

Post SCVAL XC Season Evaluation Meeting - 11/14/16

The meeting started at the FUHSD office at 589 W. Fremont Ave in Sunnyvale.. It started at 5:45PM and ended at a little after 7PM

1. Attendees:

The following attended the meeting:

Paul Armstrong-Cupertino	Julie L'Heureux-Santa Clara	Brad Armstrong-Los Gatos
Jake White-Lynbrook	Bridget Hall-Milpitas	Michael Davidson-Palo Alto
Luke Sigmon-Fremont	Danny Moon-Saratoga	Stephanie MacKenzie-Los Altos
Curtis Liang-Gunn	Kenrick Sealy-Homesread	Nick Bonacorsi-AD Liaison
Walt Van Zant-Wilcox	Craig Blockhus-Mt. View	Brad Metheany-League Commissioner
Hank Lawson		

Absent - Monta Vista (Their awards night)

2. League Meet Team Winners:

Congratulations to Homestead, who won the DAL team championships for the VB, VG, and FSB. Monta Vista, who won the DAL JVG championship, Palo Alto, who won the El Camino VB and FSB championships, Gunn, who won the El Camino JVG championship, and Mountain View, who won the El Camino VG championship.

3. CCS Finals:

Congratulations to the Palo Alto, Homestead, Los Altos, Cupertino, Monta Vista, Los Gatos, and Milpitas boys, who finished 2nd, 3rd, 4th, 5th, 6th, 7th, and 10th in division 1, the Homestead, Monta Vista, Los Gatos, Palo Alto, Cupertino, Los Altos, Fremont and Wilcox girls, who finished 1st, 2nd, 4th, 5th, 9th, 12th, 13th, and 18th in division 1, the Lynbrook, and Gunn boys, who finished 4th and 5th in division 2, the Gunn, Mt. View, and Lynbrook, girls, who finished 2nd, 3rd, and 4th in division 2, and the Saratoga boys who finished 8th in division 3 and the Saratoga girls, who finished 10th in division 3.

Congratulations individually to Kent Slaney, Kaito Hashimoto, Owen MacKenzie, and Christopher, and Henrt Saul, who finished 2nd, 5th, 9th, and 10th in the division 1 boys race, Daniel Frees and Kevin Chacko, who finished 5th and 10th in the division 2 boys race, and Amit Nag, who finished 6th in the division 3 boys race, Elena Kamas, Oriana Jalal, Lindsay Allen, Kelly Bishop, Kaitlyn Williams, Miranda Jimenez, and Jillian O'Brien, who finished 1st, 2nd, 3rd, 6th, 8th, 9th and 10th in the division 1 girls' race, Maryam Jawid, Serena Myjer, and Angela Liu, who finished 1st, 3rd, and 6th in the division 2 girls race.

Two boys and four girls teams qualified for the State Meet and four boys and five girls qualified as individuals for the State Meet.

4. Comments Regarding the League Finals

After a brief discussion, we agreed to use the same schedule for our league finals next season as we used this year. Kirk Flatow will continue to direct this meet.

1:15PM	Coaches meeting		
1:45PM	JVG race for DAL	2:00PM	JVG race for EC
2:30PM	FSB race for DAL	2:45PM	FSB race for EC
3:15PM	VG race for DAL	3:30PM	VG race for EC
4:00PM	VB race for DAL	4:15PM	VB race for EC

5. Two or Three SCVAL Meets Prior to SCVAL League Finals

We briefly discussed whether to recommend a by-law change of having two rather than three SCVAL meets and decided to not recommend any change.

6. Comments Regarding SCVAL Meet #1 at Central Park-9/26

Julie L'Heureux of Santa Clara will direct this meet. We would have liked to run the meet on 9/19/19 but that conflicts with the cleanup at the park after the Art & Wine Festival of 9/17. So, the date of this meet will be 9/26/17.

The meet schedule will be as follows --

3:15PM Frosh Boys (All frosh boys except varsity runners) *

3:40PM Varsity Boys (limit of 8 runners)

4:00PM Varsity Girls (Limit of 8 runners)

4:20PM Soph Boys (All soph boys except varsity runners) *

4:40PM Varsity Boys 2 (All remaining boys) *

5:05PM JV Girls (Limit of 10 runners) *

5:30PM Varsity Girls 2 (All remaining girls) *

* Due to the fact that there will be a softball game on the field that we use for the start and finish of our meet, this field must be cleared by us by 6:30PM. This means that Julie must run a tight schedule. So, if you estimate that any of your frosh boys, soph boys, or JV girls will run slower than 25 minutes, please enter them in the Varsity boys and girls #2 races. We have to hold up the start of all races until the prior race is completed because the start and finish lines are near each other. The 9/26/17 date is contingent upon the city of Santa Clara approval.

6. **Coments Regarding SCVAL Meet #2 at Crystal Springs - 10/3/17**

Kirk Flatow of Monta Vista will direct this meet. Although Kirk was unable to attend this meeting, he gave us three possible schedules to choose from. The coaches voted to use option #1, which will be --

3:15PM Boys Reserve Race (All boys that do not fit into another race)

3:40PM Frosh Boys (10 boys per school)

4:05PM JV Girls (Unlimited number of runners from each school)

4:35PM Soph Boys (10 boys per school)

5:00PM Varsity Boys (10 boys per school)

5:20PM Varsity Girls (10 girls per school)

7. **Comments Regarding SCVAL Meet #3 at Baylands -10/17/17**

Walt Van Zant of Wilcox will direct the race and assign the various duties to the coaches. Jake White of Lynbrook will set up the course. Danny Moon of Saratoga will set up the finish chute. The race schedule will be as follows -

3:15PM Varsity Boys (7 runners per team)

3:40PM Varsity Girls (7 runners per team)

4:10PM Varsity B Boys (unlimited # of entrants)

4:40PM Varsity B Girls (Unlimited # of entrants)

5:15PM Frosh/Soph Boys (unlimited number of entrants)

8. **Comments re CCS Meet**

No comments. Everyone seemed satisfied with how the meet was run.

9. **Running of Seniors in JV Races**

As things stand right now, senior boys and senior girls may not run in a JV race in any of the SCVAL meets. This is as per the general by-laws of the SCVAL constitution. Our league commissioner does not believe that our Board of Managers (the principals of the 14 schools) will change this by-law.

SCVAL junior and senior boys and senior girls may run in JV races in all non-SCVAL meets, in a non-scoring varsity race at the league finals, and in grade-level or varsity B races in other SCVAL meets. In summary, they get to run in all of our meets. Based upon the above facts, the coaches decided to not pursue attempting to change the general by-law that seniors cannot compete in JV races.

10. **Other Items**

The coaches voted that Jake White of Lynbrook and Curtis Liang of Gunn would be our boy and girl honor coach nominees for this year.

The coaches voted that the Monta Vista team would be our nominee for the sportsmanship award.

The coaches voted that Paul Armstrong of Cupertino and Walt Van Zant of Wilcox would continue to be the league representatives for the DeAnza and El Camino leagues.

The 2017 pre-season meeting will be held at Wilcox high school.

