

2010 MT. SAC cross country invitational



THE WORLD'S LARGEST CROSS COUNTRY COMPETITION

Division 1 & 2 - Girl's Individual Sweepstakes [3 Miles] - Team race results

place	team	points	team time	runner avg.	avg. mile	5 man gap	finish order	scoring order
1	RANCHO BERNARDO	131	1:33:49	18:12	6:12:15	2:38	1 24 25 38 59 90 108	1 20 21 34 55 86 103
2	REDLANDS	137	1:35:04	19:12	6:12:20	0:57	19 21 26 41 50 52 72	15 17 22 37 46 48 68
3	SULTANA	151	1:35:08	19:12	6:12:21	1:48	15 16 31 34 75 92 96	11 12 27 30 71 88 92
4	CAPISTRANO VALLEY	161	1:35:24	19:12	6:12:22	1:30	13 18 32 55 62 63 68	10 14 28 51 58 59 64
5	POWAY	172	1:35:35	19:12	6:12:22	2:13	5 33 39 43 69 87 97	4 29 35 39 65 83 93
6	COLONY	198	1:36:08	19:12	6:12:25	2:18	4 40 47 58 66 95 114	3 36 43 54 62 91 108
7	CARLMONT	210	1:40:53	20:12	6:12:44	8:30	3 23 35 48 122	2 19 31 44 114
8	RANCHO CUCAMUNG	211	1:37:00	19:12	6:12:28	1:28	27 28 30 60 86 100 110	23 24 26 56 82 96 105
9	CORONA	216	1:36:21	19:12	6:12:25	2:24	7 8 44 83 88 94	6 7 40 79 84 90
10	OTAY RANCH	221	1:37:12	19:12	6:12:29	1:31	17 37 51 65 71 93 103	13 33 47 61 67 89 98
11	POLY (LB)	233	1:37:40	19:12	6:12:31	1:32	20 46 54 57 76 79 81	16 42 50 53 72 75 77
12	MOUNTAIN VIEW (MV)	242	1:37:47	19:12	6:12:31	1:29	22 36 53 73 78 109	18 32 49 69 74 104
13	GLENDORA	243	1:37:22	19:12	6:12:29	2:15	6 49 61 70 74 85 104	5 45 57 66 70 81 99
14	BURBANK	261	1:38:05	19:12	6:12:32	2:05	11 56 64 67 82 89 91	8 52 60 63 78 85 87
15	ALISO NIGUEL	329	1:40:30	20:12	6:12:42	1:35	42 45 80 84 98 101	38 41 76 80 94 97
16	POLY (RIV)	383	1:42:52	20:12	6:12:51	3:47	12 77 99 105 111 117 118	9 73 95 100 106 110 111
17	APPLE VALLEY	444	1:46:16	21:12	7:12:05	3:14	29 106 107 113 115 120 121	25 101 102 107 109 112 113
	POINT LOMA		No time			No time	9 102 116	
	WEST VALLEY (AK)		No time			No time	14	
	MARCOS DE NIZA (AZ)		No time			No time	10	
	CENTENNIAL (COR)		No time			No time	2 112 119	



63rd Annual Mt. SAC Cross Country Invitational

Meet results can be found on the internet at <http://events.mtsac.edu>

Team Race Results - Race 60 9:30 AM Div. HS IND SWEEPS Women (3M)

