



3200 with MUSIC & LIGHTS

- 3200 Meter Distance Carnival
- Sponsored by the West Valley Joggers and Striders (WVJS)
- No Charge
- **Sign-up on the google spreadsheet or just show up by 5:00 pm to sign up. (SEE BELOW)**
- This is an open and free event for runners age 13 years and older.
- Races - fastest to slowest.
- Men and women's heats *may* be combined.
- Affordable Snacks and hot drinks will be served for \$
- **SIGN WAIVER AND BRING IT!**
- Questions please email: matthew.tompkins@tka.org

FRIDAY

12/8/2017

3200 CARNIVAL @ THE KING'S ACADEMY

Time: 5:30 pm – 7:30 pm

Where: The King's Academy – 562 North Britton Avenue, Sunnyvale CA

What: 3200 meter races – open to all 13 years old and up.

How: Heats – Fastest to slowest (20+ runners per heat)

Hand-Timed / Free - No charge for anything – just come and run

Registration – Please sign up for 3200 meter below on the google document

GOOGLE SPREADSHEET - SIGN UP HERE!

WAIVER FORM – Needed by All – Please Bring- under 18 parent sig. required.

3200 METER DISTANCE CARNIVAL

WAIVER AND RELEASE OF LIABILITY In consideration of the risk of injury while participating in the **3200 Meter Distance Carnival** (the "Activity"), and as consideration for the right to participate in the Activity, I hereby, for myself, my heirs, executors, administrators, assigns, or personal representatives, knowingly and voluntarily enter into this waiver and release of liability and hereby waive any and all rights, claims or causes of action of any kind whatsoever arising out of my participation in the Activity, and do hereby release and forever discharge West Valley Joggers and Striders, The King's Academy and any of its members or staff, located at 562 N Britton Ave, Sunnyvale, California 94085, their affiliates, managers, members, agents, attorneys, staff, volunteers, heirs, representatives, predecessors, successors and assigns, for any physical or psychological injury, including but not limited to illness, paralysis, death, damages, economical or emotional loss, that I may suffer as a direct result of my participation in the aforementioned Activity, including traveling to and from an event related to this Activity.

I AM VOLUNTARILY PARTICIPATING IN THE AFOREMENTIONED ACTIVITY AND I AM PARTICIPATING IN THE ACTIVITY ENTIRELY AT MY OWN RISK. I AM AWARE OF THE RISKS ASSOCIATED WITH TRAVELING TO AND FROM AS WELL AS PARTICIPATING IN THIS ACTIVITY, WHICH MAY INCLUDE, BUT ARE NOT LIMITED TO, PHYSICAL OR PSYCHOLOGICAL INJURY, PAIN, SUFFERING, ILLNESS, DISFIGUREMENT, TEMPORARY OR PERMANENT DISABILITY (INCLUDING PARALYSIS), ECONOMIC OR EMOTIONAL LOSS, AND DEATH. I UNDERSTAND THAT THESE INJURIES OR OUTCOMES MAY ARISE FROM MY OWN OR OTHERS' NEGLIGENCE, CONDITIONS RELATED TO TRAVEL, OR THE CONDITION OF THE ACTIVITY LOCATION(S). NONETHELESS, I ASSUME ALL RELATED RISKS, BOTH KNOWN OR UNKNOWN TO ME, OF MY PARTICIPATION IN THIS ACTIVITY, INCLUDING TRAVEL TO, FROM AND DURING THIS ACTIVITY.

Both the Participant, _____, and West Valley Joggers and Striders, The King's Academy and any of its members or staff agree that this Agreement is clear and unambiguous as to its terms, and that no other evidence will be used or admitted to alter or explain the terms of this Agreement, but that it will be interpreted based on the language in accordance with the purposes for which it is entered into.

In the event of an emergency, please contact the following person(s)

Emergency Contact : _____ / **Phone #** _____

In the order presented: Emergency Contact Contact Relationship Contact Telephone I, the undersigned participant, affirm that I am of the age of 18 years or older, and that I am freely signing this agreement. I certify that I have read this agreement, that I fully understand its content and that this release cannot be modified orally. I am aware that this is a release of liability and a contract and that I am signing it of my own free will.

Participant's Name: _____ **Signature:** _____ **Date:** _____

PARENT / GUARDIAN WAIVER FOR MINORS In the event that the participant is under the age of consent (18 years of age), then this release must be signed by a parent or guardian, as follows: I hereby certify that I am the parent or guardian of _____, named above, and do hereby give my consent without reservation to the foregoing on behalf of this individual.

Parent / Guardian Name: _____

Relationship to Minor: _____

Signature: _____

Date: _____