

# 2010 MT. SAC cross country invitational

THE WORLD'S LARGEST CROSS COUNTRY COMPETITION




## race # 101 - Division 1 - Boy's Junior Varsity [3 Miles] - 5:15 P team race results

place	team	points	team time	runner avg.	avg. mile	5 man gap	finish order	scoring order
1	TRABUCO HILLS	20	1:24:56	16:12	5:12:40	0:39	1 2 5 6 9 11 14 34 38 51 5	1 2 4 5 8 10 13
2	CAPISTRANO VALLEY	85	1:28:12	17:12	5:12:53	0:44	8 12 17 24 33 63	7 11 16 22 29 53
3	POLY (LB)	133	1:29:28	17:12	5:12:58	1:30	4 23 26 47 50 76 77 80 86	3 21 24 41 44 63 64
4	PATRICK HENRY	145	1:30:09	18:12	6:12:01	1:19	13 21 22 46 64 66 107 123	12 19 20 40 54 56 84
5	CRESCENTA VALLEY	147	1:30:07	18:12	6:12:00	0:55	16 19 41 43 49 69 78 85 89	15 17 35 37 43 59 65
6	FOUNTAIN VALLEY	187	1:31:23	18:12	6:12:06	1:53	15 27 42 45 91 122 131 135	14 25 36 39 73 93 99
7	LA SIERRA	206	1:32:08	18:12	6:12:09	0:56	29 39 53 54 65 71 88 94 10	27 33 45 46 55 60 71
8	SANTA FE	232	1:32:45	18:12	6:12:11	1:59	7 35 72 81 82 139	6 30 61 67 68 103
9	PALOMA VALLEY	262	1:34:23	18:12	6:12:18	3:35	10 37 44 106 133 149 159	9 32 38 83 100 107 111
10	WALNUT	281	1:34:23	18:12	6:12:18	1:29	40 56 67 73 101 112 144 15	34 48 57 62 80 87 105
11	VALENCIA (VAL)	283	1:34:45	18:12	6:12:19	2:34	25 48 60 93 124	23 42 50 74 94
12	LANCASTER	295	1:35:14	19:12	6:12:21	2:34	30 58 61 87 129 147	28 49 51 70 97 106
13	ROOSEVELT (COR)	326	1:36:14	19:12	6:12:25	2:14	28 55 97 109 117 130 156 1	26 47 77 86 90 98 110
14	SANTA ANA VALLEY	328	1:37:04	19:12	6:12:28	3:29	36 62 84 90 143 150 162	31 52 69 72 104 108 113
15	WARREN	335	1:36:37	19:12	6:12:26	2:30	20 68 105 108 119 134 136	18 58 82 85 92 101 102
16	WESTMINSTER	389	1:38:02	19:12	6:12:32	0:58	79 96 98 102 114 118 125 1	66 76 78 81 88 91 95
17	SILVERADO	448	1:42:15	20:12	6:12:49	3:01	95 99 116 127 154 161	75 79 89 96 109 112
	VENICE		No time			No time	100 111 138	
	BONITA VISTA		No time			No time	31 52	
	EL CAMINO (OCE)		No time			No time	121	
	EL RANCHO		No time			No time	70 152	
	MARIA CARRILLO		No time			No time	3 18 32	
	OXNARD		No time			No time	128 137	
	REDLANDS		No time			No time	57 75 132 148	