<u>Place</u>	<u>Team</u>	<u>Points</u>	<u>Original Order</u>	<u>Revised Order</u>	<u>Team Time</u>	<u>Spread</u>
Division 1						
1	Rancho Bernardo	100	1 24 25 38 59 90 108	1 15 16 26 42 65 78	1:33:49	2:38
2	Redlands	104	19 21 26 41 50 52 72	11 13 17 28 35 37 52	1:35:04	0:57
3	Capistrano Valley	123	13 18 32 55 62 63 68	8 10 22 39 44 45 49	1:35:24	1:30
4	Poway	133	5 33 39 43 69 87 97	3 23 27 30 50 62 69	1:35:35	2:13
5	Carlmont	161	3 23 35 48 122	2 14 24 34 87	1:40:53	8:30
6	Corona	162	7 8 44 83 88 94	4 5 31 59 63 68	1:36:21	2:24
7	Rancho Cucamng	162	27 28 30 60 86 100 110	18 19 21 43 61 72 79	1:37:00	1:28
8	Otay Ranch	168	17 37 51 65 71 93 103	9 25 36 47 51 67 74	1:37:12	1:31
9	Poly (lb)	177	20 46 54 57 76 79 81	12 33 38 41 53 55 57	1:37:40	1:32
10	Burbank	198	11 56 64 67 82 89 91	6 40 46 48 58 64 66	1:38:05	2:05
11	Aliso Niguel	247	42 45 80 84 98 101	29 32 56 60 70 73	1:40:30	1:35
12	Poly (riv)	287	12 77 99 105 111 117 118	7 54 71 75 80 83 84	1:42:52	3:47
13	Apple Valley	336	29 106 107 113 115 120 121	20 76 77 81 82 85 86	1:46:16	3:14
	Centennial (cor)	2	112 119		No time	No time
	Marcos De Niza (AZ)	10			No time	No time
	West Valley (AK)	14			No time	No time

Division 2

1	Sultana	39	15 16 31 34 75 92 96	3 4 6 7 19 22 24	1:35:08	1:48
2	Colony	48	4 40 47 58 66 95 114	1 9 10 13 15 23 27	1:36:08	2:18
3	Glendora	61	6 49 61 70 74 85 104	2 11 14 16 18 21 25	1:37:22	2:15
4	Mountain View (mv)	62	22 36 53 73 78 109	5 8 12 17 20 26	1:37:47	1:29
	Point Loma	9	102 116		No time	No time

