

Post SCVAL XC Season Evaluation Meeting - 11/15/18

The meeting was held in the Monta Vista high school library, starting at 6:00PM and ended shortly after 7:30PM.

Attendees:

The following attended the meeting:

Nick Bonacorsi-AD Liaison	Michael Davidson-Paly	Stephanie Mackenzie- Los Altos
Kirk Flatow-Monta Vista	Danny Moon-Saratoga	Julie L'Heureux-Santa Clara
Walt Van Zant-Wilcox	Luke Sigmon-Fremont	Curtis Liang-Gunn
Nastassia Hamor-Wilcox	Paul Armstrong-Cupertino	Keegan Duesterhaus-Los Altos
Kenrick Sealy-Homestead	Craig Blockhus-Mt. View	Hank Lawson-Guest
Ri-Chee Chou-Homestead	Jake White-Lynbrook	Nastassia Hamor-Milpitas

League Meet Team Results:

Congratulations to Homestead, who won the DAL VB, FSB, and JVG races, Monta Vista, who won the DAL VG race, Palo Alto, who won the El Camino VB, VG, and JVG races, and Los Altos, who won the El Camino FSB race. The complete team results were as follows -

<u>DAL Varsity Boys</u>	<u>DAL Varsity Girls</u>	<u>DAL Fr/So Boys</u>	<u>DAL JV Girls</u>
Homestead 38	Monta Vista 44	Homestead 16	Homestead 30
Cupertino 84	Los Gatos 45	Lynbrook 50	Monta Vista 32
Lynbrook 88	Homestead 49	Monta Vista 105	Lynbrook 63
Monta Vista 89	Lynbrook 94	Los Gatos 110	Los Gatos 99
Los Gatos 95	Saratoga 152	Saratoga 116	Saratoga 149
Saratoga 118	Cupertino 153	Fremont 160	
Fremont 165	Fremont 186	Cupertino 203	

<u>EC Varsity Boys</u>	<u>EC Varsity Girls</u>	<u>EC Fr/So Boys</u>	<u>EC JV Girls</u>
Palo Alto 32	Palo Alto 31	Los Altos 25	Palo Alto 18
Los Altos 40	Gunn 69	Palo Alto 43	Gunn 48
Gunn 92	Los Altos 78	Gunn 75	Los Altos 85
Wilcox 122	Mt. View 96	Mt. View 114	Santa Clara 123
Mt. View 136	Milpitas 135	Santa Clara 139	Mt. View 127
Milpitas 154	Santa Clara 148	Wilcox 170	Milpitas 160
Santa Clara 160	Wilcox 151	Milpitas 179	Wilcox Inc

We agreed that Kirk Flatow will again direct the league finals for 2019.

The league finals schedule for 2019 will be as follows -

	DAL	EC
FSB	1:45PM	2:00PM
JVG	2:30PM	2:45PM
VB	3:15PM	3:30PM
VG	4:00PM	4:15PM

Three Required SCVAL Cross Country Meets

Meet #1 - Baylands Park - 9/24/19

We decided to run two meets at Baylands Park in 2019. Los Altos will be in charge of one of the meets and Palo Alto will be in charge of the other meet.

There was a discussion of whether the frosh/soph boys race should be 2.3 miles and the other races should be 5K. No final decision was made. We did agree that the race director will decide whether we should have one frosh/soph race at 2.3 miles.

We tentatively agreed that the race schedule will be as follows -

4:00PM	Varsity B Boys	5:35PM	Varsity Boys
4:30PM	F/S Boys	6:00PM	Varsity Girls
5:00PM	Varsity B Girls		

It was noted that the sun sets at 7:00PM on that date.

We will start this race later than usual so that the students will miss less classtime.

Meet #2 - Crystal Springs Meet - 10/8/19

Coach Flatow has agreed to direct this meet in the same manner that he did last year.

The tentative time schedule will be -

3:15PM	Varsity 2 Boys (Unlimited entrants)
3:40PM	Frosh Boys (max = 10)
4:05PM	Varsity 2/JV Girls (Unlimited entrants)
4:40PM	Soph Boys (max = 10)
5:05PM	Varsity Boys (max = 10)
5:30PM	Varsity Girls (max = 10)

We will have separate frosh and soph races because it was felt that handling 268 runners, like we did this year, was too many to handle. Kirk suggested and the coaches agreed that we should rope off the sides of the uphill just past the one mile mark so that spectators would not get in the way of the runners who are crossing from the right to left side of the hill while preparing to turn left at the top of the hill.

Meet #3 - Baylands Park Meet - 10/22/19

See the comments under meet #1. We did not set a time schedule.

CCS Finals

Congratulations to the Los Altos, Palo Alto, Homestead, Monta Vista, and Cupertino boys, who finished 2nd, 3rd, 5th, 10th, and 11th in division 1, the Monta Vista, Los Gatos, Homestead, Palo Alto, and Los Altos girls, who finished 1st, 3rd, 4th, 5th, and 6th in division 1, the Lynbrook, Gunn and Wilcox boys, who finished 5th, 10th, and 13th in division 2, the Lynbrook and Mt. View girls, who finished 7th and 8th in division 2, the Saratoga boys who finished 7th in division 3 and the Saratoga girls, who finished 8th in division 3.

Congratulations individually to Henry Saul, Owen Mackenzie, Adam Sage, Ryan Ma, and Donald Taggart, who finished 1st, 3rd, 6th, 7th and 9th in the division 1 boys race, and Cosmo Cao, who finished 8th in the division 2 boys race, Annika Paylor, Naomi Donovan, Sylvana Northrop, Triya Roy, Sarah Feng, and Viveca Pannell, who finished 3rd, 4th, 6th, 7th, 8th, and 9th in the division 1 girls race.

Two boys and one girl teams qualified for the State Meet and two boys and three girls qualified as individuals for the State Meet.

Purchase of Timing Chips For SCVAL Meets

We had a long discussion regarding purchasing chips for timing the league finals and the other three SCVAL meets that we compete in each season and finally agreed to adopt the following proposal -

Each chip costs \$1.50. Hank Lawson will pay the upfront cost for these chips and then recover his cost by charging each team \$1.50 per chip for each runner on their roster at the beginning of the 2019 season. These chips will last at least 5 years. The chips will be returned to Hank at the end of each season and then re-issued the next season. No additional charges will be paid in the future years. But, adjustments will be made for lost chips or increases in roster size.

New El Camino League Representative

The El Camino coaches agree that Stephanie Mackenzie of Los Altos would become the El Camino league representative.