

8/15/17 - Pre-Season SCVAL XC Meeting Minutes

This meeting was held from 5:30PM until 7:15PM at Monta Vista high school. Those in attendance included:

Cupertino - Paul Armstrong	Monta Vista - Kirk Flatow
Fremont - Luke Simon	Mt. View - Craig Blockhus
Gunn - PattiSue Plummer	Palo Alto - Michael Davidson
Homestead - Kenrick Sealy	Santa Clara - Julie L'Heureux
Los Gatos - Matt Snee	Saratoga - Danny Moon
Paul Lawryk	Saratoga - Ian Trippetts
Los Altos - Abe Galvan	Wilcox - Walt Van Zant
Lynbrook - Jake White	Guest - Hank Lawson
Milpitas - Bridget Hall	

The items discussed included:

CCS Pre-Season Meeting

The CCS finals will be run at Toro Park on 11/11 or 11/14 (if the meet is rained out on 11/12).

If the meet is rained out on 11/11, the CCS meet director will notify the league representatives as close as possible to 6AM and the league representatives will then notify the coaches in their league.

The league representatives will submit the entries for all teams to the CCS office and Mark McConnell by noon on 11/6/17. **All coaches should submit the names of their intended entries for the CCS Meet to the league representatives (Walt Van Zant for the El Camino league and Paul Armstrong for the DAL) no later than 11/1/17**, the day after the league finals. The names of your entrants can be changed on race day.

Division Splits for SCVAL teams

SCVAL cross country teams will run in the following divisions at the CCS and State meets for 2017. These classifications are based upon the latest listing on the CCS website.

<u>DeAnza</u>	<u>El Camino</u>
Div 1 Fremont	Div 1 Los Altos
Div 1 Homestead	Div 1 Milpitas
Div 1 Monta Vista	Div 1 Palo Alto
Div 1 Cupertino	Div 1 Santa Clara
Div 1 Los Gatos	Div 2 Gunn
Div 2 Lynbrook	Div 2 Mt. View
Div 3 Saratoga	Div 2 Wilcox

2017 CCS Meet

Teams must finish in the top half of the league or be the top team in their division in order to qualify for the CCS meet.

If you run faster than the team times shown below **at the league finals**, you will qualify as an at-large entrant to the CCS meet even if you do not finish in the top half of the league.

	<u>Boys</u>	<u>Girls</u>
Div 1	85:25	105:58
Div 2	86:04	103:58
Div 3	86:31	106:01

The top 3 runners at the league finals who are not on a qualifying team will qualify to run in the CCS meet. We can replace any of the 3 runners who choose not to run in the CCS finals with the next fastest runners. However, we cannot make any substitutions for these runners after noon on 11/6/17.

As just noted, the runners on the qualifying teams plus the next 3 fastest runners qualify for the CCS meet. Also, any athlete running in the varsity races under the times shown below at the league finals will qualify for the CCS meet.

	<u>Boys</u>	<u>Girls</u>
Div 1	17:24	21:34
Div 2	17:29	21:17
Div 3	17:35	21:36

The time schedule for the CCS meet is as follows:

Div III	Girls	10:00AM	Boys	10:35AM
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Div IV	Girls	11:10AM	Boys	11:45AM
Div V	Girls	12:20PM	Boys	12:55PM
Div I	Girls	1:30PM	Boys	2:05PM
Div II	Girls	2:40PM	Boys	3:15PM

T-shirts can be purchased at the meet but are often sold out prior to all of the teams arriving at the meet. You can pre-order and pre-pay for these shirts and either pick them up from the CCS office or ask that the CCS bring the shirts to the meet for you to pick up. This may be done as early as 7 days prior to the CCS finals.

Each school is allowed a maximum of five coaches. These coaches will sign in as they arrive and the remaining coaches, if any, will pay. Prices are as follows: Adults, including parents: \$10, students with cards: \$4, senior citizens: \$4, children under 12: \$4.

Athletic directors can print out certificates for all individuals who compete in the CCS meet.

SCVAL Center Meet #1 at Central Park - 9/26/17

This meet will be run at Central Park in Santa Clara. All schools must participate in this meet. (Note: each runner must participate in two of the four cluster meets, one of which is the league finals, in order to compete in the CCS meet.

Julie L'Heureaux of Santa Clara will determine the cost per team. This fee includes the cost for meet set up and tear down, meet director cost, starter cost, and the timing cost. A check for each school's share of the cost should be made out to the Santa Clara Track Club.