2010 MT. SAC cross country invitational

THE WORLD'S LARGEST CROSS COUNTRY COMPETITION

Race #60 - Division 1&2 - Girl's Individual Sweepstakes [3 Miles] - 9:30 AM

individual race results

place	name	grade	high school	time	avg m	place	name	grade	high school	time	avg m
1	GRABILL, MOLLY	12	Rancho Bernardo	17:07	5:42	41	DANIELS, ABIGAIL	9	Redlands	19:22	6:27
2	OLIVAS, ADRIANA	11	Centennial (cor)	17:16	5:45	42	KOSCAL, LAUREN	12	Aliso Niguel	19:23	6:28
3	PETERSEN, JESSIE	12	Carlmont	17:25	5:48	43	SHOEMAKER, AMAND	11	Poway	19:24	6:28
4	NAVARRETE, XOCHIT	11	Colony	17:36	5:52	44	COCHRAN, LAUREN	12	Corona	19:24	6:28
5	TRUJILLO, AIMEE	12	Poway	17:48	5:56	45	DEACON, NATASHA	11	Aliso Niguel	19:29	6:30
6	JUSTUS, LAUREN	12	Glendora	17:53	5:58	46	NOLD, KIRSTYN	10	Poly (lb)	19:30	6:30
7	WILLIAMS, ALICIA	9	Corona	18:02	6:01	47	VILLALOBOS, XEOMA	10	Colony	19:31	6:30
8	BRZYCKI, HALEY	11	Corona	18:09	6:03	48	SOELBERG, CORIN	10	Carlmont	19:32	6:31
9	BREADMORE, MEGHA	12	Point Loma	18:11	6:04	49	WHITWORTH, TORI	9	Glendora	19:32	6:31
10	KYLEE, KIESER	12	Marcos De Niza (18:13	6:04	50	KNIGHT, ANNA	11	Redlands	19:33	6:31
11	PAUL, MCKENZIE	12	Burbank	18:14	6:05	51	CORRAO, JULIANA	10	Otay Ranch	19:34	6:31
12	ESTES, KENZIE	12	Poly (riv)	18:15	6:05	52	ZABALETA, LAUREN	10	Redlands	19:38	6:33
13	GOLICK, BRONTE	12	Capistrano Valley	18:18	6:06	53	CARPENTER, CASS	12	Mountain View (m	19:39	6:33
14	CALLAHAN, MOLLY	12	West Valley (AK)	18:20	6:07	54	STEVENSON, ARIELLE	12	Poly (lb)	19:40	6:33
15	MUNYAN, HANNAH	11	Sultana	18:21	6:07	55	HANRAHAN, DANA	10	Capistrano Valley	19:41	6:34
16	CARTER, AUZSANE	12	Sultana	18:30	6:10	56	SHAMIRIAN, CHRISTIN	11	Burbank	19:42	6:34
17	GILLESPIE, CARINA	10	Otay Ranch	18:31	6:10	57	ORAGWU, REBEKAH	12	Poly (lb)	19:42	6:34
18	SCHAFFER, ABBY	12	Capistrano Valley	18:34	6:11	58	HUERTA, LIZETTE	12	Colony	19:45	6:35
19	JACOBS, JUSTINE	10	Redlands	18:36	6:12	59	LEITNER, SAVANNAH	12	Rancho Bernardo	19:45	6:35
20	GAMMAGE, DYNASTY	12	Poly (lb)	18:38	6:13	60	HERNANDEZ, REBEKA	12	Rancho Cucamng	19:46	6:35
21	ARNOLD, ROBYN	12	Redlands	18:39	6:13	61	HOEY, EMILY	9	Glendora	19:47	6:36
22	STURGES, ALLISON	11	Mountain View (m	18:42	6:14	62	REHORN, LILIANA	10	Capistrano Valley	19:48	6:36
23	SCHRECK, SARAH	11	Carlmont	18:51	6:17	63	PRYER, TRICIA	11	Capistrano Valley	19:49	6:36
24	LEROUX, MICHELLE	12	Rancho Bernardo	18:51	6:17	64	MARTIL, KAYLA	10	Burbank	19:51	6:37
25	LEROUX, MELISSA	12	Rancho Bernardo	18:52	6:17	65	LEDESMA, ANDIE	10	Otay Ranch	19:53	6:38
26	CROWLEY, MEGAN	12	Redlands	18:54	6:18	66	PI'IWA'A, KAYLA	11	Colony	19:54	6:38
27	GUZMAN, CAROLINA	11	Rancho Cucamng	18:55	6:18	67	YOON, JENNY	12	Burbank	19:59	6:40
28	BERG, AMANDA	12	Rancho Cucamng	18:57	6:19	68	ERNST, CHELSEA	12	Capistrano Valley	19:59	6:40
29	VALENZUELA, HANNA	12	Apple Valley	18:57	6:19	69	WARD, MADDY	11	Poway	20:01	6:40
30	MATTHEWS, KIANA	9	Rancho Cucamng	18:59	6:20	70	MAYO, ALLISON	12	Glendora	20:02	6:41
31	HARRISON, EMILY	11	Sultana	19:02	6:21	71	GADEA, KARLA	12	Otay Ranch	20:02	6:41
32	NAASZ, CAITLIN	9	Capistrano Valley	19:03	6:21	72	RESH, HOLLY	10	Redlands	20:03	6:41
33	BALKNAP, JENNA	12	Poway	19:04	6:21	73	PASARELLI, CAROL	12	Mountain View (m	20:04	6:41
34	HIGUCHI, JANE	12	Sultana	19:06	6:22	74	ARRIAGA, CHLOE	9	Glendora	20:08	6:43
35	OKINO, MEI-LIN	11	Carlmont	19:10	6:23	75	BIRD, CASSANDRA	11	Sultana	20:09	6:43
36	WEIGEL, MAYA	10	Mountain View (m	19:11	6:24	76	RAMOS, DIANA	12	Poly (lb)	20:10	6:43
37	LEDESMA, CATIE	10	Otay Ranch	19:12	6:24	77	STACEY, JESSIE	10	Poly (riv)	20:11	6:44
38	GIROLAMO, TINA	10	Rancho Bernardo	19:14	6:25	78	ANDREW, EMILY	11	Mountain View (m	20:11	6:44
39	KINGSTON, OLIVIA	9	Poway	19:18	6:26	79	GONZALES, JESSICA	9	Poly (lb)	20:14	6:45
40	MARES, VALERIE	10	Colony	19:22	6:27	80	WYSON, BRENNIA	9	Aliso Niguel	20:18	6:46

