

2015 San Benito High School Cross Country Invitational

September 5, 2015

1220 Monterey Street, Hollister, CA 95023

Schedule



Open Public Race 7:30 am
Girls Middle School 8:00 am
Boys Middle School 8:30 am
Girls HS Freshman 9:00 am
Boys HS Freshman 9:20 am
Girls HS Sophomores 9:40 am
Boys HS Sophomores 10:00 am
Girls HS Junior 10:20 am
Boys HS Juniors 10:40 am
Girls HS Seniors 11:00 am
Boys HS Seniors 11:20 am



Course: 2.0 miles, located 2 miles from the famous San Andres Fault. The course begins and ends in the Andy Hardin Stadium. Dirt paths, down hills, flats, moderate climbs are all included in the picturesque course overlooking and crossing over the San Andres Fault Basin. This is a great opportunity to use this event as a time trial for your team.

Teams: All divisions are unlimited entries per team.

Note(*): If registration in a division reaches 100 entries, a second race may be added and the race day schedule will be adjusted.

Scoring (HS races): Top 5 finishers in each race will count toward the team score. The 6th & 7th finishers will displace. No runners past the 7th runner will be enter in the team scoring. The Overall Team Champion will be scored as follows: 1st=10 pts., 2nd=8 pts., 3rd=6 pts., 4th=4 pts., 5th=2 pts., 6th=1 pts.

AWARDS: Top 10 finishers will be awarded medals in each division for boys and girls. Top 3 teams overall will receive a plaque of recognition for their teams' performance.

OTHER: Please use football stadium parking lot. The Baler snack shack will also be open with some food and drink available.

The open alumni/public race and the open middle school race will be non-scoring without official results but medals will be given to the top 5 finishers overall in each gender. These open races require no fee (they are free!) or registration but they do require a signed waiver (linked below or available at the race) signed by someone over 18 yrs. old. Donations to the cross country program will be accepted.

CONTACT: Coach Leanna Morgan 831-637-5831 ext. 288 or lmorgan@sbhsd.k12.ca.us

ENTRY FEES: Make checks payable to San Benito High School.

Send to Leanna Morgan, San Benito High School, 1220 Monterey Street, Hollister, CA 95023. You can also hand deliver the check to the meet.

\$5.00 per Individual

\$200.00 Maximum

Waiver for MIDDLE SCHOOL AND PUBLIC race ONLY! High school athletes do not need a signed waiver.

San Benito High School

Cross Country

Invitational Waiver

PLEASE PRINT AND SIGN THIS WAIVER FOR THE OPEN AND MIDDLE SCHOOL RACES ONLY! HIGH SCHOOL RUNNERS DO NOT NEED THIS!!!! Bring it to the race. (There will be blank waivers there also if needed)

Also note that you DO NOT NEED TO REGISTER FOR THE OPEN OR MIDDLE SCHOOL RACE. Just show up! :)

I know that running in a cross country race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in the *SBHS Cross Country Invitational* on September 5, 2015th, including but not limited to personal health issues, falls, contacts with other participants, the effects of the weather including high heat and/or humidity, low temperature, traffic and conditions of the trail/road, all risks being known and appreciated by me. Having read this release and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf or on behalf of my estate, waive and release Leanna Morgan, San Benito High School District, and all sponsors of the race, officials, agents, servants, employees, and their successors and assigns of each and every of the above from all claims or liabilities of any kind arising out of my participation in the run even though the liability may arise out of negligence or carelessness on the part of the persons referred to in this waiver.

Signature of Participant

Parent/Guardian (if under 18)

Date

Course Map