All entries for this meet must be made on Athletic.net no later than 6PM on 9/24/17. The regular entry fee will be \$135. If any entries must be made after that deadline, there will be a \$200 charge to the school requesting the change.

All coaches should remind their runners that they should stay off the playing field located between the elementary school and Kiely. We will run on this field during the race but the school will still be in session prior to the start of the race. Also, runners should not go into the admin building near Kiely at any time.

SCVAL Center Meet #2 at Crystal Springs - 10/3/17

Kirk Flatow of Monta Vista will be the meet director.

b. All schools will help with the meet. The meet director will determine the duties for each school.

c. All schools must participate in this meet.

d. The meet schedule for this meet will be as follows:

2:30PM Meeting of all the coaches and runners with Bob Rush
3:15PM Varsity Boys (7 runners per team)
3:40PM Varsity Girls (7 runners per team)
4:10PM Varsity B Boys (unlimited # of entrants)
4:40PM Varsity B Girls (Unlimited # of entrants)
5:15PM Frosh/Soph Boys (unlimited number of entrants)

e. Inasmuch as this will be the first meet of the season at Crystal Springs with all of the SCVAL teams in attendance, The Crystal Springs Board of Directors has mandated that the race director will conduct a meeting of all coaches **AND ATHLETES** before the first race to explain the rules of conduct, that no dogs, bikes, rock throwing, footballs, soccer balls etc. are allowed, and that each team is responsible to help clean up the course.

f. The duties for each school at this meet are as follows:

Safety Coordinator -- Monta Vista
Check In -- Milpitas
Starter -- Santa Clara
Street Management - Homestead & Cupertino (Half hour before & after the

meet)
 Assistant Timers - Saratoga & Fremont
 Tags - Gunn & Palo alto
 Results Posting - Wilcox
 Chute Management - Wilcox/Lynbrook/Los Gatos/Los Altos/Mt.View (2
 persons each)
 Sweeping of Course - Milpitas
 Trouble Shooter at the Finish Line - Los Gatos

- g. All entries for this meet must be made on Athletic.net no later than 6PM on 10/1/17. If any entries must be made after that deadline, there will be a \$200 charge to the school requesting the change. The regular entry fee is \$125

SCVAL Meet #3 at Baylands Park - 10/17/17

- a. All schools must participate in this meet.
 b. Wilcox and Lynbrook will direct this meet.
 c. The costs of this meet will be determined at a later time and then divided equally among the 14 SCVAL schools. The total cost last year was approximately \$2,400 (\$170 per school).
 d. The meet directors will determine the duties for each school at this meet.
 e. The meet schedule will be as follows:

3:15PM Varsity Boys (7 runners per team)
 3:40PM Varsity Girls (7 runners per team)
 4:10PM Varsity B Boys (unlimited # of entrants)
 4:40PM Varsity B Girls (Unlimited # of entrants)
 5:15PM Frosh/Soph Boys (unlimited number of entrants)

- f. All entries for this meet must be made on Athletic.net no later than 6PM on 10/15/17. If any entries must be made after that deadline, there will be a \$200 charge to the school requesting the change.

SCVAL League Finals - 10/31/17

- a. The directors of this meet for the next several years are:

	<u>El Camino</u>	<u>DeAnza</u>
2018	Monta Vista	Monta Vista
2019	Los Altos	Fremont
2020	Milpitas	Lynbrook
2021	Santa Clara	Los Gatos
2022	Wilcox	Homestead
2023	Palo Alto	Cupertino
2024	Gunn	Saratoga
2025	Mt.View	Monta Vista

Kirk Flatow has agreed to direct the league finals for both leagues for the immediate future. When he decides to stop directing these meets, we will resume the order as shown above. That is, Los Altos will direct the league

finals for the El Camino league and Fremont will direct the league finals for the DAL.

- b. 2017 Job Assignments --
 Meet Director - Monta Vista

Co-Meet Directors - Palo Alto and Fremont Select sportsmanship award winners and help in finish area - must be a coach

Medical Coordinator - Monta Vista.

