Mindel (9) 24:15 (8:05) 60 60 51 Casey Mattheis (11) 24:32 (8:10) 83 83 72 Maggie Lukens (11) 27:06 (9:02) Total time for scoring runners: 1:57:07 Average time for scoring runners: 23:25</p> <p>✓ Branson 7 Points: 183</p>
<p>3 3 3 Kal Saxton ADVANCES (11) 19:13 (6:24) 15 15 14 Dania Goodman (11) 21:42 (7:14) 30 30 27 Marian Acquistapace (9) 22:43 (7:34) 36 36 32 Krista McCurdy (10) 23:06 (7:42) 50 50 43 April Gruber (12) 23:53 (7:57) 54 54 47 Amanda Goldstein (11) 24:13 (8:04) 59 59 50 Christine Nguyen (10) 24:30 (8:10) Total time for scoring runners: 1:50:37 Average time for scoring runners: 22:07</p> <p>✓ College Prep 4 Points: 119</p>	<p>9 9 9 Melissa Madeson ADVANCES (11) 20:17 (6:45) 34 34 30 Ari Black (10) 22:56 (7:38) 57 57 49 Mindy Townsend (11) 24:25 (8:08) 63 63 54 Cindy Townsend (11) 24:55 (8:18) 66 66 57 Hannah Spahr (10) 25:02 (8:20) 80 80 70 Alexis Well (11) 26:26 (8:48) Total time for scoring runners: 1:57:35 Average time for scoring runners: 23:31</p> <p>✓ Kelseyville 8 Points: 199</p>
	<p>12 12 12 Katie Scangos ADVANCES (11) 20:46 (6:55) 52 52 45 Jenn Scangos (9) 24:03 (8:01) 61 61 52 Bee Bee Yeh (9) 24:35 (8:11) 62 62 53 Jennifer Middleton (11) 24:51 (8:17) 70 70 61 Ashley Shult (11) 25:15 (8:25) Total time for scoring runners: 1:59:30 Average time for scoring runners: 23:54</p> <p>✓ Crystal Springs Uplands 9 Points: 223</p>

1996 NCS ARCO am/pm Cross Country Championships
Division V Girls Results

3.00 Miles
4.84 Kilometers

November 23, 1996
Newhall Park, Walnut Creek

Course
League
Conference

11:16 AM

Key: Overall Place, Place within group, Team Place Name (Sex/Age or Grade), Time, (Mile Pace)

Page: 2

©MacCross Country 1-800-PETE-MAC

41 41 36 Nicole Falkard (12) 23:18 (7:46)	38 38 0 Nickie Gallaher (10) 23:09 (7:43)
42 42 37 Lillian Gardiner (9) 23:20 (7:46)	✓ Maria Carillo Points: 0
46 46 39 Kyle Willis (11) 23:45 (7:55)	45 45 0 Susannah Byrnes (9) 23:36 (7:52)
72 72 63 Alyson Tufts (10) 25:31 (8:30)	56 56 0 Caley Costello (12) 24:22 (8:07)
82 82 71 Miranda Gardiner (12) 26:52 (8:57)	86 86 0 Raina Garcia (11) 27:59 (9:19)
Total time for scoring runners: 2:02:46	Marin Catholic Points: 0
Average time for scoring runners: 24:33	14 14 0 Angela Zarnock (9) 21:24 (7:08)
✓ Lick Wilmerding 10 Points: 246	✓ Rincon Vly Chrtn Points: 0
20 20 18 Heather Murphy (10) 22:05 (7:21)	16 16 0 Katie McCulloch (12) 21:53 (7:17)
67 67 58 Lawren Spencer (9) 25:03 (8:21)	31 31 0 Dawn Joyce (11) 22:51 (7:37)
69 69 60 Liz Schmohl (11) 25:06 (8:22)	81 81 0 Heather Hayes (11) 26:29 (8:49)
73 73 64 Ann Busacca Ryan (9) 25:39 (8:33)	90 90 0 Christy Picetti (12) 31:52 (10:37)
78 78 68 Keeley Valentino (9) 26:18 (8:46)	St. Joseph's N.D. Points: 0
Total time for scoring runners: 2:04:11	84 84 0 Marika Smith () 27:32 (9:10)
Average time for scoring runners: 24:50	89 89 0 Sonja Williams () 31:22 (10:27)
✓ Marin Academy 11 Points: 268	✓ Triple Junction Points: 0
33 33 29 Ellen O'Dea (10) 22:55 (7:38)	53 53 46 Christin Paulson () 24:06 (8:02)
44 44 38 Brittany Ballard (11) 23:26 (7:48)	65 65 56 Kirsten Meyer () 24:58 (8:19)
75 75 66 Mary Rone (9) 25:54 (8:38)	79 79 69 Jennifer Rendrup () 26:21 (8:47)
77 77 67 Carla Sanchez (10) 26:06 (8:42)	88 88 74 Erin Livingston () 30:29 (10:09)
85 85 73 Natalia Worms (10) 27:33 (9:11)	91 91 75 Kerri Caldwell () 39:45 (13:15)
Total time for scoring runners: 2:05:54	Total time for scoring runners: 2:25:39
Average time for scoring runners: 25:10	Average time for scoring runners: 29:07
✓ St. Mary's 12 Points: 273	✓ Willits 13 Points: 320
21 21 0 Bonnie Ryan (10) 22:06 (7:22)	58 58 0 Heather Jansen (10) 24:26 (8:08)
58 58 0 Heather Jansen (10) 24:26 (8:08)	Clear Lake Points: 0
Clear Lake Points: 0	43 43 0 Brandee Grant (12) 23:25 (7:48)
43 43 0 Brandee Grant (12) 23:25 (7:48)	Holy Names Points: 0
Holy Names Points: 0	76 76 0 Lvana Olmo () 26:01 (8:40)
76 76 0 Lvana Olmo () 26:01 (8:40)	87 87 0 Alesha Vader () 29:06 (9:42)
87 87 0 Alesha Vader () 29:06 (9:42)	Hoopa Points: 0
Hoopa Points: 0	