Race #60 - Division 1&2 - Girl's Individual Sweepstakes [3 Miles] - 9:30 AM

i n d i v i d u a l r a c e r e s u l t s

place	name	grade	high school	time	avg m	place	name	grade	high school	time	avg m
81	CAPLEN, GEORGIA	9	Poly (lb)	20:19	6:46						
82	PEREYA, GRISELDA	11	Burbank	20:19	6:46						
83	SMITH, HANNAH	11	Corona	20:20	6:47						
84	KIM, NICOLE	11	Aliso Niguel	20:22	6:47						
85	BUTLER, TAYLOR	9	Glendora	20:23	6:48						
86	VASQUEZ, AUDREY	9	Rancho Cucamng	20:23	6:48						
87	MONROE, KIMBERLY	12	Poway	20:24	6:48						
88	WITHROW, AMBER	11	Corona	20:26	6:49						
89	CHUA, C.J.	11	Burbank	20:28	6:49						
90	BOGAN, JENSEN	10	Rancho Bernardo	20:29	6:50						
91	POLADIAN, KRISTEN	10	Burbank	20:30	6:50						
92	MENDOZA, VANESSA	11	Sultana	20:30	6:50						
93	DELARROCHA, BLANCA	11	Otay Ranch	20:33	6:51						
94	MARTIN, ALEXIS	12	Corona	20:35	6:52						
95	LUNDEN, BRITTANY	12	Colony	20:40	6:53						
96	ROBINSON, SHAYNA	12	Sultana	20:45	6:55						
97	SCHWARTZ, HANNAH	9	Poway	20:57	6:59						
98	GARABEDIAN, ALEXA	9	Aliso Niguel	20:58	6:59						
99	ALFRED, JANNA	12	Poly (riv)	21:02	7:01						
100	BERNAVIDES, BERLY	9	Rancho Cucamng	21:08	7:03						
101	PERKOSKI, DANIELLE	11	Aliso Niguel	21:13	7:04						
102	RUTHERFORD, SAMA	11	Point Loma	21:14	7:05						
103	LEDESMA, BAILIE	10	Otay Ranch	21:15	7:05						
104	SU, MAGGIE	12	Glendora	21:21	7:07						
105	JAURIGUE, MADISEN	11	Poly (riv)	21:22	7:07						
106	DORNISCH, DEDE	11	Apple Valley	21:31	7:10						
107	PLAZIAK, HAILEE	9	Apple Valley	21:33	7:11						
108	PROEHL, ALLISON	12	Rancho Bernardo	21:36	7:12						
109	LA CAMPAGNE, LISA	11	Mountain View (m	21:40	7:13						
110	ESCOBAR, PAIGE	10	Rancho Cucamng	21:49	7:16						
111	STIP, JESSICA	11	Poly (riv)	22:02	7:21						
112	AUDELO, LAILA	11	Centennial (cor)	22:03	7:21						
113	ANDERSON, JESSICA	11	Apple Valley	22:04	7:21						
114	LOPEZ, ERIKA	11	Colony	22:10	7:23						
115	LAVOIE, MELANIE	10	Apple Valley	22:11	7:24						
116	BREADMORE, KIARA	9	Point Loma	22:24	7:28						
117	KRAKORA, MONICA	9	Poly (riv)	22:56	7:39						
118	ACEVES, CHRISTINE	10	Poly (riv)	22:57	7:39						
119	DURAN, ROCHELLE	12	Centennial (cor)	23:23	7:48						
120	BOLOWICH, COLETTE	9	Apple Valley	24:09	8:03						
121	PETICOLAS, KATIE	12	Apple Valley	24:13	8:04						
122	LENT, MELANIE	11	Carlmont	25:55	8:38						