Check In - Wilcox

Starters - Santa Clara (EC) and Lynbrook (DAL)

Street Management at entrances - Santa Clara and Lynbrook

Assistant Timers (check with Hank for duties) - Mt. View and Los Gatos

Tags - Gunn (EC), Los Altos (EC), Saratoga (DAL), Cupertino (DAL)

Chute - Milpitas (EC), Los Altos (EC), Homestead (DAL), Fremont (DAL)

Back-up in Finish Area/Medals - Monta Vista

Timing and Results - Hank Lawson

Course Sweeper for Last 800M of Each Race - Matt Snee of Los Gatos

Results Posting - Monta Vista

N.B. Tag and chute volunteers should come to the finish area at 1:00PM for training.

Back Up in Finish Area/Medals - Monta Vista

Timing and Results - Hank Lawson

Admission fee collectors - Los Altos and Fremont. These collectors should be adults.

c. Race Schedule

	<u>El Camino</u>	<u>DeAnza</u>	
JVG	1:45PM	2:00PM	Unlimited
FSB	2:30PM	2:45PM	Unlimited
VG	3:15PM	3:30PM	Max 7 Scoring
VB	4:00PM	4:15PM	Max 7 Scoring

There will be non-scoring 2nd heats for the VB and VG races, which will start 1:00 after the first heat of those races. The coaches should give the meet director a listing of their top 7 runners for the first heat of the varsity races.

All non-scoring junior/senior boys will run in the 2nd heat of the boys varsity race. All non-scoring senior girls will run in the 2nd heat of the girls varsity race.

Our league bylaws allow us to determine at our pre-season meeting each year whether we want to run one or two heats of the JVG and FSB. We have tentatively agreed for this year to hold one race for both the El Camino and DeAnza JVG and FSB races.

If after running our first three league cluster meets, any coach in either league desires to hold a 2nd heat for the JVG and FSB races due to the potential size of the fields, we will have a vote by the league or leagues of the coaches desiring to run a 2nd heat. If either league votes to hold a 2nd heat, that league or leagues will run a 2nd heat, starting one minute after the first heat. We will limit the entries to 15 runners per school in

the first heat. Each school will declare the names of their runners competing in the first heat if they have any runners in the 2nd heats.

All of the information listed above pertaining to this year is also included in a memo prepared by Kirk Flatow. See the end of the minutes.

Qualifying to the State Meet

Teams will qualify as follows:

	<u># of Boys Teams</u>	<u># of Girls Teams</u>
Div 1	2	2
Div 2	3	3
Div 3	2	3
Div 4	3	3
Div 5	3	2

The top 5 individuals in each division who are not on a qualifying team go the the State Meet as long as they finish in the top 12 for the divisions qualifying 2 teams, top 14 for divisions qualifying 3 teams, and top 16 for divisions qualifying 4 teams.

Post-Season Meeting - 11/14/17

Our post-season meeting will be held on 11/14/17 at 5:30PM at Wilcox high school.

Rules For Using Crystal Springs

- a. At no time is there to be anyone up on water tank hill.
- b. Buses are to drop off athletes after the the last house on the right side of Hallmark Avenue. After dropping off the athletes, the buses are not to turn around using the driveways. They should use the streets. Also, the buses should not double park while dropping off the runners. If they do so and a

police officer observes them, they will be given a ticket. Further, the school will be subject to banishment from the course in the future.

- c. There is to be no throwing of objects, including rocks, frisbees and footballs. No music boxes that others may hear are allowed. Personal CD players/ radios are okay.
- d. There is to be no hanging out in residential yards. These yards re private property. Athletes may not go onto Hallmark Dr after the meet unless accompanied by their coach and, then, only if their bus is ready to pick them up.
- e. There is no smoking or pets in the park. Please remind the parents.
- f. Each team is responsible for clearing their own trash before leaving their area.
- g. No plastic or cardboard will be allowed to be dumped in the dumpster box or green garbage bins. Each team is responsible for removing all plastic bottles and carboard boxes from the course.
- h. Tickets with a minimum fine of \$25.00 will be issued.
- i. All coaches must read the "Crystal Springs Race Director's Handbook," which can be found at --
http://www.sml1.com/ncxc/xc_results.html#meet%20info
- j. You must bring your medical kit and emergency cards to all Crystal Springs meets as well as at other meets. The meet director at these meets Crystal Springs will be asking each coach to verify that he has these items.

Status of Seniors in Invitational Meets

As per our league commissioner, seniors may compete in the JV division at invitationals but **solely** as non-scorers.

CRYSTAL PREVIEW

SCVAL Meet 2/Tuesday, October 3

Schedule:

2:30 PM All coaches and all athletes report to area in front of timer's building to discuss Crystal Springs rules and regulations. This meeting is a requirement for each league at the first meet of the season. Race Director to present.