1996 NCS ARCO am/pm Cross Country Championships
Division V Girls Results

3.00 Miles
4.84 Kilometers

November 23, 1996
Newhall Park, Walnut Creek

Course

League

Conference

11:15 AM

Key: Overall Place, Name (Grade), Team, Time, (Mile Pace)

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1 Heather Gibson (11) Piedmont 18:34 (6:11)	60 Casey Mattheis (11) Branson 24:32 (8:10)
2 Linden Bader (10) University 19:03 (6:21)	61 Bee Bee Yeh (9) Crystal Springs Uplands 24:35 (8:11)
3 Kat Saxton ADVANCES (11) College Prep 19:13 (6:24)	62 Jennifer Middleton (11) Crystal Springs Uplands 24:51 (8:17)
4 Diana Clock (9) University 19:16 (6:25)	63 Cindy Townsend (11) Kelseyville 24:55 (8:18)
5 Kien Morser (10) University 19:26 (6:28)	64 Kelly Brandli (11) Head Royce 24:56 (8:18)
6 Mollie Allick (10) University 19:26 (6:28)	65 Kirsten Meyer Willits 24:58 (8:19)
7 Tammy Hunt ADVANCES (11) Middletown 20:00 (6:40)	66 Hannah Spahr (10) Kelseyville 25:02 (8:20)
8 Aliza Cohen (9) University 20:08 (6:42)	67 Lawren Spencer (9) Marin Academy 25:03 (8:21)
9 Melissa Madeson ADVANCES (11) Kelseyville 20:17 (6:45)	68 Molly Jones (10) Head Royce 25:06 (8:22)
10 Ingrid Elias (10) Piedmont 20:24 (6:48)	69 Liz Schmohl (11) Marin Academy 25:06 (8:22)
11 Kristin Ferrell (11) University 20:28 (6:49)	70 Ashley Shult (11) Crystal Springs Uplands 25:15 (8:25)
12 Katie Scangos ADVANCES (11) Crystal Springs Uplands 20:46 (6:55)	71 Jenner Whitt (12) Middletown 25:26 (8:28)
13 Carrie Hunt (11) Middletown 20:58 (6:59)	72 Alyson Tufts (10) Lick Wilmerding 25:31 (8:30)
14 Angela Zarnock (9) Rincon Vly Chrtn 21:24 (7:08)	73 Ann Busacca Ryan (9) Marin Academy 25:39 (8:33)
15 Dania Goodman (11) College Prep 21:42 (7:14)	74 Becca Haw (12) Head Royce 25:49 (8:36)
16 Katie McCulloch (12) St. Joseph's N.D. 21:53 (7:17)	75 Mary Rone (9) St. Mary's 25:54 (8:38)
17 Vanessa Reynolds (12) Head Royce 22:00 (7:20)	76 Lvana Olmo Hoopa 26:01 (8:40)
18 Louani Bascara (11) Branson 22:01 (7:20)	77 Carla Sanchez (10) St. Mary's 26:06 (8:42)
19 Katie Lambden (12) Head Royce 22:02 (7:20)	78 Keeley Vaentino (9) Marin Academy 26:18 (8:46)
20 Heather Murphy (10) Marin Academy 22:05 (7:21)	79 Jennifer Rendrup Willits 26:21 (8:47)
21 Bonnie Ryan (10) Clear Lake 22:06 (7:22)	80 Alexis Weil (11) Kelseyville 26:26 (8:48)
22 Melissa Mao (11) Piedmont 22:07 (7:22)	81 Heather Hayes (11) St. Joseph's N.D. 26:29 (8:49)
23 Kristine Lemke (12) Fort Bragg 22:08 (7:22)	82 Miranda Gardiner (12) Lick Wilmerding 26:52 (8:57)