# 2010 MT. SAC Cross Country Invitational

THE WORLD'S LARGEST CROSS COUNTRY COMPETITION

## Race #101 - Division 1 - Boy's Junior Varsity [3 Miles] - 5:15 PM

### individual race results

place	name	grade	high school	time	avg m	place	name	grade	high school	time	avg m
1	BRINSON, SHANE	11	Trabuco Hills	16:40	5:33	41	WARD, THOMAS	12	Crescenta Valley	18:10	6:03
2	SHEIDENBERGER, BE	12	Trabuco Hills	16:50	5:37	42	MAI, KEVIN	11	Fountain Valley	18:11	6:04
3	HORNER, EMILLIO	11	Maria Carrillo	16:54	5:38	43	KARLSSON, SIMON	12	Crescenta Valley	18:13	6:04
4	VAZQUEZ, RAUL	11	Poly (lb)	16:58	5:39	44	JULSON, SCOTT	12	Paloma Valley	18:17	6:06
5	GATES, KIRK	12	Trabuco Hills	17:01	5:40	45	ORTUNO, MAURICIO	11	Fountain Valley	18:18	6:06
6	BISHOP, TREVOR	11	Trabuco Hills	17:06	5:42	46	KOLEK, MICHAEL	11	Patrick Henry	18:19	6:06
7	GARDEA, ARTURO	11	Santa Fe	17:14	5:45	47	GRABINSKI, JAIME	12	Poly (lb)	18:24	6:08
8	MORENO, JOSE	12	Capistrano Valley	17:18	5:46	48	BERMEL, JACOB	12	Valencia (val)	18:25	6:08
9	NAGY, MICHAEL	11	Trabuco Hills	17:19	5:46	49	JARAMILLO, MIKE	11	Crescenta Valley	18:28	6:09
10	DUARTE, ALEXIS	12	Paloma Valley	17:20	5:47	50	CRAWFORD, RAY	12	Poly (lb)	18:28	6:09
11	MOURI, ALEC	11	Trabuco Hills	17:27	5:49	51	NEWTON, JOSHUA	12	Trabuco Hills	18:29	6:10
12	SALGADO, ALEX	12	Capistrano Valley	17:29	5:50	52	CHESLER, DANIEL	12	Bonita Vista	18:30	6:10
13	BLEVINS, TYLER	12	Patrick Henry	17:31	5:50	53	HERNANDEZ, ANDY	11	La Sierra	18:35	6:12
14	MUSHNICK, ADAM	11	Trabuco Hills	17:32	5:51	54	BARNUM, JOSH	11	La Sierra	18:36	6:12
15	EDWARDS, CHASE	11	Fountain Valley	17:33	5:51	55	BELIZARIO, JOEY	11	Roosevelt (cor)	18:38	6:13
16	AKOPYAN, ADAM	11	Crescenta Valley	17:33	5:51	56	KOO, ANDRREW	11	Walnut	18:39	6:13
17	WERNICK, BRAD	11	Capistrano Valley	17:37	5:52	57	ZUNIGA, DAVID	12	Redlands	18:40	6:13
18	MURRAY, GUS	11	Maria Carrillo	17:42	5:54	58	MACPHERSON, DAVID	11	Lancaster	18:41	6:14
19	BRADSHAW, TYLER	11	Crescenta Valley	17:43	5:54	59	HIEBERT, MICHAEL	12	Trabuco Hills	18:43	6:14
20	KIANI, AMIR	11	Warren	17:44	5:55	60	LEWANDOWSKI, JOHN	12	Valencia (val)	18:44	6:15
21	BEATTIE, BRAD	11	Patrick Henry	17:44	5:55	61	GRAHAM, JOHN	11	Lancaster	18:45	6:15
22	DIXON, JEFF	11	Patrick Henry	17:45	5:55	62	SUAREZ, CESAR	12	Santa Ana Valley	18:47	6:16
23	RICKTER, SEAN	11	Poly (lb)	17:46	5:55	63	ZALESKI, RICKY	12	Capistrano Valley	18:49	6:16
24	MOORE, CHRIS	12	Capistrano Valley	17:46	5:55	64	HILLMAN, RYAN	11	Patrick Henry	18:50	6:17
25	GOTTO, MICHAEL	11	Valencia (val)	17:47	5:56	65	ONTIVEROS, RAFAEL	11	La Sierra	18:53	6:18
26	MONACO, COLIN	11	Poly (lb)	17:52	5:57	66	SENELICK, PAUL	11	Patrick Henry	18:53	6:18
27	DEPRETTO, MAVERIC	11	Fountain Valley	17:55	5:58	67	CHEN, HONG	11	Walnut	18:55	6:18
28	PEREZ, RENE	11	Roosevelt (cor)	17:56	5:59	68	IBARRA, ROBERT	11	Warren	18:57	6:19
29	NUNEZ, ERIC	12	La Sierra	17:57	5:59	69	SMITH, JACOB	11	Crescenta Valley	18:59	6:20
30	DE LA O, JACOBO	12	Lancaster	17:58	5:59	70	GARCIA, ROBERT	11	El Rancho	19:00	6:20
31	APALATEGUI, JEFF	11	Bonita Vista	17:59	6:00	71	GONZALEZ, MIGUEL	11	La Sierra	19:01	6:20
32	NICKLAS, JAMES	12	Maria Carrillo	18:00	6:00	72	CORONA, ZURIEL	11	Santa Fe	19:01	6:20
33	MELENDEZ, PHIL	12	Capistrano Valley	18:02	6:01	73	WONG, KELVIN	12	Walnut	19:02	6:21
34	OLSON, HUNTER	11	Trabuco Hills	18:02	6:01	74	WANG, JASON	11	Trabuco Hills	19:02	6:21
35	GONZALEZ, ALDO	11	Santa Fe	18:04	6:01	75	LOVETT, PARKER	12	Redlands	19:04	6:21
36	HURTADO, LUIS	12	Santa Ana Valley	18:04	6:01	76	MADSEN, PETER	11	Poly (lb)	19:04	6:21
37	HARRIS, KEVIN	12	Paloma Valley	18:04	6:01	77	EASTLY, JONATHAN	11	Poly (lb)	19:04	6:21
38	KEUNG, FRANCO	12	Trabuco Hills	18:06	6:02	78	HEYDENREICH, CODY	11	Crescenta Valley	19:06	6:22
39	KNIGHT, DYLAN	12	La Sierra	18:07	6:02	79	CASTENEDA, MIGUEL	11	Westminster	19:09	6:23
40	GONZALEZ, GABRIEL	11	Walnut	18:09	6:03	80	O'KEEFE, CHRISTIAN	11	Poly (lb)	19:12	6:24