3:15 PM Boys' Reserve Race (all athletes that do not fit into another race)

3:40 PM Frosh Boys' Race (maximum 10 athletes per school)

4:05 PM JV Girls (Unlimited number of runners from each school)

4:35 PM Sophomore Boys (maximum 10 athletes per school)

5:00 PM Varsity Boys (maximum 10 athletes per school)

5:25 PM Varsity Girls (maximum 10 athletes per school)

Important Notes For Coaches:

- Please remind your athletes when they finish to:
- Keep moving through the chute quickly with zero drama!
- Pull off the bottom tab of bib with bar code and hand to the volunteers.
- Trash bags will be given to each team's coach at check-in. Each team is responsible for clean-up of respective team's area.
 - **DO NOT dump any trash in Hallmark Park. All trash must be packed out and brought home or put in the dumpster. DO NOT let your kids or**

parents dump trash in Hallmark Park as they leave the course.

- **All recycling must be brought home and recycled.**
 - Bob Rush will go through the dumpster and look for cans and plastic bottles. Seriously, pack out your recycling, it's good for the earth and for Bob!
- Proof of participation cards and first aid kits to be shown by each team at check-in before you receive your bibs.
 - You must have medical kits and **HARD COPY** medical/insurance releases for all athletes before you pick up your teams' bibs. **NO EXCEPTIONS**, without hard copy of your medical releases your kids are not running. A phone with access to on-line records is not acceptable by Crystal Springs course management, there is nothing that SCVAL or the SCVAL meet director can do about this.
- The cost for each school is expected to be \$125.00
 - Checks should be made out to Monta Vista ASB and mailed to Monta Vista or given to the meet director.
 - Please note that although this is a Monta Vista account, no money is transferred to Monta Vista. Any money received will be used for an SCVAL meet or returned to schools if there is any excess.
- Make sure kids and parents know:
 - No dogs.
 - No throwing of anything (Frisbees, rocks, footballs...)
 - No bicycles.

 - No warming up on the course after 3:15pm.
 - Stay off yards on entering and exiting the park, polite to neighbors, etc. I always think we are pretty good here but I guess if I were a neighbor and kids walked across my yard I'd be upset--I can't imagine it happens much but let's remind the kids.
- Remind your parents NOT to call 911, contact the emergency contact person or the EMT/Peter Tapia on site.
- Review the Crystal Course Handbook!

Crystal Preview Job Assignments 2017:

Job assignments are subject to change by meet director at any time prior to the meet.

Each school has the following responsibilities for this meet:

Safety Coordinator--Monta Vista

Check In--Milpitas

Starter--Santa Clara

Street Mgmt.--Homestead, Cupertino (1/2 hr. before, 1/2 hr. after)

Timers Assistant --Saratoga, Fremont

Finish Judge--Gunn

Tags--Gunn, Palo Alto

Results Poster--Wilcox

Chute Mgmt.--Wilcox, Lynbrook, Los Gatos, Los Altos, Mt. View (2 people each, can rotate)

Sweep course—Milpitas

Finish Coach: I'd like to have a coach in the finish area for each race to oversee the finish. At the preview meet in the past, one of the common problems is that the finish chute gets

overwhelmed by numbers and no parent is confident enough to know how to use multiple chutes, and take charge. In the past we have lost some finisher times. I'd like to try having a coach be there to troubleshoot. This can be an assistant...the key thing is someone who knows what they are doing at the finish line and will take charge if needed.

Reserve Boys: Brad-Los Gatos

Frosh Boys: Brad-Los Gatos

JV Girls: Matt-Los Gatos

Soph Boys: Brad-Los Gatos

Varsity Boys: Brad-Los Gatos

Varsity Girls: Matt-Los Gatos

Thank you,

Meet Director - Kirk Flatow

INVOICE FOR CRYSTAL PREVIEW: SCVAL XC LEAGUE RACE

\$125

Please make check payable to MONTA VISTA ASB

Please mail check to:

Kirk Flatow (Coach)
Monta Vista High School
21840 McClellan Road
Cupertino, CA 95014

SCVAL Championship Memo by Kirk Flatow
Race Schedule for Tuesday, November 1

Chute and Tag Pulling Volunteers, and finish area coaches, to meet in finish area at 1:00pm-- Gunn (EC), Los Altos (EC), Saratoga (DAL), Cupertino (DAL), Milpitas (EC), Los Altos (EC), Homestead (DAL), Fremont (DAL)

Coaches' Meeting at 1:15pm

	EC	DAL
JVG	1:45PM	2:00PM
FSB	2:30PM	2:45PM
VG	3:15PM	3:30PM
VB	4:00PM	4:15PM

VARSIITY AWARDS CEREMONY 4:45PM

JVG/FSB Awards before the corresponding Varsity race (EC JVG awards before EC VG, etc.)

