

THE MONTEREY BAY INVITATIONAL
TORO COUNTY PARK
FRIDAY, OCTOBER 13, 2006
SATURDAY, OCTOBER 14, 2006

It is our privilege to invite you and your athletes to the seventh annual Monterey Bay Invitational, a Central Coast Section sanctioned meet. The 3.0 mile course encompasses grass, wide dirt trails, long up and down paths, with some short hills in the middle 1.5 to 2.0 mile area. The park itself is an awesome place to have an invitational as there are lots of picnic and BBQ areas, bathrooms, large grass play areas nestled among hundreds of giant oak trees. This is the site and meet management of the 2006 C.C.S. CHAMPIONSHIPS!!!

10/13/06 FRIDAY COMPETITION

DIVISION	TIME	LIMIT	DIVISION	TIME	LIMIT
J.V. Boys	3:00	none	Varsity Girls	3:30	7
Varsity Boys	4:00	7	J.V. Girls	4:30	none
F/S Boys	5:00	none			

10/14/06 SATURDAY COMPETITION

Park Gate Opens 8:00 a.m.

DIVISION	TIME	LIMIT	DIVISION	TIME	LIMIT
J.V. Girls	9:30	none	J.V. Boys	10:00	none
F/S Girls	10:30	none	F/S Boys (Race #1)	11:00	none
			F/S Boys (Race # 2)	11:30	none
Varsity Girls	12:00	7	Varsity Boys	12:30	7
Sweepstakes Girls	1:00	7	Sweepstakes Boys	1:30	7

* This is two meets over 2 days. A team may only enter one varsity or F/S race on Saturday. A team CANNOT enter both the sweepstakes and varsity race.

AWARDS

Friday Competition: Team medals for the top 7 of the top 2 F/S, top 2 boys JV teams, top 4 girls JV teams and to the 3 top Varsity teams in each race. Individual medals to the top 30 in the varsity and the top 25 in the F/S, and JV races.

Saturday Competition: Team medals to the top 7 of the top 5 sweepstakes teams, top 3 varsity teams, the top 2 F/S teams and the first place JV teams in each race. Individual medals to the top 30 varsity & sweepstakes, 25 F/S and top 20 in the JV races.

ENTRY FEES: \$150.00 school max., \$30:00 per race, \$5:00 per individual. Make checks payable to: **NORTH SALINAS HIGH SCHOOL CROSS COUNTRY**

ENTRY DEADLINE: All rosters typed in excel with grade level are due by Friday, October 6th, 2006. Please designate whether your team is competing on Friday or Saturday and the races you plan to enter. E-Mail roster in excel to agreen@salinas.k12.ca.us or xcnut@aol.com. Mail rosters to North Salinas High School (attn: Alan Green) 55 Kip Dr., Salinas, CA. 93906 or fax to (831) 796 -7505 (fax is very unreliable). Contact Alan Green (meet director) at (831) 796 -7579(S) or (831) 449-2627(H).

PARKING:

Buses are free. All other vehicles are \$6.00. Vans filled with team members in uniform usually are not charged a park entrance fee.

LODGING:

- There might be some camping spots available at Toro Park on Friday night for out of town teams, Contact Alan Green ASAP!!!
- The Laurel Inn Hotel is giving us a great rate of \$52.00 + tax for rooms that sleep up to 4 people. It is an easy drive to Toro Park (10 minutes), restaurants, movie theaters and the mall. Their phone number is 831-449-2476 (ext196) ask for Terry and mention this is for the Monterey Bay Invitational hosted by North Salinas High School.

Concessions and T-shirts will be available both days!