



JUNIPERO SERRA HIGH SCHOOL

A Catholic College Preparatory

15 May 2009

Dear Coach,

I am writing to inform you about our upcoming Crystal Springs Invitational scheduled for Saturday, October 10th. Please read the following two items:

- 1) Entry fees are the same as last year. We hope you understand that the entry fees offset many of the costs associated with running at the Crystal Springs Cross Country Course. \$10/individual, \$50/team (7 individuals) or \$200 maximum per school regardless of number of entries. We have eight different races from which to select: Five boy's races and three girl's races.
- 2) Last year, for the second time in the history of our invitational, we reached our quota of 2000 athletes participating. I had to close the registration two days early, resulting in several teams being turned away. We cannot safely monitor more than 2000 runners; consequently, if we reach our quota of 2000 again, I will close registration at that time. As we state clearly in our race application, which will be sent September 1st, register your athletes early on Direct Athletics and make the commitment to run our race. Since the 2009 Central Coast Section Championships are scheduled to be run at Crystal Springs we anticipate that our invitational will reach the maximum quota of participants.

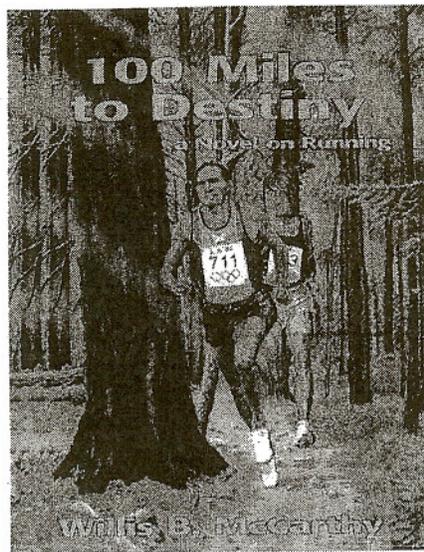
Additionally, if you register your team on Direct Athletics and later decide not to participate, please remember to remove your team's roster from the Direct Athletics' website. That will free-up some space for other schools wishing to enter their teams.

If you have questions regarding this bulletin please contact me and I will reply promptly.
e-mail: wmccarthy@serrahs.com or call (650) 345 - 8207, ext. 522.

We hope you have had a successful track & field season, and we look forward to seeing you at our Crystal Springs venue on October 10th.

Have a good summer,

Will McCarthy, Race Director and Author



I have written a book on distance running like no other. 100 Miles to Destiny takes the reader to an endurance event like no other. The time is the 1984 Summer Olympics hosted by the city of Los Angeles and the venue of the Olympic race is the Western States Trail. An international cast of characters will take you on their journey in which athletes contest in a footrace of 100 miles across the rugged expanse of the Western Sierra Nevada. For more information about this unique work of literature I invite you to view my website:
www.100milestodestiny.com

W. B. Mc.