Heats:

- Varsity Races: There will be a scoring (1st heat) and a non-scoring (2nd heat) heats for both the VG and VB races. There will be a maximum of 7 runners per school in the scoring heat.
- The non-scoring 2nd heats of each of the varsity races will start 1 minute after the first heat.
- El Camino FS Boys Race: Due to the expected size of this race, there will be a first and second heat. There will be a maximum of 15 runners per school in the first heat.
- The 2nd heat will start 1 minute after the first heat.
- De Anza League FS Boys Race: At this time, we are planning on running this as one heat; HOWEVER for teams more than 15 runners in this division, please designate your top 15. If the size of this race requires two heats, we will notify the coaches in advance and the 2nd heat will start 1 minute after the first heat.
- The JV girls' races are planned to run in a single heat. If entries in either the DAL or EC JV girls' race is larger than anticipated, the coaches will be polled by email in advance of the meet to determine if multiple heats are desired.

Assignments

- The Monta Vista trainer will be once again be able to come and help the medical staff on-site at the finish again this year. If any other school can also provide an additional trainer, we believe this medical support would be beneficial to the running of the races and be great assistance to the runners.

Meet Director: Monta Vista

Co-Meet Directors (Day-of only): Coaches to Help In Finish Area. Select Sportsmanship award winners. Palo Alto (EC), Fremont (DAL) (note--this job must be done by a coach or an assistant coach, not a parent. Having someone with race knowledge is helpful in problem solving. We need people who know their way around a race to make things run smoothly.)

Medical Coordinator: Monta Vista (Suanne Flatow) did this last year. Any volunteers???

Check In: Wilcox

Starters: Santa Clara (EC), Lynbrook (DAL) (includes getting the start time and second wave delay to Hank-'Back up timer')

Street Management at entrances: Santa Clara, Lynbrook (one person until 15 minutes before meet start)

Timer Asst (check with Hank for needs; these are the people who are clicking the computer as athletes finish. Please note that if the job is going to be shared, ALL the people who will be doing this job must come to be trained by Hank before the start of the race. Please do not trade off to an untrained volunteer): Mountain View (EC), Los Gatos (DAL)

Sweep last 800m of course (before start of each EC race): Matt Snee/Los Gatos

Tags (4 volunteers each): Gunn (EC), Los Altos (EC), Saratoga (DAL), Cupertino (DAL)*

Chute (4 volunteers each): Milpitas (EC), Los Altos (EC), Homestead (DAL), Fremont (DAL)*

***Please ask Tag and Chute volunteers to come to the finish area at 1:00 for training.**

Results Posting: Monta Vista

Back Up In Finish Area/Medals: Monta Vista

Timing and results: Hank Lawson

Reminders about Crystal Springs Rules

1. Please review the Crystal Springs once more and relay the important items with team and parents.
2. You must have medical kits and medical/insurance releases for all athletes before you pick up your teams' bibs.
3. Remind your parents NOT to call 911, contact the emergency contact person or the EMT/Peter Tapia on site. THE MONTA VISTA TRAINER WILL ALSO BE ON SITE.
4. It seems weird that kids do this but please remind your athletes--**don't throw rocks, dirt, Frisbees, anything.**
5. Recycling ONLY in the plastic recycle bins. Trash in the dumpster. To be safe, you can simply haul all trash and recycling away after the meet of course. We are planning to 'sweep' afterwards but still...please clean up after ourselves.
6. No bicycles, pets, etc--let the parents know.
7. Stay off yards on entering and exiting the park, polite to neighbors, etc. I always think we are pretty good here but I guess if I were a neighbor and kids walked across my yard I'd be upset--I can't imagine it happens much but let's remind the kids.

Everything else is in the handbook, but these are the items where it seems we most commonly get dinged.

Crystal Preview Job Assignments 2016 – By Kirk Flatow

Job assignments are subject to change by meet director at any time prior to the meet and/or at pre-season meeting.