24 Laura Mitchell (10) Middletown 22:08 (7:22)	83 Maggie Lukens (11) Branson 27:06 (9:02)
25 Megan Minudri (10) Middletown 22:11 (7:23)	84 Marika Smith Triple Junction 27:32 (9:10)
26 Katie Mayo (11) Piedmont 22:22 (7:27)	85 Natalia Worms (10) St. Mary's 27:33 (9:11)
27 Alicia Borcich (11) Fort Bragg 22:27 (7:29)	86 Raina Garcia (11) Marin Catholic 27:59 (9:19)
28 Mary McDonald (11) Middletown 22:28 (7:29)	87 Alesha Vader Hoopa 29:06 (9:42)
29 Nora Betz (10) Piedmont 22:33 (7:31)	88 Erin Livingston Willits 30:29 (10:09)
30 Marian Acquistapace (9) College Prep 22:43 (7:34)	89 Sonja Williams Triple Junction 31:22 (10:27)
31 Dawn Joyce (11) St. Joseph's N.D. 22:51 (7:37)	90 Christy Picetti (12) St. Joseph's N.D. 31:52 (10:37)
32 Hope Lewis (12) University 22:52 (7:37)	91 Kerri Caldwell Willits 39:45 (13:15)
33 Ellen O'Dea (10) St. Mary's 22:55 (7:38)	
34 Ari Black (10) Kelseyville 22:56 (7:38)	
35 Erinne Lambden (12) Head Royce 22:57 (7:39)	
36 Krista McCurdy (10) College Prep 23:06 (7:42)	
37 Julie Reynolds (11) Branson 23:07 (7:42)	
38 Nickie Gallaher (10) Maria Carillo 23:09 (7:43)	
39 Kendall Nicholson (11) Piedmont 23:10 (7:43)	
40 Liz Jonckheer (11) Branson 23:12 (7:44)	
41 Nicole Falkard (12) Lick Wilmerding 23:18 (7:46)	
42 Lillian Gardiner (9) Lick Wilmerding 23:20 (7:46)	
43 Brandee Grant (12) Holy Names 23:25 (7:48)	
44 Brittany Ballard (11) St. Mary's 23:26 (7:48)	
45 Susannah Byrnes (9) Marin Catholic 23:36 (7:52)	
46 Kyle Willis (11) Lick Wilmerding 23:45 (7:55)	
47 Mary Lancaster (12) Fort Bragg 23:45 (7:55)	
48 Sarah Short (12) Piedmont 23:47 (7:55)	
49 Jessamyn Killion (10) Fort Bragg 23:47 (7:55)	
50 April Gruber (12) College Prep 23:53 (7:57)	
51 Sara Macy (10) Fort Bragg 23:55 (7:58)	
52 Jenn Scangos (9) Crystal Springs Uplands 24:03 (8:01)	
53 Christin Paulson Willits 24:06 (8:02)	
54 Amanda Goldstein (11) College Prep 24:13 (8:04)	
55 Katherine Mindel (9) Branson 24:15 (8:05)	
56 Caley Costello (12) Marin Catholic 24:22 (8:07)	
57 Mindy Townsend (11) Kelseyville 24:25 (8:08)	
58 Heather Jansen (10) Clear Lake 24:26 (8:08)	
59 Christine Nauven (10) College Prep 24:30 (8:10)	

1996 NCS ONE RACE - TEAM POINTS

80.38	①	DLS	-	69
83.45	⑤	Montgomery	-	225
83.07	③	Livermore	-	229
83.25	④	GRANADA	-	234
82.45 ^{84.45}	⑤	Clayton Valley	-	259
82.48	②	M S J	-	261
83.48	⑥	San Ramon	-	269
84.09	⑧	AMADOR	-	302
84.45	⑪	James Logan	-	354
84.23	⑨	Novato	-	354
84.37	⑩	UKiah	-	361
85.14	⑫	Eureka	-	381
85.57	⑬	College Park	-	434
86.02	⑭	Castro Valley	-	439
86.32	⑮	St. Mary's	-	502
86.44	⑯	Moreau	-	539