# Race #101 - Division 1 - Boy's Junior Varsity [3 Miles] - 5:15 PM

## i n d i v i d u a l r a c e r e s u l t s

place	name	grade	high school	time	avg m	place	name	grade	high school	time	avg m
81	HERRERA, IGNACIO	11	Santa Fe	19:13	6:24	131	TRAN, VINSON	12	Fountain Valley	20:40	6:53
82	MEDRANO, RAYMOND	11	Santa Fe	19:13	6:24	132	VANNIX, ELAN	11	Redlands	20:55	6:58
83	FRERICHS, KIETH	12	Trabuco Hills	19:14	6:25	133	MOLINA, JOSUE	11	Paloma Valley	20:55	6:58
84	SANCHEZ, ADRIAN	12	Santa Ana Valley	19:15	6:25	134	SACKETT, NIXK	10	Warren	20:59	7:00
85	WILLIAMS, MATT	11	Crescenta Valley	19:16	6:25	135	CABRERA, JOAQUIN	11	Fountain Valley	21:02	7:01
86	GUTIERREZ, EDWIN	11	Poly (lb)	19:17	6:26	136	DUARTE, ROBERT	11	Warren	21:02	7:01
87	SHADRICK, SEAN	12	Lancaster	19:18	6:26	137	RAMIREZ, BENJAMIN	11	Oxnard	21:05	7:02
88	ULLOA, MARIO	12	La Sierra	19:23	6:28	138	VASQUEZ, MARCO	11	Venice	21:13	7:04
89	MCDONALD, ELI	12	Crescenta Valley	19:24	6:28	139	JARAMILLO, OSCAR	11	Santa Fe	21:18	7:06
90	REYNOSO, GERARDO	12	Santa Ana Valley	19:25	6:28	140	ORTIZ, ERIK	11	Poly (lb)	21:24	7:08
91	CASTANEDA, FERNAN	12	Fountain Valley	19:26	6:29	141	HERNANDEZ, MARTIN	12	Westminster	21:26	7:09
92	PEARSON, IVAN	11	Poly (lb)	19:28	6:29	142	BRAYLEY, RANDALL	12	Westminster	21:30	7:10
93	KENDALL, TIM	11	Valencia (val)	19:28	6:29	143	VEGA, SALVADOR	12	Santa Ana Valley	21:33	7:11
94	CHIPUKITES, MATT	11	La Sierra	19:28	6:29	144	LEE, JONATHAN	11	Walnut	21:35	7:12
95	MUNOZ, BEN	11	Silverado	19:29	6:30	145	PHARES, BRENDAN	11	La Sierra	21:40	7:13
96	GONZALEZ, JUAN	12	Westminster	19:29	6:30	146	PETERSON, JACOB	12	Westminster	21:45	7:15
97	DELZEITH, TRAVONTE	12	Roosevelt (cor)	19:30	6:30	147	BLACK, LOREN	12	Lancaster	21:49	7:16
98	NGUYEN, KELVIN	12	Westminster	19:36	6:32	148	RAHLES, SHAWN	11	Redlands	21:49	7:16
99	DELGADO, ISMAEL	11	Silverado	19:37	6:32	149	SYBURRA, BRANDON	12	Paloma Valley	21:51	7:17
100	AQUINO, MIGUEL	11	Venice	19:37	6:32	150	SALGADO, JOSE	11	Santa Ana Valley	22:00	7:20