Welcome to the SCVAL Meet #2: Crystal Preview at Crystal Springs on Tuesday, Oct. 4

Each school has the following responsibilities for this meet:

Safety Coordinator--Monta Vista

Check In--Milpitas

Starter--Santa Clara

Street Mgmt.--Wilcox, Cupertino (1/2 hr. before, 1/2 hr. after)

Timers Assistant --Saratoga, Fremont
Tags--Gunn, Palo Alto
Results Poster--Homestead
Chute Mgmt.--Monta Vista, Lynbrook, Los Gatos, Los Altos, Mt. View (2 people each)
Sweep of course--Milpitas
Time Schedule for the meet

Finish Coach: I'd like to have a coach in the finish area for each race to oversee the finish. At the preview meet in the past, one of the common problems is that the finish chute gets overwhelmed by numbers and no parent is confident enough to know how to use multiple chutes, and take charge. In the past we have lost some finisher times. I'd like to try having a coach be there to troubleshoot. This can be an assistant...the key thing is someone who knows what they are doing at the finish line and will take charge if needed. Mt. View volunteered to troubleshoot at the end of the boy races and Los Gatos volunteered to help at the end of the girl races.

2:25 PM All coaches and all athletes report to area in front of timer's building to discuss Crystal Springs rules and regulations. This meeting is a requirement for each league at the first meet of the season. Race Director to present.

3:15 PM Varsity Boys
3:40 PM Varsity Girls
4:10 PM Varsity B Boys(unlimited)
4:40 PM Varsity B Girls(unlimited)
5:15 PM F/S Boys(unlimited)

Trash bags will be given to each team's coach at check-in with responsibility for clean-up of respective team's area.
Proof of participation cards and first aid kits to be shown by each team at check-in before you receive your bibs.
The cost for each school is expected to be \$115.00
Checks should be made out to **Monta Vista ASB** and given to the meet director.

Thank you,

Meet Director - Kirk Flatow

INVOICE FOR CRYSTAL PREVIEW: SCVAL XC LEAGUE RACE

\$115

Please make check payable to **MONTA VISTA ASB**

Please mail check to:

Kirk Flatow (Coach)
Monta Vista High School
21840 McClellan Road
Cupertino, CA 95014

Coaches List

<u>School</u>	<u>Coach</u>	<u>Phone #</u>	<u>E-Mail</u>
Cupertino	Paul Armstrong	408-244-6431	coacha@prodigy.net
Fremont	Mark Shields	408-243-8861	sylvmarks@yahoo.com
Fremont	Luke Sigmon		luke_sigmon@fuhsd.org
Gunn	PattiSue Plummer	650-533-4527	psplummer@aol.com
Gunn	Hal Daner	650-964-9996	haltrack@hotmail.com
Gunn	Curtis Liang		curtisliang@gmail.com
Homestead	Kenrick Sealy	408-410-7654	kenricksealy80@hotmail.com
Los Altos	Ken Chism	510-584-1516	ken5jaguars@yahoo.com
Los Altos	Pam Harris		pamharris54@gmail.com
Los Gatos	Matt Snee	408-472-8306	m.snee2007@gmail.com
Los Gatos	Brad Armstrong	408-315-6215	prebeliever@yahoo.com
Lynbrook	Jake White	408-355-8979	jakeantoin@yahoo.com
Milpitas	Nastassia Hamor	408-386-0416	nastassia.hamor@gmail.com
Milpitas	Bridget Hall	925-586-3496	bhall@musd.org
Monta Vista	Kirk Flatow	408-893-7021	coachflatow@gmail.com
Mt. View	Craig Blockhus	650-669-9436	swenrunner@comcast.net
Mt. View	Jim Bordoni	650-968-5074	dmdnomo@aol.com
Palo Alto	Paul Jones	650-329-0426	pauljones854@comcast.net

Palo Alto	Michael Davidson	650-207-5580	michael.davidson20@gmail.com
Santa Clara	Julie L'Heureux	408-247-9779	jolheureux@aol.com
Saratoga	Danny Moon	408-621-0447	rocketman.runner@sbcglobal.net
Saratoga	Scott Bang	408-375-7598	scottbang@sbcglobal.net
Wilcox	Walt Van Zant	408-246-2651	WaltVZ@aol.com
Wilcox	Becki Kriege		beckivz@emcware.com
AD Liaison	Nick Bonacorsi	408-366-7628 x8858	nick_bonacorsi@fuhsd.org