

Lynbrook Invite & FUHSD Championships

25rd Annual (once again)

Lynbrook Invitational & FUHSD Championship.

This will be on the same course as the Lynbrook Center Meet at Lynbrook HS

When: Oct 26th, 2017 (Thursday)

Why: To run something flat & fast before League Meets

AND: This will also double as the FUHSD Championships

Time Schedule:

F/S Boys	3:45 (unlimited, but only 7 count)
Varsity Boys #A	4:10 (enter up to 10, but only 7 count)
Varsity Girls #A	4:35 (enter up to 10, but only 7 count)
Varsity Boys #B	5:00 (unlimited, but only 7 count)
Varsity Girls #B	5:25 (unlimited, but only 7 count)

Note: Must enter Varsity #A team before entering Varsity #B team or a Frosh Soph team. Exceptions to limits may be made by Meet Mgmt.

Awards: 24 medals per race

Cost: \$30 per Division entered or \$100 per school.
Make check payable to Lynbrook HS-XC.
1280 Johnson Ave
San Jose, CA 95129

Schools Invited:

Lynbrook - Saratoga - Wilcox - Santa Clara -
Fremont - Cupertino - Monta Vista- Homestead-

Course: This is a flat and fast 2.1 mile and will be the same distance as the Lynbrook Center Meet. It starts and finishes on the track.

COACHES: Be sure your bus DOES NOT park in front of the Tennis courts.

Results: Will be online

You MUST register your roster in athletic.net 3 days before the meet. Hank Lawson will be the timer

Information: Email Jake White jakeantoin@yohoo.com with your email if interested. You can also go to: <http://www.LYNBOOKSPORTS.com> for more information.

Jake's cell 408 355 8979

Sanctioned: This meet is sanctioned by the CCS.