101	KUO, THOMAS	11	Walnut	19:38	6:33	151	KOW, SEAN	12	Walnut	22:15	7:25
102	TRUONG, CHRIS	11	Westminster	19:41	6:34	152	PEREZ, KEVIN	11	El Rancho	22:15	7:25
103	SERVIN, ADOLFO	12	La Sierra	19:43	6:34	153	NGUYEN, KEVIN	11	Westminster	22:27	7:29
104	PIERCE, ERIC	12	Poly (lb)	19:44	6:35	154	SUNTHONLAP, STEVE	11	Silverado	22:30	7:30
105	VIDAL, JAUREGUI	11	Warren	19:47	6:36	155	BRACAMONTES, ANT	11	Warren	22:33	7:31
106	ROBERTSON, RYAN	11	Paloma Valley	19:47	6:36	156	ZAMORA, JONATHAN	11	Roosevelt (cor)	22:51	7:37
107	GILBERTSON, RYAN	11	Patrick Henry	19:52	6:37	157	GARDEA, KEVIN	11	La Sierra	23:02	7:41
108	HERNANDEZ, RICKY	12	Warren	19:55	6:38	158	JONES, ANDRE	12	Roosevelt (cor)	23:04	7:41
109	JOHNSON, BENNIE	12	Roosevelt (cor)	20:00	6:40	159	ALARCON, JOVANNY	11	Paloma Valley	23:20	7:47
110	WILHELMS, WILLIAM	11	La Sierra	20:00	6:40	160	MILES, IAN	12	Patrick Henry	23:32	7:51
111	BANUELOS, JOSE	11	Venice	20:01	6:40	161	ESPINOZA, CARLOS	11	Silverado		
112	LI, MARTIN	12	Walnut	20:03	6:41	162	ESPINOZA, EDUARDO	10	Santa Ana Valley		
113	JOHNSON, MARQUES	11	La Sierra	20:04	6:41	163	BURGOS, IVAN	11	La Sierra		
114	PLUMA, EDWIN	12	Westminster	20:07	6:42	164	SANDHU, PAUL	11	La Sierra		
115	UNG, KEVIN	11	Poly (lb)	20:08	6:43						
116	GAINES, SAMIE	12	Silverado	20:08	6:43						
117	LIM, JASON	11	Roosevelt (cor)	20:10	6:43						
118	NGUYEN, ALEX	12	Westminster	20:13	6:44						
119	GUTIERREZ, OSCAR	11	Warren	20:14	6:45						
120	STEA, CHRIS	11	Crescenta Valley	20:19	6:46						
121	AKOPIAN, ALEX	12	El Camino (oce)	20:19	6:46						
122	LAM, JACK	12	Fountain Valley	20:20	6:47						
123	STALL, RYAN	11	Patrick Henry	20:21	6:47						
124	MAGNAYE, RODCOE	12	Valencia (val)	20:21	6:47						
125	HINOJO, EZIQUIEL	12	Westminster	20:22	6:47						
126	HARRIS, AARON	12	Poly (lb)	20:27	6:49						
127	GONZALEZ, FRANCIS	11	Silverado	20:31	6:50						
128	ATCHESON, MATTHE	11	Oxnard	20:32	6:51						
129	LOPEZ, CHRIS	11	Lancaster	20:32	6:51						
130	LUCERO, ANGEL	11	Roosevelt (cor)	20:39	6:53						