

The Chieftain/Spirit Classic Cross Country Invitational

Palma High School would like to extend an invitation to your cross country team to our 15th Annual Chieftain Classic Cross Country Invitational to be held Saturday, September 17, 2011 at Toro Regional Park (Highway 68, 5 miles southwest of Salinas)

Course: (used for 2010 CCS Championships) Approximately 3 miles of gently sloped dirt trails, flat grass lawns and two sets of hills. The course is ideal for spectators as it begins and finishes in a wide-open picnic are of the park.

When: Saturday, September 17, 2011 (the course will open at 8:00 AM)

<u>Division</u>	<u>Time</u>	<u>Entry Limit of Runners</u>
F/S Boys	9:00 AM	None
F/S Girls	9:45 AM	None
JV Girls	10:30 AM	None
JV Boys	11:15 AM	None
Varsity Girls	12:00 PM	7
Varsity Boys	12:30 PM	7

Awards: The first 20 runners in each division race (medals) and the top 3 teams in each Varsity division (team plaque). The winning teams in the F/S & JV will also get a plaque.

Fees: \$50 per team or \$10 per individual (\$20 minimum / \$150 per school max). Please make the checks payable to Palma High School. **Sorry, no refunds.**

Entry Deadline: All entries close on **Saturday, September 10, 2011**. This will allow us to assign numbers to each runner, post results after each race and send the result out. Entry forms can be downloaded at:

<http://www.palmaschool.org/athletics/index.aspx> (look in "forms" box at right)

Late Entries (very limited): Any late entries must have a team roster faxed or e-mailed to Palma by Tuesday, September 13th. Late entry fee: add \$50.

Coaches Meeting: A short meeting will take place at 8:45 AM.

Facilities: Toro Park itself does not open until 8:00 AM (admission is charged per spectator vehicle). There are plenty of shaded picnic and barbeque areas, lavatories, phones and water, but no dressing rooms. Snacks and T-Shirts will be available.

We look forward to seeing your team on Saturday, September 17th.

Stephen Valgos, Palma Head Coach

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